



**Newly  
expanded**  
*classroom dates*

Spring/Summer

# 08 Training Calendar

800.621.7619 | [www.nsc.org](http://www.nsc.org)



# We have what you're looking for,

when you're looking for it, where you want to be!



Developing safety programs for our members since 1913, the National Safety Council provides the most up-to-date training classes and regulations for you and your workplace. From industry specific classes to general safety training, you can earn an NSC safety certificate, stay current with OSHA compliance and increase your safety ROI. The NSC provides flexibility and convenience with all of its professional training courses. Schedule an off-site training course, learn online, train your own employees or have a certified instructor come to your workplace.

To find additional local training course offerings and the most up to date class dates & locations visit

[www.nsc.org/train/ntc.cfm](http://www.nsc.org/train/ntc.cfm)



[www.nsc.org](http://www.nsc.org) | 800.621.7619



National Safety Council  
2008 Congress & Expo



Anaheim  
California

Congress: September 19-26  
Expo: September 22-24

## NSC 2008 Congress

The WORLD'S LARGEST annual safety event now reaches beyond the safety, health, and environmental industries into the security industry and your home and community!

Gain the insights needed to stay at the forefront and remain competitive within your industry. Plus, gain practical tips, techniques, and tools designed for immediate application to your business

## Take Some Training At Congress

Professional Development Seminars are available for most of the classes in this catalog, along with technical sessions and networking opportunities. For more information on PDS's at congress and registration go to

[www.congress.nsc.org](http://www.congress.nsc.org)



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Our courses provide you with detailed information, extensive training materials and real-life experiences and expertise. A number of our classes also meet various OSHA guidelines and standards. By enrolling in one of our courses, you will get the most up-to-date training available to you and your company.

## Your Training Options

### Driver Improvement Training

pages 2-8

By choosing NSC Defensive Driving Courses (DDC), you're choosing the leader in defensive driving training. Because of our top-notch instruction we've trained over 60 million drivers since 1964 and certified over 7,500 NSC Defensive Driving Course instructors and 2,000 Training Centers worldwide. When you choose our courses you're protecting your employees as well as other drivers on the road. Take a look at what else we have to offer.

### Emergency Care/First Aid Training

pages 9-11

By choosing NSC Emergency Care Courses, you're choosing to make your company safer one employee at a time. You'll equip them with OSHA-compliant emergency care training, and rest assured that they can respond effectively to a sudden illness or injury. Our innovative training methods have helped us train more than 8 million First Aid, CPR and AED responders.

### Workplace Safety and Health Training

pages 12-31

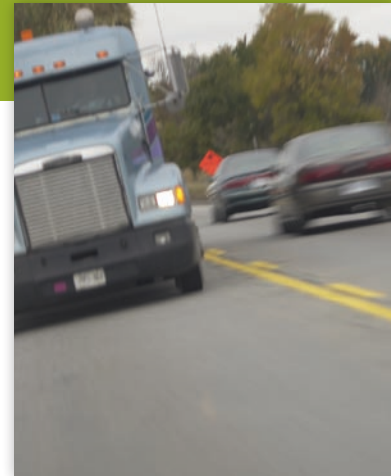
By choosing NSC Workplace Safety and Health Courses, you're choosing to keep up with the current compliance issues and regulations and the most up-to-date training available in the industry. Our courses are taught by skilled instructors who help you get the most out of your safety training. Whether you choose to train at one of our locations, purchase one of our packaged training programs or have someone train on site at your location, you will choose the best in Workplace Safety and Health Training.

# Driver Improvement Instructor Training

When it comes to defensive driving classes, the National Safety Council is unsurpassed in quality. We've spent more than 40 years tailoring our instruction to all sectors of industry, modernizing our content and teaching techniques, and creating a range of study programs for companies of all sizes. More than 500 corporations have successfully incorporated our 4-hour Defensive Driving Course (DDC) as their driver safety program and more than 30% of the top Fortune 100 companies use NSC's DDC online program. The reason is simple: compared to other driving improvement providers, we have a consistently higher rate of success in reducing the number and severity of crashes among our graduates.

The NSC has trained more than 60 million drivers since 1964—1.6 million annually! Studies show that people who participate in our defensive driving classes have a significant, measurable drop in collisions and driving violations. For example, a study done by the College of Lake County (Illinois) showed that drivers who participated in our eight- or six-hour Defensive Driving Course had 19% fewer collisions than non-program drivers.

We offer flexible training options to fit your schedule and budget. Your company can become an authorized NSC DDC Training Center and someone on your staff can train employees, or you can send your employees to an authorized DDC Training Center, or we can conduct training on-site at your facility. As alternative training options, you can purchase our Self Study or Online Training Programs. We offer programs in professional truck driving, fleet safety, teen drivers (for drivers age 16 to 24), and much more. We invite you to take a look at our programs and contact us with any questions or requests. Experience the best in defensive driver training with the National Safety Council.



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## **Become an authorized NSC Defensive Driving Course (DDC) Training Center and train your employees.**

### **Take the next steps:**

- Contact the National Safety Council at **800.621.7619** or a local NSC Chapter to discuss availability of training areas.
- Sign a DDC Training Center Agreement, purchase the appropriate teaching materials and lease any required videos.
- Register and successfully complete an Instructor Development Course and teach two classes at your location.

Visit [www.nsc.org/train/ntc.cfm](http://www.nsc.org/train/ntc.cfm) for the most up-to-date instructor development course dates and locations.

## What You Learn

- Practical knowledge and techniques to avoid collisions and violations
- Sensible advice to choose safe, responsible and lawful driving behaviors
- Guidance for engaging your employees on a personal level
- Insurance discounts – Graduates of this course may earn premium discounts on insurance. Check with your insurance provider to see if discounts apply
- Importance of attitude in preventing accidents and poor decision-making on the road

## Course Description

Our original Defensive Driving Course is a comprehensive program with a basic eight-hour curriculum that can be reduced to six hours if required by your state or your organization's specific training needs. During this course, you'll gain the confidence and knowledge to teach our most popular defensive driving course.

Motor vehicle crashes are the leading cause of workplace fatalities and by implementing a driver safety program, your organization can greatly reduce the risks faced by your employees on the road.

The 8th edition features updated statistics, driving tips and a section that can be customized with local training statutes or your company's fleet rules and regulations. This course is continuously updated to reflect changes in law, automobile technology and trends. Available in English and Spanish, our Teaching Materials are designed to make presenting easy and enjoyable. Most importantly, our course graduates achieve a consistently higher rate of success in reducing the number and severity of accidents up to 22%.

**Member \$355.00\*** | Nonmember \$445.00\*

*\*Price may vary by location. Call sponsoring Chapter to verify.  
Registration fee includes Instructor Certification Kit.*

### Alabama

April 10-12	Birmingham
June 12-14	Birmingham

### California

April 29-May 1	Los Angeles
June 15-17	Los Angeles

### Colorado

June 17-19	Denver
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### Florida

April 1-3	Orlando
July 29-31	Orlando

### Georgia

April 1-3	Atlanta
May 28-30	Atlanta
July 22-24	Atlanta

### Illinois

May 14-16	Chicago
July 23-25	Chicago

### Louisiana

May 29-31	Metairie
July 24-26	Metairie

### Massachusetts

May 6-8	Springfield
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### Minnesota

May 20-22	Saint Paul
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### New York (DDC-6)

May 19-21	Bronx
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### Ohio

April 9-11	Youngstown
April 14-16	Columbus
August 6-8	Youngstown

### South Carolina

May 13-15	Columbia
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### Virginia (DDC -8)

April 22,23 & 25	Charlottesville
July 16-18	Charlottesville

## Defensive Driving Course Online

See why more than 1.2 million drivers have taken Defensive Driving Course Online

- The content of our Defensive Driving Course 8/6 classroom course for a fraction of the cost and half the time to complete
- Easy to use and complete, even for those with minimal computer skills
- Affordable for one user or for your whole organization



[www.nsc.org/onlinetraining/driving/ddc\\_pc.cfm](http://www.nsc.org/onlinetraining/driving/ddc_pc.cfm)



## DDC 4 – 5th edition

### What You Learn

- Superior strategies to prevent collisions and citations
- How to deal with road rage, impaired drivers, high-speed drivers and other dangers on the highway
- A personal skills inventory, and how to evaluate and improve your driving style
- The consequences of fatigue, distracted driving, emotional impairments and other risk factors
- A Participant Course Guide with easy-to-follow graphics, activities and discussion questions
- The often overlooked role of vehicle malfunctions and poor maintenance in crashes

#### Alabama

May 9-10 Birmingham

#### Arizona

April 21-22 Phoenix  
June 16-17 Phoenix

#### California

May 28-29 Los Angeles  
August 26-27 Los Angeles

#### Colorado

June 10-11 Denver

#### Florida

May 19-20 Hollywood  
June 18-19 Orlando  
August 25-26 Fort Lauderdale

#### Georgia

August 25-26 Atlanta

#### Illinois

May 12-13 Chicago  
July 21-22 Chicago

#### Louisiana

May 29-30 Metairie  
July 24-25 Metairie

#### Massachusetts

May 1-2 Springfield

#### Minnesota

May 29-30 Saint Paul

#### North Carolina

April 22-23 Charlotte  
June 24-25 Raleigh

#### Ohio

April 17-18 Columbus  
June 19-20 Youngstown  
July 31-Aug 1 Youngstown

#### South Carolina

June 24-25 Columbia

### Course Description

This popular 4-hour course is designed specifically for safety managers, fleet supervisors, and HR managers and helps raise awareness, reinforce personal responsibility, and reduce crashes and convictions.

Available in both English and Spanish, this half-day course underscores the importance of alertness, anticipation, courtesy, hazard recognition and other critical factors that prevent crashes. The teaching techniques used in this course involve 10-minute video sessions that help examine specific high-risk choices (such as keeping a short following distance) and take an inside look at what really happens to drivers and passengers in a vehicle crash.

The benefit to taking NSC's defensive driving course is our instructors offer real-life examples and experiences to take back with you into the real world. More than 500 corporations have selected our four-hour defensive driving course, training more than 400,000 drivers every year! This course can be customized to address driving and road conditions specific to your area.

**Member \$275.00\*** | **Nonmember \$365.00\***

*\*Price may vary by location. Call sponsoring Chapter to verify. Registration fee includes Instructor Certification Kit.*



**Another convenient training option:**

#### Defensive Driving Course Self-Study Program

Effective, easy, and economical, Defensive Driving Course Self-Study is an ideal choice for training a busy workforce in the basics of safe driving. Perfect for individual motorists or fleet drivers unable to attend a classroom course. Available in VHS or DVD format.

4-hour course  
2-day Instructor course

# Defensive Driving Course Alive at 25® – 2nd edition

## What You Learn

- To take responsibility for driving behaviors and decisions and to adopt safer driver practices
- To recognize when other young drivers make poor driving decisions or take unnecessary risks in a vehicle
- To understand the effects of inexperience, peer pressure and distractions and how to manage them
- To accept the concept that changing driving behavior makes personal, legal and financial sense

## Course Description

This highly interactive 4-hour course encourages young drivers between the ages of 16 and 24 to take responsibility for their driving behaviors. Skill practices and on-the-spot defensive driving techniques help change bravado to confidence. An excellent complement to standard driver education programs – or provides new direction for young drivers who incur traffic violations.

The 2-day instructor development course will train you to work with the largest group of at-risk drivers using the highest-quality teaching materials and topics they identify with. Our Alive at 25 instructors use personal examples and even humor to get their point across. Workbook exercises, interactive media segments, group discussions, role-playing and short lectures help young drivers develop conviction and strategies that will keep them safer on the road.

State government, courts, law enforcement agencies and schools nationwide are adopting the Defensive Driving Course Alive at 25 for their graduated license and traffic violators programs. In a recent study by the South Carolina Chapter, NSC, 98 percent of Defensive Driving Course Alive at 25 participants said they would change their driving behavior after completing the course!

**Member \$275.00\*** | Nonmember \$325.00\*

*\*Prices may vary by location. Contact your local Chapter for details.  
Registration fee includes Instructor Certification Kits.*

<b>Alabama</b>		<b>Ohio</b>	
April 18-19	Birmingham	April 22-23	Columbus
July 18-19	Birmingham	May 1-2	Youngstown
		June 5-6	Youngstown
<b>Arizona</b>			
April 28-30	Phoenix		
<b>California</b>			
June 17-18	Los Angeles		
<b>Georgia</b>			
June 2-3	Atlanta		



### Complement the Alive at 25 Course with our new Alive at 25 Parent Program

This innovative program gets parents involved in training their teens to drive safely and responsibly. It encourages parent / teen partnership throughout the entire process, from learning to drive through independent driving.



Call 800.621.7619 or your local Chapter.

# DDC Attitudinal Dynamics of Driving – 3rd Edition

8 or 6 hour course  
3-day Instructor course

## What You Learn

- How to identify the connection between driving behaviors and attitudes that impact decision-making
- How to recognize the motivation behind effective and ineffective decision-making
- A complete self-assessment profile to identify personal needs and wants
- How to embrace the commitment to change current driving behaviors and develop an action plan to change those behaviors

### Arizona

March 26-28 Phoenix

Go to the National Training Calendar at [www.nsc.org/train/ntc.cfm](http://www.nsc.org/train/ntc.cfm) for the most up to date course dates and locations.



Updated curriculum presents the highest technology and quality to make teaching our Defensive Driving Courses easy and enjoyable!

## Course Description

Created for problem drivers and repeat traffic offenders, NSC's Defensive Driving Course Attitudinal Dynamics of Driving is a highly effective course that helps these drivers make a direct connection between their attitudes and their behavior behind the wheel. It helps them see the choices they make have very real costs and consequences — financial, legal, and personal — and teaches them to take responsibility for their actions.

This newly revised program engages the participants more than ever by helping them identify their needs and expectations and encouraging questions, opinion sharing and group discussions in a non-threatening, non-judgmental environment. Participant involvement is necessary for the success of this course. The course is used for court referrals, as a diversion program for drivers with excessive violations to retrain drivers with poor driving records. It's also a great complement to our 4-hour Defensive Driving Course or any of our other driver improvement courses.

**Member \$375.00\*** | Nonmember \$465.00\*

*\*Prices may vary by location. Contact your local Chapter for details.  
Registration fee includes Instructor Certification Kit.*



## What You Learn

- How to identify common challenges in motor vehicle safety and the essential elements of a fleet safety program
- The skills to involve and motivate employees about fleet safety
- How to communicate your company's current state of motor vehicle safety
- Commitment to excellence and personal development in fleet safety and create a blueprint for future actions
- The confidence and competence to manage the challenges of running a fleet safety operation

## Course Description

Dynamics of Fleet Safety is a 4-hour supervisory management course designed specifically for fleet safety supervisors and managers from a wide range of industries that are charged with managing fleet safety for their organization. The course demonstrates best practices for leaders and organizations in the area of motor vehicle safety, collision prevention and asset utilization.

Developed to be taught by personnel with fleet safety management experience, this program does not require instructor certification or a training center agreement. Our Train-the-Trainer Workshop offers your in-house training staff the competency and skill to roll out consistent training to employees across all locations as well as other fleet safety managers industry-wide. Topics in this course include: the essential elements of a fleet safety program; a real-life case study that you'll interpret, critique, and analyze; and management commitment, recognition, and return on investment.

**Member \$99.00\*** | Nonmember \$129.00\*

*\*Price may vary by location. Call sponsoring Chapter to verify. Registration fee includes facilitator Instructor Kit.*

### Alabama

May 28 Decatur  
June 24 Mobile

### Illinois

May 6 Chicago

### Kentucky

May 13 Lexington

### Massachusetts

May 5 Springfield

### Mississippi

June 20 Tupelo

### North Carolina

May 13 Charlotte

### Ohio

April 28 Youngstown  
July 28 Youngstown

### Utah

June 4 Salt Lake City

## National Fleet Award Program

Take your commitment to fleet excellence a step further – reward and motivate safe drivers with our National Fleet Award Program



# Defensive Driving Course Professional Truck Driver – 4th Edition

4, 6 or 8 hour course  
3-day Instructor course

## What You Learn

- Personal and professional excellence as it relates to professional truck driving
- The understanding of risk factors and hazards that are directly related to trucks
- The ability to recognize the need for defensive driving skills to prevent fatalities, injuries and property damage
- To understand the importance of properly maintaining and inspecting your vehicle
- This program conforms to all current US DOT standards, based on The Large Truck Crash Causation Study announced by the U.S. Federal Motor Carrier Safety Administration

<b>Arizona</b>		<b>North Carolina</b>	
April 23-25	Phoenix	May 20-22	Raleigh
		August 26-28	Charlotte
<b>Florida</b>		<b>South Carolina</b>	
June 10-12	Orlando	July 15-17	Columbia
<b>Georgia</b>		<b>Utah</b>	
April 14-16	Atlanta	August 6-8	Salt Lake City

## Course Description

NSC's newly revised Defensive Driving Course for the Professional Truck Driver provides the professional truck driver the knowledge, skills and attitudes to choose safety to demonstrate their personal and professional commitment to excellence. It also addresses the unique challenges of driving large vehicles, and offers practical knowledge to avoid violations and collisions.

This course can be taught in as little as four hours, or extended to eight hours with supplemental modules. To meet the fleet requirements of different industries, our course can be modified for any company's specific equipment, driver issues and policies.

Our 4th edition is more flexible and interactive than ever and contains topics such as how to avoid common causes of collisions, uncontrollable driving hazards and conditions, personal safety and protecting the motoring public. Participants learn from each other in this course by sharing personal experiences and apply defensive driving techniques to future driving experiences.

**Member \$355.00\*** | **Nonmember \$445.00\***

*\*Price may vary by location. Call sponsoring Chapter to verify.  
Registration fee includes instructor Certification Kit.*

## Defensive Driving Course – Professional Truck Driver Online

Get all the content of our 8-hour classroom course in a fraction of the time!

- Eliminates travel expenses and saves valuable time
- Easy to train any size group – including drivers in remote locations
- Lets drivers learn at their own pace, from any PC with Internet connection



[www.nsc.org/onlinetraining/driving/ddc\\_ptd.cfm](http://www.nsc.org/onlinetraining/driving/ddc_ptd.cfm)

# Emergency Care/ First Aid Training

Training your employees in emergency care isn't just important for your bottom line, it shows them that they are your highest priority. Equip your employees with OSHA compliant emergency care training from the National Safety Council and you can be sure that they have received the highest standard of training and they will have the ability to respond effectively to a sudden illness or injury.

We've trained more than 8 million rescuers to respond confidently and competently to an emergency. Companies consistently choose our information-packed courses because of their flexibility and unmatched quality. Our courses cover a range of emergencies, from shock and burns to poisoning and bleeding.

## **We go beyond instruction**

- We maintain a database of renewal records to help keep your employees up-to-date on their skills
- We provide nationally recognized completion cards at no additional cost
- We give you access to a secure portal to receive up-to-date information
- Preferred product pricing with no hidden cost

You can choose from a variety of training options like online training, sending your employees for training or we can send an instructor to your facility.



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<b>Bloodborne and Airborne Pathogens</b>	<b>10</b>
<b>First Aid, CPR and AED</b>	<b>11</b>



### What You Learn

- How to educate your employees about the risks of bloodborne and airborne pathogens, such as tuberculosis
- Preventing disease transmission and resulting infection
- Includes information on influenza
- Universal precautions
- Exposure control planning and labeling

#### California

May 22	Los Angeles
July 24	Los Angeles

#### Florida

August 20	Orlando
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#### Georgia

April 24	Atlanta
June 26	Atlanta
August 21	Atlanta

#### Illinois

May 22	Chicago
August 21	Chicago

#### Kentucky

June 19	Lexington
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#### Massachusetts

June 16	Springfield
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#### North Carolina

July 18	Charlotte
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Complies with OSHA Regulation 1910.1030

### Course Description

Our newly revised Bloodborne and Airborne Pathogens Instructor Course will help you bring your facility into compliance with the OSHA bloodborne standard.

The OSHA bloodborne pathogen standard requires you to ensure the safety of the employees who may be exposed to bloodborne pathogens. This applies to every employer with one or more employees who can reasonably be expected to come into contact with blood or other potentially infectious materials. Yes, that includes part-time and temporary workers.

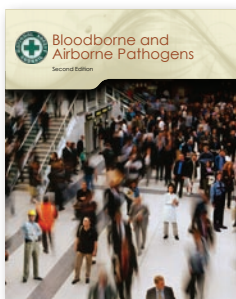
As an instructor, you will be able to train your employees on how to control exposure to bloodborne and airborne pathogens, the risks and transmission mode of pathogens and diseases. You'll also learn universal precautions to help workers protect themselves from illness, how to properly label infectious materials, and how to make work areas safer and more hygienic environments.

**Member \$165.00\*** | **Nonmember \$195.00\***

*Registration fee includes training kit*

*\*Prices may vary by location.*

*Contact your local Chapter for details.*



### Your registration fee includes the cost of the Instructor Resource Kit!

Which includes:

- Instructor's manual
- Instructor's CD Rom with updated PowerPoint® slides
- Student Workbook
- New 21-minute DVD with case clips



## What You Learn

- Proven, effective techniques for teaching first aid, CPR and AED
- Course fee also includes Instructor Resource Package with CD-ROM and other visual aids
- To provide corrective feedback to adult students
- Breathing cardiac emergencies, bleeding, injuries, illnesses, and other topics

Complies with OSHA Regulation 1910.151

## Course Description

Knowing how to respond to an emergency is one of the most important skills you can possess. Whether you have an entire company to train or just a few employees, the Standard First Aid, CPR and AED Instructor course is an excellent path to preparedness.

NSC's First Aid, CPR and AED course meets the OSHA standard for emergency care training in the workplace. We use the Video Self Instruction (VSI) method for teaching CPR skills. Recent studies show that students taught by the traditional training method have lower skill retention rates. With the VSI training method, your students not only learn, but also retain, their skills in CPR, AED and first aid.

Topics covered in this course include: breathing and cardiac emergencies; identifying and caring for bleeding; sudden illnesses and injuries; and much more.

Upon successful course completion, you will receive the complete Instructor Resource Kit which includes the Standard First Aid, CPR and AED Instructor Resource Manual, Student Manual, DVD and Instructor CD-ROM.

**Member \$275.00\*** | Nonmember \$325.00\*

*\*Pricing may vary by location. Please contact your local Chapter for details.*

*This course can only be taught by authorized instructors and you must register with the National Safety Council to begin delivering training.*

### Alabama

April 9-10	Decatur
July 8-9	Decatur

### Arizona

April 16-17	Phoenix
May 14-15	Phoenix
June 18-19	Phoenix

### California

May 20-21	Los Angeles
July 22-23	Los Angeles

### Colorado

April 23-25	Denver
August 13-15	Denver

### Florida

June 12-13	Ft. Lauderdale
May 6-8	Orlando
August 26-28	Orlando

### Georgia

April 21-23	Atlanta
June 23-25	Atlanta
August 18-20	Atlanta

### Illinois

May 19-21	Chicago
August 18-20	Chicago

### Kentucky

June 16-18	Lexington
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### Louisiana

April 21-23	Metairie
June 23-25	Metairie
June 25-27	Metairie

### Massachusetts

April 15-16	Springfield
July 30-31	Springfield

### Nebraska

May 7-8	Hastings
August 13-14	Norfolk

### New Hampshire

April 30	Concord
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### New York

April 22-25	Albany
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### North Carolina

July 15-17	Charlotte
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### Ohio

May 14-16	Youngstown
July 9-11	Youngstown

### South Carolina

April 29, 30 and May 1	Columbia
August 5-7	Columbia

### Texas

June 18-19	Austin
April 7-8	Dallas
July 16-17	Dallas
May 14-15	Houston
August 12-13	Houston

### Utah

July 9-11	Salt Lake City
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**If you already have previous emergency care training, you can likely become grandfathered in as an authorized NSC Instructor. Visit [www.nsc.org/train/ec](http://www.nsc.org/train/ec) for more information.**



# Workplace Safety and Health Training

When you are involved in safety and health in your workplace, you contribute to creating a work environment that protects lives and prevents injuries. The National Safety Council can help you gain the knowledge and skills you need to keep your workplace safe with a wide range of safety certificate courses. See what we have to offer!



## Principles of Occupational Safety & Health (POSH) 13

Take this course to earn your NSC Certificate in Principles of Safety. The Certificate shows that you've made a commitment to improving safety in your workplace. Plus, with this certificate you are on your way toward earning the NSC Advanced Safety Certificate.

## Advanced Safety Certificate

Maximize your effectiveness as a safety manager and leader. The courses in the ASC program set you on a path toward greater accomplishment and professional recognition. See page 14 for instructions on how to earn your Advanced Safety Certificate.

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## OSHA Compliance

Keep your facility safe, meet OSHA 1910 general industry standards, and avoid fines. To earn your Certificate, complete Introduction to OSHA, and follow it with any five of the standard specific seminars on pages 23-31.

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## What You Learn


- The nine elements critical to an effective safety plan
- How to develop a site-specific safety plan and gain compliance support for it
- How OSHA affects your organization
- How to effectively plan and conduct safety inspections
- The who, what, when, where, and how of incident investigations
- How to involve employees in safety and health improvements
- This course is applicable to all levels, whether you're new to safety or a safety professional

## Course Description

This information-packed course has trained thousands of professionals from an array of industries. Principles of Occupational Safety & Health (POSH) delivers a solid curriculum of important safety concepts and terminology, with emphasis on best practices for implementing and managing a safety program. Industrial hygiene, protective equipment, reducing incidents and cost, ergonomics, OSHA requirements – the most important components of safety management systems are all presented here, and more.

In just four days, you'll gain insights and practical knowledge about Hazard Recognition, Evaluation and Control; Employee Involvement; Safety Training; Safety Teams and Committees; and Emergency Action Planning.

NSC Certificate in Principles of Safety 

2.6 NSC CEUs, 2.6 COCs 

Member \$1,195.00\* | Nonmember \$1,550.00\*

*\*Price may vary by location*

### Alabama

May 5-8 Birmingham

### California

April 7-10 Los Angeles  
June 2-5 Los Angeles  
August 4-7 Los Angeles

### Connecticut

May 13-16 Mystic

### Florida

July 14-17 Orlando

### Georgia

June 9-12 Atlanta

### Illinois

May 5-8 Chicago  
June 24-27 Peoria  
July 7-10 Chicago

### Kentucky

May 12-15 Louisville

### Massachusetts

July 22-25 Springfield

### Nebraska

June 16-19 Omaha

### North Carolina

July 28-31 Raleigh

### Ohio

May 19-22 Youngstown

### Pennsylvania

April 21-24 Hershey  
June 2-5 Harrisburg  
August 18-21 Pittsburgh

### South Carolina

August 11-14 Myrtle Beach

### Texas

April 15-18 Dallas  
August 18-21 Dallas

### Wisconsin

August 5-8 Madison

### Five modules include:

- Hazard Recognition, Evaluation and Control
- Employee Involvement
- Safety Training
- Safety Teams and Committees
- Emergency Action Planning

**You'll also receive more than \$350 worth of reference materials!**



# Fundamentals of Industrial Hygiene

4 1/2-day course\*

## What You Learn

- How to anticipate, recognize, evaluate, and correct factors that cause work-related illness
- How to conduct walk-through surveys and perform basic air and noise monitoring
- How to develop a specific plan for controlling hazards in your facility
- How to use monitoring equipment correctly
- How to meet regulations and guideline standards

### California

April 21-25 Los Angeles

### Colorado

April 7-11 Denver

### Florida

July 21-25 Orlando

### Illinois

April 21-25 Chicago  
August 11-15 Chicago

### Nebraska

April 14-18 Lincoln

### New York

May 5-9 Albany

### North Carolina

April 14-18 Raleigh  
July 14-18 Charlotte

### Ohio

July 14-18 Youngstown

### Pennsylvania

June 9-13 Pittsburgh

### South Carolina

July 21-24 Myrtle Beach

### Tennessee

April 14-18 Nashville

### Utah

June 24-27 Salt Lake City

## Course Description

Fundamentals of Industrial Hygiene is designed to create a healthy, hazard-free workplace. If you are a safety, health and/or environmental manager with industrial hygiene responsibilities but limited training or experience, this is the course for you.

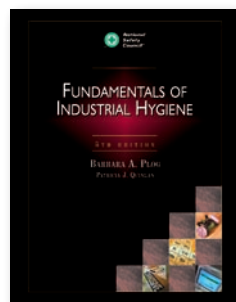
You should attend this course because chemical, physical, ergonomic and biological hazards exist in every workplace. You can make a difference for your company by learning key concepts including air sampling, personal protective equipment, ventilation, toxicology, and how to deal with "hidden" dangers such as particulates, gases, vapors, radiation, and thermal stress.

Studies show that skin diseases or disorders were the most common occupational illness with over 40,000 new cases in 2005. During our Fundamentals of Industrial Hygiene course you will learn how to control the chemical, physical, ergonomic, and biological hazards. This can have a tremendous positive impact on worker health, productivity, medical costs and work attendance.

FIH is a component of the Advanced Safety Certificate and also includes bloodborne pathogens compliance training.

### You'll get over \$275 worth of reference materials:

- Fundamentals of Industrial Hygiene textbook (5th ed.)
- Fundamentals of Industrial Hygiene Study Guide
- NIOSH Pocket Guide to Chemical Hazards



3.0 NSC CEUs/3.0 COCs

CEU

NSC Advanced Safety Certificate Course



Member \$1,195.00\* | Nonmember \$1,550.00\*

\*Price and course length may vary by location



## What You Learn

- How to measure the progress of your company's safety management system
- To identify the steps for preparing a safety management audit
- To make the business case for a safety management system
- How to create a specific action plan to achieve improved safety and health for your organization and individuals
- Touch all bases of safety management: administrative, technical, and cultural

## Course Description

This course was specifically designed for individuals involved in coordinating, supervising or managing safety and health efforts, particularly safety and health committee leaders, supervisors, and middle or upper managers. This class touches on all the bases of safety management from administrative to technical to cultural.

An estimated \$56 billion was paid out in workers' compensation claims in 2004. You can help protect your company and its workers by taking this course. You'll learn how to get workers involved in safety, conduct an audit, and measure your company's progress toward safety goals.

Topics in this course include: fundamental principles of safety management, key elements of NSC's safety management system, dynamics of an organizational safety culture, and safety management audits.

2.6 NSC CEUs/2.6 COCs



NSC Advanced Safety Certificate Course

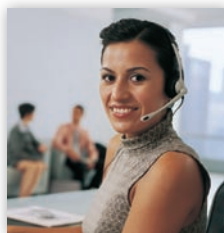


**Member \$1195.00\*** | Nonmember \$1550.00\*

*\*Price may vary by location*

<b>Arizona</b> April 7-10 Phoenix	<b>Nebraska</b> June 9-12 June 3, 10, 17, 24 Lincoln Omaha
<b>Florida</b> June 23-26 June 23-26 Hollywood Orlando	<b>Ohio</b> June 9-12 Youngstown
<b>Georgia</b> April 1-4 Atlanta	<b>Pennsylvania</b> May 5-8 August 18-21 Pittsburgh Harrisburg
<b>Illinois</b> June 2-5 Chicago	<b>Tennessee</b> July 14-17 Nashville
<b>Louisiana</b> April 7-10 Metairie	<b>Texas</b> May 13-16 August 25-28 Dallas Dallas
<b>Maryland</b> April 28-May 2 Ocean City	<b>South Carolina</b> May 19-22 Myrtle Beach
<b>Massachusetts</b> June 24-27 Springfield	<b>Wisconsin</b> April 1-4 Madison
<b>Minnesota</b> June 3-6 Saint Paul	
<b>North Carolina</b> June 9-12 Charlotte	

**More than \$140 worth of reference materials**



It's easy to register for courses. Call our trained customer service professionals at 800.621.7619 or your local Chapter, or visit [www.nsc.org](http://www.nsc.org).



# Safety Training Methods

## What You Learn

- How to identify training and non-training solutions to safety issues
- How to write learning objectives for employees and evaluate their progress
- How to accurately budget for safety training
- How to set realistic training goals that employees can meet
- How to create, select, and deliver training that engages and educates

### California

July 28-August 1 Los Angeles

### Colorado

April 14-18 Denver

### Florida

April 1-4 Ft. Lauderdale

April 14-17 Orlando

July 7-10 Hollywood

### Georgia

July 21-24 Atlanta

### Illinois

April 7-11 Chicago

May 20-23 Peoria

### Louisiana

May 5-9 Shreveport

June 9-13 Metairie

### Massachusetts

April 22-25 Springfield

### Minnesota

May 6-9 St. Paul

### Nebraska

April 28-May 1 Omaha

July 14-17 Lincoln

July 14-17 Omaha

### New York

April 7-11 Albany

### North Carolina

May 12-16 Raleigh

August 18-22 Charlotte

### Ohio

April 21-24 Youngstown

August 11-14 Youngstown

### Pennsylvania

May 13-16 Hershey

### South Carolina

June 16-19 Myrtle Beach

### Texas

May 19-23 Dallas

### Utah

April 21-24 Salt Lake City

## Course Description

If you're responsible for planning, developing, or delivering training at your company, this is the course for you. A challenging and interactive experience, this course combines information with numerous group and independent learning activities.

The safety performance of your workplace contributes to your organization's overall success. This course will show you how to create, select and deliver performance-based training to achieve your organization's safety and business goals.

Topics in this course include instructional strategy for adult learning needs; budgeting for direct and indirect costs; and content, media, delivery, and evaluation.

NSC Advanced Safety Certificate Course



3.0 NSC CEUs/3.0 COCs

4.5 IH CMs (Approval #03-2811)



**Member \$1,195.00\*** | **Nonmember \$1,550.00\***

*\*Price and course length may vary by location*

1-day course

# Ergonomics: Managing for Results

## What You Learn

- How to recognize ergonomic risk factors related to Musculoskeletal and Commutative Trauma Disorders (MSDs)
- How to conduct an ergonomic work site analysis, and evaluate and rank hazards
- The steps to implementing a successful ergonomics program at your workplace

## Course Description

If you are a business owner, supervisor, or manager this course can help you understand the importance of keeping your employees free of ergonomic-related injuries.

Repetitive motion and overexertion are the biggest risk factors facing American workers today and workers who suffer repetitive injuries spend a median of 19 days away from work. Take this class and prevent these injuries from happening.

0.6 NSC CEUs/0.6 COCs/1.0 IH CMs



### Florida

June 3 Hollywood  
August 14 Orlando

### Illinois

June 13 Chicago

### Kentucky

June 10 Lexington

### Louisiana

April 18 Metairie

### Massachusetts

June 9 Springfield

### Nebraska

July 10 Omaha

### North Carolina

August 6 Charlotte

### Ohio

June 23 Youngstown

NSC Advanced Safety Certificate Course

Member \$295.00\* | Nonmember \$385.00\*

\*Price may vary by location



1-day course

# Incident Investigation

## What You Learn

- Methods to uncover the who, what, why, when, where, and how of each situation
- To develop effective investigation and interviewing techniques
- How to address human relations issues affecting incident reporting
- Address hazard control and follow-up measures

## Course Description

All levels of management, safety practitioners, safety committee members and incident investigators need to know how to handle incident investigations properly. This course shows you how to gather complete, accurate and objective data if an incident occurs in your workplace. You'll also learn how to: analyze "true" root causes, determine corrective action to prevent potentially costly incidents from happening again, and key follow up activities.

0.6 NSC CEUs/0.6 COCs/1.0 Safety CMs



### Alabama

June 2 Birmingham

### Florida

June 2 Hollywood  
August 11 Orlando

### Illinois

June 10 Chicago

### Kentucky

June 11 Lexington

### Louisiana

April 22 Shreveport  
April 30 Metairie  
July 10 Metairie

### Maryland

May 13 Westminster  
June 2 Baltimore

### Massachusetts

May 9 Springfield

### Nebraska

June 18 Lincoln  
August 11 Omaha

### New York

May 14 Albany

### North Carolina

August 4 Charlotte

### Ohio

May 12 Youngstown

### South Carolina

April 24 Columbia

### Utah

June 6 Salt Lake City

NSC Advanced Safety Certificate Course

Member \$295.00\* | Nonmember \$385.00\*

\*Price may vary by location



Call 800.621.7619 or your local Chapter. 17

1-day course

# Job Safety Analysis

<b>Alabama</b>		<b>Massachusetts</b>	
June 4	Birmingham	April 4	Springfield
<b>Florida</b>		<b>Nebraska</b>	
June 5	Ft. Lauderdale	April 24	Lincoln
August 13	Orlando	August 25	Omaha
<b>Illinois</b>		<b>New York</b>	
June 12	Chicago	May 15	Albany
<b>Kentucky</b>		<b>North Carolina</b>	
June 12	Lexington	August 5	Charlotte
<b>Louisiana</b>		<b>Ohio</b>	
April 3	Shreveport	July 21	Youngstown
August 7	Metairie	<b>Utah</b>	
<b>Maryland</b>		August 27	Salt Lake City
June 5	Baltimore		

NSC Advanced Safety Certificate Course

0.6 NSC CEUs/0.6 COCs

1.0 IH CMs (Approval #03-2809)



Member \$295.00\* | Nonmember \$385.00\*

\*Price may vary by location

## What You Learn

- How to reduce personal injuries and control operating hazards and costs by recognizing the hazards inherent in task performance
- To complete a JSA form correctly and efficiently
- How to gain participation from all levels of your organization

## Course Description

This course is designed specifically for full-time safety practitioners, committee members, safety coordinators, specialists, and managers. Our Job Safety Analysis course will enable you to pinpoint potential hazards to your coworkers.

Permanently disabling injuries led to 40 million days in lost production time in 2005. You'll learn to enlist company support in reducing the risks and hazards inherent in each worker's task and create solutions tailored to your company's needs.

1-day course

# Safety Inspections

<b>Alabama</b>		<b>Nebraska</b>	
June 2	Birmingham	May 19	Omaha
<b>Florida</b>		May 20	Lincoln
June 4	Hollywood	<b>North Carolina</b>	
August 12	Orlando	August 7	Charlotte
<b>Illinois</b>		<b>Utah</b>	
June 11	Chicago	May 29	Salt Lake City
<b>Kentucky</b>			
June 13	Lexington		
<b>Maryland</b>			
June 4	Baltimore		
<b>Massachusetts</b>			
April 28	Springfield		
July 7	Springfield		

0.6 NSC CEUs/0.6 COCs



Member \$295.00\* | Nonmember \$385.00\*

\*Price may vary by location

## What You Learn

- How to plan and conduct an effective safety inspection
- To use checklists to save time
- How to create a written inspection report
- How to make recommendations and follow up on implementation

## Course Description

During the Safety Inspections course you will learn to conduct regular safety inspections and to identify and address hazards before they cause problems. This course will give you the tools and the confidence to successfully pass an OSHA inspection when that time comes. Topics cover the pre-inspection tasks, recording observations, and developing inspection reports.

NSC Advanced Safety Certificate Course



1-day course

## Team Safety

### What You Learn

- How to identify training and development needs of team members
- Communication skills for more productive team meetings and how to improve them
- How to measure safety improvements and how to influence your organization

### Course Description

Employee involvement is the key to a successful company safety program. Our Team Safety course will help you build a strong safety team and motivate it toward success. It also helps you develop meeting management skills, learn how to build communication and inspire your team to enhance company safety and health. This course puts safety improvements on the agenda for all of your employees.

<b>Alabama</b>		<b>Maryland</b>	
June 6	Birmingham	June 3	Baltimore
<b>Florida</b>		<b>Nebraska</b>	
June 6	Hollywood	April 3	Omaha
August 15	Orlando	August 21	Lincoln
<b>Illinois</b>		<b>Ohio</b>	
June 9	Chicago	April 14	Youngstown
<b>Kentucky</b>		August 8	Youngstown
June 9	Lexington	<b>Utah</b>	
		August 5	Salt Lake City

NSC Advanced Safety Certificate Course



0.6 NSC CEUs/0.6 COCs  
1.0 IH CMs (Approval #03-2809)



Member \$295.00\* | Nonmember \$385.00\*

\*Price may vary by location

1-day course

## Creating a World Class Safety Culture

### What You Learn

- The four requirements for creating a positive safety culture: leadership, employee involvement, measurement and continuous improvement
- To put safety behind every strategy, decision, operation and action
- How to reduce incidents and increase productivity and profits!

### Course Description

There are two great reasons to involve all of your employees in removing safety hazards and operating safely: It protects relationships you value, and it reduces down time due to injury, stress or disease. Creating a World Class Safety Culture will teach you how to make safety a shared value of every employee in your organization. Developed especially for small business owners, this course will teach you the ways to measure and quantify the success of your safety program as well as how to recognize and reinforce safety-focused behaviors.

<b>Georgia</b>	
April 9	Atlanta
<b>Kentucky</b>	
May 26	Lexington
<b>Texas</b>	
April 25	Dallas

0.6 CEUs/0.6 COCs



Member \$295.00\* | Nonmember \$385.00\*

\*Price may vary by location



Call 800.621.7619 or your local Chapter. 19

# Supervisors' Development Program

2- or 3-day course

## Alabama

April 15-16 Birmingham  
June 11-12 Mobile

## Florida

May 8-9 Ft. Lauderdale  
August 7-8 Hollywood  
August 21-22 Ft. Lauderdale

## Georgia

June 16-18 Atlanta

## Kentucky

August 4-5 Lexington

## North Carolina

April 28-30 Raleigh  
August 19-21 Raleigh

Member \$395.00\* | Nonmember \$515.00\*

\*Price may vary by location

## What You Learn

- To use training to promote safe and healthy behavior
- To recognize and control workplace hazards
- How to promote employee involvement in safety and health
- The 17 OSHA Compliance issues every safety supervisor should know

## Course Description

Our Supervisors' Development Program is for supervisors, managers, team leaders and HR managers who are directly involved with safety issues in their company. This course will help you successfully integrate safety, health, and environmental training into everyday operations. This course empowers supervisors or team-based leaders to facilitate that integration. Some of the course topics include: safety management, communication, human performance management, safety and health training, ergonomics, and 10 more topics.

# Making Sense of Safety

1-day course

## Kentucky

July 22 Owensboro

## Louisiana

May 8 Metairie

## South Carolina

May 14 Columbia

## Texas

April 23 Dallas

Member \$295.00\* | Nonmember \$385.00\*

\*Price may vary by location

## What You Learn

- To evaluate the impact of safety on profitability
- To take a balanced approach to safety that inspires continuous improvement and satisfies OSHA
- How to sell safety to your organization

## Course Description

This course was designed for HR managers and supervisors responsible for safety and health in their organization and will help cut workers' compensation and health care costs that are on the rise. Our Making Sense of Safety course will help you control costs with a proactive safety management plan.

Topics included in this course are the business motivation for safety, benchmarking safety performance, and staying current with OSHA regulations.



1-day course

# Preventing Slips, Trips and Falls

## What You Learn

- To understand the OSHA regulations and industry standards relating to slips, trips and falls
- To conduct a baseline evaluation of fall hazards in your workplace
- To effectively train employee in strategies to reduce injuries

## Course Description

If you are a business owner, manager, supervisor or an employee, this class is for you. Falls are among the leading causes of fatal and nonfatal incidents in the workplace. Protect your workers and your business with this information-rich seminar on Preventing Slips, Trips and Falls. You'll learn to systematically evaluate your workplace for hazards that could cause falls, trips and slips, train employees to reduce injuries from these types of accidents, and create an action plan to avoid these costly incidents.

### Georgia

April 10 Atlanta

### Louisiana

May 13 Metairie

0.6 NSC CEUs

**CEU**

**Member \$295.00\*** | **Nonmember \$385.00\***

*\*Price may vary by location*

1-day course

# Safety Communication and Training Techniques

## What You Learn

- To organize your safety messages and training
- To effectively select, design, and use media to get your message across
- To create a communication and training action plan for your facility

## Course Description

If you are a business owner, manager, supervisor, or HR personnel, this course is for you. It's important that your employees understand the effectiveness and importance of having a clear safety message. This course gives you tips to raise awareness and change behaviors in order to better communicate your safety message to your employees.

Topics include adult learning needs, effective facilitation skills and evaluating the effectiveness of your communication and training.

### Georgia

April 11 Atlanta

### Texas

April 24 Dallas

### Indiana

April 21 Evansville

### Kentucky

July 21 Owensboro

### Louisiana

June 17 Metairie

0.6 COC

**CEU**

**Member \$295.00\*** | **Nonmember \$385.00\***

*\*Price may vary by location*



Call 800.621.7619 or your local Chapter. **21**

# Flagger Instructor Training

## What You Learn

- How to deliver 4-hour courses to your crew and get all the instructor materials you need
- How standardized flagger training reduces incidents, injuries and fatalities
- Thorough knowledge of flagging procedures and equipment with hands-on exercises and tests
- One- and two-person flagging operations

### Alabama

June 17-18      Birmingham

### Florida

June 16-18      Ft. Lauderdale

### Georgia

May 5-6      Atlanta

August 12-13      Atlanta

### Illinois

April 28-29      Chicago

May 28-29      Chicago

June 23-24      Chicago

August 25-26      Chicago

### North Carolina

July 10-11      Raleigh

### South Carolina

June 10-11      Columbia

Flagger training programs meet or exceed both MUTCD guidelines and ANSI standard ISEA-107-1999

## Course Description

Controlling traffic through work areas is one of the most important – and dangerous – operations in construction maintenance. If you are responsible for safety in road, bridge, tunnel, water or sewer construction, or public works, our Flagger Instructor course is for you.

In order to protect flaggers from injury or even death, top-quality training is essential. During this course you will learn to deliver effective flagger training to your crew and handle administrative responsibilities. Topics included are work zones and flagger stations, one- and two-person flagger operations and emergency operations.

The NSC also offers a Flagger Training Course (\$95.00 per student) for your workers. They can learn how important it is to keep work zones safe and how to deal with pedestrians around them.

**Member \$395.00\*** | Nonmember \$515.00\*

*\*Price may vary by location*



### Flagger Instructor Course

Learn how to deliver our 4-hour Flagger Training Course to your crew and get the following instructor materials:

- Fully-scripted instructor manual
- CD-ROM with PowerPoint® presentation
- MUTCD Parts 1, 5, and 6
- Instructor certification form
- Sample certificate of course completion
- Laminated participant guide

### National Safety Education Center

Operated by the National Safety Council, Northern Illinois University, and the Construction Safety Council, this is one of only three centers in the Midwest approved by OSHA Office of Training and Education to offer authorized OSHA training courses in general industry, construction, and safety and health.

For a complete list of OSHA 500-511 training course and dates call 800.656.5317 or visit [www.earnyourcard.com](http://www.earnyourcard.com).





## What You Learn

- The difference between confined spaces and permit-required confined spaces
- How to identify and evaluate hazards: atmospheric, mechanical, and chemical
- Procedures for self-rescue, non-entry rescue, entry rescue by company employees, and entry rescue by emergency responders

## Course Description

Confined space incidents can be especially deadly because the hazards tend to be misunderstood or underestimated. Many confined space fatalities involve not one, but two victims: the worker and the rescuer. Protect your staff from serious harm by familiarizing yourself with OSHA's Permit-Required Confined Spaces Regulation. Our professional facilitator will break down the regulation into terms you can understand. In just four hours, you'll learn practices and procedures that will help save lives.

**Member \$99.00\*** | Nonmember \$135.00\*

*\*Price may vary by location*

<b>Alabama</b>	April 17	Birmingham	<b>Nebraska</b>	April 22	Omaha
<b>Arizona</b>	May 7	Phoenix	<b>New Hampshire</b>	April 23	Concord
<b>California</b>	May 5	Los Angeles	<b>North Carolina</b>	June 5	Raleigh
<b>Florida</b>	May 12	Orlando	<b>Ohio</b>	May 6	Youngstown
	July 11	Ft. Lauderdale	<b>South Carolina</b>	August 8	Columbia
<b>Georgia</b>	May 21	Atlanta	<b>Texas</b>	June 5	Dallas
<b>Illinois</b>	June 18	Chicago	<b>Utah</b>	August 21	Salt Lake City
<b>Iowa</b>	June 26	Carroll			
<b>Louisiana</b>	August 12	Metairie			

Covers OSHA Permit-Required Confined Spaces Regulation 1910.146 Subpart J

## More OSHA Compliance Courses

### OSHA 10-Hour General Industry 2-day course

Review OSHA standards, policies and procedures including the OSH Act, inspections, citations and general duty clause penalties. Standards covered include walking/working surfaces, hazardous materials, material handling, electrical safety and welding.

**Member \$280.00\*** | Nonmember \$365.00\*

*These courses are held at NSC Chapters nationwide.*

*Find dates and locations at our National Training Calendar, [www.nsc.org/train/ntc.cfm](http://www.nsc.org/train/ntc.cfm)*

### OSHA 10-Hour Construction 2-day course

Learn how to keep your workers safe according to OSHA's regulatory requirements for construction sites. We'll show you what to look out for, how to train your crew, and how to improve compliance communication.

**Member \$280.00\*** | Nonmember \$365.00\*

*\*Price may vary by location. Call sponsoring Chapter to verify.*

*These courses are held at NSC Chapters nationwide.*

*Find dates and locations at our National Training Calendar, [www.nsc.org/train/ntc.cfm](http://www.nsc.org/train/ntc.cfm)*



1/2-day course

## Crane & Hoist

### Iowa

June 18 Des Moines  
August 13 Cedar Rapids

### Nebraska

April 22 Omaha  
August 21 Omaha

Covers OSHA Overhead Gantry Cranes Regulation 1910.179 Subpart N and Slings Regulation 1910.184 Subpart N

NSC Certificate in OSHA Compliance



Member \$99.00\* | Nonmember \$135.00\*

\*Price may vary by location

### What You Learn

- Crane and sling terminology, inspections and procedures
- Recordkeeping requirements for slings
- How to minimize risks with crane and hoist operations

### Course Description

OSHA regulations can be complex. Let the National Safety Council help with our Crane & Hoist Safety Compliance Training. Our safety professionals translate OSHA regulations on overhead and gantry cranes into terms you can use and show you how to put them into practice. In just four hours, you'll learn practices and procedures that will keep you in compliance and, best of all, protect your employees.

1/2-day course

## Electrical Safety

### California

May 6 Los Angeles

### Florida

June 5 Orlando

### Georgia

May 20 Atlanta

### Illinois

June 16 Chicago

### Maryland

June 25 Baltimore

### Massachusetts

May 27 Springfield

### Nebraska

July 22 Omaha

### North Carolina

June 4 Raleigh

### Ohio

June 3 Youngstown

### Texas

June 3 Dallas

Covers OSHA Electrical Safety Regulation 1910.301-399 Subpart S

NSC Certificate in OSHA Compliance



### What You Learn

- How to protect employees who work on or near electrical conductors and equipment
- Key terms and concepts of electrical safety
- How to identify appropriate training and protection requirements

### Course Description

Electrical equipment can be among the most dangerous and deadly in the workplace. Don't let your workers be caught off guard by any of the numerous hazards associated with both power usage and power failures. In the Electrical Safety Compliance Training Course, OSHA regulations on electrical safety are translated into terms you can use, and our trainers show you practices and procedures that will keep you in compliance and, best of all, protect your employees.

Member \$99.00\* | Nonmember \$135.00\*

\*Price may vary by location



1/2-day course

## Exit Routes, Emergency Action Plans and Fire Prevention Plans

### What You Learn

- Exit routes, emergency action plans, and fire prevention plans terminology and elements
- Types of workplace emergencies
- Key planning issues for emergency action plans

### Course Description

In an emergency such as a fire or hazardous substance leak, your employees may have only seconds to evacuate. It's critical that they understand your emergency plan, especially evacuation routes and procedures. This course is designed to help you understand key elements of OSHA Subpart E (Exit Routes, Emergency Action Plans & Fire Prevention Plans). You'll learn to develop emergency plans in full compliance with OSHA, and, more importantly, how to keep your valued coworkers safe in an emergency.

#### Arizona

May 6 Phoenix

#### California

May 9 Los Angeles

#### Florida

May 15 Orlando

#### Georgia

May 22 Atlanta

#### Illinois

June 19 Chicago

#### Maryland

June 26 Baltimore

#### Massachusetts

June 16 Springfield

#### Nebraska

July 9 Omaha

#### Texas

June 4 Dallas

Covers OSHA Emergency Plans & Fire Prevention Regulation 1910.33-39 Subpart E

NSC Certificate in OSHA Compliance

**Member \$99.00\*** | Nonmember \$135.00\*

*\*Price may vary by location*



1/2-day course

## Fire Protection

### What You Learn

- Basic precautions for preventing fires and protecting workers, including general requirements for sprinkler and fire extinguishing systems
- How to install and maintain fire detection and alarm system
- How to communicate fire protection and prevention procedures

### Course Description

Workplace fires and explosions kill 200 and injure more than 5,000 workers each year. They cost businesses more than \$2.3 billion in property damage. Worst of all, they tend to occur suddenly, sometimes without any obvious warning signs. Don't add to these statistics at your company! Our Fire Protection course will show you how to reduce your risks.

#### Georgia

May 23 Atlanta

#### Nebraska

July 9 Omaha

Covers OSHA Fire Protection Regulation 1910.155-156 Subpart L

NSC Certificate in OSHA Compliance

**Member \$99.00\*** | Nonmember \$135.00\*

*\*Price may vary by location*



Call 800.621.7619 or your local Chapter. **25**

# Hazard Communication

<b>Arizona</b>		<b>Ohio</b>	
May 6	Phoenix	April 18	Youngstown
<b>California</b>		<b>Texas</b>	
May 7	Los Angeles	July 7	Youngstown
<b>Georgia</b>		June 4	
May 23	Atlanta	Dallas	
<b>Illinois</b>			
June 18	Chicago		
<b>Maryland</b>			
June 23	Baltimore		
<b>Nebraska</b>			
April 10	Omaha		
August 5	Omaha		

Covers OSHA Hazard Communication Standard 1910.1200 Subpart Z

NSC Certificate in OSHA Compliance

**Member \$99.00\*** | Nonmember \$135.00\*

*\*Price may vary by location*



## What You Learn

- How to empower your employees to identify and avoid hazardous chemical spills
- The steps to set up an effective hazard communication program
- How to label hazardous chemicals, evaluate exposures, and analyze gaps in your company's practices

## Course Description

More than 32 million workers are exposed to 650,000 hazardous chemicals in more than 3 million workplaces. If your company stores or uses chemical products, don't take any chances with employee safety. OSHA implemented the Hazard Communication Standard (HCS) to help employers and employees protect themselves from chemical hazards. The NSC Compliance Course will help you reduce chemical-related illness and injuries and comply with the HCS in your own facility.

# Introduction to OSHA

<b>Arizona</b>		<b>Massachusetts</b>	
May 5	Phoenix	April 2	Springfield
<b>California</b>		<b>Nebraska</b>	
May 5	Los Angeles	May 20	Omaha
<b>Georgia</b>		<b>North Carolina</b>	
May 19	Atlanta	June 3	Raleigh
<b>Illinois</b>		<b>Ohio</b>	
June 16	Chicago	June 30	Youngstown
<b>Louisiana</b>		<b>Texas</b>	
May 14	Metairie	June 2	Dallas
<b>Maryland</b>			
June 23	Baltimore		

Covers the scope of the OSHA 29 CFR 1910 General Industry Standards

**Member \$99.00\*** | Nonmember \$135.00\*

*\*Price may vary by location*

## What You Learn

- Employer and employee rights and responsibilities as defined by OSHA
- The workplace inspection process, and how to keep OSHA-compliant records
- How to determine what's expected of your employees under the OSH Act

## Course Description

When you're responsible for OSHA compliance, the task can seem enormous. The NSC can help you navigate OSHA policies and procedures with this simple-to-understand course. You'll learn how the OSH Act applies to your business, how to be prepared for an OSHA inspection, and how to use OSHA's website as a valuable reference tool.

NSC Certificate in OSHA Compliance



1/2-day course

OSHA TOP 10

# Lockout/Tagout

## What You Learn

- To identify six elements of an effective lockout/tagout procedure
- How to conduct a periodic inspection of the energy control device
- Recognize “best practices” for an effective lockout/tagout program implementation and operation

## Course Description

The lockout/tagout process is among the most critical safety procedures in any workplace. It's also one of OSHA's Top 10 “Most Serious Violations” and Top 10 “Most Often Cited Violations.” You can protect your company by mastering the concepts in this information-packed course. Our safety experts will guide you through interactive discussions and pair activities relating to the OSHA lockout/tagout regulation so you apply what you learn directly at your work site.

<b>California</b>		<b>North Carolina</b>	
May 6	Los Angeles	June 5	Raleigh
<b>Florida</b>		<b>Texas</b>	
May 16	Orlando	June 3	Dallas
<b>Georgia</b>			
May 20	Atlanta		
<b>Illinois</b>			
June 17	Chicago		
<b>Iowa</b>			
June 26	Carroll		
<b>Maryland</b>			
June 24	Baltimore		
<b>Nebraska</b>			
April 10	Omaha		

Covers OSHA Control of Hazardous Energy, Lockout/Tagout Standard 1910.147 Subpart J

NSC Certificate in OSHA Compliance



Member \$99.00\* | Nonmember \$135.00\*

\*Price may vary by location

1/2-day course

OSHA TOP 10

# Machine Guarding

## What You Learn

- Which machine areas should be guarded to provide adequate worker protection
- Best practices - how to apply basic guarding principles that aren't covered in the regulation

## Course Description

As any manager knows, workers must know how to apply OSHA guarding principles to specific machines in their workplace. This course will give you practical, real-world information that teaches you how to guard machinery in compliance with OSHA regulations. You'll learn why machine guarding mistakes are among the top 10 causes of OSHA citations, how to avoid common machine incidents and prevent injuries, and how to empower your employees to recognize and avoid potential problems.

<b>Florida</b>		<b>Ohio</b>	
May 16	Orlando	April 8	Youngstown
<b>Illinois</b>		<b>Texas</b>	
June 17	Chicago	June 5	Dallas
<b>Maryland</b>			
June 24	Baltimore		
<b>Nebraska</b>			
July 22	Omaha		

Covers OSHA Machinery and Machine Guarding Standard 1910.211-219 Subpart O

NSC Certificate in OSHA Compliance



Member \$99.00\* | Nonmember \$135.00\*

\*Price may vary by location



Call 800.621.7619 or your local Chapter. 27

# Personal Protective Equipment

<b>Arizona</b>		<b>Maryland</b>	
May 7	Phoenix	June 26	Baltimore
<b>California</b>		<b>Massachusetts</b>	
May 7	Los Angeles	June 23	Springfield
<b>Florida</b>		<b>Nebraska</b>	
May 13	Orlando	June 12	Omaha
<b>Georgia</b>		<b>Texas</b>	
May 21	Atlanta	June 6	Dallas
<b>Illinois</b>			
June 19	Chicago		
<b>Louisiana</b>			
August 12	Metairie		

Covers OSHA PPE Standard 1910.132-140 Subpart I

NSC Certificate in OSHA Compliance



**Member \$99.00\*** | Nonmember \$135.00\*

*\*Price may vary by location*

## What You Learn

- How to conduct a personal protective equipment (PPE) Hazard Assessment and Certification Statement (required by OSHA for all employers)
- Various types of PPE and how to use them
- How to avoid common PPE compliance mistakes that can result in costly OSHA fines

## Course Description

Most workers who suffer eye, head, and foot injuries aren't wearing the proper PPE. Keep your workers safe and protect your company from expensive litigation with this valuable seminar, which provides all the information you need to comply with OSHA regulations on PPE. You'll learn practical concepts such as OSHA responses to questions about implementation, including who is required to pay for PPE and who is responsible if an employee brings in his own PPE.

# Powered Industrial Trucks

<b>California</b>	
May 8	Los Angeles
<b>Iowa</b>	
June 18	Des Moines
August 13	Cedar Rapids
<b>Nebraska</b>	
August 21	Omaha

Covers OSHA Powered Industrial Truck Standard 1910.178 Subpart N

NSC Certificate in OSHA Compliance



**Member \$99.00\*** | Nonmember \$135.00\*

*\*Price may vary by location*

## What You Learn

- The details of the OSHA 29 CFR 1910.178 Powered Industrial Trucks standard
- The basic safety precautions, training, maintenance, and fuel safety
- How to safely operate fork lifts and other powered industrial trucks in hazardous locations

## Course Description

OSHA's safety training requirements for powered industrial truck operators help prevent an estimated 11 deaths and 9,500 injuries per year, plus \$135 million in employee costs. What can they do for your facility? The National Safety Council's Powered Industrial Truck Compliance Training lays it all out for you. Through discussion and activities, you'll learn practices and procedures that will help you comply with the OSHA standard and keep your employees safe.



1/2-day course

## Recordkeeping

### What You Learn

- Purpose and scope of recordkeeping and reporting occupational injuries and illnesses
- Which industries and companies need to comply and types of incidents reported
- Required OSHA Recordkeeping forms and how to fill them out correctly

### Course Description

Recordkeeping isn't just about paperwork, it gives you long-term data to pinpoint exactly where safety and health incidents are occurring in your company. This course teaches you effective recordkeeping and how to comply with the OSHA recordkeeping standard. In just four hours, we'll walk you through the key elements of the standard and show you how to make it part of an effective safety program.

NSC Certificate in OSHA Compliance



#### Arizona

May 5 Phoenix

#### California

May 8 Los Angeles

#### Georgia

May 19 Atlanta

#### Illinois

June 20 Chicago

#### Louisiana

May 14 Metairie

#### Massachusetts

May 27 Springfield

#### Nebraska

August 5 Omaha

#### North Carolina

June 3 Raleigh

#### South Carolina

May 6 Columbia

#### Texas

June 2 Dallas

Covers OSHA Recordkeeping and Reporting Occupational Injuries and Illnesses Standard 1904

Member \$99.00\* | Nonmember \$135.00\*

\*Price may vary by location

1/2-day course

## Walking / Working Surfaces

### What You Learn

- Letters of interpretation that show how OSHA responds to implementation questions
- Handrails, guardrails, safe dockboard and stair design, wall and floor holes, and much more!

### Course Description

Surfaces come in myriad shapes — scaffolding, ladders, stairs, loading docks and floors with uneven grades. Debris and clutter only add to potential hazards. In this seminar you'll learn where to look for hazards and how to minimize the chances of potentially costly falls and slips. The OSHA standard you'll learn covers a wide range of issues across many industries; learn how to protect your workers and your company.

NSC Certificate in OSHA Compliance



#### California

May 9 Los Angeles

#### Florida

May 14 Orlando

#### Georgia

May 22 Atlanta

#### Illinois

June 20 Chicago

#### Nebraska

June 12 Omaha

#### North Carolina

June 4 Raleigh

#### Texas

June 6 Dallas

Covers OSHA Walking and Working Surfaces Standard 1910-21-30 Subpart D

Member \$99.00\* | Nonmember \$135.00\*

\*Price may vary by location



Call 800.621.7619 or your local Chapter. 29

# Welding, Cutting, and Brazing

1/2-day course

## Maryland

June 25 Baltimore

## Massachusetts

April 2 Springfield

## Nebraska

May 20 Omaha

## Utah

May 2 Salt Lake City

Covers OSHA Welding, Cutting, and Brazing Standard 1910.251-255 Subpart Q

NSC Certificate in OSHA Compliance



Member \$99.00\* | Nonmember \$135.00\*

\*Price may vary by location

## What You Learn

- To identify hazards associated with various types of hot work
- How to avoid possible damage and injuries relating to fire and heat
- How to educate employees on the importance and consequences of safety in heat-related work

## Course Description

Welding, cutting, and brazing can be very dangerous jobs and learning how to identify hazards associated with various types of hot work can be life-saving. In this course you will learn how to assume and assign responsibilities for hot work precautions as well as how to avoid fire and heat-related injuries and other damages. Protect your staff from serious harm with this course. Our professional facilitator will break down the regulations into terms you can understand.

# Lift Truck Operator Training

1-2 day course

## Florida

April 23-24 Ft. Lauderdale  
July 23-24 Ft. Lauderdale

## New Hampshire

April 3 Concord

## Missouri

April 10-11 Kansas City

## Wisconsin

April 28 Wisconsin Dells

Member \$230.00\* | Nonmember \$330.00\*

\*Price may vary by location

**You'll also receive a complete operator instructor kit, a \$399 value!**

## What You Learn

- Skills and techniques for safe operation and maintenance of powered industrial trucks
- How to move safely both with and without loads
- The OSHA requirements for operator performance evaluations are met in this course

## Course Description

This course is for experienced and new lift truck operators. It will help fine-tune your operating skills as well as teach you new safe operating procedures. This course utilizes the highly acclaimed method of non-lecture teaching. This information-packed classroom course encourages participants to observe, analyze, and discuss recommended safety practices. Modules covered in this course include pre-start safety inspection, design considerations, and maneuvering truck loads.





## What You Learn

- Skills and techniques for safe operation and maintenance of powered industrial trucks
- How to move safely both with and without loads
- OSHA requirements for operator performance evaluations, formal instruction and practical training every three years are met in this course
- How to evaluate hands-on performance by using design exercises

## Course Description

If you are a warehouse supervisor or manager you know the importance of powered lift trucks and the injuries they can cause. But did you know that lift truck injuries can also be deadly when an operator improperly stacks heavy loads that can topple? In 2005, there were more than 12,500 injuries with days away from work that involved a forklift as the source of injury.

Make your factory floor or warehouse a safer place to work by enrolling in Coaching the Lift Truck Operator® Train-the-Trainer Course. By taking this course you can help develop and deliver a complete in-house training program, design exercises for evaluating hands-on performance, and develop ways to teach non-operators how to work safely around forklifts. Just by taking this course you can teach your operators on-site and help to reduce the number of incidents at your workplace.

Topics in this course include lift truck design and vehicle safety inspections, moving with and without a load, picking up and stacking a load, scanning techniques and special considerations such as trailers, ramps and elevators.

**Member \$425.00\*** | Nonmember \$550.00\*

*\*Price may vary by location*

### Alabama

April 24	Birmingham
May 21	Birmingham
June 25	Birmingham
July 23	Birmingham
April 3	Decatur
May 15	Decatur
June 5	Decatur
July 10	Decatur

### California

May 13	Los Angeles
August 12	Los Angeles

### Florida

April 25	Ft. Lauderdale
July 25	Ft. Lauderdale
April 9	Orlando
July 9	Orlando

### Georgia

June 13	Atlanta
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### Illinois

June 10	Chicago
August 27	Chicago

### Indiana

April 9	Indianapolis
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### Massachusetts

April 9	Springfield
June 4	Springfield

### Nebraska

July 23	Lincoln
April 3	Omaha

### New Hampshire

April 18	Concord
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### North Carolina

April 15-16	Charlotte
June 17-18	Charlotte
August 5-6	Raleigh

### Ohio

May 5	Youngstown
June 16	Youngstown
August 4	Youngstown

### Utah

April 1	Salt Lake City
August 11	Salt Lake City

### You'll get over \$399 worth of reference materials: Coaching the Lift Truck Operator Instructor Kit

- Two video presentations – one for Operators and one for Pedestrians working around lift trucks. Available in VHS or DVD format
- Leader's Guide with fully-scripted presentation, guidelines, written tests, registration forms, inspection and performance checklists, OSHA information, and exercises for conducting hands-on evaluations
- PowerPoint® presentation



# OUR NATIONWIDE NETWORK OF CHAPTERS

Stay connected in your community. Our Chapters reinforce safety, health, and environmental efforts at a local level, providing training, workshops, consultation, newsletters, products, and networking opportunities. They extend the Council's visibility and provide a local voice for advocating issues that educate, inform, protect, and save lives.

## ALABAMA

Alabama Chapter,  
National Safety Council, Inc.

Phone: 205.328.7233  
800.457.7233

Has satellite office located in Decatur.  
Phone: 256.308.1133

## ARIZONA

Arizona Chapter  
National Safety Council

Phone: 602.264.2394

## ARKANSAS

Northern Arkansas Served  
by the Safety Council of  
the Ozarks, MO

Southern Arkansas Served by NSC, Ark-  
La-Tex Chapter, LA

## CALIFORNIA

National Safety Council,  
California Chapter

Phone: 310.827.9781  
800.421.9585

## COLORADO

Colorado Safety Association

Phone: 303.373.1937  
800.727.0519

## CONNECTICUT

Served by Safety Council  
of Western New England, MA

For the following counties:  
Tolland, Hartford, Litchfield.

## DELAWARE

Served by Chesapeake Region Safety  
Council, MD

## DISTRICT OF COLUMBIA

Served by Chesapeake Region Safety  
Council, MD

## FLORIDA

National Safety Council,  
South Florida Chapter

Phone: 954.422.5757  
800.392.5101

National Safety Council, Central and  
North Florida Chapter

Phone: 407.370.4098  
800.427.2713

## GEORGIA

National Safety Council,  
Georgia Chapter

Phone: 770.457.5100  
800.441.5103

## ILLINOIS

National Safety Council,  
Chicago Chapter

Phone: 630.775.2213  
800.621.2855

Outside Chicagoland area Served  
by Iowa-Illinois Safety Council, Des  
Moines, IA

St. Louis Metropolitan area Served by  
Safety Council of Greater St. Louis, MO

## INDIANA

Northwestern Indiana served  
by NSC, Chicago Chapter, IL

Central & Southern Indiana served  
by National Safety Council, Kentucky  
Chapter

## IOWA

Iowa-Illinois Safety Council

Phone: 515.276.4724  
800.568.2495

## KANSAS

Served by Safety & Health Council of  
Western Missouri  
& Kansas, MO

## KENTUCKY

National Safety Council,  
Kentucky Chapter

Phone: 859.294.4242

## LOUISIANA

National Safety Council,  
South Louisiana Chapter

Phone: 504.888.7618  
800.672.3389

National Safety Council,  
Ark-La-Tex Chapter

Phone: 318.687.7550

## MAINE

Safety and Health Council of Northern  
New England

Phone: 207.854.8441  
800.369.0040

## MARYLAND

Chesapeake Region Safety Council, MD

Phone: 410.298.4770  
800.875.4770

## MASSACHUSETTS

Massachusetts Safety Council

Phone: 781.356.1633  
800.732.6729

Safety Council of Western  
New England

Phone: 413.783.1632  
800.359.9717 In-State

Central Massachusetts Chapter,  
National Safety Council

Phone: 508.835.2333

## MICHIGAN

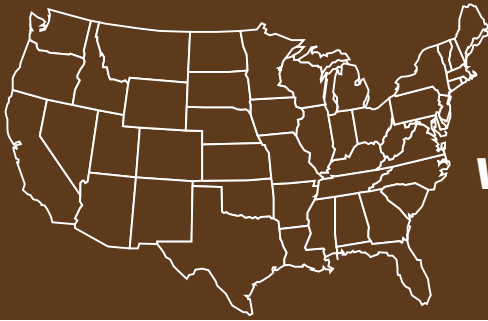
Safety Council for  
Southeast Michigan

Phone: 248.858.8830

Lansing Area Safety Council

Phone: 517.394.4614  
866.423.7233





**WE ARE WHERE YOU NEED US**



**MINNESOTA**

Minnesota Safety Council, Inc.  
Phone: 651.291.9150  
800.444.9150

**MISSISSIPPI**

Served by National Safety Council,  
Alabama Chapter

**MISSOURI**

Safety & Health Council of  
Western Missouri & Kansas  
Phone: 816.842.5223

Safety Council of the Ozarks  
Phone: 417.869.2121  
800.334.1349

Safety Council of Greater  
St. Louis  
Phone: 314.621.9200

**MONTANA**

Served by Wyoming-Montana  
Safety Council, WY

**NEBRASKA**

Nebraska Safety Council  
Phone: 402.483.2581  
888.704.7233

National Safety Council,  
Greater Omaha Chapter  
Phone: 402.896.0454  
800.592.9004

**NEW HAMPSHIRE**

Safety & Health Council  
of Northern New England  
Phone: 603.228.1401  
800.834.6472

**NEW JERSEY**

New Jersey State Safety Council  
Phone: 908.272.7712  
800.228.3834

**NEW YORK**

Northeastern New York  
Safety and Health Council  
Phone: 518.438.2365

Safety Council of Central  
and Western New York  
Phone: 315.431.9583  
800.255.1300

**NORTH CAROLINA**

Safety & Health Council of  
North Carolina, Charlotte Office  
Phone: 704.644.4200  
800.868.8777

Has satellite office located in Raleigh.  
Phone: 919.719.9800

**NORTH DAKOTA**

North Dakota Safety Council  
Phone: 701.223.6372  
800.932.8890

**OHIO**

National Safety Council,  
Central Ohio Chapter  
Phone: 614.324.5934

National Safety Council,  
Northern Ohio Chapter  
Phone: 330.747.8657  
800.715.0358

**OKLAHOMA**

Oklahoma Safety Council  
Oklahoma City Office  
Phone: 405.848.8626  
800.580.7238

Has satellite office located in Tulsa.  
Phone: 918.622.4771  
866.622.4771

**OREGON**

Served by National Safety Council,  
California Chapter

**PENNSYLVANIA**

Served by National Safety Council,  
Georgia Chapter

**RHODE ISLAND**

Served by Massachusetts  
Safety Council, MA

**SOUTH  
CAROLINA**

South Carolina Chapter,  
National Safety Council  
Phone: 803.732.6778

**SOUTH DAKOTA**

South Dakota Safety Council  
Phone: 605.361.7785

**TENNESSEE**

Tennessee Safety &  
Health Council, Inc.  
Phone: 423.553.1945

**TEXAS**

National Safety Council,  
Texas Chapter  
Phone: 972.250.4482  
888.222.4143

Northeastern Texas Served by NSC,  
Ark-La-Tex Chapter, LA

**UTAH**

Utah Safety Council  
Phone: 801.478.7878  
800.933-5943

**VERMONT**

Served by Safety & Health Council of  
Northern New England, NH

**VIRGINIA**

Served by National Safety Council,  
Georgia Chapter

**WASHINGTON**

Served by National Safety Council,  
California Chapter

**WEST VIRGINIA**

Served by National Safety Council,  
Kentucky Chapter

**WISCONSIN**

Wisconsin Safety Council  
Phone: 608.258.3400  
800.236.3400

**WYOMING**

Wyoming-Montana Safety Council  
Phone: 307.635.4592



Call 800.621.7619 or your local Chapter.

# Don't gamble with your safety training



**Have an NSC professional trainer  
help you on a path for success**

For more information

Visit [www.nsc.org/train/ntc.cfm](http://www.nsc.org/train/ntc.cfm) or call **800.621.7619**



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