## Fifth Annual Allstate "Retirement Reality Check" Mini Executive Summary (You Are What (and How) You Save)

Allstate's "Retirement Reality Check" survey is an annual review of Americans' attitudes about, and savings for, retirement. The 2005 survey shows that Americans save well, given their resources. In the Allstate survey, the generations were defined as: Baby Boomers, born 1946-1964; and Generation X, born 1965-1978.

Here are the survey questions and responses used in this report.
(NOTE: Some responses will not add up to $100 \%$ because of "don't know" and "won't answer" responses)
(NOTE: Actions taken are only one factor in determining personalities; attitudes also are factored in)

## Question:

Which is your age group?

|  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Green: <br> Confident <br> Planners | Blue: <br> Concerned <br> Managers | Yellow: <br> Optimists | Orange: <br> Impulsive <br> Worrier | Red: Realists |
| $\mathbf{2 5}$ to $\mathbf{3 4}$ | $21 \%$ | $25 \%$ | $24 \%$ | $40 \%$ | $30 \%$ |
| $\mathbf{3 5}$ to $\mathbf{4 4}$ | $32 \%$ | $33 \%$ | $26 \%$ | $34 \%$ | $32 \%$ |
| $\mathbf{4 5}$ to $\mathbf{5 4}$ | $32 \%$ | $28 \%$ | $39 \%$ | $20 \%$ | $29 \%$ |
| $\mathbf{5 5}$ to $\mathbf{5 9}$ | $15 \%$ | $13 \%$ | $12 \%$ | $7 \%$ | $9 \%$ |

Question:
Are you very or somewhat concerned about the following?

|  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Green: <br> Confident <br> Planners | Blue: <br> Concerned <br> Managers | Yellow: <br> Optimists | Orange: <br> Impulsive <br> Worrier | Red: Realists |
| Financing <br> Retirement | $13 \%$ | $81 \%$ | $20 \%$ | $86 \%$ | $78 \%$ |
| Terrorism | $52 \%$ | $61 \%$ | $42 \%$ | $66 \%$ | $54 \%$ |
| Family | $33 \%$ | $51 \%$ | $25 \%$ | $55 \%$ | $49 \%$ |
| Current <br> Finances | $3 \%$ | $46 \%$ | $8 \%$ | $71 \%$ | $70 \%$ |
| Getting into <br> an Accident | $19 \%$ | $44 \%$ | $23 \%$ | $43 \%$ | $34 \%$ |
| Health | $15 \%$ | $37 \%$ | $19 \%$ | $43 \%$ | $37 \%$ |
| Death | $11 \%$ | $27 \%$ | $10 \%$ | $35 \%$ | $25 \%$ |
| Career | $6 \%$ | $35 \%$ | $11 \%$ | $24 \%$ | $33 \%$ |

## Question:

What color of retirement preparedness are you?

|  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Green: <br> Confident <br> Planners | Blue: <br> Concerned <br> Managers | Yellow: <br> Optimists | Orange: <br> Impulsive <br> Worrier | Red: Realists |
| TOTAL | $20 \%$ | $27 \%$ | $19 \%$ | $21 \%$ | $13 \%$ |

## Question:

What color of retirement preparedness are you by gender?

|  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Green: <br> Confident <br> Planners | Blue: <br> Concerned <br> Managers | Yellow: <br> Optimists | Orange: <br> Impulsive <br> Worrier | Red: Realists |
| Male | $21 \%$ | $24 \%$ | $19 \%$ | $18 \%$ | $13 \%$ |
| Female | $16 \%$ | $26 \%$ | $18 \%$ | $22 \%$ | $11 \%$ |

Question:
Do the following statements describe you very well or somewhat well?

|  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Green: <br> Confident <br> Planners | Blue: <br> Concerned <br> Managers | Yellow: <br> Optimists | Orange: <br> Impulsive <br> Worrier | Red: Realists |
| Disciplined | $99 \%$ | $97 \%$ | $82 \%$ | $82 \%$ | $62 \%$ |
| Educated <br> yourself <br> about <br> investing | $96 \%$ | $88 \%$ | $58 \%$ | $49 \%$ | $59 \%$ |
| Concerned <br> about the <br> future | $43 \%$ | $92 \%$ | $38 \%$ | $93 \%$ | $80 \%$ |
| Don't like to <br> wait to get the <br> things you <br> want | $16 \%$ | $21 \%$ | $26 \%$ | $71 \%$ | $42 \%$ |

## Question:

Do you strongly or somewhat agree with the following statements?

|  | Green: Confident Planners | Blue: <br> Concerned Managers | Yellow: Optimists | Orange: Impulsive Worrier | Red: Realists |
| :---: | :---: | :---: | :---: | :---: | :---: |
| You often regret things you buy | 9\% | 20\% | 10\% | 43\% | 16\% |
| You buy things to make yourself feel better when you are upset | 13\% | 17\% | 17\% | 36\% | 26\% |
| You invest tax refunds and unanticipated gifts | 81\% | 64\% | 26\% | 32\% | 12\% |
| You always pay off your credit card bills every month | 92\% | 94\% | 73\% | 34\% | 39\% |
| You consider yourself a good saver | 99\% | 98\% | 79\% | 58\% | 34\% |
| You balance your checkbook regularly | 89\% | 88\% | 79\% | 79\% | 54\% |
| You have and generally stick to a budget | 94\% | 91\% | 85\% | 93\% | 25\% |
| You save something each pay period | 97\% | 93\% | 85\% | 66\% | 60\% |
| You frequently shop around for the best deal | 93\% | 93\% | 93\% | 88\% | 87\% |

Question:
When you think about retirement as a time in your life, which of the following best describes how you feel?

|  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Green: <br> Confident <br> Planners | Blue: <br> Concerned <br> Managers | Yellow: <br> Optimists | Orange: <br> Impulsive <br> Worrier | Red: Realists |
| Eagerly <br> await(ed) | $24 \%$ | $15 \%$ | $18 \%$ | $13 \%$ | $9 \%$ |
| Think you will <br> enjoy it <br> (thought you <br> would) | $43 \%$ | $28 \%$ | $37 \%$ | $23 \%$ | $17 \%$ |
| Look(ed) <br> forward with <br> some <br> apprehension | $29 \%$ | $48 \%$ | $37 \%$ | $50 \%$ | $57 \%$ |
| Something <br> you dread(ed) | $2 \%$ | $7 \%$ | $5 \%$ | $14 \%$ | $15 \%$ |

## Question:

When you think about retirement as a time in your life, which of the following best describes how you feel?

|  | Yellow: <br>  <br> Green: <br> Confident <br> Planners |  |  |  | Blue: <br> Concerned <br> Managers |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Optimists <br> Impulsive <br> Worrier | Red: Realists |  |  |  |  |
| Being able to <br> live <br> comfortably <br> throughout <br> your <br> retirement | $98 \%$ | $99 \%$ | $96 \%$ | $98 \%$ | $97 \%$ |
| Spending <br> more time on <br> hobbies or <br> continuing <br> education | $86 \%$ | $86 \%$ | $73 \%$ | $78 \%$ | $76 \%$ |
| Volunteering <br> or pursuing a <br> cause that <br> you believe in | $83 \%$ | $83 \%$ | $71 \%$ | $78 \%$ | $70 \%$ |
| Traveling | $80 \%$ | $79 \%$ | $69 \%$ | $78 \%$ | $78 \%$ |

## Question:

When you think about retirement as a time in your life, which of the following best describes how you feel?
(Continued)

|  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | Green: <br> Confident <br> Planners | Blue: <br> Concerned <br> Managers | Yellow: <br> Optimists | Orange: <br> Impulsive <br> Worrier | Red: Realists |
| Being able to <br> leave an <br> inheritance to <br> your heirs | $69 \%$ | $74 \%$ | $61 \%$ | $78 \%$ | $65 \%$ |
| Just relaxing <br> and not <br> having <br> anything to <br> do | $54 \%$ | $57 \%$ | $54 \%$ | $65 \%$ | $67 \%$ |
| Retiring early | $59 \%$ | $5 \%$ | $40 \%$ | $52 \%$ | $48 \%$ |
| Buying a <br> second home <br> or vacation <br> home | $32 \%$ | $25 \%$ | $18 \%$ | $20 \%$ | $27 \%$ |

## Question:

By not currently saving more for retirement, do you think you are at risk of the following?

|  | {$\begin{array}{c}\text { Yellow: } \\ \\$ |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| \end{array} $\begin{array}{c}\text { Green: } \\ \text { Confident } \\ \text { Planners }\end{array}$} | $\begin{array}{c}\text { Orange: } \\ \text { Concerned } \\ \text { Managers }\end{array}$ |  |  |  |
| Optimists | Red: Realists |  |  |  |
| Worrier |  |  |  |  |$]$

Question:
Which of the following have you (or your spouse) done to prepare for retirement?

|  | Green: Confident Planners | Blue: Concerned Managers | Yellow: Optimists | Orange: Impulsive Worrier | Red: Realists |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Educate yourself on the different savings options available | $\begin{gathered} 91 \% \\ \mathrm{X} \end{gathered}$ | $\begin{gathered} 84 \% \\ X \end{gathered}$ | $\begin{gathered} 72 \% \\ \mathrm{X} \end{gathered}$ | $\begin{gathered} 59 \% \\ X \end{gathered}$ | $\begin{gathered} 51 \% \\ \times \end{gathered}$ |
| Monitor your savings and investments to determine the appropriate investment choices given the time you have (had) left before retirement | $\begin{gathered} 92 \% \\ \mathrm{X} \end{gathered}$ | $\begin{gathered} 77 \% \\ X \end{gathered}$ | $\begin{gathered} 61 \% \\ X \end{gathered}$ | $\begin{gathered} 52 \% \\ \times \end{gathered}$ | 41\% |
| Discuss with your spouse how you want(ed) to spend your retirement / considered how you want(ed) to spend your retirement | $\begin{gathered} 85 \% \\ \mathrm{X} \end{gathered}$ | $\begin{gathered} 70 \% \\ \times \end{gathered}$ | $\begin{gathered} 61 \% \\ X \end{gathered}$ | $\begin{gathered} 58 \% \\ \mathrm{X} \end{gathered}$ | 44\% |
| Decide which savings vehicles will (would) help you save more for retirement | $\begin{gathered} 87 \% \\ X \end{gathered}$ | $\begin{gathered} 77 \% \\ X \end{gathered}$ | $\begin{gathered} 60 \% \\ X \end{gathered}$ | 40\% | 43\% |
| Estimate how much you will (would) receive in retirement from social security and your employer-sponsored retirement plan, if you have (had) one | $\begin{gathered} 77 \% \\ \mathrm{X} \end{gathered}$ | $\begin{gathered} 68 \% \\ \mathrm{X} \end{gathered}$ | $\begin{gathered} 59 \% \\ \mathrm{X} \end{gathered}$ | $\begin{gathered} 53 \% \\ \mathrm{X} \end{gathered}$ | 39\% |
| Work with a financial professional to ensure your insurance needs are (were) adequate and keeping up with the changes in your life | $\begin{gathered} 65 \% \\ \mathrm{X} \end{gathered}$ | $\begin{gathered} 61 \% \\ \mathrm{X} \end{gathered}$ | 46\% | 40\% | 36\% |
| Determine how much money you need to save (needed to save) by the time you retire | $\begin{gathered} 73 \% \\ X \end{gathered}$ | $\begin{gathered} 57 \% \\ \times \end{gathered}$ | 43\% | 35\% | 24\% |
| Determine whether you have (had) prepared for life's unexpected events in your retirement planning | $\begin{gathered} 72 \% \\ X \end{gathered}$ | $\begin{gathered} 57 \% \\ \times \end{gathered}$ | 42\% | 28\% | 24\% |
| Educate yourself on how to pay for long-term health care | $\begin{gathered} 69 \% \\ \mathrm{X} \end{gathered}$ | 48\% | 42\% | 32\% | 27\% |
| Determine how much you will (would) spend each year on your retirement lifestyle | 43\% | 32\% | 22\% | 18\% | 6\% |

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## Question:

What was the highest grade of school or year of college that you completed?

|  | Yellow: <br>  <br> Green: <br> Planfident |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Orange: <br> Concerned <br> Managers | Optimists <br> Wpulsive <br> Worrier | Red: Realists |  |  |  |
| Eighth grade <br> or less | $1 \%$ | $1 \%$ | $1 \%$ | $3 \%$ |  |
| Some high <br> school | $3 \%$ | $4 \%$ | $4 \%$ | $6 \%$ | $4 \%$ |
| High school <br> graduate | $29 \%$ | $35 \%$ | $44 \%$ | $45 \%$ | $27 \%$ |
| Some college <br> / trade school <br> or business <br> school | $24 \%$ | $26 \%$ | $24 \%$ | $28 \%$ | $40 \%$ |
| College <br> graduate | $24 \%$ | $18 \%$ | $15 \%$ | $12 \%$ | $17 \%$ |
| Post graduate <br> study | $20 \%$ | $15 \%$ | $12 \%$ | $8 \%$ | $9 \%$ |

## Question:

Thinking about your financial assets, all of your savings and investments, not including the home in which you live, what would you estimate your financial assets to be?

|  | Green: <br> Confident Planners | Blue: Concerned Managers | Yellow: Optimists | Orange: Impulsive Worrier | Red: Realists |
| :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { Less than } \\ & \$ 10,000 \end{aligned}$ | 2\% | 9\% | 7\% | 14\% | 21\% |
| $\$ 10,000$ to less than \$25,000 | 6\% | 8\% | 11\% | 26\% | 16\% |
| $\begin{aligned} & \$ 25,000 \text { to } \\ & \text { less than } \\ & \$ 50,000 \end{aligned}$ | 10\% | 12\% | 14\% | 18\% | 20\% |
| $\$ 50,000$ to less than \$75,000 | 12\% | 13\% | 11\% | 13\% | 13\% |
| \$75,000 to less than \$100,000 | 10\% | 10\% | 13\% | 9\% | 14\% |
| $\begin{aligned} & \$ 100,000 \text { to } \\ & \text { less than } \\ & \$ 250,000 \end{aligned}$ | 22\% | 26\% | 21\% | 15\% | 10\% |
| \$250,000 to less than \$500,000 | 19\% | 13\% | 13\% | 4\% | 1\% |
| \$500,000 to less than \$1 million | 10\% | 6\% | 8\% | 1\% | 3\% |
| \$1 million or more | 8\% | 3\% | 2\% | 1\% | *\% |

## Question:

What was your total household income, before taxes, in 2004?

|  | Blue: <br> Confident <br> Planners |  |  |  | Yellow: <br> Concerned <br> Managers |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Optimists | Orange: <br> Impulsive <br> Worrier | Red: Realists |  |  |  |
| \$20,000 to <br> less than <br> $\$ 35,000$ | $* \%$ | $1 \%$ | $1 \%$ | $2 \%$ | $2 \%$ |
| $\$ 35,000$ to <br> less than <br> $\$ 45,000$ | $5 \%$ | $17 \%$ | $17 \%$ | $18 \%$ | $27 \%$ |
| $\$ 45,000$ to <br> less than <br> $\$ 55,000$ | $11 \%$ | $15 \%$ | $9 \%$ | $20 \%$ | $18 \%$ |
| $\$ 55,000$ to <br> less than <br> $\$ 65,000$ | $11 \%$ | $9 \%$ | $14 \%$ | $15 \%$ | $13 \%$ |
| $\$ 65,000$ to <br> less than <br> $\$ 75,000$ | $8 \%$ | $12 \%$ | $11 \%$ | $14 \%$ | $8 \%$ |
| $\$ 75,000$ to to <br> less than <br> $\$ 85,000$ | $11 \%$ | $7 \%$ | $11 \%$ | $8 \%$ | $11 \%$ |
| $\$ 85,000$ to <br> less than <br> $\$ 100,000$ | $13 \%$ | $10 \%$ | $9 \%$ | $8 \%$ | $8 \%$ |
| $\$ 100,000$ to <br> less than <br> $\$ 150,000$ | $24 \%$ | $23 \%$ | $19 \%$ | $11 \%$ | $11 \%$ |
| $\$ 150,000$ or <br> more | $17 \%$ | $6 \%$ | $9 \%$ | $4 \%$ | $2 \%$ |

Allstate created the fifth annual "Retirement Reality Check" survey in conjunction with Mathew Greenwald \& Associates. Using a random digit dialing methodology, Greenwald \& Associates polled 1,601 people born between 1946 and 1978, with household incomes of $\$ 35,000$ or more. Retirees were accepted with incomes of at least $\$ 20,000$. The margin of error (at the 95 percent confidence level) for the total number of respondents in this study is $\pm 2.5$ percent, $\pm 3.8$ percent for information specific to Gen Xers, $\pm 4.5$ percent for Baby Boomers.


[^0]:    * $X$ Means at least 50 percent of the group have taken this step. *

