

16a Randolph Crescent
Edinburgh
EH3 7TT
Tel: 0131 539 8122; Fax: 0131 539 8123
email: Scotland@sustrans.org.uk



How to find Sustrans Scotland

Sustrans encourages its staff and visitors to walk, cycle and use public transport where possible, as part of a healthy lifestyle.

The office is situated at the West End of Edinburgh, just off Queensferry Street, within walking distance of Haymarket and Waverley train stations and Edinburgh bus station. The office is in a basement down a short flight of steps. To see a map of the area, including nearby cycle routes, go to the 'Plan Route' tool on www.sustrans.org.uk and enter the office postcode (EH3 7TT).

On foot

The office is a 15 minute walk from Haymarket train station, 20 minutes from Waverley train station, 15 minutes from St. Andrew's Square bus station and a 5-10 minute walk from the Water of Leith walking and cycling path.

By bicycle

The Sustrans office is just off National Route 1. Cycles can either be chained to the railings outside the office or brought down the steps and locked up in a secure basement area.

By bus

Lothian Bus routes 19, 41, 13, 36, 37 and 37A run along Queensferry Street, a short distance from Randolph Crescent. The office is only a few minutes walk from Princes Street and Lothian Road where many more services operate. For more information about buses go to www.lothian-buses.co.uk.

By taxi

There are taxi ranks at the train stations and at the bus station.

Getting to the area

By public transport

Main line **trains** from England serve Waverley station and many West Coast mainline trains stop at Haymarket. Most services within Scotland serve Waverley and Haymarket Stations. **Buses** throughout Scotland serve St Andrew's Square Bus Station.

For a personalised door-to-door journey plan by public transport go to Traveline (www.traveline.org.uk, 0870 608 2 608, minicom 0870 241 2216, 8am to 8pm).

For information about train times and routes go to the Trainline website: www.thetrainline.com or First Scotrail: www.firstgroup.com/scotrail/index.php.

For information on fares and up-to-the-minute details of service changes go to National Rail Enquiry Service (www.nationalrail.co.uk, 08457 48 49 50, minicom: 0845 60 50 600).

Park and Ride

There are four Park and Ride sites around Edinburgh – at Ferry Toll (north of the Forth Road Bridge), Ingliston to the west, Hermiston to the south west and Newcraighall to the east. All are served by buses into central Edinburgh. A further site, at Todhills, southeast of Edinburgh, opens in 2006.

More details and a map can be found at:

<http://www.edinburgh.gov.uk/transportedinburgh/roads/Rides/ride.html>

By car

We encourage sustainable transport, but recognise that for some journeys a car may be necessary. On-street parking in central Edinburgh is limited and expensive. You are unlikely to be able to park immediately outside the office. There is a multi-storey car park at Castle Terrace, about 10 minutes' walk from the office.



healthyliving