

## Joint Pain and Vitälzym Testimonials

## **JOINT PAIN**

I have been on Vitälzym for only 4 days, today being day 5. Already the pain in my R. saddle joint is less. I am experiencing a return of mental clarity and the "word search" (what is that damn word I'm trying to think of). This is not the place nor do I have time to outline my symptoms, that constellation of little annoyances that add up to what I thought of as premature and accelerating way too fast aging. Those things are starting to imperceptibly fade. I just wanted to send you my greetings and most heart-felt thanks.

Nancy Adams	, Licensed Massage	: Therapist,	Licensed Colonic	: Therapis

I have had swelling and pain in my left knee for about 8 years. About two years ago I started supplementing my diet with flax oil. My pain began to reduce, but I still have had flare ups about every two months. Pain was so intense during flare up; I could not sleep for up to a week and also had to use crutches. I finally was about to concede to arthroscopic knee surgery. Surgeon diagnosed me with a tear of meniscus cartilage around the knee and surgery would be only way to repair the knee. I asked what potential down side of surgery was. Doctor said possibility of permanent nerve damage if nerve was severed during operation. My chiropractor introduced me to Vitalzym. That was 8 months ago. After one month of Vitalzym one tid I have been pain free. I went pheasant hunting for three straight days. I upped my Vitalzym to 3tid during hunt. I did not have any pain. I have not hunted for two years because it had become too painful. I have now begun strength training of my legs, which I was unable to do previously because of increased pain to the knee. Thanks to Vitalzym, I now have not missed a night sleep due to knee pain. I have not had to use crutches, my knee no longer has a huge visual knot from the swelling and I have regained ability to be engaged outdoor activities that I have been unable to do for the last 8 years. Also, my cholesterol dropped into the safe range. I had been 60 points high according to my doctor who insisted I take Cholesterol reducing medication for which i discontinued after first pill due to chest pains immediately after taking it. PS. I am interested in becoming a distributor of Vitalzym. Please send information or contact me on how I can become a distributor. I wish to share my rejuvenated health with my acquaintances.

Dan T., Le	I., Lenexa KS				

I'd like to start out with saying that for the past 3-1/2 years I've had knife-sharp pain in my right scapula, sacrum, both knees and ankles. If I were to exercise, let's say, lifting weights for trying to strengthen my muscles and my arms because I also have osteoporosis, for the next several days after I'd have to either receive professional chiropractic work or professional massage, just to enable to move again because the pain was so bad again ... in my right scapula, through my back muscles as well but that was after the exercising. But always having pain in my right scapula, always painful in my sacrum, both knees and ankles.





I started taking enzymes about 8 months ago and I took 15 a day to begin with, moving up to 45 a day and took 45 a day consistently for the past 4 months out of the total of 8 (months) that I took the enzymes. I did feel that I had, I would say, 10% less pain through my body, because a year ago the pain was debilitating. I have been taking Vitalzym's now [6 capsules, 3 times a day] for close to a week and I have 99 percent relief throughout my entire body! I'm not getting chiropractic work; I'm exercising like a maniac because I'm going to be going for my Pilates Certification and I don't have any pain ... AT ALL! The reason I say it's 99 percent relief is because, as my boyfriend will vouch for, that there's always room for improvement in our lives, so I've got one percent left somewhere; I just can't find it!

This stuff, Vitalzym, is absolutely a miracle. I feel much younger in the last week ... I'd say, really, genuinely, I feel at least 10 years younger ... maybe even 15 years younger, all throughout my entire body.

Another aspect which is so important is I can think much more clearly and I need much less sleep, and again, there's nothing like feeling 38 when you're 48 and, you know, I'd say maybe even 32, so you know, all that makes a big difference! Originally I began taking enzymes not just for the things I've talked about thus far, but also because I have a collapsed colon and I have scar tissue I'm trying to dissolve in my abdominal area so I don't have to go back in for surgery again. And I'm sure the Vitalzym's are doing wonderful things for that as well. I don't know exactly where I am with that. At first I thought there was overnight success with my elimination, but I think that's going to take much longer because it took 48 years to do the damage that I've done.

Out of all the products that we carry in the store, I have about ... out of 2,000 items, I have my ten favorites of which Vitalzym is one of those ten, and I want to thank you again.

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--Sherri M Las Vegas NV 12/09/2003

Over the last two years my long-standing back pain had spread to both hips and legs. Not only was I hurting all the time, awake and asleep, the pain had weakened my leg muscles. As a result my walk clearly showed the fact that I was aging rapidly, which bothered me as much as the pain itself. To add insult to injury I had become unable to exercise, Chiropractic adjustments made no difference, the natural remedies I tried gave no relief, and taking medications is not my style.

On the morning that I went down to the floor in excruciating pain when getting out of bed I yelled at the Universe to send me the cure NOW! And lo behold, soon a dear friend in Hawaii who knew nothing about my dilemma sent me your audiotape. What I heard blew me away, and I sensed that this was the answer to my noisy order to the Universe.

So I sent for a large bottle of VITALZYM and - voila! - within five days I knew the product was working. I was 95% pain free, bouncing out of bed the way I used to and walking and climbing stairs with the old spring in my step. Thank God I feel young again!





I got so excited about my results that I sent the tape to several of my friends who had some sort of pain, including my friend David at Global Light Network, who in turn offered it to his newsletter readers. My friends who took VITALZYM regularly got great results, and Global Light Network couldn't keep in on their shelves.

Whenever someone tells me that they're not getting the desired results, I find out that they are not taking the product regularly. It's interesting that some people would rather live with pain than making the commitment to taking something 3 times a day every day. Go figure!

I am forever grateful to VITALZYM and everyone involved in making it available to me for the rest of my life.

--Gudrun B., Marin County, CA

