

Sock
bug



Follow the Trail Socks



Follow the Trail Socks

Patterns by Sockbug
<http://sockbug.blog-city.com>

This sock was originally knit for my husband who has thin feet and legs. I can wear this sock comfortably, although I prefer my socks slightly tighter. It has a 10" cuff.

Construction: Top Down with 2 circular needles.

Gauge: 7 stitches per inch

Needle Size: US 2 / 2.75 mm

Materials: 1 skeins Mountain Colors Weavers Wool Quarters shown in Lost Trail

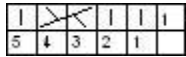
Pattern:

Ribbing and Leg:

Cast on 64 stitches. Join in a ring being careful not to twist. Divide stitches over 2 needles (32,32). Begin knitting with K2, P2 or your desired ribbing pattern and knit circularly for approximately 1 1/2 inches. On last row of ribbing, increase one stitch and reposition stitches (31 instep, 34 heel) The odd number of stitches allows for the pattern to be centered on the instep.

Beginning with Needle 1, knit in leg pattern until desired leg height is reached.

This pattern calls for a repeating motif of 5 stitches and 1 row.



R1: K2, Cross 2 back, K1

Abbreviations:



- Cross 2 back. Knit into the back of the second stitch on the needle and then knit into the front of the first stitch on the needle, slip both off together.

On last row of pattern before heel, decrease two stitches evenly around (31, 31) and redistribute stitches so the instep needle begins and ends with a purl stitch.

Begin Heel:

NOTE: Heel is worked in rows on 34 stitches.

Heel Pattern:

Row 1 Slip 1, *k1, slip 1 repeat across from *

Row 2 and 4 Slip 1, purl across

Row 3 Slip 1, *slip 1, k1 repeat across from * until the last 2 stitches, k2.

Knit in heel pattern until you have 34 heel flap rows. Heel flap shape should be close to square.

Turn Heel as follows:

Row 1: Sl 1, K18 sts, K2 tog, K1 turn

Row 2: Sl 1, K5 sts, SSK, K1, turn

Row 3: Sl 1, K6, K2 tog, K1, turn

Row 4: Sl 1, K7, SSK, K1, turn

Repeat rows 3 and 4, increasing 1 additional K stitch after the Sl 1 until all side stitches are consumed.

Gusset:

Rnd 1: With needle 1, knit across heel flap. Pick up and knit 16 stitches from the side of the heel flap plus knit one stitch in the gusset corner. Knit in pattern across needle 2.

Rnd 2: Using a spare needle, pick up one stitch in the gusset corner and 16 stitches from the side of the heel flap. Using needle 1, knit these stitches. Knit the remaining stitches on needle 1 and knit in pattern across needle 2. Stitch count is (56, 31) respectively.

Gusset Decrease and Sock Foot:

Rnd 1:

Needle 1: K1, SSK, knit until the last 3 stitches k2 tog, k1.

Needle 2: Work in pattern around, except the first and last stitch on the instep are now K's instead of P's.

Rnd 2: Work in pattern around, making the same P to K change as in Rnd 1.

Repeat these 2 rounds until total stitches equal 62. (31, 31)

Sock Foot:

Continue knitting in stockinette on needle 1 and in pattern on needle 2 (if desired) for three repetitions of pattern chart or until you are approximately 1 1/2 to 2 inches from the top of your longest toe. Purl one row around.

Shape Toe:

Rnd 1:

Needle 1: K1, SSK, knit until the last 3 sts, K2 tog, K1

Needle 2: K1, SSK, knit until the last 3 sts, k2 tog, k1.

Rnd 2: P around

Continue in this manner until you have approximately 28 stitches remaining or until sock has your desired toe shape. Graft toe closed.

This pattern copyright ©2004 Patterns by Sockbug

Not to be included in any collection, or used for profit without written consent by Patterns by Sockbug.