

**Contemplative Outreach of New Jersey is pleased to announce  
the offering of a Contemplative Enrichment Program**

***You are invited to participate!***

***What:***

A program of enrichment for those practicing Centering Prayer. Each day's program includes periods of Centering Prayer, conferences on the subject matter, and time for small group discussion.

***Prerequisite:***

A Daily Practice of Centering Prayer

***When:***

**Saturdays 9:30 am – 4:00 pm  
Gathering, Coffee & Registration – 9:00 am**

October 6, 2007	Contemplative Living: Active Prayer -- Leslee Terpay; Contemplative Service -- Maureen Hanley; Contemplative Silence & Solitude -- Anne & Jim Byrne; Contemplative Attitudes -- Therese Saulnier	
November 3, 2007	Drumming	Barbara Woodzell
January 5, 2008	Retreat Day	Contemplative Outreach Staff
February 2, 2008	The Rule of Benedict	Sr. Marita Funke, OSB
March 1, 2008	Humility Revisited	Marge Rafferty
April 5, 2008	Glorious Vessels in the Potter's Hand	Darlene Eason

***Additional Date:***

December 15, 2007	Advent Day of Prayer	Fr. Carl Arico
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***Where:***

**Benedictine Center at St. Walburga's Monastery**  
851 N. Broad Street,  
Elizabeth, NJ 07208  
**The Monastery is accessible by bus from NYC**

***Fee:***

***\$150 for all 6 sessions***

includes registration fee for Advent Day of Prayer (normally \$35)

***\$115 for all 6 sessions (seniors)***

includes registration fee for Advent Day of Prayer (normally \$20)

***\$35 – registration fee for a single session***

***\$20 – registration fee for a single session – seniors***

**Payment Options:**

- A. Pay in full (\$150; \$115 - Seniors ) by September 22nd with completed registration to hold your space
- B. \$75- deposit (\$50 deposit for Senior Citizens) due by September 22nd with completed registration to hold your space.  
Remainder due January 5<sup>th</sup>.

## Directions: 851 North Broad Street, Elizabeth, New Jersey

### Turnpike:

Exit 13A. Follow signs for North Ave. West. Take North Ave. about 2 miles to North Broad St. (While on North Ave., you will cross US1 and go under a RR overpass.) North Broad is the second light after the overpass. There are apartment houses on each corner of the intersection of North Ave. and North Broad St. Turn right onto North Broad. The monastery is on your right before the light - 851 N. Broad.

### Parkway

#### Driving South

Exit 140A "Newark Airport, Elizabeth" Follow the exit around to the right. Turn right onto Morris Ave. (Rt. 82). Take Morris Ave. to North Ave. (Rt. 439). Kean College will be on your right. Turn left onto North Ave.. North Broad will be the fifth light. There are apartment houses at each corner of the intersection. Turn left onto North Broad St. The monastery is on your right before the light - 851 N. Broad.

#### Driving North

Exit 137. Take exit to the light and turn left onto Westfield Ave. Drive 2.7 miles (8 lights) to North Ave. (Rt. 439). There is a left turn arrow and an EXXON gas station on the right. Turn left on to North Ave.. Drive 1.6 miles (7 lights) to North Broad St. There are apartment houses on each corner of the intersection. Turn left onto North Broad St. The monastery is on your right before the light - 851 N. Broad

### Bus & Train

Bus from New York - New Jersey Transit bus #112 Take from Port Authority to the corner of North Avenue and North Board Street in Elizabeth. Trip takes about 35 minutes.

Call for schedule: NJ Transit Information: from NJ 1 (800) 772-2222; from out of NJ 1 (973-762-5100 Port Authority Information -1 (212) 564-8484

Your stop is one of the first in the Elizabeth residential area. The stop is on the corner immediately after the bus turns left off North Ave onto N Broad St. As soon as the bus makes that turn it is going away from the monastery. You should walk on N Broad St in the opposite direction of the bus. (You will need to cross both streets at the corner.) The monastery is 851 North Broad St, before the end of the block on your right. As you walk past a mansion, you will see a driveway and just beyond it a wall with 2 large statues. Walk down that driveway under the archway of the building and enter on the left.

The 59 bus from Newark stops across the street from the monastery. Ask the driver for the "Benedictine Academy" stop.

NJ Transit Train: (From NYC -Bus from Port Authority is easier on weekends)

The train leaves from Penn Station, NY, and also stops at Newark. There are two stations in Elizabeth. The North Elizabeth station is close to the monastery, but stops are rare except for commuter hours. The Elizabeth station is about a mile away. Just off Broad St. I don't know how easy it is to get a cab or bus.

Cab: 851 North Broad St, Benedictine Sisters, across from Benedictine Academy.

Bus heading to your left as you approach N Broad. Take to intersection with North Ave. (Most buses turn there) walk on N Broad in the direction the bus was going. Monastery is on your right before the end of the next block.

Enter as above.

If you are a walker go left on Broad St. (North) There are several forks off Broad/ N Broad. Watch signs carefully. When you get to North Ave, cross over, and monastery will be before the end of the block on right. Enter as above.\_

**For further information, contact Therese Saulnier, 201-436-8256 (Evenings and Weekends)**

## *Contemplative Enrichment Program*

*Registration Form:*

To register for this event please complete this form and mail with deposit to:

**Therese Saulnier  
53 Linden Street  
Bayonne, NJ 07002**

Please make checks payable to: **Contemplative Outreach of New Jersey**

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Contemplative Enrichment Program Registration:

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City, State, Zip:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

**Amount Enclosed** \_\_\_\_\_