

**Population and Annual Growth Rates by Region, Province, and Highly Urbanized City:
Population Censuses 1995, 2000, and 2007**

Region/Province/Highly Urbanized City	Total Population			Annual Population Growth Rate		
	1-Aug-07	1-May-00	1-Sep-95	2000-2007	1995-2000	1995-2007
PHILIPPINES	88,574,614 ^{a1/ a2}	76,506,928 ^{b1/ b2}	68,616,536 ^c	2.04	2.36	2.16
NATIONAL CAPITAL REGION (NCR)	11,553,427 ^{a3}	9,932,560 ^{b3}	9,454,040	2.11	1.06	1.70
CITY OF MANILA	1,660,714	1,581,082	1,654,761	0.68	-0.97	0.03
CITY OF MANDALUYONG	305,576	278,474	286,870	1.29	-0.63	0.53
CITY OF MARIKINA	424,610	391,170	357,231	1.14	1.96	1.46
CITY OF PASIG	617,301	505,058	471,075	2.80	1.50	2.29
QUEZON CITY	2,679,450	2,173,831	1,989,419	2.92	1.92	2.53
CITY OF SAN JUAN	125,338	117,680	124,187	0.87	-1.15	0.08
KALOOKAN CITY	1,378,856	1,177,604	1,023,159	2.20	3.06	2.53
CITY OF MALABON	363,681	338,855	347,484	0.98	-0.54	0.38
CITY OF NAVOTAS	245,344	230,403	229,039	0.87	0.13	0.58
CITY OF VALENZUELA	568,928	485,433	437,165	2.21	2.27	2.23
CITY OF LAS PIÑAS	532,330	472,780	413,086	1.65	2.93	2.15
CITY OF MAKATI	510,383	444,867	484,176	1.91	-1.80	0.44
CITY OF MUNTINLUPA	452,943	379,310	399,846	2.48	-1.12	1.05
CITY OF PARAÑAQUE	552,660	449,811	391,296	2.88	3.03	2.94
PASAY CITY	403,064	354,908	408,610	1.77	-2.97	-0.11
TAGUIG CITY	613,343	467,375	381,350	3.82	4.45	4.07
PATEROS	61,940	57,407	55,286	1.05	0.81	0.96
CORDILLERA ADMINISTRATIVE REGION	1,520,743	1,365,220	1,254,838	1.50	1.82	1.62
ABRA	230,953	209,491	195,964	1.35	1.44	1.39
BENGUET	372,533	330,129	313,833	1.68	1.09	1.45
BAGUIO CITY	301,926	252,386	226,883	2.50	2.31	2.43
IFUGAO	180,711	161,623	149,598	1.55	1.67	1.60
KALINGA	182,326	174,023	154,145	0.64	2.63	1.42
MOUNTAIN PROVINCE	148,661	140,439	130,755	0.79	1.54	1.08
APAYAO	103,633	97,129	83,660	0.90	3.25	1.81
REGION I - ILOCOS REGION	4,545,906	4,200,478	3,803,890	1.10	2.15	1.51
ILOCOS NORTE	547,284	514,241	482,651	0.86	1.37	1.06
ILOCOS SUR	632,255	594,206	545,385	0.86	1.85	1.25
LA UNION	720,972	657,945	597,442	1.27	2.09	1.59
PANGASINAN	2,645,395	2,434,086	2,178,412	1.15	2.41	1.64
REGION II - CAGAYAN VALLEY	3,051,487	2,813,159	2,536,035	1.13	2.25	1.56
BATANES	15,974	16,467	14,180	-0.42	3.25	1.00
CAGAYAN	1,072,571	993,580	895,050	1.06	2.26	1.53
ISABELA	1,401,495	1,287,575	1,160,721	1.18	2.25	1.59
NUEVA VIZCAYA	397,837	366,962	334,965	1.12	1.97	1.45
QUIRINO	163,610	148,575	131,119	1.34	2.71	1.87
REGION III - CENTRAL LUZON	9,720,982	8,204,742	7,092,191	2.36	3.17	2.68
BATAAN	662,153	557,659	491,459	2.40	2.74	2.53
BULACAN	2,826,926	2,234,088	1,784,441	3.30	4.93	3.93

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NUEVA ECIJA	1,853,853	1,659,883	1,505,827	1.54	2.11	1.76
PAMPANGA	1,911,951	1,618,759	1,401,756	2.32	3.13	2.64
ANGELES CITY	314,493	263,971	234,011	2.44	2.61	2.51
TARLAC	1,243,449	1,068,783	945,810	2.11	2.65	2.32
ZAMBALES	493,085	433,542	389,512	1.79	2.32	2.00
OLONGAPO CITY	227,270	194,260	179,754	2.19	1.68	1.99
AURORA	187,802	173,797	159,621	1.07	1.84	1.37
REGION IVA - CALABARZON	11,743,110	9,320,629	7,750,204	3.24	4.03	3.55
BATANGAS	2,245,869	1,905,348	1,658,567	2.29	3.02	2.58
CAVITE	2,856,765	2,063,161	1,610,324	4.59	5.45	4.93
LAGUNA	2,473,530	1,965,872	1,631,082	3.22	4.08	3.55
QUEZON	1,646,510	1,482,955	1,359,992	1.45	1.87	1.62
LUCENA CITY	236,390	196,075	177,750	2.61	2.12	2.42
RIZAL	2,284,046	1,707,218	1,312,489	4.09	5.79	4.76
REGION IVB - MIMAROPA	2,559,791	2,299,229	2,033,271	1.49	2.67	1.95
MARINDUQUE	229,636	217,392	199,910	0.76	1.81	1.17
OCCIDENTAL MINDORO	421,952	380,250	339,605	1.44	2.45	1.84
ORIENTAL MINDORO	735,769	681,818	608,616	1.06	2.46	1.60
PALAWAN	682,152	593,500	510,909	1.94	3.26	2.45
PUERTO PRINCESA CITY	210,508	161,912	129,577	3.68	4.89	4.15
ROMBLON	279,774	264,357	244,654	0.78	1.67	1.13
REGION V - BICOL	5,109,798	4,674,855	4,325,307	1.23	1.68	1.41
ALBAY	1,190,823	1,090,907	1,005,315	1.22	1.77	1.43
CAMARINES NORTE	513,785	458,840	439,151	1.57	0.94	1.33
CAMARINES SUR	1,693,821	1,551,549	1,432,598	1.22	1.72	1.41
CATANDUANES	232,757	215,356	202,464	1.08	1.33	1.18
MASBATE	768,939	707,668	653,852	1.15	1.71	1.37
SORSOGON	709,673	650,535	591,927	1.21	2.04	1.53
REGION VI - WESTERN VISAYAS	6,843,643	6,211,038	5,776,938	1.35	1.56	1.43
AKLAN	495,122	451,314	410,539	1.29	2.05	1.58
ANTIQUE	515,265	472,822	431,713	1.19	1.97	1.49
CAPIZ	701,664	654,156	624,469	0.97	1.00	0.98
ILOILO	1,691,878	1,559,182	1,415,022	1.13	2.10	1.51
ILOILO CITY	418,710	366,391	334,539	1.86	1.97	1.90
NEGROS OCCIDENTAL	2,370,269	2,136,647	2,031,841	1.44	1.08	1.30
BACOLOD CITY	499,497	429,076	402,345	2.12	1.39	1.83
GUIMARAS	151,238	141,450	126,470	0.93	2.43	1.51
REGION VII - CENTRAL VISAYAS	6,398,628	5,706,953	5,014,588	1.59	2.81	2.07
BOHOL	1,230,110	1,139,130	994,440	1.06	2.95	1.80
CEBU	2,439,005	2,160,569	1,890,357	1.68	2.90	2.16
CEBU CITY	798,809	718,821	662,299	1.46	1.77	1.58

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LAPU-LAPU CITY	292,530	217,019	173,744	4.20	4.88	4.47
MANDAUE CITY	318,575	259,728	194,745	2.86	6.36	4.21
NEGROS ORIENTAL	1,231,904	1,130,088	1,025,247	1.20	2.11	1.55
SIQUIJOR	87,695	81,598	73,756	1.00	2.19	1.46
REGION VIII - EASTERN VISAYAS	3,912,936	3,610,355	3,366,917	1.12	1.51	1.27
EASTERN SAMAR	405,114	375,822	362,324	1.04	0.79	0.94
LEYTE	1,722,036	1,592,336	1,511,251	1.09	1.13	1.10
NORTHERN SAMAR	549,759	500,639	454,195	1.30	2.11	1.61
SAMAR (WESTERN SAMAR)	695,149	641,124	589,373	1.12	1.82	1.39
SOUTHERN LEYTE	390,847	360,160	317,565	1.13	2.73	1.76
BILIRAN	150,031	140,274	132,209	0.93	1.28	1.07
REGION IX - ZAMBOANGA PENINSULA	3,230,094	2,831,412	2,567,651	1.83	2.12	1.94
ZAMBOANGA DEL NORTE	907,238	823,130	770,697	1.35	1.42	1.38
ZAMBOANGA DEL SUR	914,278	836,217	766,918	1.24	1.87	1.48
ZAMBOANGA CITY	774,407	601,794	511,139	3.54	3.56	3.55
ZAMBOANGA SIBUGAY	546,186	497,239	450,340	1.30	2.14	1.63
CITY OF ISABELA	87,985	73,032	68,557	2.60	1.36	2.11
REGION X - NORTHERN MINDANAO	3,952,437	3,505,708 ^{b4}	3,197,059	1.67	1.99	1.79
BUKIDNON	1,190,284	1,060,265	940,403	1.61	2.60	2.00
CAMIGUIN	81,293	74,232	68,039	1.26	1.88	1.50
MISAMIS OCCIDENTAL	531,680	486,723	458,965	1.23	1.27	1.24
MISAMIS ORIENTAL	748,885	664,338	587,551	1.66	2.67	2.06
CAGAYAN DE ORO CITY	553,966	461,877	428,314	2.54	1.63	2.18
LANAO DEL NORTE	538,283	473,062	440,783	1.80	1.53	1.69
ILIGAN CITY	308,046	285,061	273,004	1.07	0.93	1.02
REGION XI - DAVAO REGION	4,156,653	3,676,163	3,288,824	1.71	2.41	1.98
DAVAO DEL NORTE (DAVAO)	847,440	743,811	671,333	1.81	2.22	1.97
DAVAO DEL SUR	822,406	758,801	677,069	1.12	2.47	1.64
DAVAO CITY	1,363,337	1,147,116	1,006,840	2.41	2.83	2.57
DAVAO ORIENTAL	486,104	446,191	413,472	1.19	1.64	1.37
COMPOSTELA VALLEY	637,366	580,244	520,110	1.30	2.37	1.72
REGION XII - SOCCSKSARGEN	3,829,081	3,222,169	2,846,966	2.41	2.69	2.52
COTABATO (NORTH COTABATO)	1,121,974	958,643	862,666	2.19	2.29	2.23
SOUTH COTABATO	767,254	690,728	621,155	1.46	2.30	1.79
GENERAL SANTOS CITY (DADIANGAS)	529,542	411,822	327,173	3.53	5.05	4.12
SULTAN KUDARAT	675,644	586,505	522,187	1.97	2.52	2.18
SARANGANI	475,514	410,622	367,006	2.04	2.43	2.20
COTABATO CITY	259,153	163,849	146,779	6.52	2.38	4.88
AUTONOMOUS REGION IN MUSLIM MINDANAO	4,120,795	2,803,045	2,362,300	5.46	3.73	4.78
BASILAN	408,520	259,796	227,008	6.44	2.93	5.05

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LANAO DEL SUR	1,138,544	800,162	686,193	4.98	3.35	4.34
MAGUINDANAO	710,829	435,254	352,751	6.99	4.60	6.05
SULU	849,670	619,668	536,201	4.45	3.15	3.94
TAWI-TAWI	450,346	322,317	250,718	4.72	5.53	5.03
SHARIFF KABUNSUAN	562,886	365,848	309,429	6.12	3.65	5.15
CARAGA	2,293,480	2,095,367	1,942,687	1.25	1.63	1.40
AGUSAN DEL NORTE	314,027	285,570	267,411	1.32	1.42	1.36
BUTUAN CITY	298,378	267,279	247,074	1.53	1.70	1.59
AGUSAN DEL SUR	609,447	559,294	514,736	1.19	1.79	1.43
SURIGAO DEL NORTE	409,468	374,465	341,666	1.24	1.98	1.53
SURIGAO DEL SUR	541,347	501,808	471,263	1.05	1.35	1.17
DINAGAT ISLANDS	120,813	106,951	100,537	1.69	1.33	1.55

Sources: National Statistics Office, 1995 Census of Population
National Statistics Office, 2000 Census of Population and Housing
National Statistics Office, 2007 Census of Population

Notes:

- ^{a1} Population counts for the regions do not add up to national total. Includes 24,789 persons residing in the areas disputed by City of Pasig (NCR) and the province of Rizal (Region IVA); and 4,555 persons in the areas disputed by the province of Davao Oriental (Region XI) and Surigao del Sur (Caraga).
- ^{a2} Includes 2,279 Filipinos in Philippine embassies, consulates, and missions abroad.
- ^{a3} Population counts for the cities/municipalities do not add up to regional total. Includes 56,966 persons residing in the barangays disputed by City of Makati and Taguig City.
- ^{b1} Population counts for the regions do not add up to national total. Includes 18,989 persons residing in the areas disputed by City of Pasig (NCR) and the province of Rizal (Region IVA); 192 persons in the area disputed by the province of Mountain Province (CAR) and Ilocos Sur (Region I); and 11,814 persons in the barangays disputed by the province of Camarines Norte (Region V) and Quezon (Region IVA).
- ^{b2} Includes 2,851 Filipinos in Philippine embassies, consulates, and missions abroad.
- ^{b3} Population counts for the cities/municipalities do not add up to regional total. Includes 26,512 persons residing in the barangays disputed by City of Makati and Taguig City.
- ^{b4} Population counts for the provinces do not add up to regional total. Includes 150 persons residing in the areas disputed by the province of Bukidnon and Misamis Oriental.
- ^c Includes 2,830 Filipinos in Philippine embassies, consulates, and missions abroad.