

The 7 Day Cycle of Prayer

Note: The 7-Day Cycle of Prayer is meant for meditative use by individuals. It associates a prayer concern with each day of the week and allows reflection on any or all of the “Great Sevens” – the seven deadly sins, the seven gifts of the Spirit, the seven corporal works of mercy and the seven spiritual works of mercy.

7 Days	Prayer Cycle	7 Deadly Sins	7 Gifts of the Spirit	7 Corporal Works of Mercy	7 Spiritual Works of Mercy
Sunday	Thanksgiving	Pride	Wisdom	Feed the Hungry	Admonish Sinners
Monday	Sick/Needy	Anger	Understanding	Give Drink to the Thirsty	Instruct the Ignorant
Tuesday	Cities/Communities	Envy	Counsel	Clothe the Naked	Counsel the Doubtful
Wednesday	Families/Households	Covetousness	Fortitude	Harbor the Harborless	Pray for the Salvation of Your Neighbor
Thursday	Our Church & All Churches	Gluttony	Knowledge	Visit the Sick	Comfort the Sorrowful
Friday	Mission & Missionaries	Lust	Godliness	Visit the Imprisoned	Bear Wrongs Patiently
Saturday	Creation/Our Stewardship	Sloth	Fear of God	Bury the Dead	Forgive all Injuries

Please Note

If you are printing the Cycle of Prayer from the diocesan website, this 7-Day Cycle of Prayer is listed separately and not on the same page.