



Midnight Express Vest!

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Work this vest from side to side - no seams - easy to size up or down!
STUDY THE SCHEMATIC INCLUDED, BEFORE STARTING TO
KNIT. IT WILL ANSWER MANY QUESTIONS!

Notes:

- **Row gauge is most important!** 7 rows = 1 inch & 3.5 sts = 1 inch
- This vest has a unique feature - the front measurement is greater than the back - as most of us are somewhat larger in the front than across our backs.
- ALL increases and decreases are made at the beginning of a row only.
- Width (size) is changed in the underarm sections. For very small or very large sizes, rows can be added or subtracted in the middle of the back too.
- For size 43, I used 5 inches in each underarm section. Remembering that 7 rows equal 1 inch, knit only 4 inches in each underarm section for a size 41 (you have subtracted 2 inches from overall width.)
- Mark the right side with a safety pin, also use something to designate the top of the vest and the bottom
- Keep good notes - write down when you increase, decrease etc.

I-cord directions: this is to be applied on the right side after the vest is completely knitted. For the shoulder seam, place the 2 shoulders together and attach the cord through both thicknesses. Cast on (either invisibly or regular way) 3 stitches.

Now work every row as follows: Knit 2 sts, slip 1 as to knit, Yarn Over, then insert needle into the sweater edge, and throw your yarn, knitting a stitch. Now you have 5 sts on your right needle. Insert your left needle into both the YO and the slipped stitch and lift them over the last stitch (bind off 2 sts). *This is a little tight, but it'll get easier, the more you do it.* Now begin again.

Increase: Any increase could be used, but the one I like is: k 1 st, give the yarn a backward twist and place it on the needle.

Decrease: The decrease used is: k 1 st, k2 sts through the back loops.

Materials: Approx. 525 yds of heavy worsted yarn Main Color for size 43

Approx. 120 yds of contrasting color for I cord

Size 10, 10 1/2 straight or circular needle

2 - Size 7 or 8 double points for the I cord

1, 2 or 3 silver clasps, or

you could make I-cord buttonholes. (Just work I-cord without attaching it for 1 or 2 times.)

Cast on 36 sts and work entire vest in garter stitch (knit every row.)

Top of Vest: *Increase* 1 stitch at the top of the vest 18 times. Then cast on 14 stitches and knit for 3 inches. At the same time, *increase* 1 stitch at the bottom of the vest 15 times. Then, at the bottom edge (at the beginning of the rows only,) *decrease* 1 st, 15 times.

Underarm section: Bind off 33 stitches for armhole (from top of the vest), and work on the remaining 36 sts for 5 inches (or whatever size you wish.)

Back: On top of vest only, cast on 33 stitches, and knit for 3 inches. Now at the top of the vest, bind off 14 stitches, and work the back section of 55 sts for 10 inches or 70 rows.

Cast on 14 stitches at top of vest, and knit for 3 inches. Bind off 33 stitches at top of the vest and knit for 5 inches (underarm.)

Now cast on 33 stitches at the top of the vest and work for 3 inches. After you have completed the 3 inches at the top of the vest, bind off 14 stitches. Then decrease 1 stitch at the top or neck edge until 36 stitches remain. Bind off - You are finished!

AT THE SAME TIME, increase 1 stitch on the bottom of the vest 15 times for the point of the vest. Then begin decreasing 1 stitch at bottom edge until you have 36 stitches left.

