

Exercise for the Foot 1757

Word Of Command	# Of motions	EXPLANATIONS
Officers take care; or a roll		
Recover your arms; or a flam	2	On this, all the Officers and Sergeants <i>Recover their arms</i> in two motions
To the Right about; or a flam	3	The officers go to the <i>right-about</i> , in three motions; except the Colonel or commanding Officer of the battalion: the Sergeants in the rear, face to the right and left outwards.
March; or, a troop	43	The Officers march together, keeping the same line, and stepping with the same feet, until they are nine paces beyond the rear, except the Colonel or commanding Officer of the battalion, two paces beyond the Major. The sergeants march at the same time as the Officers do; those on the flanks directly forwards, following by those from the rear, until they have passed the line where the major stands, about fifteen paces, then face to the right and left inwards, and marching to each other, divide the length of front equally amongst them; but a Sergeant must remain on the right and left flank of each rank; the youngest Sergeant of the grenadier company having faced to the right, marches to the front, dressing in a line with the rank of Sergeants, but keeping opposite to the center of his own company : the second grenadier Sergeant having faced to the <i>right-about</i> , at the second word of command, marches to the rear, and moves up to the flank of the rear- rank. The Pioneers do not move. The two divisions of Drummers on the right and left of the battalion, and the Musick move directly forward, beat the Troop, till they have passed the line where the Major stands, about six paces; then facing to the right and left inwards, move on till they are directly behind the Major, (the music being in the center:) the grenadiers drummers march forward at the same time, and form on the same line with the other Drummers, but opposite to their own company.
Halt, or flam	3	Upon which all Drummers cease beating. The Officers face to the <i>left-about</i> in three motions; the Sergeants who had halted upon the feet next to the battalion, face upon the feet they halted on; the Drummers and Musick face the battalion in like manner.
Order your arms, or a flam	2	The Officers and Sergeants <i>order their arms</i> in two motions: the Ensigns who carry the colors, are allowed to order or plant them, --- during the manual exercise, but at all other times are to carry them advanced; the grenadiers Officer are likewise permitted to order their fuzees.
Take care to perform the manual exercise; or a ruffle of the Drum		Every soldier will give the greatest attention to the words of command, remaining perfectly silent and steady, not making the least motion with the head, body, feet or hands, but such as shall be ordered; the heels at this time are to be in line, not more than four inches as under, the toes turned out, the shoulders square to the front and kept back; the breast pressed forward, the belly drawn in but without bending; the right hand to the front; the firelock carried on the left shoulder, the barrel outwards; the butt in the left hand, two fingers being under it, the middle-finger just upon the turn or swell, the fore-finger and thumb above the swell, the piece almost up right; the butt flat against the outside of the hip-bone; the lock a little turned up, the guard being just below the left breast, the piece pressed to the body with the ball of the thumb; the head turned a little to the right, except the right-hand man who looks full to the major, or exercising Officer. Great care must be taken not to begin a motion till the word of command or signal on the Drum be ended, and then to be very exact in counting a second of time, or 1, 2 betwixt each motion. The major to exercising Officer is to take the space of two

		seconds betwixt the end of each motion, and his giving the word of command or signal for another; and this the men are likewise to observe when they exercise by one word of command only
1st, Rest you Firelocks	3	<i>Join your right hand</i> by seizing the firelock behind the lock, at the same time turning it with the left hand so as to bring the lock upwards, the piece being almost right up and down; tell 1,2, come to the recover, by raising the firelock from your shoulder with your right hand, at the same time turning the barrel inwards, and seizing it with the left hand just above the feather spring, (that elbow close) the hammer about the height of and just before the right breast, the right thumb upon the cock; tell 1,2, and turning upon both heels so as the right toe may point to the right, and the left toe a little to the front, come down to the <i>Rest</i> , the cock at the waist-belt, the right elbow turned towards the front, the butt of the firelock against the middle of the right thigh, the muzzle point very little forwards, the stock in the left hand, the right thumb under the cock, the knuckle of the fore-finger under the guard.
2d, Order your firelock	3	Quitting the firelock with the left hand, seize it immediately as high as your shoulder with a brisk motion, as the same time bringing the firelock perpendicular, the butt being near to and on the out-side of the right thigh, tell 1,2, and let go the right hand, sinking the firelock with the left, at the same time seize your firelock briskly with your right hand near the muzzle, the; tell 1,2, and turning your toes to their proper front, quit the firelock with the left hand, bringing down the butt end to the ground even with your right toe, at the out-side of your right foot, the firelock upright, your right arm hanging from the hand to the elbow by the side of the firelock, the left hand hanging by the left side, both shoulders square to the front.
3d, Ground your firelock	4	Lift up your right foot, and make a half-face to the right, place it against the flat side of the butt, at the same time turning the barrel of the firelock towards your body, tell 1,2 and step directly forward with your left foot, quit the firelock with your right hand and seizing it immediately at the middle of the barrel, your left hand hanging down, and at the same time bring down your right knee upon the firelock looking up, both hands, the left knee, and heel in a line; tell 1,2 and quitting the firelock with the right hand, raise your self again, stepping back with your left foot and keeping your body half-faced to the right, tell 1,2, and turn your right foot on the heel over the butt-end, bring your body to its proper front, letting both arms hang down by your sides.
4th, Take up your firelock	3	Turn your right foot upon the heel over the butt of the firelock, and set it down again, making a half face to the right, at the same time extend your right arm a little to the right, the same time extend your right arm a little to the right, the palm towards the front; tell 1,2, and step forward with the left foot along the firelock, at the same time take hold of it with the right hand about the middle of the barrel, with an out-stretched arm, a stiff body; tell 1,2, raise yourself and firelock, bringing back the left foot, then tell 1,2, and lift up the right foot, setting it at the inside of the butt, at the same time quitting the middle of the firelock with the right hand, and seizing it again briskly with the same hand, as high as the muzzle, turning the barrel towards your right shoulder; being then in the posture directed in explanation 2d.
5th, Rest your Firelocks	3	Quitting the firelock with the right hand, seize it again briskly with the same hand as low as you can without constraint; tell 1,2, and raise your firelock with the right hand, seizing it at the same time with the left hand just above the feather spring, the left arm across the stomach; tell 1,2, quit the firelock with the right hand, and take hold of it behind the lock, at the same time turning upon both heels, the right toe pointed to the right, the firelock and body being in the attitude as explanation the 1 st .

6th Club your firelock	3	Keeping your firelock fast in the left hand, cast it about close by your right shoulder, in the direction of the files (turning upon both heels so as to bring your feet to their proper front) take hold of it at the same time with the right hand, as low as you can, without constraint; the cook the height of the roller, the muzzle of the piece and left thumb downwards, the lock outwards; tell 1,2, let go the left hand, and raising the firelock with the right, take hold of it again with the left hand at the small end of the stock, that hand being at the height of the waist-belt, bring it near the left shoulder, the firelock being perpendicular; tell 1,2, and bring it upon your left shoulder, the left arm close to the body, the lock upwards, at the same time quitting it with your right hand, which is to hang down along your right side.
7th Rest your firelock	3	With a brisk motion seize your firelock with the right hand even with the shoulder at the same time, so as to bring it perpendicular; tell 1,2, let go your left hand, and sinking the firelock with the right, seize it with the left hand turned near the lock, the thumb downwards, at the same time turning the barrel outwards, the guard even with the right hand, turn it with the left as in the club, bringing the butt-end downwards, and turning on your heels, come to the <i>Rest</i> .
8th, Secure your firelock	3	Raising your firelock with your right hand, and quitting it with your left, come to the <i>Poise</i> ; tell 1,2 and turning the barrel outwards, bring the firelock to the left side, the muzzle directly up, at the same time seize the piece with the left hand at the swell below the tail pipe, sinking the right a little, so as to bring the right arm across the breast; tell 1,2, quit your right hand, and bring your firelock with your left hand under your left arm, the barrel downwards, the wrist the height of the waist-belt.
9th, Shoulder your firelock	3	With a quick motion bring the firelock from under your arm, raising the muzzle so as to bring it perpendicular, at the same time seizing it with the right hand under the lock, the left at the feather spring, and at the height of the roller; tell 1,2, and quitting it with the left hand, bring the firelock with the right hand opposite to your left shoulder, the barrel outwards, at the same time placing the butt in the left hand, so as the thumb and fore-finger may be above the swell of it, the middle finger just upon the swell, and the other two fingers under the butt, the piece upright, but sunk so as to bring the guard a little lower than the left breast, the elbows down, the butt close to the hip, the lock a little turned to the front; tell 1,2 and let the firelock fall upon the left shoulder, throwing back the right arm.
10th, Poise your firelock	2	Seize the firelock with the right hand behind the cock, at the same time turning it with the left hand, so as to bring the lock upwards; tell 1,2, and raise the firelock from your shoulder, bring it before you, the lock turned outwards, letting your left hand fall down along the left side, your right arm as far as the elbow close to your body, by which means the firelock is better supported.
11th, Rest upon your arms	3	With your right hand sink your firelock close to your body, as low as you can, without constraint, seizing it at the same time with your left, the height of your chin; tell 1, 2, sink the firelock with the left hand, seizing it at the muzzle with the right; tell 1,2, and bring the butt to the ground, at the same time bring up the left hand close under the right, the elbows down, and firelock close to your body.
12th, Draw your bayonet	2	Push forward the muzzle of your firelock with the left hand, at the same time seize the bayonet with the right hand; tell 1,2, and draw it out briskly, and turning the point upwards, bring the socket just above the muzzle of the piece, the bayonet upright, the elbow down.
13th, Fix your bayonet	3	Push down the socket of your bayonet as far as the notch will permit; tell 1,2, and turning it from you, fix it; tell 1,2, and bring down the right hand upon the back of the left.

14th, Poise your bayonet	3	Raise your firelock with your right hand as high as your forehead, at the same time seizing it with the left hand, as low down as possible, without constraint; tell 1,2, raise it with the left hand, and the same time quitting it with the right, seize it again with that hand below the lock, the left hand, let it fall along the left side, remaining in the posture directed, explanation 10 th
15th, Shoulder	2	Bring the firelock with the right hand opposite to the hollow of the left shoulder, turning the barrel outwards, and placing the butt in the left hand, as in explanation the 9 th ; tell 1,2, and let it fall on the left shoulder as in said explanation.
16th, Present your arms	3	As in explanation 1st.
17th, To the right	3	Bring the firelock to the <i>Recover</i> , at the same time place the right heel four inches behind the left, the right toe pointing to the right, tell 1,2, and face upon both held to the right: tell 1'2' and come down to the <i>Rest</i> , placing the feet as directed in that attitude.
18th, To the Right	3	As the foregoing.
19th, To the Right-about	3	As the foregoing: only facing upon both heels to the <i>right-about</i> .
20th, To the Left	3	Bring the firelock to the <i>Recover</i> , at the same time bring up the right heel to the ball of the left foot, the right toe pointing to the right; tell 1,2, and face upon both heels to the left; tell 1,2, and come down to the <i>Rest</i> as before.
21st, To the Left	3	As the preceding
22d, To the Left-about	3	As the preceding; only that you face upon both heels to the <i>Left-about</i> .
23d, Charge your bayonet	1	Step forward about eighteen inches with the left foot, bending the left knee, and at the same time seizing the butt with the right hand, (placing the plate full in the palm of that hand) bring down the muzzle so as the firelock may rest upon the left elbow turned out towards the front, the fingers and thumb towards the lock.
24th, Rest your bayonet on the left arm.	3	Fall back with your left foot to its proper place; at the same time seizing the stock with your right hand, and bringing up the muzzle, come to the <i>Recover</i> ; tell 1,2, bringing the firelock directly before you, turn the lock from you, the piece perpendicular; tell 1,2, and let go your left hand; sink the firelock, and at the same time, seize the cock and steel; keep both arms as low as possible without constraint, the butt between your left, as far from your shoulder, as the situation of both your arms and the butt will permit.
25th, Rest your bayonet	3	Quitting the firelock with the left hand, seize the stock just below the tail pipe, the thumb inwards; tell 1,2, bring the firelock to the <i>Recover</i> ; tell 1,2, and come down to the <i>Rest</i> .
26th, Shoulder	2	Turning upon both heels, bring your feet to the proper front, and bringing up your firelock briskly with both hands over against your left shoulder, at the same time placing the left hand under the butt, as in the 2d motion, explanation 9 th ; tell 1,2, and come to the shoulder as in said explanation.

*Prepared by
Major Michael Krznarich
Aide De Camp
Grand Encampment 2002*

Take care to perform the platoon exercise

27th, Rear half-files to the left, double your front.	2	The Officers in rear, and the Sergeants on the flanks, recover their spontoons and halberds in two motions.
28th, March	20	The three rear-ranks and the Officers step forwards at once with their left feet, and make eighteen ordinary paces of two feet each, to the front, counting 1,2, between each pace, and upon finishing the left or eighteenth pace with the right feet, immediately bring up the left, so as to be square, placing themselves on the left of the file leaders; after the eighteenth pace, and the bringing up of the left feet, the Officer and Sergeants order their arms in two motions.
29th, Prime and load	21	<i>Prime and Load, or</i>
1st, Join your right hand to the firelock	1	Tell 1,2, and
2nd, Recover your Firelocks	1	As in explanation 1 st ; tell 1,2, and
3d Open your Pan	2	Stepping back with the right foot four inches behind the left heel, and facing full to the right, the left hand half-way between the swell and the feather spring; bring back the butt of the firelock, the lock just below the right breast, the left arm pressed against the body so as to support the peace, the muzzle of which is to be raised as high as the man's head in the rank before you, at the same time place the ball of the right thumb behind the hammer, the fingers shut; tell 1,2, force it back, the elbows down; tell 1,2, and
4th, Handle your cartridge	1	Bring down your right hand to your pouch, taking out a cartridge with your two fore fingers and thumb, the thumb towards the hip and bring it up to your mouth, the elbow a little turned up: tell 1,2, and
5th, Open your cartridge	1	By biting off the top of the cartridge-paper, so as to come to the powder, and placing instantly your thumb upon the mouth of the cartridge, bring it opposite to, and just above the pan, the cartridge perpendicular; tell 1,2, and
6th, Prime	2	By placing the thumb on the edge of the pan, and turning up your hand, shake carefully some of the powder into it, covering again immediately the mouth of the cartridge with the thumb; tell 1,2, and place the two last fingers behind the hammer, the cartridge being upright.
7th, Shut the Pan	2	By a short and quick motion with your two last fingers; tell 1,2, and pulling down the butt, cast back the muzzle of the firelock, catching it in the hollow of the right hand, letting the firelock slip thro the left hand, till it comes to the swell near the tail pipe, pressing the left hand against the waist band, the butt opposite to the left toe; the piece in turning must be kept close to the body, the cartridge still covered with the thumb and close to the muzzle, in a line with the barrel, the right elbow turned down; tell 1,2, and
8th, load with Cartridge	2	By putting it into the barrel, and shaking out the powder, push the ball into the muzzle with the fore-finger; then tell 1,2, and seize immediately the butt-end of the rammer with your thumb and fore-finger, the thumb upwards, the other fingers clenched; tell 1,2, and
9th, Draw you Rammer	3	Draw your rammer as far as you can, catching it instantly with your right hand, the thumb turned downwards; tell 1,2, and clear it of the pipes, turning it immediately, and placing the butt-end of it against your sward belt, shorten it within three inches of the butt-end, by flipping down your hand, the rammer in the same direction as the barrel; tell 1,2, and bring the butt-end of it into the muzzle upon the cartridge, the elbows close; tell 1,2, and

10th, Ram down the Cartridge	3	Seize the rammer in the middle, drive it down with good force, catching it quickly afterwards at the muzzle, the thumb turned downwards, and recovering it half way; tell 1,2, and draw it intirely out of the barrel, turning it, and placing the small end against your sword-belt, shorten it by flipping down your hand within twelve inches of the end; tell 1,2, and bring the small end into the first pipe, conducting it down with the finger and thumb thro' the second pipe, the finger and thumb pointing upwards; then tell 1,2,and
11th, Return your Rammer	1	By placing the forefinger on the butt of the rammer, with a quick and strong motion force it quite down; at the same time raise the firelock with the left hand, bring immediately the right hand under the lock, the left hand at this time slipping down to the feather-spring, the cock at the height of the waist belt; tell 1,2,and
12th, Shoulder	2	By facing to the left, and bringing up your right heel within four inches of the left; at the same time bring the firelock close and short about, opposite to the left shoulder, the barrel outwards, and placing the butt in the left hand close to the hip; tell 1,2, and drawing the elbows briskly back, bring the peace to the left shoulder, throwing back the right hand as in explanation the 9 th . N.B. the firing quickly depends upon the quick loading, and that chiefly upon the dexterity of drawing and returning of the rammer; that part therefore of the exercise requires great practice and attention
30th, As front-rank make ready	3	<i>Join your right hand and recover your firelock</i> in two motions, as in explanation 1st, placing the thumb upon the cock, the four fingers behind the guard; tell 1,2, and stepping back with the right foot in a direct line, kneel upon the right knee, the right toe turned inward, and heel upright, the perpendicular line of the body falling about twelve inches behind the left heel, the body by means properly poised and upright; the butt-end of the firelock placed at the same time upon the ground, in a line with the left heel: upon coming down to the knee you cock the firelock.
31st, Present	1	Bring down the muzzle of your piece with both hands, throwing forward your left hand as far as the swell of the stock under the barrel. And placing the butt end in the hollow betwixt your right breast and shoulder, pressing it close to you: at the same time taking your right thumb from the cock, and placing the fore-finger upon the trigger, both arms close to your body; taking good aim, by leaning the head to the right, and looking along the barrel.
32d, Fire 1st.	1	Draw the trigger strongly and at once with your fore-finger, and immediately upon having fired, rise from the knee, bring the right heel four inches behind the left foot; at the same time bringing back the firelock, as in the 3 rd motion of the 29 th explanation, the right thumb upon the cock.
2d, Half-cock your firelock	1	By staining the tumbler to the half bent with your right thumb, bring down your right elbow at the same time, by that motion adding force to it; tell 1,2, and

	1	<i>Handle your Cartridge</i>
	1	<i>Open your Cartridge</i>
	2	<i>Prime</i>
	2	<i>Shut your Pan</i>
	2	<i>Load with Cartridge</i>
	3	<i>Draw your rammers</i>
	3	<i>Ram down your Cartridge</i>
	1	<i>Return your Rammers</i>
	2	<i>Shoulder; as in explanation 29th making in all nineteen motions, and counting 1,2, between each.</i>
33d, As center-rank make ready	3	As the foregoing, only instead of stepping back three feet, and kneeling, they step back with the right feet, eighteen inches in a direct line to the rear; by that means bringing their right feet just behind the right feet of the front-rank, cocking the firelock, and keeping it upright at the recover, right elbow down.
34th, Present	1	Bring down the firelock, as in explanation 31 st , only a little to the right of the front-rank.
35th, Fire	19	As in explanation 32d.
36th, As a rear-rank make ready	3	As in explanation 33d, only this rank steps to the right with the right foot, (in stead of falling back with it) Till their toes touch the hinder part of the left heel of their right hand men: at the same time bending their right knees a little, so that their bodies may be opposite to the intervals of their file leaders, and of the files upon their right; the firelock held at the same attitude as in explanation 33d.
37th, Present	1	As in explanation 34d, only bring down the firelock between that of the file-leader and that of the right hand file.
38th, Fire	19	As explanation 32d.
39th, Rear-ranks close to the front	3	The officers advance their arms in three motions, as do the Sergeants upon the flanks.
40th, March	10	The center and rear ranks, as also the rank of Officers, step off together with the left feet; the center rank Make five paces, and bring up the right feet; the rear-rank and the rank of officers make ten paces, and bring up there left feet; the ranks are then at one pace (or two feet) asunder, except the officers, who are at the same distance from the rear as before their moved.
41st, Make ready	3	The three ranks make ready together; the front-rank observes the directions in explanation 30th; the center-rank the directions, explanation 33d, and the rear-rank, those in explanation 36th.
42d, Present	1	As in explanations 31 st , 34 th , and 37 th .
43d, Fire	1	Having fired, rise from the ground, the tree ranks coming to the <i>Recover</i> , explanation 1 st .
44th, Charge your bayonet	1	The front-rank only <i>charge their bayonets</i> , as explanation 23d, the Sergeant on the flanks of that rank charge their halberds in a like manner; the other two ranks remain with recovered arms.
45th, Recover your arms	1	The front-rank falling back with the left feet, recover their arms, as explanation 1 st .
46th, Rear-ranks to your proper distance	3	The center and rear-ranks, as also the rank of Officers, go to the <i>right about</i> as in explanation 1 st .

47th, March	10	The rank of Officers and rear-rank step off with their right feet, and have marched ten paces, halt on the left feet; when the rear-rank makes its sixth pace, the center-rank steps off with the left feet, and halts at the fifth pace, when the rear rank does.
48th, Halt	3	The ranks which marched bring their right feet opposite to the left toe, and go to the <i>left-about</i> , as in explanation 22d; the Officers and sergeants <i>order their arms</i> in three motions, at the same time that they face.
49th, Shut your pans	6	Half cock the firelock, by straining the tumbler to the half-bent with your right thumb; bring down your right elbow; tell 1,2, and bring down your firelock as when you handle your cartridge; tell 1,2 and take the wiping-cloth Out of the pouch, bring it up to the pan; tell 1,2 the pan, <i>clean the pan</i> , and bring the fingers behind the hammer: tell 1,2, and <i>shut the pan</i> , as when you held the cartridge; tell 1,2, and cast back the muzzle, as if to charge.
50th, Clean your bayonet	2	<i>Clean your bayonet</i> with your wiping cloth, and returning the cloth into your pouch; tell 1,2, and bring the firelock upright, raising it with your left hand, at the same time bringing the right hand under the lock, as in explanation 29th.
51st, Shoulder	2	As in explanation 29 th .
52d, Rear half files as you were	2	The Officers in the rear, and the rear half-files face to the right on their heels in two motions; the Officers (and Sergeants of the rear half-files) <i>recovering their arms</i> at the same time.
53, March	18	They proceed to their former distances, making the last pace with the left feet.
55th, Halt	3	They come to the <i>left-about</i> in three motions, as in explanation 48th, the Officers and Sergeants ordering their arms at the first and last motions.
56th, March	18	They march eighteen paces, inclining to the left, till they are opposite to the intervals, and double the rear half-files upon the right, facing full to the left of the battalion.
57th, Halt	2	Place the right heel four inches behind the left heel; tell 1,2, and face upon both heels to the front, the Sergeants <i>ordering their halberds</i> at the same time.
58th, Front half-files as you were	2	The Sergeants <i>recover their arms</i> .
59th, March	20	They proceed to their former ground in eighteen paces; the Sergeants having counted 1,2, order arms in two motions. N.B. the Pioneers march at the same time that the front half-files do.

*Prepared by
Major Michael Kuznarich
Aide De Camp
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