



Feel The Rush

Script approved by

Dee Musk
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STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 & 1 - 2 3 & 4 & 5 & 6 & 7 & 8	Ball Cross 1/4 Turn, 1/4 Turn Hip Bumps, Syncopated Weave, Heel Spits. Step left beside right. Cross right over left. Step left 1/4 turn left. Make 1/4 turn left stepping right to right side bumping hips - Right Left Right. Step left beside right. Cross right over left. Step left to left side. Cross right behind left. Step left to left side. Step right in front of left. Split heels out. Bring heels in.	& Cross Turn Turn Bump Bump & Cross & Behind & Step Heel Split	Turning left Left On the spot
Section 2 & 1 & 2 & 3 & 4 & 5 - 6 7 & 8	Hitch Coaster, Side Switches, Ball Cross 1/4 Turn, Step 1/2 Pivot Step Touch. Hitch right knee. Step back right. Step left beside right. Step forward right. Step left beside right. Touch right to right side. Step right beside left. Touch left to left side. Step left beside right. Cross right over left. Step left 1/4 turn left. Step forward right. Pivot 1/2 turn left. Touch right beside left.	Hitch Coaster Step & Right & Left & Cross Turn Step Pivot Touch	On the spot Turning left
Section 3 1 - 2 3 & 4 5 6 7 & 8	Walk Forward, Rock forward, Step Back, Full Turn Back, Left Lock. Walk forward - Right, Left. (with attitude) Rock forward on right. Rock back onto left. Step back right. Make 1/2 turn left stepping forward onto left. Make 1/2 turn left stepping back onto right. Step forward left. Lock right behind left. Step forward left.	Right Left Forward & Back Turn Turn Left Lock Step	Forward On the spot Turning left Forward
Section 4 1 - 2 3 & 4 & 5 - 6 7 & 8	1/4 Turn Skates, Crossing Heel Jack, Cross 3/4 Unwind, Kick Ball Step. Make 1/4 turn right and skate right foot. Then skate left foot. Cross right over left. Step left to left side. Touch right heel forward. Step right beside left. Cross left over right. Unwind 3/4 turn right. (weight on left) Kick right forward. Step right beside left. Step forward left.	Turn Skate Cross & Heel & Cross Unwind Kick Ball Step	Turning right On the spot Turning right Forward
Section 5 1 - 2 3 & 4 5 & 6 7 & 8 Restart:-	Step 1/2 Pivot, 1/4 Turn Rock Cross, Side Rock Cross, Chasse Right. Step forward right. Pivot 1/2 turn left. Make 1/4 turn left and rock right out to right side. Rock onto left in place. Cross right over left. Rock to left side on left. Rock onto right in place. Cross left over right. Step right to right side. Close left beside right. Step right to right side. Restart:- During 2nd wall restart dance from beginning at this point.	Step Pivot Turn Rock Cross Left Rock Cross Side Close Side	Turning left On the spot Right
Section 6 1 2 3 & 4 5 & 6 & 7 & 8	1/4 Turns Left x 2, Sailor Step, Gallop Full Turn Right. Make 1/4 turn left stepping left to left side. Make 1/4 turn left stepping right to right side. Cross left behind right. Step right to right side. Step left to left side. Step right 1/4 turn right. Step onto ball of left behind right. Step right 1/4 turn right. Step onto ball of left behind right. Step right 1/4 turn right. Step onto ball of left behind right. Make 1/4 turn right stepping right beside left. (weight ends on right)	Turn Turn Sailor Step Turn & 6 & 7 & 8	Turning left On the spot Turning right

INTERMEDIATE

2 Wall Line Dance:- 48 Counts. Intermediate.

Choreographed by:- Dee Musk (UK), April 2003.

Choreographed to:- 'Feel The Rush' by Liberty X from Thinking It Over album (32 count intro).

Music suggestion:- 'Ribbon Of Highway' by Scooter Lee (when using this track no restarts are required).

Choreographers Note:- When using Liberty X track this dance requires a restart during 2nd Wall.

Dance to step 40 (end of Sec 5) then start again from beginning.