

RUGBY WORLD CUP SEVENS 2009

STATISTICAL REVIEW AND MATCH SUMMARY

Compiled by IRB Games Analysis

Dubai 2009

IRB Rugby World Cup Sevens 2009 in Dubai was the biggest international Sevens Tournament ever, with 40 teams from 31 nations competing for the ultimate prize in Rugby Sevens.

Joining the traditional 24-team men's event for the first time was a 16-team women's event and after three days and 98 matches of compelling action Wales won the men's event, the Melrose Cup, while Australia were crowned inaugural Women's Rugby World Cup Sevens champions.

What follows is a playing analysis of the overall event. This comprises 2 reports – one on the men's competition and one on the women's competition. In addition there is a short section containing a comparison of Rugby World Cup Sevens 2009 with Rugby World Cup Sevens 2005 as well as a comparison between the men's and women's tournament.

The two reports are in the form of a **Statistical Analysis** and **Match Summary** comprising an analysis of all elements of play together with the approach to, and performance of, all participating teams in various aspects of the game.

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RUGBY WORLD CUP SEVENS 2009

MEN'S COMPETITION

Dubai 2009



COMMENTARY - MEN'S COMPETITION

The 2009 Rugby World Cup Sevens tournament will live long in the memory. It was an exceptional tournament, generating record crowds, exceptional matches and was certainly full of surprises.

Before the start of the competition, the most successful teams for a long period of time had been Fiji, New Zealand, England and South Africa. Based on form, these teams were again expected to reach the semi-finals. However, one of the great attractions of Sevens is that in a short game of 14 minutes, surprises can, and do occur.

At RWC Sevens 2009, the first major surprise happened in the opening quarter-final when Wales upset defending IRB Sevens World Series champions New Zealand. This shock was followed up in quick succession by Samoa defeating England, Argentina beating Fiji and Kenya defeating World Champions Fiji in the remaining quarter-finals. Incredibly, none of the pre-tournament favourites had reached the semi-finals, while the semi finalists represented four continents, underlining the truly global stature of the sport.

A detailed analysis of the tournament highlights certain signs from the Pool matches that could have contributed towards some of the quarter-final surprises.

In international cup competitions, defence is regarded of paramount importance. RWC Sevens 2009 was no exception and the two finalists (Wales and Argentina) were not high-scoring teams. In fact, their average points scored put them fourteenth and fifteenth of the 24 teams. However, when it came to defence and conceding points, they were first and third respectively and this ability to restrict opponents from scoring became apparent at the Pool stages where Argentina, Samoa and Wales conceded just 12, 12 and 19 points in the three games they played. England, however, conceded 36, Fiji 27 and South Africa 26. The seeds of the quarterfinal surprises could perhaps have been seen therefore at the Pool stage.

As a further illustration of the priority given to defence and pressurising opponent, Argentina, the beaten finalists produced a very distinctive playing profile. Their opponents, for example, required two and a half times more possession to score a try than England's opponents. While Argentina's opponents needed 174 seconds of possession to score a try, England's needed just 61 seconds. Argentina were also the lowest passing team in the competition, they did not concede a single try from an error, they attacked their own restarts regaining more than any other team and hit their opponents rucks with more players than any other team apart from Fiji and England.



This constant pressure on opponents was also a characteristic of the Wales performance. Together with Argentina, they kicked for territory more than any of the other 22 teams. Wales were also particularly effective at the set piece. They won more opponents' scrums and more opponents' lineouts than any other team. This targeted approach — and its successful implementation — brought Wales and Argentina the greatest possible reward — a place in the final.





What the competition served to show, therefore, was one of the core attractions of rugby – which is that there is no unique winning formula. Matches and competitions can be won through a variety of strategies and tactics – and it is this factor which allows teams of what may appear to be of different abilities to produce maximum dividends through thoughtful preparation and effective execution. As an illustration of this, Rugby World Cup Sevens 2009 was a perfect example.



Men's Rugby World Cup Sevens 2009 Champions - Wales





POOL RESULTS - MEN'S COMPETITION

	PLD	W	D	ᆫᆫ	_ PS _	PC_	PD	PIS
NZL	3	3	0	0	107	12	95	9
TON	3	2	0	1	57	34	23	7
ITA	3	1	0	2	29	90	-61	5
GLF	3	0	0	3	22	79	-57	3

POOL A

		POOL A	
1	TONGA	19 - 0	ARABIAN GULF
2	NEW ZEALAND	42 - 0	ITALY
3	NEW ZEALAND	41 - 5	ARABIAN GULF
4	TONGA	31 - 10	ITALY
5	ARABIAN GULF	17 - 19	ITALY
6	NEW ZEALAND	24 - 7	TONGA



FJI FRA



	POOL B							
_ PLD	W	D_	L_	PS_	PC_	PD	PTS	
3	3	0	0	90	27	63	9	
3	2	0	1	64	55	9	7	
3	1	0	2	62	57	5	5	
3	0	0	3	15	92	-77	3	

		POOL B	
1	FRANCE	26 - 17	USA
2	FIJI	26 - 10	GEORGIA
3	FIJI	26 - 12	USA
4	FRANCE	33 - 0	GEORGIA
5	USA	33 - 5	GEORGIA
6	FIJI	38 - 5	FRANCE



RSA CAN sco JAP

	POOL C							
	PLD	W	D	L	PS	PC	PD	PTS
4	3	3	0	0	60	26	34	9
١	3	2	0	1	62	41	21	7
)	3	1	0	2	59	62	-3	5
>	3	0	0	3	27	79	-52	3

POOL D

PTS 9

5

5

5

		POOL C	
1	SCOTLAND	14 - 33	CANADA
2	SOUTH AFRICA	26 - 5	JAPAN
3	SOUTH AFRICA	15 - 7	CANADA
4	SCOTLAND	31 - 10	JAPAN
5	CANADA	22 - 12	JAPAN
6	SOUTH AFRICA	19 - 14	SCOTLAND



	PLD	W	D	L	PS	PC	PD	
SAM	3	3	0	0	74	12	62	
AUS	3	1	0	2	45	55	-10	
POR	3	1	0	2	36	49	-13	
IRE	3	1	0	2	34	73	-39	

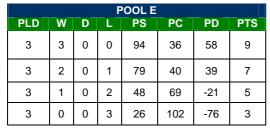
		POOL D	
1	AUSTRALIA	24 - 12	PORTUGAL
2	SAMOA	35 - 5	IRELAND
3	SAMOA	20 - 7	PORTUGAL
4	AUSTRALIA	21 - 24	IRELAND
5	PORTUGAL	17 - 5	IRELAND
6	SAMOA	19 - 0	AUSTRALIA







ENG KEN TUN HKG



73

58

38

31

PC

12

19

95

74

PD

61

39

-57

-43

PTS

9

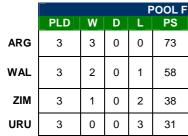
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		POOL E	
1	KENYA	29 - 7	TUNISIA
2	ENGLAND	42 - 5	HONG KONG
3	ENGLAND	26 - 24	TUNISIA
4	KENYA	43 - 7	HONG KONG
5	TUNISIA	17 - 14	HONG KONG
6	ENGLAND	26 - 7	KENYA





_ П	_	POOL F	
1	WALES	31 - 5	ZIMBABWE
2	ARGENTINA	19 - 7	URUGUAY
3	ARGENTINA	40 - 5	ZIMBABWE
4	WALES	27 - 0	URUGUAY
5	ZIMBABWE	28 - 24	URUGUAY
6	ARGENTINA	14 - 0	WALES

KNOCKOUT RESULTS - MEN'S COMPETITION

_			L
Bowl ¼	ZIMBABWE	28 - 10	GEORGIA
Bowl ¼	JAPAN	12 – 19	URUGUAY
Bowl ¼	IRELAND	24 – 5	ARABIAN GULF
Bowl 1/4	HONG KONG	14 – 7	ITALY
Plate 1/4	TONGA	24 – 7	TUNISIA
Plate ¼	USA	14 – 24	AUSTRALIA
Plate 1/4	FRANCE	19 – 21	SCOTLAND
Plate ¼	PORTUGAL	12 – 5	CANADA
Cup ¼	NEW ZEALAND	14 - 15	WALES
Cup ¼	ENGLAND	26 – 31	SAMOA
Cup ¼	SOUTH AFRICA	12 – 14	ARGENTINA
Cup ¼	KENYA	26 – 7	FIJI
Bowl ½	ZIMBABWE	24 - 7	URUGUAY
Bowl ½	IRELAND	22 – 15	HONG KONG
Plate ½	TONGA	19 – 22	AUSTRALIA
Plate 1/2	SCOTLAND	29 – 7	PORTUGAL
Cup ½	WALES	19 – 12	SAMOA
Cup ½	ARGENTINA	12 – 0	KENYA
Bowl Final	ZIMBABWE	17 - 14	IRELAND
Plate Final	AUSTRALIA	17 – 21	SCOTLAND
Cup Final	WALES	19 – 12	ARGENTINA





SUMMARY - MEN'S COMPETITION

2000	RWC 7s MEN 2009 57 matches
SCORING	
POINTS (average per game)	35
TRIES (average per game)	6
CONVERSION SUCCESS (%)	59%
PENALTY GOALS (total)	0
DROP GOALS (total)	0
TRY SCORING	
MATCHES WON by team scoring most tries	88%
SOURCE OF TRIES - Pens/FKs (%)	32%
SOURCE OF TRIES - Turnover/Opp Error (%)	23%
ORIGIN OF TRIES - Own Half (%)	52%
BUILD UP TO TRIES - No Rucks/Mauls	62%
BUILD UP TO TRIES - 3 Or Fewer Passes	60%
BALL IN PLAY	
BALL IN PLAY (%)	51%
ACTIVITY	
PASSES (average per game)	68
RUCKS/MAULS (average per game)	15
RUCK/MAUL RETENTION (%)	77%
KICKS (average per game)	5
SET PIECE	
RESTARTS kicked short (%)	79%
SHORT RESTARTS possession retained (%)	34%
RESTART ERRORS (Total)	1 in 19 restarts
SCRUMS (average per game)	4
SCRUMS possession retained (%)	83%
LINEOUTS (average per game)	3
LINEOUTS possession retained (%)	74%
PENALTIES/FREE KICKS & CARDS	
PENALTIES/FKs (average per game)	7
CARDS (Total)	1 in 2.7 matches





1. SCORING & CONCEDING POINTS

The average number of points scored in a game was **35** making the average number of points scored/conceded by a team **17.5**. Not surprisingly, there were major variations around this average. **England** and **New Zealand** for example, scored an average of **30** points per game while **Georgia** managed just **6**. With regard to points conceded **Argentina** and **New Zealand**, for example, conceded an average of **7** points per game while **Georgia** conceded **30**.

These figures do not show, however, how <u>effective</u> each team was in scoring points in relation to the possession that it obtained. Conversely, the figures also do not show, how <u>effective</u> each team was in <u>restricting</u> points in relation to the possession that their opponents obtained. A team may, for example, obtain little

possession but still manage to score a significant number of tries while another team may concede very few tries in the face of considerable opposition possession.

The following table addresses this issue by showing the $\underline{\text{rate}}$ of scoring and conceding tries. Such scoring rates are calculated (a) by dividing the total possession obtained by a team by the number of tries scored (b) by dividing the total possession obtained by a team's opponents by the total number of tries conceded. The following 2 tables gives the relevant rates for each participating team.

It shows that **England** and **New Zealand** had the best try <u>scoring</u> rate (ie **49secs** to score a try) and **Argentina** the best try <u>conceding</u> rate (ie **174secs** for their opponents to score a try.).



		MATCHES PLAYED	AV POINTS SCORED	TRY SCORING RATE	
	ENG	4	30	49 secs	(
RUGBY UNION	NZL	4	30	49 secs	
FLIREGHY	FJI	4	24	52 secs	1
	SAM	5	23	55 secs	
SA RUGRY.	RSA	4	18	58 secs	(
Kenya Rugby Football Union	KEN	5	21	60 secs	
*	ZIM	6	18	62 secs	
	TON	5	20	70 secs	8
FFR	FRA	4	21	71 secs	,
15	AUS	6	18	72 secs	1
SCOTTISH RIEGRY IRANAN	sco	6	22	73 secs	(
*	IRE	6	16	74 secs	ć



MATCHES PLAYED	AV POINTS SCORED	TRY SCORING RATE
4	19	75 secs
6	19	79 secs
6	19	80 secs
4	17	83 secs
4	14	89 secs
5	11	100 secs
5	11	108 secs
4	10	119 secs
4	6	122 secs
4	9	128 secs
5	11	157 secs
4	7	183 secs







		MATCHES PLAYED	AV POINTS CONCEDED	TRY CONCEDING RATE
UAR	ARG*	6	7	174 secs
NW ZULAND RUGBY UNION	NZL	4	7	148 secs
WRU	WAL*	6	10	144 secs
SA RUGBY.	RSA	4	10	143 secs
	SAM	5	11	130 secs
	TON	5	17	114 secs
Kenya Rugby Football Union	KEN	5	12	104 secs
RUGBY	CAN	4	13	100 secs
PLICENY	FJI	4	13	81 secs
SCOTTISH RIEGRY INNON	sco	6	18	81 secs
55	AUS	6	18	76 secs
4 De	IRE	6	18	72 secs

		MATCHES PLAYED	AV POINTS CONCEDED
FFR	FRA	4	19
	ZIM	6	21
USARUGBY	USA	4	20
2 P P P P P P P P P P P P P P P P P P P	POR	5	17
F.I.R.	ITA	4	26
©	TUN	4	23
	ENG	4	17
	HKG	5	26
	JAP	4	25
U.R.S	URU	5	22
%	GEO	4	30
ARABIAN GULF IRFU	ARA	4	26

*20 min Final

CONVERSION

TRY

CONCEDING

RATE

67 secs

66 secs

64 secs

63 secs

63 secs

62 secs

61 secs

56 secs

55 secs

55 secs

53 secs

49 secs

CONVERSION

- There were 318 tries scored in the tournament making an average of 5.6 per game.
- 0 penalty goals or drop goals were kicked.
- The overall conversion success rate was 59%.
- There were noticeable variations in the conversion success rates as seen in the attached table.

		SUCCESS %			SUCCESS %
	ENG	83% (15/18)		HKG	56% (5/9)
UAR	ARG*	76% (13/17)	* PA	POR	56% (5/9)
SCOTTISH RIEGRY LIMETAN	sco	75% (15/20)		TUN	56% (5/9)
FLURUCEY	FJI	73% 11/15	RUGBY	CAN	55% (6/11)
FFR	FRA	69% (9/13)	55°	AUS	50% (9/18)
NEW ZEALAND RUGBY UNION	NZL	68% (13/19)	SA RUGBY.	RSA	50% (6/12)
U.R.S	URU	66% (6/9)	U	ITA	50% (3/6)
USARUGBY	USA	66% (8/12)	***	IRE	44% (7/16)
*	ZIM	65% (11/17)	WRU	WAL*	42% (8/19)
	TON	63% (10/16)		JAP	29% (2/7)
Kenya Rugby Football Union	KEN	59% (10/17)	ARABIAN GULF IRFU	ARA	20% (1/5)
	SAM	58% (11/19)		GEO	0% (0/5)





2. TRY SCORING

The total number of tries scored in Rugby World Cup Sevens 2009 was **318** (average per game : 5.6). In the pool stage there were **208** tries scored (average per game -5.8) and on Day 2, finals day, there were **110** tries scored (average per game: 5.2)

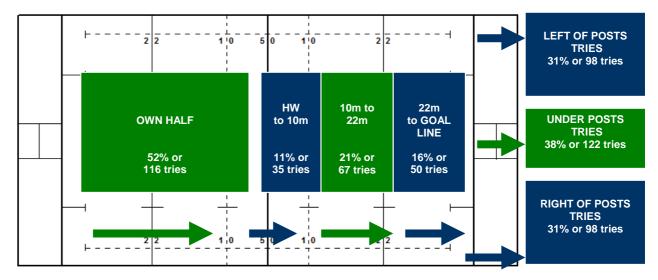
2.1 IMPACT OF TRIES

With not a single penalty goal and drop goal kicked in the entire tournament, and a conversion success rate of 59%, it was inevitable that <u>tries</u> would determine which team won in the vast majority of cases – and this proved to be the case.

Of the 57 matches, **50 (or 88%)** were won by the team scoring the most tries. There were **6** matches won because of conversions and there was 1 draw (England v Samoa – Extra Time played).

2.2 ORIGIN & LOCATION OF TRIES

Tries originate from various parts of the pitch and are scored all across the goal line. The following diagram shows the location on the pitch of where the attacking team obtained possession from which they eventually scored and where they were scored along try line. **Over 50%** of all tries originated in the try scoring team's **own half** and tries were scored equally on both sides of the posts (both were **31%**).





The following table shows the origin of tries scored (own) and tries conceded (opposition) by each team. The teams which scored a high number of tries from their own half were **Zimbabwe** (65%), **Scotland** (60%) and winners **Wales** (58%). The teams which scored few tries from their own half were **Arabian Gulf** (20% or 1 of 5), **Canada** (36%), **Samoa** (37%), **France** (38%) and **New Zealand** (42%).





2003		OWN	HALF	HW – 10m		10m – 22m 22m -		r - TRY TO		т	
		OWN	OPP	OWN	OPP	OWN	OPP	OWN	OPP		
	sco	12	8	3	2	3	6	2	1	20	17
RUGBY UNION	NZL	8	3	2	0	1	2	8	0	19	5
	SAM	7	6	4	1	2	1	6	1	19	9
WRU	WAL*	11	6	2	1_	3	0	3	2	19	9
15°	AUS	9	9	2	2	4	5	3	1	18	17
	ENG	9	5	2	1	5	1	2	4	18	11
UAR	ARG*	8	5	3	0	2	1	4	1	17	7
Kenya Rugby Football Union	KEN	8	4	1	1	2	1	6	3	17	9
*	ZIM	11	10	1	3	4	4	1	3	17	20
	IRE	7	9	2	1_	6	5	1	3	16	18
	TON	6	4	1	0	9	2	0	5	16	11
FLIREGHY	FJI	8	3	2	2	4	1	1	3	15	9
FFR SA RUGBY	FRA	5	6	2	2	2	2	4	2	13	12
SA RUGBY.	RSA	6	0	1	1	1	3	4	2	12	6
USARUGBY	USA	6	7	2	1	3	3	1	2	12	13
RUGRY	CAN	4	5	_1_	0	6	0	0	4	11	9
	HKG	6	8	0	2	0	9	3	2	9	21
© PR	TUN	7	8	0	1	2	5	0	1	9	15
8888	POR	5	7	0	3	2	1	2	4	9	15
U.R.S	URU	5	10	1	4	1	3	2	1	9	18
	JAP	4	7	1	3	1	4	1	2	7	16
	ITA	3	6	2	2	1	3	0	5	6	16
ARABIAN GULF	ARA	1	11	0	2	2	2	2	2	5	17
	GEO	2	11	1	1	2	4	0	2	5	18

2.3 POSSESSION SOURCE OF TRIES

In scoring tries, teams obtained possession of the ball prior to the scoring of the try from a variety of sources.

It can be seen in the table that the most fruitful <u>source of tries</u> was **penalties/free kicks (32%)**.

There were some interesting contrasts between the various teams. Australia, for example, scored 5 tries from lineout possession but none from the scrum while Wales scored 4 from the scrum and only 1 from the lineout. It was also interesting to note that in the 6 matches played by Argentina, their opponents never scored a single try from an Argentinean error.

	%
PENALTY/FREE KICK	32%
TURNOVER/OPPONENT'S HANDLING ERROR	23%
RESTART	19%
SCRUM	14%
LINEOUT	9%
KICK RECEIPT	3%





The following table shows the possession source of tries scored (own) and tries conceded (opp) by each team:

		PEN	& FK	T/OVE ERR		SCR	UM	LINE	DUT	REST	ART	KIC	CK	то	т
		OWN	OPP	OWN	OPP	OWN	OPP	OWN	OPP	OWN	OPP	OWN	OPP	OWN	ОРР
SCOTTISH RIEGRY IBNION	sco	4	3	8	4	1	2	4	1	3	7	0	0	20	17
RUGBY UNION	NZL	9	1	1	2	5	1	3	0	0	1	1	0	19	5
	SAM	7	1	8	4	2	3	0	0	2	1	0	0	19	9
RUGINUNION	WAL*	5	4	4	3	4	1	1	1	3	0	2	0	19	9
15	AUS	6	4	2	5	0	1	5	1	5	6	0	0	18	17
	ENG	3	4	2	3	5	0	2	1	4	3	2	0	18	11
UAR	ARG*	5	3	5	0	3	3	0	0	4	1	0	0	17	7
Kenya Rugby Football Union	KEN	5	4	5	1	2	3	1	1	4	0	0	0	17	9
	ZIM	2	7	6	4	3	1	1	1	5	6	0	1	17	20
	IRE	7	4	2	3	1	2	1	4	5	4	0	1	16	18
	TON	4	5	5	3	1	0	1	1	5	1	0	1	16	11
FLURICIBY	FJI	5	3	3	4	2	0	1	0	3	2	1	0	15	9
₹FFR	FRA	5	4	3	3	3	0	2	1	0	3	0	1	13	12
S A RUGAY	RSA	5	5	3	0	2	1	0	0	2	0	0	0	12	6
FFR SALEST	USA	4	6	5	2	2	1	0	2	0	2	1	0	12	13
CANABA	CAN	1	3	4	2	2	2	0	0	4	2	0	0	11	9
	HKG	3	4	1	3	3	2	1	4	1	6	0	2	9	21
	TUN	4	5	2	0	0	6	0	0	3	4	0	0	9	15
8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	POR	4	7	0	4	2	2	1	0	1	2	1	0	9	15
U.R.S	URU	5	3	1	4	0	4	0	_1_	2	4	1	2	9	18
	JAP	1	4	0	8	1	1	1	2	4	1	0	0	7	16
	ITA	1	7	1	5	0	3	2	0	1	1	1	0	6	16
ARABIAN GULFS	ARA	3	8	2	1	0	2	0	4	0	1	0	1	5	17
	GEO	4	3	1	6	0	3	0	2	0	3	0	1	5	18

2.4 BUILD UP TO TRIES

Possession of the ball that leads to tries is obtained from a number of sources – and they are listed above.

More often than not, other actions – second phase, kicks and passes – then take place before the try is scored.

The table shows how many **rucks/mauls** preceded each try scored in the tournament. The table shows that <u>62%</u> of tries were preceded by **not one** ruck or maul.

	%	Cumulative
None	62%	
1 rucks/mauls	23%	85%
2 rucks/mauls	11%	96%
3 + rucks/mauls	4%	100%





The table also shows the total number of passes that preceded each try scored in the tournament. The table shows that 60% of tries were preceded by 3 or fewer passes.

When the pool stage of competition is compared to knockout stage, there was little difference:

In the Pools: 63% of tries had no r/ms & 62% < 3 passes

At the Knockout stage: 59% of tries had no r/ms & 58% < 3 passes

	%	Cumulative
No passes	13%	
1 - 3 passes	47%	60%
4 - 6 passes	24%	84%
7 - 9 passes	12%	96%
10+ passes	4%	100%

3. BALL IN PLAY & POSSESSION

AVERAGE BALL-IN-PLAY % PER MATCH HIGHEST BALL-IN-PLAY % MATCH LOWEST BALL-IN-PLAY % MATCH HIGHEST POSSESSION TIME IN A MATCH **LOWEST POSSESSION TIME IN A MATCH**

tournament in attack and defence:

As seen in the table, there were some

noticeable differences. Portugal averaged the highest, being the only team to average over 4

minutes possession per game. This resulted in them having 50% more possession than their

opponents. 10 out of the 24 teams spent more

RWC 7s MEN 2009
7m 08s or 51%
9m 01s or 64%
5m 49s or 42%
5m 32s
1m 45s

There was a considerable variation between the ball in play figures achieved by the various teams. This is shown in the following table which gives the average possession times achieved by each team throughout the















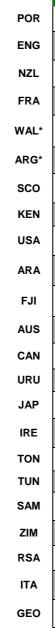








HKG



AVERAGE TIME IN ATTACK	%	AVERAGE TIME IN DEFENCE	%
4m 43s	60%	3m 08s	40%
3m 42s	57%	2m 48s	43%
3m 50s	55%	3m 05s	45%
3m 52s	54%	3m 19s	46%
4m 14s	54%	3m 36s	46%
3m 43s	52%	3m 22s	48%
4m 04s	52%	3m 48s	48%
3m 24s	52%	3m 08s	48%
3m 44s	52%	3m 27s	48%
3m 48s	52%	3m 30s	48%
3m14s	51%	3m 03s	49%
3m 34s	50%	3m 36s	50%
3m 47s	50%	3m 45s	50%
3m 14s	50%	3m 17s	50%
3m 28s	49%	3m 39s	51%
3m 17s	48%	3m 36s	52%
3m 42s	47%	4m 11s	53%
3m 21s	47%	3m 51s	53%
3m 29s	47%	3m 53s	53%
2m 56s	45%	3m 39s	55%
2m 52s	45%	3m 33s	55%
3m 11s	43%	4m 10s	57%
3m 02s	43%	3m 59s	57%
3m 00s	43%	3m 55s	57%







4. ACTIVITY

4.1 PASSING

AVERAGE PASSES PER MATCH
HIGHEST PASSING MATCH
LOWEST PASSING MATCH

RWC 7s MEN 2009
68
119
39

The table shows major differences between the teams. Such differences can however partly be explained by the amount of possession obtained by each team – more possession means more passes. If possession is taken into account, therefore the <u>rate</u> at which each country passed the ball is far closer – with the rate being expressed as number of passes per minute's possession. The attached table shows the average number of passes per game per team and also each team's passing rate.

This shows that while 7 teams made more passes than **Zimbabwe**, in relation to the amount of possession obtained, Zimbabwe were the highest passing team.

Passes came in passing sequences of which there were just over 1000.

Of these passing sequences: 27% comprised 1 pass 24% comprised 2 passes 22% comprised 3 passes 13% comprised 4 passes 14% comprised 5+ passes

Most teams fell into this profile – ie around 50% of their passing movements contained 2 or fewer passes. Where major differences arose, these were seen in the more lengthy passing movements. Of all passing movements, 1 in 13 contained 5+ passes although certain teams were far more inclined to continue passing than others. This is also shown in the attached table which notes the proportion of 5+ pass movements to total number of passing movements made by each country.

The table shows major differences between various teams. Italy made a 5+ passing movement once in every 5 passing sequences. Scotland, USA and Zimbabwe

PASSING **AVERAGE PASSING RATE PASSES** ZIM 11.8 35 1 in 6 USA 10.8 41 1 in 6 sco 10.5 43 1 in 6 **HKG** 31 10.4 1 in 18 **RSA** 10.2 29 1 in 15 **POR** 10.0 47 1 in 7 WAL* 10.0 1 in 8 43 **AUS** 1 in 14 9.9 35 **IRE** 1 in 18 9.9 33 JAP 9.8 34 1 in 7 URU 32 1 in 59 9.8 CAN 9.7 37 1 in 8 SAM 9.6 33 1 in 32 FRA 9.5 37 1 in 17 NZL 9.5 37 1 in 19 TUN 9.5 32 1 in 49 **GEO** 9.5 29 1 in 23 **KEN** 9.0 31 1 in 63 FJI 8.9 29 1 in 22 TON 8.9 33 1 in 34 **ENG** 8.4 31 1 in 28 ITA 8.4 27 1 in 5 **GLF** 7.8 30 1 in 12 ARG* 7.5 28 1 in 23

made 1 every **6**, whereas **Tunisia** made 1 in 49, **Uruguay** 1 in 59 and **Kenya** 1 in 63. In the entire tournament, **Kenya** had only 1 passing movement that contained 5 or more passes.



ARA

SAM

ZIM

CAN

KEN



4.2 KICKS

Kicks include all kicks made in general play inc. punts, chips, ground and grubber kicks.

AVERAGE KICKS PER MATCH
HIGHEST KICKING MATCH
LOWEST KICKING MATCH

RWC 7s MEN 2009
5
11
0

The average kicks per team per match was 2.5 but teams varied around this average. As can be seen in the table **Arabian Gulf** kicked more often than any other team - on average they kicked 5 times every game. **Australia, Fiji** and **Japan**, on the other hand, kicked very little, with Fiji making only2 in the entire tournament..

Of the total kicks made by teams in open play, the attached table shows how many were regained. Overall, 1 in 2.6 kicks were regained or 38%. Zimbabwe regained 50% of their 22 kicks.

A variety of kicks are used in sevens. Of all the kicks, **29%** were punt kicks, **28%** were chip kicks, **24%** were ground kicks (i.e. football kick) and **19%** were grubber kicks.



WRU	WAL*	
UAR	ARG*	
	ITA	
	FRA	
	ENG	
**************************************	IRE	
%	GEO	
	RSA	
SA RUGBY.	sco	
S P P	POR	
	HKG	
NIW ZIALAND RUGBY UNION	NZL	
©	TUN	
	TON	
USARUGBY	USA	
U.R.S	URU	
15	AUS	
	JAP	

FJI

AVERAGE KICKS	TOTAL KICKS	KICKS REGAINED
5.0	20	5
3.8	19	7
3.7	22	11
3.3	13	4
3.2	16	8
3.2	19	4
3.0	18	4
3.0	12	5
3.0	12	8
2.8	11	4
2.8	17	4
2.5	10	5
2.3	9	3
2.2	13	7
1.8	9	4
1.6	8	3
1.5	6	2
1.5	6	2
1.4	7	2
1.3	5	1
1.0	5	4
0.8	5	2
0.8	3	1
0.5	2	1

4.3 RUCKS & MAULS

AVERAGE RUCKS/MAULS PER MATCH
HIGHEST RUCKING MATCH
LOWEST RUCKING MATCH
RETENTION SUCCESS RATE

RWC 7s MEN 2009
15
24
6
77%

The table on the following page shows major differences in the average number of rucks/mauls created by each team. Just as in the case of passes and kicks, some of this can be explained by the amount of possession obtained by each team. If this is taken into account, the <u>rate</u> at which each country rucked and mauled is far closer, as also shown in the table. This expresses rucks/mauls as 'rucks/mauls per minute possession '.



At rucks, the team taking in the ball retained possession by either winning the ball or being awarded a penalty on 77% of occasions. The percentage success rate of each team in attack and defence is also shown in the table below:

		RUCKING RATE	AVERAGE RUCKS	RUCK ATTACK SUCCESS %	RUCK DEFENCE SUCCESS %
ARABIAN GULF RFU	ARA	3.0	11.3	73%	42%
8888	POR	2.8	13.2	76%	21%
URN	URU	2.8	9.2	72%	35%
	HKG	2.6	7.8	79%	19%
	TON	2.6	9.8	76%	21%
&	GEO	2.5	7.5	90%	29%
SCOTTISH	sco	2.4	9.7	83%	16%
	RSA	2.4	7.0	93%	32%
Kenya Rugby Football Union	KEN	2.3	7.8	79%	35%
	ENG	2.2	8.4	81%	19%
WRU	WAL*	2.2	9.2	78%	28%
55	AUS	2.1	7.5	73%	16%
RUSBY	CAN	2.1	8.0	78%	23%
	SAM	2.0	6.8	76%	31%
	IRE	1.9	6.2	81%	26%
	JAP	1.9	6.5	69%	10%
Ų	ITA	1.9	6.0	71%	19%
USARUGBY	USA	1.8	6.8	78%	28%
FFR	FRA	1.8	7.0	71%	13%
	TUN	1.8	6.0	71%	15%
UAR	ARG*	1.7	6.5	69%	30%
FILE REPORT	FJI	1.7	5.5	73%	10%
RUGBY UNION	NZL	1.6	9.5	84%	16%
*	ZIM	1.1	3.3	55%	22%
الم مام ما	a that (Couth Africa	and Coordia	had the bigh o	

The above table shows that **South Africa** and **Georgia** had the high success percentage in attack, while **Zimbabwe** had the least. **Arabian Gulf, Kenya, Uruguay, Samoa** and **South Africa** won possession from opponents on over 30% of occasions. Fiji and Japan had the leat success at opponents' rucks.

There were over 800 rucks in the tournament - and a ruck occurs when at least one player from each side is on his feet at or over the ball. This means that when the tackler is on his feet and an opponent joins in, then there is a ruck. When the tackler is not on his feet, a ruck occurs when at least one player from each side joins in. What became immediately noticeable was that there were clear differences in the approach of the various countries in committing players to the rucks. While certain teams frequently committed few additional players, other countries consistently committed more.



The extent of the differences between each team's approach is illustrated by an exercise that looked at how many players were committed to the rucks (1) in attack and (2) in defence.

NZL 92% 8% 30% AUS 43% 41% 16%			(1) A	TTACK				(2) DEFENCE	
CAN 88% 12% FRA 29% 61% 10% SAM 88% 12% WAL* 26% 52% 22% 19% TON 80% 20% USA 25% 44% 31% TUN 79% 21% ITA 23% 58% 19% FRA 71% 23% IRE 21% 56% 23% FRA 71% 29% SAM 20% 40% 40% 40% ARG* 71% 29% SAM 20% 19% SAM 20% 40% 40% ARG* 71% 29% SAM 20% 40% 40% 40% ARG* 71% 30% TON 19% 48% 33% ARABANAN ARA 67% 33% FRA 15% 59% 26% 50% 26% 10% 62% 28% GEO 63% 37% ENG 10% 67% 23% IRE 10% 56% 28% IRE 21% 56% 23% 10% 10% 57% 24% 10% 10% 10% 10% 10% 10% 10% 10% 10% 10			1 PLAYER	2+ PLAYERS			NO PLAYER	1 PLAYER	2+ PLAYERS
POR 88% 12% FRA 29% 61% 10% WAL* SAM 88% 12% WAL* 26% 52% 22% 22% TON 80% 20% USA 25% 44% 31% 24% 50% 26% 26% FRA 71% 23% IRE 21% 56% 23% FRA 71% 29% SAM 20% 40% 40% 40% WAL* 26% 33% FRA 70% 30% TON 19% 48% 33% ARA 67% 33% FRA 15% SEO 67% 33% FRA 15% SEO 67% 33% FRA 15% SEO 66% 36% 36% GEO 10% 62% 28% ENG 10% 67% 23% ENG 10% 67% 23%	RUGBY UNION	NZL	92%	8%	SCOTTISH	sco	48%	48%	4%
POR 88% 12% FRA 29% 61% 10% WAL* SAM 88% 12% WAL* 26% 52% 22% 22% TON 80% 20% USA 25% 44% 31% 24% 50% 26% 26% FRA 71% 23% IRE 21% 56% 23% FRA 71% 29% SAM 20% 40% 40% 40% WAL* 26% 33% FRA 70% 30% TON 19% 48% 33% ARA 67% 33% FRA 15% SEO 67% 33% FRA 15% SEO 67% 33% FRA 15% SEO 66% 36% 36% GEO 10% 62% 28% ENG 10% 67% 23% ENG 10% 67% 23%	RUGRY	CAN	88%	12%	RUGBY LINION	AUS	43%	41%	16%
SAM		POR	88%	12%	FER	FRA	29%	61%	10%
WAL* 85% 15% WAL* 26% 52% 22% TON 80% 20% TUN 79% 21% KEN 79% 21% ITA 23% 58% 19% FJI 77% 23% FRA 71% 29% ARG* 71% 29% WAL* 26% 52% 22% WAL* 31% ZIM 24% 50% 26% ERE 21% 56% 23% FRA 71% 29% WAL* 26% 52% 44% 31% ZIM 24% 50% 26% ZIM 56% 23% WAL* 26% 55% 44% 31% ZIM 24% 50% 26% ZIM 56% 23% WAL* 26% 55% 44% 31% ZIM 24% 50% 26% ZIM 56% 23% WAL* 26% 55% 44% 31% ZIM 24% 50% 26% ZIM 56% 23% WAL* 19% 56% 26% ZIM 70% 30% WAL* 26% 55% 44% 31% ZIM 24% 50% 26% ZIM 56% 23% WAL* 26% 50% 26% ZIM 50% 67% 12% ZIM 70% 30% WAL* 26% 55% 44% 31% ZIM 24% 50% 26% ZIM 21% 67% 12% ZIM 70% 30% WAL* 26% 55% 44% 31% ZIM 24% 50% ZIM 25% 25% ZIM 70% 30% WAL* 26% 55% 44% 31% ZIM 25% 25% ZIM 56% 25% ZIM 70% 30% ZIM 25% 25% ZIM 25% 25% ZIM 26% 26% ZIM 26%	*	SAM	88%	12%		JAP	29%	52%	19%
TUN 79% 21% ZIM 24% 50% 26% 26%	WRU	WAL*	85%	15%	WIND.	WAL*	26%	52%	22%
TUN 79% 21% ITA 23% 58% 19% FJI 77% 23% IRE 21% 56% 23% ARG* 71% 29% SAM 20% 40% 40% 40% USA 70% 30% NZL 19% 57% 24% IND 19% 48% 33% IND 19% ARABIAN ARA 67% 33% IND 19% 48% 33% IND 19% IND 1		TON	80%	20%		USA	25%	44%	31%
FJI 77% 23% IRE 21% 56% 23% FRA 71% 29% CAN 21% 67% 12% ARG* 71% 29% SAM 20% 40% 40% USA 70% 30% NZL 19% 57% 24% ZIM 70% 30% TON 19% 48% 33% ARABAN KEN 15% 59% 26% SCO 67% 33% WIND 13% 53% 34% HKG 64% 36% URU 13% 70% 17% RSA 64% 36% GEO 10% 62% 28% GEO 63% 37% ENG 10% 67% 23%		TUN	79%	21%	SAROUST	ZIM	24%	50%	26%
FRA 71% 29% SAM 20% 40% 40% 40% 40% USA 70% 30% TON 19% 48% 33% ARABIAN GILL ARA 67% 33% KEN 15% 59% 26% SCO 67% 33% URU 13% 53% 34% HKG 64% 36% GEO 10% 62% 28% GEO 63% 37% ENG 10% 67% 23%	Kenya Rugby Football Union	KEN	79%	21%		ITA	23%	58%	19%
NZL 19% 57% 24%	FILEDRY	FJI	77%	23%		IRE	21%	56%	23%
NZL 19% 57% 24%	FFR	FRA	71%	29%	RUGBY	CAN	21%	67%	12%
ZIM 70% 30% TON 19% 48% 33%	UAR	ARG*	71%	29%	**	SAM	20%	40%	40%
ARADIAN GILLER ARA 67% 33% ENG 15% 59% 26% SCO 67% 33% TUN 13% 53% 34% HKG 64% 36% URU 13% 70% 17% RSA 64% 36% GEO 10% 62% 28% GEO 63% 37% ENG 10% 67% 23%	USARUGBY	USA	70%	30%	NW ZZAJAĐ RUGBY UNION	NZL	19%	57%	24%
SCO 67% 33%		ZIM	70%	30%		TON	19%	48%	33%
SCO 67% 33%	ARABIAN GULF IRFU	ARA	67%	33%	Kenya Rugby Football Union	KEN	15%	59%	26%
nida .	SCOTTISH	sco	67%	33%	C	TUN	13%	53%	34%
nida .		HKG	64%	36%	O.R.S	URU	13%	70%	17%
nida .	SA RUGBY.	RSA	64%	36%		GEO	10%	62%	28%
200		GEO	63%	37%		ENG	10%	67%	23%
	3	AUS	62%	38%		HKG	8%	72%	20%
JAP 58% 42% ARA 8% 58% 34%		JAP	58%	42%	ARABIAN GULF IRFU	ARA	8%	58%	34%
JAP 58% 42% ARA 8% 58% 34% ITA 58% 42% POR 7% 64% 29% IRE 51% 49% ARG* 6% 56% 38%		ITA	58%	42%	FPR	POR	7%	64%	29%
IRE 51% 49% ARG* 6% 56% 38%		IRE	51%	49%	UAR	ARG*	6%	56%	38%
URU 48% 52% FJI 5% 81% 14%		URU	48%	52%	FILEROSIV	FJI	5%	81%	14%
ENG 28% 72% RSA 3% 56% 41%		ENG	28%	72%	SA RUGBY.	RSA	3%	56%	41%

It can be seen that, in attack, **New Zealand's** approach was to commit only 1 player – which they did on 92% of occasions. **England's** policy however was quite different – 3 times out of 4 they sent in 2 or more players. committed only <u>one</u> player on **92**% of occasions while **England** was **28%.** In defence, **Scotland** and **Australia** committed <u>no</u> extra players on almost 50% of occasions. South Africa, on the other hand, attacked almost every opponents ruck with one or more players.





5. SET PIECE

5.1 RESTARTS

Restarts are the most common and most competitive set piece. They are classified into 2 types, **contestable** and **not contestable**.

Certain teams can intentionally kick long (ie succeeding the ball not contestable) on more

AVERAGE PER MATCH HIGHEST IN A MATCH LOWEST IN A MATCH SUCCESS %

RESTARTS	SCRUMS	LINEOUTS
6	4	3
10	9	6
4	1	0
34%	83%	74%

occasions than others. This is shown in the table below, it also shows how successful each team was at regaining own contestable restarts and receiving opposition contestable restarts - they varied considerably.

	,		OWN RESTARTS				OPP RESTARTS		
		CONTESTABLE	NOT CONTESTABLE	SUCCESS			CONTESTABLE	NOT CONTESTABLE	SUCCESS
UAR	ARG*	18	3	1 in 1.5		ENG	11	2	1 in 1.2
RUGBY	CAN	14	0	1 in 1.8		JAP	16	1	1 in 1.2
RUGOY CANADA	IRE	17	3	1 in 1.9	RUGBY UNION	NZL	6	1	1 in 1.2
	HKG	2	8	1 in 2	PLUERCENY	FJI	8	2	1 in 1.3
<u> </u>	AUS	17	4	1 in 2.1	ARABIAN GULF RFU	ARA	9	6	1 in 1.3
	TON	15	3	1 in 2.1		TON	10	3	1 in 1.3
	ENG	18	1	1 in 2.3	FFR	FRA	9	3	1 in 1.3
Kenya Rugby Football Union	KEN	16	2	1 in 2.3		IRE	15	6	1 in 1.4
SCOTTISH	sco	22	1	1 in 2.4	\$ P & S S S S S S S S S S S S S S S S S S	POR	15	3	1 in 1.4
RUGBY LINION	ZIM	8	11	1 in 2.7		ZIM	20	4	1 in 1.4
USARUGBY	USA	11	0	1 in 2.8	Kenya Rugby Footbi Union	KEN	9	3	1 in 1.5
C C	TUN	10	1	1 in 3.3	SCOTTISH RIGGY LINION	sco	18	3	1 in 1.5
	SAM	16	4	1 in 4	UAR	ARG*	8	6	1 in 1.6
	FRA	12	5	1 in 4	RUGBY	CAN	8	2	1 in 1.6
%	GEO	5	2	1 in 5	U.R.S	URU	14	5	1 in 1.6
U.R.S	URU	10	2	1 in 5	C	TUN	12	4	1 in 1.7
PILITORY SS	FJI	10	7	1 in 5		GEO	12	5	1 in 1.7
	POR	12	0	1 in 6	J52-	AUS	17	3	1 in 1.7
	ITA	6	1	1 in 6	WRU	WAL*	10	3	1 in 1.7
ARABIAN GULF IRFU	ARA	6	3	1 in 6		ITA	13	6	1 in 1.8
	JAP	8	0	1 in 8		SAM	10	1	1 in 2
ARABJAN GULFE INFE	WAL*	17	6	1 in 8.5	SA RUG	RSA	8	1	1 in 2
RUGBY UNION	NZL	13	7	1 in 13	USARUGBY	USA	11	5	1 in 2.2
	RSA	8	5	0 in 8		HKG	22	1	1 in 2.2



79% of restarts were contestable and 21% of restarts were not contestable

Of all contestable restarts, the kicking team won 34% or 1 in 3.

Finalists, Argentina were the most successful in regaining own short restarts and England, Japan and New Zealand the most successful in receiving opposition short restarts. New Zealand and South Africa were the least successful at regaining own short restarts and USA and Hong Kong the least successful at receiving opposition short restarts.

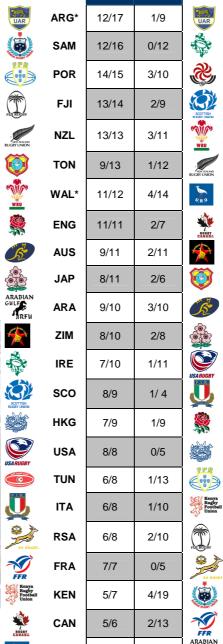
There were 20 restart errors - 1 in every 19 restarts

5.2 SCRUM & LINEOUT

Overall <u>Scrum</u> success was **83%** and overall <u>Lineout</u> success was **74%**. The following table shows the success rate for each team on own put/throw in and opposition put/throw in:

Only **New Zealand, England, USA, France** and **Georgia** won possession on everyone of their own scrum put ins although Georgia had only 3 put ins in their 4 games. **Italy, France** and **Tunisia** won everyone of their lineouts but threw into far fewer lineouts than many of the other teams. **Wales** was the most successful team on theopposition put in and also on the opposition lineout, winning 4 of the former and 6 of the latter.

There were **17 ELV quick throws**– 11 out of the 24 teams threw at least 1 quick throw. **Scotland** and **Uruguay** threw 3 quick throws each.



URU

GEO

4/6

3/3

1/11

2/13

SCRUM

OPP

OWN

	OWN	OPP
ARG*	13/17	2/7
IRE	6/10	0/5
GEO	8/9	2/7
sco	8/9	0/7
WAL*	6/8	6/13
NZL	5/8	2/5
URU	5/8	2/10
CAN	6/7	3/7
ZIM	6/7	2/8
TON	5/7	0/3
AUS	5/6	1/4
JAP	3/6	1/3
USA	2/6	1/7
ITA	5/5	0/2
ENG	4/5	2/5
HKG	4/5	1/8
POR	4/5	0/3
M KEN	2/5	1/6
FJI	3/4	2/6
RSA	3/4	3/11
SAM	3/4	4/7
FRA	3/3	3/6
ARA	2/3	1/7
TUN	2/2	1/6

LINEOUT





8. PENALTIES & FREE KICKS

The average number of penalties and free kicks per game in Rugby World Cp Sevens was 7. (2005 – 6)

Of the penalties and free kicks awarded **56%** were awarded at the breakdown.

FREE KICKS PER MATCH HIGHEST PENALISED MATCH

AVERAGE PENALTIES/

LOWEST PENALISED MATCH

7 15 2

What needs to be noted that absolute statistics and averages do not necessarily reflect the true degree of discipline or ill-

discipline of a particular team. The number of penalties can, for example, vary from match to match. Some referees penalise more than others. A better and probably more accurate indicator, therefore, is the <u>proportion</u> of penalties conceded by a team in all their matches compared with their opponents.

Each team's proportion % for and against can be seen in the following table together with the totals and averages per game. It shows for example that **Canada** was penalised more than twice as often as their

opponents.

		PE	NS & FKS <u>FOF</u>	FKS <u>FOR</u>		PENS & FKS <u>AGAINS</u>	
		TOTAL	AVERAGE	%	TOTAL	AVERAGE	%
	GEO	17	4.3	71%	7	1.8	29%
NW ZALAND RUGBY UNION	NZL	15	3.8	63%	9	2.3	37%
U.R.V	URU	29	5.8	62%	18	3.6	38%
	SAM	18	3.6	60%	12	2.4	40%
USARUGBY	USA	16	4.0	59%	11	2.8	41%
5	AUS	20	3.3	56%	16	2.7	44%
	HKG	18	3.6	55%	15	3.0	45%
	IRE	16	2.7	55%	13	2.2	45%
2888 8888 8888	POR	19	3.8	54%	16	3.2	46%
SA RUGBY.	RSA	17	4.3	53%	15	3.8	47%
UAR	ARG*	28	4.7	52%	26	4.3	48%
<u>U</u>	ITA	14	3.5	52%	13	3.3	48%
	TUN	14	3.5	50%	14	3.5	50%
ARABIAN GULF RFU	ARA	14	3.5	47%	16	4.0	53%
Kenya Rugby Football Union	KEN	18	3.6	47%	20	4.0	53%
SCOTTISH RUGBY UNION	sco	12	2.0	46%	14	2.3	54%
	JAP	10	2.5	45%	12	3.0	55%
WRU	WAL*	21	3.5	45%	26	4.3	55%
	ENG	11	2.8	44%	14	3.5	56%
PLICE BOOK	FJI	10	2.5	38%	16	4.0	62%
FFR	FRA	9	2.3	38%	15	3.8	62%
FFR	ZIM	10	1.7	37%	17	2.8	63%
	TON	13	2.6	34%	25	5.0	66%
RUGBY	CAN	6	1.5	29%	15	3.8	71%



9. CARDS

There were 19 yellow cards and 0 red cards issued in the 57 matches in Rugby World Cup Sevens 2009.

In their 4 matches, France and South Africa each received 3 yellow cards.

 $\underline{\text{11 of the 24}}$ teams did not concede a single yellow card.

The offences for which they were awarded were as follows:

	YELLOW CARDS
Tripping	3
Dangerous Tackle	3
Dangerous Charging	3
Tackle in the air	3
Time wasting	2
Punching/Striking	1
Preventing Throw	1
Playing ball on ground	1
Late charge on kicker	1
Deliberate knock on	1

		MATCHES	YELLOW CARDS	RED CARDS
₹ FER	FRA	4	3	-
	RSA	4	3	-
P	POR	5	2	-
	TON	5	2	-
USARUGBY	USA	4	1	-
CO	TUN	4	1	-
	ENG	4	1	-
	SAM	5	1	-
U.R.S	URU	5	1	-
UAR	ARG*	6	1	-
SCOTTISH BILGRY INNON	sco	6	1	-
*	IRE	6	1	
WRU	WAL*	6	1	-
	GEO	4	-	_
ARABIAN GULF BRFU	ARA	4	-	-
Ų	ITA	4	-	-
RUGBY UNION	NZL	4	-	-
	JAP	4	-	-
FILETGRY	FJI	4	-	-
RUGBY	CAN	4	-	_
	HKG	5	-	-
Kenya Rugby Football Union	KEN	5	-	-
15°	AUS	6	-	-
	ZIM	6	-	L -





RUGBY WORLD CUP SEVENS 2009

WOMEN'S COMPETITION

Dubai 2009



COMMENTARY – WOMEN'S COMPETITION

Rugby World Cup Sevens 2009 was a watershed for the Women's Game. Given the opportunity for the first time to compete alongside the men's competition in front of a global television audience of over 300 million, the women's competition was historic.

After the Pool stage of the competition, there were three undefeated teams - England, New Zealand and Spain. However, a closer look at the final pool standings suggested that there would be just two teams likely to be crowned champions.

At that stage, England had scored 93 points and New Zealand 120, while neither team had conceded a point. Yet, like the men's competition, the reality was less straightforward. The exciting, sudden death element of Sevens' knock out stage created yet more upsets.

Eventual champions Australia won their title by beating both favourites, despatching England at the quarter final stage and New Zealand in the final. That then posed the question – was there anything identifiable in the Australian approach that made contributed towards their success? The answer was a resounding 'yes'.

Australia put great pressure on their opponents.

- They obtained more possession than almost every other team
- They were the second highest rucking team, rucking at a rate that was 50% higher than New Zealand
- They were the most successful team at their own rucks, with a 90% retention rate
- They were the most successful team at opponents rucks winning one in every three rucks
- They attacked their own restarts making them the most successful team at regaining restart possession
- They were the most successful team in recovering their in-field kicks
- They won all their lineouts
- And despite conceding more yellow cards than any other team (3 cards), were awarded twice as many penalties and free kicks than their opponents

Just as in the case of the men's competition, the nature of this targeted approach, and its successful implementation, brought the ultimate reward. It showed once again, that there is no unique winning formula – which makes the conclusion of this particular Commentary identical to that of the men's:

Matches and competitions can be won through a variety of strategies and tactics and it is this factor which allows teams of what may appear to be of different abilities to produce maximum dividends through thoughtful preparation and effective execution. As an illustration of this, Rugby World Cup Sevens 2009 was a perfect example in both the men's and women's tournaments.







POOL RESULTS - WOMEN'S COMPETITION

FRA

AUS CHI NET

			ŀ	POOL A			L
PLD	W	D	L_	PS	PC_	PD	PTS
3	2	0	1	47	32	15	7
3	2	0	1	96	26	70	7
3	1	0	2	48	81	-33	5
3	1	0	2	29	81	-52	5

		POOL A	
1	AUSTRALIA	50 - 12	CHINA
2	NETHERLANDS	17 - 14	FRANCE
3	AUSTRALIA	10 - 14	FRANCE
4	NETHERLANDS	12 - 31	CHINA
5	AUSTRALIA	36 – 0	NETHERLANDS
6	FRANCE	19 - 5	CHINA

ENG

USA



RUS JAP

			F	OOL B			
PLD _	W	D	_ L _	PS	PC _	PD	PTS
3	3	0	0	93	0	93	9
3	2	0	1	50	17	33	7
3	1	0	2	31	51	-20	5
3	0	0	3	10	116	-106	3

		POOL B	<u> </u>
1	ENGLAND	17 - 0	USA
2	JAPAN	10 - 31	RUSSIA
3	ENGLAND	29 - 0	RUSSIA
4	JAPAN	0 - 38	USA
5	RUSSIA	0 - 12	USA
6	ENGLAND	47 - 0	JAPAN



SPA CAN BRA THA

			F	OOL C			
PLD	W	D	L	PS	PC	PD	PTS
3	3	0	0	50	12	38	9
3	2	0	1	90	19	71	7
3	1	0	2	12	67	-55	5
3	0	0	3	29	83	-54	3

		POOL C	
1	CANADA	52 - 7	THAILAND
2	BRAZIL	0 - 19	SPAIN
3	BRAZIL	12 - 10	THAILAND
4	CANADA	0 - 12	SPAIN
5	SPAIN	19 - 12	THAILAND
6	CANADA	38 - 0	BRAZIL



NZL RSA



			F	OOLD			
PLD	W	D	L	PS	PC	PD	PTS
3	3	0	0	120	0	120	9
3	2	0	1	43	30	13	7
3	1	0	2	17	69	-52	5
3	0	0	3	7	88	-81	3

_	_	POOL D	
1	NEW ZEALAND	50 - 0	UGANDA
2	SOUTH AFRICA	17 - 5	ITALY
3	NEW ZEALAND	45 - 0	ITALY
4	SOUTH AFRICA	26 - 0	UGANDA
5	ITALY	12 - 7	UGANDA
6	NEW ZEALAND	25 - 0	SOUTH AFRICA





KNOCKOUT RESULTS - WOMEN'S COMPETITION

BOWL 1/4	CHINA	21 - 5	JAPAN
BOWL 1/4	ITALY	17 - 0	THAILAND
BOWL 1/4	BRAZIL	12 - 7	UGANDA
BOWL 1/4	RUSSIA	12 - 5	NETHERLANDS
CUP ¼	FRANCE	0 - 19	USA
CUP ¼	NEW ZEALAND	33 - 12	CANADA
CUP ¼	SPAIN	7 - 15	SOUTH AFRICA
CUP ¼	ENGLAND	10 - 17	AUSTRALIA
BOWL ½	CHINA	28 - 0	ITALY
BOWL 1/2	BRAZIL	17 - 12	RUSSIA
PLATE 1/2	FRANCE	12 - 19	CANADA
PLATE 1/2	SPAIN	7 - 12	ENGLAND
CUP ½	USA	12 - 14	NEW ZEALAND
CUP ½	SOUTH AFRICA	10 - 19	AUSTRALIA
			_
BOWL FINAL	CHINA	10 - 7	BRAZIL
PLATE FINAL	CANADA	0 - 12	ENGLAND
CUP FINAL	NEW ZEALAND	10 - 15	AUSTRALIA



Women's Rugby World Cup Sevens Champions - Australia





SUMMARY – WOMEN'S COMPETITION

	RWC 7s WOMEN 2009
SCORING	
POINTS (average per game)	29
TRIES (average per game)	4.7
CONVERSION SUCCESS (%)	56%
PENALTY GOALS (total)	1
DROP GOALS (total)	0
TRY SCORING	
MATCHES WON by team scoring most tries	88%
SOURCE OF TRIES - Pens/FKs (%)	30%
SOURCE OF TRIES - Turnover/Opp Error (%)	26%
ORIGIN OF TRIES - Own Half (%)	40%
BUILD UP TO TRIES - No Rucks/Mauls	67%
BUILD UP TO TRIES - 3 Or Fewer Passes	55%
BALL IN PLAY	
BALL IN PLAY (%)	54%
ACTIVITY	_
ACTIVITY PASSES (average per game)	74
	74 17
PASSES (average per game)	
PASSES (average per game) RUCKS/MAULS (average per game) RUCK/MAUL RETENTION (%) KICKS (average per game)	17
PASSES (average per game) RUCKS/MAULS (average per game) RUCK/MAUL RETENTION (%)	17
PASSES (average per game) RUCKS/MAULS (average per game) RUCK/MAUL RETENTION (%) KICKS (average per game)	17
PASSES (average per game) RUCKS/MAULS (average per game) RUCK/MAUL RETENTION (%) KICKS (average per game) SET PIECE	17 76% 4
PASSES (average per game) RUCKS/MAULS (average per game) RUCK/MAUL RETENTION (%) KICKS (average per game) SET PIECE RESTARTS kicked short (%)	17 76% 4 40%
PASSES (average per game) RUCKS/MAULS (average per game) RUCK/MAUL RETENTION (%) KICKS (average per game) SET PIECE RESTARTS kicked short (%) SHORT RESTARTS possession retained (%)	17 76% 4 40% 25%
PASSES (average per game) RUCKS/MAULS (average per game) RUCK/MAUL RETENTION (%) KICKS (average per game) SET PIECE RESTARTS kicked short (%) SHORT RESTARTS possession retained (%) RESTART ERRORS (Total)	17 76% 4 40% 25% 1 in 18 restarts
PASSES (average per game) RUCKS/MAULS (average per game) RUCK/MAUL RETENTION (%) KICKS (average per game) SET PIECE RESTARTS kicked short (%) SHORT RESTARTS possession retained (%) RESTART ERRORS (Total) SCRUMS (average per game)	17 76% 4 40% 25% 1 in 18 restarts 5
PASSES (average per game) RUCKS/MAULS (average per game) RUCK/MAUL RETENTION (%) KICKS (average per game) SET PIECE RESTARTS kicked short (%) SHORT RESTARTS possession retained (%) RESTART ERRORS (Total) SCRUMS (average per game) SCRUMS possession retained (%)	17 76% 4 40% 25% 1 in 18 restarts 5 82%
PASSES (average per game) RUCKS/MAULS (average per game) RUCK/MAUL RETENTION (%) KICKS (average per game) SET PIECE RESTARTS kicked short (%) SHORT RESTARTS possession retained (%) RESTART ERRORS (Total) SCRUMS (average per game) SCRUMS possession retained (%) LINEOUTS (average per game)	17 76% 4 40% 25% 1 in 18 restarts 5 82% 2
PASSES (average per game) RUCKS/MAULS (average per game) RUCK/MAUL RETENTION (%) KICKS (average per game) SET PIECE RESTARTS kicked short (%) SHORT RESTARTS possession retained (%) RESTART ERRORS (Total) SCRUMS (average per game) SCRUMS possession retained (%) LINEOUTS (average per game) LINEOUTS possession retained (%)	17 76% 4 40% 25% 1 in 18 restarts 5 82% 2 77%
PASSES (average per game) RUCKS/MAULS (average per game) RUCK/MAUL RETENTION (%) KICKS (average per game) SET PIECE RESTARTS kicked short (%) SHORT RESTARTS possession retained (%) RESTART ERRORS (Total) SCRUMS (average per game) SCRUMS possession retained (%) LINEOUTS (average per game) LINEOUTS possession retained (%) QUICK THROWS (Total)	17 76% 4 40% 25% 1 in 18 restarts 5 82% 2 77%





1. SCORING & CONCEDING POINTS

The average number of points scored in a game was 29 making the average number of points scored/conceded by a team 14.5. Not surprisingly, there were major variations around this average. New Zealand for example, scored an average of 30 points per game while Japan and Uganda managed just 4. With regard to points conceded England conceded an average of 4 points per game while Japan conceded 35.

These figures do not show, however, how <u>effective</u> each team was in scoring points in relation to the possession that it obtained. Conversely, the figures also do not show, how <u>effective</u> each team was in <u>restricting</u> points in

relation to the possession that their opponents obtained. A team may, for example, obtain little possession but still manage to score a significant number of tries while another team may concede very few tries in the face of considerable opposition possession.

The following table addresses this issue by showing the <u>rate</u> of scoring and conceding tries. Such scoring rates are calculated (a) by dividing the total possession obtained by a team by the number of tries scored (b) by dividing the total possession obtained by a team's opponents by the total number of tries conceded. The following two tables gives the relevant rates for each participating team.

It shows that **New Zealand** had the best try <u>scoring</u> rate (ie **48secs** to score a try) and **England** the best try <u>conceding</u> rate (ie **314secs** for their opponents to score a try.).



		MATCHES PLAYED	Av POINTS SCORED	TRY SCORING RATE			Av POINTS CONCEDED	TRY CONCEDING RATE
AU ZALAND RUGBY UNION	NZL*	6	30	48 secs		ENG	4	314 secs
<u> </u>	AUS*	6	24	62 secs	USARUGBY	USA	6	226 secs
	ENG	6	21	68 secs	NIW ZIALAND RUGBY UNION	NZL*	7	192 secs
RUBYY	CAN	6	21	74 secs		SPA	8	130 secs
	СНІ	6	18	77 secs	55	AUS*	9	120 secs
USARUGBY	USA	5	16	84 secs	FFR	FRA	14	101 secs
FFR	FRA	5	12	97 secs	Russia	RUS	15	102 secs
FFR SANCAY.	RSA	5	14	109 secs	SA RUGBY.	RSA	11	101 secs
Russia	RUS	5	11	131 secs	A B R	BRA	16	98 secs
	SPA	5	13	132 secs	RUGBY	CAN	13	96 secs
	THA	4	7	144 secs		СНІ	16	91 secs
Ų	ITA	5	7	158 secs	具	ITA	19	85 secs
A B R	BRA	6	8	169 secs		UGA	25	66 secs
NRB	NET	4	9	171 secs	NRB	NET	23	59 secs
	JAP	4	4	296 secs		THA	25	57 secs
TO THE REAL PROPERTY.	UGA	4	4	381 secs		JAP	35	44 secs

*20 min Final



* 20 min Final



- There were 193 tries scored in the tournament making an average of 4.7 per game.
- 1 penalty goal was kicked. There were no drop goals.
- The overall conversion success rate was 56%.
- There were noticeable variations in the conversion success rates as seen in the attached table.

		CONVERSION SUCCESS %			CONVERSION SUCCESS %
	UGA	(100%) 2 of 2	NW ZEMAND RUGBY UNION	NZL*	(55%) 16 of 29
FFR	FRA	(78%) 7 of 9		ENG	(52%) 11 of 21
RUGBY	CAN	(74%) 14 of 19	A B R	BRA	(50%) 4 of 8
COPA .	СНІ	(69%) 11 of 16	55	AUS*	(40%) 10 of 25
	SPA	(70%) 7 of 10	SA RUGBY.	RSA	(33%) 4 of 12
Russia	RUS	(67%) 6 of 9		THA	(40%) 2 of 5
USARUGBY	USA	(62%) 8 of 13	Ų	ITA	(33%) 2 of 6
NRB	NET	(60%) 3 of 5		JAP	(0%) 0 of 3

2. TRY SCORING

The total number of tries scored in Women's Rugby World Cup Sevens 2009 was 193 (average per game - 4.7). In the pool stage there were 125 tries scored (average per game - 5.2) and on Day 2, finals day, there were 68 tries scored (average per game – 4.0)

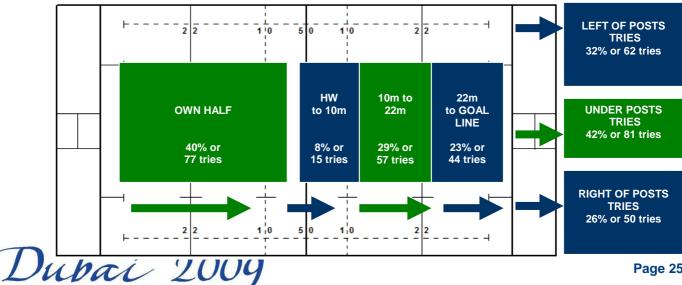
2.1 IMPACT OF TRIES

With only a single penalty goal and drop goal kicked in the entire tournament, and a conversion success rate of 56%, it was inevitable that tries would determine which team won in the vast majority of cases - and this proved to be the case.

Of the 41 matches, 5 (or 88%) were won by the team scoring the most tries. There were 3 matches won because of conversions, 1 match won because of a penalty goal and there was 1 draw (Russia v Brasil - Extra Time played).

2.2 ORIGIN & LOCATION OF TRIES

Tries originate from various parts of the pitch and are scored all across the goal line. The following diagram shows the location on the pitch of where the attacking team obtained possession from which they eventually scored and where they were scored along try line. 40% of all tries originated in the try scoring team's own half and 42% of tries were scored under the posts – with more tries scored on the left than the right.



The following table shows the origin of tries scored (own) and tries conceded (opp) by each team. The teams which scored a high number of tries from their own half were **England** (62%), **Netherlands** (60%) and **South Africa** (58%). The teams which scored few tries from their own half were winners **Australia** (23%), **Thailand** (20%) and **Brasil** (13%). Japan and Italy were the only teams not to score a try from their own half.

		OWN	HALF	HW –	HW – 10m 10m – 22m		22m	22m - TRY		тот	
		OWN	OPP	OWN OPP		OWN	OPP	OWN	OPP	OWN	OPP
RUGBY UNION	NZL*	13	1	2	1	6	2	8	3	29	7
J5 -	AUS*	6	5	0	1	11	2	8	2	25	10
	ENG	13	0	1	0	4	2	3	2	21	4
RUBY	CAN	6	5	1	1	8	5	4	1	19	12
	СНІ	7	6	3	0	4	2	3	7	17	15
USARUGBY	USA	4	4	3	0	3	1	3	0	13	5
SA RUGBY	RSA	7	2	0	1	1	5	4	2	12	10
	SPA	4	3	0	0	6	2	0	2	10	7
Russia	RUS	5	8	1	0	2	3	1	2	9	13
*	FRA	5	4	2	2	1	3	1	2	9	11
FFR ABR	BRA	1	5	0	1	4	7	3	3	8	16
	ITA	0	5	1	1	2	2	3	6	6	14
NRB	NET	3	4	1	2	0	6	1	3	5	15
	THA	1	7	0	1_	4	6	0	2	5	16
	JAP	0	9	0	4	1	5	2	3	3	21
TUNNOT Y	UGA	2	9	0	0	0	3	0	4	2	16

2.3 POSSESSION SOURCE OF TRIES

In scoring tries, teams obtained possession of the ball prior to the scoring of the try from a variety of sources.



It can be seen in the table that the most fruitful <u>source of tries</u> was **penalties/free kicks** (30%).

	%
PENALTY/FREE KICK	30%
TURNOVER/OPPONENT'S HANDLING ERROR	26%
RESTART	14%
SCRUM	16%
LINEOUT	6%
KICK RECEIPT	8%





There were some interesting contrasts between the various teams. **USA**, for example, was the only team to score no tries from penalties and free kicks but was the most effective team at scoring tries from turnovers and opposition errors. Conversely, **Japan** conceded over half their tries from turnovers and errors.

The following table shows the possession source of tries scored (own) and tries conceded (opp) by each team:

		PEN	& FK	T/OVE ERR		SCR	UM	LINE	DUT	REST	ART	KIC	CK	то	π
		OWN	OPP	OWN	OPP	OWN	OPP	OWN	OPP	OWN	OPP	OWN	OPP	OWN	OPP
RUGBY UNION	NZL*	10	3	6	1	4	1	3	1	5	0	1	1	29	7
5	AUS*	11	4	5	2	1	1	2	0	4	3	2	0	25	10
	ENG	4	2	6	0	5	1	2	1	2	0	2	0	21	4
RUGBY	CAN	6	3	3	2	4	3	0	1	2	3	4	0	19	12
	СНІ	7	6	2	4	4	2	0	0	3	3	1	0	17	15
CANADA A CAN	USA	0	1	7	0	1	1	3	0	1	2	1	1	13	5
	RSA	3	2	4	2	2	2	1	3	1	1	1	0	12	10
	SPA	2	2	3	3	2	1	0	1	2	0	1	0	10	7
FFR	FRA	3	3	3	1	2	1	0	0	1	4	0	1	9	11
Russia	RUS	2	4	2	4	3	3	0	0	2	1	0	1	9	13
A B R	BRA	2	4	5	6	1	1	0	0	0	2	0	3	8	16
Ų	ITA	2	3	1	4	1	3	1	0	0	1	1	3	6	14
NRB	NET	2	9	1	1	1	3	0	0	1	1	0	1	5	15
and the	THA	1	4	2	2	0	3	0	1	2	3	0	3	5	16
	JAP	3	3	0	11	0	4	0	2	0	1	0	0	3	21
	UGA	1	5	0	7	0	1	0	1	1	2	0	0	2	16

2.4 BUILD UP TO TRIES

Possession of the ball that leads to tries is obtained from a number of sources – and they are listed above.

More often than not, other actions – second phase, kicks and passes – then take place before the try is scored.

The table shows how many **rucks/mauls** preceded each try scored in the tournament. The table shows that <u>67%</u> of tries were preceded by **not one** ruck or maul.

	%	Cumulative
None	67%	67%
1 rucks/mauls	21%	88%
2 rucks/mauls	6%	94%
3 + rucks/mauls	6%	100%

The table also shows the total number of **passes** that preceded each try scored in the tournament. The table shows that <u>55%</u> of tries were preceded by **3 or fewer** passes.

	%	Cumulative
No passes	10%	10%
1 - 3 passes	45%	55%
4 - 6 passes	29%	84%
7 - 9 passes	10%	94%
10+ passes	6%	100%





3. BALL IN PLAY & POSSESSION

SPA

AUS*

RSA

CAN

ENG

NZL*

USA

NET

JAP

CHI BRA RUS

THA

FRA

ITA

UGA

NRB

AVERAGE BALL-IN-PLAY % PER MATCH
HIGHEST BALL-IN-PLAY % MATCH
LOWEST BALL-IN-PLAY % MATCH
HIGHEST POSSESSION TIME IN A MATCH
LOWEST POSSESSION TIME IN A MATCH

RWC 7s WOMEN 2009
7m 30s or 54%
7111 308 01 54%
9m 59s or 71%
5m 18s or 38%
5m 31s
3111 3 13
1m 27 secs

There was a considerable variation between the ball in play figures achieved by the various teams. This is shown in the following table which gives the average possession times achieved by each team throughout the tournament in attack and defence:



AVERAGE TIME IN ATTACK	%	AVERAGE TIME IN DEFENCE	%
4m 24secs	59%	3m 01secs	41%
4m 23secs	57%	3m 21secs	43%
4m 21secs	56%	3m 22secs	44%
3m 55secs	55%	3m 12secs	45%
3m 57secs	53%	3m 29secs	47%
3m 51secs	51%	3m 43secs	49%
3m 38secs	49%	3m 46secs	51%
3m 34secs	49%	3m 39secs	51%
3m 42secs	49%	3m 50 secs	51%
3m 37secs	49%	3m 46secs	51%
3m 55secs	47%	4m 23secs	53%
3m 59secs	46%	4m 38secs	54%
3m 00secs	44%	3m 46secs	56%
2m 55secs	44%	3m 41secs	56%
3m 10secs	43%	4m 14secs	57%
3m 10secs	42%	4m 25 secs	58%

As seen in the table, there were some noticeable differences. **Australia**, for example, had 50% more possession of the ball than **France** while **Spain** had almost 50% more possession than their opponents. **10** out of the **16** teams spent more time defending than attacking.





4. ACTIVITY

4.1 PASSING

AVERAGE PASSES PER MATCH HIGHEST PASSING MATCH LOWEST PASSING MATCH

RWC 7s WOMEN 2009
74
105
35

The table shows major differences between the teams. Such differences can however partly be explained by the amount of possession obtained by each team – more possession means more passes. If possession is taken into account, therefore the <u>rate</u> at which each country passed the ball is far closer – with the rate being expressed as number of passes per minute's possession. The attached table shows the average number of passes per game per team and also each team's passing rate.

This shows, for example, that while Australia made 50% more passes than France, they both passed at the identical rate. The difference in the number of passes was down to possession time.

Passes came in passing sequences of which there were just over 1000.

Of these passing sequences: 28% comprised 1 pass 25% comprised 2 passes 21% comprised 3 passes 12% comprised 4 passes 14% comprised 5+ passes

Most teams fell into this profile – ie around 50% of their passing movements contained 2 or fewer passes. Where major differences arose, these were seen in the more lengthy passing movements. Of all passing movements, 1 in 7 contained 5+ passes although certain teams were far more inclined to continue passing than others. This is also shown in the attached table which notes the proportion of 5+ pass movements to total number of passing movements made by each country.

The table shows major differences between various teams. **Japan** made a 5+ passing movement once in every **3** passing

		RATE	PASSES	PASSING
	JAP	12.8	48	1 in 3
- 100 A	СНІ	11.5	42	1 in 4
	SPA	11.5	51	1 in 4
USARUGBY	USA	10.8	39	1 in 3
	THA	10.4	31	1 in 7
SA RUGBY.	RSA	10.2	45	1 in 9
RUOBY	CAN	9.9	39	1 in 11
55°	AUS*	9.7	42	1 in 22
FFR	FRA	9.7	28	1 in 4
	UGA	9.4	30	0 in 53
A B R	BRA	9.2	35	1 in 10
RUGBY UNION	NZL*	9.1	35	1 in 7
	ENG	8.8	35	1 in 27
Russia	RUS	8.6	34	1 in 11
NRB	NET	8.1	29	0 in 58
Ų	ITA	7.8	25	1 in 7

sequences. **China, Spain** and **France** made 1 every 4, whereas **England** made 1 in 27 and **Australia** 1 in 22. In the entire tournament, both **Netherlands** and **Uganda** did not have 1 passing movement that contained 5 or more passes.

USANGEY

USANGEY

RUSSIA

WRB

RUSSIA

SARGEY



4.2 KICKS

Kicks include all kicks made in general play inc. punts, chips, ground and grubber kicks.

AVERAGE KICKS PER MATCH
HIGHEST KICKING MATCH
LOWEST KICKING MATCH

RWC 7s WOMEN 2009
3.7
10
0

The average kicks per team per match was 1.8 but teams varied around this average. As can be seen in the table **Italy** kicked more often than any other team - on average they kicked 4 times every game. **England** and **Japan**, on the other hand, kicked very little, kicking, between them, just 5 times in the entire tournament.

Of the total kicks made by teams in open play, the attached table shows how many were regained. Overall, 1 in 4.4 kicks were regained or 23%. Australia regained 4 of their 6 kicks.

A variety of kicks are used in sevens. Of all the kicks, 28% were punt kicks, 35% were chip kicks, 23% were ground kicks (i.e. football kick) and 15% were grubber kicks.



	AVERAGE	TOTAL	KICKS
	KICKS	KICKS	REGAINED
ITA	4.2	21	2
THA	3.3	13	3
BRA	3.0	18	3
FRA	2.8	14	2
USA	2.8	14	4
RUS	2.4	12	1
CAN	2.2	13	1
UGA	1.5	6	3
NET	1.3	5	1
NZL*	1.3	8	3
RSA	1.2	6	2
AUS*	1.0	6	4
SPA	1.0	5	3
СНІ	0.8	5	1
ENG	0.5	3	-
JAP	0.5	2	1





4.3 RUCKS & MAULS

AVERAGE RUCKS/MAULS PER MATCH

HIGHEST RUCKING MATCH

LOWEST RUCKING MATCH

RETENTION SUCCESS RATE

RWC 7s WOMEN 2009
17
31
5
76%

The table below shows major differences in the average number of rucks/mauls created by each team. Just as in the case of passes and kicks, some of this can be explained by the amount of possession obtained by each team. If this is taken into account, the <u>rate</u> at which each country rucked and mauled is far closer, as also shown in the table. This expresses rucks/mauls as 'rucks/mauls per minute possession '.

At the breakdown, the team taking in the ball retained possession by either winning the ball or being awarded a penalty on **76%** of occasions. The percentage success rate of each team in attack and defence is also shown in the table below:

		RUCKING RATE	AVERAGE RUCKS	RUCK ATTACK SUCCESS %	RUCK DEFENCE SUCCESS %
J3-	AUS*	3.2	14	90%	34%
	ENG	2.5	10	82%	25%
RUSBY	CAN	2.5	10	88%	34%
C HODA	СНІ	1.3	5	79%	18%
USARUGBY	USA	1.4	5	72%	25%
FFR	FRA	1.3	4	74%	20%
Russia	RUS	1.9	8	82%	12%
	SPA	1.8	8	72%	28%
	THA	1.6	5	58%	23%
	ITA	1.8	6	61%	22%
A B R	BRA	3.0	11	72%	34%
NRB	NET	4.1	15	79%	10%
	JAP	3.0	11	61%	21%
	UGA	2.8	9	60%	32%
SA RUGBY.	RSA	2.6	11	75%	21%
RUGBY UNION	NZL*	2.1	8	79%	22%

The above table illustrates the extent to which teams took contact at the rucks. There were major differneces between some of the teams. While **France** created just 4 rucks per game, **Netherlands** created 15 and **Australia** 14. The above table shows that **Australia** and **Canada** had the highest success percentage in attack, while **Thailand** had the least. **Australia**, **Canada**, **Uganda** and **Brazil** won possession from opponents on over 30% of occasions. **Netherlands** and **Russia** had the least success at opponents' rucks.



RUGBY WORLD CUP SEVENS 2009

STATISTICAL REVIEW AND MATCH ANALYSIS - WOMEN'S COMPETITION

There were nearly 700 rucks in the tournament - and a ruck occurs when at least one player from each side is on his feet at or over the ball. This means that when the tackler is on his feet and an opponent joins in, then there is a ruck. When the tackler is not on his feet, a ruck occurs when at least one player from each side joins in. What became immediately noticeable was that there were clear differences in the approach of the various countries in committing players to the rucks. While certain teams frequently committed few additional players, other countries consistently committed more.

The extent of the differences between each team's approach is illustrated by an exercise that looked at how many players were committed to the rucks (1) in attack and (2) in defence.

		(1) ATTACK				(2) DEFENCE		
		1 PLAYER	2+ PLAYERS			NO PLAYER	1 PLAYER	2+ PLAYERS
RUGBY UNION	NZL*	90%	10%		THA	31%	62%	7%
	THA	90%	10%	FFR	FRA	26%	50%	24%
NRB	NET	83%	17%	5	AUS*	24%	53%	23%
RUGBY	CAN	78%	22%	SA RUGBY.	RSA	21%	71%	8%
55	AUS*	77%	23%		ITA	20%	65%	15%
A B R	BRA	76%	24%		ENG	18%	61%	21%
FFR	FRA	74%	26%	THE WORK	UGA	18%	56%	26%
	SPA	74%	26%	RUSBY	CAN	16%	50%	34%
SA RUGBY.	RSA	73%	27%		СНІ	16%	64%	20%
	CHI	72%	28%	NW ZEALAND RUGBY UNION	NZL*	15%	53%	32%
USARUGBY	USA	72%	28%	USARUGBY	USA	14%	67%	19%
	JAP	70%	30%	Russia	RUS	12%	66%	22%
	ENG	67%	33%		JAP	11%	53%	36%
Ų	ITA	64%	36%	NRB	NET	10%	60%	30%
Russia	RUS	60%	40%		SPA	9%	66%	25%
THE NOTE OF THE PARTY OF THE PA	UGA	34%	66%	A B R	BRA	8%	60%	32%

It can be seen that, in attack, **New Zealand** and **Thailand's** approach was to commit only 1 player – which they did on 90% of occasions. **Uganda's** policy however was quite different – they sent in 2 or more players on 34% of occasions. In defence, **Thailand, France** and **Australia** frequently committed <u>no</u> extra players, while **Brazil** and **Spain**, on the other hand, attacked almost every opponents ruck with one or more players.





5. SET PIECE

5.1 RESTARTS

<u>Restarts</u> are the most common and most competitive set piece. They are classified into 2 types, **contestable** and **not contestable**.

Certain teams can intentionally kick long (ie making the ball not contestable) on more occasions than others. This is shown in the

AVERAGE PER MATCH HIGHEST IN A MATCH LOWEST IN A MATCH SUCCESS %

RESTARTS	SCRUMS	LINEOUTS
6	5	2
10	10	5
3	1	0
25%	82%	77%

table below. It also shows how successful each team was at regaining own contestable restarts and receiving opposition contestable restarts - they varied considerably.

		o			OPP RESTARTS				
		CONTESTABLE	NOT CONTESTABLE	SUCCESS			CONTESTABLE	NOT CONTESTABLE	SUCCESS
	THA	1	6	1 in 1		JAP	11	9	1 in 1
RUGBY UNION	NZL*	5	24	1 in 1.7	SA RUGBY.	RSA	1	13	1 in 1
55	AUS*	12	15	1 in 2	Russia	RUS	9	7	1 in 1.1
	SPA	6	7	1 in 2		ENG	7	3	1 in 1.2
RUGBY	CAN	15	7	1 in 3		СНІ	6	11	1 in 1.2
NRB	NET	4	4	1 in 4		SPA	6	3	1 in 1.2
	ITA	4	6	1 in 4		UGA	5	12	1 in 1.3
	ENG	12	12	1 in 6	RUGBY UNION	NZL*	4	9	1 in 1.3
USARUGBY	USA	7	8	1 in 7		THA	8	8	1 in 1.3
A B R	BRA	10	3	1 in 10	NRB	NET	6	10	1 in 1.5
	UGA	1	3	0 in 1	3	AUS*	3	11	1 in 1.5
	RSA	1	13	0 in 1	A B R	BRA	11	5	1 in 1.6
	JAP	3	4	0 in 3	ROBY	CAN	5	11	1 in 1.7
	СНІ	5	14	0 in 5	Ų	ITA	2	15	1 in 2
Russia	RUS	8	5	0 in 8	FFR	FRA	9	6	1 in 2.3
FFR	FRA	0	11	0 in 0	USARUGBY	USA	1	9	0 in 1

40% of restarts were contestable and 60% of restarts were not contestable

Of all contestable restarts, the kicking team won 25% or 1 in 4.

The finalists, **New Zealand** and **Australia**, plus **Spain** were the most successful in regaining own short restarts with around a 50% success rate. **Australia** and **Canada** kicked short more than most other team. **Japan** won all 11 of the contestable restarts they received, while **France** won 1 in every 2.3 contestable restarts.

There were 13 restart errors - 1 in every 18 restarts





5.2 SCRUM & LINEOUT

Overall <u>Scrum</u> success was **82**% and overall <u>Lineout</u> success was **77**%. The following table shows the success rate for each team on own put/throw in and opposition put/throw in:

Only **USA** won possession on everyone of their own scrum put ins – they did however have only 5 scrums compared with **Italy** and **Brazil** who had 36 between them. **England** and **Japan** won all their lineouts but while

England threw into 11 lineouts, Japan only threw in once, also even though England won all their own lineouts, they did not steal one opposition lineout.

England were however the most successful team on the opposition put in and **Australia** were the most successful on the opposition lineout.

There were **9 quick throws** – only 6 out of the 16 teams threw at least 1 quick throw. **Canada**, **South Africa** and **Thailand** threw 2 quick throws each.

		SCF	RUM			LINE	OUT
		OWN	OPP			OWN	OPP
NIW ZIALAND RUGBY UNION	NZL*	17/19	3/9		ENG	11/11	0/6
FFR	FRA	17/19	1/16		SPA	9/11	2/8
A B R	BRA	15/18	2/11	USARUGBY	USA	9/11	2/8
Ų	ITA	15/18	2/12	U	ITA	7/9	1/8
	SPA	14/16	5/16	RUGBY UNION	NZL*	5/8	1/6
	ENG	12/15	4/9	SA RUGBY.	RSA	5/7	2/8
RUBBY	CAN	10/14	4/20	RUGBY	CAN	5/6	2/9
	СНІ	11/13	3/20	A B R	BRA	4/6	1/6
5	AUS*	9/13	4/18	55	AUS*	5/5	3/6
SA RUGBY.	RSA	10/12	3/18	FFR	FRA	2/5	1/6
	THA	7/12	1/8	NRB	NET	1/4	1/4
NRB	NET	9/10	0/7		CHI	3/3	1/3
Russia	RUS	9/10	3/11		THA	3/3	0/5
	UGA	8/9	2/15		UGA	2/3	2/3
	JAP	6/9	0/7	Russia	RUS	2/3	3/8
USARUGBY	USA	5/5	1/21		JAP	1/1	0/2





8. PENALTIES & FREE KICKS

The average number of penalties/free kicks per game was 6.

Of the penalties/free kicks awarded, **62%** were awarded at the breakdown.

AVERAGE PENALTIES/ FREE KICKS PER MATCH HIGHEST PENALISED MATCH LOWEST PENALISED MATCH

RWC 7s WOMEN 2009
6
14
1

What needs to be noted that absolute statistics and averages do not necessarily reflect the true degree of discipline or illdiscipline of a particular team. The number of penalties can, for

example, vary from match to match. Some referees penalise more than others. A better and probably more accurate indicator, therefore, is the <u>proportion</u> of penalties conceded by a team in all their matches compared with their opponents.

Each team's proportion % for and against can be seen in the following table together with the totals and averages per game. It shows for example that while **Canada** and **Japan** received twice as many penalties as their opponents, **Spain** were penalised twice as often as their opponents.

		PENS & FKS <u>FOR</u>			PENS & FKS <u>AGAINST</u>		
		TOTAL	AVERAGE	_ % _	TOTAL	AVERAGE	%
	JAP	17	4.3	68%	8	2.0	32%
RUGBY	CAN	23	3.8	68%	11	1.8	32%
5	AUS*	27	4.5	66%	14	2.3	34%
	THA	15	3.8	65%	8	2.0	35%
A B R	BRA	22	3.7	52%	20	3.3	48%
TO THE REST	UGA	16	4.0	52%	15	3.8	48%
Russia	RUS	19	3.8	51%	18	3.6	49%
Ų	ITA	15	3.0	50%	15	3.0	50%
FFR	FRA	15	3.0	47%	17	3.4	53%
NU ZIJAND RUGBY UNION	NZL*	17	2.8	45%	21	3.5	55%
	ENG	22	3.7	46%	26	4.3	54%
SA RUGBY.	RSA	10	2.0	43%	13	2.6	57%
TO A	СНІ	15	2.5	42%	21	3.5	58%
USARUGBY	USA	12	2.4	40%	18	3.6	60%
NRB	NET	12	30	38%	20	5.0	62%
	SPA	12	2.4	33%	24	4.8	67%





9. CARDS

There were 11 yellow cards and 0 red cards issued in the 41 matches in Womens Rugby World Cup Sevens 2009.

Over half the cards went against 2 teams – Australia and China, the Cup and Bowl winners respectively.

10 of the **16** teams did not concede a single yellow card.

The offences for which they were awarded were as follows:

	YELLOW CARDS
Dangerous Tackle	5
Tripping	2
Dangerous Charging	1
Kicking	1
Punching/Striking	1
Hands in ruck	1

		MATCHES	YELLOW CARDS	RED CARDS
55	AUS*	6	3	-
	СНІ	6	3	
	ENG	6	2	-
	THA	4	1	-
NRB	NET	4	1	-
	JAP	4	1	- 1
A B R	BRA	6	-	-
RUGBY	CAN	6	-	
NW ZEALAND RUGBY UNION	NZL*	6	-	-
USARUGBY	USA	5	-	-
Ų	ITA	5	-	-
FFR	FRA	5	-	
Russia	RUS	5	-	-
TI WADA	UGA	4	-	-
A NUCEY	RSA	5	-	-
	SPA	5	-	-





A COMPARISON BETWEEN THE MEN'S RWC SEVENS 2005 & 2009

SCORING	RWC 7s MEN 2005	RWC 7s MEN 2009
POINTS (average per game)	38	35
TRIES (average per game)	6	6
CONVERSION SUCCESS (%)	59%	59%
PENALTY GOALS (total)	0	0
DROP GOALS (total)	0	0
TRY SCORING		
MATCHES WON by team scoring most tries	89%	88%
SOURCE OF TRIES - Pens/FKs (%)	29%	32%
SOURCE OF TRIES - Turnover/Opp Error (%)	26%	23%
ORIGIN OF TRIES - Own Half (%)	43%	52%
BUILD UP TO TRIES - No Rucks/Mauls	76%	62%
BUILD UP TO TRIES - 3 Or Fewer Passes	60%	60%
BALL IN PLAY		
BALL IN PLAY (%)	48%	51%
ACTIVITY		
PASSES (average per game)	70	68
RUCKS/MAULS (average per game)	14	15
RUCK/MAUL RETENTION (%)	75%	77%
KICKS (average per game)	4	5
SET PIECE		
RESTARTS kicked short (%)	80%	79%
SHORT RESTARTS possession retained (%)	20%	34%
RESTART ERRORS (Total)	1 in 17 restarts	1 in 19 restarts
SCRUMS (average per game)	4	4
SCRUMS possession retained (%)	85%	83%
LINEOUTS (average per game)	2	3
LINEOUTS possession retained (%)	76%	74%
PENALTIES/FREE KICKS & CARDS		
PENALTIES/FKs (average per game)	6	7
CARDS (Total)	1 in 1.6 matches	1 in 2.7 matches





A COMPARISON BETWEEN THE MEN'S AND WOMEN'S RWC SEVENS 2009

SCORING	RWC 7s MEN 2009	RWC 7s WOMEN 2009
POINTS (average per game)	35	29
TRIES (average per game)	6	5
CONVERSION SUCCESS (%)	59%	56%
PENALTY GOALS (total)	0	1
DROP GOALS (total)	0	0
TRY SCORING		
MATCHES WON by team scoring most tries	88%	88%
SOURCE OF TRIES - Pens/FKs (%)	32%	30%
SOURCE OF TRIES - Turnover/Opp Error (%)	23%	26%
ORIGIN OF TRIES - Own Half (%)	52%	40%
BUILD UP TO TRIES - No Rucks/Mauls	62%	67%
BUILD UP TO TRIES - 3 Or Fewer Passes	60%	55%
BALL IN PLAY		
BALL IN PLAY (%)	51%	54%
ACTIVITY		
PASSES (average per game)	68	74
RUCKS/MAULS (average per game)	15	17
RUCK/MAUL RETENTION (%)	77%	76%
KICKS (average per game)	5	4
SET PIECE		
RESTARTS kicked short (%)	79%	40%
SHORT RESTARTS possession retained (%)	34%	25%
RESTART ERRORS (Total)	1 in 19 restarts	1 in 18 restarts
SCRUMS (average per game)	4	5
SCRUMS possession retained (%)	83%	82%
LINEOUTS (average per game)	3	2
LINEOUTS possession retained (%)	74%	77%
PENALTIES/FREE KICKS & CARDS		
PENALTIES/FKs (average per game)	7	6
CARDS (Total)	1 in 2.7 matches	1 in 3.7 matches

