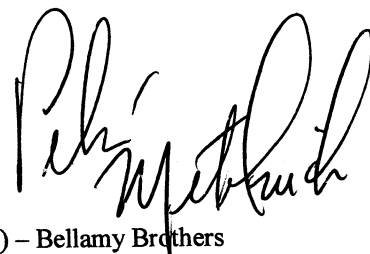


# Body In Motion



Choreographed by Peter Metelnick, Canada, July 2001  
519-439-5990, fax 519-439-6037, email [peter.metelnick@sympatico.ca](mailto:peter.metelnick@sympatico.ca)  
4 wall – 64 count line dance

Music: Angelina – Lou Bega (start on vocals)  
If I Said You Had A Beautiful Body (Would You Hold It Against Me) – Bellamy Brothers  
(dance mix) (start on vocals), from the CD Dancin'  
Brown Sugar – Collin Raye (start on vocals), from the CD Stone Country

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- 1-8 Side together, R side triple, L forward rock & recover, ½ L turning triple**  
1-2 Step right foot to right side, step left foot together  
3&4 Step right foot to right side, step left foot together, step right foot to right side  
5-6 Rock left foot forward, recover weight on right foot  
7&8 Turning ½ left step left foot forward, step right foot together, step left foot together
- 9-16 Side together, R side triple, L forward rock & recover, ¼ L turning triple**  
1-6 Repeat counts 1-6  
7&8 Turning ¼ left step left foot forward, step right foot together, step left foot forward
- 17-24 R forward turning ½ L, L kick, L coaster step, R forward, L touch together, L side mambo**  
1-2 Step right foot forward turning ½ LEFT, kick left foot forward  
3&4 Step left foot back, step right foot together, step left foot forward  
5-6 Step right foot forward, touch left toes together  
7&8 Rock left foot to left side, recover weight on right foot, touch left toes together
- 25-32 L box with ¼ L turn**  
1-2 Step left foot to left side, step right foot together  
3&4 Step left foot forward, step right foot together, step left foot forward  
5-6 Step right foot to right side, turning ¼ left on right foot touch left toes together  
7&8 Step left foot to left side, step right foot together, step left foot to left side
- 33-40 Weave L 2, R sailor step, weave R turning ½ L, L side triple**  
1-2 Cross step right foot over left, step left foot to left side  
3&4 Cross step right foot behind left, step left foot to left, step right foot right  
5-6 Cross step left foot over right, turn ½ left on right foot while lifting left foot  
7&8 Step left foot to left side, step right foot together, step left to left side
- 41-48 Full turn L travelling L, R crossing triple, L side rock & recover, L crossing triple**  
1-2 Cross step right foot over left turning ½ left, complete full turn left pivoting ½ left on right foot and stepping left foot to left side  
3&4 Cross step right foot over left, step left foot together, cross step right foot over left  
5-6 Rock left foot to left side, recover weight on right foot  
7&8 Cross step left foot over right, step right foot together, cross step left foot over right
- 49-56 R side step & L touch, ¼ L turning triple, R rock back & recover, R forward triple**  
1-2 Step right foot to right side, touch left foot together  
3&4 Turning ¼ left step left foot forward, turning ½ left step right foot back, step left foot together  
5-6 Rock right foot back, recover weight on left foot  
7&8 Step right foot forward, step left foot together, step right foot forward
- 57-64 L forward turning ½ R, R kick, R coaster step, L forward, R touch together, R side mambo**  
1-2 Step left foot forward turning ½ RIGHT, kick right foot forward  
3&4 Step right foot back, step left foot together, step right foot forward  
5-6 Step left foot forward, touch right toes together  
7&8 Rock right foot to right side, recover weight on left foot, touch right toes together

Begin again