# Cable Twist Throw

A fast and easy knit afghan.

Uses Knitting Worsted Yarn



# Sandy's Needle Nook

612 George Street, Port Stanley, Ontario N5L 1H4 www.needlenook.on.ca

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#### **MATERIALS**

Knitting Worsted100g ball

8 balls of various colours

Sizes 4 1/2mm (U.S. 8) knitting needles or size needed to obtain tension.

Cable stitch needle.

## **TENSION**

Size: Approximately 48" x 60"

Each strip should measure 6 inches in width.

5 garter st rows (3 ridges) = 1 inch

#### **INSTRUCTIONS**

#### Pattern Stitch

**Rows 1 & 5**: K4, P1, K3, P1, K6, P1, K3, P1, K4.

Rows 2, 4, 6 & 8: K5, P3, K1, P6, K1, P3, K5.

**Row 3**: K4, P1, yo, sl1, K2tog, psso, yo, p1, sl next 3 sts onto cable needle and hold in FRONT of work, K next 3 sts, K3 sts from cable needle (Cable Twist), P1, yo sl1, K2tog, psso, yo P1, K4.

**Row 7**: K4, P1, yo sl1, k2tog psso, yo, P1, K6, P1, yo sl1, K2tog, psso, yo, P1, K4.

Repeat these 8 rows for pattern stitch.

### **Strip**

Cast on 24 sts. K8 rows (4 ridges) in garter st. Work even in pattern st until 45 cable twists have been completed. K8 rows (4 ridges) in garter st. Cast off loosely. Each ball of yarn makes 1 strip.

# **Finishing**

Sew strips together in any order of colour. Steam lightly.