

## The facts about Tranquillisers

What do tranquillisers do to people?

People take tranquillisers for a short time to help them deal with a problem in their life, such as someone dying.

However some people take these drugs for a long time. When this happens, the tranquillisers stop working. Even though they do not work, people with lots of problems feel they have to keep taking them.

It can be very nasty to stop taking these drugs suddenly. A person should only stop taking them with the help of a doctor.

What do tranquillisers look like?

They are pills that come in different colours.

How do people take tranquillisers?

They are swallowed.

Other names for tranquillisers

They have proper 'chemical' names like Valium and Ativan. They are also called sleeping pills and tranx.

How much do tranquillisers cost?

They are from doctors. Some people do not have to pay for these medicines.

Are they legal?

It is against the law to have tranquillisers unless a doctor gives them to a person.

DrugScope

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