

Rastîyên li ser

Kanabîs

The facts about Cannabis

FRANK

0800 77 66 00

Li vê hejmarê mirov hene ku
dikanin bi zimanê we bi we re bipeyivin.
www.talktofrank.com

DrugScope

020 7928 1211

www.drugscope.org.uk

For additional copies, please
contact Prolog on 0870 2414680

Produced by the FRANK campaign in association
with DrugScope and funded by the Home Office.

Kurdish

Kanabîs çi bi mirovan dike?

Dibe alîkar ku relaks bibin. Hin mirov dibêjin ku ew dike ku dengê muzîkê xweştir bê.

Kanabîs dikane bibe sedema:

- problemên pişikê;
- mirov bê sedem têkevin fikaran.

Her weha ger merivek problemên tendurustîya heş hebe (di heş de pirsgirêk hebin), kanabîs dikane problemên wan xerabtir bike.

Kanabîs dişibe çi?

Kanabîs dikane wek:

- pelên xişk bi bêhneke xurt an
- blokeke piçûk a qehweyî bin. Ji vê re benîştê kanabîs tê gotin.

Mirov kanabîs çawa disitînin?

Piranîya mirovan wê bi tûtînê re dikişînin. Carina dixin nav xwarinê, wek mînak kek.

Navên din ên kanabîs

Jê re gîha (weed), kêşan (draw), splîf (spliff), coynt (joint), paf (puff), ganja jî tê gotin.

Her weha tewrekî xurttir ê kanabîs heye ku jê re skunk tê gotin.

Mesrefê kanabîs çiqas e?

Blokek kanabîs a bi £12an, ger tev li tûtînê bibe, 16 cixareyên kanabîs jê çêdibin.

Qanûnî ye?

Na. Li ser xwe gerandina kanabîs li dijî qanûnê ye (wek mînak, di bêrîkên we de bin) an li mala we bin. Her weha firotin an dayina kanabîs bo kesekî jî li dijî qanûnê ye, heta bo hevalan.

What does cannabis do to people?

It helps people relax. Some people say that it makes music sound better.

Cannabis can cause:

- lung problems;
- people to be worried for no reason.

Also if a person has mental health problems (trouble with their mind), cannabis can make their problems worse.

What does cannabis look like?

Cannabis can either come as:

- dried leaves with a strong smell or
- a small brown block. This is called cannabis resin.

How do people take cannabis?

Most people smoke it with tobacco. Sometimes it is mixed with food, for example in a cake.

Other names for cannabis

It is also called weed, draw, spliff, joint, puff, ganja.

There is also a stronger type of cannabis called skunk.

How much does cannabis cost?

A block of cannabis that costs £12 will make 16 cannabis cigarettes when it is mixed with tobacco.

Is it legal?

No. It is against the law to have cannabis on you (for example, in your pockets) or in your house. It is also illegal to sell or give cannabis to anyone, even friends.