

Rastîyên li ser

Solventan

The facts about Solvents

FRANK

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Li vê hejmarê mirov hene ku
dikanin bi zimanê we bi we re bipeyivin.
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Kurdish

Solvent çî bi mirovan dîkin?

Bi poz kişandina solventan dike ku mirov xwe wek bi alkolê serxweş his bike. Mirov ji vê hisê hez dîkin, ji ber ku ji wan re dibe alîkar ku problemên xwe ji bîr bikin.

Bikaranîna solventan pir bi xeter e. Ew dikanin:

- zirarê bidin dil;
- zirarê bidin pişikê.

Her hefte bi qasî du mirovan ji bi poz kişandina solventan dimire.

Solvent dişibin çî?

Solvent bi gelek berhemana in ku hun dikanin li dikanan bikin, wek mezeloq, gaza heste û spreya por.

Mirov solventan çawa disitînin?

Bi poz dikişînin.

Mesrefê solventan çiqas e?

Gelek berhemên ku solvent di nav de ne erzan in. Ji ber vê yekê, pircar mirovên ciwan solventan bikar tînin.

Qanûnî ne?

Erê. Lê belê dikan nikanin gaza heste bifiroşin mirovên bin 18 salî. Ger polîs ciwanên ku solventan bikar tînin zêft bike, wê wan bisekinînin.

Agahîya din a girîng ku divê hun bizanibin:

Şopandina kesekî ku bi poz solvent kişandiye ne ewle ye. Ev ji ber bandûra wan a li dil e.

Mirovên ciwan pircar li cîhê ku ew ê neyên dîtin solventan dikişînin, wek avahîyeke kevn an nêzîkî xeta trêne. Ger qezeyek hebe, dibe ku li derdorê kesek tunebe ku alîkarîya wan bike.

What do solvents do to people?

Sniffing solvents makes people feel like being drunk on alcohol. People like this feeling because it helps them forget their problems.

Using solvents is very dangerous. They can:

- damage the heart;
- damage the lungs.

About two people die from sniffing solvents every week.

What do solvents look like?

Solvents are in many products that you can buy in the shops, such as glue, lighter fuel and hair spray.

How do people take solvents?

They sniff them.

How much do solvents cost?

Many of the products that contain solvents are cheap. Because of this it is often younger children who use solvents.

Are they legal?

Yes. But shops cannot sell lighter fuel to people under 18 years old. The police will stop young people using solvents if they catch them.

Other important information you should know:

It is not safe to chase someone who has been sniffing solvents. This is because of the effect solvents have on the heart.

Young people often sniff solvents in places where they will not be found, such as an old building or near a railway. If there is an accident, there may not be anyone around to help them.