

**All confessions are anonymous.**

There are those that may contain  
ideas or words offensive to some.  
Confessions are as we see ourselves.  
It is not always pretty, but it is often  
illuminating.

## **The Best Of Not Proud.**

Year One

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## **Introduction.**

It was a year ago that it came to us, one strangely compelling question: what if the world confessed?

The answer so far has been intriguing, disturbing, enlightening, unsettling and illuminating.

Millions of clicking fingers have attested to the fact that we have a desire to say what we cannot openly say to others and a need to hear what others cannot tell us. Not Proud has managed to shine a spotlight into the many corners of our collective psyche.

**The Best Of Not Proud: Year One** spans the spectrum from the whimsical to the wanton, from the mundane to the murderous. You may find yourself in this collection, either through your exact words or through the feeling that someone else out there has travelled down the very same path.

Enjoy the read, the book is still being written.

Notproud.com co-founders  
Scott Huot & GW Brazier

**Pride.**

01/18/2001 at 03:51:44

I look at myself in the mirror. Way too often.

09/15/2000 at 12:38:57

I was having dinner at my parents house the other day and I just snapped. I destroyed my high school grad photo. It's been the cause of far too many embarrassing situations. My mom was really hurt, my dad was pissed and I cut my hand on the glass but man was it worth it. I couldn't stand to see that naturally feathered hair, parted down the middle, any damn longer.

11/23/2000 at 13:29:49

I can't even leave the house to buy a carton of milk without getting all teased and made-up. Then I spend close to an hour each night removing all the crap. I hate the routine but you never know who might be looking.

09/02/2001 at 03:14:58

I'm proud that I'm a lot better looking than my best friend. Then again, a lot of people are.



09/15/2000 at 14:21:58

So convinced of my own insight, my lofty paradigm,  
I cast her, the finest, away. 'Not a whole person'  
I called her. But now I wear the gaping hole. Dumb  
fuck.

11/01/2000 at 15:57:52

If I walk up to a urinal to take a leak and there's a guy at the urinal next to me I'll make sure to pee into a hole in the bottom of the urinal so my pee sounds louder and it seems like I have a bigger cock. That's just what I do.

10/10/2000 at 14:22:00

I know that working at a fast food restaurant isn't the best job in the world, but if some fuck head tries to talk down to me, I'll put pubes in his meal.

12/18/2000 at 01:30:53

I can only be friends with girls who are uglier than me. I hate competition.

04/02/2001 at 15:19:07

I am too proud to talk to my therapist. As stupid as it sounds, I don't want her to think that I'm f\*cked up... I care what she thinks of me. Why the hell am I paying \$80 a session then? I want someone to care but I don't want them to think I'm weak... god how pathetic.

01/14/2001 at 16:18:49

The only person that had sexier eyebrows than me  
was Elvis. And he's dead.

**Envy.**

10/12/2000 at 17:46:04

I envy all those who walk up to beautiful women . . .  
and walk away with them.



11/10/2000 at 21:50:45

I envy everyone who has a great body and never has to work for it. May syphilis be in your near future, dear friends.

12/15/2000 at 22:18:01

I envy mean guys, because nice guys finish last, and the race just started.

10/05/2000 at 00:53:59

If I see a nice-looking girl out with a guy who is obviously her lover, a tiny voice in my head screams, "If you beat up the guy, the girl's yours." I blame the brain-stem. I think it's got old-fashioned ideas.

10/16/2000 at 17:11:00

I measure my accomplishments in the weaknesses  
and failures of others.

02/03/2001 at 19:12:23

It's an upper-middle class notion if there ever was one, but I occasionally envy white trash. I want to drink, fuck and fight with no moral qualms. I hate feeling guilty about every single thing I do.

02/06/2001 at 04:36:51

I envy the innocence and ignorance of babies. One time when I was 7, I watched my 8 month old brother sleeping quietly, and I slapped him, just so he would need me.

07/25/2001 at 11:11:04

I am envious of my sister because she died and everyone loves her more now than ever and they only pity me for having to live without her.

03/08/2001 at 12:15:23

The sun will rise soon and a new day will begin but not for me. In my life the sun never rises, only darkness falls around me. Morning turns to night, hours drift by without any change, without any light, without any hope. Tears stream down my face and I'm left to wonder what will happen next to me, my uneasiness leads to fear. I'm apprehensive of my future, I'm not sure I have one. I envy all those who have the courage to leave an abusive relationship.



10/16/2000 at 17:28:08

I envy everyone that has someone.

**Sloth.**

01/22/2001 at 18:50:50

I bought a gym membership and paid 12 months ahead. I went twice. I feel like it would be fun to go and check out the girls asses, but I can't seem to get off my own ass.

12/25/2000 at 23:41:27

I was supposed to bring my fish home from college during the Xmas break, but I was so lazy that I just flushed them and told everybody they died of mysterious circumstances in transit.

10/04/2000 at 12:43:57

Sometimes I pee into a 2-liter bottle when I'm in bed and getting up is just... not... an... option.

10/04/2000 at 19:40:54

Somedays I can't even get outta bed in the morning for my easy job. Then I remember I wouldn't enjoy staying home either.

10/05/2000 at 17:09:45

My parents are paying for me to go to college, but the only thing is, I haven't been enrolled for the past two years. All I do is play video games and get fucked up all day. I just finished jerking off to a 12:00 showing of Murder She Wrote, which is a daily ritual.

01/15/2001 at 17:59:44

Today at the office I wanted to staple something, but the electric stapler was unplugged. I could see the plug sitting there at the base of the wall. But instead of bending over to plug it in, I went around to other people's offices asking if they had a stapler I could use, and bitching about how mine was broken. Then I got someone else to staple the damn thing.



02/21/2001 at 17:33:21

Sleep is my best friend and my worst enemy.

05/04/2001 at 18:48:05

My therapist told me a way to achieve inner peace was to finish things I had started. Today I finished two bags of potato chips, a chocolate cake and a porn video that has been sitting inside my VCR for two weeks. I feel better already.

03/13/2001 at 13:32:14

I never feel like I'm doing as much as I should be. I read all these autobiographies of rich, successful go-getters and they are always so much more driven than me. I wonder if you can fake drive like that, or if it's something you're born with?

03/08/2001 at 13:45:15

Once I slept for, like, 5 days straight and missed a week of class, so my mom took me to the doctor because she thought I had mono. The doctor's official diagnosis was that I'm just a lazy piece of shit.

**Gluttony.**

10/09/2000 at 14:18:06

I once ate a skittle I found behind the toilet because  
it was a green one.

09/10/2000 at 13:29:58

My favorite style of cuisine is buffet style - all you can eat. I set a mark of three full plates and I keep going until it's done. Feeling full isn't good enough for me. I just love to feast.

10/18/2000 at 04:30:54

i am a male bulimic and i do not know how to ask for help. i am ashamed because it is a disease of women.



12/28/2000 at 15:49:33

I am more than an alcoholic, I am some kind of sick  
vodka-drinking-orgy pervert.

10/13/2000 at 15:00:08

I'm on a diet so I haven't been eating fast food but yesterday when no one was looking, I fished through the garbage and found half a Big Mac that my secretary threw away and I wolfed it down by the water cooler. Later, I heard her trying to find it to feed a colleague's dog, which is pretty gross anyway, and she was like, "That's weird, what happened to it?"

02/13/2001 at 13:28:32

I have the number for the Girl Scout Cookie council  
programmed into my cell phone.

02/27/2001 at 19:14:28

i ate too much. so i made myself sick. that made my  
nose bleed. so i let it. i stood there bent over,  
vomiting and letting my nose bleed at the same time.  
nice huh?

06/20/2001 at 03:34:41

I love to drink, and I love to play classical guitar.  
Unfortunately the two cannot co-exist. It is a very sad  
thing.

10/16/2000 at 23:54:47

I just put on my favorite coat from last year to walk the dog in the cold. I found a pack of crackers and cheese which were in the pocket from last March. They were good... aged cheese, you know.

01/12/2001 at 01:42:12

I eat because I'm unhappy, and I'm unhappy because  
I eat.

**Greed.**



02/22/2001 at 12:37:43

Whatever gets me what I want is good. Cheating,  
lying and stealing are my tools.

10/04/2000 at 17:05:40

when i was 18, my dad was passed out drunk. i was so mad i took money from him. a lot of money. like \$700. there's no telling how far that set him back. i've been guilty about it all these years, but i was so mad at him, i wanted to punish him.

12/07/2000 at 13:47:48

Whenever somebody gives me too much change  
back, I never tell them. Ever.

12/14/2000 at 08:12:28

I've started working in an old folks home for the sole purpose of getting my name into their wills. I am a horrible person but can't help myself.

09/11/2000 at 19:39:44

Sometimes I have people over for dinner. When it comes time to serve the food I always serve myself just a little bit more. I don't why. I just have to have the most.

10/26/2000 at 17:48:22

I make sure I'm the banker in Monopoly so I can snag some 100's.

02/23/2001 at 14:35:51

My fave hobby is trying to steal other women's  
boyfriends. My friend got herself a new boyfriend -  
it was my brother.

11/23/2000 at 13:40:32

The holidays are approaching. My give and get ratio is about 1:10. I'm a cheap fuck who enjoys receiving gifts. "It's the thought that counts". I love the person who first said that.



10/05/2000 at 01:32:33

I worked in the business of a friend for years and stole from him daily.

03/12/2001 at 03:15:12

I fantasize about grave robbing. A lot of digging, I know, but there is a lot of good, antique jewelry buried beneath the ground, and I want at it. Countless millions worth!

**Lust.**

10/13/2000 at 17:18:12

I cheated on my boyfriend and I slept with a friend's husband. He needed it, I needed it, and better he be with me than some stranger. No one need know. It was just one night. But the thought has crossed my mind... "his wedding ring has been inside of me".

10/05/2000 at 14:48:08

I walked up to a woman and said, " Would you like to fuck?" She paused and then said "yes". I was so surprised that I had to walk away quickly despite the fact that I wanted to fuck her.

01/25/2001 at 19:44:43

I am 20 years old and my neighbor has a lot of money. I give him blowjobs for cash. He is 80 years old and when he doesn't cum right away I tell him he did. He don't remember because he has alzheimers.

11/10/2000 at 15:33:15

Sometimes when my wife leaves the house, I put on her bra and panties and masturbate to pictures of her family.

10/18/2000 at 17:12:44

i was 17 and my sister was 11. i had oral sex with her.  
now she has anorexia and my parents, whom she  
told about what happend, blaim me. i don't leave  
wizh my parents any more.



10/08/2000 at 15:13:53

I am usually only attracted to married men and priests. I didn't ask for it to be this way, that's just the way it is. I also ran over a dog once.

10/11/2000 at 15:40:41

My friends and I bet for a free bar bill who can fuck the most overweight women when we go out. It is not my fault that I always drink for free. They need to learn to bite the bullet and close their eyes.

10/04/2000 at 23:49:38

I filled up my four-gig hard drive with porn pictures.  
Mostly of pregnant ethnic women.

10/04/2000 at 17:31:06

I have prayed to God to forgive me. I have let my 2-3 year old daughter watch movies downstairs unsupervised while I downloaded porn upstairs and jerked off. I am deeply ashamed that I behaved so horribly. Heaven help me.

10/08/2000 at 00:53:17

i love my wife... but i would love to fuck her sister.

**Anger.**

10/12/2000 at 17:28:17

I find violence more and more appealing as a way to solve petty differences and problems.

02/02/2001 at 15:56:27

I was irritated by hosts at a party, for no very good reason. While taking a pee, I noticed toothbrushes in a holder. I stuck one up my ass bristle first and returned it to the holder. Fight cavities with cavities.



10/12/2000 at 09:30:41

I was so angry in traffic this morning, that I wished that there were limbs or something scattered all over the road to explain the congestion.

10/10/2000 at 22:15:34

I'd like to have an all out cat fight with the no good slut bitch my ex is going to marry... not because I want him back but because she tells my kids I am a sinner because I don't dress them like queers.

03/17/2001 at 17:42:48

I got raped by 4 guys when I was 14yrs. I just found out, nine years later, one is in jail for life, 2 are dead and the other is suffering from heroin addiction. That put a permanent smile on my face.

10/04/2000 at 20:44:54

I put poison ivy on my ex-husband's underwear so he would think he had a disease.

05/08/2001 at 22:27:06

I get so angry I go to down to my basement and pick up my 15lb sledge hammer and slam away at an old safe I got. I know there's something in it. I can hear it whenever I tilt it to one side. That pisses me off even more. After about 10 minutes of intense slamming, whatever I was angry about in the first place is replaced with the anger in trying to get that FUCK-ING SAFE OPEN!!!

10/20/2000 at 15:08:30

When I strike out, I go ape-shit. But when I pop-up to the catcher, if I had a gun, I'd blow his fucking brains out!

10/06/2000 at 19:04:55

Somebody ate my lunch today - right out of the fridge at work. Unfortunately for that sorry bastard somebody's been stealing my lunch a lot. And today, whoever stole my lunch had a catfood sandwich! Ha, ha, ha! You freakin' loser. How was is?! Good, I hope! I think it was my boss.

10/16/2000 at 22:29:46

I hate the knot that lives in my stomach, and I hate  
the bitch who put it there.



**Misc.**

10/08/2000 at 11:34:05

i like to sing in my living room like i'm in front of a  
bunch of people.

06/26/2001 at 11:39:52

Whenever I see a dead pigeon or other bird, I like to pick it up and give it a proper burial. Sometimes I cremate them.

12/07/2000 at 19:51:41

After I have oral sex with my girlfriend, I enjoy smelling her vagina on my breath. Someone should write a song about that.

10/18/2000 at 22:08:33

My father died of mercury poisoning when I was 13. I never told anybody but I was putting traces of mercury in his food, as an experiment, although I had nothing against him, personally. I feel so ashamed and dirty I want to be fucked in the ass and catch AIDS and die. I am working on it every night, down at the skid row porno shop district, is where you will find me...

01/18/2001 at 15:53:47

I have hair on my back and in this country/society  
that feels worse than being a serial rapist, nazi, child  
killer, child actor.

11/28/2000 at 18:41:22

One time I farted in a jar of pennies. I placed the lid back on and waited a few minutes. Then I took the lid off and inhaled deeply. It smelled like fart mixed with metal. I giggled for close to 5 minutes. I'm 25 years old and possess a high degree of intelligence.

10/11/2000 at 21:03:23

I dont like people to hear me pee... so i hold the toilet paper near til i'm done and no one hears!



10/04/2000 at 15:32:08

One time my grandmother got up from her chair and  
I smelled the cushions.

10/09/2000 at 11:41:55

Years ago, I would smear grape jelly on my balls. My beloved Rufus, a Springer Spaniel, would gently lick them clean. He passed several years ago and I miss him.

10/13/2000 at 14:46:10

I take a sick pleasure in reading other peoples  
miseries.

00/00/0000 at 00:00:00

End of confessions.