Our future is in your hands.

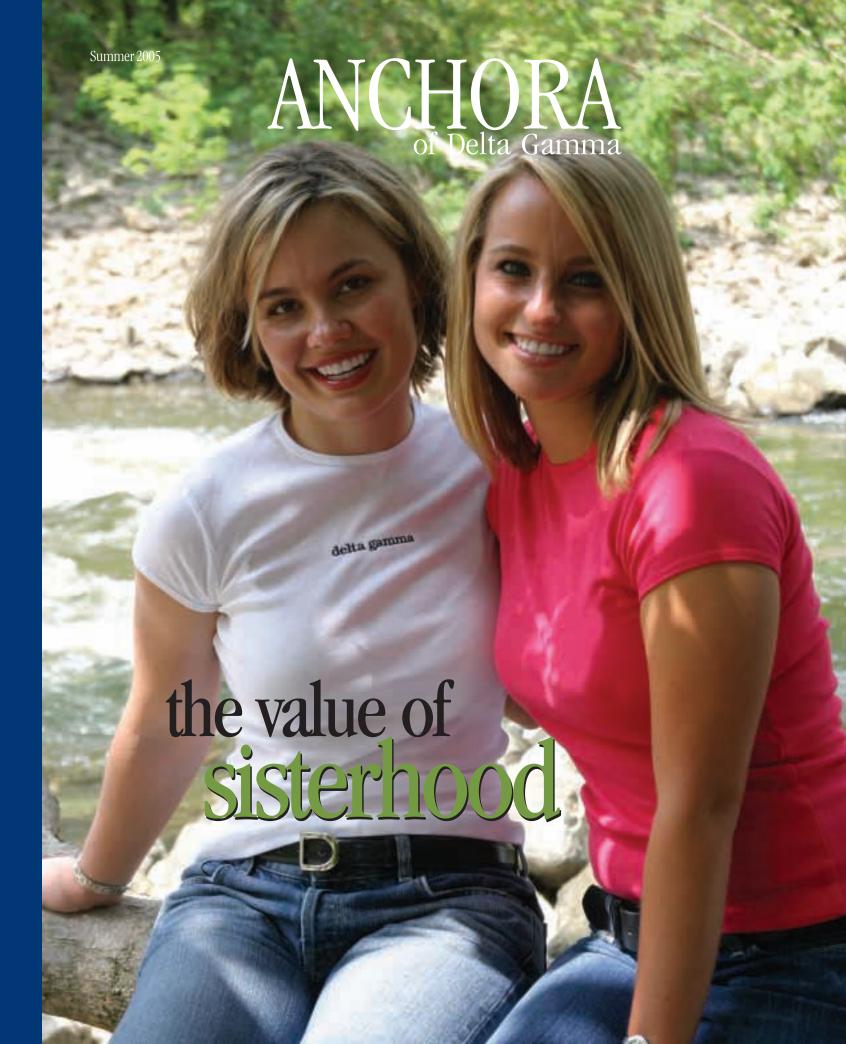
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Is your name here?

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Join the Charter Group today to ensure Delta Gamma's future tomorrow.

See page 30 for more information.



In Other Words... from the editor

When Mal died, we mourned her loss, but celebrated her full life. Among her several international roles in Delta Gamma, Mary Ann "Mal"

Lummis Bowyer, Beta Zeta-Denison, served as Fraternity President (1974-78). An avid golfer who enjoyed the game, her new home and her many Delta Gamma friends, Mal passed away on May 1.

If her death was the only one to report, we'd gladly dedicate pages to spotlight Mal's years and accomplishments in our Fraternity. However, recent months have been peppered with tragic stories of loss in our Delta Gamma family.

- On March 11, Region 4 Collegiate Recruitment Specialist Carol Schuster Strom, Alpha Tau-Butler, died at age 58 after a brief illness. According to our records, Carol's untimely passing was the first among currently serving Cabinet volunteers. It hit us all hard.
- Just two days later, eighteen-year-old Paisley Caldwell, Gamma Tau-Texas Christian, died after a horrific car accident.
- May 12 marked the heartrending end to the search for Gina Zalunardo, Beta Upsi**lon-Oregon State**, whose life of promise was cut short by what authorities later ruled
- Less than one week later, authorities found the bodies of Alison Powell Sapikowski, Alpha Sigma-UCLA, and her husband James. A former adviser and house corporation treasurer for Beta Theta-Duke, Alison was shot by her teenage son.

It seemed to more than any of us could take.

But, amid all of the tragic and senseless loss, I realized what Delta Gammas do best.

What has lifetime Gamma meant to you?

E-mail your story to

Of course, sisters cried and mourned the deaths of their friends, advisers and sisters they'd never met. However, what made the trying moments noteworthy was sisterhood in Delta the heartwarming rally of sisterhood and support.

For instance, there were so many DGs at Carol Strom's funeral, you might have guessed she was one of our Founders. Throughout her memorial service, you heard "Delta Gamma" mentioned so frequently that there could be no doubt how important the Fraternity was in Carol's life.

When two collegians died this spring, I could hardly believe the outpouring of anchora@deltagamma.org support, love and respect for the young women's legacies and families. Whether it was Gamma Tau chapter collegians camping out by Paisley's hospital bed, offering

> support to her still-shocked family members, or Beta Upsilon collegians, advisers and alumnae drumming up instant support for the Gina Zalunardo Memorial Scholarship through the Delta Gamma Foundation, we were all touched by the resonating value of sisterhood.

> In this issue, we'll memorialize the sisters closest to our DG family, but we'll also take a look at the ways we value our sisters before it's too late. Following some members' reflections and memories, look for the educational piece on suicide (pages 12-13). Don't miss a tribute to sisters (page 14) or all of your submissions of chance sisterhood meetings (pages 15-17).

> Speaking of your submissions, I'd like to hear from you again. In the next issue, I'd like to share your stories and definitions of sisterhood and the impact it's had on your life. Maybe Delta Gamma brought vou out of your shell, introduced you to your best friend or changed you life in ways I can't even imagine. Please take a moment to e-mail your short story to me at anchora@deltagamma.org.

> Together let's dedicate the next issue to sisterhood, using these memories to celebrate the bonds we share today.

In the Bonds,

Whitney Parker Scully, Beta Zeta-Denison ANCHORA Editor

ANCHORA

Published continually since 1884

"The union of souls is an anchor in storms.

from Delta Gamma ANCHORA Vol.1, No. 1, April, 1884

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Quarterly deadlines for the ANCHORA are as follows:

Spring issue: January 1 Summer issue: April 1 Fall issue: July 1 Winter issue: October 1

All photographs submitted become the property of Delta Gamma Fraternity and will not be returned. Electronic photographs must be at least 4" x 6" with a resolution of 300 dpi/ppi. All letters and articles are subject to the editorial policy of the ANCHORA and may be edited for grammar or for the sake of brevity.

All submissions may be e-mailed to anchora@deltagamma.org or sent to the following address:

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Summer 2005 Volume 121 No. 2



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Claire DeNisco, Beta Zeta-Denison, and Jessie Reese, Epsilon-Ohio State — along with several features on sisterhood — help us determine just how relevant Delta Gamma membership is Photo by Pete Nitschke, 2004.

SUMMER 2005 THE ANCHORA OF DELTA GAMMA

Every Sister Participates —

Shape the Slate & Nominate!

By Nominating Committee Chairman Barbara Nussa Boersma, Alpha Tau-Butler

Some might say serving as a Council officer is the ultimate reward and sacrifice in contributing to Delta Gamma.

There are long days on the computer and phone, as well as many days away from home. However, it's the work done at that computer, on the phone and when traveling that shapes our Fraternity today and in years to come. Former Fraternity President Marge Gorsline put it succinctly: "I felt challenged, vet rewarded.

There are major decisions, like launching Project 90 or the 1962 resolution to reduce the four-year term of a Council officer to two years. There are tough decisions, such as closing a collegiate chapter or deciding whether to continue Convention proceedings after an earthquake rattled delegates. Often overlooked, but no less significant, are the operational decisions, like planning handbook releases and approving Fraternity expenditures.

Why make this huge commitment? Former Fraternity President Maureen Syring said, "There is no question about the commitment one makes when becoming a Council officer, but all of that comes back in huge dividends and personal growth. It is a joy to work with so many talented and committed Delta Gammas whose effort make this organization the Finest Women's Fraternity in North America!"

Delta Gamma's success and respected position in the Greek world directly relates to the quality of its leadership. Former Fraternity Executive Director Maggie Watkins reflected on a 1986 milestone. Delta Gamma developed the video A RISK WORTH TAKING, which dealt with confronting friends who drank too much. Leaders took copies of the video to the Association of Fraternity Advisors for every Greek group and adviser. The video was a sensation, and sharing it interfraternally was widely hailed as a generous and important gift.

Our leadership is a direct result of *your* participation in the election process. At Convention 2006, seven Council officers will be elected by the delegates. Every Delta Gamma has the opportunity and the responsibility to seek out and nominate the best-qualified candidates for these Council positions. You can make a difference by participating and helping to create the Fraternity's future.

Who can nominate and how?

Any initiated alumna or collegian or any alumnae or collegiate group may recommend nominees to the Nominating Committee. You may also endorse current, eligible Council officers. (Please refer to Anchors Online for current officers' eligibility.) Recommendations may be for Delta Gammas from regions other than your own. Use the form on the opposite page, go online or write to your regional representative (listed at right). The Nominating Committee must receive your nominations by January 15, 2006.

Oualifications

Only alumnae may serve on Council. It is recommended that a candidate have experience at the Cabinet/Council level and a general knowledge of the Fraternity and the office. A candidate must be available for travel (at the Fraternity's expense), have e-mail and word processing skills and be able to devote sufficient time to the position. For detailed job descriptions and areas of responsibility, please visit Anchors Online.

We asked former Council officers to describe their experience in one word. While all agreed this was a tough exercise, their responses are telling:

Amazing Challenging Consuming Empowering Enlightening Enriching Exciting Exhilarating Extraordinary Fascinating Fulfilling Fun Humbling Inspiring Joyful Mind-Expanding Overwhelming Passionate Productive Rewarding Unparalleled Wonderful

Have you nominated someone today?

www.deltagamma.org/nominate/





Fun with balloons: the 1986-88 Council

RECOMMENDATIONS FOR 2006-08 COUNCIL

P	President:	
V	Vice-President: Collegians:	
V	Vice-President: Alumnae:	
V	Vice-President: Fraternity Programming:	
V	Vice-President: Membership:	
Vi	Vice-President: Finance:	
V	Vice-President: Communications:	
C	Comments:	

YOUR Name:

Region:

Chapter of Initiation:

Address:

Phone:

E-Mail:

Alumnae group affiliation (if any):

Did you know? Only 143 women have served as Council officers. Could you be next?



Council then and now: 1928

Council received the key to New Orleans in 1960.



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Region 2

Region 3

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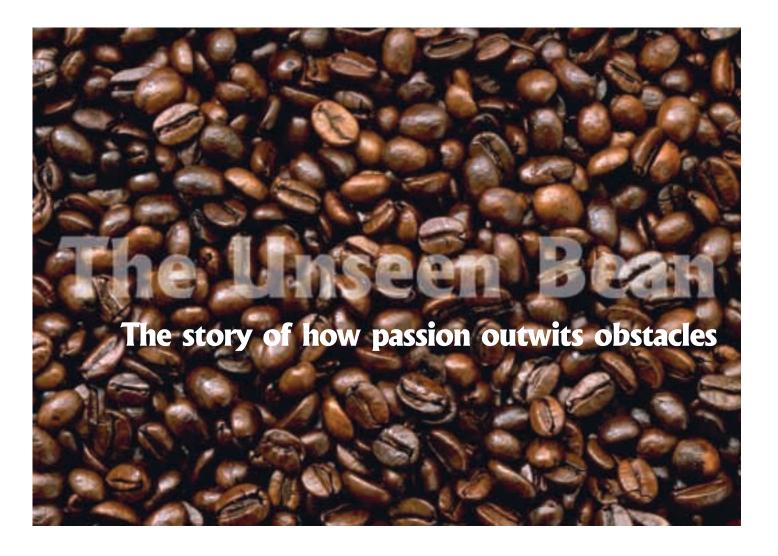
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Council survived a '92 Palm Desert Convention earthquake.



Just after their installation, the 2004-06 Council was all smiles



How many options does a man blind from birth really have? Gerry Leary proves there are plenty.

By Alice Ashmore, Beta Tau-Miami

Gerry Leary is a man of passion; for both life and great coffee. The fact that he is blind from birth hasn't kept him from enjoying a 30-year career as an independent auto mechanic or from becoming a master coffee roaster.

Gerry, now 52, was born after only 24 weeks of development. His family moved from Chicago to Los Angeles shortly after he was born. His parents later learned a heartrending fact: Their infant son had developed Retinopathy of Prematurity (ROP). With the definitive ROP diagnosis, a surgeon decided to remove the eyes from Gerry's ten-month-old body and replace them with plastic ones.

Gerry spent just over two decades in California before an offer from a friend lured him to the Colorado's Front Range. With two years of study in Business Administration at L.A.'s Pierce College under his belt, he decided to open his first garage. Gerry's Auto Service opened its doors in Boulder in 1984. After all, Gerry's experience with cars spanned his entire life.

A Model of Determination

Gerry's precocious nature often made life interesting for his parents. From an early age, he was fascinated with his father's garage and cars. "I could play with them and take pieces off of them," he explained. Fearing that his blind son would inevitably get hurt, Gerry's father kept the garage door securely locked.

But Gerry was hardly deterred.

At just three years old, Gerry and his older brother made a trip to a nearby hardware store. "I went back to the key thing and said I wanted a key blank so I could pretend to have a house key."

He soon found his parents' spare key and hatched a plan to get into the garage. Simply by feeling and comparing, Gerry scraped the blank key against the driveway, eventually making a match. "It took days and days and finally it worked. There I was back with the cars!"

Gerry made the most of his time exploring the cars, but soon the carefully executed plan was foiled. "My parents kept finding me all greasy," he said, and they took the key away. "I broke the lock with my next key." At that point his exasperated father decided to teach him the mechanic's trade.

His work as an automobile mechanic drew some interesting reactions. "Basically you'd hear people say, 'a blind mechanic?" Sometimes people would just show up to watch," he said with an easy laugh.

His skill as a mechanic was rarely in question. "In all my time of working on cars, I may have had a handful of unhappy customers."

From Cars to Coffee

Gerry became intrigued by coffee roasting while in San Francisco in 1994. "I heard this machine that sounded like a rock polisher," he said, remembering the noise emanating from a coffee roasting machine. He asked his friend and traveling companion Elizabeth Johnston what it was.

"The owner took me over and showed me how it worked," he said. "I realized that coffee roasting was a true art form."

Gerry returned to Colorado and to his cars, but the experience stuck with him.

In 2001, he decided to stop fixing cars. His hands were becoming numb, making mechanical work difficult. The advent of computerized car systems also dealt Gerry a harsh blow. "I couldn't open a book and read the diagnostic codes," he explained. "I realized I was becoming illiterate."

It was then that coffee moved to the center of Gerry's attention. The search to find a coffee mentor was on.

In Search of a Teacher

Gerry began to cast about for a roaster willing to teach him the craft. "I thought the best way to do it was as a trainee." That idea met with resistance. "Everyone I talked to said, 'Boy, you really have to see to do this. I don't know how to teach you.' One person said I'd never be able to roast coffee."

"I must have talked to 15 roasters," he allowed.

He learned that most roasters relied on visual cues to glean information. "They would talk about color and structure and what was happening to the beans, how they broke open and how oily they were."

Gerry eventually received training and certification as a Master Coffee Roaster from the Coffee Training Institute and West Coast Specialty Coffee Company in San Francisco. With a future still unclear, the training came with a steep price and definite risk. "It cost me about \$2,000. I borrowed the money and refinanced my house."

With his new certification, Gerry returned to the roasters he'd talked to previously. No one needed any help, and no one was willing to take a risk on a blind man.

Undaunted, Gerry began experimenting with a quarter-pound "sample roaster" in a shed in his backyard. With each batching requiring about 15 minutes, Gerry literally prepared hundreds of roasts on his "practice" machine.

Learning to Adapt

Determined to go it alone, Gerry used his mechanical abilities in his quest to adapt sighted equipment for the needs of a blind coffee roaster. The first necessity was a talking kitchen scale. (He's since progressed to a talking digital scale with precision to one-hundredths of a pound.)



Gerry thought up his own non-visual tricks-of-the-trade in order to make his gourmet coffee. Above, a plume of smoke and steam billows forth as he opens the chute that delivers the roasted beans into the cooling tray.

Another major concern was how he could read the temperature inside the roaster. He considered removing the glass from his gauges, cutting a series of notches and feeling where the needles pointed. The technique he developed served him well while working with cars.

One day, however, Gerry came across a talking multi-meter that included temperature measurements. He was dozing on his couch when his brain made a connection that "woke me out of a sleep." He attached a thermo-coupled probe to the talking multi-meter and found success. "That made me really excited. I could actually tell the temperature!"



"Taste the passion in blind-roasted coffee."

-slogan of The Unseen Bean

As his roasting abilities grew, the demand for his coffee overwhelmed the small machine. His backyard wasn't adaptable to a larger enterprise, but Gerry was. He acquired a 20-pound roaster and commercial space in Longmont, Colorado in August 2004.

Inside his expanded roasting business, the aroma of freshly roasted coffee wafts through the air, greeting visitors at his doorway. Gerry is considered a "custom roaster," roasting only small quantities and adapting each to his customer's tastes. He prides himself on the quality and freshness of his gourmet coffees. "I try to roast and ship in a 24-hour period." His coffee travels to such far-flung places as British Columbia and Florida.

Man's Best Friend

A black Labrador retriever named Midnight is Gerry's guide dog and constant companion. Star of The Unseen Bean logo, Midnight's drawn version has sunglasses and a nose directed toward a steaming cup of coffee. On holiday packages, the dog sports a winter scarf against a backdrop of snowflakes. Gerry's slogan encourages customers to "Taste the passion in blindroasted coffee."

The same friend who had accompanied Gerry on that fateful trip to San Francisco doubles as a graphic artist and was there when Gerry needed her expertise. Elizabeth Johnston and her company Lizzardbrand Inc. formed a sizeable focus group to help develop the company's identity. Her husband Jeffrey Hill supplied the name "The Unseen Bean."

The process. Above: Gerry digs into a bin of green coffee from Malawi. In less than hour these beans will be roasted, packaged and ready for shipment to customers. Right: He explains the roasting process as he prepares to empty the green coffee beans into the roaster's hopper. Far right: A fresh batch of beans begins to cool and crackle as the oils develop. The orange glow of the gas flames reflect in the rear of cooling basket.

"It made us laugh so hard we figured it had to be the right one," Elizabeth recalled.

The name stuck, and a business was born.

You Don't Know Beans?

Neatly lined 55-gallon bins of green coffee beans stand in a row along one wall of his tidy, spacious workspace. Braille labels allow Gerry to distinguish between varieties. Others wait on pallets in their burlap bags for transfer into the bins. Beans whir and tumble in the barrel of his natural gas-fired roaster as the beans reach temperatures in excess of 400 degrees.

"There are audible cues," he explains. The coffee goes through two "cracks" when it roasts. The first crack releases the water in the green beans. Gerry leans in close toward the large metal machine. "They quiet down as they get to the water crack."

His talking multi-meter, a good nose and a practiced attention to sound tell Gerry when the beans should leave the roaster. The variety of coffee also affects roasting time and temperature. The release of beans into the cooling tray triggers a cloud of aromatic steam and smoke. As the beans cool, a slight crackling sound comes with the release of oil that dapples their surface

Although his selection may vary with seasonal availability, Gerry offers a broad range of coffees from around the world, including selections from Zambia, Sumatra, Malawi, Ethiopia, Guatemala, Peru and 100 percent Kona Fancy from Hawaii. His personal favorites come from Panama, Malawi, Uganda and Zambia. "When it is possible, I try to buy organic, shade-grown, fair-trade beans. All of my decaf coffees are organic."

Gerry has developed several unique blends including one appropriately dubbed "Passion Blend." Ordering information and tasting notes on all of Gerry's coffee are available online: www.theunseenbean.com. He maintains meticulous notes of customer preferences using an East German Brailler and can consistently produce the exact coffee expected.



Something Brewing

Cathy Miller, a longtime friend, joined the business in December 2003. "I called her when I needed help around Christmas," Gerry recalled. "We got an order for 90 pounds, and it took us about three weeks." Cathy weighs and packages the coffee, and prepares it for shipping.

But coffee wasn't the only thing brewing. Romance blossomed about a year ago, and Cathy now shares both work and life with Gerry.

Cathy's assistance has been just one factor in The Unseen Bean's growth in business. Gerry relies on word-of-mouth customers and public appearances instead of advertising to generate sales, but the media exposure helps, too. He's been featured in *The Denver Post*, on Denver's NBC affiliate KUSA, in 5280 – Denver's Mile-High Magazine and many other area newspapers and magazines.

Not surprisingly, local Delta Gammas have become regular customers and big fans.



Friends for more than 25 years, Cathy Miller and Gerry now share a devotion for each other and great coffee.

Denver alumnae chapter. In fact, Gerry recently agreed to develop a special Delta Gamma blend at the request of area alumnae as

"His coffee is

amazing,'

raved Meredith

Meyers, an ini-

tiate of Beta

Tau-Miami and

member of the

a thank-you and nod to Delta Gamma's philanthropic project, Service for Sight. Using DG coffee-lovers as taste testers, Gerry readily played "bartender," tweaking the roast to the panel's delight.

Gerry has grown accustomed to bringing joy to his customers. With two very different careers to compare, Gerry finds he's happiest while making the beans he knows so well into a product his customers have come to love.

"People hate spending money repairing their cars," he realized, "but with coffee, they come in and leave with a smile! It's a much happier work environment!"

Update: Gerry has just perfected a unique Delta Gamma blend with an anchor on the roast's label! And, to support the "Service for Sight" sorority, Gerry has also agreed to offer reduced rates for DG fundraisers. Visit www.theunseenbean.com for more information.



Some believe in serendipity, others in destiny. Call it what you will, but Colorado DGs

and the Unseen Bean are happy with the outcome.

Gerry Leary began his coffee roasting business in 2002, around the same time interest in a DG alumnae group began to develop in Northern Colorado. A chapter member saw a television news story featuring Gerry and had

She brought the idea of supporting his business to the fledgling group.

what Oprah would call an "aha moment."

A trip to Boulder to meet Gerry, who was still roasting in a small shed behind his home, sealed the deal. "I watched in awe as

Coffee packages bearing the likeness of Gerry's guide dog Midnight and braille lettering began appearing in DGs' homes across Colorado and beyond.

Healy Sesson, Phi-

Colorado, led the

Denver alumnae

chapter's holiday

auction. Gerry's cof-

fees (courtesy of

Northern Colorado

alumnae) produced

sales and buzz for his

growing business.

Gerry maneuvered about in his shed doing exacting tasks with facility," said Lu Aulepp, Phi-Colorado, a member of the Northern Colorado alumnae chapter. "He is an amazing man."

Since that time, coffee packages bearing the likeness of Gerry's guide dog Midnight and braille lettering began appearing in DGs' homes across Colorado and beyond.

"He's definitely a huge inspiration to me," said Denver alumna Meredith Meyers, an initiate of Beta Tau-Florida, who's helping her alumnae chapter plan for programming that will include Gerry this fall. "You just want to go out and market his coffee to everybody because it is so good and his story is so compelling!"

She added, "His decaf is so good that it doesn't taste like decaf!"

Gerry is equally impressed. "The Delta Gammas I have met are just great. It is wonderfully refreshing to be around people of an intellect, people who are growing their minds."

He has eagerly participated at several DG events in Colorado, including a "Focus on Foundation" retreat hosted by Northern Colorado alumnae at Colorado State University.

"Gerry's presence at out Foundation retreat really brought home the message of Service for Sight," NCDG Katharine Leigh, Beta Epsilon-American, said. "I'm really glad he is part of our Delta Gamma family!"

By Vice-President: Membership Pamela Fellows Jamieson, Alpha Delta-Oregon

Would our three Founders have ever guessed that Delta Gamma would have more than 200,000 members? Would they wonder if the sisterhood, scholarship and leadership opportunities would remain as valued today as they were 132 years ago?

Eva, Anna and Mary needn't worry. Their memories, wishes and experiences have been passed down to enrich all of our lives. And, as members, we look forward to continuing this meaningful tradition with our legacies: our sisters, daughters, granddaughters and great-granddaughters (steprelatives included).

With more than current 120,000 Delta Gamma alumnae, we have thousands of legacies. These legacies arrive at our collegiate chapters with an understanding and commitment to Delta Gamma above the average college student. Alumnae and collegians have equally important but different roles to play.

Alumnae

To help chapters recruit and pledge legacies, your role is vital! Your help is needed in these ways:

- Provide collegiate chapters with Sponsor Forms and all of the information you can about the legacy.
- Tell the legacy about your positive experiences as a Delta Gamma. Let her know that you think Delta Gamma is number one!
- Let the chapter know a legacy is coming. Communicate with your city or state sponsorship chairman so they are aware and send a note or call the chapter at least two months before recruitment starts.



And they're all DGs! 1. Three generations: Connie Cox Blair, Jeannie L. Blair and Susan Sadler Hayman. 2. An Initiation surprise, from left: Kristen Garry, her mom Christine Haidostian Garry and sister Lauren Garry; Dianne "Ninie" Nury and her niece Alex Lollini; and Jill Mockrud Brodbeck and her daughter Christy Brodbeck. 3. All in the family, back row, from left: Ann Reigle, Patricia Roth and Susan Kroopnick (sisters); seated: Jennifer Roth and her grandmother Mary Jane Preston





4. Nieces are not legacies, but every DG is special: Julie Spiller and Sadie Caplan welcomed their DG aunts at their University of Texas graduation. 5. Kerry Adams-Davis and her mom Lynda Adams pose with "Anchor Man" Mason. 6. A baby boom in Montana produced a number of legacies! From left: Kristen Kormen McConnell with Claire and Kennedy, Peggy Pollem Bennet with Aiden, Heidi Clawson Wallace with Taylor, Jaime Cardon Stimpson with Katelyn





five points of the star

NTERESTS & ____

EDUCATION & SCHOLARSHIP

ACTIVITIES & HONORS

PERSONAL DEVELOPMENT

Collegians

Your job is even more important! Your job is to:

- Find the legacies early and get to know them.
- Recruit, recruit! Understand that a legacy is special and should be extended every courtesy.
- Engage the legacy's mother, sister or grandmother in the process.

As our membership continues to grow, our collegiate chapters have a greater number of legacies participating in the recruitment process. It is important to our Fraternity that legacies receive every possible courtesy in recruitment.

Ultimately, it is the responsibility of the chapter to determine which candidates will be invited for membership in their chapter. The selection process is based on the five points of the membership star and on the membership goals developed by each collegiate chapter. There are no guarantees that any legacy or candidate will become a Delta Gamma, just as there are no guarantees that every legacy will want to commit to Delta Gamma.

We often say — and I think this is true! — that pledging a legacy gives the chapter two members: the new member and the happy Delta Gamma relative, who has a renewed enthusiasm for serving the Fraternity and the collegiate chapter.

Legacies are an important link between Delta Gamma's past and future. We all have a responsibility to make sure that our future is filled with legacies who were raised to be DGs!



Three generations of redheads at Beta lota-Purdue: Lois Clark Wolfenden Barbara Wolfenden Frey, and Morgan Wolfenden Frey

legacy policies

- \bullet All legacies will be invited to at least one invitational event.
- If a legacy is invited to the preference round, her name must be included in the first list.
- Legacies will not be voted on earlier than any other candidate.

I am lucky to have my little sister as a Delta Gamma collegian.

At the age of 12, my sister Laura was diagnosed with a brain tumor — luckily it was not cancerous. It was, however, wrapped around her brainstem. In surgery the optical nerve was paralyzed, but Laura was lucky. She has no other side affects since the successful brain surgery was more than six years ago. The only outward change was in her appearance. Because of the paralysis, she is unable to

open her right eye, but functions perfectly with her left.

Laura's life changed at such a young age, and she grew up very quickly. Although she is one of the strongest women I know, she has had to overcome a lot of obstacles — obstacles a normal teen-



stacles a normal teen- Laura and Megan are sisters in life and Delta Gamma

ager should not have to face.

Her high school years were very difficult. Laura spent the majority of her time wishing she could be accepted, part of the group and popular again. My sister is very bright, completely capable of taking on new challenges and full of life. Still, she struggled to belong.

When she got to UC, Riverside, Delta Gamma took the time to see all the wonderful things I see in Laura. DG chose Laura, and she chose DG. The experience has given me my sister back! She still faces awkward social situations, but she is now part of a group that listens to what she has to say, looks to the future with optimism and opens her heart to what lifelong Delta Gamma membership has to offer.

We all have our favorite DG stories, and this is mine. I thought DG gave me the greatest gift when I was chosen as a 2002-03 Collegiate Development Consultant, traveling around and helping different chapters, but the true gift was pledging my sister and improving her life.

It speaks volumes to me that Laura pledged a different chapter than the one I pledged. The importance of our Delta Gamma legacies lies deep in our strength and heritage. Without opening our doors and hearts to legacies, we miss that link and may deny those who can carry Delta Gamma to the future.

Laura is now the vp: membership at Zeta Lambda chapter. I have no doubt she will give it her all, strengthening her chapter, the recruitment process and Delta Gamma as a whole.

—Megan Kennedy, Nu-Idaho

n Loving Memor

Editor's note: Every member's death is a tragic loss to the sisterhood of our Fraternity. While we regret we cannot memorialize everyone in these pages, we share the recent passings of a former Fraternity President and a serving regional

officer. And, because collegians are the Foundation of our lifetime membership, we mourn two recent collegians' deaths, as well. All other members' passings are listed, as usual, in the In Memoriam section (page 44).

Carol Schuster Strom



A dedicated volunteer, carol Schuster Strom, Alpha Tau-Butler, passed away on March 11. She was the Region 4 Collegiate Recruitment Specialist, who was also currently serving as the Region 4 Nominating Committee Representative and the Collegiate Recruitment Consultant for Delta Upsilon-Indiana/ Purdue, Fort Wayne. Carol was 58. She touched countless lives in her several advisory roles and 20 years as an educator.

Here, some women who knew Carol best share their thoughts and loving memories.

The always put family first. Despite insisting that she was too voung to be a grandmother, Carol took such joy and found such excitement when she became a grandmother in September 2004 (Andrew John Strom) and January 2005 (Abigail Peyton Gellman). She also believed that marriage was a lifelong commitment to be cherished. (Carol and Greg were married for more than 35 years).

Most of her closest friends were those she had met through



Nancy Holt and Carol

paired with someone she didn't know as her roommate. More Carol with Nan Diehl and Patty Wachel often than not,

Carol would go home having made a new friend. Each time she was given a new advisory position, rather than look at it as more work, Carol looked at its benefits — one of which was that she would get to go to another Convention! She was so proud of her Fraternity! Carol had never mentioned it, but her family knew instinctively: She would want to be buried in her Delta Gamma pin.

-Monica Gellman, daughter

Delta Gamma.

When she

would go to meetings or

Conventions,

she was often

Carol Strom was my first alumna contact who got me involved in an alumnae group officer position. In 1978, we became fast friends for life, even though we didn't share our collegiate experience together. We were advisers and Fraternity officers together; we received our Cable Awards and our 10-Conventions pins together. I will never forget when I took the Oath of Office as VP: Membership at the New Orleans Convention in 1994. I looked out at the flashing light bulbs and the sea of smiles, but there was one smile that I remember most. Carol was smiling with tears in her eyes because she was truly my best supporter and my champion always.

-Patty Shute Wachel, Alpha Tau-Butler

What I will remember most about Carol is that when she spoke of someone, she referred to them as "my good friend" or "our good friend." We were all her "good friends." Carol was our true friend. She never spoke unkindly of others, never wanted to hurt anyone's feelings. She gave encouragement during down times and shared her pride in other's achievements. She had a heart of gold that held much love for her family and much love for her second family: Delta Gamma.

We will honor her and know her spirit is with us by the kind words we share and the service we give others.

-Nancy Rife, Gamma Iota-DePauw

Deing the Fraternity's Region 4 Director was never as hard as it was the day I had to call our team members and tell them one had died. Carol Strom was very special to all who knew her. I had known Carol since the early '90s. On our team, she was always the first to say, "I can do that."

—Jan Anderson Hankins, Delta Omicron-Morehead State

I learned some of my most valuable lessons as a collegian from the very strong alumnae who advised Alpha Tau chapter. Mrs. Strom was one of them. From her, I learned about lovalty. She was so protective in her love for Delta Gamma, the Fraternity and its members. It took me many years to stop calling her "Mrs. Strom," but as I did, a friendship grew. I will always consider her a mentor first, but "friend" is a very close sec-

-Barb Nussa Boersma, Alpha Tau-Butler

A Fraternity Remembers

There are several memorial funds and scholarships established through the Delta Gamma Foundation to help us commemorate the lives of those we cherish. To inquire or to make a memorial donation, contact the Foundation staff: (614) 481-8169; dgfoundation@deltagamma.org; or 3250 Riverside Dr., P.O. Box 21397, Columbus, OH 43221-0397.

Mary Ann (Mal) Lummis Bowyer, Beta Zeta-Denison, died on May 1 at her home in Green Valley, Arizona. Mal, as her friends called her, was a dedicated member of the Fraternity's Board of Advisers. She served as Fraternity Presi-

dent 1974-78; Vice-President Collegians 1972-74; Fraternity 2nd Vice-President 1966-70; Alumnae Programming Chairman 1966-

67; and Province Alumnae Chairman 1963-66.



Mal, front row, center, recently attended the Founders Day celebration in Tucson with other members of the Green Valley hope group.

Mary Ann Lummis Bowyer

Mal devoted many years to Delta Gamma and always kept in touch. She was an avid golfer and enjoyed the sport with her husband Herschel until his death in 1999. She also enioved plaving bridge and reading mysteries. She attended several social events in Green Valley, where her small alumnae group kept her connected to Delta Gamma.



Mal in her official portrait as Fraternity President

Look for more on Mal's life, achievements and contributions to the Fraternity in future issues of the ANCHORA.

Paisley Caldwell & Gina Zalunardo

Thankfully, it's not often that we have to report the death of a collegian. However, tragically, there are two recent passings to share.

Following a spring break car accident, Paisley Caldwell, Gamma Tau-Texas Christian, passed away March 13. She was 18. (Gamma Tau chapter is still mourning the loss of Mindy Maher, another collegian who was killed in a car accident on May 3, 2004.)

Gina Zalunardo, Beta Upsilon-Oregon State, was found on May 12 following an exhaustive search. Gina, 22, had been one of several hundred OSU students at a houseboat party in Shasta County, California. Investigators ruled her death a suicide.

Both Paisley and Gina will be remembered as women who embodied all points of the Delta Gamma star.





understanding and decoding

By Vice-President: Collegians Beth Bell Searcy, Epsilon Gamma-Virginia

If we were face-to-face, this discussion would be easier.

I don't know your story, so I don't know the context in which vou will read these words. But because vou receive an AN-CHORA, chances are that you are a college woman or graduate. And that you have sometimes felt sad, overwhelmed or depressed. And that at some point, about one of every 10 of you have seriously considered committing suicide.

A Delta Gamma collegian named Gina took her own life this year. News of her death affected hundreds — probably thousands — of people. Whether you knew her personally or not, her story is relevant because of the questions that linger.

It is not clear if she suffered from any mental illness (most suicide victims do, whether it is diagnosed or not), nor whether she exhibited any warning signs (most suicide victims do, whether they are identified or not).

Suicide is a complex, multifaceted issue, and some prevention experts believe that media coverage of suicide can increase the potential for imitation behavior. Acknowledging Gina's story does not glorify her decision. But it may raise awareness among collegiate and alumnae members of what happy faces may be

It's a troubling dichotomy. Many of us lead exterior lives of achievement and interior lives of pain. We juggle tasks, roles and responsibilities and look like we've got it all together on the outside while feeling drained and insufficient on the inside.

Occasional periods of sadness, anxiety or loneliness are normal. Persistent feelings of hopelessness, depression and isolation are problematic.

Delta Gamma has a unique opportunity to be an antidote to what some critics call an "emotionally empty" society. We offer authentic relationships and values-based programs, a standard of behavior and a lifetime of belonging. This haven is critical at a period when research shows students experience more stress, more anxiety and more depression than a decade ago. More than a third of last year's incoming freshmen women reported in a national survey that they "frequently felt overwhelmed by all they have to do" (Sax, 2004).

While students with mental health conditions are particularly at risk for self-injuring behavior, an alternative profile of an adolescent suicide is that of a high-achieving, anxious or depressed perfectionist (Jamison, 1999).

The prestige or competitiveness of the institution is not a statistically relevant factor in suicide rates, but two elements that are unfortunately prevalent among college students — lack of sleep and alcohol misuse — do relate to the difference between suicide ideation (thinking about doing it) and attempt

Delta Gamma can leverage its programs and people to support a comprehensive suicide prevention network. Components of a chapter or individual plan may include providing programming about mental health issues and resources, improving members' life skills and coping strategies, encouraging help-seeking behaviors and access to mentors, creating meaningful relationships, and having a crisis management plan.

This discussion is critical whether we have the benefit of being face-to-face or knowing one another's stories, because we as women and sisters are simultaneously vulnerable and strong. And because suicide should not become just another safety topic. And because we share the anchor of hope that guides us toward another day.

Sources

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Over the past 60 years, the adolescent suicide rate has tripled.

There are more than 1.000 suicides on college campuses each year.

Behaviors to look for

that could signal depression or suicidal thoughts

- increased drug or alcohol use/misuse
- impulsive, immature or physically reckless behavior
- a change in behavioral patterns or dramatic mood shifts
- withdrawing from friends, family or society
- feelings of hopelessness, rage or lack of purpose (observed or vocalized)
- anxiety, agitation, change in sleeping patterns
- unexplained interest in death, dying or suicide
- distress over an unresolved interpersonal conflict

Helpful resources

Ulifeline.com. The Jed Foundation is the nation's first nonprofit group dedicated solely to reducing suicide on college campuses. The Foundation was founded by Phillip and Donna Satow, whose son Jed killed himself while at the University of Arizona. This free, anonymous Web site is customized to link students to their college counseling centers and a library of mental health information.

The National Suicide Prevention Lifeline, 1-800-273-TALK, provides trained telephone counselors 24 hours a day.

Campusblues.com. This site helps students find appropriate mental health service on or near their campuses.

Campus residence life, counseling services or Greek affairs professionals, have response protocols to help students deal with crisis situations at all hours. Know your campus service options and access information.

Ways to help

someone who is threatening suicide

- 1. Know your own boundaries. You are not responsible for another's health and are not a trained professional.
- **2. Be direct.** If you suspect someone is depressed or considering suicide, ask her directly.
- **3. Avoid drama and gossip** about the situation. Be as calm, rational, and focused as you can be.
- 4. If you fear immediate harm, call for help. It is better to risk offending someone than risk losing her.
- **5.** Be willing to **listen non-judgmentally**. Allow her to express feelings and avoid an ethical debate about suicide. Don't ask "why" or act shocked, as these responses create defensiveness or distance.
- 6. Only make promises you can keep (such as "I will stay with you for an hour.") Don't be sworn to secrecy. Don't call her bluff out of frustration or attempt "reverse psychology" by daring her to do it.
- 7. Offer hope that alternatives are available, but not glib reassurance. Downplaying the complexity of the circumstances will add to the sense that no one understands.
- **8. Remove means** such as access to firearms, medicine supplies or lethal substances, and high places.
- **9. Get help** from those specializing in crisis intervention and suicide prevention. With her permission, call the hotline or counseling center and hand her the phone. If you are comfortable, offer to accompany her to a counseling appointment.

- 10. Express concern and support. If it is natural within the context of the relationship, tell the person something you value about her and that you hope she will reconsider any intent to harm herself.
- 11. If possible, elicit a promise that she will not harm herself for a specified period of time. During that period, try not to leave the person alone and arrange a professional intervention.
- **12. Take care of your own** needs if the encounter creates stress for you or raises issues of depression, confusion, or sadness.
- 13. Within a group living situation, such as a chapter house, inform chapter leaders and advisers of situations or patterns of behavior that concern you.
- 14. Do not assume responsibility for another's health, happiness or life. Balance being a concerned, supportive sister with your own needs, and be constructively candid about this balance with the person if necessary.

People in the midst of a crisis often perceive their dilemma as inescapable and feel an utter loss of control. Intervention can help suicidal people 1 identify 1 alternatives.

SUMMER 2005

Saying thank you A Tribute to Sisters

By Kelli Ann Ross, Eta Beta-Hartford

It can be all too easy to take your sisters for granted — and much harder to find adequate praise when they help save your child.



Celli Ann and her son lar

I have a countless number of sisters because I am a Delta Gamma. But I have never been more proud or honored to tell people that I am a Delta Gamma and that my sisters changed my life and the life of my son in unfathomable ways!

As an alumna of Eta Beta-Hartford, it seemed only appropriate to become a member of the Hartford alumnae chapter when I returned to the area in 2003. Two of my Eta Beta sisters were on the group's board; I joined them as interim Webmaster.

During one of our meetings in February 2004 I was talking about my 13-month-old son Ian. I mentioned a few

problems he seemed to be having with his development — all of which, I reasoned, could be traced back to his time in the Neonatal Intensive Care Unit.

As luck would have it, Tracy Benemerito Stead and Jaimelynn Karrenberg Drake, both Eta Beta-Hartford, were in the occupational and physical therapy fields. They quickly recognized my son's issues as significant and recommended that I contact my local Early Intervention agency.

I followed their recommendation with what I must admit was a bit of skepticism. There couldn't be anything seriously wrong with *my* kid.

Well, there was.

Over the course of the following year, therapists discovered many developmental delays in Ian. Through Early Intervention, he received therapy immediately and consistently.

But Ian's developmental delays persisted. He couldn't regulate his own sleep or feed himself. He started toe walking and had trouble dealing with textures of food, clothing and other objects. He had fine motor skill deficits and expressive speech delays. He was unable to soothe or calm himself — even with assistance — and had extreme difficulty with transitions.

While Ian made some progress in therapy, the Early Intervention team suspected something further. Something no parent wants to hear: "Your son may be autistic."

Those words struck a place in my heart and soul I didn't know existed. I was beyond wanting to cry. "Not my son!"

The official diagnosis of Autism and Sensory Integration Dysfuction came, but it wasn't as hard to take as I thought it would be. He is the same awesome little boy that he was before the diagnosis!

Ian doesn't even realize he has "a diagnosis." He is ahead of the curve, and, because he is now able to receive even more intensive therapy, his outlook is fantastic.

And I owe it all to my sisters.

There is no way to know what situation Ian might be in right now if it hadn't been for Tracy and Jaimelynn's advice. What I *do* know is that my son now has every chance and opportunity to develop into a phenomenal person because my sisters were there.

Tracy and Jaimelynn helped change my life and the life of my son. They helped save us from what could have been years of frustration. They gave us a head start that has already made all the difference in the world to one beautiful little boy and his very grateful mama. I have never been more thankful to two individuals that I am privileged enough to call "sisters."

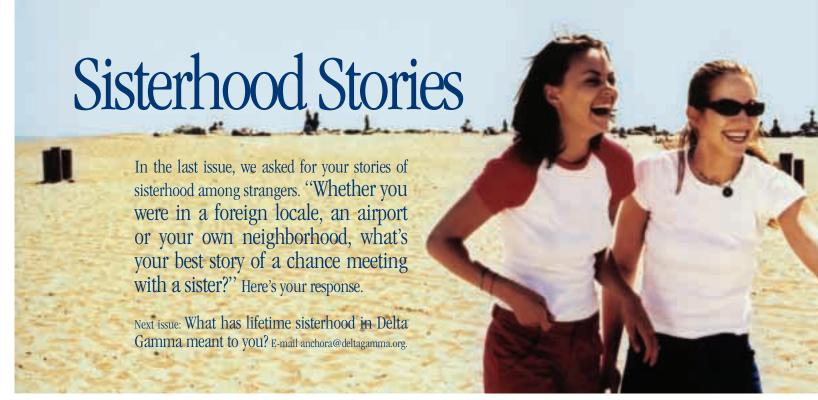


Ian has been receiving occupational, physical, craniosacral and the Floortime method of autism therapy (developed by Dr. Stanley Greenspan) since February. He has responded better than anyone expected. In only a few months he began using two- or three-word requests and makes eye contact with familiar caregivers. He points and says "mama" to get my attention to

share some of his interests with me. He has shown me that there is always so much to hope for and that he has no limits.

Ian is blessed to have two very precious Delta Gamma aunts. As a way to share the good things Tracy and Jaimelynn did for Ian, I have become very involved in my community. I share all of the resources and research I find with other parents and service providers. I went to the local police department to ask how I could help other parents with the 911 Disability Locator Form or starting a town-wide autism alert program.

There is no known cause or cure for this disorder that strikes one in 150 families, so I am doing what I can to help fund research. I started a team for our local National Alliance of Autism Research Walk and called it "NO LIMITS." We will walk on September 17 in Westfield, Massachusetts, with hundreds of others who have been touched by autism.



Anchored in the Big Apple

During my semester as a visiting student at NYU in 2002, a friend and I raced down Canal Street, from one subway line to another. As we walked, I thought I heard a faint call of my name. Not ten steps past an ATM-stop, I heard it again. I asked my friend if he had heard my name, but he laughed and said how he had lived in the city long enough to know people never run into familiar faces. Just then, I felt tightly clasped arms around me — those of Kim Thompson, a fellow Mu-Missouri DG! I was flabbergasted and thrilled! After living months in a huge city, never seeing a familiar face from home, the astonishing encounter with Kimmie was nothing short of unbelievable. As I walked away with my friend, he commented that his mother — also a DG — would probably be just as excited!

—Emily P. Cole, Mu-Missouri

S.S. DG

In late February 2001, my husband and I were on an A&K trip to Antarctica. On the final night of the three-week cruise, I discovered that two women with whom I had become friends were DGs! They are Edith Sortor Jones, Beta Kappa-Kansas, of Ft. Worth; and Lucy Stell Polter, Gamma Nu-North Texas State, of Dallas.

-Nancy Neidhold Spalding, Alpha Mu-Beloit

And the password is...

Last summer I went to my neighborhood block party. I saw the familiar face of Jill Spiess Cutler, Epsilon Xi-Lafayette, who, instead of reaching out for a hug hello, engaged my hand in the DG secret handshake. Completely caught off guard, I was amazed to feel my fingers respond with the correct motions. I looked up at her and said "You're a DG??!!" We had known one an-

other for more than a year, but a recent Philadelphia alumnae newsletter had mentioned I was hosting an upcoming event. It truly is a small world!

---Kate Hollos, Zeta Delta-Rochester

DGs at the dog show

I was standing at ringside, waiting my turn to show my dachshund at our national specialty in Houston. The handler next to me asked what my dog's name was. When I replied, "Hannah," she chuckled and told me that Hannah was the name of her college sorority mascot. "Well," I responded, "that's why I named her that!"

—Mary Anne Everett Fowler, Beta Kappa-Kansas

Pass the salt, sister

We established a dining club for my small church to get to know members better. At one hosted by a relative newcomer, our table of eight was making introductions. Nancy Rosendale Redgrave, Alpha Zeta-Lawrence, already a good friend, was with us, but we didn't know the other two couples. We asked our hostess where she had gone to college and she said Denison. You guessed it. She was a DG: Ann Burgdefer Race. With that, the other gal at the table said, "Well, I am not a DG, but my daughter is!" Then, several weeks later, Ann, Nancy, me and our husbands were with another couple. The gal (Pat Hunziker, Rho-Syracuse) heard us say something about DG and said, "I'm a DG!" We have all become good friends, naturally. Ann says I seem to draw the DGs wherever I go. We thought we might form our own little alumnae chapter at church!

--- Marjorie Snyder Peabody Stapleton, Beta Zeta-Denison





What are the odds of four Delta Gamma alumnae all traveling on the same European vacation and all finding each other one-by-one? From left: Jackie Smith, Marge Stapleton (with the famous DG cap), Missy Warfield and Faith Maddy

Euro-DG

On a 1997 European trip, I saw a woman wearing the greatest sweater and I said, "Wow, that sweater was meant for a DG!" She said, "You're right — I am a DG!" Faith Maddy, Alpha Epsilon-Washington University, and I had fun in the days following knowing, despite the difference in our ages, we were sisters. As the group headed to Interlaken by bus, I wore my favorite DG cap. A woman tapped me on the shoulder and said, "I am a DG, too!" Missy Warfield and I have remained friends ever since via e-mail and Christmas letters. The last day, Missy came running up to me, saying, "I've found another!" In relating our meeting to fellow passenger Jackie Smith, Jackie responded that she, too, was a DG!

--- Marjorie Snyder Peabody Stapleton, Beta Zeta-Denison



Mary Nadine Kane, Zeta Epsilon-Santa Clara, and Kyra Lucchesi, Epsilon Zeta-Loyola Marymount, knew each other in high school, but didn't learn of their DG connection until they ended up in the same study abroad program.

A photo finish

I am a counselor and the yearbook advisor at Bellarmine Preparatory School in Tacoma, Washington. When my co-editors from last year went off to different colleges, we kept in touch by e-mailing each other during the year. To my surprise and delight, they both pledged Delta Gamma! Ashley Bertolin is now an initiate of Zeta Epsilon-Santa Clara, and Mary Katica, is a member at Beta Nu-Carnegie Mellon. We can hardly wait for this summer to get together and celebrate our common bond!

—Annette Bemis Michalson, Beta-Washington

Recognize me?

I studied abroad for my junior year on the Gonzaga in Florence. Right away, I recognized a girl I had met before and with whom I shared some mutual friends in high school. I didn't find out until about the third day of our opening tour, however, that we were sisters! I asked her if she was in a sorority and she said yes. Then I asked which one and, when she responded, "Delta Gamma," I screamed, "ME, TOO!" I was so excited! We loved traveling together and recently we sported our letters in front of the Parthenon in Greece.

—Mary Nadine Kane, Zeta Epsilon-Santa Clara & Kyra Lucchesi, Epsilon Zeta-Loyola Marymount

Next in line

After working out — yes, I had my letters on! — I went to pick up a prescription. The store announced that there was a shorter line at the pharmacy and people could check out there, so others joined me in line. I was standing behind a woman who looked over at my DG clothes and said, "I'm a DG, too!" We struck up a conversation and it was great! Initiated at Delta Epsilon-University of the Pacific, she was an adviser at Alpha Nu-Southern California. What a small world!

—Megan Kennedy, Nu-Idaho

The best policy

I discovered Shirley Detrick Chambers, Theta-Indiana, in the Basanta Lodge in Dhampus, Nepal. I mentioned "my sorority" several times to see if anyone was interested enough to ask me which one. Shirley did, and we hugged. In 2000, I met Margaret Brooks Fisher, Beta Theta-Duke, in Machu Picchu because my DG necklace flopped out of my adventure shirt. Margaret noticed it, and we still exchange Christmas cards. It is always my policy to mention belonging to a sorority several times while on a trip — and we travel a lot. (Coincidentally, in the letters supporting my Cable Award this year, the writers highlighted this habit!) You never know when you are traveling with a sister!

—Jean Sauerberg Ware, Gamma Tau-Texas Christian

DG doubles, anyone?

In the 1970s, we lived in Hong Kong. At a tennis tournament of the businessmen's wives against the consulate wives, I wore my DG sweatshirt. My assigned partner turned out to be a DG! Of course, we won!

—Jean Sauerberg Ware, Gamma Tau-Texas Christian

Now boarding

While I was waiting for a plane in Oakland airport, a woman approached me because of the DG logo on my computer bag.

She had four Delta Gamma daughters! Alas, she was not a DG, but her husband said that she should be an honorary mem-

"With surprise encounters like these, who could argue that our small, small world is anything but wonderful?"

—Emily Cole, Mu-Missouri, ran into a Mu chapter sister in New York City

ber for all the time and money she donated to her daughters' chapter! I am hoping I can locate her and ask her if she would like to be an alumna initiate! I will keep you posted!

—Linda Crawford Linck, Gamma Kappa-UC, Santa Barbara

Here, there, everywhere!

When I was in college, I worked in a science laboratory. One day, I was talking with one of my coworkers about being a Delta Gamma, and she excitedly replied that her sister was, too! We talked about DG every once in a while, but it wasn't

until years later, when my co-worker got married, that I met her (and my!) sister. It was great to meet her, and I felt an instant connection! Also, when I was out with a few friends one night, I met two DGs from my home state who became DGs in another state. We are everywhere!

—Hoang-Uyen X. Nguyen, Lambda-Minnesota

Do-Good DGs

I work in a special purpose school for students with emotional and/or behavioral issues so severe that they need instruction at a segregated site school. I was thrilled to learn that two other DGs work with me! In such a specialized field, I think it shows the caring nature of Delta Gammas to find three DGs on a staff of 62.

—Stacey Brewer Kramer, Alpha Kappa-Washburn

Not-so-chance encounter

At my first DG Convention in Washington, D.C. last June, I was struck by the number of women

who talked about how their big or little sisters were part of their lives. I was also struck by the number of women who had not been in contact with their big or little sister in years and years. I was one such alumna. When I returned to my Florida home, I tried to see if anyone knew about my big sister, but had no luck. I decided to send an e-mail to the Delta Iota-Georgia alumnae user group of several hundred women. Within one hour I received three responses: two wished me luck and the third was from my big sister herself! Not only had I found her in this huge country, but I discovered that she now lives 30 miles from me!

---Karen Mitchell Barth, Delta Iota-Georgia

A lasting impression

Our daughter is a member of Delta Gamma at Beta-Washington. Her mother and I recently visited Washington State University, simply to see a cross-state college. We were taking photos of the Greek Row, when two women posed for us and welcomed us inside. They gave us a warm and friendly tour of the DG house, showing tremendous pride in their home and membership. They were, in our opinion, a true asset to your organization. We just wanted to inform you and thank you for the wonderful impression they left on us!

—Thomas and Diana Beachler



High school yearbook advisor Annette Bemis Michalson, Beta-Washington, was delighted to learn that her two former coeditors both became DGs at college! From left: Ashley Bertolin, Zeta Epsilon-Santa Clara; Michalson; and Mary Katica, Beta Nu-Carnegie Mellon

Founders Day 2005



Delta Gamma's three Founders at countless celebrations this spring. Thousands gathered at their local

Collegians and alumnae honored Founders Day events to recognize DG's distinguished roots (now 132 years old!) and pay homage to their group's most treasured members. Here's a sampling from Founders Day '05!



In Akron, Ohio, Beth Kartarius, Ieft, and Deb Cook, both Eta-Akron, received the Fraternity's Oxford and Rose Awards respectively.



Three of the 50-year-members at Southern Methodist's Founders Day event were from Gamma Nu-North Texas, from left: Pat Wallis, Martha Webb Dole (greatneice of Eva Webb Dodd) and Patsy Hall Stodgkill.



Beta Lambda-Gettysburg seniors learned about the benefits of lifetime Delta Gamma membership at their Founders Day event.



Five founding chapter members helped make Epsilon Epsilon-Tennessee Tech's Founders Day celebration extra special.



Several distinguished guests (including Fraternity President Shari Souser Malone, Gamma Epsilon-Kent State, far left) were on hand in North Carolina when former Fraternity President Maureen McCulloh Hollmeyer, Gamma Rho-Wittenberg, center, received the Fraternity's Cable Award. Collegians from Beta Theta-Duke and Eta Kappa-North Carolina State also helped celebrate.



Epsilon Gamma-Virginia chapter honored one of their own: Vice-President: Collegians Beth Bell Searcy, left, with a commitment award in her name. Former chapter president Nicki Kahner received the award in its inaugural year.



Eta Kappa-North Carolina State collegians smiled for the Founders.



Above: Beta Tau-Miami (FL) collegians joined area alumnae for Founders Day. Right: Former Fraternity President and guest speaker Maureen Sweeney Syring, Nu-Idaho, left, presented the Fraternity's Loyalty Award to Jane Strehlman Wright,



At the Founders Day event in Colorado Springs, Marylin Hough Werschky, Beta Upsilon-Oregon State, *left*, received the Fraternity's Loyalty Award while Cindy Blehm Koons, Alpha Theta-North Dakota, received the Cable Award.



At Knoxville's Founders Day event, Kris Reed Maedel, Beta Xi-Michigan State, second from right, received the Fraternity's Cable Award and learned that she had been named the year's Honorary Fellowship Honoree.



Jessica Ruggeri Hogue, Eta Alpha-Pepperdine, pinned 60-year-member Helen Pappas Traina, Omicron-Adelphi, at the Founders Day event in New York City.





Epsilon Pi-Connecticut collegians gathered for a photo at their Founders Day celebration.

CONGRESSIONAL UPDATE

DGs Join Other Greeks to Invoke Change

Collegiate Housing and Fire Safety Are Main Issues

By Fraternity President Shari Souser Malone, Gamma Epsilon-Kent State

On April 10, 2005 three students died in an off-campus fire at Miami University in Ohio. One of the victims was a descendent of one of the Founders of Pi Beta Phi. It was a tragic and senseless loss of precious lives, but it spurred action.

Just nine days later, more than 150 Greek men and women descended on Capitol Hill as part of the Fraternal Congressional initiative. For the past few years, fraternity and sorority leaders have been working together to build a presence in Washington, D.C. that helps improve the fraternal experience. They visit Congressional representatives to educate and lobby for initiatives that will benefit collegiate housing and infrastruc-

Current tax codes effectively islations are: the Collegiate prevent Greek housing from 2005 and the College Fire Preveninstalling modern life-saving equipment.

tures. The two most important leg-Housing and Infrastructure Act of

Greek housing alone averages 141 fires every year. Aside from colleges and universities, Greeks

are the largest not-for-profit student landlords, housing 250,000 students at no cost to the schools or taxpavers.

However, the current tax codes effectively prevent Greek housing from updating the infrastructure and installing modern lifesaving equipment. Currently only eight percent of all Greek housing facilities have sprinklers in place. Since 2000, there have been 68 deaths related to fires in campus housing, but none from houses with sprinklers.

Greek housing needs \$300 million to install life-saving equipment and meet minimum code. With the passage of these two legislative measures, Foundations could receive tax-deductible contributions to fund grants to provide, improve, operate or maintain collegiate housing.



Vice-President: Fraternity Programming Carol Nunnally, third from left, joined Sigma Nu alumnus and Congressman Joe Wilson, center, and other Sigma Nu Fraternity representatives.

In April, National Panhellenic Conference Chairman Martha Cheelev Brown, Gamma Nu-North Texas State; Fraternity President Shari Souser Malone, Gamma Epsilon-Kent State; and Vice-President: Fraternity Programming Carol Jones Nunnally, Gamma Pi-Roanoke, represented Delta Gamma in D.C. In addition, students were invited to participate for the first time. Molly McBride, Alpha Delta-Oregon, and Anne Hooper, Eta Kappa-North Carolina State, were two of the 20 students selected to participate.

McBride and Malone teamed up, spending time with Senator Mary Landrieu, Gamma Zeta-Louisiana State, who has become one of the Senate sponsors for the Collegiate Housing and Infrastructure Act. Additionally, Delta Gamma has two alumnae serving as Congresswomen: Jo Ann Herman Emerson, Alpha Rho-Ohio Wesleyan, and Melissa Hart, Epsilon Delta-Washington and Jefferson.

The collective efforts of 9 million members in 101 Greek organizations have power and influence. In March 2005, the Fraternity and Sorority Political Action Committee (PAC) formed with bipartisan support from the 154 Greek members in Congress. The Fraternity and Foundation cannot support any political activity, so all donations must be private. (Vicki Vannoy Nixon, Gamma Xi-Texas Tech, has agreed to coordinate Delta Gammas' private donations toward this endeavor.)

Since the April visits, the Collegiate Housing and Infrastructure Act has 43 sponsors in the House and eight in the Senate. Greek organization leadership will return to D.C. again in September.



Delta Gammas unite! From left: Fraternity President Shari Malone, Senator Mary Landrieu and collegiate representative Molly McBride

Hotel Celebrates 75 Years

Beekman Tower Has Roots to NPC and Delta Gamma

Nearly 100 Panhellenic women were on hand to help the Beekman Tower Hotel (formerly Panhellenic House) celebrate its 75th anniversary April 22-23. National Panhellenic Conference officers presented a plaque commemorating the hotel's anniversary and close ties to NPC.

In 1921, the New York chapter of the National Panhellenic Association decided to build a clubhouse to provide housing for sorority women looking to find work and settle in New York City. The Association raised \$1.6 million by selling bonds to members.

Philanthropist Emily Easton Hepburn and Delta Gamma alumna Marguerite Dawson Winant, Omicron-Adelphi, (who later served as Fraternity President, 1928-32) were hailed as the two active visionaries who made the idea a reality.

When Hepburn chose the hotel's site (New York City's east side, on 49th Street and 1st Avenue), the decision was decidedly risky. The location was not well regarded and sat just a few blocks from a slaughterhouse. Hepburn and Winant were instrumental in pressuring civic authorities to improve the neighborhood. (In time, the area was revamped and became the home of the United Nations and Grand Central Station.)

Originally purchased in Hepburn's name, the hotel was officially turned over to the Panhellenic Association in 1928. The hotel opened that year, complete with the Greek alphabet carved into the entrance bricks. The cornerstone even contained a listing and history of the Panhellenic Association fraternities.

In 1964, Affinia, a collection of luxury and business New York City hotels, bought the property and renamed it "Beekman Tower."

Today, the hotel is regarded as one of Manhattan's true Art Deco masterpieces. Steps from the UN, the 26-floor all-suite hotel plays frequent host to foreign dignitaries.



Beekman Tower, shown here in 1957, is a

WOW!

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Lectureships in Values & Ethics Purdue Welcomes *GMA*'s Robin Roberts

By director: lectureship Shannon Donabue, Beta Iota-Purdue

"Boiler Up, Go Boilers!"

Robin Roberts knew how to appeal to the crowd when she presented her Lectureship in Values and Ethics at Purdue

> University's Mackey Arena on April 9.

Beta Iota chapter was the proud host of the inaugural event at Purdue (Delta Gamma's 11th established Lectureship in the program that memorializes Dorothy Garrett Martin, Eta-Akron).

Roberts captivated the crowd with her enthusiasm and genuine attempt to make a connection with viewers. As an ABC Good Morning America news anchor, she is accustomed to being a friendly face and providing her viewers with news they can trust.

With a big smile, Roberts first recognized her mother and father, whom she truly admired, as each one successfully broke down racial barriers. She spoke of how the morals and values they instilled in her have played a huge part in the person and success she has become.

Roberts told audience members not to get discouraged because, despite her success, she had faced many steps in her life. She encouraged captivated attendees to "dream big, but focus small on the day-to-day things. Take what you have learned at all stages of your life and apply it to everyday," she said.

While the lecture itself was resounding and influential, Delta Gamma collegians and alumnae made sure the events before and after added to the success of the day. Prior to Roberts' presentation, Delta Gamma alumnae donors and guests mingled with Roberts at a chapter house reception. The people who helped make the event possible had the opportunity to meet the distinguished speaker personally.

After the lecture, DG alumnae and Purdue faculty accompanied Roberts to the Purdue Alumni Center for a post-event reception. A more intimate dinner followed, where select chapter members and major alumnae donors joined Roberts. The dinner served as a great end to a day that many of us will remember forever.

Is your chapter planning a lectureship event or in the process of endowing a lectureship fund? Keep the ANCHORA informed! E-mail anchora@deltagamma.org.



brought to you by the DELTA GAMMA

Another program

The Good Morning

captivated audience

members with her

inspirational message

America anchor

Beta lota chapter members proudly welcomed Roberts for their first Lectureship in Values and Ethics. The chapter established their program in late 2002.

Fraternity Housing Corporation Celebrates Past and Looks to the Future

By FHC Accountant Mandy Ames Reymann, Beta Zeta-Denison

Participants' Point of View

FHC takes care of all the details, and staff members are a wealth of knowledge. FHC is well worth the (very minor) expense! Their knowledge and experience with workers' compensation regulations, tax laws and the idiosyncrasies of accounting for depreciation have been a Godsend!

—Heather Drennan, Gamma-UC, Berkelev Gamma-UC, Berkeley house corp. treasurer FHC participant for 13 years

FHC has been fantastic! They help our volunteers concentrate on other business at hand. Plus, FHC watches out for us! Simply said, they are part of our team.

—Jeri Wentjar Berg, Beta-Washington Beta-Washington house corp. president FHC participant for 10 years

For a chapter as large as Eta Gamma and with a house as large as ours, it would be a full-time job to handle! FHC has given me time to work with our collegians and manage the house more efficiently.

—Lee Anne Polen Potter, Gamma Nu-North Texas Eta Gamma-Texas A&M house corp. president FHC participant for 8 years

FHC is great because they do most of the treasurer's work, and staff members are experts in Delta Gamma policies and accounting. Plus, the staff provides continuity if a chapter is ever between treasurers or if an officer gets too

> —Patty Preston Roth, Gamma Kappa-UC, Santa Barbara Delta Chi-UC, Davis house corp. treasurer FHC participant for 1 year

I love that I don't have to write checks for every single bill. FHC's billing system cuts down on the time I spend on treasurer duties by at least 90 percent and allows me to take care of bigger picture items. I don't know how I would serve without them!

—Summerlyn Lotz Thompson, Epsilon Gamma-Virginia Epsilon Gamma-Virginia house corp. treasurer FHC participant for 7 years

he Fraternity Housing Corporation began in October 1989 to assist chapter house corporations in managing their properties. It performed accounting functions that many housing officers found daunting and time-consuming, such as bank reconciliation, payroll, tax returns and check-writing. FHC also collected chapter money for the house corporations.

In the late '80s, there was only one other Greek group with a housing program like the one Delta Gamma envisioned. Zeta Tau Alpha became the model for DG's FHC business plan

FHC originally took ownership of the properties (a practice most other housing corporations in National Panhellenic Conference groups maintain). Twelve house corporations agreed to sign over the deeds of their houses and all their real assets to FHC in lieu of managing all the day-to-day activities.

However, taking ownership became a major stumbling block to FHC's growth. It was difficult to convince chapters to give up

home ownership and, as a result, very few joined in the first five years. FHC operated in the red and its future looked bleak.

In fall 1994, FHC was reborn – with the help of accountants Ness and Co., and a team of dedicated Council, Cabinet and staff members. The new FHC was a Fee-for-Services program. All property was returned to the current participants, and FHC be-(including all the aforementioned functions) for a monthly fee.



as the Region 4 Housing Director. At first, house corporations were reluctant to join. But, as the memory

of the old program faded away, clients began enjoying FHC's benefits. Namely, staff members' expertise (because they were constantly trained on IRS, payroll, insurance and budgeting issues, along with Fraternity policy) made FHC start to thrive.

In addition to its regular services, FHC began offering its participants small loans for home decorating or repairs in 1999. After 10 years and a new approach, the number of participants reached 48.

Six years later, FHC now has six staff members and 98 clients. As staff members constantly try to streamline work for their house corporation officers, and stay current on IRS and other government agency guidelines, they eagerly anticipate welcoming their 100th participant in next fiscal year.

FHC has truly been a success story and a much-needed service for Delta Gamma's hardworking, generous volunteers.

SUMMER 2005 SUMMER 2005 THE ANCHORA OF DELTA GAMMA THE ANCHORA OF DELTA GAMMA

Eta Nu Chapter Installed at Hofstra University

gether to celebrate the instal-

lation of Eta Nu chapter at

Hofstra University in

Hempstead, New York on

Along with 33 collegiate

members, three alumna ini-

tiates were welcomed into

Delta Gamma membership

that evening before the instal-

The installation team in-

April 22, 2005.

lation festivities.

By Director: Expansion Shaun Fisher Young, Mu-Missouri



charter to chapter president Michelle Crandley. Below: Eta Nu chapter members radiated with pride.



Above: Fraternity President Shari Malone presented the Eta Nu

cluded Fraternity President Shari Souser Malone, Gamma Epsilon-Kent State; VP: Membership Pamela Fellows Jamieson, Alpha Delta-Oregon; Council Appointed Coordinator Christine Donnelly McKenna, Epsilon Alpha-Union; Collegiate Recruitment Consultant Amy Killian Krajack, Gamma Epsilon-Kent State: Staff Director of Expansion and Consultants Tracev Doebling Williams, Beta Sigma-Maryland; and Collegiate Development Consultants Robin Sodeman, Beta-Washington and Annie Gutowski, Alpha Kappa-Washburn.

Advisory team chairman Kim Papa Salvesen, Zeta Beta-Dartmouth, and several other members of the advisory team and house corporation board were also present. Cabinet and regional representatives included Director: Advisers Cindy Carey, Zeta Theta-Columbia; Region 1 Alumnae Development Consultant Zanna Stone Blethen, Beta Omega-Washington State; Region 1 Alumnae Specialist Blaire Rzempoluch Hetzer, Epsilon Gamma-Virginia; and Region 1 Alumnae Programming and Recruitment Specialist Nancy Phelps Holt, Beta Iota-Purdue.

Malone presented the Eta Nu charter to new chapter president Michelle Crandley. She also received the president's badge (from Nancy Holt on behalf of the Region 1 team), the chapter gavel (from Council), a flag flown over the U.S. Capitol in honor of Eta Nu (from VP: Collegians Beth Bell Searcy), and Share in the Future donations from all over North America that will help the new chapter get a good fiscal start.

More than 115 "The reception was a big success, especially because there parents, initiates and Delta were so many parents there to share this special experience," Gamma alumnae joined to-Jamieson noted. "It was wonderful for them to learn more

> Erin Cronk, a collegian who attended the installation from nearby Omicron-Adelphi, said, "The women of Hofstra worked extremely hard to bring Delta Gamma to their campus. I think having another Delta Gamma chapter on Long Island will benefit our chapter. We have already discussed helping each other with our philanthropy events!"

about Delta Gamma and meet our Fraternity President!"

The installation was a culmination of nearly five months of recruitment and Fraternity education. A group of local sorority women and the Hofstra Panhellenic chose Delta Gamma in December 2004, and this core group became the first members of the colony in January. The Fraternity went into high gear to prepare the women for their first formal recruitment as Delta Gamma new members. Following recruitment, the colonization team came to Long Island and pledged additional, qualified women. The colonization team members were Pam Jamieson; Director: Expansion Shaun Fisher Young, Mu-Missouri; former CDC Barbra Broudy, Pi-Montana; and Robin Sodeman.

An important part of the colonization was the participation of Zeta Alpha-Villanova, whose members traveled to Hofstra and performed a touching and effective preference ceremony using a garden theme.

As is the norm when Delta Gamma colonizes, area alumnae get excited and enthused. As a result of a new collegiate chapter at Hofstra, local alumnae are forming a new group, as well.

"Our established Long Island alumnae group has wonderful programming, including successful Foundation fundraising events," Blethen said, but "I am very excited about the development of a new alumnae group and their plans to assist with both collegiate chapters! They have some creative and fun ideas!"

Delta Gamma joins six other NPC sororities and several local sororities at Hofstra. Founded in 1935, Hofstra is a private University with more than 8,000 full-time, undergraduate students, 16 percent of whom are Greek. The school has experienced several straight years of record enrollments and holds many accreditations, including a chapter of Phi Beta Kappa.



Fta Nu-Hofstra's installation team



By Director: Alumnae Programming Staige Davis Hodges, Beta Theta-Duke

 Γ or Delta Gammas in southern New Jersey, opportunities to "Do Good" just increased by leaps and bounds. With the mentorship of the Philadelphia Suburban alumnae chapter, a core of interested alumnae joined forces to charter a new alumnae chapter: South Jersey. The dedication and inspiration of Philadelphia alumnae helped inspire these women to form a new chapter.

Thanks to the initial inquiry of Tracie Albarano Munro. Beta Epsilon-American, who was looking for an alumnae group in her area, the ball started to roll in Region 1. While on a map, Philadelphia is relatively close geographically, additional challenges like bridges, traffic and meeting locations meant alumnae in southern New Jersey did not have a group close enough to join.

Region 1 Alumnae Development Consultant Zanna Stone Blethen, Beta Omega-Washington State, sent a survey to area alumnae to determine interest in forming a new group. An enthusiastic response was immediate and widespread, so Zanna took off planning the details.

She tapped the Philadelphia Suburban alumnae talent for mentorship. Alumnae chapter president (and new Region 1 Alumnae Specialist) Kyra Lutz, Epsilon Kappa-Clemson, proposed a joint Founders Day celebration. Kyra enlisted help, and Maria Smith Silvon, Zeta Gamma-Richmond, organized the event, hoping to make it a memorable occasion for everyone.

On March 19, Zanna traveled to The Little Tuna in Haddonfield, New Jersey for the Founders Day celebration. She joined the zealous alumnae whose energy would be enough to launch the new chapter that day. The restaurant closed to the public, which enabled the women to meet after their celebration to lay the groundwork for their new chapter.

Zanna led the afternoon with a conversation on lifetime commitment to Delta Gamma and the reasons alumnae gather. Philadelphia alumnae shared personal experiences from their chapter, and Zanna shared a multitude of opportunities and programs available to alumnae.

The New Jersey alumnae then voted unanimously to become an official chapter and quickly signed the petition to charter. The women volunteered to get involved, soon filling each board position. Jen Reilly, Zeta Chi-Delaware, was elected as the new chapter's president.

The board of new officers met informally with their counterparts from Philadelphia Suburban to exchange information, materials and ideas. They even set meeting dates to help the chapter establish a program for next year and make plans to spread the word about the new chapter's opportunities.

Mentorship and sisterhood were one that day, making an invigorating and inspiring addition to a meaningful celebration of the Founders and our destiny as a "Do-Good" Fraternity.



Philadelphia Suburban alumnae planned a joint Founders Day celebration to launch the new South Jersey alumnae chapter.

this just in!

Another new addition: Central Coast

Central Coast (California) alumnae association has a diverse group of women, with several collegiate chapters represented. The women range in age from mid-20s to mid-70s and beyond. Central Coast is still in the preliminary stages, but members are excited about reestablishing their Delta Gamma bonds!

- Number of members: 50 initially responded with interest; 20 have paid their alumnae dues
- Officers: a full board received training in mid-June
- Events held so far: two already! (organizational meeting and Founders Day event)
- Plans for the future: have fun and "Do Good"!

Celebrate Our Future Program Announced

We celebrate the sisterhood, sharing and establishment of new alumnae chapters. Alumnae everywhere are thankful that this new group can provide more women with a positive and memorable lifetime of fun, friendship and opportunity.

Celebrate Our Future, designed to help new alumnae groups get off the ground financially, kicked off this spring. Similar in concept to Share in the Future for new collegiate chapters, Celebrate Our Future financial gifts will provide assistance for new alumnae groups' mailings and other start-up costs.

Inside-out Applause

By Susan Harr Stanek, Ph.D., Lambda-Minnesota

We all have too much on our plates, but why?

Editor's note: The following excerpt is from an inspirational compilation book titled *The Princess Principle — Women Helping Women Discover Their Royal Spirit*. Specifically, this excerpt is from the chapter called "Insideout Applause" by Delta Gamma alumna Susan Harr Stanek.

According to its author, the chapter "deals with finding life balance by managing the need for extrinsic recognition with internal recognition and appreciation of one's talents." *Copyright Sue Stanek, Ph.D., 2002. Reprinted with permission from the author.*

impatiently filled my water bottle from the kitchen sink. If I hurried I would only miss the beginning stretch in my favorite workout of the week. The Saturday workout meant a well-deserved post-exercise bagel, coffee and conversation with my friends before I began my litany of errands.

As my husband appeared in our kitchen, I moved around him, tossing my water bottle in my bag. I slung the bag over my shoulder and told him my schedule for the day, ending with: "so I should be back about 6."

"You're running way too fast. You need to cut something out," was his response. Before I could suggest which tasks to transfer from my to-do list to his, he said "and I am not talking about today... I am talking about your life. You're running too fast, you're doing too much."

I looked at my husband and the clock behind him, and said in a resigned-but-not-now tone, "I know... You're right... I really need to figure out a way to slow down," and moved toward the door.

His eyes, mouth and words tightened. "You don't get it — I want you to give something up." Confused, I said, "today?" Faster and louder, he said: "No, not today. Today is just an example of you shoving too much into too little time. I mean give up something in your life! You are too busy — way too busy for you, let alone us."

I started to feel agitated on two levels. It looked like today's workout was a goner, and he didn't seem to get the big picture either.

In a somewhat patronizing tone I said, "Okay, so what is it that you want me to give up?" My job? (While demanding, couldn't he figure out it was paying more than his at the time?) My education? (Who can argue with the pursuit of a Ph.D.?) My volunteer work? (Could he really want me to quit my effort to create a national alcohol abuse prevention program for college students?)

"I want you to give up the applause."

Silence.

I fell back against the wall as my workout bag and body slid

to the floor. My husband's expression instantly turned from anger to compassion. His arms around me served as grounding wires while my deeply buried need, exposed in a most unexpected moment, created simultaneous tears of sadness, embarrassment and relief. What took years to develop took

only a right-time-right-place moment to unravel. That Saturday turned out to be one of the most important and difficult days in my life.

Was it an early childhood experience that created my overactive need for applause from others? Was it simply the way I was naturally wired? Did I have to give it all up to make things right? These questions and more turned over and over in my head as I took my first steps in what has turned out to be a lifelong journey of balancing my strong desire for achievement and positive reinforcement from others with getting something I need from within. That something is inside-out applause.

Natural Born Need or Outcome of Experience?

I do think some of us are naturally drawn toward taking extraordinary measures for

I chuckled and shook my head, realizing I seemed to have been built for overachievement from the get-go

As my list of insights keeps growing, so do I. I offer the following reflections on five of those insights.

basement, I found my
musty childhood scrapbook. I opened to a yellowed newspaper
clipping titled, "Girls Win Scout Awards in Troop 81." The Insight 1: Being Busy

article reported the number of badges each of the 21 fourth-grade Girl Scouts had earned that fall. Twenty earned between one and nine badges each. One Scout earned 13 badges. Guess who? Of course, it was me. I chuckled and shook my head, realizing I seemed to have been built for overachievement from the get-go!

achievement and ap-

plause. When recently

digging through my box

Childhood experience, too, has its place in putting this puzzle together. I grew up in a family that had multiple health issues that required extraordinary attention. While we were never at

a loss for love, there were times when each of us needed more nurturing and attention than circumstances allowed. Although I will never know for certain if my family situation sig-

nificantly contributed to my pursuit of recognition and acknowledgement from the outside world, my hunch is that it is an important piece of my puzzle.

It is valuable for me to look at the contributing factors that have created the person I've become. I need to understand my past and then shift my attention toward creating my future. I have found I risk "victim mentality" when I put too much of my energy into the contributing reasons to my tendencies. I need to focus my energy on the more important ques-

tion, "Now that I have these insights, what

do I do with them?"

Insight 1: Being Busy is Expensive!

I will likely always choose to be busy. Accepting the responsibility that goes with this trait, I need to regularly ask myself, "What am I giving up by choosing to be so busy doing what I am doing?" When I am wrapped up in the external applause type of busyness (which I rarely see in the moment), I can tell you what I give up:

- connecting with my husband
- connecting with my children
- connecting with my friends
- connecting with myselfconnecting with God

These relationships pay the price—and it's expensive! We *all* miss the bond that comes with doing things together, and sharing our everyday lives with each other. Yet, these relationships parely if over give mean deadling or a time requirement.

sharing our everyday lives with each other. Tet, these relationships rarely, if ever, give me a deadline or a time requirement. Instead, they patiently wait for me to create space so we can once again connect.

This kind of awareness challenges me to change my schedule and get busy with the relationships that make my life full. What does this look like? This week it took the form of:

- saying no to a well-paying, interesting consulting job, with a customer I don't like to disappoint, because it conflicted with my children's summer schedule,
- taking time to make a tray of treats for my husband's fishing trip (when I gave it to him he looked very surprised and said "did you *make* these?" I guess it had been a while...),
- and stopping for a moment of devotion before writing this chapter.

I am never too busy. I am as busy as I should be for what I have said yes to. When my life starts to feel like a whirlwind, it's simply a signal that I need to examine what I am doing, and why I am doing it. The challenge is to heed the warning signals before the storm is in full swing.

Printes Principle

Read the rest of this chapter! *The Princess Principle* (edited by Jana L. High and Marilyn Sprague-Smith, M.Ed.) is now available.

Joanna Alberti, Zeta Zeta-Boston, started her own business: philoSophie's TM Social Stationery and Apparel. Check out

her unique and original designs: www.SophiesPhilosophies.com.



Martha Cheely Brown, Gamma Nu-**North Texas,** received the 2005 University of North Texas Outstanding Greek Alumni Award. Brown, who currently serves as the National Panhellenic Conference Chairman, was the award's first recipient.

Judy Coursey Crowson, Alpha Psi-Mississippi, 60, recently completed "the Last Marathon in Antarctica."

Jeannie Marie Deen, Delta Pi-Southern Mississippi, was named an Outstanding Citizen of Hancock County.

Linda McBrayer Froschauer, Delta Nu-Northern Illi**nois**, was elected President of the National Science Teachers Association.

Natalie Glass, Epsilon Delta-Washington & Jefferson, received the 2005 Maurice Cleveland Waltersdorf Awards for Innovative Leadership in April.

Former CDC Erin Huffman, Alpha Rho-Ohio Wesleyan, was named the Assistant Director for the Office of Fraternity and Sorority Life at Northwestern University.



Melinda Kent, Delta Lambda-Mississippi State, was awarded the 2005 Tau Sigma Delta Freshman Design Award from the College of Architecture, Art and Design.

Singer-songwriter Amy Loftus, Beta Kappa-Kansas, released a new album titled "Straight to Amy" in March. It's available through her Web site: www.amyloftus.com.

The Doings named Kris Saalfeld Malkoski, Kappa-Nebraska, their 2005 Volunteer of the Year. The Hinsdale Center for the Arts also named Malkoski Volunteer of the Year at their 25th anniversary gala.

Following a book drive, student-teacher Adrienne Archer Marroquin, Gamma Sigma-Houston, donated more than 15,000 books to every school in Robstown, Texas. Even nursing homes, a pediatrician and day care centers benefited.



Dr. Karla Treckel Mugler, Gamma Epsilon-Kent State, received the 2005 Kent State University Distinguished Greek Alumni Award. Fellow DG alumnae Margaret Sweatt Gorsline and Mary **Beth Seiler**, both Gamma Epsilon-Kent State, have also received the award since it began in 2000.

Eliott Nixon, son of former Council officer Vicki Vannoy Nixon, Gamma Xi-Texas Tech, used his DG connection to land an internship with Senator Mary Landrieu, Gamma Zeta-Louisiana State, this summer.



Former campus Panhellenic President Kari Powers, Epsilon Sigma-San Diego State, received the 2004-05 Panhellenic Greek Woman of the Year Award at the Greek Awards Night

In November, Michelle Harvey Rahn, Tau-Iowa, was named Ms. Senior America 2004-05 in Las Vegas. A retired teacher, Rahn embodied the competition's goal of espousing the joy of living with a young attitude and refuting senior citizen stereotypes.



Sally Slagle Sorenson, Beta Gamma-Utah, won the Eppie 2005 Contemporary Romance Writer award for her novel All's Faire - A Scheherazade Tale. The Electronically Published Internet Connection (EPIC) organization presented the award at their annual convention in March.

Chapter president Katy Stypula, Beta Delta-Colorado College, was selected to attend the American Sociological Association's Annual Meeting. As part of the honors program, Stypula will present her network analysis of Beta Delta chapter.

Diane Turner, Gamma Tau-Texas Christian, was inducted into the Texas Intercollegiate Press Hall of Fame on April 8. ABC journalist Sam Donaldson was also inducted.

Marianne Webb, Alpha Kappa-Washburn, received the Distinguished Service Award from Southern Illinois University on May 13.

From the Pens of Delta Gammas



Kathryn Scalise Boles, Eta-Akron, a retired educator, wrote **Be Still**, **My** Love, a book of prayer poems for "readers who seek inspiration, support and meaningful relationships with God."

Willamette, has published Albert A.

Sasquatch, a children's book about

the legendary Bigfoot. Didzun also

published a biography of her great-

great-grandfather called Peter, the

Restless Pioneer, which chronicles

the Gold Rush, the Civil War and the

covered-wagon trail westward.

Ann Coulter, Chi-Cornell, is the author of three New York

Times best sellers. Most recently, she released How to Talk to a Liberal (If You Must): The World According to Ann Coulter. It is largely a collection of her syndicated columns from the past decade.



V'Anne Chance Didzun, Beta Pi-

Stephanie George Feagan, Gamma Xi-Texas Tech, wrote SHOW HER THE MONEY, stories about women who save the day. The heroine is a whistle-blower who does the right thing, in spite of the consequences.

Marilyn Gilbert Komechak, Iota-Purdue, pub-

lished Paisano Pete: Snake-Killer Bird about a huge roadrunner. She communicates a wide variety of facts about New Mexico's state bird through a fun



Lauren Purcell, Beta Theta-Duke, and her sister Anne Purcell Grissinger offer Cocktail Parties, Straight Up! Easy Hors D'oeuvres, Delicious Drinks and Inspired Ideas for Entertaining with Style (available October 2005). A book for hostesses who have "full-time jobs, not full-time help."

Chapters in the News

Among several others, Iota-Illinois won the awards for Outstanding External Operations, Outstanding Scholarship Program and Most Improved GPA at the University's Greek Excellence Awards presentation on April 25.

Phi Alpha-Franklin received the following awards at the College's 2005 Greek Awards: Philanthropy, Adviser Appreciation Plan and Scholarship Program. Bralynne Meunier was also named Greek Woman of the Year.



The University of Oklahoma named two DGs to their Top 10 Greeks in April. Whitney Walstad and Mary Beth Nesser, both Alpha Iota-Oklahoma, were the honored recipients. Laura Medford-Davis, also an Alpha Iota chapter initiate, won the Outstanding Community Service Award.

got news? e-mail anchora@deltagamma.org

Beta Rho-George Washington won several awards at the first Greek Excellence Awards at GW. The chapter's scholarship, philanthropy, member education, programming and risk management were recognized.

Beta Sigma-Maryland was the top fundraising team for the University's 2005 Relay for Life. They also earned the school's Outstanding Community Service Award.

Gamma Sigma-Houston chapter was named Organization of the Year. The University chose the chapter from the 400 student organizations on campus.

Gamma Upsilon-Wichita State chapter took several University awards, including the prestigious Rhatigan Award and the Outstanding New Member Award. The chapter was named Outstanding Sorority and had their volunteer efforts recognized.

Epsilon Delta-Washington & Jefferson collegians and alumnae helped **Beth Behanna**'s cancer diagnosis. They worked the concession stands at Pittsburgh Steelers games and donated their wages to her treatment, raising thousands.

Epsilon Zeta-Loyola Marymount received an award for member development; past chapter president Molly McDevitt received Greek Woman of the Year; and the group was named Chapter of the Year for the second consecutive year.

Zeta Lambda-UC, Riverside was named Top House for the second consecutive quarter.

Zeta Sigma-Northern Kentucky received numerous awards, including those for visibility, membership development, and service and community responsibility. Lindsay Jacobi was named Outstanding Sophomore; Tiffany Stroeer, Outstanding Junior; and Holly Caudill, Outstanding Leader.

Zeta Chi-Delaware was honored as the top fundraising team for the University's Relay for Life, which raised \$185,000 overall.

In April, **Greater Kansas City** alumnae tried a new fundraiser called "Tables in Bloom," benefiting Audio Reader, Children's Center for the Visually Impaired and Kansas Specialty Dogs. The luncheon featured 16 professionally decorated tables, each hosted by Delta Gammas or corporate sponsors.

The Charter Group was established to honor those who have planned a gift to benefit the future of the Delta Gamma Foundation. The most popular way is with a simple **bequest** in your will. (If you already have a will, you can update it with a codicil. Sample wording is available through the Foundation.)

There are many other options, including those that provide immediate tax and income benefits. Each Charter Group member featured below has left her legacy to the Foundation in a different way.

The professional you work with can advise you on the planned giving options right for you. Additionally, please feel free to contact the Foundation Office to discuss Charter Group membership by calling (614) 481-8169 or e-mail dgfoundation@deltagamma.org.

If you have already named the Delta Gamma Foundation in your will or estate plans, let us know so we can send you the beautiful Charter Group pin (below) and include you in Charter Group mailings and events.

Our future is in your hands. Leave a Legacy through the Charter Group

See all the Charter Group members on the back cover!



Uharter Group membership is a sound investment in the future of Delta Gamma and its enduring ideals. What an opportunity to make a significant and lasting difference by making one simple donation!

A wise mentor once advised me to not simply throw charitable money into the air and hope it will eventually land in the right spot. She urged me to adopt the philosophy that charitable giving should be considered an investment and to carefully study where I could invest my charitable dollars in order to achieve the most optimal results.

Gamma Foundation membership is the wisest investment I have ever made!"

Delta Gamma has enriched my life immea-"Investing in the Delta surably, and I believe that my support of the Foundation ensures that the ideals of Delta Gamma will continue in perpetuity. Purchasthrough Charter Group ing a life insurance policy was the perfect vehicle for me to join the Charter Group. This contributory option makes Charter Group membership an easily attainable reality for any Delta Gamma.

> Delta Gamma has given me so very much, and annual contributions to the Delta Gamma Foundation, as well as planned giving through Charter Group membership, afford me the opportunity to repay Delta Gamma in a very small way for the priceless gift of membership.

—Wilma Johnson Gilbow, Alpha Psi-Mississippi Charter Group member since 2002





I'm pleased and proud to be a Charter Group member by participating in the Delta Gamma Foundation's charitable gift **annuity** program. It isn't often that the opportunity comes along to make an investment that benefits my own finances and also helps the wonderful work of our Delta Gamma Foundation! My particular interest in awarding scholarships to give colle-

gians a leg up in their careers dates back to my own college days. I would have welcomed the financial aid!

I have enjoyed so many good associations in Delta Gamma alumnae groups. My DG spirit was instilled by my two older Delta Gamma sisters and it has grown stronger over the years since I was initiated in 1934. That has been the key to having lifelong friends wherever I have lived.

Every time that annuity check arrives in my mail box I revel

—Florence (Flossie) Whitcomb Ebersold, Epsilon-Ohio State Charter Group member since 2004

IVI v Delta Gamma days began at UCLA between the tag end of a great depression and the beginning of a monumental world war. There, on Hilgard Avenue in West Los Angeles, my own personal struggles to make it through college surfaced. And then, happily, along came sorority life.

With Delta Gamma, a warm home away from home emerged. Lasting friendships brimmed and are still strongly with me

these many years later! My gratitude to Delta Gamma

And what better way to acknowledge that emotion than to help another as I was helped? So now, today, when a young Delta Gamma collegian becomes a recipient of the Patricia McCune Irvine and William Angus Irvine Honorary Fellowship or my own Honorary Scholarship, my wonderful, old memories bubble up through the weight of modern life to make me smile again.

> ---Patricia McCune Irvine, Alpha Sigma-UCLA Charter Group member since 1993



Alumnae from Phi-Colorado (1955-59) met at Briarwood Inn in Golden, Colorado for brunch on February 22.



Six friends and former college roommates from Alpha Pi-Arizona (1953 pledge class) reunited in Sedona. Arizona, to celebrate their 70th birthdays.



one father this year, planned a New York City reunion in May. From left: Pam Graham Holt, Debbie Seebold Evans and Susan Lucas Durbian spent four days seeing the sights of NYC.

Upcoming Reunions

Alpha Pi-Arizona: 1967-68 initiates, Homecoming weekend, November 4-6, 2005, Hilton Tucson Conquistador Golf and Tennis Resort. Call now to get the group rate! For more information, contact Anne Bryant Gamache at (toll-free) (877) 392-1040 or abholland@aol.com.

Are you planning an upcoming reunion? Advertise here! E-mail your info to anchora@deltagamma.org.



Ten friends from the 1964 graudation class from Theta-Indiana reunited for Homecoming and celebrated 40 years of friendship.



lota-Illinois alumnae (1955 pledge class) gathered for their fourth reunion. "We are closer now than



Alpha Delta-Oregon alumnae (1972 graudates) reunited in Portland. From left: Tracy Mack Kaady, Ingri Anderson Millerman and Sheri Wedel Bocci.





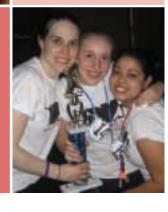


collegiate reports

From top left: Eta Lambda-New Mexico State's formal; Gamma Theta-Florida; Beta Kappa-Kansas collegians participated in the University's Rock Chalk Revue Show, "By the Numbers." Kappa-Nebraska boasts three DGs in Mortar Board. Below, from left: Delta lota-Georgia's Inspiration; Zeta Zeta-Boston; Sigma-Northwestern collegians served as Dance Marathon dancers.







ALABAMA. BIRMINGHAM

Zeta Xi chapter started a great year by placing in several Home-coming events, including winning the parade and the Spirit of Homecoming Award, as voted by all other organizations! Chapter members kept busy with frequent and rewarding visits to the Alabama Institute for the Deaf and Blind and were honored to have a spokesman speak at their Founders Day celebration. The calendar was filled with a bowling mixer with Tau Kappa Epsilon, a laser tag mixer with Delta Sigma Phi, and a '70s skating mixer with Alpha Gamma Delta. It also included many philanthropy and sisterhood nights, a great chapter retreat and a wonderful Gream Rose formal.

ALBERTA

Beta Beta chapter had a very successful year, which involved winning the Panhellenic Spirit Award and working closely with the Canadian National Institute for the Blind (CNIB). Chapter members were involved in events such as marshaling the Aloha Run and Senses Walk, hosting a guest speaker and organizing Anchor Splash®, the largest Greek event on campus. Members are proud to be the largest chapter on campus and prove this by participating in every Greek event and contributing the most volunteer hours. They are working with Beta Beta chapter alumnae to plan the chapter's 75th anniversary celebration.

AMERICAN

Beta Epsilon celebrated another banner year with the Initiation of 17 new members in April. The ceremony was a combined event with Beta Rho-George Washington chapter at the Hilton Arlington Towers. Following the ceremony, collegians and their newly initiated members attended a Founders Day celebration. The chapter received the Frankie Ladley Wakefield Parnassus Award for their continued excellence in academics, foundation and programming. Beta Epsilon has continually earned the highest cumulative GPA (3.54) of any organization on campus. Chapter president Tracey Naylor was thrilled with the achievement. In May, Beta Epsilon wished their 21 graduating seniors luck, but know DG will always be in their hearts!

AUBURN

In the fall, Delta Sigma chapter members participated in several philanthropic events, including Walk for a Wish and the chapter's first Anchor Splash®! Eleven teams helped raised nearly \$1500 for Service for Sight. They continued fundraising at their Founders Day celebration by holding a silent auction. It raised \$250 by selling photography, purses and gift certificates. Members have become extremely involved in the Golden Anchor program, visiting the local nursing home every month. Collegian and artist Heather Hartman received "Best in Show" from Jerry Cullum, respected critic for *Art Papers* magazine, during the Fine Arts Juried Exhibit this spring. She will be work with Cullum for a potential show in Atlanta.

BOSTON

Zeta Zeta had a busy and exciting spring. Under the leadership of president Ashley Nierman, chapter members look forward to another great year. Vice-president: Foundation Rebecca Guthrie did a wonderful job coordinating members and planning the chapter's second annual Anchor Splash®. Vp: programming Katie Volpa worked hard to build sisterhood by organizing special events, including attending a Boston Celtics game and painting pottery at the Clay Room. Chapter members were excited about the Initiation of 31 new members, as well.

BOWLING GREEN

Beta Mu chapter had a great year. Dance Marathon, the University-wide fundraiser, raised more than \$160,000! The chapter's Founders Day celebration was also a great success, with Toledo area alumnae. Collegians finished the year with Initiation, welcoming six great new members and one alumna initiate, Chrysalis Buller. All officers look forward to finishing out their terms, and wish the seniors good luck and congratulations!

BUCKNELL

It has been a great year for Epsilon Beta chapter. The chapter received the Silver Star Achievement and the Gold Star for New Member Education. It was named Best Improved Chapter in Region 1 and has been recognized for high standards in philanthropy and scholarship this year. Anchor Splash®, the chapter's biggest event of the year, took place on April 7. The event was extremely successful with 27 teams raising more than \$5,000. The campus and community responded very well, and collegians received much praise for their hard work. They look forward to hosting the popular event again next year!

BUTLER

Alpha Tau chapter has been busy! Bid Day 2005 was a success with 42 great new members. The new members participated in the annual Freshman Skits and made the rest of the house very proud. With much support from their sisters, the new members represented Delta Gamma extremely well. Best of all, they became very close after all the time they put into their skit.

CENTRAL FLORIDA

It has been an amazing semester for Epsilon Tau, but topping members' list was their participation in the annual Sight and Sole Walk at Universal Studios, Orlando on March 5. The entire chapter joined forces to represent Delta Gamma and raise money for those who are visually impaired in Orange and surrounding counties. Members raised the most money of any school organization and can't wait until next year's event!



Epsilon Tau-Central Florida participated in the Sight and Sole Walk in Orlando.

CHAPMAN

On March 5, Zeta Iota collegians attended a Founders Day celebration with Saddleback Valley alumnae, Newport South Coast alumnae and Delta Phi-UC, Irvine collegians. The elegant event

took place at the Country Club in San Juan Capistrano. The new members, officers and seniors from the two collegiate chapters, as well as several 50-year members, were recognized. Two Zeta Iota collegians even enjoyed the day with their biological sisters in Delta Phi chapter! Anchor Splash® was held May 1 at Water Works in Irvine. The event was combined with a family day potluck with at least 200 guests with teams from every campus organization expected. All proceeds from an auction will go to the Blind Children's Learning Center.

COLUMBIA

Zeta Theta chapter members participated in the American Cancer Society's Relay for Life event April 22-23 to raise money for cancer research and treatment. The team walked on a track on campus for 17 hours, with one member of the team on the track at all times. In only their second year participating, Zeta Theta chapter had already raised more money than their projected goal by April 1! The chapter house has also undergone interior renovations, with a refurnished living room and chapter rooms, as well as a repainted first floor and basement!

CORNELL

This year, Founders Day turned into a 120th Delta Gamma birthday party! With dozens of pink balloons, goodies, candy and birthday cakes, the entire chapter, in addition to many alumnae, joined in the celebration. On top of the traditional rituals, the evening included Delta Gamma trivia games (with prizes!), sharing of alumnae experiences and Chi chapter scholarship presentations. The night was fun and memorable for all who attended.

DELAWARE

Zeta Chi welcomed the spring with the Initiation of 30 new members! On March 13, all members celebrated Founders Day with a beautiful luncheon. New members met the many alumnae in attendance, even four of the chapter's founding sisters! It was a great day for the past, present and future members of Delta Gamma. Zeta Chi is so happy to have their new sisters but will greatly miss their 13 graduating seniors!

DENISON

Beta Zeta collegians had an exciting semester! They started off



Chi-Cornell celebrated the chapter's 120th anniversary at Founders Day.



Zeta Upsilon-Furman recruitmen

right, with the successful recruitment of 22 new members, each of whom brings something new and exciting to the chapter. They had a scholarship night, which included a speaker and recognition for members' scholastic achievements. Beta Zeta has also been busy with several service projects, including helping the Licking County Center for the Visually Impaired with their annual pizza sale and spaghetti dinner. Several members also participated in the Swim for Diabetes, through swimming, walking and logistical help. The year concluded with Mom's Weekend and Initiation.

DRAKE

In February, Alpha Lambda chapter welcomed Mom Nonnie, a well-known speaker on etiquette who also appeared at DG's Convention in June 2004. She made etiquette fun with personal stories and jokes. In her presentation, she spoke of her years as a fraternity house mom and also about the importance of self-esteem. She gave tips on everything from dinner etiquette to relationships. Founders Day in Des Moines was a huge success. DGs of all ages were entertained by a fashion show of energetic collegians modeling spring fashions. The show brought plenty of laughs and was a wonderful addition to a great day of sisterhood.

DUKE

In April, Beta Theta sisters welcomed a new member class of 34 women. At Founders Day, the chapter celebrated Delta Gamma's presence on Duke's campus for more than 50 years with Eta Kappa-NC State collegians. Attendees were honored to have former Fraternity President Maureen Hollmeyer and current Fraternity President Shari Malone among their distinguished guests. Later that evening, collegians enjoyed the annual Anchor Ball, which included a casual dinner in the Butterfly House of a local science museum. They also hosted their second annual "Gammas on the Green" golf tournament during Reunion Weekend, allowing alumnae, parents and sisters to participate and raise money for Service for Sight.

FLORIDA

This year, Gamma Theta chapter celebrated Founders Day with a brunch and silent auction during Mom's Weekend. More than 250 members, their mothers and alumnae attended, raising more than \$4,000 for the Foundation. They hope to make it an annual event. In addition to supporting DG's own cause, members continued to support various philanthropies. In February alone, the chapter earned second place in Sigma Chi's line dance, first place in Pi Kappa Phi's line dance, first place in Phi Delta Theta's dodgeball tournament, and first place in Delta Tau Delta's cheerleading and flag football tournament!

FURMAN

At Furman, Zeta Upsilon chapter and the other sororities have delayed recruitment. This past winter, members were thrilled to welcome 27 new women into their chapter!

GEORGE WASHINGTON

Delta Gamma is the strongest sorority on George Washington's campus! Fall recruitment was a huge success as the chapter welcomed 29 new members. To celebrate Bid Day, members surprised all 29 women with resonating DG songs, beautiful leis and incessant smiles. They all piled onto balloon-filled and anchor-decorated buses to attend a Baltimore Orioles vs. Boston Red Sox baseball game with their new sisters. After the game, everyone enjoyed chocolate fondue desserts at the Melting Pot.

GEORGIA

This year, Delta Iota celebrates its 37th year as a chapter! They welcomed spring with the Golden Anchor Ball at the Fox Theatre in Atlanta. The chapter held Founders Day with Athens and Atlanta area alumnae in attendance, in addition to special guest Fraternity President Shari Malone. Participation in Greek Days, as well as Family Day and Anchor Tee-Off kept collegians highly visible on and off campus. Delta Iota's campus involvement was displayed in members' participation in Relay for Life, Dance Marathon and other Greek group's philanthropic projects.

HARTFORD

Eta Beta chapter had a very successful semester. Thanks to Loni Hollins, vp. sponsorship, Anchor Splash® was a great success. The chapter raised more money for Service for Sight than last year. Members also participated in a jean sale, where they sold discounted designer jeans. Five dollars from every pair benefited Service for Sight. Members hope to continue the



Jennifer Wadsworth at Phi Alpha-Franklin's recruitment bowling event

fundraiser every year! The chapter welcomed 12 new members and enjoyed their formal and Founders Day. Thanks to Elise Boutin and Regina Roper, both events were huge successes!

HARVARD

Zeta Phi chapter hosted an evening event for members and their dates at Temple Bar in Cambridge, Massachusetts in December. It was a fabulous evening for the chapter to celebrate a semester of sociality and sisterhood!

HOUSTON

Looking forward to the chapter's 50th anniversary in February 2006, members proudly reflected on their honors, including Greek Woman of the Year, Foundation honor roll, highest chapter GPA, most spirited campus organization, Greek Chapter of the Year, and, for the first time, Delta Gamma's PPD Award! The chapter once again achieved fall recruitment quota and total, making Gamma Sigma the largest house on campus! Gamma Sigma was also the privileged recipient of a \$50,000 challenge grant from Richard Shirk for the Lectureships in Values and Ethics program. Members hope to raise funds to match this grant by fall 2006.

IDAHO

Members participated in Greek Week, which included skits, house decorations, laser tag, an ice cream social, bands and entertaining guests interested in the university and Greek Like. The chapter continues to place first in intramurals for the ninth consecutive year! Last semester, collegians' grades kept the chapter ranked among the top three sororities and above the allwomen's campus average with a 3.3. They initiated six more new members in February and enjoyed a spring retreat at a Chief's hockey game. Members actively supported ART OF THE EYE II in Spokane and continue with highway cleanup and vision screening. They planned a Founders Day brunch with Beta Omega-Washington State and a special mothers' weekend.

LLINOIS

Iota chapter participated in a wonderful moms' weekend April 15-17. The events began on Saturday with a brunch at the chapter house. The meal enabled members and their moms to meet and get to know one another. During the brunch, a silent



Beta Rho-George Washington collegians treated new members to a Bid Day Orioles baseball game.

auction (to which many families donated gifts) raised money for the chapter. The auction was fun and very successful! That night, the chapter and a close fraternity rented space at a local bar where they danced the night away with their mothers. On Sunday morning, the house mom set up another delicious brunch. The mothers were definitely impressed!

INDIANA/PURDUE. FT. WAYNE

Delta Upsilon welcomed eight new women into the Fraternity



Above: lota-Illinios celebrated Moms' Weekend; below: Delta Upsilon-Indiana/Purdue, Ft. Wayne new members; bottom: Epsilon Nu-James Madison collegians made vests and leashes for guide dogs.





and planned a very successful Mother-Daughter auction last fall. The excitement and bonds that the events brought bore an incredible energy that has fueled the chapter. Members implemented a new public relations strategy to improve campus relations, and, for the first time in chapter history, they are involved with Student Organization and Leadership Development. Members had many successful cookie campaigns that have strengthened relations on campus, as well. The chapter has a bright future!

INDIANA STATE

At Anchor Splash® in February, Gamma Omicron collegians welcomed not only other Greeks, but also DG collegians from DePauw and Franklin. Led by Amanda Hountz, Anchor Splash was a huge success, with local DJ Danny Wayne, who happens to be visually impaired, as the emcee. Through Wayne, the chapter works closely with the WILL Center, an organization that works directly with those who are visually impaired to help them gain independence. Through Anchor Splash, the chapter contributed a significant amount to the Center and funded a scholarship to Indiana State student who is visually impaired.

JAMES MADISON

Epsilon Nu made puppy vests and leashes for Blue Ridge Assistance Dogs. Members sewed each vest by hand with an iron-on transfer with the Blue Ridge Assistance Dogs logo applied. They decorated each leash with puffy paint to assist those who are blind or visually impaired. Vice-president: Foundation Megan Olson organized the event, and members had a great time completing this project. They hope to work with the organization again in the future.

KANSAS

After receiving several awards, including the Patricia Peterson Danielson Award at Convention, members are striving to exceed their past efforts. They raised more than \$6,000 for Service for Sight with their new project: "the Men of KU" calendar. In Rock Chalk Revue, a variety show where only five student groups are selected, Beta Kappa chapter won eight of the 12 awards, as well as the bronze award for dedication to community service! Members felt privileged to welcome National Panhellenic Conference Chairman and fellow DG Martha Brown to speak about the importance of upholding a positive image of sorority life. The rest of the semester featured Anchor Splash®, Moms' Day and Pinafore.

CENT STATE

Gamma Epsilon welcomed 32 new members in the fall and 13 more in the spring. The chapter ranked first in grades this fall. Members participated in all-sorority sisterhoods and had their turn to host on May 1, with a cookout to conclude Greek Week. Alpha Phi and Delta Zeta co-hosted the event. This spring, members participated in the Annual Pancake Breakfast, hosted by

the local Lions Club, and hosted a very successful spaghetti dinner, which raised \$500. Members won first place in Delta Zeta's all-Greek annual lip sync charity event, and eagerly anticipated Anchor Splash®, which helped kick off Greek Week. Last year the chapter won the inaugural "Sorority of the Year" award!

KENTUCKY

Congratulations to Delta Beta for having a great year! Anchor Splash® had a great turnout, with more than 20 Greek groups participating. The chapter raised more than last year! The chapter's new members became very involved and showed outstanding enthusiasm, while the chapter officers stepped into challenging and rewarding leadership positions. Members already miss their seniors, but wish them luck! They wrote, "It won't be the same at 450 Pennsylvania Avenue without you!"

LAFAYETTE

Epsilon Xi had an exciting spring semester. On February 25, members hosted a dating auction that attracted hundreds of students. Greek students, including some DGs, volunteered to be auctioned off in this hilarious event. In less than an hour, the chapter raised \$900 for organ donation, a cause that is near and dear to members' hearts! Members kept busy with intramural sports and, just this semester, captured both the floor hockey and indoor soccer championships! They also excitedly welcomed two new members to the chapter.

LAWRENCE

Alpha Zeta chapter had a very successful recruitment, welcoming six new members through a beautiful Initiation ceremony. They also celebrated Founders Day with a record number of alumnae in attendance. Members also anticipated Greek Week,



Anchor Splash® and retreat. They also hoped to continue their successful recruiting efforts. Members regretfully said goodbye to their thirteen graduating seniors, who have been invaluable members of the chapter.

LOUISIANA STATE

Gamma Zeta chapter met quota during fall recruitment, but that was just the beginning. The chapter participated in many cam-

pus events, including Lip-Sync, Homecoming, Songfest (winning first place overall!) and DG Milk and Cookies down the row. Their Founders Day celebration was a huge success, allowing collegians and alumnae to get to know each other. They were honored to have former Fraternity President Maureen Syring speak for Greek Assessment. Anchor Bowl, an annual flag football tournament, raised more than \$20,000 toward the chapter's Lectureship in Values and Ethics goal. Past chapter president Rachel Troyer was chosen as one of ten CDC's for 2005-06.

MARYLAND

Beta Sigma had a busy philanthropic spring, both with their own Anchor Splash® event, (held for the first time in two years) and with the University's Relay for Life event. The women eagerly planned for and anticipated Anchor Splash, which kicked off May 6. On campus, Beta Sigma chapter was one of the leading teams with the most money raised for Relay for Life on April 15. The team, which was comprised of 21 women, raised nearly \$4,000 at report time.

MEMPHIS

Delta Zeta chapter focused on helping others with many philanthropic projects. Lauren Todd, Sara Adcock and Liz Russell were members of the Up 'til Dawn Executive Board this spring. This philanthropic event, a campus-wide fundraiser for St. Jude Children's Research Hospital, raised more than \$114,000 for children battling catastrophic illnesses. Delta Gamma was honored to be part of it! The chapter also placed third in Pi Beta Phi Karaoke Night with their vocal and dance performance from Moulin Rouge. Collegians and alumnae enjoyed a Founders Day celebration on March 20, where new memories were made and old friendships were fondly remembered.



Left: Epsilon Zeta-Loyola Marymount; above: Beta Xi-Michigan State collegians at their semiformal.

MICHIGAN STATE

Beta Xi worked hard to have an outstanding recruitment and proudly welcomed 19 amazing new members — the highest number among campus sororities! Members also participated in Volunteers for America on campus and, the chapter's newest philanthropic project: the Golden Anchor program at a local retirement center. Beta Xi collegians eagerly anticipated completing their \$5,000 goal to donate to the American Cancer Society during the 2005 Michigan State Greek Week.

MINNESOTA

Lambda chapter had an extremely successful formal recruitment last fall, welcoming 21 wonderful new members! Each one contributed to the house by staying active and taking on leadership positions. In December, members raised money for the Foundation by throwing a nacho feed. Later that month the chapter had a date party, and everyone had a blast! In late April, everyone enjoyed spring formal, which took place on a boat in the St. Croix River. The chapter continued excellent recruiting in the spring, welcoming 12 more terrific new women.

MISSOURI

Mu chapter participated in Rockin' Against Multiple Sclerosis. The mid-Missouri organization supports research and finding a cure for MS. Delta Gamma raised more than \$6,000 for the organization — more than any other house on campus! Members also participated in 25 service projects that helped the MS patients near the Mizzou campus. There was enormous amount of participation and excitement that continued through Mizzou's Greek Week!



Delta Omicron-Morehead State collegians toured EO as part of their retreat.

MOREHEAD STATE

Delta Omicron chapter and CDC Christy Bergman traveled to Columbus, Ohio in March for a retreat and a tour of Executive Offices. The chapter also planned for Founders Day celebrations on April 2 to coincide with their 35th anniversary on MSU's campus. Approximately 70 alumnae, traveling from Kentucky, Texas, Massachusetts, Florida and Ohio planned to attend.

NEVADA. RENO

Eta Iota chapter had a fabulous fall semester. The chapter is the newest on campus, but members are making DG's presence known! They participated in Greek Week in November and took home the Good Neighbor Award, Recruitment Excellence Award and, for the second year in a row, the Philanthropy Excellence Award! Anna Hersel also won the prestigious Greek of the Year Award! Members worked hard to prepare for Anchor Splash®, one of the largest philanthropic events on campus, and another incredible recruitment.

NEW MEXICO STATE

One of Delta Gamma's newest additions has started out with a bang. Eta Lambda chapter members successfully completed their first two semesters and participated in many campus events, including Watermelon Bust, Greek Week, Spring Formal, Founders Day with several alumnae and a successful retreat. During informal recruitment, the chapter recruited more girls than any other sorority on campus! At report time, the chapter had 28 members, 10 new members and one alumna.



Perpetual hosts, Alpha Psi-Mississippi welcomed a number of distinguished guests, including Fraternity President Shari Malone (center).

NORTHERN KENTUCKY

Zeta Sigma had a very exciting spring semester. Homecoming week was a big event in February, with NKU hosting a series of events and competitions for all student organizations. Zeta Sigma chapter won \$650, winning Homecoming week overall! They also had the most nominees (seven!) of any organization represented on Homecoming court. Director: public relations Savannah Capito represented the freshmen well and was crowned Homecoming Duchess 2005. April brought the biggest fundraising event on campus: Anchor Splash®!

NORTHWESTERN

For the past 31 years, Northwestern has held a 30-hour Dance Marathon, one of the world's largest student-run philanthropic events. Each year a new beneficiary is chosen, and the entire campus works to raise money through corporate and family donations, date auctions, 5K's, silent auctions and canning in the greater Chicago area. This year, the Juvenile Diabetes Re-

search Foundation was chosen as the primary beneficiary. Sigma chapter paired with Zeta Beta Tau to dance, serve as committee members, and can weekly at shopping centers and busy intersections. The DG/ZBT team won first place, raising the most money: more than \$40,000 of the \$600,000 raised!

OHIO STATE

Members completed an amazing winter quarter that started with a fantastic recruitment. Epsilon chapter was the only sorority to achieve Ohio State's maximum quota of 25! Members credit and thank to vp: membership Tobey Allen, without whom the chapter would have been lost! Chapter members expected more of the same success with informal spring recruitment.

OREGON

In addition to involvement in Alpha Delta chapter, members also hold many leadership positions on Panhellenic and are involved in the Greek community as a whole. This year, four DGs held Panhellenic positions: Maggie McGlinn (Vice President Leadership Development), Lisa Forsberg (Rho Gamma Coordinator), Danielle Ellis (Vice President Recruitment) and Stephanie Woodlee (Vice President Education). Alpha Delta also had seven members who will serve as Rho Gammas during fall formal recruitment. They will help potential new members through the process.

PENN STATE

This winter, Alpha Chi chapter once again teamed up with the brothers of Sigma Pi to help raise more than \$4.1 million for pediatric cancer at the Penn State Dance Marathon! Stealing the show with their rendition of *Footloose*, Delta Gamma and Alpha Tau Omega took home first place in the Short Performance, as well as Best Female Lead Vocal awards in this year's Greek Sing. A "good time was had by all" when members' families came for the University's annual Parents' Weekend. Sisters look forward to weekly "Healthy Hannah" tips at chapter, and enjoyed studying and relaxing in their newly refurnished suite.

ST. LOUIS

This past spring, the women of Eta Theta chapter had never been busier! Through sisterhoods, service work and the spring retreat at Mu-Missouri's chapter house, the chapter continued to build strong sisterhood and high hopes for the future. The SLU DGs became increasingly involved on campus and were praised by the University, winning the majority of the all-chapter Order of Omega awards! Members also started "Bid Bye Week" for one of the founding classes of seniors to show them how much their leadership is appreciated.

SOUTHERN MISSISSIPPI

Delta Pi chapter members raised approximately \$7,000 in the 28th annual Anchor Splash®! Half of proceeds benefited Service for Sight; half benefited the United States Association for Blind Athletes. In addition, a group of members will visit Colorado this summer to help with the USABA youth world championships. They have been involved in many other philanthropic

events, even participating in the Golden Anchor program, playing weekly games with residents at Wesley Manor Retirement Community. Delta Pi received the award for collecting the most Campbell's® soup labels nationwide and also won first place in intramural sports!

TENNESSEE

As soon as the Gamma Alpha collegians returned from winter break, they participated in All-Sing. They performed their version of "A Chorus Line" and won third place





Tennessee collegians performed in All-Sing. Left Alpha Chi-Penn State collegians helped raise more than \$4 million at Thon. Below: Epsilon-Tennessee Tech Founders Day

Above: Gamma Alpha-

in the division. Members also participated in Greek Week, where Megan Hurt won Greek Goddess. Philanthropic Foundation projects have also been keeping members busy. They read *Arthur's Eyes* at elementary schools and visited nursing homes to read to and help the elderly.



TENNESSEE TECH

On November 8, 1980, Delta Gamma chartered Epsilon Epsilon chapter with the Initiation of 15 women. (Gamma Alpha-Tennessee collegians performed the ceremony.) On March 19, Epsilon Epsilon celebrated the chapter's 25th anniversary with a combined Founders Day event. Many alumnae, including charter members Joy Beard Henry and June Anderson Stevens were in attendance. Several past chapter presidents were also there to speak about the chapter's many accomplishments over the years. The event was a great success and ended with everyone feeling the strong bond of sisterhood, past, present and future.

TEXAS A&M

The semester was a successful one for Eta Gamma chapter.

Members set a higher goal for Anchor Splash®, which finished successfully. The corps outfit B-1 won the Anchor Splash competition. Members also hosted a great date party: "Blazers and Blue Jeans" in February. The chapter has also gotten more involved in Service for Sight. They help at local nursing homes and participated in an Easter egg hunt for children who are blind.

TEXAS CHRISTIAN

Gamma Tau started the year with a phenomenal recruitment (the best statistically in 10 years) and a revamped new member program. Incorporating "Wise Women" (members of all ages) to come and mentor new members has made a big difference with education and participation. DG placed second in TCU's Frog Follies Homecoming competition, and raised more than \$7,000 for Anchor Splash®. In February, the chapter held their first DG Denim sale, raising more than \$3,000 for the Foundation. Gamma Tau also raised more than \$5,000 (the most of any campus organization), for Up 'til Dawn, benefiting St. Jude's Hospital. Collegians celebrated Founders Day with Fort Worth alumnae.



Above: Eta Gamma-Texas A&M; below: Gamma Tau-Texas Christian placed second in the Frog Follies Homecoming skit competition.



TEXAS STATE. SAN MARCOS

Zeta Eta chapter had an exciting semester with events like an overnight sisterhood retreat and "dinner and a movie" date dash. Members proudly welcomed the spring new member

class and were excited about Initiation. They also anticipated Greek Week, the annual Luau on Lake Travis and the chapter house redecoration in time for fall recruitment! The chapter also reports two members representing them on the 2005 Panhellenic Council: Kali Pickowitz (Vice President of Scholarship) and Emily Thompson (Vice President of Recruitment).

TULSA

Gamma Beta chapter had a wonderful spring semester. In February, members hosted their annual Anchor Splash®, which raised \$6,000. There was great participation from the Greek community. Members sold braille bracelets on campus to support Service for Sight. The house retreat was held in early March, where members went bowling and spent the night at the Delta Gamma lodge.

UC. BERKELEY

Gamma chapter's had another semester devoted to Foundation, scholarship and sisterhood. The chapter's entire CMT attended the Region 8 conference in Fremont, where it was runner-up for an international award. Members were proud to host the first meeting for the new Berkeley/Oakland alumnae chapter. Along with monthly visits to a nearby retirement home, chapter members created a team for the Relay for Life and have been incredibly active in involving the Greek community in the fight against cancer.

UC. RIVERSIDE

Zeta Lambda chapter is making their presence known on the Riverside campus and is being recognized for its excellence. One of the proudest accomplishments was to earn top house in scholarship, maintaining a higher chapter GPA than the Panhellenic average on campus. Also, Delta Gamma participated on the 2005 Homecoming Court and won, making it the second year in a row. Another proud moment for the chapter came when Alexandra Almendarez was selected to represent Zeta Lambda chapter as a CDC for the 2005-06 term.

UC. SAN DIEGO

Epsilon Iota initiated 26 new members, one of whom, Sunaina Gyani, organized a Tsunami Relief Benefit concert. The chapter won inter-sorority volleyball and Sigma Nu's volleyball tournament for the third consecutive year. Jessie Levine ran the Mardi Gras Marathon for Leukemia, and three others ran in the San Diego marathon in June. The chapter earned a GPA higher than the UCSD all-women's and all-sorority averages. Heather Doshay was slated as the new Panhellenic President for 2005-06. The chapter's team won the Greek Week talent show and placed fourth overall. They enjoyed Founders Day with alumnae and Epsilon Sigma-San Diego State collegians. The chapter is excitedly preparing to switch from Anchorslam to Anchor Splash®.

UC. SANTA BARBARA

Gamma Kappa chapter welcomed a bright and aspiring group during spring recruitment. These new members convey a strong a sense of self, and members are confident that they will further the chapter's tradition of outstanding scholarship and over-





Left: Gamma Kappa-UC Santa Barbara; above: Epsilon Gamma-Virginia recruitment; below: Delta Rho-Virginia Tech celebrated Easter with Headstart.

all excellence. They are looking forward to strengthening sisterhood bonds and friendships! The newest members' varied interests, personalities, goals and talents enhance the chapter because they fully exemplify all five points of the Delta Gamma star!

VANDERBILT

Eta Epsilon chapter began the semester with formal recruitment and 28 amazing new members. Members planned a toga party to welcome them and the annual '80s rollerskating party, where they met their big sisters. Other exciting events included Founders Day with the Nashville alumnae chapter and the chapter's Golden Anchor Ball. This year's Anchor Splash® was very successful, with 17 fraternities and sororities participating to raise almost \$3,800 for Service for Sight. Members anxiously awaited Sigma Chi's Derby Days, their Parents' Tea and the Last Bash for the graduating senior class!

VILLANOVA

Members from Zeta Alpha chapter graciously helped some of the newest DGs around this winter. Zeta Alpha collegians helped Eta Nu-Hofstra with their recruitment's preference round.

VIRGINIA

In January, the sisters welcomed 31 new members into their chapter. A snowy Bid Day preceded several exciting Bid week activities, including class dinners, movie nights, bowling and a date function. On March 19, the new members arrived at the Epsilon Gamma house for the annual surprise parents' brunch. The newest sisters had a great time spending the day with their families and sisters. On March 20, the chapter was honored to initiate these women into the bonds of Delta Gamma sisterhood.

VIRGINIA TECH

Delta Rho chapter members excitedly welcomed 36 new members in January with the help of recruitment chair Christy Balzer. In February, Anchor Splash® was a huge success. Under the leadership of Jamie Jordan, the chapter raised more than \$8,000! In March, Foundation chair Carrie Williams planned an egg hunt for the kids of Headstart. In April, the spring sisterhood

retreat and Anchorball were the main highlights, but members also invested a lot in spring philanthropies, including Sigma Chi's Derby Days, Pike's Fireman Challenge and Delta Sig's Egyptian Expedition.

WASHBURN

Recruitment went well last fall, as the chapter met quota and welcomed 10 new members. Through Continuous Recruitment, they gained two more new members and now have a chapter of 31 members. Anchor Splash® was very successful and raised \$936 for Service for Sight. The chapter's dance this year was themed "Barn Party." They received the PPD Award at Convention 2004 and the "Keep on Pluggin' Award" at the Region 5 Seminar.

WASHINGTON STATE

Beta Omega's 2005 Anchorsmash was a huge success! Nearly 100 DGs participated in three nights full of activity. Seventeen fraternities had teams and helped raise more than \$800 for Service for Sight. On the first night, the men serenaded the chapter; the second night was DG trivia; and the final night was the highly anticipated football game at Martin Stadium. Mem-

bers continued their annual "Mr. Beautiful Eyes" contest and incorporated sororities with the first ever "Miss Beautiful Eyes." In the three days, Mr. and Miss Beautiful Eyes raised more than \$200! The week was exciting and eventful, bringing the whole chapter together.

WASHINGTON UNIVERSITY

Alpha Epsilon chapter has been very busy. In the fall, members, parents and alumnae celebrated the chapter's 90th anniversary on the Washington University in St. Louis campus. The members regularly volunteered at the nearby Delta Gamma Center and St. Patrick's, a shelter for homeless women and children. They returned in early spring for a sisterhood retreat and formal recruitment. After a week filled with singing, talking and a new outside skit called, "Livin' in a DG World," members excitedly welcomed 38 new members into the chapter.



Alpha Epsilon-Washington University had a sisterhood picnic.

WICHITA STATE

Gamma Upsilon chapter has been extremely busy with sister-hood retreat, Founders Day and preparing for WSU's theatrical competition, Hippodrome. Sisterhood retreat was held February 26 and included dinner, goal-setting and sisterhood activities. Founders Day was March 12 at the Wichita Country Club and featured Region 5 Director Pat Swearingen as the guest speaker. Seven collegians were recognized with awards and

scholarships. The chapter was awarded the Patricia Peterson Danielson Award, which is always an honor. The semester concluded with the Hippodrome production, date party and Greek Convocation.

WILLIAM AND MARY

In September, members welcomed 24 wonderful new members into the chapter. A very successful Anchor Slam basketball tournament raised more than \$2,000 for Service for Sight. The spring semester brought more reasons to celebrate, with the addition of four more wonderful new members and the selection of Lauren Daniels as a CDC for 2005-06! In March, the chapter hosted its first Charity Denim fundraiser. The event was a big hit on campus; members sold 125 pairs of jeans and raised \$625! With so many opportunities for fun, service and sisterhood, this year has been a truly great one for the sisters of Epsilon Mu!

WILLIAM WOODS

Delta Omega chapter held their annual fundraiser, See-Saw 4 Sight April 21-22. It consisted of every chapter member asking a non-DG to seesaw with them in 30 minute intervals for 24 hours straight. The event was held at Vision Arts Eyecare Center in Fulton, Missouri. Vision Arts holds their annual Fun in the Sun event, and the chapter works jointly with them. In return, the Center donates money to Service for Sight for every pair of sunglasses they sell during their event. It is fun every year, but even more exciting year due to the Center's contributions!

WISCONSIN

Omega chapter members focused on philanthropy. Anchor Splash® took place in March, with more than 100 participants raising more than \$2,400. Anchor Splash chairs Robyn Spiess and Jenny Thomas led the way with innovative ideas for selling raffle tickets and encouraging participation. Members also prepared for their Humorology performances April 7-9. The campus-wide comedy show is a fixture of spring entertainment in Madison and has raised more than \$30,000 each season for Camp Heartland (a camp for kids infected with or affected by HIV/AIDS) and the Chris Farley Foundation (which promotes alcohol and drug abuse awareness). Omega DGs have been the defending champions for the past two years!

lifelines — how to contact $\Delta\Gamma$

I'm interested in finding a local alumnae group alumnaedept@deltagamma.org

I want to know how I can help local chapter housing .. housing@deltagamma.org

I want to submit something for consideration anchora@deltagamma.org

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I still have questions...

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If you become aware of a Delta Gamma member's death, please notify Executive Offices. (Note: documentation is required to prevent errors.) Send to the Membership Records Department, 3250 Riverside Drive. P.O. Box 21397. Columbus, Obio 43221-0397 or e-mail jenni@deltagamma.org.

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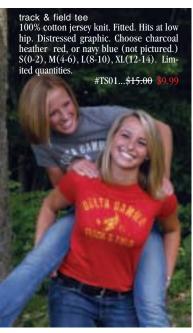
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