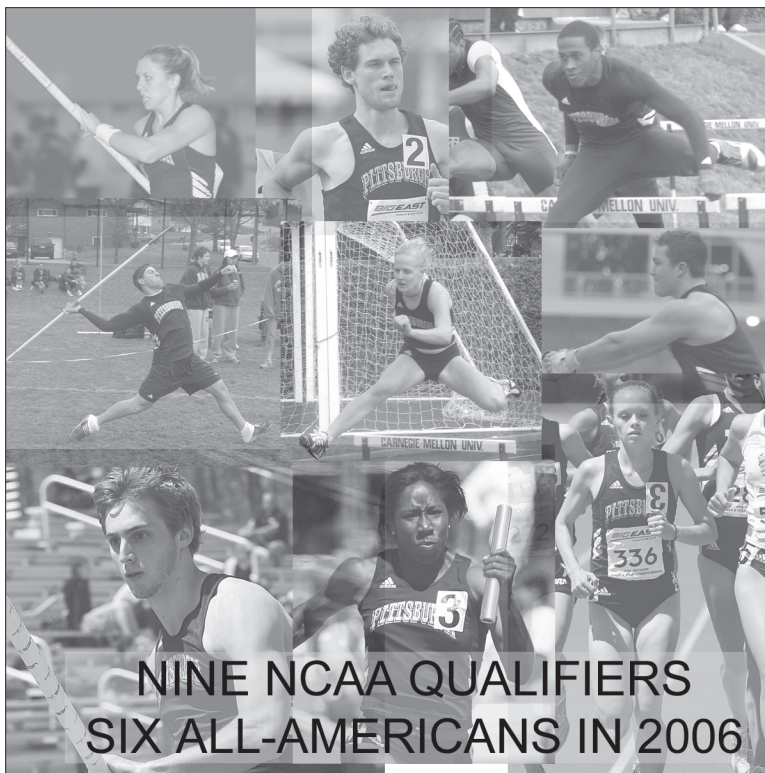


TRACK & FIELD/CROSS COUNTRY

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UNIVERSITY OF PITTSBURGH

Location Pittsburgh, PA
Enrollment 33,393
Founded 1787
Chancellor Mark A. Nordenberg
Athletic Director Jeff Long
Nickname Panthers
Colors Blue and Gold
Affiliation NCAA-1A
Conference Big East
Varsity Sports 19

Men (9): Baseball, basketball, cross country, football, soccer, swimming and diving, track and field (indoor and outdoor) and wrestling.

Women (10): Basketball, cross country, gymnastics, soccer, softball, swimming and diving, tennis, track and field (indoor and outdoor) and volleyball.

INTERVIEW POLICY

If a member of the media wishes to interview or photograph a Pitt track and field student-athlete or coach, contact the Media Relations Department in advance. Every attempt will be made to fulfill the request as efficiently and quickly as possible.

Interviews with student-athletes will be set up only by the Media Relations Office. Please allow one day's notice or more. Student-athletes' telephone numbers will not be release to the media.

TRACK AND FIELD STAFF

Head Coach: Alonzo Webb
 Alma Mater: Western Michigan, '79
Assistant Coach: Mihaela Tripon
 Alma Mater: Babes-Bolyai (Romania), '96
Assistant Coach: James Trautmann
 Alma Mater: Notre Dame, '95
Assistant Coach: Amanda Walker
 Alma Mater: Pittsburgh, '05
Assistant Coach: Bob Reynolds
 Alma Mater: Penn '00
Vol. Assistant Coach: Sam Bair
 Alma Mater: Kent State, '69
Vol. Assistant Coach: Mallory McDonald
 Attending Pittsburgh

Track Office Phone: (412) 648-8334
Track Office Fax: (412) 648-8940

Asst. Athletic Director/Olympic Sports:
 Kirk Bruce

Head Strength & Conditioning Coach:
 Kim King

Asst. Strength & Conditioning Coach:
 Ted Dworek

Athletic Trainer: Jenny Pease

Secretary: Jeanne Monahan

Academic Advisors:

Demetreus Darden

Bintu Sherif

MEDIA RELATIONS STAFF

Director EJ Borghetti
Associate Director Greg Hotchkiss
Assistant Director Mendy Nestor
Assistant Nicole Amato
Assistant Sophia Duck
Administrative Asst. Celeste Welsh
Phone Number (412) 648-8240
Fax Number (412) 648-8248
Address P.O. Box 7436
 Pittsburgh, PA 15213

Volleyball Contact Nicole Amato

ACKNOWLEDGEMENTS

Editor: Nicole Amato
Contributing Editors: E.J. Borghetti, Greg Hotchkiss, Mendy Nestor, Sophia Duck
Computer Page Design: Nicole Amato
Contributors: Lindsey Berringer, Gina DiCicco, John Gigliotti, Aaron Lane, Anne Reddy, Jacque Skowvron
Photography: Will Babin-Image Point Pittsburgh, Mike Drazdzinski, Harry Bloomberg, Herb Ferguson, Gary Guydosh, Joe Kapelewski, Clem Marion, Michael E. Haritan, Bob Stowell, William McBride, University Archives
Printing: Herman Printing & Litho, Inc.
Cover Design: Herman Printing & Litho, Inc., Nicole Amato

HEAD COACH ALONZO WEBB



In the last four years, Head Coach Alonzo Webb has brought a winning tradition back to Pitt Track and Field, garnering three Big East Conference titles. Last year, nine of his student-athletes qualified for the NCAA Championships and six of them returned as All-Americans.

Throughout his tenure at Pitt, Webb has produced eight NCAA All-Americans, 28 NCAA qualifiers, 25 ECAC/IC4A champions, 33 Big East champions and 53 all-conference honorees.

"This is a tremendous opportunity for me," Webb said. "The chance to come back to my hometown and head a track and field and cross country team at a major university like Pittsburgh is very exciting. The University of Pittsburgh has shown a commitment to excellence throughout the athletic department and I wanted to be a part of that."

In the four years since becoming the head coach at Pitt, his men's team has climbed from the bottom of an expanded conference to the top half of the Big East. The women's team moved from eighth in the Big East to first and along the way won four ECAC team titles in a row and it's first ever outdoor title in the 21 year history of the women's program. Also under Webb's guidance were four Big East Outstanding Performers including Justin Clickett, Kim Lyles, Maureen McCandless and Amanda Walker. Elizabeth Bayne, an NCAA qualifier in the 400 meter hurdles, was also selected as the NCAA Mondo Mid-Atlantic District Female Athlete of the Year in 2004.

For these accomplishments, Webb was named the United States Track Coaches Association Mid-Atlantic District Coach of the Year in 2003, and repeated that honor in 2004 and 2005 to become one of only two coaches in the country to achieve that distinction, the other being John McDonnell of Arkansas.

In a vote by the Big East coaches, Webb was elected to serve as President to the Big East Track and Field Championship and Competition Committee for 2006. From 2004-06, Webb served as the Vice President of the Championship and Competition Committee while also serving on the Seeding Committee and Big East Standards Committee. "With the Big East being one of the most respected conferences in the country, I feel it's an honor and a privilege to be elected by my peers to serve them in this capacity."

Webb's coaching talents were recognized in 2006 when he was asked to coach the North American Central American and Caribbean (NACAC) Under-23 Championships. Webb was able to coach Pitt student-athlete Julianna Reed to a fourth-place finish in the 400-meter hurdles.

Prior to being named head men's and women's track and field coach at the University of Pittsburgh in 2002, Pittsburgh native Alonzo Webb helped direct Kent State University to two Mid-American Conference track and field championships in three years as the program's associate head coach.

Webb, a 1972 graduate of Peabody High School, boasts over 30 years of track and field coaching experience on the collegiate, club, high school and junior high levels. He was also a standout performer himself, competing in the jumps and decathlon at Western Michigan, where he helped the Broncos to the 1976 MAC championship.

Webb joined Kent State in 1999 as an assistant coach and was promoted to associate head coach in 2000. He worked with both the men's and women's programs, focusing on the sprints, hurdles, jumps and multi-events.

During his Kent State tenure, Webb helped the men's team capture the 2000 outdoor MAC championship, the program's first conference title in 25 years. In the 2002 outdoor season the Golden Flashes' women's team won its first MAC title ever.

During his final two years at Kent State, Webb's athletes achieved 16 school records, 14 MAC titles, two All-America citations, two MAC records, four NCAA provisional qualifying performances and two NCAA automatic qualifying performances.

Prior to Kent State, Webb served as the head track and field coach and interim cross country coach at Woodland Hills High in 1999. While with the Wolverines, he coached former University of Pittsburgh football players Lousaka Polite (javelin) and Shawntae Spencer (long jump), both finalists at the '99 Pennsylvania State Championship meet and current NFL players.

He has also been very active on the club level and served as the head coach and

president of the River City Elite Track Club in Pittsburgh from 1993-99. The club won 33 national AAU Junior Olympic medals, the most of any club in the country in 1999. Among the athletes he tutored was Cassy Richards, who was *Track & Field News'* No. 1-ranked women's high school indoor long jumper and also set a sophomore class national record in that event.

In his final two years with River City Elite Track Club, Webb's athletes won 27 medals at the Pennsylvania outdoor championships, including six state champions and five runners-up.

Every year since 1994, athletes under Webb's tutelage have advanced to the USATF Junior National Meet, including two who earned Junior All-America honors. He coached Munhall native Heather Hanchak to the Pan-Am Junior Team in Chile (1995) and the World Juniors in Australia (1996). He also helped Oliver High's Talise Manuel to the IAAF World Youth Championships in Poland (1999). Additionally, Webb coached Mike Sanford, a Pine-Richland High product, who was a Footlocker Cross Country National Finalist.

Webb has also served as Youth Chair of the Three Rivers Association USATF and meet director of numerous associations, regional and Junior Olympic meets.

Webb earned his bachelor's degree in art from Western Michigan in 1979. He and his wife Noel have four children: Tanisha, Crystal, Justin and Alonzo III, a member of the Pitt track and field team. He also has four grandchildren Dejuan, Terrance, Tearra and Cailah.



HEAD COACH ALONZO WEBB'S COACHING FILE

(accomplishments of student-athletes under the guidance of Coach Webb)

- Track and Field News All-Americans
- USATF Junior National All-Americans
- National Scholastic All-American
- Gatorade Circle of Champions Athlete of the Year
- Nike Indoor Classic All-Americans
- Footlocker National Cross Country All-American
- National Scholastic Indoor Champion and Outdoor Runner-up
- USATF World Junior team members
- High School Record Holders
- IAAF Pan Am Junior team members
- USATF Junior Olympic National Champions
- AAU Junior Olympic National Champions
- Golden West Meet Champions
- Pennsylvania High School State Meet Champions
- NCAA All-Americans
- Conference Record Holders
- Conference Champions
- NACAC U-23 USA team member

ASSISTANT COACHES



Mihaela Tripon
Assistant Coach
*Vertical and
Horizontal Jumps
and Multi-Events*



James Trautmann
Assistant Coach
Middle and Long Distance

Coach Mihaela F. Tripon is in her second season with the University of Pittsburgh Track and Field teams, being in charge of vertical and horizontal jumps as well as multi events.

In her second season with the Panthers, Coach Tripon led the team to its second consecutive Big East Outdoor title and fourth consecutive Eastern Collegiate Athletic Conference (ECAC) outdoor title. She coached freshman Janessa Murphy to a second-place finish at the conference's indoor championships in the long jump and Martina Hallman to the conference title in that event in the outdoor championships.

Her first year with the Panthers was outstanding. She played a significant role to the women's indoor and outdoor Big East titles and Division I Indoor and Outdoor ECAC Championship titles, as well as a men's seventh-place finish in the Division I IC4A Indoor Championships and a fifth-place finish in the Outdoor Championships. For their season's finish, Pitt's coaches were named the 2005 Indoor and Outdoor Big East Coaching Staff of the Year.

Coach Tripon worked with Tamara McGill - an NCAA Indoor and Outdoor Championships qualifier, Big East Indoor and Outdoor Conference champion in multi-events as well as the Big East outdoor record-holder in the heptathlon. In addition, her women's jumpers finished second in the Big East Indoor Championships, second and third in the outdoor long jump and third and eighth in the indoor triple jump. Moreover, Coach Tripon prepared freshman Martina Hallman for her first ECAC outdoor title in the triple jump. On the men's side, Coach Tripon contributed to the team's Big East Championships with a fourth-place finish indoor and a fifth-place finish outdoor in the triple jump, along with a seventh-place finish both indoor and outdoor in the long jump.

Coach Tripon came to Pittsburgh after finishing a one-year tenure at Morgan State University. In the 2003-04 season, Tripon had six NCAA regional qualifiers in jumps and sprints, the indoor and outdoor men's MEAC high jump champion, seven medalists at the Indoor and Outdoor MEAC Conference Championships and seven ECAC qualifiers.

Coach Tripon assisted California State University's Track and Field team during the 2002-03 season, when she was directly responsible for multi-event and jumps athletes. She assisted in coaching one long jump NCAA national qualifier, five regional qualifiers in jumps and sprints and had the Outdoor Big Ski long jump champion, as well as nine other medalists.

From 1993-00, Coach Tripon was the men's and women's track and field coach at the Athletic Club in Cluj-Napoca, Romania, earning "Coach of the Year" in 2000. That year she coached three gold medalists at the youth national championships in addition to three record holders in sprints, hurdles and jumps events. She produced twelve medalists at the Indoor and Outdoor Romanian National Championships out of sixteen event qualifiers. Coach Tripon was the Director of Athletic Development in the Club's Board from 1997-00 during her coaching career in Romania, taking on directing and supervising track and field training methodology, curriculum development and the athlete's evaluation.

To add to Coach Tripon's extensive work, she helped organize the Romanian Olympic Museum - Cluj branch while a Romanian Olympic Academy member. She directed the Olympic cross country and Photo Exhibition and published several articles on Olympic topics in *The Romanian Olympic Magazine*.

Coach Tripon graduated with honors from Babes-Bolyai University in Romania, obtaining her master's degree in science of sport, with an emphasis on sport performance.

Coach James Trautmann is in his third season as the men's and women's assistant coach for the University of Pittsburgh, overseeing Pitt's middle and long distance runners.

Coach Trautmann led the 2005 men's cross country team to their best regional finish to date. He coached Sam Bair to a ninth-place regional finish and a 12th-place finish at the Big East Championships. The team had three top-35 placemen at the regional championships in Bair, Tim Konoval and Nicki Angstadt. Coach Trautmann was additionally responsible for having three middle-distance runners qualify for the NCAA East Regional Track and Field Championships in the 1,500 meters. Bair went on to earn an NCAA berth en route to All-America honors.

In his first season with the Panthers, Coach Trautmann contributed to Maureen McCandless' first NCAA berth in cross country and a fifth-place finish at the national championships. She was additionally the regional champion that year and placed third in the conference.

Throughout his tenure at Pitt, nine school records in middle and long distance events have been broken, including the men's distance medley relay in 2005 and the men's indoor mile in 2006. On the women's side, he coached McCandless to shattering nearly every distance record in the school's existence.

Coach Trautmann came to Pitt from Ball State University, where his athletes set school records in 2003 in the distance medley relay and the 800 meters. While achieving a 3.08 grade point average, Trautmann's 2002 team ranked 6th in the nation academically among all NCAA Division I teams in cross country and track, respectively. During his four-year tenure at Ball State, the cross country and track and field teams produced seven individual Academic All-Americans.

Leading up to his first year at the University of Pittsburgh, Trautmann worked in 2003 with the distance runners at Robert Morris University; resulting in a new school record in the 10,000 meters. Prior to his time at Ball State University, Trautmann was head coach of the cross country team and assistant to the track and field team at Saint Mary's College in 1997, where he initiated a first-year cross country program as a member of the NCAA Division III, as well as the Michigan Intercollegiate Athletic Association. While attending graduate school at Indiana University, Trautmann coached at White River Valley High School in Switz City, Indiana. Since he first began coaching in 1995 as a volunteer at Notre Dame, Trautmann has impressively coached ten NCAA All-America honorees.

Coach Trautmann competed for the University of Notre Dame track and field team where he earned the honors of conference champion in the 3,000 meters and 5,000 meters, as well as being a three-time IC4A Qualifier. Trautmann was an NCAA championship competitor in cross country for the Fighting Irish; his teams placed third, sixth and fifth at the NCAA Championships in 1990, 1992 and 1993, respectively.

Coach Trautmann's brother, John Trautmann, competed for Georgetown University and is a two-time U.S. National Champion and Olympic team member (1992) in the 5,000 meters.

Trautmann attained a master of science in kinesiology from Indiana University in 1999 while majoring in applied sport science, concentrating in exercise physiology. He also earned a bachelor of business administration degree in 1995, majoring in human resource management, organizational behavior and psychology at Notre Dame. He has been married for three years to his wife, Gail.

ASSISTANT COACHES



Amanda Walker
Assistant Coach
Throws

Coach Amanda Walker is entering her second season as the assistant coach for throws after being a member of Pitt's championship winning program for four years.

In her first season as an assistant coach, Coach Walker guided junior Justin Clickett to the NCAA Championships in the shot put. He earned his second consecutive Big East title in that event and a third-place finish in the weight throw under her guidance. Coach Walker additionally coached an injured A.J. Kielinski to a fifth-place finish in the discus at the outdoor championships.

In her four years as a member of Pitt's track and field team, Coach Walker set multiple school records, collected many honors from the Big East and the NCAA and earned a dual degree in architecture and Africana studies.

As a freshman, Coach Walker captured her first conference title in the indoor shot put, and in 2003, she won the ECAC Championships in that event. Coach Walker came back to win the Big East shot put title again in 2004 and was the runner-up in the weight throw as well.

She capped off her senior season as a two-time NCAA All-American in the shot put. Coach Walker placed fifth indoor and seventh outdoor while also qualifying for the NCAA Championships in the weight throw. She additionally won the ECAC title and was named the "Big East Most Outstanding Field Performer" after winning performances in the shot put and weight throw. She broke the Big East meet record and Carrier Dome record in the weight throw as well. Coach Walker also holds the ECAC record in the shot put.

Coach Walker now owns the Pitt record books, both indoor and outdoor. She holds top marks in the indoor shot put (16.66 meters) and weight throw (21.12 meters) as well as the outdoor records for discus (49.02 meters), shot put (16.80 meters) and hammer throw (58.87 meters).



Bob Reynolds
Assistant Coach
Javelin and Pole Vault

Coach Bob Reynolds is entering his first season with the Panthers as the assistant coach for the javelin and pole vault. He joins a program that has captured every Big East title in those events since the 2005 outdoor season.

Coach Reynolds joins the Panthers after four seasons as a pole vault coach at nearby Duquesne University. While there, he coached two A-10 Conference pole vault champions and eight total A-10 all-conference selections. He additionally coached his pole vaulters to four runner-up finishes. Coach Reynolds' student-athletes hold the record for most points scored in an individual event, and both the men's and women's pole vault records were broken every year during his tenure.

He was responsible for starting the Duquesne Track Club to raise money for the track program and give local high school track and field athletes the opportunity to train in the summer and compete at the USA Track and Field Level. Also, he used this opportunity to educate and promote safety of the athletes competing in the pole vault.

Throughout his coaching career, Coach Reynolds has guided four state champions, 10 WPIAL placewinners and four national USATF placewinners. Prior to coaching at Duquesne, Reynolds coached junior high wrestling at Keystone Oaks School District.

Coach Reynolds graduated from Baldwin High School in 1996 where he was a three-time Western Pennsylvania Interscholastic Athletic League (WPIAL) pole vault champion. He set the WPIAL vault record of 15' 8" in 1996 and his record stood until 2005. That year, he also reigned as the Pennsylvania State High School pole vault champion.

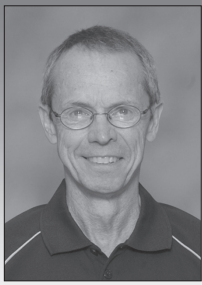
He earned a bachelor's degree in chemistry from the University of Pennsylvania in 2000 where he was a four-year letterman in track & field. A two-time All-East and All-Ivy League section in the pole vault, Coach Reynolds was also tabbed the team's MVP as a freshman.

Coach Reynolds is currently enrolled in graduate school at the University of Pittsburgh and is a Doctorate of Pharmacy candidate.



PITT TRACK AND FIELD 2005 AND 2006 BIG EAST COACHING STAFF OF THE YEAR

ASSISTANT COACHES



Sam Bair
Volunteer Assistant Coach
Middle and Long Distance

Coach Samuel P. Bair, a native of Pittsburgh, is entering his third year of coaching for the Panthers. In just two seasons, he has coached the team to becoming a dominating middle and long distance force in the Big East Conference.

Last season he coached his son to an All-America finish at the NCAA Outdoor Championships and a ninth-place finish at the regional cross country championships. Coach Bair was an integral part of the team's success in 2006, having three middle distance runners qualify for the regional championships in the 1,500 meters and coaching the men's cross country team to its best regional finish to date.

In his first season at Pitt, Coach Bair helped lead the men's cross country team to a seventh-place finish in the Big East Championships and a ninth place-finish at the NCAA Regional Championships. He also helped coach the women's cross country team to a seventh-place finish at the Big East Championships and an eighth-place finish at the NCAA Regional Championships. Coach Bair was integral in coaching the men's track and field team to a second-place finish in the 1,500 meters in both Indoor and Outdoor Big East Championships. Additionally in the 1,500 meters Coach Bair assisted the team in a second-place finish in the IC4A Outdoor Championships, two NCAA regional qualifiers and a sixth-place finish at the regional championships. Coach Bair's son Sam, also placed fourth in the Outdoor Big East Championships in the 1,500 meters.

Coach Bair was previously the track and field and cross country head coach at the Community College of Allegheny County (CCAC), where he was named National Junior College Cross Country Coach of the year for five consecutive years. He produced three NJCAA Championship teams in 1973, 1976 and 1977, including five top runners who qualified for All-America honors. His teams have set more than two dozen national records, some of which still stand today. Coach Bair is also the former head coach of the Allegheny-Nike Running Club.

Bair has accomplished much as a track athlete, as well. Representing Kent State University, Coach Bair was a seven-time NCAA All-American, and indoor and outdoor champion in the mile. In 1968 he was a cross country All-American. That same year, Bair placed 7th at the U.S. Olympic Trials, however his qualification for the team was hampered after being placed in the hospital for several days before the final trials with an intestinal infection. In 1971 Bair earned a spot on the number one ranked U.S. cross country team, the Florida Track Club, consisting of 1972 Olympic champion marathoner Frank Shorter, Olympic team marathoner Jack Bachelor, and Olympic team 10,000-meter runner, Jeff Galloway.

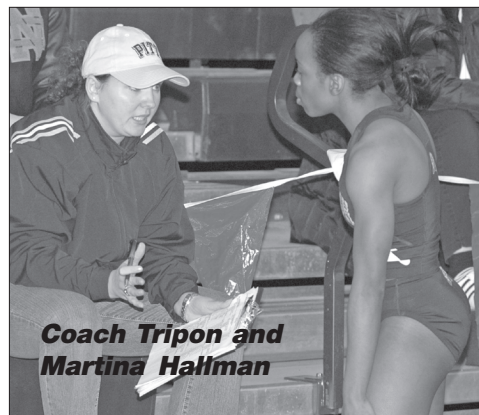
Continuing his incredible success as a runner, Coach Bair signed a professional contract with the International Track Association in 1973. Bair was inducted into the Westmorland Sports Hall of Fame in 1976 and Kent State University Sports Hall of Fame the following year. In 1977 he was initiated into the Pittsburgh Dapper Dan Hall of Fame (his plaque hangs in the Mellon Arena), and in 1995 he became a member of the Western Pennsylvania Sports Hall of Fame.

Coach Bair graduated in 1969 with a Bachelor of Science degree in Health and Physical Education from Kent State University. For over 30 years he has been a professor of Health and Physical Education at CCAC. Coach Bair is married to wife, Arlene, and they have a daughter, Alyson, and a son, Sam, who is a distance runner for the Panthers.

Mallory McDonald
Volunteer Assistant Coach
Throws



**Coach Webb and
Krystal Epps**



**Coach Tripon and
Martina Hallman**

For the second consecutive outdoor season, the Pitt track and field coaches were recognized as the women's Big East Coaching Staff of the Year. Together this group coached the Panthers to their third Big East title in two years. At the 2006 championships, Pitt student-athletes won seven events with 15 individuals earning all-conference honors. The team set three new school records while also breaking conference marks in the pole vault. Pitt Head Coach Alonzo Webb was additionally selected as the Mid-Atlantic Coach of the Year and was asked to serve as an assistant coach at the North American Central American and Caribbean (NACAC) Under-23 Championships.

SUPPORT STAFF



KIRK BRUCE

Assistant Athletic Director
Olympic Sports

Kirk Bruce is in his ninth year as Assistant Athletic Director for Olympic Sports, but his association with the University dates back much further.

In his current capacity, Bruce oversees the day-to-day operations of men's and women's soccer, swimming and diving, men's and women's track and field, softball, baseball and women's tennis.

While the Assistant Athletic Director of Olympic Sports, Bruce has helped guide the women's track and field program to three Big East titles and four consecutive ECAC outdoor titles. The Pitt men's swimming and diving program has earned the nickname "Beast of Big East" after capturing six conference titles since 1998. Additionally, Bruce oversaw the Pitt baseball team which was the runner-up in the Big East in 2004.

Bruce previously served as the Panthers' head women's basketball coach for 13 years from 1985-1998. His coaching career was highlighted by the 1992-93 season in which the Panthers produced their first 20-win season (21-10) and finished third in the Women's National Invitation Tournament. Bruce coached numerous Big East All-Conference players as well as two Kodak All-America honorable mention players in Jonna Huemrich and Lorri Johnson during his tenure.

A standout point guard at Pittsburgh from 1971-75, Bruce was a member of the Panthers' 1974 team that finished 25-4 and advanced to the NCAA East Regional Finals. He was drafted by the Utah Stars of the former American Basketball Association. When the league disbanded, he returned to Pittsburgh to begin his coaching career as an assistant for the Panthers. Bruce was later promoted to the head women's coaching position prior to the 1985-86 season.

Bruce and his wife Marleen have three daughters, Chelsea (24), Carmen (22) and Courtney (19).



KIM KING

Head Strength &
Conditioning Coach

Kim King, the head strength and conditioning coach for Olympic sports is in her tenth season working with the Pitt athletic department. In addition to working with track and field, King serves as the strength coach for volleyball, wrestling and swimming and diving.

King boasts a wealth of experience, having been in the strength and conditioning profession for over 20 years, earning various certifications, degrees and titles. She recently co-authored *Total Fitness for Women*, a book addressing common myths surrounding fitness and how to take a more effective approach.

A prominent body builder on the professional level, King has earned top finishes in numerous competitions, including a first-place finish in the National Physique Committee (NPC) Championships, the nation's most prestigious contest. In 1994, King was named the Pittsburgh Athlete of the Year.

Additionally, King is the chairman and chief administrator of strength, health and rehabilitation for the NPC and is a member of the board of governors for the International Federation of Fitness, Figure and Body Builders.

King and her husband Jeff have one daughter, Kelly.



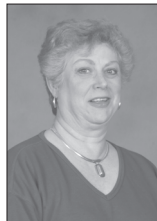
JENNY PEASE

Athletic Trainer

Jenny Pease is in her fourth season at the University of Pittsburgh as its track and field athletic trainer. In addition to her track and field duties, Pease also handles athletic training for women's soccer.

Pease graduated from Pittsburgh in 2000 with a bachelor of science degree in motor science. She earned her master's degree in kinesiology from San Jose State University in 2002.

A native of Middletown, N.J., Pease also worked at Hewlett Packard as a fitness specialist and with Stanford University's women's rugby team from 2001-03.



Jeanne Monahan
Administrative
Assistant



Nicole Amato
Media Relations
Assitant



Demetreus Darden
Academic Support



Bintu Sherif
Academic Support



Ted Dworek
Strength & Conditioning

CELEBRATING JOHN WOODRUFF AND THE 70TH ANNIVERSARY OF HIS OLYMPIC GOLD

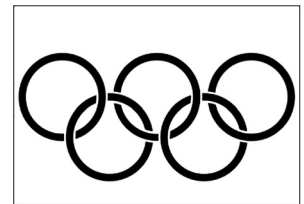
The 1930's were a turbulent time not only in America but across the world. The United States was in the midst of the Depression. Nazi Germany was gaining power throughout Europe. And in 1936, a very tense world turned its attention to Berlin and the Olympic games.

That same year, a young man from Connellsville, Pennsylvania, arrived at the University of Pittsburgh destined to make history. As a freshman, John Woodruff immediately won gold at the Penn Relays and NCAA Championships. His amazing journey had only just begun as he found himself as one of only 12 African-American members of the United States Olympic Team.

Woodruff's incredible story continued over to the 800 meters, where he made one of the most incredible moves ever seen in Olympic competition. He became the first African-American runner to win a gold medal at the 1936 Olympics. And had it not been for the World War II, he may have won many more.

He entered the military in 1941 after graduating from Pitt with a degree in sociology in 1939. He also served during the Korean War. True to form, he spent his career in the service of others. His humble demeanor away from the track belied his dominance as an athlete on the track. While at Pitt he won three national collegiate championships, four IC4A championships and held the world record in the half-mile.

As fate would have it, Woodruff suffered the amputation of both of his legs five years ago due to circulatory problems and a broken hip. This year, on this 70th anniversary of the Berlin Olympics we pay tribute to John Woodruff's athletic ability and determination to succeed.



“Not that the feet made the man, nor even his feat. Quicksilver athletes come and go. Gold medalists fade. What differentiated Mr. Woodruff was the force, the determination...”

Chuck Finder, Pittsburgh Post-Gazette

The 2005 cross country season proved to be one of the most successful to date as both the men's and women's teams had a number of top runners in their postseason competition. On the men's side, Sam Bair and Tim Konoval both finished in the top 35 at the regional championships, and on the women's side, Nicki Angstadt placed 34th. As they move into the 2006 season, they are looking for more success, but most importantly to remain healthy and confident.

Men's Preview

On paper, the men's cross country team appears to be one of Pitt's most talented groups in the program's history. Led by Bair, now a junior, the team has depth in numbers and experience. Other top runners include seniors Konoval and Eric Fleming. These three competitors were all regional qualifiers in the 1,500 meters during Pitt's outdoor track and field season, and Bair went on to garner All-America honors.

Providing some depth at the four, five and six positions will be senior Steve Gonzalez, Curtis Larimer, Mike Long, Christian Schmidt and Andy Tomaswick. Gonzalez was consistently the third or fourth runner on the Panthers' team last season, placing 57th at the Big East Champi-

onships and 75th at the regional championships. Larimer could be counted on in the fourth and fifth position last year, and Long typically was the Panther number three runner, placing 51st at regionals and 44th in the conference. Schmidt competed in the team's first two competitions – the Duquesne Duals and Iona Meet of Champions.

The team was plagued with injuries last year as both Fleming and Tomaswick had to forgo most of the season. After an even more intensive summer training program than year's past, the team is stronger, healthier and truly ready to compete.

"I think we can make history this year if the team stays healthy and remains confident, which I know they can," said Head Coach Alonzo Webb. "The guys look a lot more fit than they've ever been. The progression [for the seniors] as to how they came into the season each year has gotten better."

The key to the men's success will be the performances from their three, four and five runners. Last season, because of the injuries, many of Pitt's runners were able to gain valuable experience from having to compete in many of the season's major races.

"When they're put in a position like they were last year, when they had to step up, they gained," said Assistant Coach James Trautmann. "They gained experience, and they gained confidence. They were put in a position where they had to do it, and now they're confident that they can do it. That's a huge piece of the puzzle. That's the majority of what's going to get it done."

While the team is mostly comprised of juniors and seniors, they will have two new faces that could rally to make an impact this season. Kyle Kaminski was a state qualifier in cross country and a WPIAL placewinner as a junior. Lane King was a four-time state medalist and regional champion in 2005.

Women's Preview

The women's team will compete without Angstadt this year and will need a new runner to step into a leadership role. While the team has a young roster in its three, four and five positions, there are several hungry runners who have the potential to make a major impact on the team.

"The exciting thing about this season, is that so many people could step into [the leadership] role," said Webb. "It's going to be interesting to find out who that's going to be. I have a lot of confidence in the girls even though they're fairly young. There's a lot of talent there."

Junior Ali Briggs is the team's leading runner based on last season's times. She finished in the top three for the team in most of the competitions and placed 54th at the Big East Championships. Senior Suzy Bossart also has the potential to become a leading runner. She placed 70th at the regional championships in 2005 and brings the most competitive experience to the lineup.

Junior Nikki Bielick was unable to compete in the championships last season



Sam Bair hopes to be an NCAA qualifier in 2006 after placing ninth at the regional championships last year.

because of an injury. Still, she has enough experience to move into an impact position this year. Sophomore Bailey Flask battled through an injury last season as well, but did get to compete at the Big East Championships. Junior Katelyn Fleishman was unable to compete last season because of an injury, but is prepared to finish out her senior year. With all three runners healthy in 2006, they'll provide some much needed depth to the Panthers' lineup.

Pitt has four other sophomores who will be vying for that fifth spot. Monica Bhattacharjee competed in some of the team's championship races last year, placing 68th in the Big East. Rachel Botham placed seventh in the second heat at the Penn State National and also became a stronger runner during Pitt's outdoor track and field season. Aly Brown placed 38th in the second heat at the Penn State National and also competed at the Iona Meet of Champions and Duquesne Duals. Megan Heenan did not compete last year, but is ready to step into the lineup this season. Sophomore Melissa Vignetti only competed in track last year, but could make contributions to cross country in 2006.

"Monica, Aly and Rachel were also somewhat thrust into our top seven last year as freshmen," said Trautmann. "They had some growth, but they're still going to need more this year. They had an opportunity to gain last year, and they did. They ran wonderful personal records compared to high school. They moved up to the 6K distance really well. It was a great year for them, and we're going to need another one this year."

The team doesn't have any newcomers this year, but former runner Shannon Moore will return for her junior season. Fellow junior Leah Coveleski (s battling an injury and will not compete at the beginning of the season.

MEN'S CROSS COUNTRY

Sam Bair	JR	Pittsburgh, Pa./Shaler Area/Kent State
Eric Burnett	JR	Pittsburgh, Pa./Fox Chapel
Eric Fleming	SR	West Chester, Pa./Bishop Shanahan
Steve Gonzalez	SR	Johnstown, Pa./Westmont Hilltop
Kyle Kaminski	FR	Bethel Park, Pa./Bethel Park
Lane King	FR	Fairview, Pa./Fairview
Tim Konoval	SR	Parry Sound, Ontario/Parry Sound/ Central Connecticut State
Curtis Larimer	JR	Colorado Springs, Colo./Palmer
Mike Long	SR	Williamsville, N.Y./Williamsville North
Christian Schmidt	SR	Pittsburgh, Pa./Baldwin/ Penn State-Altoona
Andy Tomaswick	SR	Natrona Heights, Pa./Highlands

WOMEN'S CROSS COUNTRY

Monica Bhattacharjee	SO	Penfield, N.Y./Penfield
Nikki Bielick	JR	Greensburg, Pa./Greensburg Salem
Suzy Bossart	SR	Greensburg, Pa./Greensburg Salem
Rachel Botham	SO	Shoreline, Wash./Shorewood
Ali Briggs	JR	Washington, Pa./Washington
Aly Brown	SO	Hickory, Pa./Fort Cherry
Leah Coveleski	JR	Union City, Pa./Seneca Valley
Bailey Flask	SO	Pickerington, Ohio/Pickerington North
Katelyn Fleishman	JR	Pittsburgh, Pa./Gateway
Megan Heenan	FR	Clarendon Hills, Ill./Hinsdale Central
Shannon Moore	JR	Altoona, Pa./Bishop Gulfoyle
Melissa Vignetti	SO	Pittsburgh, Pa./McMurray

MEN'S TOP 25 BIG EAST FINISHES

PLACE	NAME	YEAR	SITE
1st	Keith Dowling	1990	Bronx, N.Y.
3rd	Mike Umbleby	1994	Boston, Mass.
5th	Jason Bodnar	1988	Bronx, N.Y.
7th	Scott Humphrey	1988	Bronx, N.Y.
7th	Scott Humphrey	1989	Bronx, N.Y.
8th	Bob Weiner	1987	Boston, Mass.
8th	Mike Umbleby	1993	Bronx, N.Y.
9th	Keith Dowling	1988	Bronx, N.Y.
9th	Keith Dowling	1989	Bronx, N.Y.
9th	Mike Formica	1991	Bronx, N.Y.
10th	Joe Daniels	1987	Boston, Mass.
10th	Mike Formica	1990	Bronx, N.Y.
12th	Sam Bair	2005	Bronx, N.Y.
14th	Scott Humphrey	1990	Bronx, N.Y.
14th	Frank Nesko	1993	Bronx, N.Y.
15th	Bob Weiner	1986	Boston, Mass.
15th	Paul Friedrich	1988	Bronx, N.Y.
16th	Waddie Freeman	1986	Boston, Mass.
16th	Keith Dowling	1987	Boston, Mass.
19th	Ken Picciano	1985	Boston, Mass.
20th	Waddie Freeman	1992	Boston, Mass.
20th	Dennis Kuntz	1994	Boston, Mass.
21st	Tom Swartout	1990	Bronx, N.Y.
22nd	Bob Weiner	1985	Boston, Mass.
23rd	Dennis Kuntz	1993	Bronx, N.Y.
25th	Jason Bodnar	1990	Bronx, N.Y.
25th	Brian McCollough	1991	Bronx, N.Y.

WOMEN'S TOP 25 BIG EAST FINISHES

PLACE	NAME	YEAR	SITE
3rd	Maureen McCandless	2004	Boston, Mass.
5th	Lori Wood	1985	Boston, Mass.
15th	Carmela Mariani	1991	Bronx, N.Y.
17th	Nicki Angstadt	2005	Bronx, N.Y.
20th	Amy DiFrancesco	1985	Boston, Mass.
22nd	Stacey Wyzkowski	1989	Bronx, N.Y.
22nd	Laura O'Donnell	1991	Bronx, N.Y.
22nd	Maureen McCandless	2003	Bronx, N.Y.
23rd	Angie Martin	1994	Boston, Mass.
24th	Maureen McCandless	2002	Boston, Mass.

2005 HIGHLIGHTS



**NICKI
ANGSTADT**

- Pitt maintained its momentum for the 2005 season, with three top-35 finishes at the NCAA Mid-Atlantic Regionals (Sam Bair, Tim Konoval and Nicki Angstadt).

- Sophomore Sam Bair dominated the competition this year, placing in the top-20 of every competition, including a first-place finish at the Duquesne Duals and a second-place finish in the Paul Short Invitational.

- Nicki Angstadt emerged as a leader on the women's team, capping off her senior year with a 17th-place finish at the Big East Champi-onships, leading her team to an 8th-place finish.

- The Panthers combined to bring home seven top-ten finishes in team competitions in 2005.

IC4A/ECAC & NCAA Finishes

IC4A Top 35 Individual Cross Country Finishers

4th	Keith Dowling	1990
9th	Sam Bair	2005
9th	Keith Dowling	1989
12th	Jason Bodnar	1991
13th	Mike Umbleby	1994
19th	Scott Humphrey	1990
19th	Mike Formica	1991
19th	Mike Umbleby	1993
23rd	Scott Humphrey	1989
28th	Tim Konoval	2005
32nd	Scott Humphrey	1988
33rd	Sam Bair	2004
34th	Tim Konoval	2004

NCAA Regional Top 35 Individual Cross Country Finishers

1st	Maureen McCandless	2004
6th	Maureen McCandless	2002
13th	Maureen McCandless	2003
24th	Lauren Shaffer	2004
26th	Amanda Schmidt	2001
30th	Lauren Shaffer	2001
31st	Laura O'Donnell	1991
34th	Nicki Angstadt	2005
35th	Carmela Mariani	1991
37th	Maureen McCandless	2001

NCAA Individual Finishers

5th	Maureen McCandless	2004
12th	Keith Dowling	1990
71st	Keith Dowling	1989
97th	Mike Umbleby	1994
210th	Maureen McCandless	2002

TEAM FINISHES

MEN IN BIG EAST

1985	7th	1996	10th
1986	5th	1997	11th
1987	3rd	1998	12th
1988	3rd (tie)	1999	8th
1989	4th	2000	11th
1990	3rd	2001	11th
1991	4th	2002	12th
1992	5th	2003	8th
1993	3rd (tie)	2004	7th
1994	6th	2005	7th
1995	9th		



**SCOTT
HUMPHREY**

NCAA REGIONALS

1985	25th	1996	32nd
1986	22nd	1997	DNC
1987	9th	1998	DNC
1988	12th	1999	DNC
1989	9th	2000	DNC
1990	7th	2001	8th
1991	11th	2002	20th
1992	16th	2003	17th
1993	16th	2004	9th
1994	21st	2005	7th



**MAUREEN
McCANDLESS**

WOMEN IN BIG EAST

1990	7th	1998	12th
1991	5th	1999	12th
1992	9th	2000	11th
1993	6th	2001	7th
1994	6th	2002	10th
1995	9th	2003	9th
1996	8th	2004	7th
1997	12th	2005	8th

NCAA REGIONALS

1990	27th	2002	15th
1991	14th	2003	10th
1994	27th	2004	8th
1996	28th	2005	13th
2001	7th		



**KEITH
DOWLING**

XC RESULTS

Duquesne Duals Duquesne University Schenley Park, Pa. Sept. 3, 2005

Men: 1st place

1st	Sam Bair	25:24.00
3rd	Tim Konoval	25:47.00
6th	Eric Fleming	25:55.00
7th	Mike Long	26:00.00
9th	Steve Gonzalez	26:18.00
10th	Andy Tomaswick	26:22.00
11th	Curtis Larimer	26:39.00
13th	Jesse Mang	26:52.00
23rd	Christian Schmidt	28:06.00

Women: 1st place

2nd	Ali Briggs	18:55.00
3rd	Nicki Angstadt	19:02.00
4th	Nikki Bielick	19:04.00
6th	Candice Coholich	19:07.00
7th	Suzy Bossart	19:12.00
10th	Bailey Flask	19:18.00
15th	Monica Bhattacharjee	19:42.00
16th	Abby Zaylor	19:45.00
21st	Alycia Brown	20:31.00
23rd	Rachel Botham	20:36.00
31st	Erin Byrne	20:59.00
24th	Lindsay Mock	21:19.00
45th	Lisa Ierubino	22:20.00

Iona Meet of Champions Van Cortlandt Park Bronx, N.Y. Sept. 24, 2005

Men: 7th place

11th	Sam Bair	25:09.70
35th	Tim Konoval	25:48.70
49th	Andy Tomaswick	26:01.40
87th	Curtis Larimer	26:38.10
110th	Mike Long	26:58.20
120th	Steve Gonzalez	27:05.70
216th	Christian Schmidt	28:31.20

Women: 8th place

32nd	Nicki Angstadt	22:57.70
56th	Ali Briggs	23:26.00
64th	Suzy Bossart	23:30.90
66th	Candice Coholich	23:33.70
70th	Abby Zaylor	23:36.60
94th	Monica Bhattacharjee	23:56.80
122nd	Nikki Bielick	24:20.60
167th	Bailey Flask	25:14.30
176th	Alycia Brown	25:25.00

Paul Short Invitational Lehigh University Bethlehem, Pa. Oct. 1, 2005

Men: 28th place

2nd	Sam Bair	23:54.30
126th	Curtis Larimer	25:31.00
151st	Steve Gonzalez	25:43.00
174th	Mike Long	25:55.70
296th	Tim Konoval	29:28.90

Women: 24th place

67th	Nicki Angstadt	21:57.60
114th	Ali Briggs	22:24.90
122nd	Candice Coholich	22:30.30
172nd	Suzy Bossart	23:00.90
188th	Monica Bhattacharjee	23:09.70
234th	Abby Zaylor	23:37.40
225th	Nikki Bielick	24:01.00

Penn State National Penn State University State College, Pa. Oct. 15, 2005

Men: 14th place

18th	Sam Bair	25:52.00
39th	Tim Konoval	26:13.00
94th	Steve Gonzalez	26:49.00
140th	Mike Long	27:13.00
155th	Curtis Larimer	27:24.00
196th	Jesse Mang	27:59.00

Women: 23rd place

46th	Nicki Angstadt	22:15.00
112th	Candice Coholich	23:16.00
127th	Suzy Bossart	23:29.00
133rd	Abby Zaylor	23:34.00
140th	Ali Briggs	23:39.00
176th	Monica Bhattacharjee	24:05.00
202nd	Nikki Bielick	24:54.00

Second Heat

7th	Rachel Botham	23:53.00
38th	Alycia Brown	24:57.00
84th	Lindsay Mock	26:36.00
81st	Erin Byrne	27:05.00

Big East Championships Van Cortlandt Park Bronx, N.Y. Oct. 28, 2005

Men: 7th place

12th	Sam Bair	24:55.00
34th	Tim Konoval	25:48.00
44th	Mike Long	26:06.00
57th	Steve Gonzalez	26:24.00
72nd	Jesse Mang	27:03.00
77th	Curtis Larimer	27:13.00

Women: 8th place

17th	Nicki Angstadt	22:00.00
54th	Ali Briggs	23:04.00
55th	Suzy Bossart	23:06.00
63rd	Abby Zaylor	23:28.00
68th	Monica Bhattacharjee	23:34.00
81st	Candice Coholich	23:59.00
114th	Bailey Flask	26:21.00

NCAA Regionals Lehigh University Bethlehem, Pa. Nov. 12, 2005

Men: 7th place

9th	Sam Bair	30:37.00
28th	Tim Konoval	31:16.20
51st	Mike Long	31:49.10
75th	Steve Gonzalez	32:19.20
87th	Curtis Larimer	32:33.10
129th	Jesse Mang	33:49.20

Women: 13th place

34th	Nicki Angstadt	21:41.60
70th	Suzy Bossart	22:27.10
80th	Candice Coholich	22:33.30
83rd	Ali Briggs	22:39.00
93rd	Abby Zaylor	22:51.30
122nd	Monica Bhattacharjee	23:34.60

MEN'S PREVIEW/ROSTER

SPRINTS

Leading the way will be sophomore **Sam Perkins**. In his first season with the Panthers, he earned all-conference honors at the outdoor championships and played a significant role on many of Pitt's relay teams.

"He has a mentality that could lead people, even at a young age," Webb said of Perkins. "Already this year, I've seen him as a sophomore take the freshmen and get them going and working out on their own. He knows that he's the man this year as far as sprints goes. It's a burden to put on a younger athlete, but they understand when they come in here that's what we expect from them."

Also bringing experience to this field will be senior **Kareem Cousar** who has several all-conference honors to his name and is looking to score more points for the team as a senior. Sophomore **Kevin Gilpatrick** will also contribute in sprints.

MIDDLE DISTANCE

Perhaps the strongest area for the Panthers, Pitt has several upperclassmen ready to take the reigns in the middle distance races. Led by junior **Sam Bair**, a 2006 All-America honoree, the men's 1,500 meters is one of their most competitive races. With three runners qualifying for regionals last season, Pitt could make a statement in the conference meet at this mark. Look for key contributors to be Bair, senior **Tim Konoval** and senior **Eric Fleming**. New to these events will be freshman **Sidi Gueye**.

"I know in the middle distances and the distance races, we have a lot of strength," said Webb. "We're going to count on those people to help us. On the men's side, I think we can get back to the top three or four places again this year. We had a couple of things happen, injury-wise, and we weren't at full strength last year. We're going to be a better team this year."

DISTANCE

Some of the injuries Webb mentioned plagued the distance runners last year, but now the Panthers return a much healthier **Andy Tomaswick** and a more experienced **Mike Long**. Both seniors, they're prepared to help the team out by scoring in the longer races as well as the steeplechase. Adding to the mix will be veterans **Steve Gonzalez**, **Curtis Larimer** and **Christian Schmidt**.

"This year, our goal is to stay healthy. Our guys look like they're a lot more fit this year than they have ever been," said Webb. "We expect a lot of help this year from Andy Tomaswick who has to stay healthy in order to do that. Steve Gonzalez is running incredibly right now. Mike Long has always been steady. In big meets he comes through; he's a pretty tough competitor."

The team has several new distance runners including **Eric Burnett**, **Dave Donahoe**, **Kyle Kaminski**, **Lane King**, **Mike Meade** and **Jeff Stortz**.

HURDLES

Pitt is returning its second NCAA qualifier with **Mike Wray** in the hurdles. He not only captured the indoor conference title in the 60-meter hurdles after heading up the conference standings for the season. He then went on to make the semifinals of the NCAA Championships and broke the meet record at the USATF Junior Nationals over the summer.

"He's qualified for the national championships. He's been a Big East champion. He's gone to the junior national meet and broke the meet record," said Webb. "I think that's going to make the difference in his performance and his attitude—the way he approaches preparing himself for the season. I think he can be an All-American, indoor and outdoor, in the hurdles this year. He has a tremendous amount of untapped talent."

Bringing some experience to the hurdles will be Gilpatrick, **Jeff Kiss**, **Brian Woods** and **Will Grinstead**.

JUMPS

Sophomore **Eric Jones** is the team's leader in jumps, placing eighth in the IC4A Championships as a freshman in the triple jump. Jones had a successful summer, competing in the USATF Junior Nationals where he placed 10th in the triple jump. Kiss, a redshirt senior, bring some experience to this area, competing in both the long and triple jumps. The Panthers will have several newcomers to this field including **Justin Hunt**, **Travis Savidge**, **Brandon Turner** and **Alonzo Webb III**.

"Some of the freshmen coming in this year, if they perform like we think they can, they'll be good," said Webb. "Some of the areas where we didn't have a strong presence like in jumps, I think we can score more points."

THROWS

A.J. Kielinski is Pitt's sole competitor in throws, bringing a strong work ethic and top performances to the field. He was the team's only point scorer on the first day of the outdoor conference championships. What was surprising was that he actually was able to compete in the meet because he injured himself a week earlier when the wire snapped on a hammer and he dislocated his shoulder. Kielinski went on to place fifth in the discus at the Big East championships.

"I've been really impressed with A.J.," said Webb. "He's the only guy we have in this area, but he's definitely going to score points both indoor and outdoor. There's not a question in my mind. He wants to be a leader for this team, and he does it by the way he prepares himself. That's the kind of guy you want to be a leader. He's a guy that's not going to make excuses. He just gets it done."

POLE VAULT/JAVELIN

Pitt is without its two top performers in these events this year, but the team does have some competitors with championship experience from last season. In the javelin, **Matt Raquet** placed 14th at the Big East Championships last year while **Ron Walter** finished fifth in the pole vault at the indoor championships.

MULTI

New faces will compete in multi events for Pitt this year with four freshmen slated to compete in this area. Hunt, Turner, Webb and **Josh Zueger** will all contribute in the heptathlon and decathlon.

2006-07 MEN'S TRACK AND FIELD ROSTER

Sam Bair	JR	M. Distance	Pittsburgh, Pa./Kent State/Shaler Area
Eric Burnett	JR	Distance	Pittsburgh, Pa./Fox Chapel
Kareem Cousar	SR	Sprints	Pittsburgh, Pa./Pittsburgh Central Catholic
Dave Donahoe	FR	Distance	Moon, Pa./Moon Area
Eric Fleming	SR	M. Distance	West Chester, Pa./Bishop Shanahan
Kevin Gilpatrick	SO	Sprints/Hurdles	Upper Darby, Pa./Upper Darby
Steve Gonzalez	SR	Distance	Johnstown, Pa./Westmont Hilltop
Will Grinstead	SO	Sprints/Hurdles	Hornell, N.Y./Hornell
Sidi Gueye	FR	M. Distance	Shaker Heights, Ohio/Shaker Heights
Justin Hunt	SO	Jumps/Multi	Monroeville, Pa./Trinity Christian
Eric Jones	SO	Jumps	Pittsburgh, Pa./Gateway
Kyle Kaminski	FR	Distance	Bethel Park, Pa./Bethel Park
A.J. Kielinski	JR	Throws	Plymouth Meeting, Pa./Kennedy-Kerrick Catholic
Lane King	FR	Distance	Fairview, Pa./Fairview
Jeff Kiss	RS SR	Hurdles/Jumps	Windber, Pa./Windber
Tim Konoval	SR	M. Distance	Parry Sound, Ontario/Central Connecticut State/Parry Sound
Curtis Larimer	JR	Distance	Colorado Springs, Colo./Palmer
Mike Long	SR	Distance	Williamsville, N.Y./Williamsville North
Mike Meade	FR	Distance	Pittsburgh, Pa./Baldwin
Sam Perkins	SO	Sprints	Kent, Ohio/Kent Roosevelt
Matt Raquet	SO	Javelin	Reading, Pa./Holy Name
Travis Savidge	FR	Jumps	Reading, Pa./Exeter Township
Christian Schmidt	SR	Distance	Pittsburgh, Pa./Penn State-Altoona/Baldwin
Jeff Stortz	FR	Distance	Upper Dublin, Pa./Upper Dublin
Andy Tomaswick	SR	Distance	Natrona Heights, Pa./Highlands
Brandon Turner	FR	Jumps/Multi	North Wales, Pa./North Penn
Ron Walter	SO	Pole Vault	Pittsburgh, Pa./Baldwin
Barrett Warden	FR	Sprints	Teaneck, N.J./Teaneck
Alonzo Webb III	FR	Jumps/Multi	Kent, Ohio/Kent Roosevelt
Brian Woods	SR	Hurdles	Loudonville, N.Y./Shaker
Mike Wray	JR	Hurdles	Philadelphia, Pa./Central
Josh Zueger	FR	Multi	Uniontown, Pa./Laurel Highlands

PANTHER PROFILES



KAREEM COUSAR • SR • SPRINTS • PITTSBURGH, PA • CENTRAL CATHOLIC

2005-06: *Indoor T/F* - Big East qualifier, placing fourth in the distance medley relay and sixth in the 1,600-meter relay...Placed in the top 20 in the 400 meters at both the Penn State Challenge Cup and Penn State Open...Finished seventh in the 200 meters, eighth in the 400 meters and third in the 1,600-meter relay at the Akron Quad. *Outdoor T/F* - Earned all-conference honors with a third-place finish in the 400-meter relay...Also placed eighth in the 1,600-meter relay at the Big East Championships...Finished fifth in the 200 meters and sixth in the 400 meters at the Nittany Lion Relays...Won the 400-meter relay at the Nittany Lion Relays...Placed third in the 400 meters at the Western PA Championships.

2004-05: *Indoor T/F* - Named an all-conference selection with a third-place finish in the 400 meters and placed fourth in the 1,600-meter relay at the Big East Championships...Won first place in the distance medley relay at the Penn State National Open and set a school record of 9:38.60 in that event at the Alex Wilson Invitational...Finished second in the 200 meters at the Black Squirrel Classic. *Outdoor T/F* - Ran to a top 10 finish in the 1,600-meter relay at the IC4A Championships...Placed fifth in the 400 meters at the Big East Championships and third in both the 400-meter relay and 1,600-meter relay...Placed in the top 10 in both the 800-meter relay and 1,600-meter relay at the Penn Relays...Placed fourth in the 800 meters at the Sea Ray Relays.

2003-04: *Indoor T/F* - Finished seventh in the 1,600-meter relay at the Big East Championships...Placed seventh in the 1,600-meter relay and had top-20 finishes in the 200 meters and 400 meters at the Penn State Challenge Cup...Posted a ninth-place finish in the 400 meters and second-place finish in the 1,600-meter relay at the Black Squirrel Classic. *Outdoor T/F* - Placed fifth in the 400-meter relay and 1,600-meter relay at the Big East Championships...Posted a top-40 finish in the 400 meters at the Sea Rays Relays and competed in the 100 meters, 200 meters and 400 meters at the Charlotte 49er Classic.

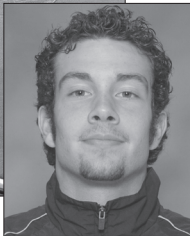
High School: 2003 WPIAL Champion in the 400

meters...Placed in the top 10 in both the outdoor and indoor PA state championships...Set school record in the 400 meters...Named team captain...All-district track and field...Led his team to a WPIAL team championship...Also competed in baseball, basketball and football...On M.A.P.S. leadership committee and high honor roll.

Personal: Son of Alan and Valerie Cousar...Has one brother and one sister...Born February 20, 1985...Majoring in architectural studies.

COUSAR'S HIGHLIGHTS/HONORS:

- 60 meters - 7.63
- 200 meters - 22.26
- 400 meters - 48.52
- DMR - 9:38.60 **Outdoor Record**
- Big East All-Conference (Indoor 05, Outdoor 05)



ERIC FLEMING • SR • M. DISTANCE • WEST CHESTER, PA • BISHOP SHANAHAN

2005-06: *XC* - Placed sixth at the Duquesne Duals before an injury sidelined him for the rest of the season. *Outdoor T/F* - Advanced to the NCAA regional championships, placing 10th in the 1,500 meters...Finished eighth in the 1,500 meters at the IC4A Championships...Qualified for the Big East Championships, placing ninth in the 1,500 meters and sixth in the 3,200-meter relay...Won the 1,500 meters at both the Slippery Rock Invitational and Nittany Lion Relays.

2004-05: *XC* - Finished in 54th at regionals with a time of 32:21...Placed in the top 20 at the Duquesne Invitational. *Indoor T/F* - Finished sixth at the IC4A Championships with a personal-best time in the mile...Big East qualifier, placing in the top 10 in both the distance medley relay and 3,200-meter relay...Placed second in the mile at the Akron Invitational and in the top 10 at the Penn State Challenge Cup. *Outdoor T/F* - Broke the school record in the 3,000 meters at the Charlotte 49er Classic with a time of 8:48.65 for fourth place...Placed fourth at the Big East Championships in the 3,200-meter relay...Finished in the top 10 of the 5,000 meters at the Sea Ray Relays.

2003-04: *XC* - Led the team at regionals with a 79th-place finish and a time of 32:30.00...Placed 31st at the Big East Championships. *Indoor T/F* - Big East qualifier, placing eighth in the mile with a time of 4:15.44 and eighth in the 3,200-meter relay...Won the distance medley relay and placed third in the 1,000 meters and fourth in the 3,000 meters at the Black Squirrel Classic...Placed fourth in the mile at the Penn State Challenge Cup and ninth at the Penn State Open. *Outdoor T/F* - IC4A qualifier, placing 13th in the mile...Qualified for the Big East Championships and finished seventh in the 1,500 meters and third in the 3,200-meter relay.

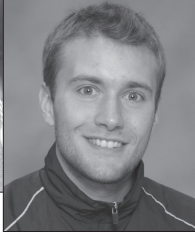
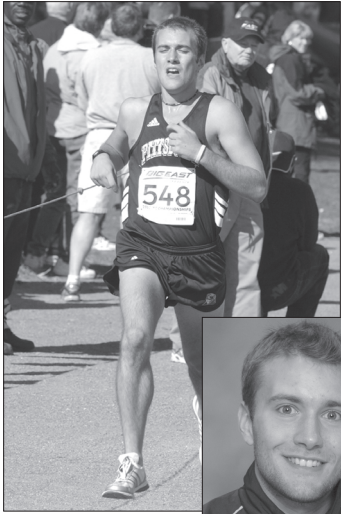
High School: AAU National Champion in junior year...District 1 champion in mile and two-mile...Fourth-place finish at states in the mile for junior year and second place at states in cross country and two-mile for his senior year...all-league, all-state

and All-American honorable mention...Played soccer and was all-league, all-district and all-state honorable mention.

Personal: Son of Joe and Sharon Fleming...Has two brothers...Born May 9, 1985...Majoring in accounting.

FLEMING'S HIGHLIGHTS/HONORS:

- 800 meters - 1:56.34
- 1,500 meters - 3:49.30
- Mile - 4:07.61
- 3,000 meters - 8:34.95 **Outdoor Record**
- 5,000 meters - 15:13.00
- NCAA Regional Cross Country - 32:21.00



STEVE GONZALEZ • SR • DISTANCE • JOHNSTOWN, PA • WESTMONT HILLTOP

2005-06: *XC* - Placed 57th at the Big East Championships and took 75th at regionals...Helped lead the team at the Penn State National with a time of 26:49. *Outdoor T/F* - Placed second in the 3,000-meter steeplechase at the Nittany Lion Relays...Finished 10th in the 1,500 meters at the Western PA Championships.

2004-05: *XC* - Competed at the Big East Championships and ran for a time of 26:44...Finished 30th at the Duquesne Duals. *Indoor T/F* - Placed in the top 10 in the distance medley relay at the Penn State Challenge Cup. *Outdoor T/F* - Second-place finish in the 1,000 meters at the Fred Hardy Invitational...Top 10 finish at the Western PA Classic and Penn State Challenge Cup in the 1,500 meters and 5,000 meters respectively.

2003-04: *XC* - Ran in the regional championships for a time of 33:29.00...Placed 61st at the Big East Championships and in the top 20 at the Duquesne Invitational. *Indoor T/F* - Placed 12th in the 3,000 meters at the Black Squirrel Classic and had a top-30 finish in the 5,000 meters at the Penn State Challenge Cup. *Outdoor T/F* - Finished eighth in the 10,000 meters at the Sea Rays Relays...Placed 10th in the 5,000 meters at the Charlotte 49er Classic and posted a top-30 finish in the 3,000 meters.

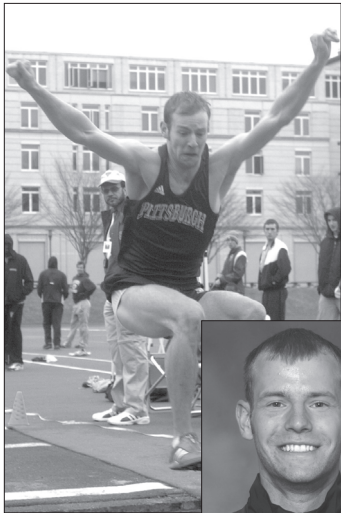
High School: 2002 District 6 PIAA 3,200 meters champion and record holder...2000 LAC conference cross country and mile champion...2002 PIAA bronze medalist in the 3,200 meters...PIAA medalist in cross country in 2000 and 2002...Set school records in both the mile and 3,200 meters...Westmont Hilltop Individual Excellency Winner in 2003...Four-time Central Western PA all-area team...Three-time all-state PIAA performance/medalist...Also on the swim team...A

GONZALEZ'S HIGHLIGHTS/HONORS:

- 1,500 meters - 3:54.36
- 5,000 meters - 15:29.41
- 10,000 meters - 31:58.33
- 3,000-meter steeplechase - 10:22.43
- NCAA Regional Cross Country - 32:19.20
- Big East All-Academic

member of the National Honor Society.

Personal: Son of Louis and Stephanie Gonzalez...Has two brothers...Born September 22, 1984...Majoring in psychology.



JEFF KISS • SR* • HURDLES/JUMPS • WINDBER, PA • WINDBER

2005-06: *Outdoor T/F* - Qualified for the Big East Championships, placing 11th in the triple jump...Placed fourth in the 110-meter hurdles and sixth in the long jump at the Nittany Lion Relays...Finished eighth in the 110-meter hurdles and ninth in the triple jump at the Slippery Rock Invitational...Placed fifth in the 110-meter hurdles, sixth in the 400-meter hurdles and ninth in the long jump at the Western PA Championships...Competed in both hurdles event and the long jump at the Raleigh Relays. *Indoor T/F* - Qualified for the Big East Championships in the 60-meter hurdles...Placed in the top 20 in the long jump at the Akron Open...Finished 16th in the 60 meters, sixth in the 60-meter hurdles and seventh in the long jump at the Akron Quad.

2004-05: *Indoor T/F* - Placed fifth in the long jump and seventh in the 60-meter hurdles at the Skip Summerville Invitational.

2003-04: *Indoor T/F* - Finished eighth in the 60-meter hurdles and 12th in the long jump at the Penn State Challenge Cup...Placed fifth in the 60-meter hurdles at the Black Squirrel Classic...Finished 22nd in the 60-meter hurdles at the Penn State National Open. *Outdoor T/F* - Placed fifth in the triple jump, 10th in the 400-meter hurdles and 12th in the 110-meter hurdles at the Slippery Rock Open...Finished ninth in the triple jump and 12th in the long jump at the Clemson Invitational...Placed in the 110-meter hurdles at the Sea Ray Relays.

2002-03: *Indoor T/F* - Placed third in the 60-meter hurdles, eighth in the triple jump and sixth in the long jump at the State Farm Games...Finished fourth in the 60-meter hurdles at the Black Squirrel Classic...Placed in the 60-meter hurdles and 200

KISS' HIGHLIGHTS/HONORS:

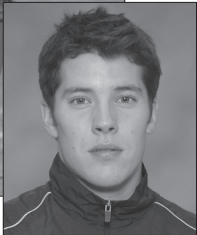
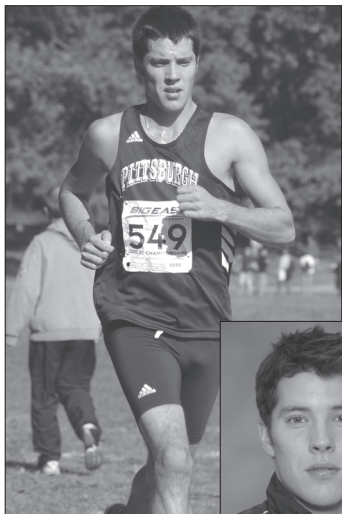
- 60 meters - 7.51
- 60-meter hurdles - 8.40
- 110-meter hurdles - 15.13
- 400-meter hurdles - 58.46
- Long Jump - 6.65 m
- Triple Jump - 13.49 m

meters at the Virginia Tech Invitational.

High School: West PAC champion in the 110meter hurdles and 300meter hurdles in both 2001 and 2002...District 5 champion in the 110-meter hurdles, 300-meter hurdles...triple jump and 1,600-meter relay in 2000...District 5 champion in the 110-meter hurdles in 2001 and 2002 as well as the 300-meter hurdles in 2002...West PAC All-Star in 2001 and 2002...All-State team indoors in 2001 and 2002...All-State team outdoors in 2002...Also participated in cross country and basketball...President of the National Honor Society.

Personal: Son of Robert and Karen Kiss...Has three brothers...Born January 20, 1984...A biology and secondary education major.

PANTHER PROFILES



TIM KONOVAL • SR • M. DISTANCE • PARRY SOUND, ONTARIO • CENTRAL CONN. ST.

2005-06: *XC* - Finished second for the Panthers and 28th overall at regionals...Placed in the top 35 at the Big East Championships...Took third at the Duquesne Duals and finished in the top 35 at the Iona Meet of Champions. *Indoor T/F* - Placed fourth in the mile, fourth in the distance medley relay and sixth in the 3,200-meter relay at the Big East Championships...Won the mile at the Akron Quad...Finished third in the mile at both the Penn State Open and Meyo Invitational. *Outdoor T/F* - NCAA East Regionals qualifier...Placed third in the 1,500 meters at the IC4A Championships...Qualified for the Big East Championships, placing fifth in the 1,500 meters and sixth in the 3,200-meter relay...Placed second in the 800 meters at the Western PA Championships...Finished fourth in the 1,500 meters at the Sea Ray Relays and seventh at the Texas Relays.

2004-05: *XC* - Cross Country MVP...Led the Panthers with a 30th-place finish at the Big East Championships...Placed 33rd at regionals and third at the Duquesne Invitational. *Indoor T/F* - Big East qualifier, placing seventh in both the 3,200-meter relay and distance medley relay...Won the distance medley relay at the Penn State National Open...Placed third in the 800 meters at the Black Squirrel Classic and fifth in the mile at the Skip Summerville Invitational. *Outdoor T/F* - NCAA regional qualifier, placing ninth in the 1,500 meters...Finished eighth in the 1,500 meters at the IC4A Championships and fourth at the Big East Championships...Also finished fourth in the 3,200-meter relay at the Big East Championships...Won the 5,000 meters at the Western PA Championships and finished third in the 1,500 meters at the Penn State Challenge Cup.

Central Connecticut State: Personal-best time of 3:50.00 in the 1,500 meters and 25:30.00 in cross country...First-place finish at the New England Championships in the 1,500 meters...2004 NEC

conference Freshmen of the Year in cross country...all-conference ninth-place finish.

High School: Completed all five years in track...Received Most Athletic Honors twice...Also participated in hockey and cross country skiing.

Personal: Son of Steve and Lori Konoval...Has two sisters...Born July 9, 1984...Majoring in exercise science.

KONOVAL'S HIGHLIGHTS/HONORS:

- 800 meters - 1:53.93
- 1,500 meters - 3:45.63
- Mile - 4:04.43
- 3,000 meters - 8:31.87
- 5,000 meters - 14:59.60
- DMR - 9:30.06 **Indoor Record**
- NCAA Regional Cross Country - 31:16.20
- Big East All-Academic



MIKE LONG • SR • DISTANCE • WILLIAMSVILLE, NY • WILLIAMSVILLE NORTH

2005-06: *XC* - Third for the Panthers and 51st overall at regionals...Placed 44th at the Big East Championships and seventh at the Duquesne Duals. *Indoor T/F* - Qualified for the Big East Championships in both the 3,000 meters and 5,000 meters...Placed fifth at the Akron Quad in the mile and 10th in the 5,000 meters at the Penn State Open. *Outdoor T/F* - Competed in the 5,000 meters at the Big East Championships...Placed fifth in the 1,500 meters at the Nittany Lion Relays...Finished fourth in the 5,000 meters at the Western PA Championships, and took ninth in the 3,000-meter steeplechase at the Sea Ray Relays.

2004-05: *XC* - Finished 72nd at regionals and 46th at the Big East Championships with a time of 25:21...Placed 15th at the Duquesne Invitational and 21st at the Great American Race. *Indoor T/F* - Set personal-best times in the 3,000 meters at the Skip Summerville Invitational, the mile at the Black Squirrel Classic and the 5,000 meters at the Akron Invitational. *Outdoor T/F* - Broke the school record in the 3,000-meter steeplechase with a time of 9:15.92 for first place at the Sea Ray Relays...Big East qualifier in the 3,000-meter steeplechase...Won the 3,000-meter steeplechase at the Fred Hardy Invitational and placed fifth in the 5,000 meters at the Penn State Challenge Cup.

2003-04: *Indoor T/F* - Had a top-30 finish in the 5,000 meters at the Penn State Challenge Cup. *Outdoor T/F* - Runner-up in the 3,000-meter steeplechase at the Charlotte 49er Classic...Placed eighth in the 3,000-meter steeplechase at the Sea Rays Relays and 10th at the Big East Championships.

High School: 2003 Section VI cross country champion...2003 ECIC Division I mile champion...2002 ECIC Division I two mile champion...All-state cross country...All-city track...Also played basketball and

soccer...Vice President of the National Honor Society and DECA Parliamentarian.

Personal: Son of Steven and Leslie Long...Has one brother...Born March 22, 1985...Majoring in marketing.

LONG'S HIGHLIGHTS/HONORS:

- 1,500 meters - 4:14.49
- Mile - 4:27.60
- 3,000 meters - 8:47.91
- 5,000 meters - 14:50.11
- 3,000-meter steeplechase - 9:15.92
- **Outdoor Record**
- NCAA Regional Cross Country - 31:49.20
- Big East All-Academic



CHRISTIAN SCHMIDT • SR • DISTANCE • PITTSBURGH, PA • PSU - ALTOONA

2005-06: XC - Placed 23rd at the Duquesne Duals...Competed in the Iona Meet of Champions as well. *Indoor T/F* - Placed in the top 20 in the 3,000 meters at the Akron Quad.

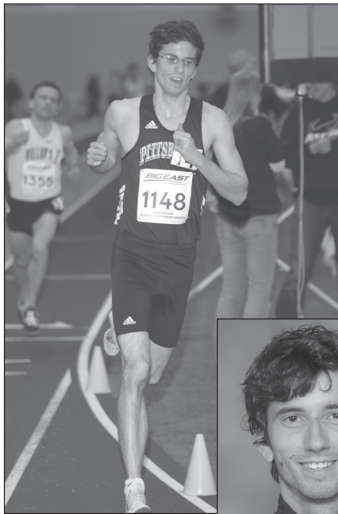
Penn State - Altoona: Set a personal-best time of 4:08.00 in the 1,500 meters.

High School: WPIAL AAA track team during his junior year...WPIAL finalist in his senior year...Also played hockey.

Personal: Son of William and Michelle Schmidt...Has one sister...Born March 25, 1985...Majoring in rehab science.

SCHMIDT'S HIGHLIGHTS/HONORS:

- 1,500 meters - 4:08.00
- 3,000 meters - 9:34.44



ANDY TOMASWICK • SR • DISTANCE • NATRONA HEIGHTS, PA • HIGHLANDS

2005-06: XC - Placed in the top 10 at the Duquesne Duals and in the top 50 at the Iona Meet of Champions before being sidelined with an injury. *Indoor T/F* - Qualified for the Big East Championships, placing ninth in the 5,000 meters and 13th in the 3,000 meters...Finished fifth at the Akron Quad in the 3,000 meters and eighth in the 5,000 meters at the Penn State Open. *Outdoor T/F* - Placed 11th in the 10,000 meters at the Raleigh Relays.

2004-05: XC - Finished 77th at the NCAA regionals with a time of 32:47...Placed 44th at the Big East Championships and 11th at the Duquesne Invitational. *Indoor T/F* - Placed in the top 10 and set a personal-best time in the 5,000 meters at the Akron Invitational...Set a personal-best time in the 3,000 meters at the Skip Summerville Invitational. *Outdoor T/F* - Qualified for the IC4A Championships in the 10,000 meters...Big East qualifier, finishing ninth in the 10,000 meters...Won the 10,000 meters at the Fred Hardy Invitational and placed third in the 5,000 meters at the Charlotte 49er Classic.

2003-04: *Indoor T/F* - Placed 10th in the mile at the Black Squirrel Classic and posted a top-30 finish at the Penn State Open. *Outdoor T/F* - Qualified for the Big East Championships in the 10,000 meters and placed 13th...Took third in the 10,000 meters at the Sea Rays Relays and third in the 5,000 meters at the Charlotte 49er Classic.

High School: Three-time PIAA state medalist...Set two school records in both the 1,600 meters and 3,200 meters...Placed 16th at the PIAA 2002 cross country championships...Finished ninth at the 2003 PIAA outdoor track championships...A member of the National Honor Society and a National Merit Scholarship student.

TOMASWICK'S HIGHLIGHTS/HONORS:

- 1,500 meters - 4:09.67
- Mile - 4:16.86
- 3,000 meters - 8:31.93
- 5,000 meters - 14:31.60
- 10,000 meters - 30:34.13
- NCAA Regional Cross Country - 32:47.00
- Big East All-Academic

Personal: Son of Scott Peters and Kathy Tomaswick...Born September 9, 1985...Majoring in electrical engineering.



PANTHER PROFILES



BRIAN WOODS • SR • HURDLES/M. DISTANCE • LOUDONVILLE, NY • SHAKER

2005-06: *Indoor T/F* - Placed ninth in the distance medley relay at the Penn State Challenge Cup...Finished sixth in the 600 meters at the Penn State Open. *Outdoor T/F* - Qualified for the Big East Championships in the 400-meter hurdles...Set a meet record with a first-place finish in the 400-meter hurdles at the Western PA Championships...Placed third in the 400-meter hurdles at the Nittany Lion Relays and 11th in the 400 meters.

2004-05: *Indoor T/F* - Placed fourth in the 1,600-meter relay at the Big East Championships...Set personal-best records in the 1,000 meters at the Black Squirrel Classic and the 600 meters at the Penn State National Open. *Outdoor T/F* - Finished seventh in the 400-meter hurdles at the Penn State Challenge Cup...Placed fifth in the 400-meter hurdles at the Fred Hardy Invitational and second at the Bennie Benson Invitational.

2003-04: *Indoor T/F* - Competed in the Big East Championships, placing eighth in the 3,200-meter relay...Placed seventh in the 300-meter hurdles and 11th in the 500 meters at the Black Squirrel Classic...Finished in the top 30 at the Penn State Challenge Cup in the 800 meters. *Outdoor T/F* - Finished fourth in the hurdles at the Slippery Rock Invitational...Placed in the top 20 at the Charlotte 49er Classic in the 400-meter hurdles.

High School: Finished third and fifth at the New York Outdoor State Championships in the 3,200-meter and 1,600-meter relays, respectively...A member of the National Honor Society.

Personal: Son of Frank and Beth Woods...Born April 17, 1985...Majoring in history and secondary education.

WOODS' HIGHLIGHTS/HONORS:

- 400 meters - 51.11
- 600 meters - 1:19.92
- 800 meters - 1:59.07
- 1,000 meters - 2:47.80
- 400-meter hurdles - 54.77



SAM BAIR JR • Distance Pittsburgh, Pa. Shaler Area

HIGHLIGHTS:

- 800 meters - 1:50.51
- 1,500 meters - 3:43.50
- Mile - 4:00.14 **Indoor Record**
- 3,000 meters - 8:34.67
- 5,000 meters - 15:02.90

- DMR - 9:38.60 **Indoor Record**
- NCAA Regional Cross Country - 30:37.00
- **2006 NCAA All-American** (1,500 meters)
- **NCAA Qualifier** (Indoor 06; Outdoor 06)
- Big East All-Conference (Indoor 05, 06; Outdoor 05, 06)

2005-06: *XC* - Led the Panthers throughout the season, placing in the top 20 of every competition...Placed ninth at regionals and nearly earned an NCAA berth, and took 12th at the Big East Championships...Won the Duquesne Duals and was the runner-up at the Paul Short Invitational. *Indoor T/F* - Qualified for the NCAA Championships in the mile...Earned all-conference honors with a third-place finish in the mile...Also finished fourth in the distance medley relay and sixth in the 3,200-meter relay at the Big East Championships...Won the mile at both the Penn State Open and the Meyo Invitational...Placed first in the 3,000 meters at the Akron Quad. *Outdoor T/F* - Earned All-America honors in second NCAA appearance of the year, finishing ninth in the 1,500 meters with a time of 3:47.00...Placed sixth at the regional championships in the 1,500 meters and fourth at the conference championships...Finished second in the 1,500 meters at the Texas Relays and third at the Sea Ray Relays.

2004-05: *XC* - With a 33rd-place finish at regionals, led the Panthers to a ninth-place team finish...Placed 41st at the Big East Championships and 26th at the Penn State National. *Indoor T/F* - Placed second in the mile and seventh in both the 3,200-meter relay and distance medley relay at the Big East Championships...Won the 800 meters at the Black Squirrel Classic and distance medley relay at the Penn State National Open...Placed fifth in the 800 meters at the Penn State Challenge Cup and second in the mile at the Skip Summerville Invitational. *Outdoor T/F* - NCAA regional qualifier in the 1,500 meters...Second-place finish in the 1,500 meters at both the IC4A and Big East Championships...Also placed

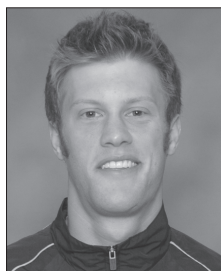
Sam Bair Continued...

fourth in the 3,200-meter relay at the Big East Championships...Won the 1,500 meters at the Fred Hardy Invitational...Finished second at the Western PA Championships and Penn State Challenge Cup in the 5,000 meters and 1,500 meters respectively.

Kent State: Did not compete.

High School: Three-time high school All-American in the mile run...*Track and Field News* All-American...Two-time mile state champion...2002 WPIAL cross country champion...Third-place finish at the Nike Indoor Classic and third-place finish at the Adidas Outdoor Championships...Gatorade Pennsylvania Male Track Athlete of the Year...A member of the National Honor Society.

Personal: Son of Samuel (asst. volunteer track coach) and Arlene Bair...Has one sister...Born July 17, 1984...Majoring in studio arts.



ERIC BURNETT JR • Distance Pittsburgh, Pa. Fox Chapel

HIGHLIGHTS:

- 1,500 meters - 4:10.00
- 5,000 meters - 16:20.00
- Cross Country - 26:43.00
- Big East All-Academic

High School: PIAA and WPIAL qualifier...Named Hometown Athlete of the Week...Was a Hometown Cross Country All-Star Team selection...Best times included 2:00.00 in the 800 meters, 51.0 in the 400 meters, 4:40.00 in the 1,600 meters and 17:05.00 in the 5K...A member of the National Honor Society.

Personal: Son of Jon and Debbie Burnett...Has one sister...Born December 24, 1984...Majoring in theatre arts and film studies.



AJ KIELINSKI
JR • Throws
Plymouth Meeting, Pa.
Kennedy-Kerrick Catholic

HIGHLIGHTS:

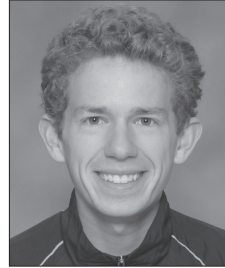
- Shot Put - 15.71 m
- Weight Throw - 18.31 m
- Hammer Throw - 51.40 m
- Discus - 49.16 m

2005-06: *Indoor T/F* - Qualified for the Big East Championships and placed sixth in the weight throw...Placed fifth in the weight throw at the Akron Open and second in the Akron Quad...Also finished sixth in the shot put at the Akron Quad. *Outdoor T/F* - Placed fifth at the Big East Championships in the discus...Broke his own meet record for a first-place finish in the hammer throw and second place in the discus at the Western PA Championships...Placed second in both the discus and hammer throw at the Nittany Lion Relays and took ninth in the hammer throw at the Raleigh Relays.

2004-05: *Indoor T/F* - Big East qualifier, placing seventh in the shot put after setting a personal-best mark...Finished in the top 10 in the shot put at the Penn State National Open...Placed eighth in the shot put and ninth in the weight throw at the Skip Summerville Invitational. *Outdoor T/F* - Qualified for the Big East Championships and placed eighth in the hammer throw...Won the hammer throw and set a meet record with a distance of 48.39 meters at the Western PA Championships...Finished fourth in the discus at the Bennie Benson Invitational and had top 10 finishes in both the shot put and hammer throw at the Penn State Challenge Cup.

High School: Six-time All-Catholic honors in shot put and discus...PA Independent champion in shot put and runner-up in discus...Named Most Outstanding Male Athlete...Qualified for the Junior Olympics...Set school records in shot put and discus...A member of the Ambler Olympic Club...Also played football and basketball.

Personal: Son of Tom and Mary Pat Kielinski...Born July 19, 1985...Majoring in sociology and political science.



CURTIS LARIMER
JR • Distance
Colorado Springs, Colo.
Palmer

HIGHLIGHTS:

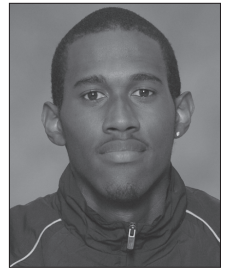
- 3,000 meters - 8:46.58
- 5,000 meters - 15:07.52
- 10,000 meters - 31:23.34
- NCAA Regional Cross Country - 32:33.10
- Big East All-Academic

2005-06: *Indoor T/F* - Placed 11th in the 5,000 meters at the Akron Open and second in the 3,000 meters at the Akron Quad. *Outdoor T/F* - Qualified for the Big East Championships, placing 16th in the 10,000 meters...Finished second in the 10,000 meters invitational at the Raleigh Relays.

2004-05: Competed in cross country only.

High School: Led cross country team to three regional championships in 2001, 2002 and 2003...Won regional championships in the 3200 meters...All-region cross country in 2002 and 2003...All-region track in 2003 and 2004...All-state academic in 2003 and 2004...An International Baccalaureate graduate and National Merit Scholar.

Personal: Son of Ryland and Colette Larimer...Has one sister...Born April 12, 1986...Majoring in engineering in the Pitt Honors College.



MIKE WRAY
JR • Sprints/Hurdles
Philadelphia, Pa.
Central

HIGHLIGHTS:

- 60 meters - 7.12
- 100 meters - 11.20
- 200 meters - 22.37
- 60-meter hurdles - 7.93
- 110-meter hurdles - 13.70
- 400-meter hurdles - 54.12
- **NCAA Qualifier** (Outdoor 06)
- **Big East Champion** - 60-meter hurdles (Indoor 06)
- Big East All-Conference (Indoor 05, 06; Outdoor 06)

2005-06: *Indoor T/F* - Big East Champion in the 60-meter hurdles with a time of 7.96...Placed third at the Penn State Challenge Cup and fifth at the New Balance Invitational in the 60-meter hurdles...Finished eighth at the Akron Quad in the 60-meter hurdles. *Outdoor T/F* - Qualified for the NCAA Championships and advanced to the semifinals of the 110-meter hurdles...Placed fourth at NCAA regionals in the 110-meter hurdles...Earned all-conference honors with a third-place finish at the Big East Championships...Won the 110-meter hurdles and 200 meters at the Nittany Lion Relays...Also won the 110-meter hurdles at the Western PA Championships.

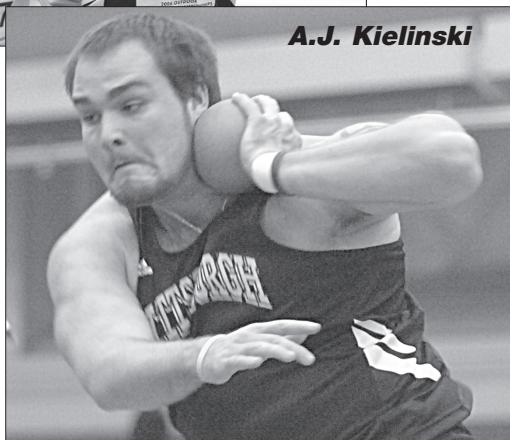
2004-05: *Indoor T/F* - Placed second in the 60-meter hurdles at the Big East Championships with a time of 7.97...Won the 60-meter hurdles at the Skip Summerville Invitational. *Outdoor T/F* - Placed fourth at the Big East Championships in the 110-meter hurdles and finished eighth in the 400-meter hurdles...Won first place and set a meet record in the 110-meter hurdles with a time of 14.65 at the Western PA Championships...Finished third in the 110-meter hurdles and fourth in the 400-meter hurdles at the Penn State Challenge Cup...Also placed second in the 400-meter relay and third in the 1,600-meter relay at that meet...Won the 110-meter hurdles and placed second in the 400-meter hurdles at the Fred Hardy Invitational.

High School: Public League champion in the 1,600-meter relay...Third-place at the indoor state championships in 2003...Public League champion in the 110-meter hurdles in 2004 and state champion in the 60-meter hurdles...First team all-state...Nike Indoor All-American...Set school records in the 60-meter, 110-meter and 400-meter hurdles.

Personal: Son of Lindford Wray and Carissima Pettus...Has one brother...Born March 24, 1987...Majoring in psychology.



Sam Bair



A.J. Kielinski

PANTHER PROFILES



KEVIN GILPATRICK
SO • Sprints/Hurdles
Upper Darby, Pa.
Upper Darby

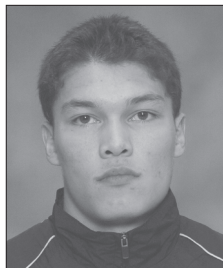
HIGHLIGHTS:

- 600 meters - 1:24.72
- 800 meters - 2:05.44
- 400-meter hurdles - 58.40

2005-06: *Indoor T/F* - Competed in the Big East Championships, placing sixth in the 3,200-meter relay...Placed third in the 600 meters at the Penn State Open and 11th in the 800 meters at the Akron Quad. *Outdoor T/F* - Placed third in the 3,200-meter relay at the Western PA Championships and in the top 30 of the 800 meters...Competed in the 400-meter hurdles in the Raleigh Relays and Slippery Rock Invitational.

High School: Placed fourth in the PIAA state championships in the 3,200-meter relay and finished seventh in the 1,600-meter relay...Named to the 3,200-meter relay National High School Honor Roll...Set five school records...A member of the National Honor Society.

Personal: Son of Roger and Kendra Gilpatrick...Has two sisters and one brother...Born September 17, 1986...Major is undeclared.



WILL GRINSTEAD
SO • Hurdles
Hornell, N.Y.
Hornell

HIGHLIGHTS:

- 600 meters - 1:26.42
- 800 meters - 2:08.44
- 60-meter hurdles - 10.97
- 400-meter hurdles - 59.24
- Big East All-Academic

2005-06: *Indoor T/F* - Placed seventh in the 1,600-meter relay at the Akron Quad and 13th in the 800 meters...Finished seventh in the 600 meters at the Penn State Open and in the top 20 at the Penn State Challenge Cup. *Outdoor T/F* - Placed fourth in the 400-meter hurdles at the Nittany Lion Relays...Finished third in the 3,200-meter relay at the Western PA Championships...Had a top 20 finish in the 400-meter hurdles at the Slippery Rock Invitational.

High School: Division II state champion in the 110-meter and 400-meter hurdles in 2005...Sectional champion in both events and the 400-meter relay and 1,600-meter relay in 2005...First person in school's history to win two state championships...Sectional champion in the 55-meter hurdles, 800-meter and 1,600-meter relays in 2005 and 110-meter hurdles in 2004...Named Livingston County All-Star and Male Track Athlete of the Year...A member of the National Honor Society.

Personal: Son of Kent and Helen Grinstead...Brother Rich was a diver at Pitt from 2001-05...Born March 22, 1987...Majoring in civil engineering.



Curtis Larimer



JUSTIN HUNT
SO • Jumps/Multi
Monroeville, Pa.
CCAC-Pittsburgh

HIGH SCHOOL HIGHLIGHTS:

- Long Jump - 6.78 m
- Triple Jump - 13.08 m
- Shot Put - 16.23 m
- Javelin - 43.43 m

High School: Participated in soccer for two years and was the team captain in basketball.

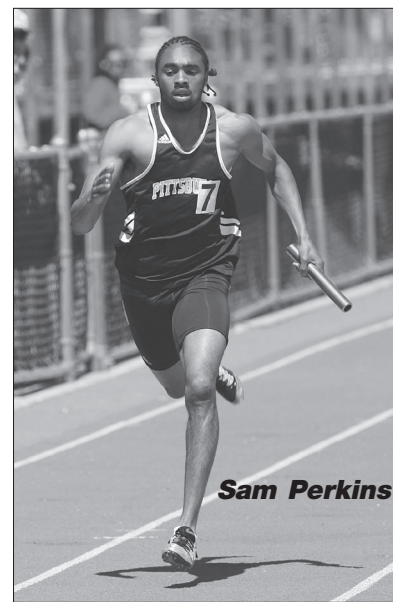
Personal: Son of James and Sheila Hunt...Has one brother...Born November 30, 1985...Majoring in finance.



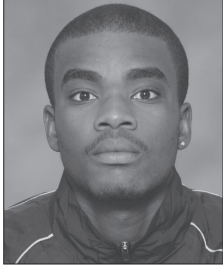
Kevin Gilpatrick



Ron Walter



Sam Perkins



ERIC JONES
SO • Jumps
Pittsburgh, Pa.
Gateway

HIGHLIGHTS:

- 100 meters - 11.87
- Long Jump - 6.41 m
- Triple Jump - 14.80 m

2005-06: *Indoor T/F* - Qualified for the Big East Championships, placing 12th in the triple jump...Finished second in the triple jump and eighth in the long jump at the Akron Quad...Placed seventh in the triple jump at the Penn State Open. *Outdoor T/F* - Placed eighth at the IC4A Championships and fifth at the Big East Championships in the triple jump...Won the event at both the Liberty Asics Invitational and Slippery Rock Invitational...Placed seventh in the long jump and second in the triple jump at the Nittany Lion Relays.

High School: Led his team to a WPIAL championship for the 2002-03 season...Placed second at the WPIAL Championships and fourth in the state in the triple jump in 2004...Named all-area and all-state...Set school record in the triple jump...Graduated with honors.

Personal: Son of Virgil and Davida Jones...Has one brother...Born July 17, 1987...Majoring in communications.



SAM PERKINS
SO • Sprints
Kent, Ohio
Kent Roosevelt

HIGHLIGHTS:

- 60 meters - 7.02
- 100 meters - 10.79
- 200 meters - 22.22
- 400 meters - 50.41

2005-06: *Indoor T/F* - Qualified for the Big East Championships in the 60 meters and 200 meters, placing sixth in the 1,600-meter relay...Placed fifth at the Akron Quad in the 60 meters and finished third in the 1,600-meter relay...Finished in the top 20 in the 1,600-meter relay at the Penn State Open. *Outdoor T/F* - Competed in the IC4A Championships in the 100 meters...Placed fifth in the 100 meters at the Big East Championships and earned all-conference honors with a third-place finish in the 400-meter relay...Won the 400-meter relay at the Nittany Lion Relays and also placed third in the 200 meters and fourth in the 100 meters...Finished second in the 200 meters and fourth in the 100 meters at the Western PA Championships.

High School: State champion in the 100 meters...Regional champion in the 100 meters...District champion in the 100 and 200 meters...County champion in the 100 and 200 meters as well as the 1,600-meter relay...Competed in Junior Nationals in the 1,600-meter relay...Also participated in football.

Personal: Son of Rhonda Perkins...Has two brothers and one sister...Born July 8, 1987...Majoring in physical therapy and rehab science.



MATT RAQUET
SO • Javelin
Reading, Pa.
Holy Name

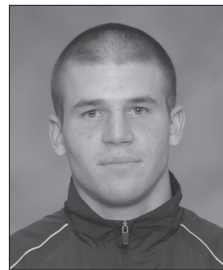
HIGHLIGHTS:

- Javelin - 55.44 m
- Big East All-Academic

2005-06: *Outdoor T/F* - Qualified for the Big East Championships and placed 14th in the javelin...Finished fifth at the Nittany Lion Relays with a personal-best throw...Placed in the top 10 at the Western PA Championships.

High School: 2005 county champion in the javelin, finishing second at the District III Championships and 10th in the state...Named all-county in 2005...led his team to win the county championships in 2005...Also played varsity basketball where he was all-county and all-division...Named first team all-state in football as a defensive back...A member of the National Honor Society and Student Ambassador.

Personal: Son of Kevin and Theresa Raquet...Has one sister...Born December 6, 1986...Majoring in communications.



RONALD WALTER
SO • Pole Vault
Pittsburgh, Pa.
Baldwin

HIGHLIGHTS:

- Pole Vault - 4.65 m

2005-06: *Indoor T/F* - Qualified for the Big East Championships and placed fifth in the pole vault with a personal-best 4.65 meters...Finished fourth at the Akron Quad and fifth at the Penn State Open.

High School: Set WPIAL and high school record at 16' 3" in 2005...State champion in 2005...WPIAL champion in 2005...Finished 11th at indoor nationals in 2004 and ninth in 2005...Finished fifth at outdoor nationals in 2004...Also participated in golf.

Personal: Son of Ronald and Judith Walter...Has one brother...Born May 6, 1987...Major is undeclared.



DAVE DONAHOE
FR • Distance
Moon Township, Pa.
Moon Area

HIGH SCHOOL HIGHLIGHTS:

- 400 meters - 51.90
- 800 meters - 2:00.00
- Mile - 4:40.00
- XC - 16:00.00

High School: Led his team to a section title in cross country as a junior and two section titles in track and field...Two-time conference champion in the 3,200-meter relay.

Personal: Son of Michael and Mary Anne Donahoe...Has two sisters...Born April 6, 1987...Major is undeclared.

PANTHER PROFILES



SIDI GUEYE
FR • Middle Distance
Shaker Heights, Ohio
Shaker Heights

HIGH SCHOOL HIGHLIGHTS:

- 400 meters - 48.70
- 800 meters - 1:54.00

High School: Two-time league champion and three-time all-league first team selection...Three-time all-city...Member of the Ohio Flyers earning seven district titles and three regional titles...Placed second at nationals in 3,200-meter relay...Placed at USA Nationals in 2006 and AAU Nationals in 2004, 2005 and 2006...Cross Country all-league selection...A member of the National Honor Society.

Personal: Son of Cleikh and Fatamatu Gueye...Has two brothers and two sisters...Born October 7, 1988...Majoring in economics.



KYLE KAMINSKI
FR • Distance
Bethel Park, Pa.
Bethel Park

HIGH SCHOOL HIGHLIGHTS:

- 1,600 meters – 4:38.00
- 3,200 meters – 9:58.00
- 5K – 16:24.00

High School: Two-time state qualifier in cross country...Placed 12th in the district in cross country...WPIAL qualifier in the 3,200 meters as a senior...WPIAL indoor qualifier and medalist in the 3,000 meters as a senior...Earned a second-degree black belt in karate and was an active volunteer in several of his area's organizations...Recipient of the High School Scholar-Athlete Award...A member of the National Honor Society and honor roll.

Personal: Son of Martin and Lidia Kaminski...Has two brothers...Born June 30, 1988...Majoring in engineering.



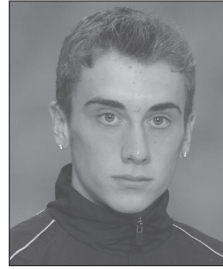
LANE KING
FR • Distance
Fairview, Pa.
Fairview

HIGH SCHOOL HIGHLIGHTS:

- 400 meters – 51.0
- 800 meters – 1:56.00
- 1,600 meters – 4:18.00
- 3,200 meters – 9:52.00
- 5K – 15:37.00

High School: Four-time state medalist and four-time state qualifier in both track and field and cross country...Won region 5 title in 2005...Placed 11th at states in cross country in 2003...Finished fourth as a junior and seventh as a senior in the 1,600 meters at the state championships...Placed third in the 3,200-meter relay at states in 2004...Named Region 5 Runner of the Year...All-conference, all-district and all-region selection...MVP of his cross country and track teams in 2006...Holds two school records in the 1,600 meters and 3,200-meter relay...Led his team to finish third at the district championships his junior year and a second-place finish at regionals his senior year...Was captain of his soccer team and was an all-region first team selection...recipient of the Walt Asking Memorial Scholarship.

Personal: Son of Tom and Pat King...has one brother and one sister...born November 24, 1987...Majoring in engineering.



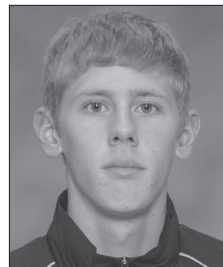
MIKE MEADE
FR • Distance
Pittsburgh, Pa.
Baldwin

HIGH SCHOOL HIGHLIGHTS:

- 400 meters – 53.60
- 800 meters – 2:00.00
- 1,600 meters – 4:30.00
- 3,200 meters – 9:56.00
- 5K – 16:29.00

High School: Led his cross country team to a section title in 2005 and his track team to four consecutive section titles...Cross country team was undefeated his senior year and track team was undefeated every year...Placed fourth all-time on high school track and field honor roll for 3,200-meter relay and finished in the top 25 in the 1,600 meters and 800 meters...Placed 17th all-time on high school cross country honor roll...Finalist at the Nike Indoor Championships in two events...Recipient of the Baldwin Karpa Award...A member of the honor roll and co-founder of school's student spirit organization.

Personal: Son of Paul and Joanne Meade...Has one brother and one sister...Born May 29, 1988...Majoring in business management.



TRAVIS SAVIDGE
FR • Jumps
Reading, Pa.
Exeter Township

HIGH SCHOOL HIGHLIGHTS:

- 110-meter hurdles – 15.54
- Long Jump – 5.99 m
- Triple Jump – 12.95 m

High School: Placed third in the district in 2006...Won the county title in 2005 ...Placed second in 2004 and 2005 in the county championships...in 2005 and 2006 was named all-division in the triple jump...Received the 2006 District 3 Sportsmanship Award...A member of the National Honor Society...Presidential Academic Fitness Award.

Personal: Son of Bradford and Wendy Savidge...Has two brothers...Born April 4, 1988...Majoring in molecular biology.



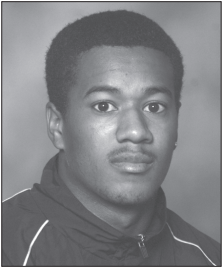
JEFF STORTZ
FR • Distance
Upper Dublin, Pa.
Upper Dublin

HIGH SCHOOL HIGHLIGHTS:

- 1,600 meters - 4:31.00
- 3,200 meters - 9:41.00

High School: Alternate for fourth place at Penn Relays in the 3,200-meter relay...Also participated in basketball, soccer, cross country, track and football.

Personal: Son of John and Nancy Stortz...Has two brothers and one sister...Born January 3, 1988...Major is undeclared.



BRANDON TURNER

FR • Jumps/Multi
North Wales, Pa.
North Penn

HIGH SCHOOL HIGHLIGHTS:

- 200 meters – 22.05
- High Jump – 1.98 m
- Triple Jump – 14.57 m

High School: Holds the freshman high jump record and the junior triple jump record at his high school...Won state title in the triple jump and team title in 2006 ...All-state selection in the high jump, triple jump, 400-meter relay, 800-meter relay and 1,600-meter relay...Honored as the 2004, 2005 and 2006 Athlete of the Year...Top-10 all-time in six events in high school...Also played football and was an all-area selection in 2005.

Personal: Son of Mark and Jackie Turner...Born March 20, 1988...Major is undeclared.



ALONZO WEBB III

FR • Jumps/Multi
Kent, Ohio
Kent Roosevelt

HIGH SCHOOL HIGHLIGHTS:

- High Jump – 1.87 m

High School: First team all-conference selection...Member of the River City Elite Track club from 1993-1999.

Personal: Son of Head Coach Alonzo and Noel Webb...Has one brother and two sisters...Born March 26, 1988...Majoring in business.



JOSH ZUEGER

FR • Multi
Uniontown, Pa.
Laurel Highlands

HIGH SCHOOL HIGHLIGHTS:

- Javelin – 21.33 m
- Triple Jump – 13.28 m
- Long Jump – 6.22 m
- High Jump – 1.82 m

High School: Team was undefeated for four seasons...Led his team to four conference titles...Named the Fayette County Track and Field Meet MVP as a junior and senior.

Personal: Son of Kathleen Messenger...Has two brothers and three sisters...Born June 25, 1987...Majoring in engineering physics.

PITT

**NO PICTURE
AVAILABLE**

BARRETT WARDEN

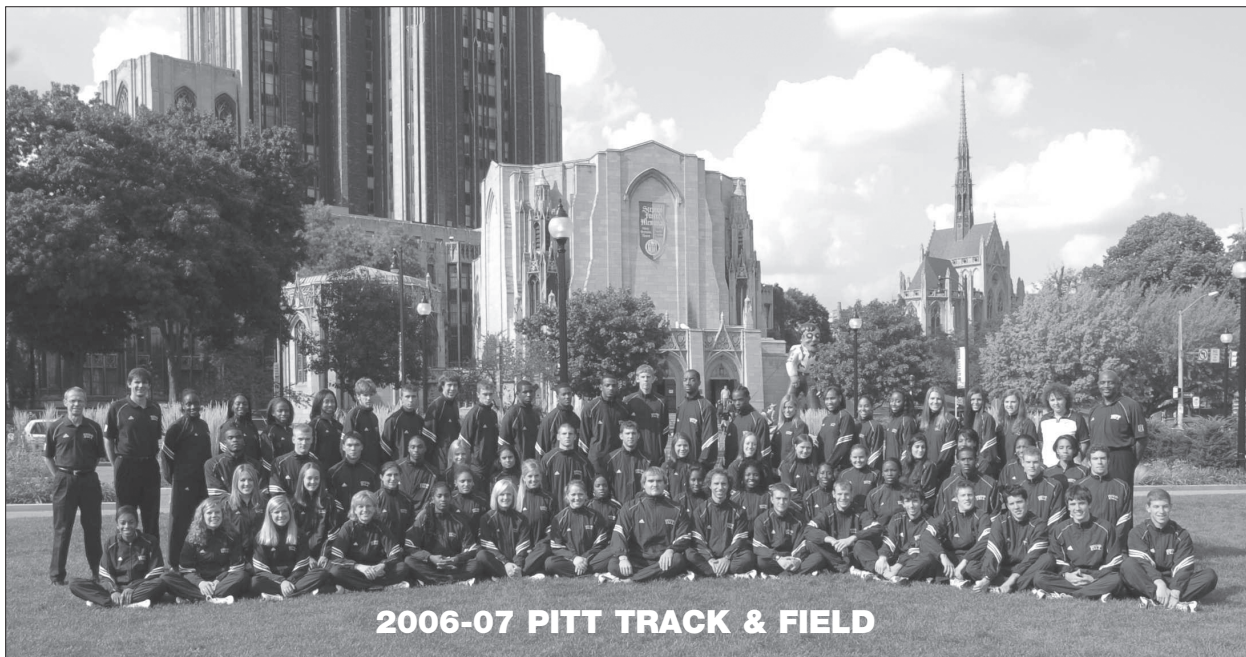
FR • Sprints
Teaneck, N.J.
Teaneck

HIGH SCHOOL HIGHLIGHTS:

- 200 meters - 22.40
- 400 meters - 50.70

High School: Indoor county relay champion in 2006...Catholic conference champion in 2006 for indoor and outdoor...State prep champion for indoor and outdoor in 2006...2006 indoor All-American in the 800-meter relay...2006 all-state selection for indoor high jump...On the high honor roll every year.

Personal: Son of Darrell Warden and Janelle Malone...Has three brothers and one sister...Born June 19, 1988...Majoring in psychology.



2006-07 PITT TRACK & FIELD

WOMEN'S PREVIEW/ROSTER

SPRINTS

The Calhoun twins, Shanea and Shantea, dominated sprints at the outdoor conference championships last year and captured the 400-meter relay title. Shantea went on to qualify for the NCAA Championships in the 200 meters, and Shanea was the conference champion in that event.

"I told them, until they take it away from you, you're still the Big East champions," said Head Coach Alonzo Webb. "Even though we had a four-by-one that I thought could win it, we didn't have the fastest time all year. But those girls knew they were a better team than that. It shows their competitiveness. Even on the anchor leg Shantea ran, that was incredible. When she got that stick, I've never seen anything like that. Shantea and Shanea, they had the meet of their lives. Everywhere you looked, they were competing."

Also returning as Big East champions are sophomores Raquel Bender and Janessa Murphy who contributed to the team's win in the 400-meter relay. While Julianna Reed and Martina Hallman have strengths in hurdles and jumps, they've also become an integral part of the sprints line up, leading the team to a third-place finish in the 1,600-meter relay at the outdoor championships. Jenn Seitz was also a welcome addition to the 2006 team, competing in the 200 meters and 400 meters. She'll provide some depth at sprints while also contributing on the relays. Veteran sprinters Elyse Goode and Carron Mitchell add depth to these events as well.

Newcomers include Patricia Anyanwu, Katelyn Brown, Brianna Broyles, Kari Hedderick and Mycaiah Clemons, a transfer from Virginia Tech.

MIDDLE DISTANCE

The middle distance races are where the Panthers hope to make great strides this year by counting on several upperclassmen as well as focusing on the talents of the freshman class. Leading the team will be senior Krystal Epps, junior Selena Sappleton and sophomore Melissa Vignetti.

"This year, Selena is going to concentrate on the 800 meters for indoor and get back to being that kind of athlete," said Webb. "She's had some great training with cross country, and that's going to help us. Melissa looks incredible this year. You can tell she's done her distance work over the summer. Krystal is working really hard to be a contributor in this area - the 800, 1000, four-by-eight and DMR."

Other possible runners could be Ali Briggs in the 1,500 and mile. Seitz may also play a role in some of these longer sprints. Brown and fellow freshman Katrina Long could also play a role.

DISTANCE

Pitt's top returner is redshirt senior Nicki Angstadt. A school record holder in the steeplechase, she will be counted on for the longer distances in the absence of Maureen McCandless.

"We expect Nicki to score in the 3,000 and 5,000," said Webb. "She has the leadership. In the steeplechase, she finished fifth a couple years ago. This year, our goal is to have her qualify for nationals in the steeplechase. She has the experience of going to Big East and ECACs. She's going to be our leader in the distance areas."

Providing depth at this area will be Briggs, Nicki Bielick, Suzy Bossart, Rachel Botham, Aly Brown, Leah Coveleski, Bailey Flask, Katelyn Fleishman, Megan Heenan and Shannon Moore.

HURDLES

Pitt has a lot of depth in the hurdles events with two-time NCAA qualifier and 2006 All-American Julianna Reed leading the way. Reed broke the outdoor school record in the 400-meter hurdles last season and qualified for the semifinals at the NCAA Championships. Pitt's other solid competitor in these events is Hallman who qualified for the finals in both the 100-meter and 400-meter hurdles at the Big East Outdoor Championships.

"That poor girl. We ran her everywhere," Webb said of Hallman. "She's so tiny, but she's a huge part of our success. You can't judge the size of a person's heart. She's one of the toughest people on the team. She was born with a special talent and competitiveness in her. She doesn't like to lose. Julianna also doesn't like to lose, and she'll prepare herself so that she doesn't."

Sappleton is also one of the emerging leaders in this group, turning in top performances in the 400-meter hurdles last season. Newcomers include Anyanwu, Broyles, Clemons, Akiesha Gilchrist and Sossena Wood.

JUMPS

Hallman and Murphy are Pitt's two veteran jumpers. Hallman won the outdoor conference title in the long jump last season, and Murphy earned indoor all-conference honors after placing second in the long jump. Both were also

regional qualifiers. Also returning is Mitchell, and newcomers include Kendall Butch and Shanae' Thomas.

THROWS

Kim Rorabaugh will be back as Pitt's leading thrower after redshirting last spring with an injury. Rorabaugh was a Big East all-conference selection as a sophomore and has taken on a leadership role for her senior year.

"Sophomore year she was great," said Webb. "She was 11th going into the Big East Championships, and she ended up finishing third and scoring points for us. It was unexpected, but it happened because she's a competitor and has a great work ethic. She got strong and was able to help the team. That was really exciting for her."

Stacey Bilan is Pitt's other thrower, returning for her sophomore season. She was an ECAC and Big East qualifier in the discus.

POLE VAULT/JAVELIN

With the loss of its leading pole vaulter and several javelin throwers, the team only returns Nicole Pitchford in the pole vault and Bilan in the javelin. Pitchford vaulted to a personal-best 3.90 meters at last season's Sea Ray Relays. She was additionally a Big East qualifier both indoor and outdoor. The Panthers will also have freshman Janelle Adams who comes in with a personal-best 3.35 meters. Bilan will be Pitt's only javelin competitor, having qualified for the Big East Championships last season.

MULTI

Kristin Johnson is Pitt's only multi competitor returning. She was a Big East qualifier as a freshman and recorded a personal-best 3,517 in the heptathlon. Newcomer Erinn McMahon will also compete in multi events and possibly jumps.

2006-07 WOMEN'S TRACK AND FIELD ROSTER

Janelle Adams	FR	Pole Vault	Altoona, Pa./Altoona
Nicki Angstadt	RS SR	Distance	Kutztown, Pa./Fleetwood
Patricia Anyanwu	FR	Sprints/Hurdles	Greenbelt, Md./Eleanor Roosevelt
Raquel Bender	SO	Sprints	Penn Hills, Pa./Penn Hills
Monica Bhattacharjee	SO	Distance	Penfield, N.Y./Penfield
Nikki Bielick	JR	Distance	Greensburg, Pa./Greensburg Salem
Stacey Bilan	SO	Throws	Doylestown, Pa./Central Bucks West
Suzy Bossart	SR	Distance	Greensburg, Pa./Greensburg Salem
Rachel Botham	SO	Distance	Shoreline, Wash./Shorewood
Ali Briggs	JR	Distance	Washington, Pa./Washington
Aly Brown	SO	Distance	Hickory, Pa./Fort Cherry
Katelyn Brown	FR	Sprints	Pittsburgh, Pa./Schenley
Brianna Broyles	FR	Sprints/Hurdles	Allentown, Pa./William Allen
Kendall Butch	FR	Jumps	Butler, Pa./Butler
Shanea Calhoun	JR	Sprints	New Haven, Conn./Wilbur Cross
Shantea Calhoun	JR	Sprints	New Haven, Conn./Wilbur Cross
Mycaiah Clemons	SO	Sprints/Hurdles	New Kensington, Pa./Virginia Tech
Leah Coveleski	SR	Distance	Union City, Pa./Seneca
Krystal Epps	SR	M. Distance	Butler, Pa./Butler
Bailey Flask	SO	Distance	Pickerington, Ohio/Pickerington North
Katelyn Fleishman	SR	Distance	Monroeville, Pa./Gateway
Akiesha Gilchrist	FR	Hurdles	Harrisburg, Pa./Central Dauphin
Elyse Goode	JR	Sprints	Ambridge, Pa./Ambridge
Martina Hallman	JR	Jumps/Hurdles	Miami, Fla./Miami Southridge
Kari Hedderick	FR	Sprints	Erie, Pa./Fort Lebouf
Megan Heenan	SO	Distance	Clarendon Hills, Ill./Hinsdale Central
Kristin Johnson	SO	Multi	Somerset, Pa./Somerset
Katrina Long	FR	M. Distance	Los Angeles, Calif./Crossroads
Erinn McMahon	FR	Multi	Southampton, Pa./Saint Basil Academy
Carron Mitchell	JR	Jumps/Sprints	Coral Springs, Fla./Coral Springs
Shannon Moore	SR	Distance	Altoona, Pa./Bishop Gulifoye
Janessa Murphy	SO	Jumps/Sprints	Malvern, Pa./Great Valley
Nicole Pitchford	JR	Pole Vault	Elwood City, Pa./Riverside
Julianna Reed	SR	Hurdles/Sprints	Gibsonia, Pa./Hampton
Kim Rorabaugh	SR	Throws	Clymer, Pa./Purchase Line
Selena Sappleton	SO	Hurdles	Brooklyn, N.Y./A.P. Randolph
Jenn Seitz	FR	Sprints	Allison Park, Pa./Hampton
Shanae' Thomas	FR	Jumps	Philadelphia, Pa./John Hallahan Catholic
Melissa Vignetti	FR	M. Distance	Pittsburgh, Pa./McMurray
Sossena Wood	FR	Hurdles	Laurel, Md./Eleanor Roosevelt

NICKI ANGSTADT • SR* • DISTANCE • KUTZTOWN, PA • FLEETWOOD



2005-06: XC - Led the Panthers, placing 17th at the Big East Championships...Top 35 finish at the NCAA Regional Cross Country Championships. *Indoor T/F* - Big East qualifier finishing seventh in the 5,000 meters and 11th in the 3,000 meters...Placed third at the Akron Quad in the 3,000 meters and fourth in the 5,000 meters at the Penn State Open.

Outdoor T/F - Finished second in the 3,200-meter relay at the Western PA Championships...Posted top-10 finishes in every competition including sixth at the Texas Relays in the 5,000 meters and ninth at the Sea Rays Relays in the 3,000-meter steeplechase.

2004-05: XC - Finished 47th at the Big East Championships. *Indoor T/F* - Big East qualifier placing 10th in the 3,000 meters and ninth in the 5,000 meters. *Outdoor T/F* - Set a school record of 10:39.43 in the steeplechase...NCAA regional qualifier in the steeplechase...Big East outdoor qualifier placing fifth in the steeplechase and ninth in the 5,000 meters...Won the steeplechase at the Fred Hardy Invitational.

2003-04: *Indoor T/F* - Big East qualifier in the 3,000 meters and 5,000 meters...Placed eighth in the 3,000 meters at the Black Squirrel Classic...Finished 11th in the 3,000 meters at the Red Simmons Invitational and 11th in the 5,000 meters at the Penn State Open. *Outdoor T/F* - Set a school record in the steeplechase with a time of 11:10.71 at the Big East Championships and earned an eighth-place finish...Also placed ninth at the conference championships in the 5,000 meters...Won the 3,000-meter steeplechase at the Charlotte 49er Classic.

2002-03: Did not compete.

High School: Record holder in the 1,600 meters and 3,200 meters...Four-time medalist at the PIAA-AA Cross Country Championships...Three-time

state medalist in the 3,200 meters...Named to the Berks County All-Star Team for both cross country and track and field...Also competed on the swim team...A member of the National Honor Society.

Personal: Daughter of Gary and Karin Angstadt...Has one sister...Born March 31, 1984...Majoring in political science and accounting.

ANGSTADT'S HIGHLIGHTS/HONORS:

- 1,500 meters - 4:48.86
- Mile - 5:16.62
- 3,000 meters - 9:56.77
- 5,000 meters - 16:57.22
- 3,000-meter SC - 10:39.43 **Outdoor Record**
- Big East All-Academic

SUZY BOSSART • SR • DISTANCE • GREENSBURG, PA • GREENSBURG SALEM



2005-06: XC - Finished 70th at regionals with a time of 22:27.10...Placed 55th at the Big East Championships with a time of 23:06.00...Took seventh at the Duquesne Duals. *Indoor T/F* - Placed seventh in the 3,000 meters at the Akron Quad and had top-25 finishes in the 5,000 meters at both the Penn State Open and Akron Open.

2004-05: XC - Competed in the Big East Championships, placing in the top 100 with a time of 24:01.00. *Indoor T/F* - Competed in the 3,000 meters during the indoor season at the Golden Flash Gala.

Outdoor T/F - Big East qualifier placing 11th in the 10,000 meters...Won the 10,000 meters at the Fred Hardy Invitational...Outdoor season also included the 1,500 meters and 5,000 meters.

2003-04: *Indoor T/F* - Qualified for the Big East Championships in the 3,000 meters...Placed fourth in the Penn State Open in the 5,000 meters...Finished seventh in the 3,000 meters at the Black Squirrel Classic and eighth at the Red Simmons Invitational. *Outdoor T/F* - Posted a top-15 finish in the 10,000 meters at the Big East Championships...Placed third in the 5,000 meters and 12th in the 3,000 meters at the Charlotte 49er Classic.

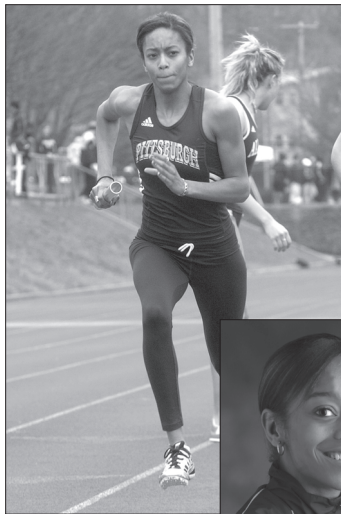
High School: Named to cross country all-county for four years...Team won the Westmoreland County Cross Country Championships in 2001...Finished in the top 10 of the county for four years and was the runner-up her senior year...Finished ninth at the WPIAL Championships...Finished 33rd in the state in cross country...Cross country and track and field captain in 2002 and 2003...A member of the National Honor Society and leadership group.

Personal: Daughter of Kenneth and Paula Bossart...Has two sisters and one brother...Born February 23, 1985...Majoring in exercise science.

BOSSART'S HIGHLIGHTS/HONORS:

- 1,500 meters - 5:13.17
- 3,000 meters - 10:55.33
- 5,000 meters - 18:10.11
- 10,000 meters - 37:46.81
- NCAA Regional XC - 22:27.10
- Big East All-Academic

PANTHER PROFILES



KRYSTAL EPPS • SR • MIDDLE DISTANCE • BUTLER, PA • BUTLER

2005-06: *Indoor T/F* - Big East qualifier in the 800 meters, running for a time of 2:19.30 and placed sixth in the 3,200-meter relay...Had top-five finishes in the 800 meters and 1,600-meter relay at the Akron Quad...Placed 14th in the 800 meters at the Penn State Challenge Cup. *Outdoor T/F* - Finished 10th in the 3,200-meter relay at the Big East Championships...Won the 800 meters and placed second in the 1,600-meter relay at the Slippery Rock Invitational...Finished second in the 3,200-meter relay at the Western PA Championships and fourth in the 800 meters at the Nittany Lion Relay.

2004-05: *Indoor T/F* - Placed fourth in the 800 meters at the Skip Summerville Invitational... Finished fourth in the 400 meters at the Black Squirrel Classic... Set a personal-best time of 2:15.29 seconds in the 800 meters at the New Balance Collegiate Invitational... Set a personal best time of 1:33.12 seconds in the 600 meters at the Penn State Challenge Cup. *Outdoor T/F* - Placed fifth at the Charlotte 49er Classic in the 800 meters... Finished second in the 800 meters at the Fred Hardy Invitational... At the Western Pennsylvania Classic, she finished first in the 800 meters with a time of 2:16.70.

2003-04: *Indoor T/F* - Placed 10th at the Big East Championships in the 3,200-meter relay... Won the distance medley relay at the Black Squirrel Classic and placed sixth in the 1,000 meters...Finished seventh in the 600 meters at the Penn State Challenge Cup and had a top-10 finish in the 800 meters at the Red Simmons Invitational. *Outdoor T/F* - Qualified for the Big East Championships and finished in the top 20 of the 800 meters and placed sixth in the 3,200-meter relay...Won the 200 meters, 400 meters and 800 meters at the Slippery Rock Invitational.

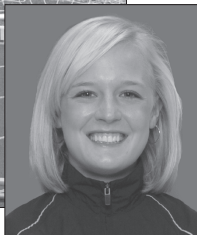
High School: WPIAL champion in the 800 meters as a sophomore and senior...Placed second in the 400 meters at WPIAL Championships...Qualified for

nationals her junior year...Finished third at states as a freshman...Set a school record in the 3,200-meter relay

Personal: Daughter of Paul and Dorothea Epps...Has one brother...Born January 2, 1985...Majoring in Africana studies.

EPPS' HIGHLIGHTS/HONORS:

- 600 meters - 1:33.12 **Indoor Record**
- 800 meters - 2:14.28
- 1,500 meters - 5:25.82



JULIANNA REED • SR • HURDLES/MULTI • PITTSBURGH, PA • HAMPTON

2005-06: *Indoor T/F* - Big East qualifier, placing fourth in the 1,600-meter relay and seventh in the 500 meters...Won the 500 meters with a meet record 1:13.22 and the 800-meter relay with a school record 1:39.83 at the New Balance Invitational...Won the 60-meter hurdles and place fourth in the 1,600-meter relay at the Akron Quad...Posted top-10 finishes in the 400 meters and 1,600-meter relay at the Penn State Open. *Outdoor T/F* - Earned All-America honors by advancing to the semifinals of the 400-meter hurdles at the NCAA Championships...Was an NCAA automatic qualifier with a third-place finish in the 400-meter hurdles and a school record time of 57.45 at regionals...ECAC Champion in the 100-meter hurdles and 400-meter hurdles...Placed second in the 400-meter hurdles and 1,600-meter relay and fourth in the 100-meter hurdles at the Big East Championships...Won the 400-meter relay and 800-meter relay in the ECAC divisions of the Penn Relays...Won the 400-meter hurdles at the Western PA Championships with a meet and facility record and at the Slippery Rock Invitational...Finished third in the 400-meter hurdles and second in the 800-meter relay at the Raleigh Relays.

2004-05: *Indoor T/F* - Set a personal best time in the 400 meters with 58.11 seconds at the Skip Summerville Invitational... Placed first at the Summerville Invitational in the 60-meter hurdles with a time of 8.69 seconds...Set a personal best time at the Penn State Challenge Cup in the 200 meters with a time of 25.10 seconds... Set a personal-best time in the 60-meter hurdles at the ECAC Indoor Championships with a time of 8.49 seconds. *Outdoor T/F* - Finished first in the 400-meter hurdles at the Penn State Challenge Cup with a time of 1:00.14 seconds...At the Big East Championships, she finished first in the 400-meter hurdles with a time of 59.42 seconds... Finished second in the 400-meter hurdles at the ECAC championships... A member of the 400-meter relay team that placed first at the ECAC Championships.

2003-04: *Indoor T/F* - Finished fourth in the pentathlon with 3,055 points at the Golden Flash Gala and fourth at the Penn State Open with 3,276 points...Placed ninth in the 600 meters and 16th in the 60-meter hurdles at the Red Simmons Invitational...Posted a top-20 finish in the 60-meter hurdles at the Penn State Challenge Cup. *Outdoor T/F* - Regional qualifier in the 400-meter hurdles with an 18th-place finish...Placed sixth at the ECAC Championships in the 400-meter hurdles...Qualified for the Big East Championships in the 400-meter hurdles, placing 10th overall...Finished sixth in the 400-meter hurdles and placed in the top 20 of the 100-meter hurdles at the 49er Classic...Posted a top-20 finish in the 400-meter hurdles at the Sea Ray Relays.

High School: 2003 WPIAL champion in the 100-meter hurdles and 300-meter hurdles, setting WPIAL and school records in both events...Two-time state runner-up in the 300-meter hurdles...Three-time high school team MVP...An honor roll student-athlete.

Personal: Daughter of James and Carolyn Reed...Has one brother and one sister...Born July 29, 1985...Majoring in nursing.

REED'S HIGHLIGHTS/HONORS:

- 200 meters - 25.10
- 400 meters - 56.13
- 500 meters - 1:13.22
- 60-meter hurdles - 8.49
- 100-meter hurdles - 13.70
- 400-meter hurdles - 57.45 **Outdoor Record**
- 800-meter relay - 1:39.83 **Indoor Record**
- **2006 NCAA All-American** (400-meter hurdles)
- **NCAA Qualifier** (Outdoor 05, 06)
- **ECAC Champion** - 100-meter hurdles (Outdoor 06), 400-meter hurdles (Outdoor 06)
- **Big East Champion** - 400-meter hurdles (Outdoor 05), 1,600-meter relay (Outdoor 05)
- Big East All-Conference (Outdoor 05, 06)
- Big East All-Academic



KIM RORABAUGH • SR • THROWS • CLYMER, PA • PURCHASE LINE

2005-06: *Indoor T/F* - Big East qualifier, placing seventh in the weight throw with a mark of 16.28 meters and 10th in the shot put...Placed fourth in both the shot put and weight throw at the Akron Quad...Finished eighth in the weight throw at the Akron Open and seventh in that event at the Penn State Challenge Cup...Earned top-20 finishes in the shot put and weight throw at the Penn State National Open. *Outdoor T/F* - Redshirted.

2004-05: *Indoor T/F* - Placed fifth in the shot put at the Black Squirrel Classic... Finished first at the Akron Invitational in the weight throw with a mark of 15.96 meters... Set a personal-best mark of 13.59 meters in the shot put at the Big East Championships... Earned all-conference honors after placing third at the Big East Championships with a 17.54 meters score in the weight throw, a personal best mark. *Outdoor T/F* - Finished fourth in the hammer throw at the Fred Hardy Invitational... At the Western Pennsylvania Championships, placed second in the shot put and discus, and she placed fourth in the hammer throw... Finished third in the discus at the Bennie Benson Invitational... Finished third in the hammer throw and discus at the Penn State Challenge Cup.

2003-04: *Indoor T/F* - Qualified for the Big East Championships, placing in the top 20 in the shot put with a throw of 11.33 meters...Finished 10th in the shot put and 14th in the weight throw at the Red Simmons Invitational...Placed 14th in both the shot put and weight throw at the Black Squirrel Classic and 17th in both events at the Penn State Challenge Cup...Earned a top-20 finish in the weight throw at the Penn State National Open. *Outdoor T/F* - Placed in the top 20 in both the discus and hammer throw at

RORABAUGH'S HIGHLIGHTS/HONORS:

- Shot Put - 13.59 m
- Weight Throw - 17.54 m
- Hammer Throw - 52.69 m
- Discus - 41.09 m
- Big East All-Conference (Indoor 05)
- Big East All-Academic
- VP of Pitt Student-Athlete Advisory Committee

the Big East Championships...Finished eighth in the discus, 10th in the shot put and 12th in the hammer throw at the Charlotte 49er Classic.

High School: 2003 PIAA-AA shot put state champion...PTFCA indoor shot put champion...District 6 shot put and discus champion...Placed fourth at Penn Relays in the shot put...All-state and all-city track team...2001-03 track and field MVP...Set school records in the shot put and discus...Also participated in volleyball and basketball...A member of the National Honor Society and President of the student council.

Personal: Daughter of Joe and Debra Rorabaugh...Has one brother and two sisters...Born December 12, 1984...Majoring in communication science and disorders and pursuing medical school.



NIKKI BIELICK
JR • Distance
Greensburg, Pa.
Greensburg Salem

HIGHLIGHTS:

- 1,500 meters - 5:30.85
- 3,200 meters - 11:31.00
- 5,000 meters - 19:29.00
- XC - 24:54.00
- Big East All-Academic

2005-06: *XC* - Personal-best time was 24:01.00 at the Paul Short Invitational...Placed fourth at the Duquesne Duals...*Outdoor T/F* - Competed in the 1,500 meters at the Western PA Championships.

2004-05: *XC* - Placed 17th in the Duquesne Duals and ninth in the Duquesne Invitational...Finished 64th at the Big East Championships with a time of 23.37.

High School: Track and field and cross country state qualifier...2003 cross country second-place finish in Westmoreland County...2004 WPIAL fourth-place finish in the 3,200 meters...2003 WPIAL ninth-place finish in cross country...Vice President of the National Honor Society and President of her class.

Personal: Daughter of Merle and Toni Ann Bielick...Has one brother...Born June 22, 1986...Majoring in accounting.



ALI BRIGGS
JR • Distance
Washington, Pa.
Washington

HIGHLIGHTS:

- 800 meters - 2:23.77
- 1,500 meters - 5:00.45
- Mile - 5:09.74
- 3,000 meters - 10:36.91
- 5,000 meters - 18:37.77
- NCAA Regional XC - 22:39.00
- Big East All-Academic

2005-06: *XC* - Finished in the top 100 at NCAA regionals with a time of 22:39.00...Placed 54th at the Big East Championships and led the Panthers, placing second in the Duquesne Duals. *Indoor T/F* - Placed 11th in the 3,000 meters at the Akron Open...Competed in the mile at the Penn State Open and Penn State Challenge Cup, finishing 15th and 18th respectively.

2004-05: *XC* - Placed in the top 100 at regionals and 63rd at the Big East Championships. *Indoor T/F* - Placed fourth in the Black Squirrel Classic in the 800 meters...Set a personal best in the mile at the Penn State National Open with a time of 5:16.62 seconds. *Outdoor T/F* - Finished seventh in the 5,000 meters at the Fred Hardy Invitational...Finished seventh in the 1,500 meters at the Western Pennsylvania Classic in the 1,500 meters...Placed second in the 5,000 meters at the Bennie Benson Invitational.

High School: 2004 WPIAL track champion in the 800 meters...Runner-up in the 1,600-meter relay at the 2004 WPIAL Championships...2004 PIAA medalist in the 800 meters...2003 Washington County cross country champion...2003 WPIAL championships runner-up in cross country...2003 PIAA cross country medalist...Three-time PIAA qualifier in cross country...Recipient of KDKA-TV's "Extra Effort Award"...A member of the National Honor Society.

Personal: Daughter of Andrew and Claudia Briggs...Has two brothers...Born October 29, 1985...Majoring in anthropology and history.



SHANEA CALHOUN

JR • Sprints
New Haven, Conn.
Wilbur Cross

HIGHLIGHTS:

- 60 meters - 7.50
- 100 meters - 11.68
- 200 meters - 23.55
- 400 meters - 59.01
- 400-meter relay - 44.38 **Outdoor Record**
- 800-meter relay - 1:34.27 **Outdoor Record**

- **NCAA Qualifier** (Outdoor 05)
- **ECAC Champion** - 400-meter relay (Outdoor 05)
- **Big East Champion** - 200 meters (Outdoor 06), 400-meter relay (Outdoor 05), 1,600-meter relay (Outdoor 06)
- Big East All-Conference (Indoor 05, 06; Outdoor 05, 06)

2005-06: *Indoor T/F* – Earned all-conference honors with a second-place finish in the 200 meters at the Big East Championships...Also placed fifth in the 60 meters and fourth in the 1,600-meter relay...Won the 800-meter relay and set a school record with a time of 1:39.83 at the New Balance Collegiate Invitational...Placed in the top five of the 60 meters, 200 meters and 1,600-meter relay at the Akron Quad...Posted a top-10 finish in the 1,600-meter relay at the Penn State Open and placed seventh in the 200 meters at the Penn State Challenge Cup. *Outdoor T/F* – Qualified for NCAA East Regionals, placing eighth in the 400-meter relay and ninth in the 1,600-meter relay...ECAC champion in the 400-meter relay and placed third in the 200 meters and fourth in the 100 meters...Won two Big East titles with top finishes in the 200 meters and 400-meter relay...Also placed fifth in the 100 meters and second in the 1,600-meter relay...Won the 400-meter relay and 800-meter relay at the Penn Relays...Champion in the 400-meter relay at both the Western PA Championships and Nittany Lion Relays...Won the 800-meter relay at the Texas Relays...Set a meet record in the 1,600 meters at the Western PA Championships and finished second in both the 100 meters and 200 meters...Placed second in the 800-meter relay at the Raleigh Relays.

2004-05: *Indoor T/F* - Placed fifth in the 60 meters at the Skip Summerville Invitational...Finished first in the 60 meters at the Black Squirrel Classic with a time of 7.67 seconds...Set a then-personal best in the 400 meters at the Penn State National Open with a time of 1:00.01 seconds...Set a personal best in the 60 meters with a time of 7.50 at the New Balance Collegiate Invitational. *Outdoor T/F* - Finished third in the 100 meters at the ECAC championships and won in the 400-meter relay...A member of the 1,600-meter relay team that placed first at the Big East Championships...At the Fred Hardy Invitational, finished first in both the 100 and 200 meters...Set a meet record at the Western PA Championship with a time of 25.02 seconds in the 200 meters and also won the 400 meters.

High School: 2004 Gatorade Athlete of the Year...New England champion in the 200 meters...Fifth-place finish at adidas Outdoor Championships in the 200 meters...Two-time MVP of the *New Haven Register*...Four-time all-area in outdoor and named all-area for indoor...Also participated in basketball and volleyball.

Personal: Shanea is the daughter of Danny Brown and Deloris Calhoun-Mills...Twin sister is also on the team...Born March 11, 1986...Majoring in sociology.



SHANTEA CALHOUN

JR • Sprints
New Haven, Conn.
Wilbur Cross

HIGHLIGHTS:

- 60 meters - 7.46
- 100 meters - 11.54 **Outdoor Record**
- 200 meters - 23.39
- 400 meters - 58.37
- 400-meter relay - 44.38 **Outdoor Record**

- 800-meter relay - 1:34.27 **Outdoor Record**
- **NCAA Qualifier** (Outdoor 05, 06)
- **ECAC Champion** - 400-meter relay (Outdoor 05)
- **Big East Champion** - 400-meter relay (Outdoor 06), 1,600-meter relay (Outdoor 05)
- Big East All-Conference (Indoor 06; Outdoor 05, 06)

2005-06: *Indoor T/F* – Placed fourth in the 60 meters and 1,600-meter relay at the Big East Championships...Won the 800-meter relay and set a school record with a time of 1:39.83 at the New Balance Collegiate Invitational...Also placed fifth in the 60 meters with a time of 7.70...Champion in the 60 meters at the Akron Quad and placed second in the 200 meters and fourth in the 1,600-meter relay...Had top-10 finishes in the 200 meters and 1,600-meter relay at the Penn State Open. *Outdoor T/F* – NCAA qualifier for the second consecutive year, running in the 200 meters with a time of 23.82 in preliminaries...Placed seventh at NCAA regionals to earn an at-large bid in the 200 meters and also placed eighth in the 400-meter relay and ninth in the 1,600-meter relay...Won the 400-meter relay and placed second in the 100 meters and 200 meters at the ECAC Championships...Big East champion in the 400-meter relay and placed second in the 100 meters, 200 meters and 1,600-meter relay for all-conference honors...Won the 400-meter relay and 800-meter relay at the Penn Relays...Set a meet and facility record in the 200 meters with a time of 24.64 at the Western PA Championships and swept every event, claiming first place in the 100 meters, 400-meter relay and 1,600-meter relay...Placed second in the 100 meters at the Raleigh Relays...Won the 400-meter relay at the Nittany Lion Relays.

2004-05: *Indoor T/F* - Finished first in the 60 meters at the Skip Summerville Invitational with a time of 7.66 seconds...Finished first in the 200 meters at the Black Squirrel Classic with a time of 24.66 seconds...Set a personal-best time of 57.91 seconds in the 400 meters at the Penn State National Open...Set personal bests in the 60 and 200 meters at the Penn State Challenge Cup. *Outdoor T/F* - Won the 400-meter relay at the ECAC Championships...Won the 1,600-meter relay at the Big East Championships and claimed all-conference honors after a third-place finish in the 200 meters...Finished third in the 200 meters at the Fred Hardy Invitational...At the Western PA Championships, placed second in the 200 meters and third in the 400 meters...Finished second in the Penn State Challenge Cup in the 200 meters.

High School: State champion in the 400 meters and runner-up in the 100 and 200 meters...adidas National Championship All-America in the 100 meters...New England champion in the 400 meters and 100 meters...Indoor and outdoor co-MVP of *New Haven Register*...Also competed in volleyball and basketball.

Personal: Daughter of Danny Brown and Deloris Calhoun-Mills...Twin sister is also on the team...Born March 11, 1986...Majoring in sociology.



LEAH COVELESKI

JR • Distance
Union City, Pa.
Seneca

HIGHLIGHTS:

- 5,000 meters - 19:01.11
- Big East XC - 23:52.00
- Big East All-Academic

2005-06: Did not compete.

2004-05: XC - Placed 76th at the Big East Championships with a time of 23:52.00...Also finished 55th at the Duquesne Duals.

2003-04: *Outdoor T/F* - Finished in the top 30 of the 5,000 meters at the Charlotte 49er Classic.

High School: Erie County cross country champion both individually and with her team...Team won district championships...Runner-up in cross country at the district championships...Named Cross Country Athlete of the Year by the *Erie Times News*...Four-year district qualifier and state qualifier in the 3,200 meters...Member of the National Honor Society and a recipient of the Amelia Earhart Award.

Personal: Daughter of Darryl and Diane Coveleski...Has two brothers and one sister...Born July 15, 1985...Majoring in accounting.



KATELYN FLEISHMAN

JR • Distance
Monroeville, Pa.
Gateway

HIGHLIGHTS:

- 3,000 meters - 11:14.18
- 5,000 meters - 19:28.00
- Big East All-Academic

2005-06: *Indoor T/F* - Placed 11th in the 3,000 meters at the Akron Quad.

2004-05: XC - Competed in the Duquesne Duals where she placed 18th with a time of 19:28.00.

2003-04: XC - Placed 30th at the Duquesne Invitational and ran at regionals for a time of 24:13.00. *Indoor T/F* - Placed 14th in the mile at the Black Squirrel Classic.

High School: Set a school record in the 3,200 meters...MVP of both cross country and track teams...Team won four sectional championships titles...WPIAL medalist in the 3,200 meters and cross country...Two-time state qualifier in cross country...Also competed in swimming...A member of the National Honor Society and valedictorian.

Personal: Daughter of Gary and Diane Fleishman...Born April 27, 1985...Majoring in exercise science.



The Calhoun Sisters



MARTINA HALLMAN

JR • Hurdles/Jumps
Miami, Fla.
Miami Southridge

HIGHLIGHTS:

- 60-meter hurdles - 8.68
- 100-meter hurdles - 14.12
- 400-meter hurdles - 57.72
- Long Jump - 6.18 m
- Triple Jump - 12.70 m

- **ECAC Champion** - Triple Jump (Outdoor 05)
- **Big East Champion** - Long Jump (Outdoor 06)
- Big East All-Conference (Indoor 06; Outdoor 05, 06)

2005-06: *Indoor T/F* - Earned all-conference honors after placing third in the long jump at the Big East Championships...Also finished fourth in the triple jump and 1,600-meter relay and sixth in the 60-meter hurdles...Won the triple jump at the Akron Open and placed sixth in the 60-meter hurdles...Captured third in the long jump and triple jump at the Penn State Challenge Cup...Placed second in the 60-meter hurdles, third in the long jump and fourth in the 1,600-meter relay at the Akron Quad. *Outdoor T/F* - Qualified for the NCAA East Regional Championships, placing 10th in the long jump and ninth in the 1,600-meter relay...Placed fourth in the 100-meter hurdles and in the top 20 of both the long jump and triple jump at the ECAC Championships...Big East champion in the long jump with a mark of 6.18 meters and placed second in the 1,600-meter relay, fourth in the triple jump, sixth in the 400-meter hurdles and eighth in the 100-meter hurdles...Finished third in the 1,600-meter relay and 10th in the long jump at the Penn Relays...Won the triple jump at the Nittany Lion Relays and placed second in both the 100-meter hurdles and long jump...Won the long jump at the Slippery Rock Invitational and placed third in both the 100-meter and 400-meter hurdles...Captured four event titles at the Western PA Championships in the 100-meter hurdles, triple jump, 400-meter relay and 1,600-meter relay in which she helped to set a meet record...Had top-10 finishes in the 400-meter hurdles and 1,600-meter relay at the Raleigh Relays.

2004-05: *Indoor T/F* - Finished sixth in the long jump at the Big East Championships...Set a personal best in the 400 meters at the Penn State National Open...Finished fifth in the long jump at Penn State...At the Akron Invitational, set a personal best in the 60-meter hurdles and finished first in the long jump. *Outdoor T/F* - Placed eighth in the long jump at the ECAC championships...Earned all-conference status twice with second-place finishes in the 400-meter hurdles and long jump at the Big East Championships...Finished third in the 400-meter hurdles at the Fred Hardy Invitational...Finished third in the 100-meter hurdles at the Western Pennsylvania Classic...Placed fourth in the 400 meters at the Penn State Challenge Cup...Finished first in the triple jump at the Penn State Challenge Cup with a score of 11.95 meters.

High School: Gatorade's "Will to Win" Athlete...Two-time state champion in the 300-meter hurdles...Three-time All-Dade athlete...Inducted into high school's Hall of Fame...Also participated in cheerleading.

Personal: Daughter of Richard Hallman and Cordelia Williams...Has one brother and seven sisters...Born January 15, 1986...Majoring in sociology.



Martina Hallman

PANTHER PROFILES



SHANNON MOORE

JR • Distance
Altoona, Pa.
Bishop Gulifoye

HIGHLIGHTS:

- 5,000 meters - 20.45

2004-05: *Indoor T/F* - Placed 19th in the 800 meters at the Akron Open.

High School: Finished 10th at the AA District 6 meet...had an overall place of 86th in the PA state meet.

Personal: Daughter of Tom and Beth Moore...born August 18, 1984...majoring in nursing.



NICOLE PITCHFORD

JR • Pole Vault
Ellwood City, Pa.
Riverside

HIGHLIGHTS:

- Pole Vault - 3.90 m

2005-06: *Indoor T/F* - Big East qualifier, placing sixth overall with a vault of 3.75 meters...Placed fourth in the pole vault at both

the Akron Quad and Akron Open with heights of 3.50 meters and 3.77 meters, respectively...Finished eighth at the Penn State Challenge Cup with a height of 3.60 meters. *Outdoor T/F* - NCAA regional qualifier, finishing 16th with a height of 3.66 meters...Placed fourth at the ECAC Championships at 3.80 meters and was a Big East qualifier...Won the Nittany Lion Relays at 3.65 meters and set a new meet and facility record at the Western PA Championships with a vault of 3.36 meters...Reached a personal best with a vault of 3.90 meters for fifth place at the Sea Ray Relays.

2004-05: *Indoor T/F* - Set a personal best in the pole vault at the Penn State National Open with a score of 3.51 meters...Finished fifth in the pole vault at the Akron Invitational. *Outdoor T/F* - Finished fifth in the pole vault at the Charlotte 49er Classic...Placed first in the pole vault with a score of 3.66 meters at the Bennie Benson Invitational...Placed first in the pole vault with a score of 3.65 meters at the Penn State Challenge Cup.

High School: 2004 WPIAL and state champion in the pole vault...2003 WPIAL runner-up...Set county, MAC and Tri-County records in the pole vault...Team was undefeated and won section championship...Also competed in cheerleading and softball.

Personal: Daughter of Mark and Tammy Pitchford...Has one sister...Born May 16, 1986...Majoring in communications with an emphasis on special education.



SELENA SAPPLETON

JR • Hurdles/Middle Distance
Brooklyn, N.Y.
A. Philip Randolph

HIGHLIGHTS:

- 400 meters - 57.28
- 800 meters - 2:15.91
- 60-meter hurdles - 9.08
- 100-meter hurdles - 14.60
- 400-meter hurdles - 1:01.73

2005-06: *Indoor T/F* - Placed sixth at the Big East Championships in the 3,200-meter relay...Finished sixth in the 400 meters at the Akron Open...Took seventh in the 400 meters and 60-meter hurdles and fifth in the 1,600-meter relay at the Akron Quad. *Outdoor T/F* - ECAC and Big East qualifier in the 400-meter hurdles, while placing 10th in the 3,200-meter relay at the conference championships...Won the 400-meter hurdles at the Nittany Lion Relays...Placed third in the 1,600-meter relay at the Penn Relays...Placed fifth in the 100-meter hurdles and sixth in the 400-meter hurdles at the Slippery Rock Invitational...Won the 1,600-meter relay and set a new meet record at the Western PA Championships while also placing third in the 100-meter hurdles and second in the 400-meter hurdles...Placed in the top 15 at the Raleigh Relays in the 400-meter hurdles and 1,600-meter relay.

2004-05: *Indoor T/F* - Competed in the 3,200-meter relay at the ECAC Indoor Championships, recording a season-best time...Set personal-best times in the 500 meters at the Penn State National Open, the 400 meters at the Black Squirrel Classic and the 800 meters at the Skip Summerville Invitational. *Outdoor T/F* - Finished sixth in the 400-meter hurdles at the Fred Hardy Invitational...Finished fifth in the 100 meters and third in the 400-meter hurdles at the Western PA Championships...Placed sixth in the 400-meter hurdles at the Big East Championships.

High School: All-America in the 400 meters and 800 meters...Set a state championship record winning the 400-meter hurdles...NSIC champions in the 1,600-meter relay, 3,200-meter relay and sprint medley relay in 2002...Member of the 2003 World Youth USA team...2003 Gatorade Player of the Year...Competed in the 800 meters at Sherbrook Canada...An honor roll student-athlete.

Personal: Daughter of Darleen Nelson...Has one brother and one sister...Born March 31, 1986...Majoring in sociology.





RAQUEL BENDER
SO • Sprints
Penn Hills, Pa.
Penn Hills

HIGHLIGHTS:

- 60 meters - 7.78
- 100 meters - 11.91
- 200 meters - 24.33
- 400 meters - 59.05

2005-06: Indoor T/F – Qualified for the Big East Championships and placed seventh in the 200 meters...Won the 800-meter relay and set a new school record of 1:39.83 at the New Balance Collegiate Invitational...Placed eighth in the 1,600-meter relay at the Penn State Open...Finished seventh in the 200 meters and fifth in the 1,600-meter relay at the Akron Quad. **Outdoor T/F** – Competed in the NCAA East Regional Championships, placing eighth in the 400-meter relay...ECAC champion in the 400-meter relay...Also won that relay at the Big East Championships and finished eighth in the 100 meters...Won the 400-meter relay and 800-meter relay at the ECAC Championships...Captured several first-place finishes throughout the season including the 400-meter relay at the Nittany Lion Relays, the 200 meters at the Slippery Rock Invitational and the 400-meter relay at the Western PA Championships...Placed third in the 100 meters and 200 meters at the Western PA Championships and finished third in the 400 meters at the Slippery Rock Invitational.

High School: Won the 2004 State Championships in the 400-meter relay and was a runner-up in 2005...Finished fourth at states in 2005 in the 200 meters...Medalist in the 1,600-meter relay at 2004 states...Medalist at 2004 indoor states in the 200 meters and finished fourth in 2005...Also played basketball.

Personal: Daughter of Otto and Phyllis Bender...Has one brother and three sisters...Born December 7, 1986...Major is undeclared.



MONICA BHATTACHARJEE
SO • Distance
Penfield, N.Y.
Penfield

HIGHLIGHTS:

- 1,500 meters - 5:15.86
- 3,000 meters - 11:04.11
- 5,000 meters - 19:02.21
- NCAA Regional XC - 23:34.60
- Big East All-Academic

2005-06: XC - Placed 68th at the Big East Championships and also competed at regionals...Posted a top-20 finish at the Duquesne Duals and a top-100 finish at the Iona Meet of Champions. **Indoor T/F** – Competed in distance, placing 10th in the 3,000 meters at the Akron Quad...Finished 22nd in the 5,000 meters at the Akron Open. **Outdoor T/F** – Placed second in the 5,000 meters at the Slippery Rock Invitational and fifth in the 3,000 meters at the Nittany Lion Relays...Posted top-25 finishes in the 5,000 meters unseeded at the Raleigh Relays and 1,500 meters at the Western PA Championships.

High School: Named to all-county team in the steeplechase...All-section honorable mention...Three track and field sectional titles...One cross country sectional title...MVP and MIP for cross country...Recipient of Dick Frank Memorial Award...Competed in Nike Indoor Nationals in the 4x1 mile...A scholar-athlete and AP scholar...A member of the National Honor Society and high honor roll.

Personal: Daughter of Debabrata and Gauri Bhattacharjee...Has one sister...Born March 17, 1987...Majoring in chemistry.



STACEY BILAN
SO • Throws
Doylestown, Pa.
Central Bucks West

HIGHLIGHTS:

- Discus - 43.16 m
- Shot Put - 11.68 m
- Javelin - 39.25 m
- Weight Throw - 12.12 m
- Hammer Throw - 36.39 m

2005-06: Indoor T/F – Placed fifth in the shot put and sixth in the weight throw at the Akron Quad...Finished in the top 25 at the Penn State Challenge Cup in the shot put. **Outdoor T/F** – Qualified for the ECAC Championships, placing 18th in the discus...Placed 12th in the discus at the Big East Championships and 25th at the Penn Relays...Won the discus at the Western PA Championships with a throw of 42.15 meters and set a personal-best mark of 43.16 meters with a 14th-place finish at the Raleigh Relays...Placed fourth in the hammer throw and eighth in the javelin at the Nittany Lion Relays...Had top-10 finishes in the hammer throw and javelin at the Western PA Championships.

High School: League champion both with her team and also in all three events...District champion in the javelin...State qualifier in all three events, finishing sixth at states twice in the discus...First team all-league...Captain of the track, volleyball and basketball teams...A member of the National Honor Society.

Personal: Daughter of Stephen and Trish Bilan...Has one sister...Born June 13, 1987...Majoring in engineering.



RACHEL BOTHAM
SO • Distance
Shoreline, Wash.
Shorewood

HIGHLIGHTS:

- 3,000 meters - 10:46.18
- XC - 23:53.00
- Big East All-Academic

2005-06: XC – Finished second in the second heat of the Penn State National...Placed 23rd at the Duquesne Duals. **Indoor T/F** – Placed 15th in the 3,000 meters at the Akron Open with a time of 10:36.91. **Outdoor T/F** – Won the 3,000 meters at the Slippery Rock Invitational...Finished fourth in the 3,000 meters at the Nittany Lion Relays.

High School: Member of Team WESCO, cross country divisional champions in 2004 and track champions for 2002-05...First team All-WESCO in cross country for 2003-04 and track in 2003 and 2005...Cross country MVP...Also on the basketball and swim teams...A member of the National Honor Society and a scholar-athlete.

Personal: Daughter of Richard and Virginia Botham...Has one sister...Born January 23, 1987...Majoring in chemistry.



Stacey Bilan

PANTHER PROFILES



ALYCIA BROWN
SO • Distance
Hickory, Pa.
Fort Cherry

HIGHLIGHTS:

- XC - 24:57.00
- Big East All-Academic

2005-06: XC – Placed 38th in the second heat of the Penn State National and also competed in the Iona Meet of Champions.

High School: Two-time WPIAL medalist and PIAA qualifier in cross country and track...Charles M. Hugby award winner...Named Outstanding Female Athlete of the Year...Also on the varsity swim team...Tri-County Coaches Association Scholar-Athlete of the Year...A member of the National Honor Society and valedictorian of her class.

Personal: Daughter of Randy and Maryann Brown...Has one sister...Born August 19, 1986...Majoring in pharmacy.



MYCAIAH CLEMONS
SO • Sprints/Hurdles
New Kensington, Pa.
Virginia Tech

2005-06: Competed for Virginia Tech.

High School: All-American after finishing fourth in the country in the 55-meter hurdles in 2005...Four-year letterwinner and two-time MVP at the Baldwin Invitational...Named Most Distinguished Athlete...A member of the National Honor

Society.

Personal: Daughter of Antoinette Vaughn and Lance Clemons...Has two sisters and one brother...Sister, Mycah, is also on the Pitt track and field team...Born March 28, 1987...Major is undeclared.



BAILEY FLASK
SO • Distance
Pickerington, Ohio
Pickerington North

HIGHLIGHTS:

- Big East XC - 26:21.00
- Big East All-Academic

2005-06: XC – Placed 114th at the Big East Championships...Finished 10th at the Duquesne

Duals and also competed in the Iona Meet of Champions.

High School: 2003 and 2004 cross country district champion...2003 cross country regional champion and placed fourth in the state...All-Ohio track in 2003 and 2005...All-Ohio cross country in 2004...Named Academic All-Ohio...A member of the National Honor Society.

Personal: Daughter of Don and Brenda Flask...Has one brother...Born October 4, 1986...Majoring in economics, politics and philosophy.



ELYSSE GOODE
JR • Sprints
Pittsburgh, Pa.
Ambridge

HIGHLIGHTS:

- 100 meters - 12.67
- 200 meters - 26.48
- 400 meters - 1:04.08

2005-06: *Outdoor T/F* – Placed second in the 400-meter relay and 1,600-meter relay at the Slippery Rock Invitational...Also placed 10th in the 100 meters and 11th in the 200 meters...Finished eighth in the 200 meters at the Nittany Lion Relays and second in the 400-meter relay at the Western PA Championships.

2004-05: Did not compete.

High School: Ranked second in the nation in the 55 meters by dycstat.com...Set WPIAL and Tri-State records in the 100 meters and 200 meters...Also set a Tri-State record in the 55 meters...2003 runner-up at states in the 100 meters...Finished third at states in 2003 in the 200 meters...District 3 champion in the 100 meters in 2005...Named Athlete of the Year in 2004 and 2005 by the *York Daily Record*...Named Athlete of the Year in 2005 by the *Evening Sun* and *Gettysburg Times*...Earned All-City and All-America honors...Also competed in field hockey...A member of the National Honor Society.

Personal: Daughter of Wesley and Charese Burton...Has three brothers...Born March 26, 1985...Majoring in communications.



KRISTIN JOHNSON
SO • Jumps/Multi
Somerset, Pa.
Somerset

HIGHLIGHTS:

- 200 meters - 28.00
- 800 meters - 3:03.77
- 100-meter hurdles - 16.15
- High Jump - 1.61 m
- Long Jump - 4.87 m
- Triple Jump - 10.64 m
- Shot Put - 7.41 m
- Javelin - 18.77 m
- Heptathlon - 3,517 points
- Big East All Academic

2005-06: *Indoor T/F* – Placed sixth in the high jump at the Akron Open...Finished 19th in the high jump and 10th in the triple jump at the Penn State Challenge Cup. *Outdoor T/F* – Big East qualifier, placing 14th in the heptathlon with 3,517 points...Finished second in the heptathlon at the Slippery Rock Invitational...Placed fourth in the high jump and sixth in the long jump at the Nittany Lion Relays...Took 14th in the heptathlon at the Liberty Asics Invitational.

High School: Placed second in the high jump at the District 6 Championships for 2002-05...Finished seventh at 2004 states in the high jump...School records in the high jump and triple jump and conference record in the high jump...Named all-conference...Also participated in dance and cheerleading.

Personal: Daughter of Ken and Mary Kay Johnson...Has one brother...Born September 24, 1986...Majoring in exercise science.





CARRON MITCHELL
JR • Jumps/Sprints
Coral Springs, Fla.
Coral Springs

HIGHLIGHTS:

- Triple Jump - 9.72 m
- Long Jump - 4.85 m
- Big East All-Academic

2005-06: Did not compete.

2004-05: *Indoor T/F* - Finished eighth in the long jump and the Skip Summerville Invitational...Set a personal best in the long jump at the Akron Invitational with a score of 4.85 meters.

High School: City champion in the 100 meters and runner-up in the triple jump...All-city for the 100 meters and triple jump...Fifth-place in the county for the triple jump and seventh for the 100 meters...Set a record at the Naples Relays in the triple jump...Team won city championships for three years, district championships for two years and regional championships in 2003...Also played flag football and participated in cheerleading...A member of the National Honor Society and recipient of three prestigious scholarships.

Personal: Daughter of Junior and Marcia Mitchell...Has one brother and two sisters...Born September 1, 1986...Majoring in English writing and pre-physical therapy.



JANESSA MURPHY
SO • Sprints/Jumps
Malvern, Pa.
Great Valley

HIGHLIGHTS:

- 60 meters - 7.63
- 100 meters - 12.15
- 200 meters - 26.15
- Long Jump - 6.10 m

2005-06: *Indoor T/F* - Earned all-conference honors as a rookie with a second-place finish in the long jump and a mark of 6.10 meters...Won the long jump at the Akron Quad and finished third in the 60 meters and ninth in the 200 meters...Placed fourth in the long jump and sixth in the 60 meters at the Penn State Challenge Cup...Finished sixth in the long jump at the New Balance Collegiate Invitational and placed tenth at the Penn State Open. *Outdoor T/F* - Qualified for the NCAA East Regional Championships, placing 21st in the long jump and eighth in the 400-meter relay...ECAC Champion in the 400-meter relay and placed fourth in the long jump...Won the 400-meter relay at the Big East Championships and competed in the 100 meters and long jump...Won the long jump and 400-meter relay at the Nittany Lion Relays while placing second in the 100 meters...Finished second in the long jump and 400-meter relay and fourth in the 100 meters at the Slippery Rock Invitational...Placed fourth in the 400-meter relay and in the top 20 of both the 100 meters and long jump at the Raleigh Relays.

High School: Set school records in the 60, 100 and 200 meters, long jump, 400-meter relay, 800-meter relay and sprint medley...State champion in the 60 meters...Named Great Valley's team MVP and West Chester Athlete of the Year.

Personal: Daughter of Allie Murphy and Annie Maxwell...Has one brother...Born May 11, 1987...Major is undeclared.



JENN SEITZ
SO • Sprints
Allison Park, Pa.
Hampton

HIGHLIGHTS:

- 200 meters - 26.00
- 400 meters - 57.45
- Big East All-Academic

2005-06: *Indoor T/F* - Placed fourth in the distance medley relay and competed in the 400 meters at the Big East Championships...Finished 11th in the 400 meters at the Penn State Open with a time of 57.91. *Outdoor T/F* - Qualified for the Big East Championships, placing 21st in the 400 meters...Won the 400 meters and 1,600-meter relay while placing second in the 400-meter relay at the Western PA Championships...Finished second in the 400 meters, 400-meter relay and 1,600-meter relay at the Slippery Rock Invitational...Placed fourth in the 200 meters and sixth in the 400 meters at the Nittany Lion Relays.

High School: A medalist at both the indoor and outdoor state championships in 2001...Named all-state in 2001...CMGSL First Team All-Star in 2001 and named to the All-Freshmen Team in 2000...Set a school record while at State College in the indoor 400 meters and nearly tied the outdoor record...Set a school record at Hampton in the 1,600-meter relay as a senior...Led her team to win the Outdoor District VI Championships in 2001...Also played varsity soccer...On the high honor roll.

Personal: Daughter of Robert and Kathleen Seitz...Has one sister...Born January 1, 1986...Majoring in exercise science.



MELISSA VIGNETTI
SO • Distance
Pittsburgh, Pa.
McMurray

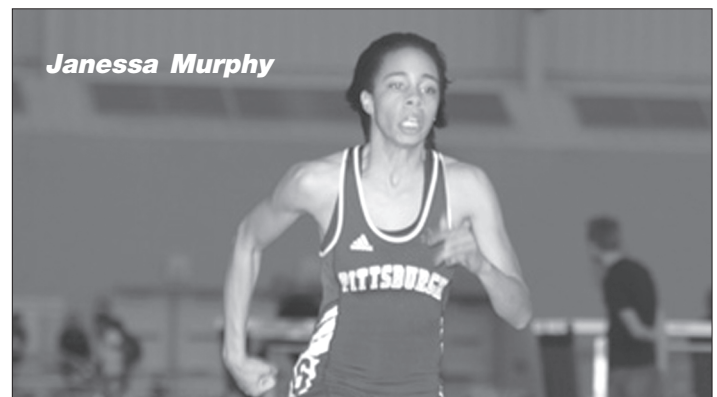
HIGHLIGHTS:

- 800 meters - 2:24.70
- 1,500 meters - 5:21.91

2005-06: *Indoor T/F* - Placed sixth in the 800 meters at the Akron Quad...Finished eighth in the distance medley relay and in the top 40 of the 800 meters at the Penn State Challenge Cup...Posted top-40 finished in the 800 meters at both the New Balance Collegiate Invitational and Penn State Open. *Outdoor T/F* - Placed seventh in the 800 meters at the Nittany Lion Relays...Finished second in the 3,200-meter relay and 26th in the 1,500 meters at the Western PA Championships...Also placed in the top 25 of the 800 meters and 200 meters at the Slippery Rock Invitational.

High School: Undefeated in 2002, 2003 and 2004...Four-time cross country state qualifier...Finished 12th at states in the 400 meters...Competed in the 2000 Junior Olympics and finished fourth in the 800 meters and fifth in the 1,500 meters...Also competed in basketball and softball.

Personal: Daughter of Mario and Maria Vignetti...Has one brother and one sister...Born January 26, 1987...Majoring in business.



PANTHER PROFILES



JANELLE ADAMS

FR • Pole Vault
Altoona, Pa.
Altoona

HIGH SCHOOL HIGHLIGHTS:

- Pole vault – 3.35 m

High School: Placed 10th at states in 2006...District 6 champion in 2005 and 2006...MAC Conference All-Star in pole vault...A member of the National Honor Society...Also was all-state on the floor exercise and uneven bars in gymnastics.

Personal: Daughter of David and Carol Adams...Has one brother...Born March 13, 1988...Majoring in engineering.



PATRICIA ANYANWU

FR • Sprints/Hurdles
Greenbelt, Md.
Eleanor Roosevelt

HIGH SCHOOL HIGHLIGHTS:

- 200 meters - 24.7
- 300 meters - 41.2
- 400 meters - 56.3
- 300-meter hurdles - 43.2
- 400-meter hurdles - 1:01.39

High School: Twelve-time state indoor medalist and nine-time outdoor medalist...Maryland State 4A Champion in 300 hurdles...High school indoor 4A state champions 2002-2006, outdoor champions in 2003 and 2004...Maryland 4A 300-meter hurdles county champion...2006 Nike Classic 300-meter hurdles champion...Fourth place at the 2005 Junior Nationals for the 400-meter hurdles...Honor roll student for four years...JROTC Honor Society...Also participated in cross country.

Personal: Son of Benjamin and Dorothy Anyanwu...Has four siblings...Born July 10, 1988...Majoring in physical therapy.



KAETLYN BROWN

FR • Sprints
Pittsburgh, Pa.
Schenley

High School: State champion in 400 meters in 2004...City champion in 400 meters in 2003, 2004, 2005 and 2006...Team won city title in 2003...MVP at Hempfield Invitational in 2003 and 2004...Competed in USAFF Nationals...A member of the National Honor Society and the Tech

Honor Society.

Personal: Daughter of Rodney and Joyce Brown...Has two brothers...Born December 26, 1988...Majoring in pre-medicine and physical therapy.



BRIANNA BROYLES

FR • Sprints/Hurdles
Allentown, Pa.
William Allen

HIGH SCHOOL HIGHLIGHTS:

- 100-meter hurdles – 14.26
- 300-meter hurdles – 42.90
- 400-meter hurdles – 62.10

High School: State champion in the 100-meter hurdles and two-time runner-up in the 300-meter hurdles...Placed in every state championship...Runner-up in the 400-meter relay at the 2004 Junior Olympics and placed fourth in the 400-meter hurdles in 2005...Captured eight district titles in sprints and hurdles...Set new meet records at the Shippensburg Invitational, Pottsville Invitational and Blue Mountain Invitational...Named Female Track Athlete of the Year by *The Morning Call*...Named to the Valley Interscholastic All-Star and All-Area Team...Also competed in basketball and advanced to the state championships.

Personal: Daughter of Stanley and Danice Broyles...Has one brother and one sister...Born October 5, 1988...Majoring in studio arts.



KENDALL BUTCH

FR • Jumps
Butler, Pa.
Butler

High School: Placed second in the pole vault at the indoor state championships in 2005...Placed third in the pole vault at the outdoor state championships in 2005...2005 WPIAL high jump champion...Also participated in gymnastics.

Personal: Daughter of David and Connie Butch...Has one sister...Born October 22, 1987...Major is undeclared.



AKIESHA GILCRIST

FR • Hurdles
Harrisburg, Pa.
Central Dauphin

HIGH SCHOOL HIGHLIGHTS:

- 100-meter hurdles - 15.6
- 300-meter hurdles - 48.7

High School: Qualified for states in 100-meter hurdles and 1,600-meter relay in 2006...Qualified for districts in 100-meter hurdles and 300-meter hurdles in 2005...Qualified for districts in 100-meter hurdles, 300-meter hurdles, 1,600-meter relay and 400-meter relay in 2006...2005 Sprinter of the Year and MVP in 2006...A member of the National Honor Society...Reporter for the FBLA...Also participated in All-American and All-Star varsity cheerleading.

Personal: Daughter of Todd and Cheryl Gilcrist...Has two brothers and one sister...Born October 25, 1987...Major is undeclared.



KARI HEDDERICK
FR • Sprints
Erie, Pa.
Fort Lebouf

HIGH SCHOOL HIGHLIGHTS:

- 100 meters - 12.00
- 200 meters - 25.40
- 400 meters - 57.40

High School: Six-time state placewinner, finishing fourth in the 400 meters on two different occasions...Also placed in the 100 meters, 200 meters and 1,600-meter relay at states...Team won regional and district championships in 2006...Track team recognized as an all-county selection...Named all-county second team in volleyball and the all-county basketball team...A member of the National Honor Society, Class Council and Leadership Task Force.

Personal: Daughter of Timothy and Phyllis Hedderick...Has two sisters and one brother...Born October 28, 1987...Majoring in physical therapy.



MEGAN HEENAN
FR • Distance
Clarendon Hills, Ill.
Hinsdale Central

HIGH SCHOOL HIGHLIGHTS:

- 3 mile - 18:41.00

2005-06: Did not compete.

High School: Team finished first in conference, second at sectionals and seventh in the state her senior year...Team won conference and placed eleventh at states her junior year...Named to All-Conference team...A member of the National Honor Society.

Personal: Daughter of Robert and Jill Heenan...Has two sisters...Born December 5, 1987...Majoring in bio-engineering.



KATRINA LONG
FR • Middle Distance
Los Angeles, Calif.
Crossroads

High School: In 2004, 2005 and 2006, team went to CIF preliminaries...In 2004 and 2005 qualified in the 1,600-meter relay and in 2006 in the 400 meters and 1,600-meter relay...Also played basketball and lettered for four years.

Personal: Daughter of Mark and Deonna Long...Has two sisters...Born September 11, 1988...Majoring in social work.



ERINN MCMAHON
FR • Multi
Southampton, Pa.
Saint Basil Academy

HIGH SCHOOL HIGHLIGHTS:

- 60-meter hurdles – 9.26
- 100-meter hurdles – 14.93
- Long jump – 5.35 m
- Triple jump – 11.07 m

High School: Broke ten school records while at Saint Basil Academy and was captain of the cross country, indoor and outdoor teams...District champion as a sophomore and senior and placed eighth in the state as a senior...Four-time state qualifier in jumps and hurdles...Three-time Bicentennial Athletic League Champion...Led team to district and league titles...Named a Nike All-American after a fourth-place finish in the 220-meter shuttle hurdle relay at indoor nationals in 2006...Placed in the pentathlon at the Nike Championships...Also competed in swimming and led her team to a league title.

Personal: Daughter of Thomas and Candace McMahon...Has two brothers...Born August 8, 1987...Major is undeclared.



SHANAE' THOMAS
FR • Jumps
Philadelphia, Pa.
John Hallahan Catholic

HIGH SCHOOL HIGHLIGHTS:

- Long jump – 5.68 meters
- Triple jump – 11.73 meters

High School: All-state selection in the triple jump...All-Catholic team in the 100 meters, long jump and triple jump...Placed third in triple jump at indoor state championships...Three time Philadelphia Catholic League triple jump champion...2006 long jump champion...Holds a record in the long jump for the PCL...Tied the PCL record for triple jump at 11.43 meters...DVCTFA triple jump champion...Competed in the Nike Outdoor Championship 2005 and 2006...Participated in the Penn Relays...PCL indoor field MVP...Also played basketball.

Personal: Daughter of Steven and Claudia Thomas...Has one brother...Born December 15, 1987...Major is undeclared.



SOSSENA WOOD
FR • Hurdles
Laurel, Md.
Eleanor Roosevelt

HIGH SCHOOL HIGHLIGHTS:

- 400 meters – 1:01.00
- 200 meters – 26.00
- 400-meter hurdles – 1:08
- Long Jump – 5.18 m

High School: Led team to state title for three consecutive seasons...All-county second team selection in jumps in 2005...AAU National qualifier for the 200 meters in 2004...Placed eighth at the 2005 USATF Region 3 Championships...Competed in the sprints, hurdles and long jump for Track Essence RRCA from 2003 to 2005...A member of the National Honor Society, National Society of Black Engineers, National Honor Roll and was recognized by the *Washington Post* for her academic achievements.

Personal: Daughter of Wayne and Ella Wood...Has one brother and two sisters...Born May 24, 1988...Majoring in electrical engineering.

INDOOR REVIEW

The 2005-06 indoor season presented the Pitt track and field team with some new challenges like an expanded Big East Conference. Still, the Panthers rose to the challenge of an increased field of competition and had some of the school's top performances in recent history.

AKRON QUAD

The Panther men opened their season by placing second at the Akron Quad, garnering five event titles. In sprints, Troy Roberson placed first in the 400 meters, and Tim Konoval won the mile. Sam Bair placed first in the 3,000 meters, and Mike Wray won first in the 60-meter hurdles. Justin Clickett represented the Panthers in the field with a first-place finish in the shot put, and Keith Higham placed second in the pole vault, setting a new school record of 5.16 meters. Four Panthers on the women's side won events with two on the track and two in the field. Shantea Calhoun captured the 60 meters, and Julianna Reed won the 60-meter hurdles. Marissa Dudek took first in the pole vault, and Janessa Murphy won the long jump in her first collegiate competition.

PENN STATE NATIONAL OPEN

Pitt had 11 top-five placewinners at the Penn State National Open and two event champions on the men's side. Sam Bair broke the school record in the mile with a time of 4:00.14 to win first place. Tim Konoval also surpassed the record mark in the mile, coming in second at 4:04.56. Keith Higham broke his second pole vault record of the season with a height of 5.41 meters for first place. In sprints, Shantea Calhoun placed fourth in the 200 meters, and Julianna Reed finished fifth in the 400 meters. Nicki Angstadt led the women's distance runners with a fourth-place finish in the 5,000 meters, and Marissa Dudek placed third in the pole vault.

AKRON OPEN

With nine top-five placewinners and three event champions, the Panthers continued to have success at Akron for the second time during the season. Keith Higham broke the school record in the pole vault for the third consecutive meet, reaching a height of 5.47 meters. Other top field performers for the men included Justin Clickett who finished fourth in the shot put and A.J. Kielinski who placed fifth in the weight throw. Mycah Clemons led the women with a first-place finish in the pentathlon and 3,563 points. Martina Hallman won the triple jump with a mark of 12.21 meters. Other top-five finished included Selena Sappleton in fifth in the 400 meters, Marissa Dudek taking third in the pole vault, Nicole Pitchford placing fourth in the pole vault and Joelle Ambrose who placed fourth in the pentathlon.

MEYO INVITATIONAL

Pitt sent two of its middle distance runners to the Meyo Invitational at Notre Dame. Sam Bair won the mile with a time of 4:01.22. Tim Konoval placed third at 4:04.43.

NEW BALANCE INVITATIONAL

School records for the women were shattered at the New Balance Collegiate Invitational as Julianna Reed contributed to both. She set a new time in the 500 meters at 1:13.22. Reed placed first and also broke meet record as well. She joined Shantea Calhoun, Shantea Calhoun and Raquel Bender to set a new record of 1:39.83 in the 800-meter relay for first place. Shantea Calhoun additionally placed fifth in the 60 meters. Abby Zaylor finished sixth in the 1,000 meters, and Janessa Murphy took sixth in the long jump. On the men's side, Mike Wray placed fifth in the 60-meter hurdles with a time of 8.07.

SYKES-SABOCK CHALLENGE CUP

The Panthers returned to Penn State for the Sykes-Sabock Challenge Cup where they won two event titles and had 10 top-five placewinners. Marissa Dudek won the pole vault competition with a height of 3.95 meters. In her first meet of the year, Maureen McCandless won the mile with a time of 4:48.13. Also placing for the women was Martina Hallman in third in the long jump and triple jump. Janessa Murphy finished fourth

in the long jump. Shantea Calhoun finished second in the 60 meters and fourth in the 200 meters. Justin Clickett led the men's team with a second-place finish in the shot put. Keith Higham placed third in the pole vault, and Mike Wray took third in the 60-meter hurdles.

BIG EAST CHAMPIONSHIPS

Pitt returned to Akron for the third time during the indoor season, this time for the Big East Championships. The women's team placed third overall with 85 points, and the men's team placed sixth with 69 points. Leading the women was Marissa Dudek who broke the school record with a height of 4.12 meters in the pole vault. Her first-place finish marked her third consecutive indoor title and earned a berth to the NCAA Championships. Maureen McCandless turned in a strong performance, placing second in the 5,000 meters with a time of 16:17.09. In a conference known for having top distance runners, McCandless was up against some of the nation's top runners and earned her second consecutive indoor bid to nationals. Several other Panthers turned in all-conference performances as Shantea Calhoun placed second in the 200 meters, Janessa Murphy placed second in the long jump while teammate Martina Hallman placed third. The men's team garnered three event titles, and Justin Clickett was awarded the Big East's "Most Outstanding Field Performer."

He won his second consecutive shot put title and placed third in the weight throw. Also in first place was Mike Wray with a time of 7.96 in the 60-meter hurdles and Keith Higham with a height of 5.25 meters in the pole vault. Sam Bair also earned all-conference honors with a third-place finish in the mile. Clickett, Bair and Higham all earned bids to nationals.

Maureen McCandless



ALEX WILSON INVITATIONAL

Two Panthers competed in the Alex Wilson Invitational or "Last Chance Meet." Tim Konoval ran for a time of 4:04.47 for ninth place in the mile. Justin Clickett finished second in the shot put with a mark of 18.69 meters.

NCAA CHAMPIONSHIPS

Five Panthers earned a trip to the NCAA Championships, but a pulled hamstring sidelined Keith Higham, leaving Pitt with four representatives. Maureen McCandless proved why she's one of the nation's finest distance runners, placing third in the 5,000 meters with a time of 15:56.51. She earned her second All-America distinction and closed out her Pitt indoor career with three school records. Also earning All-America honors was Marissa Dudek who placed fifth in the pole vault with a height of 4.10 meters. Justin Clickett placed 12th in the shot put with a throw of 18.18 meters, and Sam Bair competed in the preliminaries of the mile, running for a time of 4:19.58.

Pitt has always made the claim that its a stronger outdoor team, and it proved to be true in the 2006 outdoor season. The women defended their Big East and ECAC titles for another year, and the men's team qualified four competitors for the NCAA Championships.

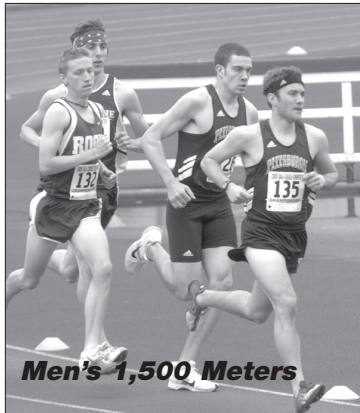
RALEIGH RELAYS

The Panthers opened their season on a good note, with Maureen McCandless breaking the school record in the 5,000 meters with a time of 16:11.24 for a first-place finish. Shantea Calhoun finished second in the 100 meters, and Julianna Reed placed third in the 400-meter hurdles. Leading the men was Tony Bonura finishing second in the javelin with a regional-qualifying throw of 67.84 meters. Also placing second was Eric Jones who jumped a personal-best 14.20 meters in the triple jump.

LIBERTY ASICS COLLEGIATE INVITATIONAL

Pitt's jumps and multi competitors traveled to Lynchburg, Va., for the Liberty Asics Collegiate Invitational. Eric Jones led the team with a first-place finish in the triple jump with a mark of 14.37 meters. Charles Sneed placed sixth in the high jump, and Dartel McRae took ninth in the decathlon. Mycah Clemons led the women with a third-place finish in the heptathlon, and Joelle Amrbose finished sixth in the heptathlon.

WESTERN PA CHAMPIONSHIPS



The Panthers returned to Pittsburgh for their annual competition against Western Pennsylvania's programs. Hosted by Carnegie Mellon, Pitt's track and field team broke eight meet records en route to capturing fifteen even titles and the women's team championship. Shantea Calhoun won the 100 meters and 200 meters, breaking a meet and facility record in the latter event with a time of 24.64. Jenn Seitz won the 400 meters, and Abby Zaylor took first in the 800 meters. Martina Hallman won the 100-meter hurdles, and Julianna Reed took home the title in the 400-meter hurdles with a new meet and facility record at 1:01.04. Nicole Pitchford broke the meet and facility

record with a height of 3.36 meters in the pole vault. Martina Hallman broke the meet record with a triple jump of 12.18 meters, and Stacey Bilan won the discus. The women's 400-meter relay and 1,600-meter relay won as well, with the 1,600-meter group setting a new meet record at 3:57.63. For the men, Sam Bair set a new meet and facility record in the 800 meters with a time of 1:52.83. Mike Wray won the 110-meter hurdles, and Brian Woods set a new meet record with a time of 55.28 in the 400-meter hurdles. A.J. Kielinski broke his own meet record with a throw of 51.40 meters for first-place in the hammer throw.

TEXAS RELAYS

Five members of the men's track and field team traveled to Texas, and all five produced regional-qualifying performances. Tony Bonura placed eighth in the javelin's A Division with a throw of 64.73 meters. Corey Kuehner placed fourth in the B Division with a throw of 63.87 meters. Sam Bair finished second in the 1,500 meters, and Tim Konoval placed seventh in that event. Mike Wray competed in the 110-meter hurdles and the 400-meter hurdles. Maureen McCandless broke another school record, this time winning the 1,500 meters with a time of 4:19.74. Nicki Angstadt placed sixth in the 5,000 meters, and the women's 800-meter relay team placed seventh.

SEA RAY RELAYS

Pitt had some of its top performances at the Sea Ray Relays with two school records being broken on the men's team. Tony Bonura won the javelin with a new record of 71.65 meters. Corey Kuehner placed fifth in that event. Keith Higham broke the school record in the pole vault with a height of 5.30 meters for second place. Sam Bair finished third in the 1,500 meters, and Tim Konoval placed fourth. Mike Long took ninth in the 3,000-meter steeplechase. Maureen McCandless led the women with a third-place finish in the 1,500 meters. Nicole Pitchford set a personal-best for fifth place in the pole vault with a height of 3.90 meters. Shantea Calhoun placed sixth in the 200 meters and 10th in the 100 meters, and Nicki Angstadt took ninth in the 3,000-meter steeplechase.

SLIPPERY ROCK INVITATIONAL

In their second local meet of the season, the Panthers won ten events with some new faces taking the lead. Rachel Botham won the 3,000 meters, and Abby Zaylor

placed first in the 1,500 meters. Krystal Epps won the 800 meters. Raquel Bender won the 200 meters. Julianna Reed took first in the 400-meter hurdles. Martina Hallman placed first in the long jump, and Joelle Ambrose won the heptathlon. For the men, Eric Fleming took first in the 1,500 meters. Chris Anderson won the 200 meters, and Eric Jones captured the triple jump title.

NITTANY LION RELAYS

For a day with less than perfect weather conditions, the Panthers responded with 12 event titles. For the women, Maureen McCandless won the 1,500 meters. Selena Sappleton won the 400-meter hurdles. Nicole Pitchford took first in the pole vault, and Janessa Murphy finished first in the long jump. Martina Hallman won the triple jump, and the women's 400-meter relay also took first. For the men, Mike Wray won the 200 meters. Eric Fleming took first in the 1,500 meters, and Mike Wray won the 110-meter hurdles. Keith Higham placed first in the pole vault, and Tony Bonura took first in the javelin. The men's 400-meter relay won as well.

PENN RELAYS

In Pennsylvania's most exciting competition of the year, the Panthers won two relays and broke a school record at the Penn Relays. The women's 400-meter relay and 800-meter relays won in the ECAC division. Marissa Dudek broke the school record with a height of 4.00 meters in the pole vault for third place. For the men, Keith Higham placed second in the pole vault, and Tony Bonura finished fifth in the javelin.

BIG EAST CHAMPIONSHIPS

It was another exciting year for the women's track and field team at the Big East Outdoor Championships where they captured their second consecutive outdoor title. They won five event titles and racked up 117 points for the win. The Calhoun twins dominated sprints as Shantea won the 200 meters, with Shantea placing second in the 100 and 200. Marissa Dudek set a new school and meet record in the pole vault with a height of 4.00 meters. Martina Hallman won the triple jump with a mark of 6.18 meters, and Angela Hoover took first in the javelin with a school-record throw of 48.78 meters. The women's 400-meter relay consisting of the twins, Raquel Bender and Janessa Murphy also finished in first place. Other all-conference selections included Maureen McCandless who took second in the 1,500 meters and third in the 10,000 meters, Julianna Reed with a second-place finish in the 400-meter hurdles, and the women's 1,600-meter relay team. The men's team finished seventh overall with 58 points. Leading the team was Keith Higham with a school and meet record in the pole vault after a height of 5.37 meters. Tony Bonura won the javelin with a throw of 70.48 meters. Also earning all-conference honors was Mike Wray in the 110-meter hurdles and the 400-meter relay team of Chris Anderson, Mike Wray, Kareem Cousar and Sam Perkins.

ECAC/IC4A CHAMPIONSHIPS

The Pitt women captured their fourth consecutive ECAC outdoor title after compiling 87 points. Pitt won four events and had two school records. Julianna Reed won both the 100-meter hurdles and 400-meter hurdles. She set a new school record of 57.99 in the latter. Marissa Dudek tied her school record of 4.00 meters for first place in the pole vault. The women's 400-meter relay team also won. Shantea Calhoun ran for second-place finishes in the 100 meters and 200 meters. The Pitt men placed ninth, and had one event champion. Keith Higham won the pole vault with a height of 5.35 meters. Tony Bonura took second in the javelin, and Tim Konoval placed third in the 1,500 meters.

NCAA EAST REGIONAL CHAMPIONSHIPS

Both teams finished in the top-10 of the nation's largest region. Maureen McCandless led the women with a second-place finish and an automatic NCAA bid in the 5,000 meters. She broke the school record with a time of 16:01.30. Julianna Reed placed third in the 400-meter hurdles with a record-breaking time of 57.45 for an automatic bid to nationals. Marissa Dudek finished fifth in the pole vault for Pitt's third automatic bid. Shantea Calhoun placed seventh in the 200 meters and earned an at-large berth. Keith Higham led the men with a second-place finish in the pole vault for an automatic bid. Tony Bonura placed fourth in the javelin, and Mike Wray took fourth in the 110-meter hurdles for automatic bids as well. Sam Bair earned an at-large berth after a sixth-place finish in the 1,500 meters. The team had three regional qualifiers in that event, demonstrating a significant strength in middle distances.

NCAA CHAMPIONSHIPS

Pitt sent eight qualifiers to nationals - four men and four women. Five Panthers returned with All-America honors. Maureen McCandless placed seventh in the 5,000 meters. Sam Bair finished ninth in the 1,500 meters. Keith Higham placed eighth in the pole vault, and Tony Bonura placed eighth in the javelin. Julianna Reed did not qualify for the finals in the 400-meter hurdles but was the eighth American to place making her the fifth All-America honoree for Pitt. Also competing was Shantea Calhoun in the 200 meters and Mike Wray who qualified for the semifinals in the 110-meter hurdles.

MEN'S RECORDS

INDOOR RECORDS

EVENT	NAME	RECORD	YEAR
50-yard dash	Lee McRae	5.34 (c)	1986
55 meters	Lee McRae	6.00 # *	1986
60 meters	Lee McRae	6.50 **	1987
200 meters	Chris Anderson	21.38	2005
300-yard dash	Lee McRae	30.74	1987
300 meters	Lee McRae	33.91	1987
400 meters	Maurice Patterson	47.59	2000
	Sékou Dilday	47.59	1999
500 meters	Carl Taylor	1:03.20	2000
600-yard run	Smitty Brown	1:09.54 (c)	1971
600 meters	Dave Moore	1:19.53	1989
800 meters	Dave Moore	1:49.13	1987
1,000-yard run	Todd Colas	2:09.44 (c)	1984
1,000 meters	Todd Colas	2:21.86	1984
1,500 meters	Todd Colas	3:48.66	1984
Mile	Sam Bair	4:00.14	2006
3,000 meters	Keith Dowling	8:09.52	1991
2-Mile	Jerry Richey	8:39.44 (c)	1970
5,000 meters	Keith Dowling	13:49.52	1991
50-yard high hurdles	Roger Kingdom	6.24 (c)	1984
	Eric Cannon	6.24	1986
55-meter high hurdles	Roger Kingdom	7.03 *	1984
60-meter high hurdles	Roger Kingdom	7.74 (c)	1983
300-meter int. hurdles	Phillip Barrett	40.22	1999

FIELD EVENTS

High Jump	Roger Kingdom	2.15 m	1983
Pole Vault	Keith Higham	5.47 m	2006
Long Jump	Bill Rea	7.67 m	1972
Triple Jump	Larry Kinney	15.45 m	1980
Shot Put	Justin Clickett	18.89 m	2005
35-lb. Weight	Justin Clickett	18.48 m	2005
Pentathlon	Curtis Anderson	3,795 points	1995

RELAYS

Shuttle Hurdle Relay (4x55-meter)	Phillip Barrett Jeremy Ward Jack Jeffrey Justin Rose	28.60	1999
4x200-meter relay (800-meter relay)	Dietrich Jells Jay Jones Curtis Anderson Jay Murphy	1:27.00	1995
4x400-meter relay (1,600-meter relay)	Maurice Patterson Sékou Dilday Marcus Walker Carl Taylor	3:09.46 (c)	2000
4x800-meter relay (3,200-meter relay)	Bob Weiner Joe Daniels Tim Manes Dave Moore	7:20.43 ***	1987
Sprint Medley Relay	Dave Moore Dave Price Vernon Reed Tim Manes	3:24.33	1987

Distance Medley Relay Tim Konoval 9:39.60 2005
Kareem Cousar
Jeryl Wilborn
Sam Bair

(c) - converted to F.A.T. (+.24)

* - NCAA Record # - World Record + - Collegiate Record
 * - American Record *** - Collegiate/American NCAA Record

OUTDOOR RECORDS

EVENT	NAME	RECORD	YEAR
100 meters	Lee McRae	10.04	1988
200 meters	Lee McRae	20.04	1987
400 meters	Karl Farmer	46.34	1975
800 meters	Dave Moore	1:46.30	1990
1,500 meters	Jerry Richey	3:42.64	1968
3,000 meters	Eric Fleming	8:34.95	2005
5,000 meters	Keith Dowling	14:04.37	1991
10,000 meters	Keith Dowling	28:48.40	1990
110-meter hurdles	Eric Cannon	13.21	1989
400-meter hurdles	Elbert Ellis	50.04	1988
3,000-meter steeplechase	Mike Long	9:15.92	2005

FIELD EVENTS

High Jump	Dan Goodyear	2.16 m	1979
Pole Vault	Keith Higham	5.37 m	2006
Long Jump	Bill Rea	8.11 m	1972
Triple Jump	Larry Kinney	15.93 m	1980
Shot Put	Justin Clickett	18.71 m	2005
Hammer Throw	Patrick Harding	54.17 m	2002
Discus	Steve Hein	52.12 m	1972
Javelin	Anthony Bonura	71.65 m	2006
Decathlon	Jim Neese	6,644 points	1999

RELAYS

Sprint Hurdle Relay	Brett Shields Todd Walthall Eric Cannon Elbert Ellis	56.10	1990
4x100-meter Relay (400-meter relay)	Anthony Dorsett Jerel Williams Jay Jones Dietrich Jells	40.04	1995
4x200-meter Relay (800-meter relay)	Anthony Dorsett Curtis Anderson Jay Jones Dietrich Jells	1:23.96	1995
4x400-meter Relay (1,600-meter relay)	Jesse Mikell Darrell Hilliman Dave Moore Tim Manes	3:07.88	1986
Sprint Medley Relay	Dave Price Jason Harris George Ifill Eric Cannon	3:18.41	1989
4x800-meter Relay (3,200-meter relay)	Todd Colas Darren Geary Garland Brown Terry Gallaher	7:16.04	1982
Distance Medley Relay	Todd Colas Brian Pollack Terry Gallagher Bill Moorhead	9:30.28	1983
4x1,500-meter Relay (6,000-meter relay)	Scott Humphrey Jason Bodnar Keith Dowling Paul Friedrich	15:40.48	1990

WOMEN'S RECORDS

INDOOR RECORDS

EVENT	NAME	RECORD	YEAR
50-yard dash	Tasha Peart	5.84	2000
55 meters	Ronise Crumpler	6.96	1990
60 meters	Tasha Peart	7.30	2000
200 meters	Kim Lyles	23.80 [c]	2004
300 meters	Tasha Peart	39.24	2000
300-yard dash	Tasha Peart	26.65*	1998
400 meters	Keisha Demas	53.75	1991
500 meters	Chantée Earl	1:11.18	2000
600 meters	Krystal Epps	1:33.12	2005
600-yard dash	Gloria Azeke	1:23.04	1987
800 meters	Chantée Earl	2:02.19	2000
1,000-yard run	Chantée Earl	2:36.00	1997
1,000 meters	Chantée Earl	2:43.99	2000
Mile	Maureen McCandless	4:44.00	2005
1,500 meters	Gloria Azeke	4:41.80	1988
2-mile run	Stacy Wyzkowski	10:55.90	1991
3,000 meters	Maureen McCandless	9:18.99	2005
5,000 meters	Maureen McCandless	15:48.10	2005
50-yard hurdles	Allison Williams	6.64	1991
55-meter hurdles	Allison Williams	7.64	1993
60-meter hurdles	Allison Williams	8.41	1993
200-meter hurdles	Kim Blair	26.87	1993
220-yd int. hurdles	Kim Blair	26.80	1993
300-meter int. hurdles	Ayana Coleman	44.48	1999

FIELD EVENTS

High Jump	Najuma Fletcher	1.86 m	1996
Pole Vault	Marissa Dudek	4.11 m	2006
Long Jump	Trecia-Kaye Smith	6.97 m	1997
Triple Jump	Trecia-Kaye Smith	14.12 m	1997
Shot Put	Amanda Walker	16.66 m	2005
20-lb. weight	Amanda Walker	21.12 m	2005
Pentathlon	Najuma Fletcher	4,295 points	1995

RELAYS

Shuttle Relay (4x55m)	Staci Suggs LaTonya Mullins Najuma Fletcher Joetta Purter	29.10	1995
Shuttle Relay (4x60m)	Alexis Archer Clarissa Dudley LuAnne Harris Debbie Bonner	33.86	1989
4x200-meter Relay (800-meter relay)	Shantea Calhoun Shanea Calhoun Raquel Bender Julianna Reed	1:39.83	2006
4x400-meter Relay (1,600-meter relay)	Tia Tabb Mera Belisle Janine Jones Tasha Peart	3:36.57	2001
4x800-meter Relay (3,200-meter relay)	Neema Payne Shauna McFadzean Dee Cole Chantée Earl	8:47.68	2000
Sprint Medley Relay	Keisha Demas Clarissa Dudley Ronise Crumpler Cathy Chrissos	3:59.46	1991
Distance Medley Relay	Angie Martin Joetta Purter Chantée Earl Anna Kohler	11:40.01	1997

OUTDOOR RECORDS

EVENT	NAME	RECORD	YEAR
100 meters	Shantea Calhoun	11.54	2006
200 meters	Kimberly Lyles	23.35	2003
400 meters	Keisha Demas	52.27	1991
800 meters	Chantée Earl	2:02.43	2000
Mile	Anna-Rebekka Kohler	5:03.00	1998
1,500 meters	Maureen McCandless	4:19.74	2006
2-Mile run	Lori Wood	11:15.84	1986
3000 meters	Maureen McCandless	9:33.42	2003
5,000 meters	Maureen McCandless	16:01.30	2006
10,000 meters	Carmela Mariani	34:54.30	1992
100-meter hurdles	Allison Williams	13.12	1994
400-meter hurdles	Julianna Reed	57.45	2006
3,000-meter steeplechase	Nicki Angstadt	10:39.43	2005

FIELD EVENTS

High Jump	Najuma Fletcher	1.86 m	1996
Pole Vault	Marissa Dudek	4.00 m	2006
Long Jump	Trecia-Kaye Smith	6.83 m	1997
Triple Jump	Trecia-Kaye Smith	14.22 m #	1997
Shot Put	Amanda Walker	16.80 m	2005
Hammer Throw	Amanda Walker	58.87 m	2005
Discus	Amanda Walker	49.02 m	2004
Javelin	Angela Hoover	48.78 m	2006
Pentathlon	Kathy Dvorsak	3,101 points	1980
Heptathlon	Najuma Fletcher	5,750 points	1994

RELAYS

4x100-meter Relay (400-meter relay)	Lamoy Stephens Shantea Calhoun Shanea Calhoun Kimberly Lyles	44.38	2005
4x100-meter Hurdle Relay (400-meter hurdle relay)	Najuma Fletcher Allison Williams Kim Blair Staci Suggs	54.74	1994
4x200-meter Relay (800-meter relay)	Lamoy Stephens Shantea Calhoun Shanea Calhoun Kimberly Lyles	1:34.27	2005
4x400-meter Relay (1,600-meter relay)	Mera Belisle Chantée Earl Tasha Peart Tia Tabb	3:31.34	2000
4x800-meter Relay (3,200-meter relay)	Neema Payne DeAnna Cole Janine Jones Beth Rocks	8:36.78	2001
Sprint Medley Relay	Tonya Mullins Allison Williams Kim Blair Ronise Crumpler	1:44.60	1993
Sprint Medley Relay	Tia Tabb Tasha Peart Mera Belisle Chantée Earl	3:45.27	2000
Distance Medley Relay	Amanda Schmidt Trenace Elliott DeAnna Cole Maureen McCandless	11:42.11	2002
4x1,500 Relay	Maureen McCandless Lauren Shaffer Amanda Schmidt Beth Rocks	18:52.00	2002

- NCAA Record

INDOOR STATISTICS

MEN'S INDOOR SEASON REVIEW

2006 SCHEDULE

DATE	MEET	SITE
Jan. 13-14	Akron Quad	Akron, Ohio
Jan. 27-28	Penn State National Open	University Park, Pa.
Feb. 3-4	New Balance Collegiate Inv.	New York, N.Y.
Feb. 4	Akron Open	Akron, Ohio
Feb. 10-11	Sykes-Sabock Challenge Cup	University Park, Pa.
Feb. 18-19	Big East Championships	Akron, Ohio
March 3-4	Alex Wilson Invitational	Notre Dame, Ind.
March 10-11	NCAA Championships	Fayetteville, Ark.

INDIVIDUAL SEASON'S BEST

EVENT	TIME/MARK	ATHLETE	DATE
60 meters	6.92	Chris Anderson	2/18-19
200 meters	21.72	Chris Anderson	2/18-19
400 meters	48.02	Troy Roberson	1/13
600 meters	1:24.72	Kevin Gilpatrick	1/27-28
800 meters	1:56.66	James Stratton	2/3-4
Mile	4:00.14	Sam Bair	1/27-28
3,000 meters	8:31.93	Andy Tomaswick	2/18-19
5,000 meters	14:31.60	Andy Tomaswick	2/18-19
60-meter hurdles	7.93	Mike Wray	2/18-19
4x400-meter relay	3:16.78	Kareem Cousar Chris Anderson Sam Perkins Troy Roberson	2/18-19
4x800-meter relay	7:42.70	Tim Konoval James Stratton Kevin Gilpatrick Sam Bair	2/18-19
DMR	9:59.19	Tim Konoval Kareem Cousar Troy Roberson Sam Bair	2/18-19
High Jump	1.89 m	Charles Sneed	2/3-4
Pole Vault	5.47 m	Keith Higham	1/27-28
Triple Jump	14.09 m	Eric Jones	1/27-28
Long Jump	6.18 m	Jeff Kiss	1/13
Shot Put	18.69 m	Justin Clickett	3/3-4
Weight Throw	18.52 m	Justin Clickett	2/18-19

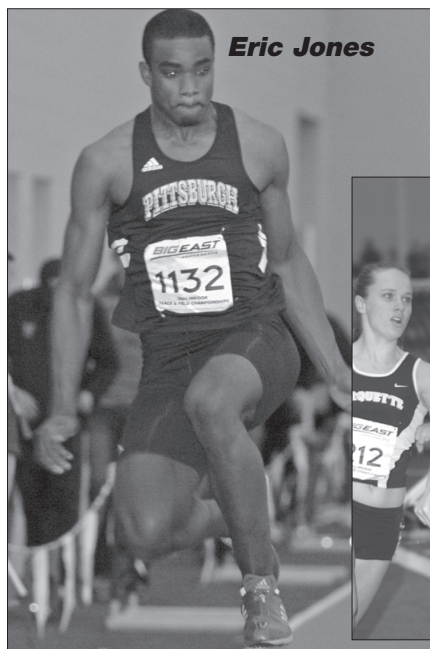
WOMEN'S INDOOR SEASON REVIEW

2006 SCHEDULE

DATE	MEET	SITE
Jan. 13-14	Akron Quad	Akron, Ohio
Jan. 27-28	Penn State National Open	University Park, Pa.
Feb. 3-4	New Balance Collegiate Inv.	New York, N.Y.
Feb. 4	Akron Open	Akron, Ohio
Feb. 10-11	Sykes-Sabock Challenge Cup	University Park, Pa.
Feb. 18-19	Big East Championships	Akron, Ohio
March 3-4	Alex Wilson Invitational	Notre Dame, Ind.
March 10-11	NCAA Championships	Fayetteville, Ark.

INDIVIDUAL SEASON'S BEST

EVENT	TIME/MARK	ATHLETE	DATE
60 meters	7.46	Shantea Calhoun	2/10-11
200 meters	24.14	Shanea Calhoun	2/18-19
400 meters	56.13	Julianna Reed	1/13
500 meters	1:13.22	Julianna Reed	2/3-4
800 meters	2:15.30	Krystal Epps	2/10-11
1,000 meters	2:55.82	Abby Zaylor	2/18-19
Mile	4:48.13	Maureen McCandless	2/10-11
3,000 meters	9:56.77	Nicki Angstadt	2/18-19
5,000 meters	15:56.61	Maureen McCandless	3/10-11
55-meter hurdles	8.31	Mycah Clemons	1/27-28
60-meter hurdles	8.68	Martina Hallman	2/18-19
4x200-meter relay	1:39.83	Shantea Calhoun Shanea Calhoun Raquel Bender Julianna Reed	2/3-4
4x400-meter relay	3:45.23	Julianna Reed Shanea Calhoun Martina Hallman Shantea Calhoun	2/18-19
4x800-meter relay	9:14.56	Abby Zaylor Selena Sappleton Ali Briggs Krystal Epps	2/18-19
DMR	11:55.59	Ali Briggs Jenn Seitz Krystal Epps Abby Zaylor	2/18-19
High Jump	1.61 m	Mycah Clemons	1/27-28
Pole Vault	4.11 m	Marissa Dudek	2/18-19
Long Jump	6.10 m	Janessa Murphy	2/18-19
Triple Jump	12.21 m	Martina Hallman	2/3-4
Shot Put	13.49 m	Kim Rorabaugh	2/18-19
Weight Throw	17.19 m	Kim Rorabaugh	2/3-4
Pentathlon	3,633 pts	Mycah Clemons	2/18-19



Eric Jones



Jenn Seitz



Kim Rorabaugh

OUTDOOR STATISTICS

MEN'S OUTDOOR SEASON REVIEW

2006 SCHEDULE

DATE	MEET	SITE
Mar. 24-25	Raleigh Relays	Raleigh, N.C.
Mar. 31-Apr. 1	Liberty Asics Collegiate Inv.	Lynchburg, Va.
Apr. 1	Western PA Championships	Pittsburgh, Pa.
Apr. 5-8	Texas Relays	Austin, Texas
Apr. 12-15	Sea Ray Relays	Knoxville, Tenn.
Apr. 13-15	Slippery Rock Invitational	Slippery Rock, Pa.
Apr. 22	Nittany Lion Relays	University Park, Pa.
Apr. 27-29	Penn Relays	Philadelphia, Pa.
May 5-8	Big East Championships	Storrs, Conn.
May 12-14	IC4A Championships	Princeton, N.J.
May 26-27	NCAA East Regionals	Greensboro, N.C.
Jun. 7-10	NCAA Championships	Sacramento, Calif.

INDIVIDUAL SEASON'S BEST

EVENT	TIME/MARK	ATHLETE	DATE
100 meters	10.77	Chris Anderson	4/13-15
200 meters	21.44	Chris Anderson	4/13-15
400 meters	49.31	Troy Roberson	3/24-25
800 meters	1:52.83	Sam Bair	3/31-4/1
1,500 meters	3:42.84	Sam Bair	6/7-10
5,000 meters	15:01.74	Mike Long	5/5-8
10,000 meters	30:34.13	Andy Tomaswick	3/24-25
110-meter Hurdles	13.70	Mike Wray	5/26-27
400-meter Hurdles	54.77	Brian Woods	5/5-8
3,000-meter Steeplechase	9:31.18	Mike Long	3/24-25
High Jump	1.87 m	Charles Sneed	3/31-4/1
Pole Vault	5.37 m	Keith Higham	5/5-8
Long Jump	6.50 m	Jeff Kiss	4/13-15
Triple Jump	14.80 m	Eric Jones	4/13-15
Shot Put	9.72 m	Dartel McRae	3/31-4/1
Hammer Throw	51.40 m	A.J. Kielinski	3/31-4/1
Discus	49.16 m	A.J. Kielinski	5/5-8
Javelin	71.65 m	Tony Bonura	4/12-15
Decathlon	4,027 pts.	Dartel McRae	3/31-4/1
400-meter Relay	41.21	Chris Anderson Mike Wray Kareem Cousar Sam Perkins	4/27-29
800-meter Relay	1:26.20	Chris Anderson Sam Perkins Kareem Cousar Mike Wray	4/27-29
1,600-meter Relay	3:14.07	Sam Perkins Chris Anderson Troy Roberson Kareem Cousar	5/5-8
3,200-meter Relay	7:36.41	Tim Konoval Eric Fleming James Stratton Sam Bair	5/5-8

WOMEN'S OUTDOOR SEASON REVIEW

2006 SCHEDULE

DATE	MEET	SITE
Mar. 24-25	Raleigh Relays	Raleigh, N.C.
Mar. 31-Apr. 1	Liberty Asics Collegiate Inv.	Lynchburg, Va.
Apr. 1	Western PA Championships	Pittsburgh, Pa.
Apr. 5-8	Texas Relays	Austin, Texas
Apr. 12-15	Sea Ray Relays	Knoxville, Tenn.
Apr. 13-15	Slippery Rock Invitational	Slippery Rock, Pa.
Apr. 22	Nittany Lion Relays	University Park, Pa.
Apr. 27-29	Penn Relays	Philadelphia, Pa.
May 5-8	Big East Championships	Storrs, Conn.
May 12-14	IC4A Championships	Princeton, N.J.
May 26-27	NCAA East Regionals	Greensboro, N.C.
Jun. 7-10	NCAA Championships	Sacramento, Calif.

INDIVIDUAL SEASON'S BEST

EVENT	TIME/MARK	ATHLETE	DATE
100 meters	11.54	Shantea Calhoun	5/12-14
200 meters	23.39	Shantea Calhoun	4/12-15
400 meters	58.07	Julianna Reed	4/22
800 meters	2:18.39	Abby Zaylor	3/31-4/1
1,500 meters	4:19.74	Maureen McCandless	4/5-8
3,000 meters	10:46.18	Rachel Botham	4/15
5,000 meters	16:01.30	Maureen McCandless	5/26-27
10,000 meters	34:56.63	Maureen McCandless	5/5-8
100-meter Hurdles	13.70	Julianna Reed	5/26-27
400-meter Hurdles	57.45	Julianna Reed	5/26-27
3,000-meter Steeplechase	10:56.68	Nicki Angstadt	4/13-15
High Jump	1.61 m	Kristin Johnson	4/13-15
Pole Vault	4.00 m	Marissa Dudek	5/12-5/1
Long Jump	6.18 m	Martina Hallman	5/5-8
Triple Jump	12.25 m	Martina Hallman	5/5-8
Shot Put	12.64 m	Myciah Clemons	5/12-14
Hammer Throw	39.11 m	Stacey Bilan	4/22
Discus	43.16 m	Stacey Bilan	3/24-25
Javelin	48.78 m	Angela Hoover	5/5-8
Heptathlon	4,658 pts.	Myciah Clemons	3/31-4/1
400-meter Relay	44.80	Shanea Calhoun Raquel Bender Janessa Murphy Shantea Calhoun	5/26-27
800-meter Relay	1:35.47	Shanea Calhoun Raquel Bender Julianna Reed	4/27-29
1,600-meter Relay	3:39.23	Shantea Calhoun Julianna Reed Martina Hallman Shanea Calhoun	5/26-27
3,200-meter Relay	9:31.93	Shantea Calhoun Abby Zaylor Selena Sappleton Melissa Vignetti Krystal Epps	5/5-8



BIG EAST RESULTS

BIG EAST INDOOR CHAMPIONSHIPS

hosted by the University of Akron
February 18-19, 2006

Men's Review

With an expanded conference and added competition from Louisville and Cincinnati's men's teams, the Pitt men's track and field team had some challenges entering the indoor championships. They responded with a "Most Outstanding Field Performer" and three conference champions.

Justin Clickett, a 2005 All-American and indoor conference champion in the shot put, defended his title with a throw of 18.33 meters. He not only dominated that event, but also placed third in the weight throw for all-conference honors. He is only the second Panther in school history to earn this indoor honor for the men's team.

In the 60-meter hurdles, Mike Wray proved why he sat at the top of the conference standings throughout the season. Wray ran for a personal-best time of 7.93 for his first conference title. And in the pole vault, Keith Higham won his second consecutive Big East title after clearing a height of 5.25 meters.

Sam Bair was the team's only other all-conference selection after placing third in the mile. He ran for a time of 4:04.49 with a cast on his left hand.

Women's Review

The women's team came in poised to defend their 2005 title, and after the first day of competition, they headed the conference in scoring. On the second day, however, they tougher competition from some of the conference's middle distance and distance runners, dropping to third place with 85 points.



Marissa Dudek

Leading the Panthers with the team's only conference title was Marissa Dudek. The meet's final competitor, all eyes were on Dudek as she cleared a height of 4.12 meters to set a new Pitt record. This finish marked her third consecutive indoor title.

Shanea Calhoun led the team in sprints with a second-place finish in the 200 meters for all-conference honors. Maureen McCandless ran for a time of 16:17.09 for second place in the 5,000 meters. In her first collegiate championships, Janessa Murphy placed second in the long jump and teammate Martina Hallman finished third for all-conference honors.

BIG EAST OUTDOOR CHAMPIONSHIPS

hosted by the University of Connecticut
May 5-7, 2006

Men's Review

Pitt's men's team quickly built up points on the second day of competition, earning 58 for seventh place overall. The team had two individual repeat champions and six all-conference selections.

Earning points for Pitt on the first day of competition was sophomore A.J. Kielinski. He placed fifth in the discus with a personal-best throw of 49.16 meters. Tony Bonura clinched his second Big East title in the javelin, throwing for a mark of 70.48 meters and defeating the competition by over five meters. In the pole vault, Pitt's Keith Higham broke the school and meet record with a height of 5.37 meters. He was the defending champion in this event and also won the indoor title earlier this year.

Pitt's 400-meter relay team earned all-conference honors with a third-place finish and a time of 41.28. The relay team consisted of Chris Anderson, Mike Wray, Kareem Cousar and Sam Perkins. Pitt had three finalists in the 1,500 meters. Sam Bair led the team with a time of 3:47.79 for fourth place. Tim Konoval finished in fifth at 3:49.74, and Eric Fleming placed ninth with a time of 3:54.32.

Pitt had another all-conference performance in the 110-meter hurdles. Wray finished in third with a time of 14.41. Pitt was the only school to qualify two finalists in the 100 meters. Perkins finished fifth overall with a time of 10.80. Anderson took



Tony Bonura

eighth at 10.99. In the triple jump, Eric Jones placed fifth with a mark of 14.38 meters.

Women's Review

The women's track and field team was able to defend their title, bringing home the conference trophy for another year. With 117 total points, the Panthers edged out Notre Dame by 10.5 points for the win.

Sophomore Angela Hoover won the javelin title, competing for the first time this season. With a personal-best throw of 48.78 meters, Hoover set a new Pitt record, breaking the previous mark of 48.38 meters set by Joanne Warner in 1991.

Pitt gained its second conference title of the competition when Martina Hallman won the long jump with a personal-best mark of 6.18 meters. In the pole vault, Marissa Dudek tied her school record and set the Big East meet record with a height of 4.00 meters to earn her sixth Big East title in this event. This marked the third outdoor conference title for the NCAA All-American.

The women's 400-meter relay team defended their title, winning the event with a time of 45.68, a season best. The relay team consisted of Shanea Calhoun, Janessa Murphy, Raquel Bender and Shantea Calhoun.

The Calhoun twins dominated the 200 meters, taking first and second. Shanea Calhoun won the event with a time of 23.64. Shantea Calhoun placed second at 23.69. The 100 meters turned out to be one of the most exciting competitions of the weekend as only 0.04 separated first from fourth. Shantea Calhoun finished in second for Pitt, earning all-conference honors with a time of 11.64.

Julianna Reed earned all-conference honors in the 400-meter hurdles after placing second with a time of 58.73. Maureen McCandless finished third in the 10,000 meters with a time of 34:56.63, nearly breaking the school record and earning all-conference honors.

The women's team competition came down to the final relay of the day, and the Panthers were able to pull through and defend their conference title. In the 1,600-meter relay, the team finished in second with an NCAA regional-qualifying time of 3:40.46. The relay team consisted of Reed, Hallman, Shanea Calhoun and Shantea Calhoun.

BIG EAST HISTORY

BIG EAST CHAMPIONSHIPS MEN'S INDOOR Akron, Ohio

Team	Points
1. Notre Dame	132
2. Louisville	125
3. Connecticut	103
4. Villanova	94
5. Cincinnati	80
6. Rutgers	62
7. PITTSBURGH	58
8. Georgetown	54
9. USF	41
10. Marquette	32
11. Syracuse	31
12. Seton Hall	25
13. Providence	20

Big East All-Conference:

Sam Bair, Justin Clickett, Keith Higham, Mike Wray

BIG EAST CHAMPIONSHIPS WOMEN'S INDOOR Akron, Ohio

Team	Points
1. Notre Dame	109.50
2. Georgetown	86
3. PITTSBURGH	85
4. Villanova	67
5. Syracuse	53
6. St. John's	52
7. Rutgers	51
8. Connecticut	50
9. West Virginia	45.75
10. Louisville	39
11. Providence	35
12. Marquette	34
13. Seton Hall	31
14. Cincinnati	25
15. USF	15.75
16. DePaul	1

Big East All-Conference:

Shantea Calhoun, Marissa Dudek, Martina Hallman, Maureen McCandless, Janessa Murphy



BIG EAST CHAMPIONSHIPS MEN'S OUTDOOR Storrs, Conn.

Team	Points
1. Notre Dame	132
2. Louisville	125
3. Connecticut	103
4. Villanova	94
5. Cincinnati	80
6. Rutgers	62
7. PITTSBURGH	58
8. Georgetown	54
9. USF	41
10. Marquette	32
11. Syracuse	31
12. Seton Hall	25
13. Providence	20

Big East All-Conference:

Chris Anderson, Tony Bonura, Kareem Cousar, Keith Higham, Sam Perkins, Mike Wray

BIG EAST CHAMPIONSHIPS WOMEN'S OUTDOOR Storrs, Conn.

Team	Points
1. PITTSBURGH	117
2. Notre Dame	107.50
3. Syracuse	87
4. Connecticut	84
Villanova	84
6. Louisville	63
7. Georgetown	57
8. St. John's	56
9. West Virginia	44
10. Rutgers	39
11. Marquette	31
12. Seton Hall	27
13. Cincinnati	24.50
14. Providence	15
15. USF	13
16. DePaul	9

Big East All-Conference:

Raquel Bender, Shanea Calhoun, Shantea Calhoun, Marissa Dudek, Martina Hallman, Angela Hoover, Maureen McCandless, Janessa Murphy, Julianna Reed

BIG EAST HISTORY

MEN'S BIG EAST INDOOR CHAMPIONS

YEAR	NAME	EVENT	RESULT	
1983	Brian Pollock	300-meters	34.74	
	Todd Colas	1,000-meters	2:22.73	
	Bob Buckowski	Shot Put	54' 4.5"	
	Roger Kingdom *	55-mH and shot put (see note)		
	Bill Morehead	3,200-meter relay	7:31.16	
	Tim Manes			
	Todd Collas			
	Garland Brown			
	1984	Roger Kingdom	55-meter hurdles	7.12*
		Garland Brown *	800-meters	1:50.13
Tim Manes		3,200-meter relay	7:31.46	
Bill Moorhead				
Todd Colas				
1985	Lee McRae	55-meters	6.17*	
	1986	Lee McRae	55-meters	6.27
1987	Rob Weiner	3,200-meter relay	7:33.17	
	Tom Boggan			
	Joe Daniels			
	Dave Moore			
	Lee McRae	55-meters	6.35	
		300-meters	33.99	
	Eric Cannon	55-meter hurdles	7.36	
	Dave Moore	800-meters	1:50.44	
	Joe Turner	3,200-meter relay	7:26.94*	
	Rob Weiner			
1988	Tim Manes			
	Dave Moore			
	Lee McRae	55-meter hurdles	6.26	
		200-meters	21.65	
	Eric Cannon	55-meter hurdles	7.30	
	Elbert Ellis	400-meters	47.85	
	Elbert Ellis	1,600-meter relay	3:14.76	
	Rowan Mighty			
	Chappale Burton			
	David Price			

YEAR	NAME	EVENT	RESULT	
1989	Eric Cannon	55-meter hurdles	7.29	
	Elbert Ellis	400-meters	48.63	
	David Price	500-meters	1:04.29	
1990	Sam Rice	55-meters	6.43	
		200-meters	21.93	
	Elbert Ellis	55-meter hurdles	7.31	
	Darrin Gillaspie	High Jump	6' 10.75"	
	Elbert Ellis	1,600-meter relay	3:16.01	
	Neil Malobicky			
	Brian Whittley			
	Chappale Burton			
	1991	Keith Dowling	3,000-meters	8:09.57
	1993	Jay Murphy	55-meter hurdles	7.49
1995	Curtis Anderson	Pentathlon	3,793 pts	
1998	Greg Blake	1,600-meter relay	3:16.01	
	Tim Tyre			
2001	Sékou Dilday			
	Carl Taylor			
	Mike Head	1,000 meters	2:27.25	
2005	Patrick Harding **	Shot Put	17.73m	
	Matt Brousse	Pole Vault	4.95m	
	Justin Clickett	Shot Put	18.30m	
2006	Justin Clickett **	Shot Put	18.33 m	
	Keith Higham	Pole Vault	5.25 m	
	Mike Wray	60-meter hurdles	7.96	

* After name denotes "Outstanding Track Performer" award winner

** After name denotes "Outstanding Field Performer" award winner

* After result denotes current Big East meet record

NOTE: Roger Kingdom garnered "Outstanding Performer" honors in 1983 although he was not a champion. He placed second in the 55-meter hurdles and high jump.

WOMEN'S BIG EAST INDOOR CHAMPIONS

YEAR	NAME	EVENT	RESULT
1983	Renee Henderson	55 meters	7.16
		300 meters	39.87
1984	Renee Henderson	55 meters	7.02
		300 meters	39.39
1986	Renee Henderson	55 meters	7.10
	Dawna Collins	55-meter hurdles	8.24
1987	Debbie Bonner	55-meter hurdles	8.12
1988	Keisha Demas	400 meters	55.09
	Cynthia Randolph	1,600-meter relay	3:47.77
	Gloria Azeke		
1989	Ardythe Hope		
	Keisha Demas		
	Debbie Bonner *	55-meter hurdles	8.08
1990	Keisha Demas	400 meters	55.78
	Allison Williams	55-meter hurdles	7.96
	Ronise Crumpler	200 meters	24.24
1991	Keisha Demas	400 meters	54.64
	Clarissa Dudley	Triple Jump	11.08 m
	Nicole McKenzie	1,600-meter relay	3:47.58
	Ronise Crumpler		
	Monica Hockaday		
1992	Keisha Demas		
	Allison Williams	55-meter hurdles	7.80
	Keisha Demas *	400 meters	54.39
	Allison Williams	1,600-meter relay	3:47.38
1993	Clarissa Dudley		
	Ronise Crumpler		
	Keisha Demas		
1994	Allison Williams	55-meter hurdles	7.64*
	Allison Williams	55-meter hurdles	7.8
	Najuma Fletcher **	Pentathlon	4,045 pts
1995	Najuma Fletcher **	High Jump	1.77 m
		Long Jump	6.24 m
		Long Jump	6.33 m
		Pentathlon	4,295 pts*
		Triple Jump	12.96 m
1996	Najuma Fletcher **	High Jump	1.75 m
		Triple Jump	13.14 m
		High Jump	1.82 m
		Pentathlon	4,169 pts

YEAR	NAME	EVENT	RESULT
1997	Trecia-Kaye Smith **	Triple Jump	13.29 m
		Long Jump	6.41 m
		Shot Put	14.02 m
		Pentathlon	4,138 pts
		Pentathlon	3,425 pts
1998	Ayana Coleman	Long Jump	6.31 m
	Trecia-Kaye Smith **	Triple Jump	13.35 m*
	Chantee Earl	800 meters	2:08.23
	Dana McKoy	Pentathlon	3,711 pts
	Mera Belisle	1,600-meter relay	3:40.95
1999	Tamika Dorin		
	Tia Tabb		
	Chantee Earl		
	Chantee Earl	1,000 meters	2:43.99*
	Dana McKoy	Pentathlon	3,677 pts
2000	Dana McKoy	400 meters	54.50
	Trenace Elliott	3,200-meter relay	8:54.55
	DeAnna Cole		
	Beth Rocks		
	Janine Jones		
2001	Amanda Walker	Shot Put	14.91m
2002	Melanie Carter	Triple Jump	13.04m
2003	Marissa Dudek	Pole Vault	3.80m
	Elizabeth Bayne	800 meters	2:11.50
2004	Tamara McGill	Pentathlon	3,845 pts
	Amanda Walker	Shot Put	15.57m
	Marissa Dudek	Pole Vault	3.85m
	Kimberly Lyles	200 meters	24.00
	Maureen McCandless *	3,000 meters	9:23.32
2005	Maureen McCandless *	5,000 meters	16:09.34
	Tamara McGill	Pentathlon	3,900 pts
	Amanda Walker **	Shot Put	16.67m*
		Weight Throw	21.12m*
	Marissa Dudek	Pole Vault	4.12 m

* After name denotes "Outstanding Track Performer" award winner

** After event denotes "Outstanding Field Performer" award winner

* After result denotes Big East meet record

MEN'S BIG EAST OUTDOOR CHAMPIONS

YEAR	NAME	EVENT	RESULT
1985	Lee McRae *	200-meters	20.99
	Bob Weiner	3,200-meter relay	7:34.05
	Scott Abel		
	Joe Daniels		
1986	Mickey Rihtardik		
	Joel Ninos	Steeplechase	9:06.1
	Tim Kulig	Javelin	63.36 m
1987	Lee McRae	100-meters	10.38
		200-meters	20.70*
	Calvin Holmes	110-meter hurdles	14.23
	Tim Kulig	Javelin	60.42 m
1988	Eric Cannon *	100-meters	10.80
		110-meter hurdles	14.14
		200-meters	21.4 (MT)
	Elbert Ellis *	400-meter hurdles	49.8(MT)*
	Mike Stratos	Javelin	57.78 m
	Eric Cannon	110-meter hurdles	13.85
1989	Paul Friedrich	Steeplechase	9:04.2
	Mike Stratos	Javelin	59.58 m
	Eric Cannon	400-meter relay	41.88
	Neil Malobicky		
	Sam Rice		
	James Stephens		
	Elbert Ellis	1,600-meter relay	3:12.23
	Dave Moore		
	Chappale Burton		
	Dave Price		
1990	Elbert Ellis	400-meter hurdles	51.06
	Dave Moore *	800-meters	1:48.18
	Darrin Gillaspie	High Jump	2.10 m

YEAR	NAME	EVENT	RESULT
'90 cont ...	Elbert Ellis	1,600-meter relay	3:12.59
	Dave Moore		
	Franz Jobson		
1991	Chappale Burton		
	Elbert Ellis *	110-meter hurdles *	13.88
1993		400-meter hurdles	50.73
	Scott Bailey	Javelin	57.50 m
	Jay Murphy	110-meter hurdles	14.68
	Jim Monk **	Shot Put	52' 5.25"
1994		Discus	45.31 m
	Jim Monk	Shot Put	16.77 m
	Jim Monk	Discus	48.53 m
	Dietrich Jells	100 meters	10.57
1995	Dietrich Jells	100 meters	10.39
	Jay Murphy	110-meter hurdles	13.86
	Wes Alexander	400-meter hurdles	51.34
	Dietrich Jells	400-meter relay	40.75
	Anthony Dorsett		
1996	Jerel Williams		
	Jay Jones		
2005	Jay Jones	100 meters	10.33
	Justin Clickett	Shot Put	18.38 m
	Keith Higham	Pole Vault	4.95 m
2006	Tony Bonura	Javelin	70.48 m
	Keith Higham	Pole Vault	5.37 m*

- * After name denotes "Outstanding Track Performer" award winner
- ** After name denotes "Outstanding Field Performer" award winner
- * After result denotes current Big East meet record

NOTE: Roger Kingdom holds the Big East meet record in the 100-meter hurdles (13.64) set in 1983

WOMEN'S BIG EAST OUTDOOR CHAMPIONS

YEAR	NAME	EVENT	RESULT
1985	Renee Henderson	100 meters	12.19
	Gail Counts	200 meters	24.65
1984	Renee Henderson	100 meters	12.26
	Gail Counts	200 meters	25.25
	Susan Torre	400-meter relay	47.37
	Gail Counts		
1986	Edith Butler		
	Renee Henderson		
	Renee Henderson	100 meters	11.88
	Debbie Bonner	100-meter hurdles	14.30
	Lori Wood	10,000 meters	35:42.60
	Renee Henderson	400-meter relay	47.89
	Susan Torre		
	Pat Cupid		
	Angie Fowlkes		
	Debbie Bonner	100-meter hurdles	14.50
1987	Lori Wood	10,000 meters	36:28.1
	Cindy Randolph	400-meter relay	47.59
	Pat Cupid		
	Vanessa Jones		
1988	Debbie Bonner		
	Debie Bonner	100-meter hurdles	14.52
	Keisha Demas	400 meters	54.0 (MT)
	Clarissa Dudley	400-meter relay	46.87
1989	Debbie Bonner		
	Pat Cupid		
	Sonya Rivers		
	Debbie Bonner *	100-meter hurdles	13.90
		400-meter hurdles	1:01.21
	Nicole McKenzie	1,600-meter relay	3:45.63
	Debbie Bonner		
	Ardythe Hope		
	Keisha Demas		
	Ronise Crumpler		
1990	Ronise Crumpler	100 meters	12.06
		200 meters	23.72
	Allison Williams	100-meter hurdles	14.03
	Keisha Demas	400 meters	54.14
	Joanne Warner	Javelin	45.23 m
	Alexis Archer	Triple Jump	12.19 m
	Ronise Crumpler *	400-meter relay	47.08
	Vanessa Jones		
	Clarissa Dudley		
	Keisha Demas		
	Monica Hockaday	1,600-meter relay	3:42.38
	Ronise Crumpler		
	Allison Williams		
	Keisha Demas		
1991	Allison Williams	100-meter hurdles	13.78
	Keisha Demas	400-meter hurdles	53.29
	Kim Blair	400-meter hurdles	1:00.66
	Joanne Warner	Javelin	4.80 m
	Clarissa Dudley	Triple Jump	12.20 m
	Clarissa Dudley	1,600-meter relay	3:36.68
	Kim Blair		
	Ronise Crumpler		
	Keisha Demas		
	1994	Najuma Fletcher **	Triple Jump
		Long Jump	6.07 m
		High Jump	1.77 m

YEAR	NAME	EVENT	RESULT	
'94 cont. ..	Joanne Warner	Javelin	43.91 m	
		Discus	44.10 m	
1995	Najuma Fletcher **	High Jump	1.75 m	
		Triple Jump	13.21 m	
1996	Najuma Fletcher **	High Jump	1.79 m	
		Triple Jump	13.32 m	
	Trecia-Kaye Smith	Long Jump	6.43 m	
	Trecia-Kaye Smith **	Long Jump	6.60 m	
1997		Triple Jump	13.15 m	
		Shot Put	14.43 m	
		Triple Jump	12.90 m	
		Shot Put	14.07 m	
	Chantee Earl	800 meters	2:05.08	
	Gina Bundy	Heptathlon	4,378 pts	
	Anna-Rebekka Kohler	3,200-meter relay	8:46.57	
	Chantee Earl			
	Sauna McFadzean			
	Tamika Dorin			
1999	Trecia-Kaye Smith **	Triple Jump	13.16 m	
		Long Jump	6.43 m	
	Bettina Lee	Heptathlon	4,694 pts	
	Tia Tibb	1,600-meter relay	3:40.19	
2001	Mera Belisle			
	Bettina Lee			
	Tasha Peart			
	Chantee Earl			
	Nicole Kelly	Heptathlon	5,062 pts	
	2003	Marissa Dudek	Pole Vault	3.79 m
	Melanie Carter	Triple Jump	13.70 m	
	Tamara McGill **	Heptathlon	5,240 pts	
	Elizabeth Bayne	400-meter hurdles	57.57	
	2004	Trenace Elliot	400 meters	53.84
Tamara McGill	Heptathlon	5,375 pts		
2005	Marissa Dudek	Pole Vault	3.80 m	
Jill Knopsnyder	Javelin	43.47 m		
Kimberly Lyles	200 meters	23.83		
Tamara McGill	Heptathlon	5,407 pts*		
Julianna Reed	400-meter hurdles	59.42		
Kimberly Lyles *	1,600-meter relay	3:40.84		
2006	Julianna Reed			
	Shanea Calhoun			
	Shantea Calhoun			
	Marissa Dudek	Pole Vault	4.00 m*	
	Shanea Calhoun	200 meters	23.64	
	Martina Hallman	Long Jump	6.18 m	
	Angela Hoover	Javelin	48.78 m	
	Shanea Calhoun	400-meter relay	45.68	
	Janessa Murphy			
	Raquel Bender			
Shantea Calhoun				

- * After name denotes "Outstanding Track Performer" award winner
- ** After name denotes "Outstanding Field Performer" award winner
- * After result denotes current Big East meet record

ECAC/IC4A RESULTS

ECAC/IC4A CHAMPIONSHIPS

hosted by Princeton University
May 12-14, 2006

Men's Review

The Pitt men tied for 10th overall with 26 points. George Mason's team claimed the IC4A Championship with 59 points. Pitt had five had five competitors place in the top five and captured the pole vault title.

At a height of 5.35 meters, Keith Higham won his second consecutive IC4A title in the pole vault. Higham won the 2005 title with a vault 5.05 meters. Tony Bonura threw for a mark of 65.49 meters, placing him second in the javelin. Both Higham and Bonura had regional-qualifying marks in every competition throughout the outdoor season.

In the 1,500 meters, Tim Konoval set a personal-best time of 3:45.63, finishing in third place. Eric Fleming finished eighth with a time of 3:50.28. With a mark of 14.63 meters, Eric Jones placed eighth in the triple jump.

In the 100 meters, sprinters Sam Perkins and Chris Anderson ran for times of 10.84 and 10.89 respectively. The 400-meter relay team ran for a time of 42.19. Pitt's relay team consisted of Chris Anderson, Mike Wray, Kareem Cousar and Sam Perkins.

Women's Review

The Pitt women claimed their fourth consecutive ECAC outdoor title in 2006. The Panthers won both hurdles events, the pole vault and 400-meter relay while setting two school records. Totaling 87 points, the women defeated second-place Virginia by 19 points.

Julianna Reed won both the 100-meter hurdles and 400-meter hurdles, establishing personal-best times in both events. She ran a time of 13.91 in the 100-meter hurdles and a time of 57.99 in the 400-meter hurdles.

Marissa Dudek tied her school record for the third time this season with a mark of 4.00 meters in the pole vault. Pitt's relay team of Raquel Bender, Shanea Calhoun, Shantea Calhoun and Janessa Murphy won the 400-meter relay event with a time of 46.06.

With a time of 11.54 in the preliminaries, Shantea Calhoun set a new school record in the 100 meters. The previous record of 11.56 was held by Zenia Artyon and set in 1994. Shantea went on to

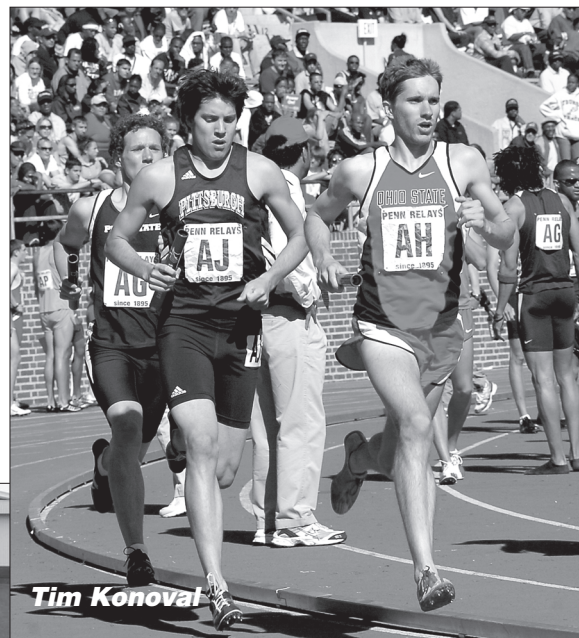
finish second in the event finals with a time of 11.64. Shanea Calhoun finished fourth in the 100 meters with a time of 11.88.

In the 200 meters, both sprinters qualified for the finals. Shantea placed second at 23.42 and Shanea finished in third at 23.80.

On the track, Raquel Bender set personal-best times in the 100 meters and 200 meters with times of 11.99 and 24.33 respectively. Selena Sappleton set a personal-best time of 1:01.73 in the 400-meter hurdles.

In the field, Nicole Pitchford finished fourth in the pole vault with a height of 3.80 meters. In the long jump, Janessa Murphy placed fourth with a personal-best mark of 6.10 meters.

Angela Hoover threw for 44.60 meters to place fourth in the javelin. Hayle Ritchey set a new personal-best mark in the javelin at 41.59 meters for ninth place. Mycah Clemons placed tenth in the heptathlon, setting a personal-best time in the 200 meters at 25.85.



NCAA EAST REGIONAL CHAMPIONSHIPS

hosted by North Carolina A&T State University
May 26-27, 2006

Men's Review

The men's track and field team came in an impressive ninth place with 21 total points while qualifying four competitors for the NCAA Championships. Pitt's first qualifier was Keith Higham who finished second in the pole vault. His height of 5.31 meters was only .10 meters behind first place. Tony Bonura placed fourth in the javelin with a throw of 70.25 meters to earn his second NCAA berth. Mike Wray received his first NCAA bid, qualifying in the 110-meter hurdles. His personal-best time of 13.70 earned him a fourth-place finish. Pitt had three finalists in the 1,500 meters, but only Sam Bair and Eric Fleming were able to finish. Bair placed sixth, one place away from an automatic bid, at 3:53.47. His finish, however, was good enough to earn him an at-large bid. Fleming finished in 10th at 3:55.35.

Women's Review

The Panther women also finished with 21 total points, placing 10th overall. Pitt had four NCAA qualifiers, all with prior national experience. Maureen McCandless continued to shatter records, passing her own mark in the 5,000 meters. Running for a time of 16:01.30 and second place, McCandless surpassed her previous mark of 16:11.24. Julianna Reed also made it back to nationals in the 400-meter hurdles, this time breaking the school record with a time of 57.45. She surpassed the previous mark of 57.47, set by Kim Blair in 1993. Marissa Dudek finished fifth in the pole vault with a height of 3.96 meters to qualify for the NCAAs. And in the 200 meters, sophomore Shantea Calhoun placed seventh at 23.53 to earn an at-large bid. Other Pitt competitors included Nicole Pitchford, who placed 16th in the pole vault at 3.66 meters. The 400-meter relay team finished eighth overall with a time of 45.47. The team consisted of Shantea Calhoun, Raquel Bender, Janessa Murphy and Shantea Calhoun. The 400-meter relay team placed ninth with a time of 3:39.23. This relay team consisted of Reed, Martina Hallman, Shantea Calhoun and Shantea Calhoun.



Raquel Bender

NCAA CHAMPIONSHIPS

hosted by Sacramento State University
June 7-10, 2006

Men's Review

With four qualifiers for the NCAA Championships, the men's team had three All-Americans. Keith Higham placed eighth in the pole vault with a height of 5.35 meters. Tony Bonura finished eighth in the javelin with a mark of 68.12 meters. Sam Bair placed ninth in the 1,500 meters with a time of 3:47.00. Because of international competition, Bair received the national recognition. Mike Wray also competed, qualifying for the semi-finals in the 110-meter hurdles and running for a time of 14.04.

Women's Review

On the women's side, the team had four qualifiers as well and two All-America honorees. Maureen McCandless finished seventh in the 5,000 meters. This marked her third All-American performance having earned the honors during the indoor season and also in the 2004 cross country season. Julianna Reed advanced to the semifinals in the 400-meter hurdles and placed 12th overall. Because of international competition, she was also awarded with the national honor. Reed ran for a time of 58.25. Marissa Dudek cleared a height of 3.75 meters in the pole vault preliminaries, and Shantea Calhoun ran for a time of 23.82 in the 200 meters preliminaries.



Mike Wray

NCAA FINALISTS

MEN'S NCAA INDOOR FINALISTS

YEAR	NAME	EVENT	PLACE	MARK
1982	Darren Geary	880 yards	6th	1:41.15
1983	Geary, Gallagher	3,200-meter relay	5th	7:26.50
	Moorhead, Brown			
1984	Roger Kingdom	55-meter hurdles	1st	7.08
	Todd Colas	1,000 meters	6th	2:26.09
1985	Lee McRae	55 meters	6th	6.26
1986	Lee McRae	55 meters	1st	5.99
	Eric Cannon	55-meter hurdles	4th	7.29
	Weiner, Daniels	3,200-meter relay	4th	7:21.42
	Moore, Manes			
1987	Lee McRae	55 meters	1st	6.13
	Weiner, Daniels	3,200-meter relay	4th	7:20.43
	Manes, Moore			
1988	Lee McRae	55 meters	1st	6.07
	Eric Cannon	55-meter hurdles	4th	7.33
1990	Elbert Ellis	55-meter hurdles	6th	7.28
1991	Elbert Ellis	55-meter hurdles	2nd	7.24
	Keith Dowling	5,000 meters	6th	13:49.52
2005	Justin Clickett	Shot Put	9th	19.05 m
2006	Justin Clickett	Shot Put	12th	18.18 m

MEN'S NCAA OUTDOOR FINALISTS

YEAR	NAME	EVENT	PLACE	MARK
1983	Roger Kingdom	110-meter hurdles	1st	13.54
1986	Lee McRae	100 meters	1st	10.11
1987	Lee McRae	100 meters	2nd	10.21
		200 meters	6th	20.44
	Dave Moore	800 meters	9th	1:48.49
1989	Eric Cannon	110-meter hurdles	2nd	13.21
	Elbert Ellis	110-meter hurdles	8th	13.78
1990	Elbert Ellis	110-meter hurdles	4th	13.73
	Dave Moore	800 meters	7th	1:48.75
	Keith Dowling	10,000 meters	8th	29:08.28
1991	Elbert Ellis	110-meter hurdles	4th	13.72
		400-meter hurdles	8th	52.70
2004	Mike Kennedy	Javelin	22nd	62.77m
2005	Tony Bonura	Javelin	9th	66.32m
	Keith Higham	Pole Vault	14th	5.00m
2006	Sam Bair	1,500 meters	9th	9th
	Keith Higham	Pole Vault	8th	8th
	Tony Bonura	Javelin	8th	8th

RECENT PANTHER NCAA ALL-AMERICANS

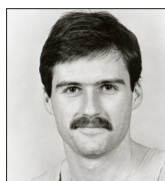
**The top eight competitors in each event earn All-America status. In addition, the NCAA recognizes the top eight *Americans* in each event by awarding them All-America honors. Therefore, a competitor could finish 10th, but still be considered All-America because of international competitors who may have placed in the top eight.



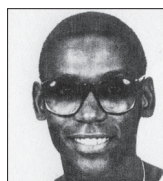
Darren Geary



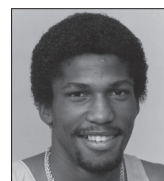
Terry Gallagher



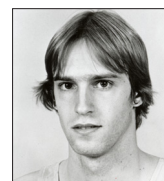
Bill Moorhead



Garland Brown



Roger Kingdom



Todd Colas



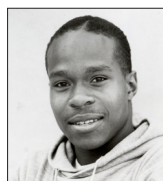
Lee McRae



Eric Cannon



Bob Weiner



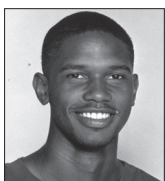
Joe Daniels



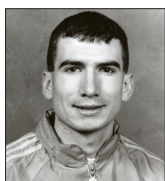
Dave Moore



Tim Manes



Elbert Ellis



Keith Dowling



Justin Clickett



Tony Bonura



Sam Bair



Keith Higham

WOMEN'S NCAA INDOOR FINALISTS

YEAR	NAME	EVENT	PLACE	MARK
1990	Keisha Demas	400 meters	8th	54.52
1994	Najuma Fletcher	High Jump	7th	1.77 m
		Triple Jump	5th	12.88 m
1995	Najuma Fletcher	Triple Jump	1st	13.48 m
		High Jump	4th	1.86 m
		Long Jump	5th	6.26 m
	Angie Martin	800 meters	6th	2:07.65
1996	Najuma Fletcher	High Jump	1st	1.84 m
		Triple Jump	4th	13.32 m
		Long Jump	8th	6.26 m
	Trecia-Kaye Smith	Long Jump	7th	6.17 m
1997	Trecia-Kaye Smith	Long Jump	1st	6.66 m
		Triple Jump	2nd	14.12 m
	Angie Martin	800 meters	4th	2:06.12
1998	Trecia-Kaye Smith	Triple Jump	1st	14.05 m
		Long Jump	1st	6.55 m
	Chantée Earl	800 meters	3rd	2:06.09
1999	Trecia-Kaye Smith	Long Jump	1st	6.53 m
		Triple Jump	2nd	14.02 m
	Chantée Earl	800 meters	4th	2:04.58
2000	Chantée Earl	800 meters	1st	2:02.19
2002	Janine Jones	800 meters	12th	2:07.65
	Beth Rocks	800 meters	18th	2:09.34
2003	Melanie Carter	Triple Jump	12th	N/A
2005	Amanda Walker	Shot Put	5th	16.52 m
	Amanda Walker	Weight Throw	15th	19.96 m
	Tamara McGill	Pentathlon	15th	3,886 pts.
2006	Maureen McCandless	5,000 meters	3rd	15:56.51
	Marissa Dudek	Pole Vault	5th	4.10 m

WOMEN'S NCAA OUTDOOR FINALISTS

YEAR	NAME	EVENT	PLACE	MARK
1990	Keisha Demas	400 meters	8th	52.62
	Hockaday, Crumpler	1,600-meter relay	5th	3:34.48
	Williams, Demas			
1991	Keisha Demas	400 meters	6th	52.69
	Dudley, Blair	1,600-meter relay	5th	3:35.98
	Crumpler, Demas			
1992	Carmela Mariani	10,000 meters	6th	35:12.17
1993	Mary Allison Williams	110-meter hurdles	8th	13.58
1994	Najuma Fletcher	Triple Jump	6th	13.07m
		High Jump	6th	1.79m
		Pentathlon	3rd	5,750 pts.
	Mary Allison Williams	110-meter hurdles	6th	13:50.00
	Kim Blair	400-meter hurdles	3rd	57.47
1995	Najuma Fletcher	High Jump	2nd	1.89 m
		Triple Jump	3rd	13.55 m
		Long Jump	7th	6.14 m
1996	Najuma Fletcher	Triple Jump	17th	12.43 m
	Trecia-Kaye Smith	Triple Jump	2nd	13.58 m
		Long Jump	6th	6.29m
		Heptathlon	11th	5,329 pts.
1997	Trecia-Kaye Smith	Long Jump	1st	6.65m
		Triple Jump	5th	13.63 m
	Chantée Earl	800 meters	15th	N/A
1998	Trecia-Kaye Smith	Triple Jump	1st	13.98 m
		Long Jump	2nd	6.41m
	Chantée Earl	800 meters	4th	2:04.61
1999	Trecia-Kaye Smith	Long Jump	1st	6.61 m
		Triple Jump	2nd	13.91 m
		Heptathlon	10th	5,476 pts.
	Chantée Earl	800 meters	7th	2:05.74
2000	Chantée Earl	800 meters	2nd	2:02.43
	Tabb, Belisle	1,600-meter relay	4th	3:33.23
	Earl, Peart			
2003	Maureen McCandless	5,000 meters	14th	16:54.38
	Tamara McGill	Heptathlon	14th	5,162 pts.
	Elizabeth Bayne	400-meter hurdles	20th	59.72
	Kim Lyles	200 meters	12th	23.70
2004	Trenace Elliot	400 meters	27th	55.57
	Tamara McGill	Heptathlon	16th	5,126 pts.
	Elizabeth Bayne	400-meter hurdles	25th	1:00.08
2005	Tamara McGill	Heptathlon	12th	5,413 pts.
	Amanda Walker	Shot Put	7th	16.48m
2006	Maureen McCandless	5,000 meters	7th	16:14.10

RECENT PANTHER NCAA ALL-AMERICANS



Keisha Demas



Monica Hockaday



Ronise Crumpler



Mary Allison Williams



Clarissa Dudley



Kim Blair



Carmela Mariani



Najuma Fletcher



Angie Martin



Trecia-Kaye Smith



Chantée Earl



Tia Tabb



Mera Belisle



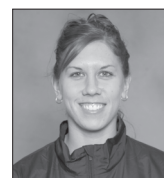
Tasha Peart



Amanda Walker



Maureen McCandless



Marissa Dudek



Julianna Reed

OLYMPIANS

The University of Pittsburgh has a rich and successful track and field history. Its men's and women's teams boast 10 Olympians, the most by any Panther sports program.

Pitt's track and field teams have produced a pair of gold medalists — John Woodruff, who won the 800 meters at the 1936 Games in Berlin, and Roger Kingdom, who won the 110 meter high hurdles in both the 1984 and 1988 Olympics in Los Angeles and Seoul respectively. Another Pittsburgh product, Herb Douglas, earned a bronze medal in the long jump at the 1948 Games in London.

Pitt's Olympians have come from near and far. Woodruff, who lives in Arizona, was from nearby Connellsville, Pa. Kingdom came to Pittsburgh as a prized running back football recruit out of Unadilla, Ga. Najuma Fletcher, one of the most decorated athletes in Pitt history and former assistant coach, was one of three representatives of her native Guyana to participate in the 1992 Olympics in Barcelona. More recently, Ayne Allen represented St. Kitts at the 1996 Atlanta Games. One of Pitt's most familiar Olympians, Arnie Sowell went to high school just blocks from the Cathedral of Learning at Schenley High. Sowell finished fourth in the 800 meters at the 1956 Games in Melbourne. Trecia Kaye-Smith placed fourth in Athens and went on to become the world champion in the triple jump in 2005.

Pitt's Olympic history goes back to the 1920's. Frank Shea was the Panthers' first Olympian, competing in the 440 meters. Panther teammates Vic Pickard and Dan Gwinn competed together in the 1928 Games. Pickard represented Canada as a pole vaulter while Gwinn participated in the hammer throw for the U.S.

PITT TRACK AND FIELD OLYMPIANS

FRANK SHEA

*United States of America
1920 — 440 Meters*

DAN GWINN

*United States of America
1928 — Hammer Throw*

VIC PICKARD

*Canada
1928 — Pole Vault*

JOHN WOODRUFF

*United States of America
1936 — 800 Meters (Gold Medal)*

HERB DOUGLAS

*United States of America
1948 — Long Jump (Bronze Medal)*

ARNIE SOWELL

*United States of America
1956 — 800 Meters*

ROGER KINGDOM

*United States of America
1984 — 110-Meter High Hurdles (Gold Medal)
1988 — 110-Meter High Hurdles (Gold Medal)*

NAJUMA FLETCHER

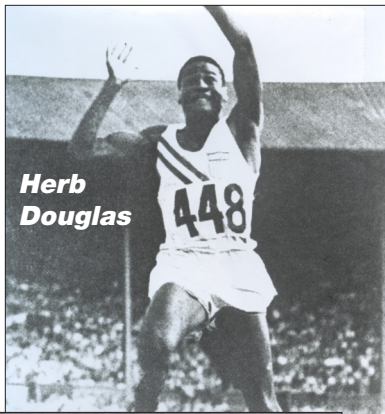
*Guyana
1992 — Heptathlon*

AYNE ALLEN

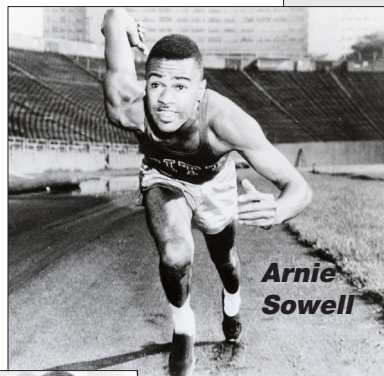
*St. Kitts
1996 — 4x400 Meter Relay*

TRECIA-KAYE SMITH

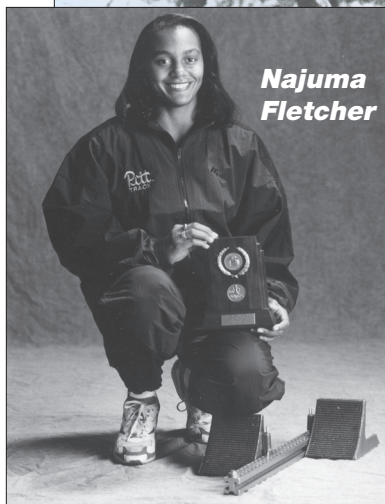
*Jamaica
2004 — Triple Jump*



Herb Douglas



Arnie Sowell



Najuma Fletcher



John Woodruff



Roger Kingdom



Trecia-Kaye Smith