

FREE

The Cornell Crier

The Voice of Cornell®



Vol 3, No 2 April 2007

Cornell, Markham, Ontario

905-472-5624

www.cornellcrier.ca

Spring has Sprung



Cornell Tulips
submitted by George & Anne Matthews

Inside this issue:
Special Feature
Cornell –
More Than Just a Name
and lots more

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Letters to the Editor

Dear Sandra,

I enjoyed the current issue of the Cornell Crier bi-monthly. It is very lively and amusing.

All the best,

Grant Weaver, www.guidingstar.ca

Dear Sandra,

I just stumbled across your website, while looking for the address for the Cornell Café in December, and thought I would write you. Looking at the site and the newspaper, it's seems that you have quite a bit on your plate. A publication of this size is definitely a large undertaking on a regular basis! I absolutely think it's great that you have the desire and courage to launch something of this size and scope.

Signed,

Todd McIntosh, www.resonancemedia.ca

Editor's response:

It couldn't be done without our columnists, contributors and advertisers and people like you to cheer us on.

Message from the Editor



Nowadays....

our world can seem like a dark and daunting place, full of war, crime and strife. As you read the columns and articles in this paper, you will get a sense of the abundance of kindness,

empathy and beauty that still exists.

Problem is, in today's busy society, it's hard to find an easy way of connecting with your whole community (Cornell and the rest of Markham) - hard to feel a part of it on all levels. We may know a few of our neighbours but, with the advent of television and computers, it's easy to isolate ourselves from the rest of our vast neighbourhood, especially in a relatively new development like Cornell that does not yet have its own Community Centre.

The principle of The Cornell Crier is a simple one – of the people, for the people and by the people. It works like a circle. Much of our content comes from our readers and local columnists, who take part in this paper as a means of reaching out to others. We receive their submissions, put them all together, and send them back out there for everyone to read. Through this revolving exchange of ideas and information, a network of relationships is built, which leads to a stronger sense of community.

So call us anytime. We'll never be so busy publishing what we *think* you want to read, that we don't have time to hear what you have to say. Our contact info is at the top of every page.

Sincerely,

Sandra Reed, editor/publisher

The Cornell Crier Team

Publisher/Editor Sandra Reed

General Content – Our Readers	Lifestyle – Susy Fossati
Gardening – Cheryl Lansdowne	Pets – Debbie Reynolds
Reporter – Joyce Teasdale	Food – Grethe Jensen
Fashion – Eva Chapman	Clutter Control – Cynthia Hill
Health – Brian Bennett	Photography –Levin Rodriguez
Photography – Joan Cameron-Cooke	
Decorating - Debbie Thomson	

About The Cornell Crier

The paper with less bad news and lots more fun!

- A free, **private publication**, published every 2 months on the first of the month.
- independently owned and published and not affiliated with any political parties or associations.
- Your guide to events, activities, entertainment and shopping in Cornell and the rest of Markham.
- funded solely by ads from local merchants & businesses.
- Distributed to 2045 homes in Cornell & **many select locations around Markham** (libraries, hospital, coffee shops, stores, Markham BIA office etc. etc.)
- The aim of this publication is to provide a voice for the Cornell Community while embracing the goodwill and happy spirit of all of Markham.

Important Notice

Although The Cornell Crier would never knowingly advertise a fraudulent business or promote unfair practice, it is impossible for us to scrutinize every advertiser and submission. We therefore remind you to be well informed when dealing with any business or service. The opinions expressed in this publication do not necessarily reflect those of The Cornell Crier editor, publisher, columnists or advertisers.

Our New Look

This print edition features front and back pages in full colour and a higher quality paper. We welcome your feedback on the new look and feel.

To view all of our editions in colour and even make your own colour copy, just go to our website
www.cornellcrier.ca

The Cornell Crier Newspaper is

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Contact

editor@cornellcrier.ca

or phone: 905-472-5624

The Cornell Crier is seeking input from local artists, musicians, sports fans, seniors and children. You don't need to be an expert to submit on any topic of special interest to you. Your articles and photos are what makes this a paper what it is, so don't hesitate to send them in. No simultaneous submissions please.



More Than Just a Name

Since Cornell is such a young community, it may come as a surprise that its name dates back to as early as 1804, in Markham history. That's when Christian Reesor, his wife, Fannie Reiff and their family, arrived here from Pennsylvania after a 6 week journey in covered conestoga wagons.

Christian's son, whose name was also Christian, (1794-1877) married Elizabeth Cornell, the daughter of William Cornell from Rhode Island (one of the first settlers in Scarborough and notorious in his own right).

They had six children before Elizabeth passed away in 1832 and it wasn't until some 32 years later, that Christian married her niece, Melissa Ann Cornell. They had five children, for a total of eleven children in the Reesor/Cornell family, before Christian Reesor died in 1877.



Melissa Cornell (1845-1899)

Christian Reesor

Isn't it ironic that today's Cornell is teeming with young families? New schools are constantly being planned, to accommodate the growing number of children.

The Reesor/Cornell family lived in a stone house, which still stands just north of Hwy #7 on Reesor Road. They were a clever bunch and entrepreneurial in many ways. Smart enough to build their homestead on a small river that was eventually used to power their lumber mill, which brought revenue to the entire Reesorville area.



Markham's Cornell is a community of go-getters - both corporate workers and entrepreneurs - who aren't afraid to take a chance and reach out for what they want. Innovative small businesses are popping up every day (home business and storefront) and the similarity between Cornell's character and that of it's Cornell namesakes, is fast becoming obvious. Yes, "Cornell" is a fitting name for this resourceful community where people truly believe anything is possible.

To find out how Cornell's name was chosen, we contacted Katherine Cornell Mingay Prout, who has compiled extensive information on her Cornell family history. She recalls it was her brother, the late Paul Mingay, who put forth the name for Cornell, back in the early 1990's.

Paul, a Markham lawyer for 47 years, was very active in the community and a member of the committee in charge of naming Cornell. Since Paul and Katherine's maternal grandmother was Susan Emily Cornell, sister of Melissa Cornell, they were delighted when the Cornell name was approved.

Without a doubt, the Reesors, whose roots date back to Switzerland, and the Cornells, originally from England, were leading Markham pioneers.

The Reesor Pioneer Cemetery, near the old homestead on Reesor Road is full of

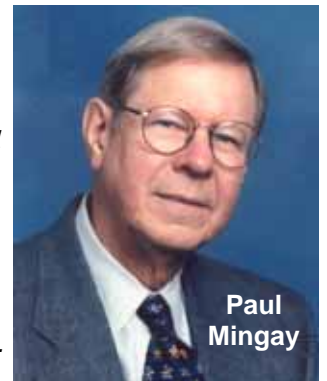
Cornell history. Every ten years the Reesors publish an updated version of the Reesor Family in Canada Book (which contains over 25,000 names), and descendants get together for a reunion.

In 2004 they gathered at the Markham Fairgrounds for the 200th Anniversary of Christian Reesor's arrival in Markham. More than 1800 "cousins" attended from all over North America and Europe and the highlight was a re-enactment of the covered wagon trek of 1804.

The Cornell family story is one of industrialists, engineers and inventors. Indeed, Ezra Cornell, founder of the Cornell University in Ithaca, NY, shares his ancestry with the Cornells of Ontario. Ezra founded the Western Union and became a wealthy philanthropist, who made his money through his unrelenting persistence.

Needless to say, Cornell has a lot to be proud of. It also has a lot to live up to. Go Cornell!♦

Paul is survived by his wife, Rena and five grown children.



Paul Mingay

Many thanks to Katherine Prout of Chatham, Ontario & Thomas V. Cornell of Indiana, USA, for providing information for this article. Tom observes Cornell from afar through his regular visits to the Cornell Crier website. www.cornellcrier.ca



Love & Laughter with Harry & Sally (The Couple Next Door)

He's from Mars & she's from Venus
so let's see what's happening
in their universe!

Harry says...

It's springtime and Sally's got the cleaning bug. "Come see how clean my office is," she yelled when I came in the door today. It was spotless. She had finally put it all in order. Nothing on her desk but a keyboard, notepad and her favorite picture of us.

"A fine job," I complimented her, "but where'd you put all that stuff?"

Instinctively, I turned around and peeked into the doorway of my own little office sanctuary. The floor was covered with boxes, dried flowers, paint supplies, craft materials and stacks of papers and file folders, that didn't belong to me. Hooray! All the junk that had been cluttering up Sally's space had found a new home.

"Looks like the Salvation Army blew up," I laughed. "Guess I'll have to put up a sign - **Standing Room Only.**"

She flashed me that winning smile. "Your office was a mess anyway so I figured it wouldn't matter. At least one room is tidy." Yes, my darling wife always has a way of making me see the bright side. That's my Sally!

Sally says:

I'm speechless and that's not a common occurrence. I'd like to publicly thank Harry for the lovely Valentines gift that was in our driveway on Feb 14th. It was shiny, just like he promised and went from 0 to 146 (not 150) in a matter of seconds. True. BUT I really wasn't wishing for a set of bathroom scales. Yes, folks I was devastated.

He left me in that state of mind until dinnertime when he served his specialty, Peking Duck. After dinner my darling husband handed me a foil wrapped truffle and it's a good thing I didn't eat it. Inside the foil was a sapphire cluster ring that blinds me every time I look at it.

I feel like a new bride and I flash my hand everywhere I go, just to make sure everyone gets a chance to admire Harry's love token. Reminds me how I felt when he gave me my engagement ring (that's another story).

I haven't seen Harry much since that romantic evening. He's floating on air too. I gave him a season's pass to an Indoor Golf Club and he's been camping out there every day after work.

Yes, choosing the right gift can really bring a couple closer together. Ha! That's my Harry.

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Cornell Bedroom Makeover

When it comes to remodelling a home, **Ken Dunning**, knows that extending floor space makes a room look and feel bigger. Besides who needs legs on bedside tables and vanities?

Ken and his wife, Doreen have incorporated built- ins with mirrors to make this bedroom a dazzling showpiece. Shining vertical mahogany panels house the wall sconces above the bed, and that's real marble set in horizontally between them. Ken designs and builds and Doreen provides input and finishing touches. What a team!



Innovative Floating Shelf



Shelf built by Levin Rodriguez

Levin Rodriguez of Cornell says:

These self-supporting shelves were very easy to build. They are basically a frame built with 3/4" plywood, then wrapped in 3/4" pine, stained with a mix of "Puritane Pine" and "Cherry Minwax" wood stain. The frame looks like a ladder with the steps 8" apart to make sure that you can attach it (with 3" bolts) to the wall studs, 16" apart.

The bottom face is glued to the frame prior to attaching to the wall and the top is secured with small screws after installation, allowing its removal at any time. This is the trick to installation and any other future customization. Want more information? Email levin.rodriguez@sympatico.ca

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 One's a little cheap and the other is a little cheeper.

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Photo ©Mary Attwell

From The Pens of Markham Writers

A Time for Renewal



By Nora Ohanjanians

Whether you are religious or not, Easter can be a time of renewal.

For Christians, Easter is arguably the most important religious celebration. Many countries celebrate Easter with richer festivities than Christmas because they believe it has a more significant message. It is the culmination of Christ's mission: to be the final sacrifice to atone for the sins of humanity. This is when he proves the concept of resurrection to his believers, by being raised from the dead. And this is the one occasion he instructs his followers to remember by breaking bread and sharing wine. So for Christians, Easter is a time to remember their Saviour, and to renew their faith.

For people who don't care much for things religious, Easter can still be an occasion to contemplate renewal. For one, it's spring, and we witness nature renewing itself: buds sprouting from seemingly dried up branches, and crocuses and tulips emerging overnight, purple and red on the apparently dead soil.

All around us the long-hibernating nature springs to life. This makes us wonder why we, another living species, are any different? Why think of death as the end and not a precursor for a new beginning, like the one we witness everywhere in spring?

That is the idea symbolized by eggs at Easter. The idea of rebirth, the hope for a new life, renewal. Renewal need not necessarily be spiritual or subjective. Many prefer it practical and hands on. The Easter weekend is the perfect time to take a look around the garden, to clean out the dead leaves, and prune dried branches to encourage new growth. Don't have a garden or is the back too stiff to bend down? Plant some seeds in trays or pots indoors. Watch them sprout up and exhilarate your spirits.

Did you know some cultures do just that to symbolize renewal? Iranians greet the arrival of their new year, the first day of spring, with a symbolic spread including new grass, often grown indoors. They do that by wetting a layer of lentils on a dish and keeping them moist for a couple of weeks. The lentils sprout in a florescent green that is a treat to the eyes.

The Easter weekend can also be a good time to rejuvenate relationships. Prune away the bad memory of an argument you had with a friend and give them a call. Forget about your sister snapping at you, buy her a coffee and visit her. Relationships that are worth keeping, mature and grow with every renewal.

Seize Easter, with all its symbols of rejuvenation - little chickens, cute bunnies, and colourful eggs - a chance for both virtual hope and actual renewal. ♦

Kaleidoscope

By Sandra Reed



You know what they say about hindsight-it's 20/20, but I never really got the gist of

that. What I *do* know is that, when your children are all grown up and perhaps living far away, don't be surprised if you wish them small again. Sometimes I would give my right arm to know mine were lying on the floor in the other room, watching cartoons, or playing in the back yard while I'm leaning over the sink, watching them through the kitchen window. Now, when I look back at family albums, I really miss those little people.

When they were babies, I couldn't wait till they sat up or crawled or learned to say Mommy. They said their ABC's by age three and soon I was sending them off to school, knowing that they had every chance of becoming anything their little hearts desired. The clock was quietly ticking as I celebrated their scholastic achievements while marking off their growing inches on the wall.

Somehow I knew those were the best years. Indeed, when they were 10 and 12, I declared that to be the perfect age. They were old enough to look after themselves but still young enough to stay close to home where I could keep an eye on them. Looking ahead to their adolescence and all the choices they would have to make, I wanted to freeze them in time and never let them get any older. But before I knew it, they were teenagers, and teenagers have to learn some things the hard way.

There's no parental handbook for puberty but if there was, it should say that parents have to learn the hard way too. I hung on for dear life, and somehow managed to keep our ship sailing through the dangerous high waters that have been known to sink the best of families. When I finally came up for air, they were headed off to college.

Years later, it all seems like a dream. A frenetic kaleidoscope of haircuts, hockey games, scraped knees and birthday parties, all revolving to the music of my children's laughter. And in the middle of all that madness, I see their peaceful, Ivory scrubbed faces - so real I could touch them, as they lay sleeping in their beds.

So when you tuck the kids in tonight, linger at the door a moment longer and breathe it all in. Someday that precious moment may be part of *your* dream too.

Happy Mothers Day! ♦

You don't have to be a professional writer to write for The Cornell Crier - just someone with something to say or a story to tell. Please send your submissions to editor@cornellcrier.ca or call 905-472-5624 to arrange to submit your contribution.

Cornellcopia



9th Line News

According to John Webster, Municipal councillor for Ward 5, the Contract has been signed to start the work on the Ninth Line, taking it from a 2 lanes to 4 lanes. York Region has awarded the contract for the reconstruction of the Ninth Line from Rose Way to Bur Oak Avenue. Preparatory works will commence in March 2007. Full fledged construction activity will commence in late April. Completion is forecast for the end of November 2007.

Parent Smarts



Good Beginnings Never End

We all get tired of nagging our children to say please and thank you. "Say thank you to your grandmother," we say. "Don't forget to say thank you." Mary Burbidge, of Cornell, has a tip for teaching a child manners.

Mary suggests:

When a child is old enough to speak, if you hold an object in your hand and wait for your child to say thank you before you hand it over, they soon will respond appropriately. I know that most of us nag our children to say thank you, *after* they receive something, but try this little game and see how quickly they learn.

Besides all the obvious benefits of good etiquette, Mary has found that teaching manners helps children develop an awareness for other people and helps them adjust socially. So why not start teaching manners as soon as they can speak?



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Spiffing Up for Spring

By Cynthia Hill
Professional Organizer

In celebration of the spring's arrival, why not take some time to clear out some clutter by doing a bit of spring organizing?



PAPER PURGING:

When we think spring, we think tax returns and it's naturally a good time to sort through your files and records.

As per Revenue Canada, you should keep your supporting documents for 6 years. Have the receipts and documents to support your claims ready in case you are ever selected for review. It is important to have a system for archiving papers that you need to keep, like your past tax returns. You could choose a separate file cabinet or a banker's box, as long as your choice is easily accessible.

Since you are clearing out old tax returns, (ensure you shred all personal information) sort through and toss those piles of magazines and newspapers that you haven't read but have accumulated on your desk. The rule is: If you haven't read it within 6 months, you will likely not read it.

Take a long, hard look at your home and the things you have, and ask yourself does it belong there, do you love it, do you use it? If not, eliminate it from your life. Then, have a party, or go out for dinner to mark the occasion and enjoy the feeling of spring. www.cluttercontrol.ca

A reporter was interviewing a 104 year-old woman:
"And what do you think is the best thing about being 104?"
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What's UP with the English language?

There is a two-letter word in the English language, that perhaps has more meanings than any other two-letter word. It's the word "UP." It's easy to understand UP, meaning UP toward the sky or Up at the top of the list, but why do we wake UP? Why does a topic come UP? Why do we speak UP and why are the officers UP for election? Why is it UP to the secretary to write UP a report? We call UP our friends, we brighten UP a room and we polish UP the silver.

We warm UP the leftovers and clean UP the kitchen. We lock UP the house and fix UP that old car. People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses. To be dressed is one thing, but to be dressed UP is special. Some UPs are really confusing: A drain must be opened UP because it is stopped UP. We open UP a store in the morning but we close it UP at night. When it looks like rain, we say it is clouding UP. When the sun comes out we say it is clearing UP. When it rains, it can mess UP our plans. When it doesn't rain, things dry UP.

We seem pretty mixed UP about UP! It's UP to you, but if you really want to be UP on things, why not look UP the word UP? In a desk-sized dictionary, it takes UP 1/4 page and can add UP to about 30 definitions. If you are UP to it, make UP your own list of the many ways UP is used. It will take UP a lot of your time, but don't give UP. You could wind UP with 100 or more. I could keep this UP, but my time is UP so I'll wrap it UP before I'm told to button it UP.

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Picture This

By Levin Rodriguez



Basic photo composition techniques

Extending the "rule of thirds" to horizons.

In my last column, I introduced "the rule of thirds" for placement of the object of interest, as a simple, yet effective, technique for adding interest to your pictures. In open spaces or still life shots, where there is a real or implied horizon, you can also employ the rule of thirds, by using the sky or the land in the image to accentuate your picture.

In the left picture, the horizon lies almost in the middle, and the land share of the picture is excessive, from my point of view. The picture on the right achieves a better balance and uses the sky to add impact to the composition.



© 2006 Levin Rodriguez



Sometimes there are other factors to consider when framing a photo, like lead-in lines, such as the fence and access road in the pictures above. They help lead the eye to the object of interest, also creating a more interesting composition. If you have experiences, tricks or tips on photography that you want to share, please email: levin.rodriquez@sympatico.ca

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Real Estate Junction

by Sandra Reed



Best January Ever!

The Toronto Real Estate Board (TREB) reported 4,447 sales in December 2006 - up 4% over

last year and the second best ever reported for December. In 2006 the total number of sales for the year was 83,084. That was only the 3rd time it broke the 83,000 level since records have been kept. The average sold price of \$351,941 had risen 5% over that of 2005 which was \$335,907. 941 sales were reported in the 23 North Districts with an average price of \$382,065.

As for days on the market, in 2006, March, April,

May had the best results, at around 30 days. April's score was slightly better than March & June. Those stats are not unusual since the spring market is normally a strong one. Now here's the best part:

January 2007 sales were up 13% over January 2006. Best January ever!

So, we're off to a good start! Prices continue to outpace inflation, making home ownership a sound investment.

If you have questions about real estate, just want an update on what's on the market, or are wondering about a price of a specific home or the value of your own, just email me at sreed@sutton.com or call 905-472-5624. There's no such thing as a silly question, so go ahead and ask!

Sandra Reed, Broker, Sutton Group Heritage Realty Inc. Brokerage. 905-471-2000

Brain Food

Q: Mary's father has five daughters: 1) Nana 2) Nene 3) Nini 4) Nono. What is the name of the fifth daughter?

A: Did you answer Nonu? Better read the question again. It's Mary!

80 and still going strong



On January 30th, 2007, **Cedarena**, Markham's outdoor skating rink, was packed. (10th Line/Reesor Road, south of #7 Hwy) 265 adults showed up to mark the 80th birthday of this community run arena.

There were several contests including one for the oldest skaters in attendance, and guess what? The two winners were a man and a woman who were not a day under **93 years old**. Older than the rink!

Good for them, I say, and all the more reason to drag out my skates, scrape off the rust and hit the ice at least once a year.

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Goofy Golf -initions

Amateur golfer: someone who addresses the ball twice: once before swinging and once again after swinging.

Oxymoron: an easy par three.

A hack: when your divot flies further than your ball.

Bad golfer: someone who can take strokes off his game only with an eraser.

Duffer: the only guy in the world who has an unplayable lie when he tees up.



Murphy's Law

by Tony Murphy

Life's Like That

This is an open letter to my neighbours... First off, I want to apologize to you and plead complete innocence in this matter. I want to tell you right now, things are not always what they appear to be. I am talking about an incident that occurred in front of you and your families and also, in front of all those who were driving by as well. The incident was between me and my cat.

This older cat of ours (13 years old on Saint Patrick's Day) has the disgusting habit of hacking up fur-balls at all times of the day and night. It has a black-belt in fur-ball-hacking! I know there are worse things happening in the world these days and my problem seems minute by comparison, but I must tell you, right off the bat, I lose control of my anger when she goes into her hack-attacks.

They can actually go on for up to half-an-hour. The latest attack took the prize! We had company for dinner and wouldn't you know it, the cat chose that time to expel a couple of mouthfuls of hair right under the table. I hope you are not nearly as put off by this disgusting cat retching, as was our company, that particular evening. It is not my intention to upset you. I also want my neighbours to try and accept this explanation and to further try to understand the details of the incident that took place on the lawn in front of my home, afterwards.

After our company left, I leapt upon my soap-box and gave an oration on how the cat or the nasty habit must be dealt with forthwith! My wife loves this cat and overlooks the wheezing and casting out of fur-balls at inopportune times and she strongly suggests (She knows no other way but to suggest) that we cannot toss the cat outside in weather that would make a Spartan sob. We have to put up with the litter-box and her other nasty habits.

"I know what I am going to do," I ventured. "I am going to talk to the Vet. Surely he has an answer?" (Short of shaving the thing). The Vet actually laughed at my dilemma. He thought it was a hoot that the cat would be doing this when the answer was quite simple.

"It is? I asked. "So, smarty, what is the simple answer?" He suggested I put Vaseline on the cat's paws. "The cat won't like it too much," he laughed, "and will lick it off. This will lubricate the cat's inners and she will just expel the fur-balls with no hacking, wheezing or coughing."

I was desperate and willing to try anything and came close to running over to the Vet's office and kissing his face. (I restrained myself).

Now for the cat... I went to the medicine cabinet, removed the Vaseline and called for the cat. "She's outside," my missus yelled at me, as I was interrupting her soap opera.

I went outside and tried to get the cat to co-operate and ended up chasing the feline all over the front yard. After a

few minutes of futility, I noticed the neighbours had all stopped talking and were watching in silence as I, jar of Vaseline in hand, was begging the cat to co-operate! No wonder they think I'm weird around here.

I have been getting a lot of Vaseline jokes from the neighbours lately... "Hey Murphy, did you hear about the newly-weds who didn't know the difference between Vaseline and Putty? All their windows fell out!"

I think I am just going to put up with the fur-balls and hacking, from now on! ♦

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Baby Names

Not sure which name to choose for your newborn baby? Here's a tip. Try calling the name out the back door and if it rolls off your tongue, then it passes the test. After all, we shout our children's name hundreds of times as they are growing up. Please send your birth announcements to editor@cornellcrier.ca



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PALM SUNDAY – April 1

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10:00am – Procession of Palms, Story of the Passion told through symbols, and Holy Eucharist

MAUNDY THURSDAY – April 5

7:30pm – The Liturgy celebrates the Institution of the Lord's Supper

GOOD FRIDAY (God's Friday) – April 6

10:00am – Ministry of the Word, Solemn Intercessions, Meditation on the Cross of Jesus

EASTER (The Day of Resurrection) – April 8

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9:30am – Informal Family Easter Celebration
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Pet Peeves

by *Debbie Reynolds*
Director of Life's Ruff Dog Training

Letter from a puppy,


At the tender age of eight weeks old, it is true that I can hold my bladder for two hours, but only when I'm sleeping. Otherwise, you

only have about fifteen or twenty minutes before I have to use the potty. I promise this will improve. I can't tell you that I have to "go". Think of me as a toddler without a diaper, and please be patient with my house-training. Don't scold me for having an accident. That will make me anxious, and make my little bladder work overtime!

I need to go outside immediately when I wake up, after I eat, drink, chew or play. Praise me for my "successes."

If I chew your baseboards, shoes and chair legs, that means that I need more exercise and supervision. If I nip you, just emulate a loud "YELP" (just as another dog would), to teach me "bite inhibition." Rolling me over, squeezing my muzzle or grabbing my scruff will only make me fearful of hands - hands that I may bite one day. That form of discipline will only tell me that you are angry and that I should be afraid of you.

Since I am a puppy, I can't be expected to be perfect. If you take time to train me, you will love me, just as much as I already love you!

Signed, 

Send your questions to lifesruff@rogers.com

Milestone for CVPS

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Susy's Lifestyle Corner



The Perfect Children's Party

By Susy Fossati
susyfossati@hotmail.com

Many parents believe that hosting a birthday party is filled with more energy, creativity and patience than they can muster. Not true! Here are party planning tips to help you out:

BASICS:

Children remember what they did at a party much more than what they ate, what the plates and napkins looked like or whether the house was spotless. Don't sweat the little details! *The best party times are. To 1 to 3 or 2 to 4 (You can avoid serving a meal) For little ones try 10 to -11:30 to work around nap time.*

INVITATIONS:

The Invitation Equation:

Child's age + 1 = happy kids. For children under 8 years old, invite as many children as the child's age plus one. Some parents choose to add 1 or 2 to this equation. Only you can know your limits. Of course as your child gets much older the formula will need revision.

Whom to Invite:

Parties for very young children, more often than not will include family members, cousins, siblings etc. As your child gets older, invite only your child's closest playmates. They already know each other well. It's not mandatory that you invite the siblings of your child's friends, or even parents (unless children are very young). Most parents enjoy the break and you won't feel pressure to entertain adults.

Not wanting to leave anyone out...

This is a common dilemma, especially when your children begin to attend school. Try to be discreet by mailing the invitations. Speak with the teacher about coming in for a brief and simple class party. Bring a small party bag (pencils, stickers, balloon) and a treat for every student.

Win or Lose:

No one should go home feeling sad! Competitive games are enjoyable only for the people who win. Avoid tears by selecting games where everyone gets a chance to succeed.

Be Prepared!!!

Ask a friend, family member or neighbor to help with the party. In choosing party favors, it's better to spend more creativity than money. Let the birthday child hand out the favors so they can say "thank you." Guests should be given some wonderful little item that has to do with the party - a flower pot and seeds for a garden party or modeling clay for an art party. Why not send them home with an item they have made? Lastly, have fun and enjoy the celebration of your child's birth!

Chinese New Year Celebrations Feb 18th at Pacific Mall

After the arrival of the New Year, the God of Fortune, Choi Sun, received a stream of celebrants to the stage and had a lucky Red Packet for everyone.

Photo courtesy of
www.guidingstar.ca



Words of Wisdom

There are two great days in a person's life - the day we are born and the day we discover why. *by William Barklay*

Tricky Arithmetic!

This must be done in your head only. Take 1000 and add 40 to it. Add another 1000. Now add 30. Add another 1000. Then add 20. Now add another 1000. Now add 10. What is the total?
Answer: Did you get 5000? No, it's actually 4100.



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Across the Fence

Gardening by Cheryl Lansdowne



To Prune or Not to Prune

I'm sure you gardeners are itching to get out there and clean up after the winter. Even while the frost still

lingers, you can prune woody plants and remove damaged or diseased branches, to rejuvenate old flowering shrubs or improve their shape and size.

Pruning is one of those jobs that some gardeners are afraid to jump into, for fear of making a mistake. My experience tells me that even if you cut back a plant too much...it will always grow back. I happen to be a big fan of pruning, and wouldn't hesitate to cut anything back!

Pruning stimulates growth, and if a shrub is looking tall and spindly, cut it back and watch the new growth fill it out into a very desirable looking shrub. If you have dead branches, cut them out, right down to the ground. This will promote new growth from below.

BUT there are a few rules:: Shrubs that bloom in spring or early summer should only be pruned AFTER they have finished flowering. Examples: *forsythia, lilac and highbush cranberry*. These plants set their blossom buds in the fall. Cutting them now will minimize the flowers for this season.

The shrubs to cut back now are the late-summer flowering ones. These shrubs normally flower on the new season's growth and should be pruned now to promote new shoots. Examples: *rose of sharon, spirea, potentilla, hydrangea, and butterfly bush*.

Old growth from *climbing roses* should be cut back by

about one-third. *Vines* should be pruned before the leaves open up. *Perennials and ornamental grasses* should be cut back close to the ground before new growth starts. *Roses* should be cut back by one third – removing dead wood and stems that won't have enough strength to hold up the flowers.

Tree pruning, on the other hand, should be kept to a minimum in the spring, as this is when the sap is flowing. Remove dead branches that have been damaged over the winter, and water shoots or "suckers." Leave the rest of the tree pruning till fall.

I hope spring comes early this year, so we can get out in the garden! Send your questions to: cheryl@ladybughorticulture.com
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Got the Decorating Bug?

By *Debbie Thomson*

debbie@debonairedesigns.com



Spring is a perfect time to give your home a whole new look. The easiest way to achieve this is by painting, but a lot more can be done to transform any room into a work of art. Framed art will set the style and mood. Pictures tell a story or begin a theme. Smaller pictures are perfect fillers and can go anywhere. Mirrors are the eyes of the home. Mirrors are a source of motion in a room and reflect the life and movement around them. They make sunlight dance in the daytime and reflect candlelight and romance in the evening.

Signature accessories are your 'fingerprints' on your home. They express your personality and bring your home to life. Table lamps, vases, whimsical figurines, colorful vases and containers, all express 'you'.

Lighting romances the room and creates an atmosphere. You can achieve the desired effect with accent lamps and candlelight. Try to have three sources of indirect lighting in every room. Candlelight adds a sense of mystery and romance and turns eating into dining.

Where should you begin?

Each room should have a focal point – something to draw you into the room and capture your attention. It can be a favorite piece of furniture, a large accessory or floral arrangement, or a grouping of art or mirrors on a wall. Start there and add colour and complementary accessories to make the focal point the most dramatic area in the room.

How high should you hang a grouping?

Groupings should be hung 3 -11 inches above the furniture for a complete look. Areas where people stand, such as entryways and hallways, may need groupings at a higher level than rooms used for seated activities (living or dining areas.)

When there is no furniture next to the wall, you should use your eye level as a starting point to hang your grouping. When possible, balance the wall with a floor plant, shelf, or small table. Start now! You'll never know what a difference decorating can make until you begin.♦

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Handwriting

By Ken Dunning

Once a person has matured, their personal traits can be reflected in many ways in their handwriting.

In England, in 1967, I was intrigued by a book issued by the Chicago based International Graphoanalysis Society, which invited people to send a sample for analysis. I submitted a 2 page letter. My response from America which came in the form of a detailed analysis, arrived soon afterward. Not all my traits were positive - some were negative, which I wasn't expecting - but they were pretty much dead on. After that I was hooked. *If this can be learned, I thought, I am prepared to learn.*

Here's how it works:

Pressure of the pen can indicate an athletic or physical tendency, or even rage or passion. Tall letters such as *l* and *h* can indicate one's level of self esteem. i.e. the taller the letter in relationship to other letters, the higher one's self esteem or pride.

Low letters such as *g* and *y*, when excessively long in proportion to the tall letters, can reflect a low self esteem or possible depression. When the tall letters are the same proportions as the low letters, the indication is a well balanced person who is probably well organized.

Also, when written in their rounded form, letters like *n* and *m*, tend to indicate a person who accepts things at face value and is an accumulative thinker. Whereas when they are written in pointed angle, (pointed tops) they signify an analytical trait. Spacing, continuity, backstrokes, crossing of *t*'s and the dot over the *i*, also play an important part in the final analysis.

It's not surprising that some dating agencies select suitable and compatible partners for their clients, based on results of their graphoanalysis. At job interviews, candidates for specific positions may be asked to supply a hand written page to be included in their resumes. Through the analysis, personality traits that might not be obvious at an interview, could become apparent.

Once I mastered the art of handwriting analysis myself, I found it to be a very useful tool in my career, particularly in the hiring and building of a team.♦

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Oh Those Aches & Pains

By Brian Bennett
of Balanced Living

Heat or Ice?

If you find yourself sore and in pain this spring, perhaps from raking the lawn or building that new back deck, here are some simple tips to help you recover:

When a muscle is strained or a ligament is sprained, it is accompanied by pain and swelling in the area. Keep the acronym R.I.C.E. in mind.

R.I.C.E. stands for Rest, Ice, Compression, and Elevation. Resting the area you will prevent re-injuring the area. The application of ice immediately reduces pain and reduces down much of the swelling. Ice should be applied for 10 mins. Then remove for 10 mins, repeat 3 times (60 mins. total) and repeat this process several times throughout the day.

Compression with a tensor bandage or compression splint will decrease the amount and severity of bleeding/swelling in the tissue. Elevating the injury, applies to the arms and legs, and helps to limit the amount of swelling in an area.

When an injury is recent or more severe (acute) you should use ice, to decrease pain and limit the injury. After 3 days, most injuries begin to heal and the swelling begins to diminish. Between 3-10 days you may start to use heat alternating with ice; always end with ice. This will increase range of motion and blood flow to the area. Use caution with heat and/or ice as they may burn or cause frostbite.

This advice is not meant to diagnose injuries, or to replace seeing a physician or massage therapist. When in doubt, see a doctor.

For more information on injury recovery, email onsitemassagetherapy@hotmail.com



Report submitted by Regional councillor Jack Heath

Did you know you have an oasis in your backyard? Look east. Look north. The Rouge Park is Canada's largest natural environment park in an urban setting. Almost 11,500 acres, from the headwaters in the Oak Ridges Moraine in the north, to the sandy beaches of Lake Ontario. In Markham we have Milne Park, Toogood Pond etc. and Bruce's Mill is just north of us in Stouffville.

The Rouge Park borders Cornell on both the north and east, and is North America's largest natural environment park in an urban setting. Last month the park acquired 6 square kilometres (1,500 acres) of new land from the Ontario government. This donation will permanently protect valuable ecological areas of Markham. The expanded parklands are located from the Little Rouge Creek in the west over to York Durham Line in the east, and south of 16th Avenue. From Cornell, that's almost everything in Markham east of the Markham Bypass. The Park now has, for the first time, a significant component east of the Rouge River watershed.

I know Cornell residents are keen to help improve their local environment. During Earth Week, (April 16th to 22nd) I encourage your participation in 2 major tree plantings: **Sunday April 22nd, 10,000 Trees for the Rouge** along the north side of the Markham Bypass east of Ninth Line, (9 a.m. start), and the other is organized by **Friends of the Rouge Watershed** at 16th Ave., east of Reesor Road. For time and date for the latter, call my office at 905-415-7506.

As a member of the Rouge Park Board, I am proud to say that it is Cornell's biggest park and a work in progress for all generations to come.♦



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Naked Food

by Grethe Jensen

Put some spring in your soup!

Asparagus Vichyssoise



Spring once again, and as always, we waited so patiently. Help bring the season along with this marvellous pot of soup. We typically associate soup with warm winter meals, but by using asparagus, this soup immediately shouts "spring!" Easy to prepare, ready in less than 1 hour; and if you want to make it ahead, this soup can also be refrigerated and served cold.

- 1 Tbsp butter
- 1 potato, peeled and diced
- 1 large leek, sliced (white and light green part only)
- 1 large clove garlic, minced
- 4 c asparagus, chopped
- 4 c chicken or vegetable stock
- Salt and pepper
- Sour cream, to garnish
- 1/2 c heavy cream (optional)
- Lime wedges

1. Sauté the potato, leek, garlic, and asparagus in butter in large saucepan until leek is soft, about 5 minutes.
2. Add stock, bring to a boil. Lower heat, cover and simmer for 30 – 40 minutes, or until all the vegetables are very tender.
3. Puree in food processor or blender until smooth. Return to pot. Season to taste with salt and pepper. Add cream if using. Heat until hot.
4. Serve topped with a dollop of sour cream and lime wedges.



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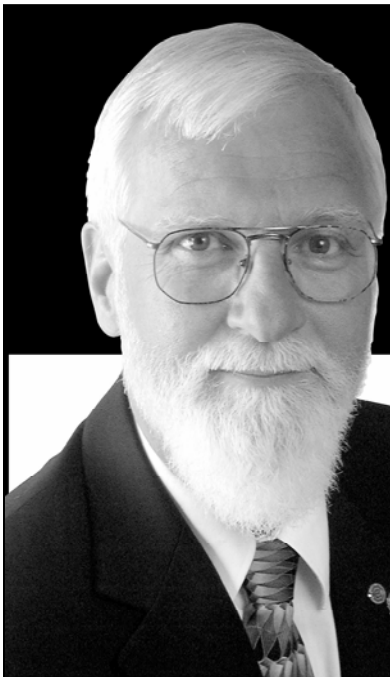
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		1	8			3		
			9		5	6		7
7	4			1		8	9	
1	2							
8		4		5		3		6
							2	8
	1	7		8			6	4
4		9	2		6			
	8				1	9		

Cross Wise Sudoku

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all the numbers from one to nine.

Solution in next edition or go now to our website url which is at the top of all our pages.

Solution to February Puzzle

2	3	9	4	5	6	7	1	8
4	6	7	8	1	9	2	5	3
5	1	8	3	2	7	9	6	4
7	4	6	5	3	2	1	8	9
9	2	1	6	4	8	3	7	5
3	8	5	7	9	1	6	4	2
8	7	2	9	6	5	4	3	1
1	5	4	2	7	3	8	9	6
6	9	3	1	8	4	5	2	7

Why not work together?



Photo by Levin Rodriguez

A gathering of Cornell Crier Advertisers at the first meeting of The Cornell Crier Network at Hasty Market Corner Stop Café on March 3rd


What's Coming Up for Cornell?

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 Registration forms available in CVPS school office
 Information at www.legacy5k.ca.

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*U.S. Government star crash test ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program. See safecar.gov for more details. **Results from test conducted by the Insurance Institute for Highway Safety (IIHS). See iihs.org for more details. *Lease offer valid on 2007 Impreza 2.5i Sedan 5-speed (7F1-RS). MSRP \$22,695. Payment of \$289.00 per month (Impreza Wagon version 7G1-RS shown is \$10 more per month) based on 0.9% lease rate for a 39-month term with \$2,000 down-payment which includes Freight and PDI charges. Great Subaru feature is \$0 security deposit required. License, taxes insurance, PPSA and retailer charges are extra. **Lease offer valid on 2007 Forester 2.5 X 5-speed (7J1-XD). MSRP \$26,995. Payment of \$353.00 per month based on 2.9% lease rate for a 48-month term, with a \$2,000 down-payment which includes Freight and PDI (\$1,495). \$0 security deposit required. License, taxes insurance, PPSA and retailer charges are extra. *Lease offer valid on 2007 Legacy 2.5i Sedan (7A1-UL). MSRP \$26,995. Payment of \$349.00 per month based on 1.9% lease rate for a 48-month term, with a \$2,000 down-payment which includes Freight and PDI (\$1,495) charges. \$0 security deposit required. License, taxes insurance, PPSA and retailer charges are extra. **Lease offer valid on 2007 Outback 2.5i 5-speed (7D1-UL). MSRP \$30,995. Payment of \$399.00 per month based on 1.9% lease rate for a 48-month term, with a \$2,000 down-payment which includes Freight and PDI (\$1,495) charges. \$0 security deposit required. License, taxes insurance, PPSA and retailer charges are extra. Leasing and financing programs available through GMAC. Lease based on a maximum of 20,000 km per year with excess charged at \$0.15/km. Other lease rates and terms available, down-payment or equivalent trade-in may be required. Offers applicable (OAC). Dealer may sell for less. See Dealer for details on other available leasing and financing options. Offers available at participating dealers only. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. Program expires March 31, 2007.