

National Safety Council®



## 2008-2009 General Catalog



*Making our World Safer®*

800.621.7619 | NSC.ORG

# The National Safety Council Difference

## A Nonprofit Organization

***The National Safety Council (NSC) is a congressionally chartered, nonprofit organization with a mission “to educate and influence people to prevent accidental injury and death” and a vision of “making our world safer.”***

*For nearly 100 years, our sole focus has been to accomplish this mission and vision. We succeed by offering resources to help people and organizations achieve their safety and health initiatives. How they accomplish this is as unique as National Safety Council products and programs. Every dollar you spend with us is invested to make your world safer.*

### The Training You Want

While other organizations specialize in limited areas, NSC offers a broad spectrum of training to promote health and safety in the workplace, on the road and in the community. We have more than 130 programs to meet your specific needs, delivered in the format that will work best for you. Whether you need classroom, package, self-study, online or webinars it's all available from NSC — including selected courses in Spanish.

### Custom Training When Needed

Our safety surveys and assessments can identify your safety challenges and create individualized action plans to meet your specific requirements. You can even add your organization's name, logo, messaging, videos and branding to our programs to make them your own.

### Training Wherever You Are

We have thousands of training locations to serve communities and organizations nationwide. Our Chapter network provides a local presence all around the country (see pages 6-7). Even more convenient is our capability to teach our safety programs at your facility or offer them online or as self-study. We even offer courses worldwide through our International Safety Council — a great way for multinational organizations to ensure that all locations get consistent, quality training.

### We're Proactive for You

NSC has a permanent presence in Washington, DC, where we have strategic alliances with key federal agencies including OSHA, NIOSH, MSHA, CDC and others. You get the inside track on safety news and regulations right from the point of origin. Plus, we can use our contacts to communicate your needs to these regulatory bodies.



*Making our World Safer®*

## Volunteer to get involved with NSC

*NSC offers members many ways to become proactive in supporting safety. Whether you're an experienced safety professional or new to the field, we welcome you to help us make the world safer. You also have much to gain for yourself as an NSC volunteer including:*

- Make important contacts working with other members and industry leaders
- Be on top of current safety, health and environmental concerns
- Contribute to solutions for specific safety issues
- Prepare and review technical content of programs and materials
- Help develop public policy statements on safety concerns
- Receive training and information you can use to improve your organization

### NSC opportunities for volunteers

- Volunteer Divisions: Industry Networking and Professional Development Groups and their Working Committees
- Division/Industry Expert and Speakers Bureau (coming soon)
- NSC Chapter Network Regional Activities (contact local Chapter)
- Product Development Review Committees
- Safe Communities America – local level
- Advocacy
  - Government Day
  - Legislative Efforts: local, state and national



- Members-Only Website
  - Article Submissions
  - Safety Solutions Spotlight
- Member Webinar Presenter
- Congress & Expo
  - Technical Session Submission
  - Technical Research Poster
  - Sponsorships
  - Welcome First-Time Attendees
- Conference Host Teams
  - Texas Safety Conference & Expo – Houston, TX, March 2-3, 2009
  - Off-the-Job Symposium – Spring 2009
  - Traffic Records Forum – Phoenix, AZ, July 12-16, 2009
  - Congress & Expo – Orlando, FL, October, 23-30, 2009
- Fundraising
  - Friends of Safety Outreach
  - Green Cross Dinner
  - Golf Fore! Safety Events
- Student Safety Ambassadorships
- Shared Interest Groups
  - Young Professionals
  - Insurance Industry Executive Risk Managers



### Volunteer to help make our world safer

For more information on volunteering opportunities with NSC, call **800.621.6719**, contact your local Chapter or visit **nsc.org**

## Training from the Most Trusted Source

There's 97 years of safety experience and expertise behind every NSC course and product, along with input and support on every item from more than 53,900 NSC member companies. Many of them are among the largest, most prominent organizations in the world. Our instructors and consultants earn high regard with an average of 20 years industry experience as well as CSP and ASP certifications.

## A Single Source to Meet Your Safety and Health Needs

New technologies and operations often require new health and safety practices. We stay abreast of industry trends and issues, constantly enhancing our network of knowledge for our members and member companies. From newsletters and publications to websites, instant updating and more, we disseminate the information you need, when you need it, so you can make your workplace safer.

## Network with Other Safety Leaders

The health and safety world is not static and challenges abound. NSC is very aware of this reality and highly proactive in bringing professionals together to problem solve. There is an NSC Division for many industries, with groups meeting together to address and resolve specific issues and concerns. It's all part of the NSC difference. Partner with NSC and other industry leaders to advance programs and practices in your field.

## Even Greater Things

With your participation, the possibility of advancing safety and health initiatives in the workplace and in our communities is limitless. Let's unite to save billions of dollars and hundreds of thousands of lives nationwide. On the job or off, we can serve together as the nation's leading advocate for a safer world.

# The NSC National Training Calendar

Create a customized training plan for your needs – whether you need specific training in the next few weeks or months into the future. The National Training Calendar is available in printed form and also on the internet at [train.nsc.org/ntc](http://train.nsc.org/ntc) for your convenience. The printed form gives current information as of the publishing date. Our Online Training Calendar has updated information and has been redesigned to make it easier for you to find the training you want.

## NEW search function

New this year are search functions on [train.nsc.org/ntc](http://train.nsc.org/ntc) for you to find the training you want using any or all of the following criteria:

- Training course name
- Locations offering course by state
- Dates training course is offered

## Updated information

As Training Centers add courses, this information is immediately posted on the web site: new courses, new locations, new course dates. Check in often – we add new courses, locations and training dates frequently. See if the training you want has been added in your area. Additional user functions are also being added, so check back often to see what's new at [train.nsc.org/ntc](http://train.nsc.org/ntc)

Search by Date  
Search by State



Visit [train.nsc.org/ntc](http://train.nsc.org/ntc) for the most current information on NSC training courses, dates and locations.

# It's Easy to Order from NSC

Choose the option that's best for you:



## 1. Call 800.621.7619 or your local NSC Chapter

Our Customer Service representatives are available from 8 a.m. to 5:15 p.m. (Central time) Monday through Friday. They have the expertise to recommend the training or products that best meet your needs. They can also walk you through the ordering process, in case you have any questions. To contact your local Chapter, go to pages 6–7 for a complete listing.

## 2. Fax your order to 630.285.0797

Fax us the item information including Product #, Description, Quantity and Price (the 2008-2009 catalog order form on page 103 makes it easy). *Please include a phone number and email address, in case we need to contact you with any questions.*

## 3. Order online at [nsc.org](http://nsc.org)

Use our online shopping cart for ordering the items you want. It's fast, easy and secure.

## 4. Mail your order to NSC

Mail the item information including Product #, Description, Quantity and Price *along with your payment to:*

- **Payment by check:**  
National Safety Council  
3241 Paysphere Circle  
Chicago, Illinois 60674
- **Payment by credit card or purchase order:**  
National Safety Council  
1121 Spring Lake Drive  
Itasca, Illinois 60143

## 5. International orders or questions from outside the U.S.

Call **630.775.2056**, fax your order to **630.285.0797**, or visit **[nsc.org](http://nsc.org)**



**NSC members save 30% on most orders!**  
*If you're not a member — join NOW and start saving immediately! Use the form on page 105.*



Visit **[train.nsc.org/ntc](http://train.nsc.org/ntc)** to meet all your training needs.

## For more information about NSC's international capabilities, contact:

### Europe

Barry Holt, Regional Director  
Tel: 44(0) 20-8847-2988

### Middle East

Namir George, Area Manager  
Tel: 44(0)1527-574690

### Latin America

Martha Guevara, International  
Business Manager  
Tel: (202) 974-2478



NSC provides GSA pricing to all government agencies. Visit **[gsaadvantage.gov](http://gsaadvantage.gov)** for special pricing.

# Table of contents

NSC Membership Benefits .....	4
NSC Local Chapters.....	6
NSC Divisions.....	8
NSC Congress & Expo .....	9
Become a Partner for Safety .....	10
Program Sponsorship Opportunities.....	11

## **Defensive Driving** ..... **12-29**

Driver Improvement .....	12
Defensive Driving Courses .....	13
Fleet Safety Management .....	17
Advanced Defensive Driving Courses .....	18
Young Adult Drivers .....	19
Motorcycle Driver Safety .....	21
Truck Drivers.....	22
Truck Drivers/Specialty Vehicles .....	24
Passenger Vehicles.....	27
Emergency Vehicles.....	28

## **Emergency Preparedness** ..... **30-42**

Emergency Care Training .....	30
First Aid, CPR, and AED.....	32
First Aid .....	34
CPR and AED .....	35
Training Supplements .....	36
Pediatric First Aid, CPR, and AED .....	37
Advanced Training .....	38
Bloodborne and Airborne Pathogens .....	40
Influenza Pandemic .....	41
Resources.....	42

## **Home and Community** ..... **43-47**

Off-the-Job Safety .....	43
Off-the-Job Resources.....	44
Safety Stuffers .....	45
Safety Posters .....	46

## **Recognition** ..... **48-53**

Occupational Safety Awards .....	48
Occupational Awards .....	50
Safe Driver Awards .....	52

## **Resources** ..... **54-67**

Publications .....	54
Newsletters/Supervisor Books .....	55
Research and Statistics .....	56
Accident Prevention Manuals .....	58
Reference Materials.....	59
Compliance.....	60
Theory to Practice .....	62
Ongoing Safety Support .....	64
Advanced Safety Support.....	66

## **Workplace** ..... **68-101**

Introduction.....	68
Onsite/Customized Training .....	70
Assessments.....	71
Leader Development.....	72
International Consulting .....	73
Employee Perception Surveys.....	74
OSHA Compliance Training.....	76
Lift Truck.....	81-83
Bloodborne/Influenza .....	84
Webinars .....	85
General Industry.....	86
Flagger .....	87
Roadway.....	88
Construction Compliance .....	90
Supervisor Safety Training.....	92
Principles of Occupational Safety (POSH) .....	94
Industrial Hygiene.....	95
Investigations and Analysis.....	96
Team Safety.....	97
Ergonomics.....	98
Safety Leadership.....	100
Working Safely with Auto Lifts .....	101
Giving.....	102
Order Form.....	103
NSC Membership Application.....	105
Index.....	107

# NSC Members Get MORE...



## Join Today!

*The value of membership with the National Safety Council isn't found only in the extensive benefits our members receive. It's also found in the reduction of injuries resulting from the knowledge gained by those benefits. That's why more than 56,000 companies utilize their member benefits to educate and influence more than 8.5 million employees.*



### NSC can help you...

- Develop, implement and maintain top-notch safety programs on and off the job
- Educate and influence employees to focus on safety 24/7
- Address safety challenges
- Reduce workers' compensation claims and lost days of work
- Improve existing policies and best practices
- Remain current on the latest safety and health news
- Save up to 30% on training, publications, products and events

### All your employees can receive...

- An annual subscription to *Safety+Health*® magazine – a \$36 value
- Monthly webinars on health and safety
- 24/7 access to downloadable reports, presentations, articles, checklists, posters and webinars on the Members-Only website
- Access to more than 169,000 health and safety materials through the NSC Library
- Access to safety professionals locally through NSC Chapters and Division networking groups; nationally through the Members-Only website; and at NSC's Annual Congress & Expo
- Incentive items to motivate employees
- Weekly News Alert and industry e-newsletters

### And there's more...

- Division networking groups let you volunteer your talents, share best practices, and get professional training and information
- Online job board with career opportunities in environmental and occupational health and safety
- Discounts to the NSC's Annual Congress & Expo, with 800+ exhibitors and 15,000+ attendees
- Accident Review, a member-exclusive service, provides an impartial ruling on the preventability of work-related crashes. Available to all members for \$300.
- NSC Chapters provide OSH, DDC and Emergency Care training; events and conferences; and offer networking opportunities
- Member-exclusive safety awards program (available at the 11 or more employees level)



**MEMBER**  
*exclusive*

### Member-exclusive products

Throughout this catalog, this symbol indicates products that are available only to National Safety Council members.



## Top five ways you and your employees can get more from NSC membership

- 1. Give everyone access.** Post a link on your company intranet to the Members-Only website, with your Member ID listed. Employees can then download posters, checklists, articles, presentations and webinars.
- 2. Opt-in on the Members-Only home page** to be included on your company's benefit distribution.
- 3. Network with other professionals in our Member Community** to share safety success stories, get answers to safety challenges and discover what others are doing to promote safety in their organizations.
- 4. Struggling to overcome a safety challenge?** Submit your challenge to us at [membercom@nsc.org](mailto:membercom@nsc.org). We'll post it on the Members-Only website, gather feedback from members, have our consultants review member suggestions for accuracy and post the best responses to your challenge on our Members-Only website.
- 5. Motivate, inspire, acknowledge and reward your staff with the Safety Motivation and Recognition Awards Program.** This elite member-exclusive program will inspire your team to continuously focus on safety. Learn more on pages 48-53.



**Not a member? Join today  
and start saving up to 30%!**

It's easy to become a member of the National Safety Council. Here are four options to make that happen:

- Visit [join.nsc.org](http://join.nsc.org)
- Call **800.621.7619**
- Complete and fax the application on pages 105 - 106 to **630.285.9288**
- Call your local Chapter (listing on pages 6 - 7)



# Our nationwide network of Chapters

**Stay connected in your community.** Our Chapters reinforce safety, health and environmental efforts at a local level, providing training, workshops, consultation, newsletters, products and networking opportunities. They extend the Council's visibility and provide a local voice for advocating issues that educate, inform, protect and save lives.

## Alabama

### Alabama Chapter, National Safety Council

Phone: **205.328.7233**  
**800.457.7233**

Has satellite office located in Decatur, AL.

Phone: **256.308.1133**

## Arizona

### Arizona Chapter National Safety Council

Phone: **602.264.2394**

## Arkansas

### Northern Arkansas served by the Safety Council of the Ozarks, MO

### Southern Arkansas served by NSC, Ark-La-Tex Chapter, LA

## California

### National Safety Council, California Chapter

Phone: **310.827.9781**  
**800.421.9585**

## Colorado

### Colorado Safety Association

Phone: **303.373.1937**  
**800.727.0519**

## Connecticut

### Served by Safety Council of Western New England, MA

Serves the following counties: Tolland,  
Hartford, Litchfield.

## Delaware

### Served by Chesapeake Region Safety Council, MD

## District of Columbia

### Served by Chesapeake Region Safety Council, MD

## Florida

### National Safety Council, South Florida Chapter

Phone: **954.363.5321**  
**866.672.5700**

### National Safety Council, Central and North Florida Chapter

Phone: **407.370.4098**  
**800.427.2713**

## Georgia

### National Safety Council, Georgia Chapter

Phone: **770.457.5100**  
**800.441.5103**

## Illinois

### National Safety Council, Chicago Chapter

Phone: **630.775.2213**  
**800.621.2855**

### Outside Chicagoland area served by Iowa-Illinois Safety Council, Urbandale, IA

### St. Louis Metropolitan area served by Safety Council of Greater St. Louis, MO

## Indiana

### Northwestern Indiana served by NSC, Chicago Chapter, IL

### Central and Southern Indiana served by National Safety Council, Kentucky Chapter

## Iowa

### Iowa-Illinois Safety Council

Phone: **515.276.4724**  
**800.568.2495**

## Kansas

### Served by Safety and Health Council of Western Missouri and Kansas, MO

## Kentucky

### National Safety Council, Kentucky Chapter

Phone: **859.294.4242**

## Louisiana

### National Safety Council, South Louisiana Chapter

Phone: **504.888.7618**  
**800.672.3389**

### National Safety Council, Ark-La-Tex Chapter

Phone: **318.687.7550**

## Maine

### Safety and Health Council of Northern New England

Phone: **207.854.8441**  
**800.369.0040**

## Maryland

### Chesapeake Region Safety Council, MD

Phone: **410.298.4770**  
**800.875.4770**

## Massachusetts

### Massachusetts Safety Council

Phone: **781.356.1633**  
**800.732.6729**

### Safety Council of Western New England

Phone: **413.783.1632**  
**800.359.9717** In-State

### Central Massachusetts Chapter, National Safety Council

Phone: **508.835.2333**

## Michigan

### Safety Council for Southeast Michigan

Phone: **248.858.8830**

### Lansing Area Safety Council

Phone: **517.394.4614**  
**866.423.7233**

# We are where you need us

## Minnesota

### Minnesota Safety Council, Inc.

Phone: 651.291.9150  
800.444.9150

## Mississippi

### Served by Alabama Chapter, National Safety Council

## Missouri

### Safety and Health Council of Western Missouri and Kansas

Phone: 816.842.5223

### Safety Council of the Ozarks

Phone: 417.869.2121  
800.334.1349

### Safety Council of Greater St. Louis

Phone: 314.621.9200

## Montana

### Served by Wyoming-Montana Safety Council, WY

## Nebraska

### Nebraska Safety Council

Phone: 402.483.2581  
888.704.7233

### National Safety Council, Greater Omaha Chapter

Phone: 402.896.0454  
800.592.9004

## New Hampshire

### Safety and Health Council of Northern New England

Phone: 603.228.1401  
800.834.6472

## New Jersey

### New Jersey State Safety Council

Phone: 908.272.7712  
800.228.3834

## New York

### Northeastern New York Safety and Health Council

Phone: 518.438.2365

### Safety Council of Central and Western New York

Phone: 315.431.9583  
800.255.1300

## North Carolina

### Safety and Health Council of North Carolina, Charlotte Office

Phone: 704.644.4200

Has satellite office in Raleigh, NC.

Phone: 919.719.9800

## North Dakota

### North Dakota Safety Council

Phone: 701.223.6372  
800.932.8890

## Ohio

### National Safety Council, Central Ohio Chapter

Phone: 614.324.5934

### National Safety Council, Northern Ohio Chapter

Phone: 330.747.8657  
800.715.0358

## Oklahoma

### Oklahoma Safety Council, Oklahoma City Office

Phone: 405.848.8626  
800.580.7238

Has satellite office in Tulsa, OK.

Phone: 918.622.4771  
866.622.4771

## Oregon

### Served by National Safety Council, California Chapter

## Pennsylvania

### Served by National Safety Council, Georgia Chapter

## Rhode Island

### Served by Massachusetts Safety Council, MA

## South Carolina

### South Carolina Chapter, National Safety Council

Phone: 803.732.6778

## South Dakota

### South Dakota Safety Council

Phone: 605.361.7785

## Tennessee

### Tennessee Safety and Health Council, Inc.

Phone: 423.553.1945

## Texas

### National Safety Council, Texas Chapter

Phone: 972.250.4482  
888.222.4143

### Northeastern Texas served by NSC, Ark-La-Tex Chapter, LA

## Utah

### Utah Safety Council

Phone: 801.478.7878  
800.933-5943

## Vermont

### Served by Safety and Health Council of Northern New England, NH

## Virginia

### Served by National Safety Council, Georgia Chapter

## Washington

### Served by National Safety Council, California Chapter

## West Virginia

### Served by National Safety Council, Kentucky Chapter

## Wisconsin

### Wisconsin Safety Council

Phone: 608.258.3400  
800.236.3400

## Wyoming

### Wyoming-Montana Safety Council

Phone: 307.635.4592

# Be a part of the NSC experience

## Get involved with safety in your industry through National Safety Council Divisions



***Divisions provide networking and problem-solving opportunities, focused on specific industries. Members network with fellow safety professionals to share safety knowledge and help make their field safer.***

Whether you're an experienced safety professional or new to the field, you have much to gain from your Division participation. Here's what you can expect:

- Make important contacts working with other members and industry leaders
- Be on top of current safety, health and environmental concerns
- Contribute to solutions for specific issues in your industry
- Prepare and review technical content of programs and materials
- Help develop public policy statements on safety concerns
- Receive training and information you can use to improve your organization

NSC Divisions generally meet two or more times a year to discuss research findings, new concepts, trends and solutions for today's safety challenges in their industry. They also maintain ongoing communications with members throughout the year.

### **NSC Divisions**

- Business & Industry
  - Aerospace
  - Automotive, Metals and Power Press
  - Chemical, Rubber and Plastics
  - Food and Beverage
  - International Air Transport
  - Marine
  - Mining and Mineral Resources
  - Services, Retail and Logistics
- Community Safety (Off-the-Job Safety)
- Construction
- Transportation Safety
  - Commercial Vehicle and Fleet Administration
  - Mass Transit
  - School Bus Transportation
- Highway Traffic Safety and Committee on Alcohol and Other Drugs
- Labor
- Utilities
  - Communications
  - Gas and Electric
  - Water and Wastewater Reclamation
- College and University Initiative
  - Education and Research (SHE Professors and Students)
  - Campus EHS Professionals

## Get involved to help make our world safer

There's no better time than today, no better place than an NSC Division, to help make your industry and your world safer.

For more information on NSC Divisions, call **800.621.6719**, contact your local Chapter or visit **nsc.org**. Another great way to get involved in supporting safety is becoming an NSC volunteer. See the inside back cover for more details.

# Annual Congress & Expo

The world's largest annual gathering of safety, health and environmental professionals



## 96<sup>th</sup> Annual Congress & Expo

Anaheim, California

Congress: September 19-26, 2008

Expo: September 22-24, 2008

## 97<sup>th</sup> Annual Congress & Expo

Orlando, Florida

Congress: October 23-30, 2009

Expo: October 26-28, 2009

### Safety education is our focus

Thousands of health and safety professionals come to the Congress & Expo each year to enhance their core skills and stay ahead of evolving trends. They accomplish this by participating in 135 Technical Sessions in nine subject areas and 30 Professional Development Seminars to expand and update their safety knowledge and performance. Technical Sessions and Professional Development Seminars also earn participants CEUs for advancing their professional credentials.

Both Technical Sessions and Professional Development Seminars are divided into Introductory, Intermediate and Advanced levels so there is appropriate content for everyone, from newcomers to the field to veterans in the profession. Handouts as well as CDs with digital recordings of the session and seminars are provided.

### Innovative new safety products on display

Congress & Expo is ranked by *Tradeshow Weekly* magazine as one of the top 200 trade shows in the nation. Annually more than 800 exhibitors show their newest, most innovative products to more than 15,000 attendees in the exhibit hall. You'll see the best safety products on the market, and discuss them with experts in their design and application.

### Top speakers address attendees

Congress & Expo is a learning experience. Each year, several safety and health experts known and respected around the world address attendees. You'll hear some of the best minds in safety and health address current issues.

### The NSC Resource Center is a show in itself

Attendees get to see and "test drive" virtually all NSC safety and health products. Visitors learn what's new from NSC and how it can help make their world safer, on and off the job. They can meet with NSC Membership staff, discovering the benefits of membership for them and their company. In addition, attendees can have NSC safety experts help them find solutions to safety challenges and broaden their knowledge of safety and health issues.

Explore a world of resources available from NSC, our local Chapters and our International Partners. Attend the Congress & Expo.



**NSC Members receive discounts on Congress & Expo registration. Join now and save!**

### Mark your calendar — Twice!

Our 2008 Congress & Expo is September 19-26, 2008, in Anaheim, California. Our 2009 Congress & Expo is set for October 23-30, 2009, in Orlando, Florida. For more information on both events, visit [congress.nsc.org](http://congress.nsc.org). Mark your calendar to attend!



# Become a partner for safety

**Effective partnership programs improve a company's reputation, competitive edge and community support.** They effectively enhance both sales and customer loyalty, while raising awareness and funds for worthwhile causes.

Increasingly, businesses are recognizing the value of keeping their employees safe at all times, in all places. Partner with us to support NSC efforts to advocate safety everywhere for everyone.

## When you give, you receive

Partnering with the National Safety Council has many advantages:

- Increased brand awareness, enhancement and positioning
- An opportunity to generate positive PR
- Potential for increased product sales
- Powerful and cost-effective marketing opportunities
- Unique selling points versus your competition
- Team-building opportunities
- Networking opportunities for senior management
- Enhanced relations with customers, suppliers, branch offices and other area businesses
- An opportunity to demonstrate corporate social responsibility

## Corporate sponsors get prominent recognition

There are many opportunities for companies to sponsor one of our research and outreach programs. Corporate sponsors are recognized in signage, program materials, media coverage, press releases and through our publications and website.

The National Safety Council also seeks corporate support for events and activities designed to increase awareness of the preventable injury crisis and NSC's role in providing cost-effective solutions. Each event can be sponsored exclusively or co-sponsored by a company. Some events may offer opportunities to distribute product samples.



**We welcome  
your partnership!**

For more information on any of these initiatives, call the National Safety Council Development Office at **630.775.2304** or e-mail [development@nsc.org](mailto:development@nsc.org)

# Sponsorship Opportunities

## Program Sponsorship Opportunities

- Safe Communities America®
- *Teen Driver: A Family Guide to Teen Driver Safety*
- Alive at 25®
- Older Adult Falls
- National Safety Month
- *Injury Facts*®
- The Campbell Institute
- National Education Center for Agricultural Safety (NECAS)
- CPR and AED Days/Power to Save a Life
- Workplace Safety and Health Programs



## NSC Publications and Website Opportunities

The National Safety Council will include a significant number of opportunities and ideas, direct and indirect, on all NSC print and electronic publications and the website.

## Cause-related Marketing

Cause-related marketing is a proven way to enhance an organization's image, differentiate products, and increase both sales and customer loyalty, while raising awareness and funds for a worthwhile cause. NSC will work with your company to create an effective marketing program in which a portion of the proceeds from the sale of a product goes to the National Safety Council for support of our lifesaving injury prevention programs.



## Event and Activity Sponsorship Opportunities

- Green Cross for Safety Dinner
- Golf Fore! Safety Tour
- Government Service Award Dinner
- Government Day
- Congress & Expo Presentations and General Sponsorships
- Regional Conference and Exposition Presentations and General Sponsorships
- Community/Regional "Hero for Community Safety" Dinners
- National Farm Safety and Health Week
- National Awards Dinner
- Off-the-Job Symposium
- Ag Families USA
- Traffic Records Forum
- Graduated Licensing Symposium
- Bus and Large Truck Symposium
- Occupational Webinars
- Division and Section Events and Activities at Congress and Meetings



# Defensive Driving

Driver Improvement

## The most successful defensive driving programs available are from NSC



*The National Safety Council was the first national organization to offer driver improvement programs in 1964. Since then, NSC driver improvement programs have trained more than 60 million drivers and made a measurable difference in safety on our nation's streets and highways.*

### our success is remarkable

For more than 40 years, NSC Defensive Driving Courses (DDC) have demonstrated a consistently higher rate of success in reducing the number and severity of crashes among our graduates than other driver training providers. Our DDC programs are accepted in more states than any other driver improvement or defensive driving program for point reduction, insurance discounts, ticket dismissal, corporate training and driver re-training. DDC courses are offered in all 50 states and many foreign countries.

### the innovation continues

Over the years, we've refined, expanded and updated our training to meet the needs of today's drivers. Since the original DDC program was developed, NSC has expanded it to include more than 30 driver improvement and fleet safety courses to meet the unique needs of professional truck drivers, specialty vehicle drivers, teens and other groups. DDC driver improvement programs are designed and written by NSC staff. They are assisted by our International Advisory Committee of safety, engineering, enforcement and driver education professionals.

Our success in driver improvement training can be attributed to five factors:

- **Standardization** — DDC is a stable, standardized program taught the same everywhere. NSC certifies all DDC Training Centers and Instructors to assure consistent, dependable training.
- **Instructor Development** — NSC and its Training Centers use strict criteria to train only the best-qualified instructors. Today NSC has more than 8,500 Certified Instructors.
- **Curriculum** — All DDC programs are designed around proven driving techniques and address changing driver attitudes to reduce collisions caused by human error.
- **Updates** — All NSC Defensive Driving Courses are regularly updated and revised to keep all information accurate, relevant and timely. Instructors are kept current on legislation, traffic law changes, teaching techniques and other important information through bi-monthly newsletters and other publications.
- **Approved Training Centers** — Around the world, DDC is taught in more than 2,000 NSC-approved Training Centers by more than 8,500 Certified Instructors.

## Help make our streets and highways safer: drive defensively

### NSC Defensive Driving Courses

*The following pages describe how you can take advantage of the most respected, most productive driver training programs available. Besides ensuring the safety of drivers who take DDC, you'll make every other driver and pedestrian safer, too, through your defensive driving.*

#### **DDC 4 (Four-hour Defensive Driving Course)**

Our fast-paced, half-day program used by more than 500 corporations to train more than 400,000 employees every year..... 14

#### **DDC Online Program**

Our DDC classroom course, conducted via the internet, is easy to use and complete — even for individuals with minimal computer skills..... 15

#### **DDC Self-Study Program**

A very flexible program, DDC Self-Study teaches driver safety onsite in about 90 minutes. It's perfect for individual motorists or fleet drivers unable to attend regular DDC courses. .... 16

#### **Dynamics of Fleet Safety Program**

This introductory program helps fleet managers protect their drivers, fleets and bottom line..... 17

#### **DDC-8/6 (Eight- or Six-hour Defensive Driving Course)**

The eighth edition of our comprehensive original DDC program teaches practical techniques to avoid accidents. .... 18

#### **Attitudinal Dynamics of Driving (DDC-ADD)**

Shows drivers the direct connection between attitude and driving behaviors. This course and the ADD-Young Adults for ages 16-24 program are used extensively for court referrals, as a diversion program for drivers with excessive violations and to retain drivers with poor driving records..... 19

#### **Alive at 25® Defensive Driving Course**

This course addresses the number one cause of death for drivers ages 16 to 24 — motor vehicle crashes — and has been adopted by many states and courts for graduated licensing and traffic violator programs. .... 19

#### **Alive at 25® Parent Program and Parent Program Online**

**NEW**

An integrated, interactive approach either in a classroom setting or online, the Alive at 25 Parent Program allows parents to share experiences and concerns and address issues they will face with their teen during the learning-to-drive process. .... 20

#### **Motorcycle Safety Program Online**

This is the first internet course designed to reduce motorcycle injuries and fatalities. It was developed in partnership with the Motorcycle Safety Foundation for experienced motorcyclists. .... 21

#### **Professional Truck Driver (DDC-PTD) Program**

Created for professional truck drivers by professional truck drivers, this DDC course can be customized to specific equipment, driver issues and policies. .... 22

#### **DDC-PTD Online**

DDC-PTD online offers all the content of our PTD classroom course. It's ideal for over-the-road truck drivers with schedules that make it impossible to attend classroom training, or for drivers at remote sites. .... 23

#### **DDC-PTD Self-Study Program**

**NEW**

The Self-Study version of our DDC-PTD teaches defensive driving to drivers with work schedules that make classroom training impossible. Drivers can take this training in segments during their off hours. .... 23

#### **Specialty Vehicles Programs**

NSC offers a number of courses focused on defensive driving of specialty vehicles such as vans, utility/public works trucks, maintenance vehicles, emergency vehicles/ambulances, school buses, lift trucks and straight trucks..... 24



# Driver Improvement

Defensive Driving Courses

## Fast-paced program that's ideal for all employees



National Safety Council trains more than 400,000 drivers annually with DDC 4.

### what you'll learn

- Superior strategies to prevent collisions and citations
- Coping strategies for dealing with road rage, impaired drivers, high-speed drivers and other dangers on the highway
- The know-how for evaluating and improving driving skills after mapping-out a personal skills inventory
- The serious consequences of fatigue, distracted driving, emotional impairments and other risk factors
- Why vehicle malfunction and poor maintenance contribute to collisions

### course description

With this popular four-hour course, attendees receive practical strategies to reduce collision-related injuries, fatalities and costly repairs. This course stresses the importance of attitude in crash prevention and reinforces good, sensible driving skills participants already have. Most importantly, it clearly demonstrates the consequences of poor choices drivers make behind the wheel. Available in both English and Spanish, this half-day course emphasizes the importance of keeping our roads safe.

### fact

*In Douglas County, Nebraska, the recidivism rate was reduced 41% among 1,000 drivers completing the Safety Training Option Plan based on DDC training courses compared to those not taking the course.*

## DDC 4, 5th edition

*National Safety Council's DDC 4 is a fast-paced, four-hour classroom program that also makes for an ideal refresher course. Focusing in on the importance of attitude in accident prevention and avoidance and the good driving skills students already have, DDC 4 shows the consequences of poor choices made behind the wheel, and puts defensive driving into a personal context.*

### course materials

#### Instructor Certification Package<sup>†</sup>

- Fully-scripted Instructor Manual
- Participant Course Guide
- Candidate Instructor Guide for teaching DDC 4
- Instructor Certification Form, Certificate of Completion, and much more

#### Other Required Instructor Teaching Materials:

- Two video sessions on VHS or DVD (Videos are leased and must be renewed annually)
- Instructor PowerPoint® presentation on CD or Instructor Flip Chart
- Magnetic Traffic Intersection Kit (Includes traffic signs and shapes)



*Become an NSC authorized DDC Training Center and teach this course to your employees or offer it in your community. Call 800.621.7619 or your local Chapter.*



Description	Member price	Nonmember price
Two-day Instructor Development Course Registration Fee <sup>†</sup>	<b>\$275.00*</b>	\$365.00*

<sup>†</sup>Registration fee includes the Instructor Certification Package only.

\*Prices may vary by location. Please contact your local Chapter for details.



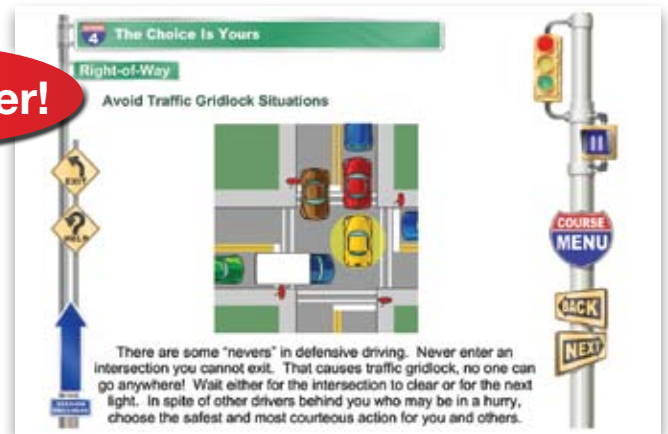
Visit NSC's training calendar, [train.nsc.org/ntc](http://train.nsc.org/ntc), for Instructor Development Course dates and locations.

## Flexible online training for your entire workforce

### Defensive Driving Course Online

With DDC Online, you can offer the same content of our eight-hour training course to any size group – even drivers at remote locations. Participants have the flexibility to work at their own pace and schedule. Plus, they also get the convenience of training anywhere there's a computer and an internet connection available, even in the comfort of their own homes.

**Best Seller!**



Engaging, interactive defensive driving training is easy to use and complete.

#### what you'll learn

- Updated statistics and driving tips
- How drugs, alcohol, physical conditions and emotions affect your driving
- Dealing with driver distractions and fatigue
- Physical forces of a collision
- The importance of occupant safety devices and how to use them correctly



Product #	Description	Quantity	Member price per user	Nonmember price per user
B33847-0000	DDC Online	1-50*	<b>\$41.25</b>	\$52.00
		51-100	<b>36.80</b>	47.80
		101-250	<b>28.50</b>	37.05
		251-500	<b>20.00</b>	26.00
		501-1,000	<b>14.25</b>	18.55

\*For companies purchasing 50 IDs or fewer, visit [nscddconline.com](http://nscddconline.com)

Purchase 101 or more IDs, and NSC will host and maintain a co-branded site for you at no charge.



Corporate safety personnel can preview the course at no cost before purchasing. Visit [nsc.org/demos](http://nsc.org/demos) for product demo.

#### course description

With DDC Online, you'll have a very cost-effective training course available to all your drivers at a fraction of what it would cost to send them out for instruction – and for less than the cost of one preventable accident. DDC Online contains streaming video (or photo montage for lower-speed connections) and offers greater interactivity and more real-life driving simulations. Plus, it provides you access to a database of your students' information, an administrator manual with detailed information on getting started, managing accounts, and developing reports. The database includes a list of administrator resources and answers to FAQs to help you troubleshoot problems.

To view systems requirements, go to [nsc.org/ddc/training/ddc\\_pc.aspx](http://nsc.org/ddc/training/ddc_pc.aspx) or call 800.621.7619.

#### fact

1.5 million drivers have taken the National Safety Council's DDC Online Program!

#### Go To

catalog page 22 for information on our online defensive driving course for over-the-road professional truck drivers. This award-winning program addresses the unique challenges of driving large vehicles.

# Driver Improvement

Defensive Driving Courses

## Convenient driver safety training for the busy workplace



**Best Seller!**

### Defensive Driving Course (DDC) Self-Study Program

*Based on proven results, NSC's DDC Self-Study Program is an effective tool for individual motorists or fleet drivers unable to attend regular DDC classes. It's also a great refresher course.*

*Effective, easy to use and economical, this DDC Self-Study Program is an ideal choice for training a busy workforce in the basics of safe driving.*



#### what you'll learn

- How to recognize driving hazards and prevent collisions
- How to improve driving attitudes and behaviors
- Vehicle condition, maintenance and inspection points
- Collision prevention and NSC's 3-step Collision Prevention Formula

#### course description

For approximately \$10 per employee, you can offer high-quality driver safety training to your individual motorists or fleet drivers. This program is perfect for employees unable to attend a classroom course. It offers the flexibility to work with their schedule to learn at work or at home. Participants are evaluated by an open-book multiple choice test, submitted to NSC for grading and certificate issuance.

#### course materials

- VHS or DVD
- 64-page Participant Guide/Written Test

Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B33155-7777	DVD Kit*	1-9	<b>\$106.00</b>	\$138.00
		10-49	<b>97.00</b>	126.00
		50+	<b>91.00</b>	119.00
B33150-2222	VHS Kit*	1-9	<b>106.00</b>	138.00
		10-49	<b>97.00</b>	126.00
		50+	<b>91.00</b>	119.00
B33153-0024	Participant Guide†	10-49	<b>10.65</b>	13.85
		50-99	<b>9.65</b>	12.55
		100-499	<b>9.10</b>	11.85
		500+	<b>8.60</b>	11.15
B33163-2222 Free VHS	DDC Self-Study Kit Includes 25 Participant Guides	1+	<b>267.00</b>	346.00
B33162-7777 Free DVD				

\*Includes 64-page full-color Participant Guide

†Note: Minimum order is 10

#### fact

*Just one motor-vehicle crash with injuries can cost your company as much as \$49,700.*



*Purchase 25 DDC Self-Study Program Participant Guides and receive your choice of the VHS or DVD for free, a \$99 savings!*

## Manage your fleet operation with confidence and safety

### Dynamics of Fleet Safety Course

*The Dynamics of Fleet Safety is a four-hour supervisory management course that demonstrates the best practices in the area of motor vehicle safety, collision prevention and asset utilization.*



*Order your Dynamics of Fleet Safety Instructor Kit and start training right away. No instructor certification is required.*

#### what you'll learn

- How to identify common challenges in motor vehicle safety and the essential elements of a fleet safety program
- The skills to involve and motivate employees about the importance of fleet safety
- How to communicate your company's current state of motor vehicle safety
- Commitment to excellence and personal development in fleet safety and how to create a blueprint for future actions
- The confidence and competence to manage the daily challenges of running a fleet safety organization

#### course description

This four-hour course is designed for safety supervisors and managers of all types of fleets – trucks, buses, motor coaches, cars, vans, motorcycles, lift trucks – from a wide range of industries. The course demonstrates the best practices in motor vehicle safety, collision prevention and asset use. Whether you're a new fleet safety manager or a seasoned veteran, the Dynamics of Fleet Safety Course will help you run an effective and efficient fleet safety operation.

#### course materials

##### Instructor Kit:

- Fully-scripted Instructor Manual
- PowerPoint® presentation on CD
- CD of resource tools
- Participant Resource Guide
- Motor Fleet Safety Manual, 4th Edition
- A Guide to Determine Motor Vehicle Accident Preventability

##### Participant Resource Kit:

- Participant Resource Guide
- CD of resource tools
- Motor Fleet Safety Manual, 4th Edition
- A Guide to Determine Motor Vehicle Accident Preventability
- Certificate of Completion



Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B32155-0000	Instructor Kit	1+	\$106.00	\$139.00
B32160-0000	Participant Resource Kit*	1+	53.50	69.55

*\*Required for every driver in your fleet.*

#### fact

*Six workers are killed every day – more than two thousand each year – while driving, riding in, or working around motor vehicles in traffic.*



*Attend a Train-the-Trainer Workshop and teach the Dynamics of Fleet Safety. Visit [train.nsc.org/ntc](http://train.nsc.org/ntc) for course dates and locations.*

# Driver Improvement

Advanced Defensive Driving Courses

## Everything your employees need to know about driver safety



Continuously updated to reflect changes in laws, automobile technology and trends, DDC-8/6 offers consistent quality and content nationwide.

### what you'll learn

- Practical knowledge and techniques to avoid collisions and violations
- Sensible advice for choosing safe, responsible and lawful driving behaviors and habits
- Guidance for coaching your employees to view safety on a personal level
- Skills for recognizing how attitude can help prevent accidents and poor decisionmaking

### course description

DDC-8/6 is a comprehensive, interactive course with a basic eight-hour curriculum that can be reduced to six hours if required by your specific training needs. The objective of this course is to give drivers practical knowledge and techniques to avoid collisions and violations, and to choose safe, responsible and lawful driving behaviors. Available in English and Spanish, our teaching materials are designed to make presenting easy and enjoyable, and can be customized with local training statutes or your company's fleet rules and regulations.

### fact

*Graduates may earn insurance premium discounts and should ask their insurance provider if they qualify.*



Visit NSC's training calendar, [train.nsc.org/ntc](http://train.nsc.org/ntc), for Instructor Development Course dates and locations.

## DDC-8/6, 8th Edition

*More courts, state motor vehicle departments, insurance companies, municipalities, businesses, government agencies and driving schools trust NSC for quality driver improvement training than any other safety organization. Our Defensive Driving Courses have the highest rate of success in reducing the number and severity of collisions and their related costs.*

### course materials

#### Instructor Certification Package<sup>1</sup>:

- Fully-scripted Instructor Manual
- Participant Course Guide
- Teaching DDC Candidate Instructor Guide
- Instructor Certification Form, Certificate of Completion, and much more

#### Other Required Instructor Teaching Materials:

- Four video sessions on VHS or DVD (Videos are leased and must be renewed annually)
- Instructor PowerPoint® presentation on CD or Instructor Flip Chart
- Magnetic Traffic Intersection Kit (Includes traffic signs and shapes)



Description	Member price	Nonmember price
Three-day Instructor Development Course Registration Fee <sup>1</sup>	\$355.00*	\$445.00*

<sup>1</sup>Registration fee includes the Instructor Certification Package only.

\*Prices may vary by location; contact your local NSC Chapter for details.



*Become an NSC authorized DDC Training Center and teach this course to your employees or offer it in your community. Call 800.621.7619 or your local Chapter.*

# Driver Improvement

Advanced Defensive Driving Courses/Young Adult Drivers

## Connecting attitude and driving behavior



### Defensive Driving Course – Attitudinal Dynamics of Driving, 3rd Edition

*This course helps participants ask questions, share their opinions, and join in non-threatening, non-judgemental discussions.*

#### what you'll learn

- How attitude impacts on-the-road decision making
- Expanded information on how alcohol and drugs affect driving
- Developing plans for making changes

#### course description

Designed for court referrals; as a diversion program for drivers with excessive violations; or for drivers with poor driving habits.

#### course materials

##### Instructor Certification Package<sup>†</sup>

Fully-scripted Instructor Manual; Participant Course Guide; Teaching DDC Attitudinal Dynamics of Driving Candidate Instructor Guide; Instructor Certification Form and Certificate of Completion.

##### Other Required Teaching Materials include:

Two sessions on VHS or DVD; Instructor PowerPoint® on CD

##### Pre-certification Kit

Candidate instructors for DDC Attitudinal Dynamics of Driving training are required to pass a pre-certification test prior to the Instructor Development Course.



Description	Member price	Nonmember price
Three-day Instructor Development Course Registration Fee <sup>†</sup>	\$375.00*	\$465.00*

<sup>†</sup>Registration fee includes the Instructor Certification Package only. \*Prices may vary by location.



### Defensive Driving Course – Alive at 25®, 2nd Edition

*This highly-interactive four-hour course is an excellent complement to standard driver education programs – and is also ideal for young drivers who incur traffic violations.*

#### what you'll learn

- Responsibility for driving behaviors and adopting safer driver practices
- Managing unnecessary risks, peer pressure and distractions
- How changing driving behavior makes personal, legal and financial sense

#### course description

Since 1995, more than 500,000 teens have learned life-saving defensive driving skills from this course. See why state governments, courts, law enforcement agencies and schools nationwide are adopting this training for their graduated license and traffic violators programs.

#### course materials

##### Instructor Certification Package<sup>†</sup>

Fully-scripted Instructor Manual; Participant Course Guide; Teaching DDC Alive at 25 Candidate Instructor Guide; Instructor Certification Form and Certificate of Completion.

##### Other Required Teaching Materials include:

Two sessions on VHS or DVD. (Videos are leased and must be renewed annually)



Description	Member price	Nonmember price
Two-day Instructor Development Course Registration Fee <sup>†</sup>	\$275.00*	\$325.00*

<sup>†</sup>Registration fee includes the Instructor Certification Package only. \*Prices may vary by location.

# Driver Improvement

Advanced Defensive Driving Courses/Young Adult Drivers

## Partnering with teen drivers



Helps parents help their teens become safe, responsible, defensive drivers. Also available online.

### Defensive Driving Course – Alive at 25® Parent Program

To properly prepare teens to drive, parents must have a clear understanding of the risks young adults face. Alive at 25® Parent Program identifies those risks and helps parents reinforce basic driving and good decisionmaking skills.

### Alive at 25® Parent Program Online

**NEW**

Now attend the Alive at 25® Parent Program in the comfort and privacy of your home. Take it online.

#### what you'll learn

The same high-quality content as in our classroom course, the Online program will better prepare you to partner with your teen in order to reduce the dangerous risks involved with driving.

#### course description

This highly interactive two-hour internet-based program provides facts and statistics along with strategies to keep teenage drivers safe. It also contains links to state government websites on teenage driving laws.



Got five minutes? Give the Alive at 25® Parent Program Online a sneak peak at [nsc.org/demos](http://nsc.org/demos)

Product #	Description	Member/Nonmember price
B34097-0000	Online Course	\$24.95

Take the course at [nsc.org/alive25/parentprogram](http://nsc.org/alive25/parentprogram)



Request a free copy of the Parent Course Guide. Go to [nsc.org/alive25/parentprogram](http://nsc.org/alive25/parentprogram).

#### what you'll learn

- Risks and hazards teen drivers face as well as practical solutions
- How to approach Graduated Driver Licensing laws in addition to laws related to safety belts, alcohol, drugs and speeding, among others
- Purpose and components of an effective Parent/Teen Driver Contract

#### course description

In this course, parents can share experiences and address issues they'll face with their teen during the learning-to-drive process.

#### course materials

##### Facilitator Kit

Instructor Manual; Parent/Teen Driver Contract; Driver Skills Checklist; Instructor PowerPoint®; Real-life driver scenarios and interview with parents who experienced a teen-driver tragedy (on DVD); Family Guide to Teen Driver Safety; Parent Course Guide; Certificate of Completion; Window Decal; Alive at 25® Informational DVD.

**Parent Course Guides with Window Decals** Sold in packs of 25.

##### Complete Parent Kit\*

(One of each) Parent Course Guide, Family Guide to Teen Driver Safety, and Window Decal.

Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B34086-0000	Facilitator Kit	1-14	\$80.25	\$104.35
B34095-0000	Parent Course Guides with Window Decals	1-24 packs of 25	53.25	70.40
B34091-0000	Complete Parent Kit*	25-249	8.05	10.45

\*Minimum order is 25. Call for quantities of 250 or more.

## Reducing motorcycle injuries and fatalities

### Defensive Driving Course - (DDC) Motorcycle Safety Program Online

*The first internet course designed to reduce motorcycle injuries and fatalities, DDC Motorcycle Safety Program Online is easy to complete – even for those with limited computer skills. It was developed in partnership with the Motorcycle Safety Foundation, for experienced motorcyclists. The two-hour online course combines top-quality content with state-of-the-art web technology to provide a learning experience that's exciting as well as educational.*



*DDC Motorcycle Safety Program Online features interactive exercises, full-motion video and complete audio narration. A bookmarking feature lets users pick up where they left off as often as needed to complete the course.*

#### what you'll learn

- Rider awareness
- Riding risks assessment
- Preparation for riding
- Street-riding strategies
- Riding skills

#### course description

More people are taking to the streets on motorcycles, and that means more injuries and deaths. The National Safety Council has partnered with the Motorcycle Safety Foundation to create a first-rate motorcycle safety course that helps experienced riders avoid deadly collisions.

#### fact

*Fatalities among motorcycle riders and passengers increased 104% between 1995 and 2005 — almost 50% of those killed were over 40 years old.*



For more information or to test drive a demo, visit [nscddonline.com/motorcycle](http://nscddonline.com/motorcycle)

Product #	Description	Number Of Users	Member price per user	Nonmember price per user
B33290-0000	Online Program	1-25	<b>\$24.95</b>	\$32.45
		26-100	<b>22.50</b>	29.25
		101-250	<b>19.95</b>	25.95
		251-500	<b>17.50</b>	22.75
		501-1,000	<b>14.95</b>	19.45



### Teen Driver: A Family Guide to Teen Driver Safety

This nationally acclaimed book, based on the principle of graduated licensing, helps parents understand the risk young drivers face. It includes a clear action plan, with supervised driving practice, restrictions and a parent/teen agreement.

Product #	Description	Quantity	Price (ea.)
B81345-0000	Teen Driver: A Family Guide to Teen Driver Safety	1	<b>\$10.00</b>
		2-10	<b>9.50</b>
		11-20	<b>9.10</b>
		21-50	<b>8.75</b>
		51-100	<b>8.50</b>
		101-250	<b>8.25</b>
		251+	<b>7.99</b>



# Driver Improvement

Truck Drivers

## Train professional drivers to become safer drivers



Revised

### Defensive Driving Course (DDC) – Professional Truck Driver, 4th Edition

NSC's DDC Professional Truck Driver provides the knowledge to focus on collision prevention, hazard recognition and driver distractions as well as to take responsibility for safe driving decisions.

*This is a course for maintaining personal/professional excellence when operating a large truck.*

#### what you'll learn

- Key defensive driving techniques and safe maneuvers to avoid collisions and violations
- Defensive driving skills for preventing fatalities, injuries and property damage
- How driver fatigue/stress affects operating a large truck
- Proper vehicle maintenance and inspection
- Steps for completing a Moral Responsibility Checklist
- How to deal with uncontrollable driving conditions/hazards
- Excellence as it relates to professional truck driving

#### course description

NSC's newly revised Professional Truck Driver DDC provides the over-the-road driver with the knowledge, skills and attitudes to commit to safety and excellence. It also addresses the unique everyday challenges of driving large vehicles and offers practical information for avoiding violations and citations. This course can be taught in as little as six hours or expanded up to eight hours with supplemental modules. To meet the fleet requirements for different industries, the program can be easily modified to address any company's specific equipment, driver issues and policies.



Visit NSC's Training Calendar at [train.nsc.org/ntc](http://train.nsc.org/ntc) for DDC Professional Truck Driver Instructor Development Course dates and locations.

#### course materials<sup>†</sup>

##### Instructor Certification Package

- Fully-scripted Instructor Manual
- Participant Course Guide
- Teaching DDC Candidate Instructor Guide
- Instructor Certification Form and Certificate of Completion

##### Other Required Instructor Teaching Materials:

- Five sessions on VHS or DVD (Videos and DVDs are leased and must be renewed annually)
- PowerPoint® presentation on CD

##### Supplemental Modules Available:

- Alcohol and Other Drugs; Winter Driving



Description	Member price	Nonmember price
Three-day Instructor Development Course Registration Fee <sup>†</sup>	\$355.00*	\$445.00*

<sup>†</sup>Registration fee includes the Instructor Certification Package only.

\*Prices may vary by location. Please contact your local Chapter for details.



Become an NSC authorized DDC Training Center and teach this course to your employees or offer it in your community. Call 800.621.7619 or your local Chapter.

## Truck drivers can now learn at their own pace



Get all the content of our eight-hour class online in a fraction of the time.

### Defensive Driving Course (DDC) - Professional Truck Driver (PTD) Online Program

DDC-PTD Online uses animation, narration and interactive screens to engage drivers in the course.

#### what you'll learn

- The most common causes of truck-related collisions, plus practical knowledge and techniques on how to avoid them
- The DDC Collision Prevention Formula
- The challenges of driving large vehicles and dealing with uncontrollable conditions and hazards
- Protecting the safety of the motoring public

#### course description

With DDC-PTD Online, drivers receive all the content of our eight-hour course in a fraction of the time and cost of classroom instruction. Simple directions and navigation allow users to complete the course with ease, without computer knowledge. Drivers can train anywhere there's a computer and an internet connection.



Product #	Description	Per Student	Member price (ea.)	Nonmember price (ea.)
B33865-0000	Online Program	1-25*	<b>\$49.95</b>	\$62.43
		26-100	<b>44.50</b>	55.62
		101-250	<b>34.60</b>	43.25
		251-500	<b>25.80</b>	32.25
		501-1000	<b>20.50</b>	25.62

\*For companies purchasing 25 or fewer IDs, go to [www.nscptonline.com](http://www.nscptonline.com)



The perfect option for truck drivers unable to attend a classroom course.

### Professional Truck Driver Self-Study

The ideal choice for training busy over-the road truck drivers, this course allows you to train an entire fleet for less than \$10 per driver.

#### what you'll learn

- Safe maneuvers and key defensive driving techniques, including handling hazards, fatigue and stress
- DDC Collision Prevention Formula
- Dealing with everyday challenges of the professional truck driver

#### course description

Based on an individual's training pace and schedule, participants can complete this course in two to three hours. Students are evaluated by an open-book multiple choice test, submitted to NSC for grading and certificate issuance.

#### course materials

- DVD and Participant Course Guide



Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B33870-7777	Single Participant Kit (One DVD and One Course Guide)	1-19	<b>\$99.00</b>	\$128.70
B33872-7777	25 Course-Guide Pack w/ Free DVD	1+	<b>248.75</b>	323.75
B33873-0024	Participant Guide* (Sold Separately)	10-49	<b>9.95</b>	12.95

\*Minimum order is 10. Call for quantities of 50 or more.

# Driver Improvement

Truck Drivers/Specialty Vehicles

## First-class training for truck and van drivers



Includes high-quality video presentations with real-world conditions and driving scenarios.



Train drivers in a single four-hour session to fit your schedule.

### Coaching the® Straight Truck Driver™ 2

*This program features critical defensive driving skills and techniques that impact a truck driver's behavior and safety on the road.*

#### what you'll learn

- Vehicle inspection, long-distance scan and preventing collisions
- Real-world driver conditions (on video)
- Backing, delivery/operating in congested, open-road/rural areas

#### course description

This interactive course can incorporate specific company fleet procedures, regulations and driver issues. Offered in one 3.5-hour setting or in shorter sessions.

#### course materials

##### Instructor Kit

Fully-scripted Instructor Guide; VHS or DVD Presentation; Reproducible Observation Checklist; Participant Written Test; Classroom Registration Form.

##### Driver Response Books\*

32-page Participant Guide and Course Completion Certificate



Certificate

Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B34105-0077	Instructor Kit – DVD	1	\$427.00	\$554.00
B34107-0022	Instructor Kit – VHS	1	427.00	554.00
B34106-0000	Driver Response Books*	10-99	1.85	2.45

\* Driver Response Books are not included with the Instructor Kit and must be purchased separately. Minimum order of 10. Call for quantities of 100 or more.

### Coaching the Van Driver™ II

*Train your entire fleet for a fraction of the cost and time of classroom instruction.*

#### what you'll learn

- Pre-trip inspection and safety belts
- Cushion of safety and scanning
- City, highway and rural driving
- Blind spots and backing

#### course description

Four-hour training outlines differences between driving a van and driving a car, and shows drivers how to compensate for their safety.

#### course materials

##### Instructor Kit

Fully-scripted Instructor Guide; VHS or DVD Presentation; six additional Group Discussion Diagrams; Reproducible Participant Written Test; Classroom Registration Form.

##### Driver Response Books\*

32-page Participant Guide and Course Completion Certificate



Certificate

Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B34250-7777	Instructor Kit – DVD	1	\$427.00	\$556.00
B34251-2222	Instructor Kit – VHS	1	427.00	556.00
B34252-0024	Driver Response Books*	10-99	1.85	2.45

\* Driver Response Books are not included with the Instructor Kit and must be purchased separately. Minimum order of 10. Call for quantities of 100 or more.

## Driver training for utilities and public works



Fully-scripted materials with step-by-step guidelines make it easy for safety trainers to teach a class of any size.

### Coaching the Utility Truck Driver II™

One of the few driver training programs dedicated specifically to the utility industry.

#### what you'll learn

- Blind spots, turning and parking
- Cushion of safety and scanning
- Worksite traffic issues

#### course description

This four-hour course addresses the special challenges faced by utility drivers, meter readers and site supervisors on the road and at the worksite.

#### course materials

##### Instructor Kit

Fully-scripted Instructor Guide; VHS or DVD Presentation; Reproducible Participant Written Test; Classroom Registration Form.

##### Driver Response Books\*

32-page Participant Guide and Course Completion Certificate



Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B34196-7777	Instructor Kit – DVD	1	\$444.00	\$577.00
B34197-2222	Instructor Kit – VHS	1	444.00	577.00
B34197-0000	Driver Response Books*	10-99	1.85	2.45

\* Driver Response Books are not included with the Instructor Kit and must be purchased separately. Minimum order of 10. Call for quantities of 100 or more.



Easy-to-use course materials will have you training like a professional, even if you've never trained before.

### Coaching the Maintenance Vehicle Operator II™

This program meets the special driving needs of experienced maintenance vehicle operators, focusing on safe driving practices they will use every day.

#### what you'll learn

- Collision avoidance techniques
- Operator safety at the worksite
- Vehicle inspection

#### course description

Uses non-lecture, high-participation approach to improve the performance of experienced vehicle operators who understand the basics of safety.

#### course materials

##### Instructor Kit

Fully-scripted Instructor Guide; VHS or DVD Presentation; 10 additional Group Discussion Diagrams; Reproducible Participant Written Test; Classroom Registration Form.

##### Driver Response Books\*

32-page Participant Guide and Course Completion Certificate

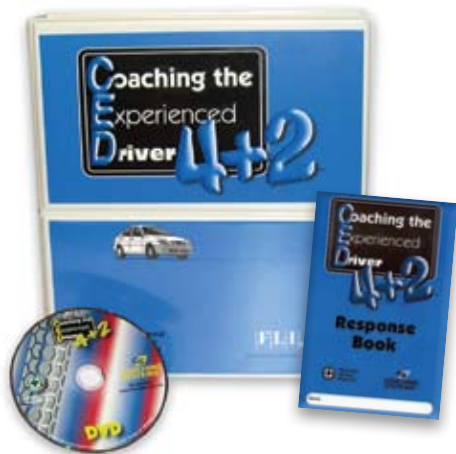


Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B35006-7777	Instructor Kit – DVD	1	\$427.00	\$556.00
B35008-2222	Instructor Kit – VHS	1	427.00	556.00
B35009-0024	Driver Response Books*	10-99	1.85	2.45

\* Driver Response Books are not included with the Instructor Kit and must be purchased separately. Minimum order of 10. Call for quantities of 100 or more.

# Specialty Vehicles

## Passenger Vehicles



Use as a four-hour course with built-in two-hour refresher segment, or as a six-hour course.

## Coaching the Experienced Driver 4+2™

Even the experienced driver can benefit with additional safe-driving training, and this program is the perfect way for them to obtain that training.

### what you'll learn

- Weather, road and traffic conditions
- Anti-lock brakes, safety belts and air bags
- Mirror adjustments, attitudes and behaviors

### course description

This course invites student participation and offers practical tips and techniques for safe driving and comprehensive overview of collision avoidance techniques. It also includes step-by-step guidelines for conducting the training.

### course materials

#### Instructor Kit

Fully-scripted Instructor Guide; VHS or DVD Presentation; 10 additional Group Discussion Diagrams; Reproducible Participant Written Test; Classroom Registration Form.

#### Driver Response Books\*

32-page Participant Guide and Course Completion Certificate



Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B33622-7777	Instructor Kit – DVD	1	\$427.00	\$556.00
B33620-0000	Instructor Kit – VHS	1	427.00	556.00
B33621-0024	Driver Response Books*	10-99	1.85	2.45

\* Driver Response Books are not included with the Instructor Kit and must be purchased separately. Minimum order of 10. Call for quantities of 100 or more.



Instructor Kit allows flexible training options, with the convenience of holding sessions onsite or during off hours.

## Coaching the School Bus Driver™ 2

This program strengthens defensive driving skills and reinforces safe operating practices for new or experienced drivers.

### what you'll learn

- Bus stop and field trip procedures
- Backing safely and railroad crossings
- Driving in adverse weather as well as on congested, rural and open roadways

### course description

Protect students before and after the bell through this newly updated training program that encourages participants to solve real-life driver/student scenarios.

### course materials

#### Instructor Kit

Fully-scripted Instructor Guide; VHS or DVD Presentation; 16 additional Driver Learning Team Discussion Scenarios; Reproducible Participant Written Test; Reproducible Classroom Registration Form.

#### Driver Response Books\*

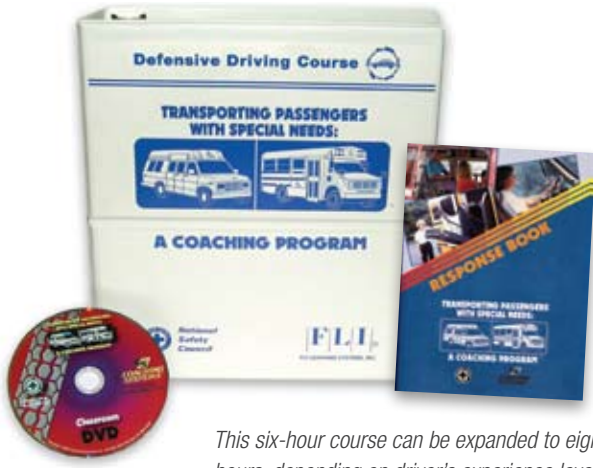
32-page Participant Guide and Course Completion Certificate



Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B34101-0077	Instructor Kit – DVD	1	\$394.00	\$512.00
B34103-0022	Instructor Kit – VHS	1	394.00	512.00
B34102-0000	Driver Response Books*	10-99	2.85	3.70

\* Driver Response Books are not included with the Instructor Kit and must be purchased separately. Minimum order of 10. Call for quantities of 100 or more.

## Protecting students and passengers with disabilities



This six-hour course can be expanded to eight hours, depending on driver's experience level.



### Transporting Passengers with Special Needs: A Coaching Program™

This specialized six-hour course emphasizes safe passenger assistance procedures regulated by the American with Disabilities Act (ADA).

#### what you'll learn

- Avoiding hazards and maintaining a cushion of safety
- Handling blind spots and backing up safely
- Communicating effectively with passengers to better understand their needs

#### course description

This unique program covers defensive driving techniques and vehicle safety as well as the special needs of passengers with disabilities.

#### course materials

##### Instructor Kit

Fully-scripted Instructor Guide (Reproducible Written Test not included); VHS or DVD Presentation; Reproducible Observation Checklist; Reproducible Classroom Registration Form.

##### Driver Response Books\*

32-page Participant Guide and Course Completion Certificate



Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B34615-7777	Instructor Kit – DVD	1	\$360.00	\$468.00
B34218-0000	Instructor Kit – VHS	1	360.00	468.00
B34219-0000	Driver Response Books*	10-499	2.85	3.70

\* Driver Response Books are not included with the Instructor Kit and must be purchased separately. Minimum order of 10. Call for quantities of 500 or more.



### NSC Safe Driver Awards

Individual fleet drivers deserve recognition for safety performance. NSC Safe Driver Awards are a great way to mark their accomplishments and motivate them to work toward more milestones.

Awards include Safe Driver Lapel Pin; Expert Driver Certificate; Million and Two Million Mile Achievement Plaques; and Safe Driver Honor Role. (See page 52 for complete details.)

### NSC National Fleet Awards

Without a safe fleet, your business suffers. This program, open to all NSC member companies operating fleets in the United States and Canada, honors driver safety. Awards are available for lowest rate of preventable accidents per million miles driven; for a year of safe driving; and for reducing preventable accidents by 20% per year.



Visit [nsc.org/awards](http://nsc.org/awards) for complete details on applying for these and other awards.

# Driver Improvement

Emergency Vehicles

## Uniquely tailored to the specific needs of EMS personnel



Includes the most current information on safe driving procedures for emergency personnel.

### what you'll learn

- Intersections as well as passing and changing lanes
- Night-time driving
- Blind spots and cushion of safety
- Backing up and parking safely

### course description

This newly revised interactive course encourages group discussion and promotes critical thinking in pressure situations. This program is a must for private, volunteer and municipal fire-apparatus operators.

### course materials

#### Instructor Kit

- Fully-scripted Instructor Guide
- Vehicle inspections and real-life driver scenarios (VHS or DVD)
- Group discussion diagrams and situational analyses to reinforce key coaching points (provided on the DVD or in PowerPoint® on a CD)
- Reproducible Observation Checklist

#### Trainee Kit

- Driver Response Books with self appraisal, discussion questions, scenarios and coaching reminder points
- Computer-scored Final Exam\*
- Driver Recognition Patch\*

\*Final exams are scored at Coaching Systems. Those who score 80% or better receive a Recognition Patch and Course Completion Certificate from the National Safety Council.



CEUs may be available for successful completion of these courses. Contact your state Fire Marshall or state division of Health/EMS for more information.

## Coaching the Emergency Vehicle Operator® 3 - Ambulance™

This highly interactive, six-hour program adapts National Safety Council defensive driving techniques to the unique nature of ambulance work, training drivers to navigate through traffic safely in both emergency and non-emergency situations.

### Ambulance Maneuvering Skills

This video explains how to set up a test site for hands-on driver evaluation sessions. (Use as a one- to two-hour supplement to the classroom course or as a stand-alone module.)

- VHS
- Test Exercises
- Administrator Guide



Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B34443-2222	Instructor Kit – VHS	1	\$309.00	\$402.00
B34444-7777	Instructor Kit – DVD	1	309.00	402.00
B34445-0000	Trainee Kit	1-99	9.60	12.50
		100-499	9.15	11.90
		500+	8.70	11.25
B33668-0000	Ambulance Maneuvering Skills	1	112.00	145.00
B33699-0000	Ambulance II Online (per student)	1-25	39.30	51.65
		26-100	33.70	43.80
		101+	28.05	37.05

## Coaching the Emergency Vehicle Operator II - Ambulance Online™

This program allows busy emergency vehicle operators to train independently, on their own schedule, helping them refresh and improve their driving skills in just four hours. Animation, video narration and interactive screens enhance retention. Responses to review questions are immediate, and instant printing of certificates of completion for passing test scores is possible.



See the demo and view system requirements at [nsc.org/onlinecevo](http://nsc.org/onlinecevo)

### Drive to survive in emergency situations

#### Coaching the Emergency Vehicle Operator® 3 – Fire™

This newly updated, six-hour program explains how to use defensive driving techniques to maneuver safely through traffic under severe time constraints and stress. A video component shows situations that drivers face every day. Completely revised instructor and participant materials make teaching and learning easier.

##### what you'll learn

- Intersections as well as passing and changing lanes
- Reaction time and cushion of safety
- Handling blind spots and backing up safely
- Operating on different road surfaces and in adverse weather

##### course description

This newly revised, interactive course encourages group discussion and promotes critical thinking in pressure situations. This program is a must for private, volunteer and municipal fire-apparatus operators.

##### course materials

###### Instructor Kit

- Fully-scripted Instructor Guide
- Apparatus inspections and real-life driver scenarios on VHS or DVD
- Group discussion diagrams and situational analyses to reinforce key coaching points (provided on the DVD or in PowerPoint® on a CD)
- Reproducible Observation Checklist

###### Trainee Kit

- Driver Response Book with self appraisal, discussion questions, scenarios and coaching reminder points
- Computer-scored Final Exam\*
- Driver Recognition Patch\*

\*Final exams are scored at Coaching Systems. Those who score 80% or better receive a Recognition Patch and Course Completion Certificate from the National Safety Council.

CEUs may be available for successful completion of this course.



More than 500,000 emergency professionals have been trained using CEVO programs — the standard in driver training for emergency vehicles.

##### Fire Maneuvering Skills

This video explains how to set up a test site for hands-on driver evaluation sessions. (Use as a one- to two-hour supplement to the classroom course or as a stand-alone module.)

- VHS
- Test Exercises
- Administrator Guide



Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B34446-2222	Instructor Kit – VHS	1	\$309.00	\$402.00
B34447-7777	Instructor Kit – DVD	1	309.00	402.00
B34448-0000	Trainee Kit	1-99	9.60	12.50
		100-499	9.15	11.90
		500+	8.70	11.25
B33669-0000	Fire Maneuvering Skills	1	112.00	145.00
B33698-0000	Fire II Online (per student)	1-25	39.30	51.65
		26-100	33.70	43.80
		101+	28.05	37.05

#### Coaching the Emergency Vehicle Operator II™ – Fire Online

Highly engaging, with animation, video narration and interactive screens, the online program is ideal for training during down-times on long shifts. Provides immediate response to review questions along with instant printing of certificates of completion for passing test scores.



See the demo and view system requirements at [nsc.org/onlinecevo](http://nsc.org/onlinecevo)



# Emergency Preparedness

## Introduction

## Emergency care training — more options, more affordable



*If you are not in close proximity to a hospital or medical care, OSHA requires you to have trained employees on staff to handle first aid and CPR emergencies. The National Safety Council is a national provider of emergency care training. Last year alone we trained more than 500,000 emergency care rescuers nationwide. Trained employees in first aid and CPR could mean the difference between life and death.*

### more ways to learn

- Send your employees to an NSC Training Center.
- Have an NSC Instructor train your employees onsite.
- Choose the online option. Our Standard First Aid, CPR, and AED Online course lets employees learn at their own pace, on their own time.
- Teach your own employees. Complete one of our instructor courses. Sign the agreement, and you are ready to go.
- If you are currently an instructor of another program, you're most likely a candidate to be grandfathered to teach one of ours.

### more effective methods

- We teach CPR and AED skills through Video-Self-Instruction, a method proven to enhance skills acquisition and retention.
- We've adopted the Watch-Then-Practice method of teaching first aid skills, which also aids in learning.
- Our Standard First Aid, CPR, and AED materials are available in Spanish to help you reach even more students.

### more affordable costs

We have the best training at the lowest cost — and we can prove it. Let our Cost Savings Calculator calculate your savings. Visit [nsc.org/ec/calculator](https://nsc.org/ec/calculator) for more details.



For more information on training options, visit [train.nsc.org/ntc](https://train.nsc.org/ntc) or contact your local Chapter.

## NSC should be your first choice

*We offer several levels of emergency care training, from bystander to first responder. Regardless of the program, you will receive the highest quality materials, with more advantages to your company, at the lowest price.*

- **Cutting-Edge Training Techniques** — NSC training courses utilize Video-Self-Instruction and Watch-Then-Practice methods, which improve skills acquisition, allow more instructor interface, and help you meet OSHA guidelines and achieve compliance.
- **Easy Administration and Student Recordkeeping** — We take care of the administrative tasks to keep your employees' credentials current, so you can concentrate on training responders.
- **Free Course Completion Cards** — Students who successfully complete the courses receive nationally recognized course completion cards.
- **Affordable** — Use the Cost Savings Calculator at [nsc.org/ec/calculator](http://nsc.org/ec/calculator) to compare NSC with other providers and see how you can reduce expenses.
- **Exclusive Instructor Portal** — Access materials and resources quickly and easily 24/7.
- **Grandfathering** — If you hold another provider's credentials, we may "grandfather" you to teach NSC emergency care programs. NSC has no instructor restrictions and no annual fees.
- **National Account Management** — Our affordable National Account Program relieves you of the burden of researching, planning, implementing and tracking the thousands of details that go into managing an effective compliance program. We handle everything for one low cost. For more information call **800.621.7615** ext. 52106.

### Who would benefit

Course Content    Hours Training

		Who would benefit	Course Content	Hours Training
First Aid, CPR, and AED	Standard First Aid, CPR, and AED <small>[MEETS LATEST OSHA REQUIREMENTS]</small>	Emergency response teams, safety personnel, supervisors, individuals requiring certification, and the general public.	See page 32	5.5
	English and Spanish Also available: First Aid, CPR, and AED Online			Approx. 4
	Pediatric First Aid, CPR, and AED <small>[MEETS STATE REQUIREMENTS]</small>	Child care providers, early childhood education professors or students, youth organizations and parents.	See page 37	8.5 - 9.5
First Aid	First Aid	Emergency response teams, safety personnel, supervisors and the general public.	See page 34	3.5
	First Aid Taking Action <small>[ADVANCED FIRST AID]</small>	College students and industry.	See page 39	16-40
	First Responder <small>[MEETS DOT REQUIREMENTS]</small>	Emergency response teams, safety personnel, firefighters, police officers, EMS personnel, healthcare providers and athletic trainers.	See page 38	40-50
CPR	CPR and AED	Emergency response teams, safety personnel, supervisors, firefighters, police officers, ambulance drivers, healthcare providers, athletic trainers, airline employees and lifeguards.	See page 35	3.25
	CPR and AED Refresher	Individuals who have taken an NSC CPR and AED course and are looking for refresher training.	See page 35	2.0
	Basic Life Support Healthcare and Professional Rescuers	Healthcare providers, emergency response teams, safety personnel, firefighters, police officers, EMS personnel, athletic trainers and lifeguards.	See page 39	7.5
Bloodborne and Airborne Pathogens	Bloodborne and Airborne Pathogens <small>[MEETS LATEST OSHA REQUIREMENTS]</small>	Individuals who may come in contact with infectious materials as part of their job.	See page 40	2+
Prescription for the Flu	Prescription for the Flu	Prepares workplace employees to protect themselves, customers and other visitors against a potential influenza outbreak	See page 41	2

# Emergency Preparedness

First Aid, CPR, and AED

## Competent life-saving skills and knowledge



Student Workbook includes First Aid Quick Guide and course DVD.

### Standard First Aid, CPR, and AED

*Knowing appropriate action to take in an emergency until professional help arrives is critical in saving lives. This course is an excellent choice whether you have an entire company to train or just a few employees. NSC uses the Video-Self-Instruction (VSI) method for teaching skills in this course. Studies show that students taught using VSI have higher skill-retention rates than students taught using traditional training methods.*

#### what you'll learn

- First aid training covers all the basics: breathing emergencies; sudden illness and injury; bleeding and preventing disease transmission
- The CPR segment teaches the principles of basic life support, rescue breathing and how to manage a choking victim
- The AED portion of the program details key operating characteristics of AED as well as proper precautions and maintenance techniques. Guidelines for meeting state Public Access Defibrillation (PAD) laws are included.

#### course description

This comprehensive course meets OSHA guidelines for emergency care in the workplace and follows the latest CPR and Emergency Cardiovascular Care guidelines. In just 5.5 hours, anyone can learn how to recognize an emergency, act appropriately and sustain life until professional help arrives. Topics range from basic first aid to dealing with cardiac emergencies.

#### course materials

##### Student Workbook

- 64 full-color pages with photos, illustrations and skill demonstrations
- Pull-out First Aid Quick Guide for easy reference
- Course DVD with VSI training for CPR retention
- Nationally recognized course completion cards



**Become an Authorized NSC Instructor**

*If you have previous emergency care training, you can likely be grandfathered as an authorized NSC instructor. Visit [train.nsc.org/ntc](http://train.nsc.org/ntc) for more information.*

**OSHA Standard**  
1910.151



Product #	Description	Quantity	Price (ea.)
	Two- to Three-day Instructor Course	1	<b>\$275.00*</b>
<b>B73058-0000</b> English	Instructor Resource Kit	1	<b>125.00</b>
<b>B73107-0000</b> Spanish			
<b>B73063-0024</b> English	Student Workbook	1-99	<b>11.25</b>
<b>B73112-0024</b> Spanish		100-249	<b>10.75</b>
		250-499	<b>10.50</b>
		500+	<b>10.25</b>

\* Prices may vary by location. Registration fee includes Instructor Resource Kit.

# Emergency Preparedness

Online First Aid, CPR, and AED

## Learn life-saving skills at your own pace

### Online Standard First Aid, CPR, and AED

NSC's *Emergency Care Online program is an affordable, convenient way to teach employees life-saving skills at their own pace, from any computer with an internet connection. It's ideal for employees whose work assignments make it difficult to complete classroom training. The program is also great as a refresher tool to keep skills sharp.*



#### what you'll learn

- Finding out what's wrong
- Basic life support
- Bleeding and wound care
- Shock
- Burn care
- Serious injuries
- Bone, joint and muscle injuries
- Sudden illness
- Poisoning
- Cold and heat emergencies
- Post assessment

#### course description

The NSC Online Standard First Aid, CPR, and AED Course is based on the same content as our 5.5-hour instructor-led course. The on-line version includes improved navigation, new graphics, interactive animation and realistic sound effects which bring the course to life. These elements create a more comprehensive and engaging learning experience than any other online course available.

#### skills testing

This online course clearly presents learning points through animation, full-motion video, interactive user exercises and real-world simulations. Upon completion, students may attend a skills-testing session conducted by an authorized NSC Instructor to earn nationally recognized NSC First Aid, CPR, and AED completion cards. To locate a skills testing center, visit [nsc.org/training](http://nsc.org/training).

Product #	Description	Quantity	Price Per User
B73200-0000	Online Course	1-99	<b>\$19.95</b>
		100-249	<b>18.25</b>
		250-499	<b>16.55</b>
		500-999	<b>14.85</b>
		1,000-2,499	<b>13.10</b>
		2,500-4,999	<b>11.35</b>
5,000+	<b>9.60</b>		

#### fact

*Injuries result in 40 million visits to emergency departments each year.*



Visit [safetyserve.com/firstaid-demo](http://safetyserve.com/firstaid-demo) or call Customer Service at **800.621.7619** or contact your local NSC Chapter.

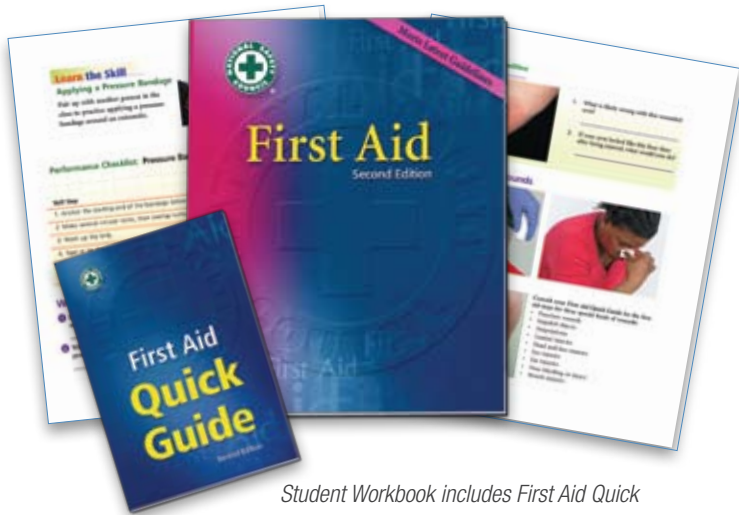
**Site licenses are also available.**

Call **800.621.7615**, ext. 52099, for more information.

# Emergency Preparedness

First Aid

## Acquire and retain the skills to handle an emergency



Student Workbook includes First Aid Quick Guide for easy reference.

### First Aid, Second Edition

*Not every injury or sudden illness is life threatening. But immediate action can mean the difference between a quick, complete recovery and a long, painful one. This course teaches how to care for an injury or illness until professional help arrives.*

#### what you'll learn

- Taking action in an emergency
- Bleeding and wound care
- Shock
- Burns
- Serious injuries
- Bone, joint and muscle injuries
- Sudden illness
- Poisoning
- Heat and cold emergencies
- Rescuing and moving victims

#### course description

Situations requiring first aid can occur every day at work, in the home and in the community. This 3.5-hour first aid course teaches students how to recognize an emergency and take appropriate action until professional help arrives. Similar to our comprehensive Standard First Aid, CPR, and AED training, this course uses a combination of instructor, Watch-Then-Practice and hands-on training.

#### course materials

##### Instructor Resource Kit

- 84-page Instructor Manual
- Instructor CD
- DVD with Watch-Then-Practice training method
- Student Workbook with pull-out First Aid Quick Guide

##### Student Workbook

- 64 full-color pages with illustrations, step-by-step photos and skill presentations
- First Aid Quick Guide
- Nationally recognized course completion card

Product #	Description	Quantity	Price (ea.)
<b>B73070-0000</b>	Instructor Resource Kit	1	<b>\$125.00</b>
<b>B73074-0024K</b>	Student Workbook with Course Completion Card	1-99	<b>\$8.75</b>
		100-249	<b>8.45</b>
		250-499	<b>8.25</b>
		500+	<b>8.15</b>

#### First Aid Skills Card

Eight-panel, full-color, laminated card provides a convenient, quick review of first aid skills for adults. It's a perfect addition to a first aid kit, or use it as an informational handout to employees.



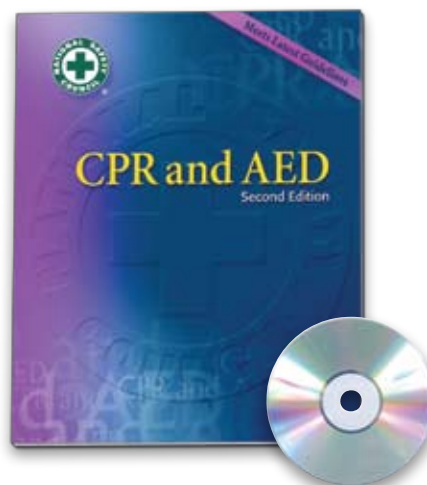
- Checking the victim
- Controlling external bleeding
- Cold-and heat-related illness
- Head and spinal injuries
- Seizure
- Shock
- Burn care
- Severe allergic reactions
- Asthma attack
- Swallowed poisons
- Splinting

Product #	Description	Quantity	Price (ea.)
<b>B73045-0000</b>	Skills Card	1-99	<b>\$6.50</b>
		100-249	<b>6.40</b>
		250-499	<b>6.25</b>
		500+	<b>6.05</b>
<b>B73045-0000K</b>	Skills Card with Completion Card	1-99	<b>8.50</b>
		100-249	<b>8.25</b>
		250-499	<b>8.15</b>
		500+	<b>7.95</b>

## Superior CPR and AED training methods that improve CPR skills retention

### CPR and AED, Second Edition

*Nearly every two minutes, someone dies of sudden cardiac arrest. Automated external defibrillation (AED) could save 25% of these lives. This CPR and AED course prepares students with basic life support skills for choking, breathing and cardiac emergencies, including using an AED to save lives.*



A DVD that features the VSI method is included with the Student Workbook for skills retention.

### what you'll learn

- Taking action in an emergency
- Assessing the victim
- Cardiac emergencies
- Basic life support including airway management, breathing and circulation
- Using an AED

### course description

In addition to meeting the most current CPR/Emergency Cardiovascular Care guidelines, this course teaches skills using the most effective training methods. The Video-Self-Instruction (VSI) method has been proven to enhance learning and skills retention and increase participants' self-confidence. VSI is included on the DVD that accompanies the Student Workbook, for reference and skills retention.

### course materials

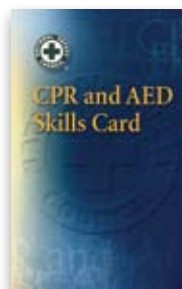
#### Instructor Resource Kit

- Instructor Manual
- Instructor CD
- DVD with VSI training
- Student Workbook

#### Student Workbook

- 32 full-color pages with photos, illustrations and skill demonstrations
- Course DVD with VSI training
- Nationally recognized course completion card

Product #	Description	Quantity	Price (ea.)
<b>B73065-0000</b>	Instructor Resource Kit	1	<b>\$125.00</b>
<b>B73069-0024K</b>	Student Workbook with Course Completion Card	1-99	<b>8.75</b>
		100-249	<b>8.45</b>
		250-499	<b>8.25</b>
		500+	<b>8.15</b>



### CPR and AED Skills Card

Eight-panel, full-color, laminated card for convenient quick review of skills. Available with completion card for individuals who have completed an NSC CPR and AED course and are looking for refresher training. Or, available without completion card for use as a valuable handout to employees. Topics include:

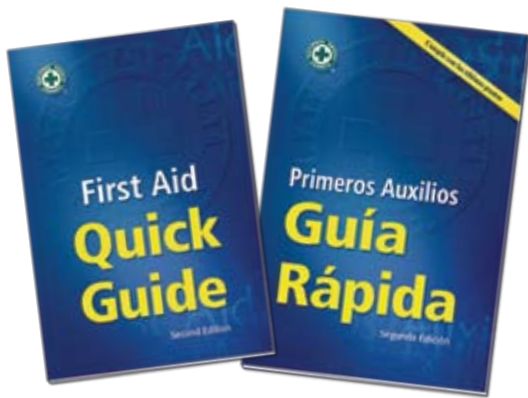
- Acting in emergency situations
- Choking
- CPR for adults, children and infants
- Checking the victim
- Preventing disease transmission
- Recovery position
- Using an AED

Product #	Description	Quantity	Price (ea.)
<b>B73018-0024</b>	Skills Card	1-99	<b>\$6.50</b>
		100-249	<b>6.40</b>
		250-499	<b>6.25</b>
		500+	<b>6.05</b>
<b>B73018-0024K</b>	Skills Card with Completion Card	1-99	<b>8.50</b>
		100-249	<b>8.25</b>
		250-499	<b>8.15</b>
		500+	<b>7.95</b>

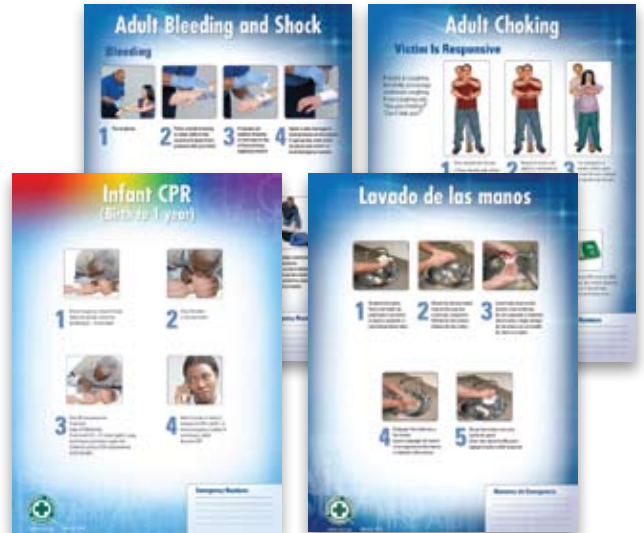
# Emergency Preparedness

Training Supplements

## The basics of first aid and CPR without the course



A perfect addition to any first aid kit.



Two-sided posters – English on one side, Spanish on the other.

### First Aid Quick Guide

This full-color, 52-page *First Aid Quick Guide* is a perfect handout to employees, making it easy for everyone to have first aid at their fingertips. The *First Aid Quick Guide* covers basic life support and treatment on more than 50 first aid topics. Convenient and affordable, this guide can also be customized to add your company's emergency response information.

#### what you'll learn

How to react and provide first aid for the following topics:

- Allergic reaction, bleeding, chest injury and diabetic emergencies
- Electrical shock or burns, wound care, muscle sprains and strains
- Heart attack, shock, poisoning and frostbite



Product #	Description	Quantity	Price (ea.)
B73064-0024	English	One pack of 25	\$49.95
B73111-0000	Spanish	One pack of 25	\$49.95

### Emergency Care Skill Posters

The NSC *Emergency Care Skill* posters include nine different 18-in. x 24-in. posters covering various aspects of first aid for adults and children. These posters are perfect for placing in break rooms, lunch-rooms and locker rooms – anywhere they might raise awareness of first aid and CPR skills. They are available as a pack or sold separately. Versions include Adult and Pediatric; Pediatric; and Adult.

#### Go To

page 46 for additional posters.



Product #	Description	Quantity	Price (ea.)
B73808-0000	Adult and Pediatric Poster Pack	1-9	\$18.95
		10-49	17.95
		50 +	16.50
B73809-0000	Pediatric Poster Pack	1-9	11.95
		10-49	11.75
		50 +	11.50
B73810-0000	Adult Poster Pack	1-9	9.95
		10-49	9.75
		50 +	9.50

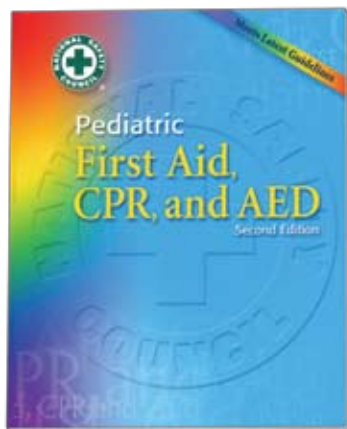
#### fact

Every year, more than 1.5 million workplace injuries are serious enough to cause missed work days.

# Emergency Preparedness

Pediatric First Aid, CPR, and AED

## Taking the right steps to protect young lives



NSC's pediatric program meets all 50 states' first aid and CPR training requirements.

### Pediatric First Aid, CPR, and AED

*Whether it's simple cuts and bruises or life-threatening emergencies, no one wants to see a child hurt. That's why we adapted all the topics from our Standard First Aid, CPR, and AED course to meet the special needs of infants and children.*

#### what you'll learn

- Common childhood problems such as head bumps, lost teeth and objects swallowed or encased in ears or nose
- Childhood illnesses such as whooping cough, chickenpox, conjunctivitis and head lice
- Children with disabilities

#### course description

Focusing on injury prevention, our 8.5- to 9.5-hour pediatric program goes further to cover information on many childhood topics. From common childhood illnesses to child abuse and neglect, this program meets the latest CPR and ECC guidelines while addressing the special needs of children.

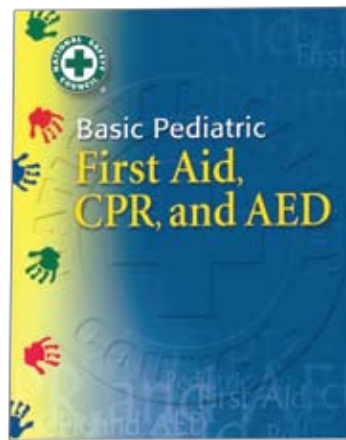
#### course materials

##### Instructor Resource Kit

192-page Instructor Manual, Instructor CD with PowerPoint® presentation and Student Workbook.

##### Student Workbook

150 full-color pages of photos, illustrations and skills demonstrations plus nationally recognized course completion cards.



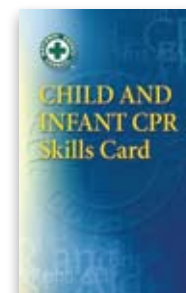
Does not meet CA and LA state requirements.

### Basic Pediatric First Aid, CPR, and AED

This workbook offers the basics of our Pediatric First Aid, CPR, and AED program, covering the fundamentals of caring for childhood injuries and illnesses. Step-by-step photos reinforce skill development and retention. Nationally recognized course completion cards are included.

### Child and Infant CPR Skills Card

Easy-to-follow, full-color, laminated card provides a quick, convenient emergency skills review. Includes a course completion card for those taking an NSC Pediatric course and looking for refresher training, or without a completion card for use as an employee handout.



Product #	Description	Quantity	Price (ea.)
B73075-0000	Instructor Resource Kit	1	\$125.00
B73079-0024	Student Workbook	1-49*	14.95
B73300-0024	Basic Student Workbook (Does not meet CA and LA state requirements)	1-49*	9.25
B73042-0000	Child and Infant CPR Skills Card (Without completion card)	1-99*	6.50
B73042-0000K	Child and Infant CPR Skills Card (With completion card)	1-99*	8.50

\* Call for pricing on additional quantities



# Emergency Preparedness

Advanced Training

## The first responder program that surpasses all the rest



Course DVDs and Pocket Guide are included with the Student Textbook.

### First Responder Skills in Action

*NSC's First Responder program offers the most authoritative emergency care training on the market. This program exceeds the current U.S. Department of Transportation National First Responder Curriculum. This course delivers the latest CPR and ECC guidelines essential for all emergency response teams and healthcare providers.*

#### what you'll learn

- Patient assessment, childbirth and assisting infants and children
- Airway and breathing emergencies, ventilation devices and oxygen
- Cardiac emergencies, CPR and automated external defibrillation (AED)
- Illness and injury including medical emergencies; bleeding and shock; soft-tissue injuries; and muscle, bone, head and spinal injuries

#### course description

This program includes all the content from our Basic Life Support (BLS) Healthcare and Professional Rescuers Course plus delivers the latest CPR and ECC guidelines through a combination of instruction, Video-Self-Instruction (VSI) and hands-on training. The program also covers EMS response and operations, as well as mass-casualty incidents and triage. In addition, you'll learn legal and ethical issues relating to emergency care.

#### Go To

page 28 for information on Coaching the Emergency Vehicle Operator. Improve and refresh your driving skills.

#### fact

Each year as many as 250,000 people die of heart attacks before they reach the hospital.

#### course materials

##### Instructor Resource Kit

- Instructor Manual
- Instructor PowerPoint® presentation with more than 1,000 slides
- 800-question test bank and exams
- BLS Healthcare and Professional Rescuer DVD, with VSI training
- First Responder Skills DVD, with "Watch-Then-Practice" training
- Student Textbook and Pocket Guide

##### Student Textbook

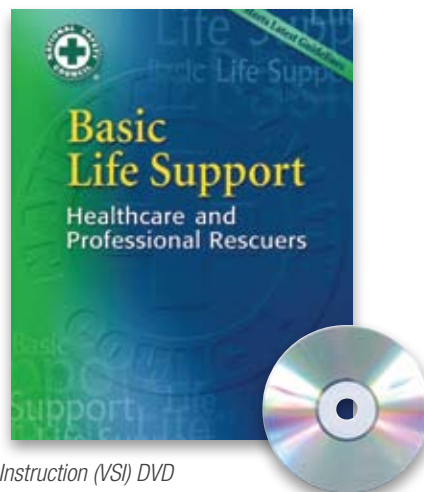
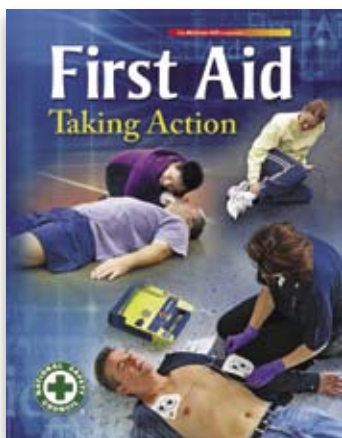
- 350 full-color pages of step-by-step photo sequences, illustrations and skill demonstrations
- Course DVD featuring dramatic real-life scenarios as well as VSI training and skill demonstrations
- Pocket Guide (*Also sold separately*)
- Nationally recognized course completion cards

##### Pocket Guide

- 124-page spiral flip pocket guide for quick, convenient procedural review. Included with Student Textbook and also sold separately.

Product #	Description	Quantity	Price (ea.)
B73088-0000	Instructor Resource Kit	1	\$150.00
B73091-0024	Student Textbook	1-49 50 +	49.95 48.00
B73115-0000	Pocket Guide	1	9.95

## Advanced skills for emergency response professionals



*Video-Self-Instruction (VSI) DVD is included for skill retention.*

### First Aid Taking Action

#### what you'll learn

Basic Life Support for breathing and cardiac emergencies; controlling bleeding and managing shock; injury care and medical emergencies; special situations including behavioral emergencies, pregnancy, childbirth and remote-location first aid.

#### course description

Immediate response to emergency situations is critical. This 16-40 hour course helps participants recognize and act in emergencies to sustain life.

#### course materials

##### Instructor Resource Kit

CD with 295-page Instructor Manual, PowerPoint® presentation and test bank; three DVDs with Video-Self-Instruction (VSI) and Watch-Then-Practice training; and Student Textbook.

##### Student Textbook

520 full-color pages of step-by-step photo sequences, illustrations, skill presentations, statistics and checklists; three DVDs; and nationally recognized course completion cards.

Product #	Description	Quantity	Price (ea.)
B73054-0000	Instructor Resource Kit	1	\$125.00
B73057-0024	Student Textbook	1-49*	39.50

\* Call for pricing on additional quantities

### Basic Life Support: Healthcare and Professional Rescuers

#### what you'll learn

Professional rescuers role in emergencies; assessing victims' conditions; basic life support including rescue breathing, cardiac emergencies, CPR airway obstruction and AED use.

#### course materials

##### Instructor Resource Kit

- Instructor Manual on CD with PowerPoint® presentation and test bank
- Professional Rescuer CPR DVD with VSI training
- Student Textbook

##### Student Manual

More than 100 full-color pages of step-by-step photo sequences, illustrations and skill demonstrations; Professional Rescuers CPR DVD; and nationally recognized course completion card.

Product #	Description	Quantity	Price (ea.)
B73084-0000	Instructor Resource Kit	1	\$125.00
B73087-0024	Student Manual	1-49 50-99	11.95 11.00

# Emergency Preparedness

Bloodborne and Airborne Pathogens

## Are you in compliance with the OSHA standard?



### Bloodborne and Airborne Pathogens

**OSHA's Bloodborne Pathogens Standard (29 CFR 1910.1030)** requires employers to safeguard employees who face potential occupational exposure to blood or other potentially infectious materials. The National Safety Council's Bloodborne and Airborne Pathogens course helps reduce these risks by focusing on how to protect your employees from blood and airborne pathogens and what to do if an exposure occurs.

#### what you'll learn

- Introduction to bloodborne pathogens
- Bloodborne pathogens including hepatitis viruses and HIV
- Preventing infection from bloodborne pathogens
- Airborne pathogens including tuberculosis
- Influenza and potential Influenza pandemic

#### course description

This revised course includes additional statistics about HBV, HCV and HIV as well as updated information on the Needle Stick Safety and Prevention Act, TB testing, influenza and airborne pathogens. The course also has an expanded section on recordkeeping and exposure control plans. Earns Continuing Education Coordinating Board for Emergency Medical Services (CECBEMS) credits.

#### course materials

##### Instructor Resource Kit

- 36-page Instructor Manual
- CD with PowerPoint® presentation
- 21-minute DVD
- Student Workbook

##### Student Workbook

- 64 pages with full-color photographs
- Includes course completion card

CECBEMS

**OSHA Standard**  
1910.1030

Product #	Description	Quantity	Price (ea.)
<b>B73305-0000</b>	Instructor Resource Kit	1	<b>\$125.00</b>
<b>B73304-0024</b>	Student Workbook	1-99*	<b>8.75</b>

\* Call for pricing on additional quantities

#### Workplace Version

### Bloodborne Pathogens OSHA Compliance Packaged Training

Use this workplace version to find out what the OSHA Standard on Bloodborne Pathogens means for your business. You'll get everything you need to conduct a two-hour course in your facility on exposure control plans, personal protective equipment, recordkeeping and much more. For more information on Bloodborne Pathogens OSHA Compliance Packaged Training, go to page 84.

**OSHA Standard**  
1910.1030

Product #	Description	Quantity	Member Price	Nonmember Price
<b>B13060-0000</b>	Facilitator Kit	1	<b>\$99.00</b>	<b>\$125.00</b>
<b>B13062-0024</b>	Participant Guide	1	<b>12.50</b>	<b>16.00</b>

## Practical solutions to prepare and protect your employees

### Prescription for the Flu

*National Safety Council's Prescription for the Flu is an affordable, two-hour program that will raise awareness of the prospect of a pandemic flu outbreak and the serious threat it poses to employees and your business. Based on the latest OSHA Guidance document (3327-02N-2007), this program is an effective way to prepare the workplace for an influenza pandemic.*



*This affordable, two-hour program protects employees and businesses against a potential flu outbreak.*

#### what you'll learn

- How to identify the various types of influenza strains
- Conditions that create a pandemic
- Warning signs of an influenza epidemic
- Steps employees can take to protect themselves and their families against the flu
- Actions employees can take if they or their family members get the flu

#### course description

Prescription for the Flu is administered in two parts. The first part helps management understand how an influenza pandemic might affect their business and encourages them to plan for a potential outbreak. The second part gives employees the knowledge and skills they need to guard themselves and their families against the flu.

#### course materials

##### Facilitator Kit

- Facilitator Guide
- PowerPoint® presentations with embedded video clips
- Agenda and program evaluation PDFs
- 28-page Participant Guide
- Two-sided (English/Spanish) 18-in. x 24-in. handwashing poster

##### Participant Guide

- 28-page Guide sold in packs of 10

#### fact

*According to the Centers for Disease Control, each year more than 200,000 people are hospitalized for flu complications.*

Product #	Description	Quantity	Price (ea.)
<b>B73819-0000</b>	Facilitator Kit	1	<b>\$125.00</b>
<b>B73813-0024</b>	Participant Guide (Sold in packs of 10)	1-9 <sup>†</sup> 10-24 <sup>†</sup> 25 + <sup>†</sup>	<b>19.95</b> <b>19.20</b> <b>18.25</b>

<sup>†</sup>Packs of 10

**NEW**

#### Individual Flu Packs

This kit contains medical-grade products to protect you, your employees and their families against all phases of a pandemic. The convenient one-person/five-day supply kit includes:

- 10 face masks
- 2 pairs of gloves
- 10 sanitizer wipes
- 1 pack of tissues
- 4-oz. SaniTyz® Hand Sanitizer

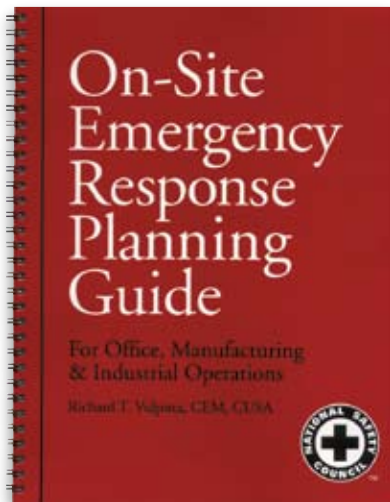
Product #	Description	Quantity	Price
<b>B73818-0000</b>	Box of Flu Packs	12 per box	<b>\$275.90</b>
<b>B73815-0000</b>	Case of Flu Packs	48 per case	<b>959.55</b>

\* Quantity discounts available

# Emergency Preparedness

Resources

## Be prepared for emergencies anytime, anywhere



The newly expanded Guide explains the key elements of emergency and disaster plans; the role of local, state and federal agencies; and essential concepts for writing a personalized plan.

### On-Site Emergency Response Planning Guide

*In the event of an emergency, knowing the proper steps to take for employee safety and well-being is the best course of action.* This NSC publication offers detailed action plans in the event of an emergency for offices as well as manufacturing and industrial operations. Action plans are included for everything from hazmat emergencies to earthquakes. In addition, the Guide features information on the Department of Homeland Security as well as levels of terrorism alerts and weather emergencies. A home emergency planning checklist and updated mail-handling instructions are included. Softcover, 134 pages. ISBN 97800-87912-218-8

Product #	Description	Member	Nonmember
B12212-0000	On-Site Emergency Response Planning Guide	\$38.06	\$49.48



**MEMBER**  
exclusive

**NEW**

### NCS Emergency Alert Network\*

The NSC has partnered with the Centers for Disease Control and Prevention to develop a groundbreaking emergency alert system for businesses in the event of a regional, national or international safety and health emergency. When activated during a time of emergency, the NSC Emergency Alert Network will deliver critical information to protect the health and safety of employees and their families during a crisis. Emergency contacts can specify a communication method to use for time of day or day of the week.

\*This benefit is available exclusively to National Safety Council members

### fact

*In 2006, there was an average of 14 unintentional-injury deaths and 2,990 disabling injuries every hour, costing companies \$12,400,000.*

### Exit Routes, Emergency Action Plans & Fire Prevention Plans

This guide covers emergency plans and fire prevention regulation 1910.33-39 Subpart E, as well as alarms, evacuation methods, training and fire prevention.

**OSHA Standard**  
1910.33-39

Product #	Description	Member	Nonmember
B12237-0000	Facilitator Kit	\$99.00	\$125.00
B12238-0024	Participant Guide	12.50	16.00

\* Prices may vary by location. Please contact your local Chapter for details or 800.621.7619.

### Three Easy Ways to Train

Make our OSHA Compliance Training Programs part of your safety regimen. We deliver how, when and where you want the training in three easy ways. Attend an OSHA Compliance Seminar near you. Have a professional NSC instructor teach any of the seminars onsite. Or, train employees yourself using one of our packaged training courses. See page 76 for more details or visit [nsc.org/train/ntc](http://nsc.org/train/ntc)

## The time to address off-the-job safety is now



Through its off-the-job safety and health initiatives and programs, the National Safety Council works with local communities to prevent needless deaths and disabling injuries.

### Off-the-Job Safety & Health Workshop

**Off-the-job safety has never been more of a concern for employers than it is today. More unintentional injuries and deaths occur outside the workplace, at home and in the community than they do on the job.**

The Off-the-Job Safety & Health Workshop, offered regionally by the National Safety Council, helps businesses increase safety awareness among employees and build safe practices into employees' lives.

#### what you'll learn

- Emerging trends impacting the safety and health of employees and their families
- Successful off-the-job safety and health programs discussed by safety and health experts
- How to access and use off-the-job safety and health data to create health and safety programs
- Take-away tools to build a successful off-the-job safety and health program
- Networking with professionals incorporating off-the-job safety and health practices into their companies and communities



For information on upcoming workshops, visit [nsc.org/events/conferences/OTJ](http://nsc.org/events/conferences/OTJ) or call 800.621.7619.

#### Go To

page 30 for information on our Injury Cost Capturing Tool.

### Off-the-Job Safety Program Manual and Companion CD, 2nd Edition

**A concise guide to creating and maintaining a successful off-the-job safety program, ideal for any company or industry.**

#### what you'll learn

- How to invest in off-the-job safety, collect data and measure costs
- How to motivate employees and communicate your plans
- Includes CD with the tools you need to establish your program



#### course materials

CD includes a gap analysis, a compass to plot program implementation, customizable PowerPoint® presentations, and profiles of other companies' efforts. CD requires Adobe Acrobat Reader and Microsoft PowerPoint. Windows only. Book is softcover, 69 pages. ISBN 0-87912-267-6

Product #	Description	Quantity	Member price	Nonmember price
B12210-0000	Manual and CD	1	\$40.40	\$52.52



**SAFE**Communities  
America

Injuries at play, at work and on our roads are the leading cause of death among Americans age one to 41. Through the Safe Communities America program, the National Safety Council works with local communities to prevent needless deaths and disabling injuries. Visit [safecommunitiesamerica.org](http://safecommunitiesamerica.org) for more information on how Safe Communities America can improve the quality of life, saves lives and positively impact your business.

# Home and Community

Off-the-Job Resources

## Too many companies ignore the high cost of off-the-job safety...and they're paying the price



Customize the magazine with your company logo and safety message for an additional cost. Safety Stuffers can be customized as well. (See page 45.)

### Home Delivery Service

We normally ship in bulk to your headquarters. But for a small additional charge, we can mail *Family Safety & Health* directly to your employees' homes (U.S. addresses only) for \$2.80 per employee per year.

### Customizing Options

For a small additional charge, *Family Safety & Health* can be customized to look like your organization's own publication, with printing in four color for only \$2,500 for the four quarterly issues per year.

### Imprinting

Imprint your company's logo on the back cover in black and white for only \$250 per year.

### Personal Touch

Your organization can have the entire back cover or inside back cover to display whatever art or message you choose in four color, for only \$2,500 for the four quarterly issues per year.

## Family Safety & Health magazine

*All the safety precautions you take at your business can't protect your workers once they leave for the day. Two-thirds of disabling injuries suffered by workers happen off the job.<sup>1</sup> The average company pays \$806 for every employee each year in off-the-job injuries — including costs associated with absenteeism, health care, productivity and unscheduled work interruptions.<sup>2</sup> Reduce that cost by keeping your employees safe outside the workplace with *Family Safety & Health* magazine. This quarterly publication brings personal safety and health information home to your employees and their families for less than \$3.20 per employee per year.<sup>3</sup>*

*Family Safety & Health provides pertinent information to help protect your employees and their families — and your bottom line. Call us at 800.621.7619 for a no-obligation estimate for your company.*

1. National Safety Council, *Injury Facts 2008 Edition*

2. National Safety Council research study

3. Based on 1,000+ annual subscriptions, member pricing

Quantity	Member price (ea.)	Nonmember price (ea.)
1-4	<b>\$18.50</b>	\$24.10
5-9	<b>9.40</b>	12.20
10-49	<b>5.90</b>	7.70
50-99	<b>4.90</b>	6.40
100-499	<b>4.00</b>	5.20
500-999	<b>3.50</b>	4.60
1,000-4,999	<b>3.20</b>	4.20
5,000-9,999	<b>3.00</b>	3.90
10,000-19,999	<b>2.80</b>	3.60
20,000-49,999	<b>2.50</b>	3.30
50,000+	<b>2.30</b>	3.00



Try a free demo of the online version of *Family Safety & Health* at [nsc.org/groups/fshonline/demo/index.cfm](http://nsc.org/groups/fshonline/demo/index.cfm) (password: sales).

## Promote safety to your employees at home



Twenty-eight topics in all.



### Safety Stuffers

*Affordable, effective way to share safety information with your employees, clients, business colleagues and their families. Practical advice on staying safe at home, on the road and during emergencies. Twenty-eight topics in all. 7-in. x 3 3/8-in. for display in lunch-rooms, break rooms or reception areas. Or insert them into pay envelopes, invoices or correspondence. Sold in packs of 100.*

#### General Safety

- Playground Safety **NEW B29990-0000**
- The Flu: Keep Your Germs to Yourself **NEW B29992-0000**
- Is the Combination Lethal? **NEW B28401-0000**
- Don't Fall Victim to Fall **NEW B28405-0000**
- All Stressed Out **B29916-0000**
- Beware of the Dog **B29907-0000**
- Cooking Up Trouble **B29905-0000**
- Don't Take the Plunge:  
Avoiding Slips, Trips and Falls **B29920-0000**
- Fighting Fire with Foresight **B29903-0000**
- Have a Heart: Learn to Use CPR and AEDs **B29912-0000**
- Personal Protective Equipment Comes Home **B29914-0000**
- Plan Before You Dig **B29904-0000**
- Solving the Poison Puzzle **B29902-0000**
- Stay Current About Electrical Safety **B29910-0000**
- There's a Fungus Among Us **B29908-0000**
- There's No Place Like Home **B29906-0000**
- When Violence Comes to Work **B29917-0000**

#### On the Road

- Minimize Risky Behaviors: Teen Driving **NEW B29991-0000**
- Be Responsible on the Road **NEW B28403-0000**
- Is Multitasking Driving You to Distraction? **B29921-0000**
- Road Rage's Roar **B29922-0000**
- Steering Clear of the Stranded Zone **B29909-0000**

#### Weather and Emergency Conditions

- Hot Weather Is Deadly Weather **B29915-0000**
- It's an Emergency **B29913-0000**
- Nowhere to Hide...Earthquake Safety **B29911-0000**
- Tornado Safety Reminders **B29919-0000**
- When the Weather Outside Is Frightful **B29901-0000**
- When the Wind Gets Wicked...Hurricane Safety **B29918-0000**



Become a NSC member and receive 30% off.

Description	Quantity	Member price
Safety Stuffers	Pack of 100	\$14.95



# Home and Community

## Safety Posters

### Make powerful safety statements with posters



### Off-the-Job Poster Packs

Promote off-the-job safety to your employees with these safety posters in your facility. Each pack includes five off-the-job safety messages — or save with our 10-poster combo pack. Each poster is full color, 11-in. x 17-in.



#### Off-the-Job Poster Pack One

Buckle Up; Safety Reminder; Emergency Escape Route; Slow Down; Bad Driving Conditions

#### Off-the-Job Poster Pack Two

Focus on Your Driving; Read the Label; Drunk Driving; Beat the Heat; Stop. Look. Listen.

#### Off-the-Job Poster Pack Three

Is the Combination Lethal?; Exercise Regularly; Before Disaster Strikes; Pull Over; CPR/AED



#### Off-the-Job Poster Pack Four

Falls; Pool Safety; Overexertion; Play Safe; Focus on Safety



**\$ BEST VALUE** Poster Packs One and Two Combo. Ten posters at special savings! B28487-0000

Product #	Description	Quantity	Member price
B28488-0000	Poster Pack One		\$19.95
B28489-0000	Poster Pack Two	Five Posters in English and Five Posters in Spanish	19.95
B28484-0000	Poster Pack Three		19.95
B28485-0000	Poster Pack Four		19.95
B28487-0000	Poster Packs One and Two Combo	10 Posters in English and 10 Posters in Spanish	31.90
B28486-0000	Poster Packs Three and Four Combo		31.90

#### CPR Teddy™

Updated with the latest ECC Card and CPR guidelines, CPR Teddy includes voice prompts that walk you through procedures for choking/rescue and infant/child CPR. This fun refresher tool has infant and child settings and an indicator showing the proper location for chest compressions.



Product #	Description	Quantity	Price (ea.)
B73820-0000	CPR Teddy™	1-4	\$69.95
		5-24	68.50
		25+	66.00

## Make employees safer off the job with these programs and products



### Driver Improvement

**Motor vehicle crashes are the #1 cause of unintentional injury deaths.** Train employees to drive defensively on company business, and they'll take those skills with them when they hit the road on their own time. They're also more likely to set a good driving example for their children, family members and others. Safe, courteous driving is contagious — watch it make a positive impact on the roads in your community.

#### easy ways to encourage safe driving

- Offer NSC defensive driving courses to your employees. We have several programs and formats. See pages 12-29.
- Show a driver improvement video at your next safety meeting. Choose from our Safety Video Library on page 66.
- Start the next generation of drivers right. Offer employees copies of NSC's *Teen Driver: A Family Guide to Teen Driver Safety* or our Alive at 25<sup>®</sup> Parent Program. See pages 20-21.

### Radon Test Kits

These kits are used in the home and returned to the manufacturer for analysis, at no additional charge. Results are sent to you along with information about corrective measures to take to lower radon levels, if required.

#### Short-Term Radon Test Kit

A two- to six-day test is recommended initially to determine if there is a cause for radon concern. This test provides a "snapshot" of current radon levels.

#### Long-Term Radon Test Kit

The 90-day (or more) test provides a more accurate average of radon exposure.

Product #	Description	Price (ea.)
B82767-8000	Short-Term Radon Test Kit	\$9.95
B82767-8001	Long-Term Radon Test Kit	20.00

### Emergency Care

**Significantly more unintentional injuries and injury-related deaths occur outside of work than on the job.** First aid and CPR skills can help save a life anywhere. At the very least, they can help avoid a trip to the emergency room or lessen the severity of an injury. NSC Emergency Care training gives your employees the skills they'll use beyond the workplace.

#### increase awareness of first aid and CPR

- Train employees to be prepared for emergencies that can happen anywhere. See pages 30-42 for a full range of first aid, CPR and emergency preparedness training and products.
- Offer employees our online training. It's easy and affordable. Plus, employees can take it on their home computer and share the information with their family. See page 33 for details.
- Keep our First Aid Quick Guides and Skills Cards in prominent places at work, and make them available for employees to take home too! See pages 34-36 for information on these items.

### Home Safety: How to Make Your Home a Safe Haven

Create an in-depth safety haven in your home and outdoor areas with this free home-safety checklist created by NSC and Liberty Mutual. 10-minute video/CD.

Product #	Description	Price
B19846-2222	Video	Free*
B19845-0000	CD	Free*

\*Plus \$9.95 shipping and handling

### Lead Dust Kits

An easy way to find out if your home has a lead dust problem. Includes instructions, tools to take two samples, and a postage-paid mailer to send samples to an EPA-certified lab for analysis.

Product #	Description	Price
B82686-1111	Test Kit	\$29.95

# Recognition

Occupational Safety Awards

## Motivate, inspire, acknowledge and reward safe behavior

 **MEMBER**  
*exclusive*



### NSC Occupational Safety Awards

Celebrate your employees' and organization's workplace safety achievements with these prestigious awards. Benchmark your achievements against others in your industry or against your own safety records by participating in our safety awards program. You must apply for each award on pages 48, 49, 51 and 52. The awards program is available only to member companies with 11 or more employees.

### Occupational Excellence Achievement Award

**FREE**

Recognize low injury and illness rates with this certificate. Occupational excellence involves honoring companies that report injuries and illnesses involving days away from work equal to or less than 50% of the Bureau of Labor Statistics rate for their six-digit NAICS Code and with no fatalities during the calendar year (January 1 – December 31).



### Lift Truck Operator Award

Reward the safety excellence of your operators and your company with this award. It recognizes outstanding safety practices by full- or part-time individuals, or companies, that have completed a minimum of 480 consecutive hours without a reportable accident or injury while operating a lift truck. Available as a framed certificate or plaque.



### Milestone Award

Use the Milestone Award to celebrate when you reach your goal. The award recognizes companies that have completed at least 30 days without incurring an occupational injury or illness resulting in days away from work or death. Available as a framed certificate or plaque.



### Occupational Award Lapel Pins

Occupational award lapel pins provide you with a way to recognize individuals for their contributions to a safe environment. Sold individually or in packs of 20. See page 50 for more information.



Find complete details on applying for these and other awards at [nsc.org/awards](http://nsc.org/awards)

### Significant Improvement Award

A great motivator for reducing injuries and illnesses. This award acknowledges companies that demonstrate a minimum of 20% reduction in injuries and illnesses involving days away from work. The award also recognizes maintenance or reduction of fatalities (current reporting year vs. previous year January 1 — December 31). Available as a framed certificate or plaque.



### Certificate of Merit Award

You set the criteria – we help you recognize it. This award honors outstanding safety practices of companies that achieve self-reported noteworthy accomplishments. Available as a framed certificate or plaque.



### Perfect Record Award

Reward yourself for a perfect year of safety. This plaque recognizes companies completing at least 12 consecutive months without an occupational injury or illness resulting in days away from work or death. Available as a framed certificate or plaque.



### Safety Leadership Award

Take your Perfect Record accomplishments to the next level. This glass desktop award recognizes companies that have achieved five consecutive "Perfect Record" years.



### Million Work Hours Award

This award recognizes the achievement of one million consecutive man-hours (or any other million increment) without an occupational injury or illness resulting in days away from work or death. Data must be submitted within 60 days from the date the total was achieved. This award is not limited to a calendar year. Available as a framed certificate or plaque.



Find complete details on applying for these and other awards at [nsc.org/awards](http://nsc.org/awards)

Description	Member Price
Lift Truck Operator Award – Framed	<b>\$39.95</b>
Lift Truck Operator Award – Plaque	<b>75.00</b>
Occupational Excellence Achievement Award in leatherette frame	
Occupational Excellence Achievement Award in wood-like frame	<b>39.95</b>
Safety Leadership Award	<b>125.00</b>
Safety Leadership Award and NSC Safety Flag	<b>200.00</b>

### National Awards Banquet

Participants in the NSC Safety Motivation and Recognition Awards Program can have their accomplishments recognized at our National Awards Banquet. To learn more, visit our Members-only website at [members.nsc.org](http://members.nsc.org)

# Recognition

Occupational Awards

## Occupational Award Lapel Pins



**MEMBER**  
*exclusive*

### Occupational Award Lapel Pins

Occupational safety award lapel pins are a great complement to our certificates and plaques, providing you with a way to recognize employees individually for their contributions to a safe workplace.

These lapel pins mirror the occupational awards and are available individually or in bags of 20. 1½-in. x 1½-in. full-color design with epoxy coating. Each pin is individually packaged in a polybag.

Product #	Description	Quantity	Member price (ea.)
B29845-0000	Occupational Excellence	1-999 Bag of 20	<b>\$1.50</b> <b>21.95</b>
B29846-0000	Perfect Record	1-999 Bag of 20	<b>1.50</b> <b>21.95</b>
B29842-0000	Million Work Hours	1-999 Bag of 20	<b>1.50</b> <b>21.95</b>
B29843-0000	Safety Leadership	1-999 Bag of 20	<b>1.50</b> <b>21.95</b>



Find complete details on applying for these and other awards at [nsc.org/membership/awards.aspx](http://nsc.org/membership/awards.aspx)



1½-in. x 1½-in. full-color design with epoxy coating.  
Each pin is individually packaged in a polybag.

**NEW**

**COMING SOON!**



**MEMBER**  
*exclusive*

#### The Elements of Safety Management Awards

This addition to our Occupational Awards Program will be introduced soon. Based on the principles and practices of the Nine Elements of a Successful Safety and Health System and the NSC Code of Ethics, this program is designed to recognize and support companies that use safety motivation to change employee attitudes and behaviors. Watch for more on this program on the Members-Only website!

## Recognize fleet safety performance



### NSC National Fleet Awards

*Our National Fleet Awards Program provides annual recognition based on fleet accident rate, type and size. This program is open to all NSC member organizations with fleets operating in the United States or Canada. You must apply for these awards. Enrollment is free as a membership benefit; however, there is a fee associated with some components.*

### Fleet Division Leader Award

This award recognizes fleets with the lowest rate of preventable accidents per one million miles driven within their division, category and group during a full calendar year (January 1 – December 31). The first award is free to NSC members.



### Fleet Perfect Record Award

Celebrate a year of safe driving with this award. It recognizes fleets completing a period of 12 consecutive months without a preventable accident. Qualified participants can purchase custom awards any time of the year.



### Fleet Significant Improvement Award

Raise the bar on your fleet's driver safety record. This award is for fleets that reduce the number of preventable accidents by 20% (current calendar year vs. previous year, January 1 – December 31). Qualified participants may purchase custom awards.



Visit [nsc.org/awards](http://nsc.org/awards) for complete details on applying for these and other awards.

Description	Member price (ea.)
Fleet Division Leader Award (first award)	<b>No charge</b>
Fleet Division Leader Award (duplicate awards)	<b>\$39.95</b>
Fleet Perfect Record Award – Framed	<b>39.95</b>
Fleet Perfect Record Award – Plaque	<b>75.00</b>
Fleet Significant Improvement Award – Framed	<b>39.95</b>
Fleet Significant Improvement Award – Plaque	<b>65.00</b>

### Motor Fleet Safety Benchmarking Program



NSC's Motor Fleet Safety Benchmarking Program monitors fleet statistics, identifying areas that need improvement. Safety benchmarking data on specific fleet vehicles is provided, along with industry trends and statistics. Results will be published in various NSC resource publications. NSC encourages all organizations with fleets to participate in this self-reported analysis program.

For more information on this program or to submit your company data, visit [members.nsc.org](http://members.nsc.org)

# Recognition

Safe Driver Awards

## Recognize safe driving behavior



### Safe Driver Shoulder Patch

Recognizes number of years driven without incident. In yellow, blue and green silk on white background. 1 to 45 years available.



3-in. x 4-in.

### Safe Driver Lapel Pin

Another way to reward your safe drivers. Similar to the Safe Driver Shoulder patch, this lapel pin is awarded for a specific number of years driven without incident. In rose gold, with clutch fastener. 1 to 45 years available.



5/8-in. x 3/4-in.

### Expert Driver Certificate

Recognizes number of years driven without incident. White and navy linen certificate. 1 to 45 years available.



8-in. x 10-in.

### Million and Two Million Mile Achievement Plaques

Recognize individuals who drive one million miles, or 25,000 hours without incident. Two Million Mile plaque doubles those milestones.



6 3/4-in. x 9 3/4-in.



## NSC Safe Driver Awards

These awards are a great way to recognize outstanding safe driving practices. You can purchase them any time of the year.

Product #	Description	Quantity	Member price (ea.)
B29802-0000	Safe Driver Shoulder Patch	1-999	\$2.55
		1,000+	2.00
B29351-0000	Safe Driver Lapel Pin	1-999	4.40
		1,000+	3.30



Visit [nsc.org/awards](http://nsc.org/awards) for criteria and application information for the Expert Driver Certificate and the Million Mile Achievement Plaques.

### Guide to Determine Motor Vehicle Accident Preventability

A valuable resource to support your safe driver program, this book defines "preventable accident" and offers guidelines for granting the Safe Driver Awards. Softcover, 38 pages.

Product #	Description	Member price	Nonmember price
B22972-0000	Guide to Determine Motor Vehicle Accident Preventability	\$25.95	\$32.95

## Show your personal commitment to safety

 **MEMBER** Products  
*exclusive*

### Proud Member Flag

3-ft. x 5-ft. flag lets you proudly display your commitment to safety.



### National Safety Month Lapel Pin

1½-in. x 1½-in. full-color design with epoxy coating. Packaged individually in a polybag.



### National Safety Month Proud Member Flag

As a proud member of NSC, this flag is a great way to show your community the important role safety plays in your organization. 2-ft. x 3-ft. flag, for indoor/outdoor use.



### Green Cross for Safety Lapel Pin

Gold-plated base with NSC logo in lacquered enamel. 5/8-in. diameter, with clutch fastener. Sold individually.



### “Injuries Are Not Accidents” Lapel Pin

Printed brass lapel pin reminds everyone that injuries are avoidable. ¾-in. x 1¼-in., with military clasp.



### “Make a Safer World” Wristband

All proceeds support our mission to “educate and influence people to prevent accidental injury and death.” Individually wrapped and sold in bags of five.



### National Safety Month Ribbons

3-in. x 2-in. ribbon with safety pin enclosure to be worn with pride during National Safety Month each June. Sold in bags of 20.



### Pom-Pom Creature

A fun way to reward dedication to safety. Sold in bags of five.



Product #	Description	Member Price	Nonmember Price
B03105-0000	Proud Member Flag	\$45.00 ea.	N/A
B13062-0000	National Safety Month Proud Member Flag	24.95 ea.	N/A
B29847-0000	National Safety Month Lapel Pin	21.95 per bag of 20	N/A
B04402-0000	Green Cross for Safety Lapel Pin	3.25 ea.	N/A
B04431-0000	“Injuries Are Not Accidents” Lapel Pin	5.00 per bag of 5	N/A
B04409-0000	“Make a Safer World” Wristband	5.00 ea.	5.00 ea.
B04601-0000	National Safety Month Ribbons	21.95 per bag of 20	21.95 per bag of 20
B04432-0000	Pom-Pom Creature	5.00 per bag of 5	5.00 per bag of 5



# Resources

## Publications

### #1 safety and health magazine in the nation



Join the 86,000 safety professionals who receive *Safety+Health* every month.



Keep your employees safe when they are not at work.

### **Safety+Health®** magazine

A key publication for safety professionals, *Safety+Health* provides valuable insight on current trends affecting the workplace. Award winning, the magazine includes regular features on:

- Legislation and Regulation
- OSHA's Top 10
- Workplace Solutions
- CEOs Who 'Get It'
- New Products, and more

A salary survey and job outlook are published annually. Stay on top of changing news and trends with *Safety+Health*.

Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
<b>B11101-0000</b>	<i>Safety+Health</i> annual subscription (monthly publication)	1-4	<b>\$49.50</b>	\$64.40
		5-9	<b>35.20</b>	45.80
		10-24	<b>33.00</b>	42.90
		25-49	<b>30.80</b>	40.00
		50-74	<b>29.70</b>	38.60
		75-199	<b>28.60</b>	37.20



For more information, to request a sample issue or to subscribe, call **800.621.7619**.

### **Family Safety & Health®** magazine

*Family Safety & Health* takes a family-friendly approach to off-the-job safety every quarter. This publication can be delivered to the homes of your employees and customized with your company's logo and personalized message. Available in hard copy or online, it contains timely articles on safety and wellness in the home and community. Topics include:

- Teen Driving
- Healthy Recipes
- Health and Wellness Tips
- Child Safety
- Safe Yard Work, and more

Reduce workers' compensation benefits, medical insurance claims, absenteeism and production downtime by educating employees about off-the-job safety. Order *Family Safety & Health* today.

Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
<b>B51101-0000</b>	<i>Family Safety &amp; Health</i> magazine, per employee, per year	1-4	<b>\$18.50</b>	\$24.10
		5-9	<b>9.40</b>	12.20
		10-49	<b>5.90</b>	7.70
		50-99	<b>4.90</b>	6.40
		100-499	<b>4.00</b>	5.20

### Go To

page 44 or information on customizing **Family Safety & Health** for your employees.

## Special information for safety leaders



### Safety newsletters

*Focused NSC newsletters bring you monthly insight on breaking news, in-depth analysis, tips and trends in specific safety areas.*

#### OSHA Up to Date®

Monthly e-newsletter provides a quick update on federal safety initiatives as well as state-based/regional OSHA programs. Print and electronic versions are available.

#### Traffic Safety®

Newsletter gives you the latest reports on the state of U.S. roadway safety. Monthly newsletter covers federal and state trends in transportation safety as well as statistics on motor vehicle deaths.

#### Today's Supervisor®

Monthly four-page newsletter reports on important safety issues, trends and tips to make the workplace safer for all employees.

#### New safety newsletters in development

Visit [nsc.org](http://nsc.org) regularly for startup announcements!

Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B09941-0000	OSHA Up to Date print and electronic version	Annual subscription	\$30.80	\$40.00
B31101-0000	Traffic Safety newsletter	Annual subscription	26.40	34.30
B13101-0000	Today's Supervisor Newsletter	Annual subscription	23.10	30.00

### Making supervisors safety smart

*Great for the new supervisor or manager who needs safety skills for his or her new position, or for experienced supervisors who want to stay current on the latest practices.*

#### You've Just Been Made Supervisor — Now What?

Handbook for new supervisors helps them manage others as well as handle the flow of goods and services safely and effectively. 406 pages, softcover. ISBN 978-0-87912-219-5

#### Supervisors' Safety Manual, 9th Edition

Covers the three aspects of loss control: recognizing hazards, determining levels of acceptable risk and controlling hazards. 397 pages, hardcover. ISBN 978-0-8712-197-6

Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B17649-0000	You've Just Been Made Supervisor — Now What?	1	\$32.39	\$42.11
B15143-0000	Supervisors' Safety Manual	1	101.59	132.07

#### Go To

pages 92-93 for information on our Supervisors' Development Program, which provides more comprehensive safety leadership training.

## The premier source for accident and injury statistics for 80 years



Presents all the facts on accidents, injuries and their impact.

### what you'll learn

*Injury Facts* is a valuable reference tool that provides safety and health managers and supervisors with fast access to injury information as well as facts for benchmarking costs and creating safety programs. Use the data in *Injury Facts* for:

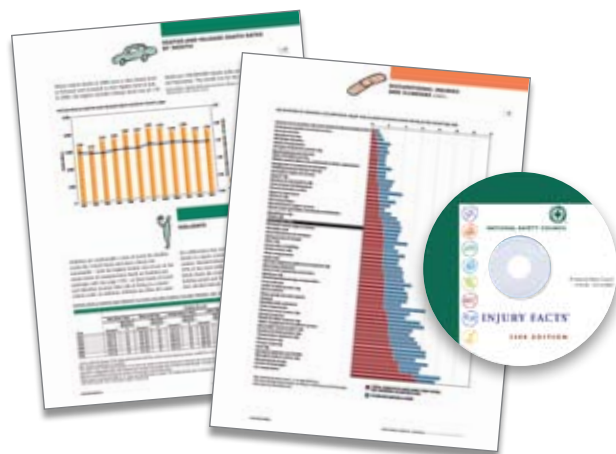
- Safety committee meetings
- Training and orientation
- Presentations
- Speeches and articles
- Research
- Management reports
- Employee newsletters
- Communications to employees
- Evaluating/benchmarking injury rates
- Material for in-field "toolbox talks"

#### New data in the 2008 edition includes:

- New chapter on intentional injuries – homicide, assault, suicide and self-harm
- Work injuries by part of body
- Sports-related traumatic brain injuries
- Poisoning trends
- Fall injuries among older people
- Injury risks by age group
- Smoke alarms, automatic sprinklers and more

### ***Injury Facts*® 2008 Edition**

*The leading compilation of safety, health and environmental statistics on the job, on the road, in the home and in the community. Complete with both fatal and non-fatal injury data compiled by NSC experts with more than 50 years of collective experience gathering, analyzing and interpreting safety data.*



#### ***Injury Facts* 2008 Edition CD**

All the content of the printed publication in searchable format. Includes text, charts and graphs that can be easily inserted into PowerPoint® presentations or Word documents.

#### ***Injury Facts* 2008 Edition and CD Kit**

Save with special pricing when you purchase both the book and the CD together!

#### ***Injury Facts* Multi-User CD License**

Great for organizations with multiple locations or to make data available on a company's intranet. For pricing, visit [shop.nsc.org](http://shop.nsc.org) or call 800.621.7619.

Product #	Description	Quantity	Member price	Nonmember price
B02309-0000	<i>Injury Facts</i> Book	1	\$39.95	\$56.95
B02310-0000	<i>Injury Facts</i> CD	1	39.95	56.95
B02311-0000	<i>Injury Facts</i> Book and CD Kit	1	61.95	87.95

## Additional resources that make the case for safety

*Injury Facts® has grown into a family of products to help safety professionals access the information they need and use it productively to make their organization safer. All of the following products are based on the NSC Injury Facts database, acknowledged to be the most extensive collection of facts on injuries and accidents available.*



### Injury Facts Challenge

A weekly safety quiz available on CD or for your company's intranet, this fun and effective resource keeps safety front and center for everyone in your company. Use it for:

- Employee contests on safety knowledge
- Safety features in employee communications
- Safety meeting quizzes
- Safety poster content
- Safety knowledge competitions – between shifts; between facilities; executives versus hourly employees, etc. Make learning about safety memorable and applicable in your workplace.

### Injury Facts Talks CD

Includes a set of four PowerPoint® presentations with speaker notes that can be customized for your company or community. Easily add, delete or re-order slides as desired. These “Talks” include a safety overview plus occupational, motor vehicle, home and community safety data.



\$

BEST VALUE

***Injury Facts***  
**Professional Package**

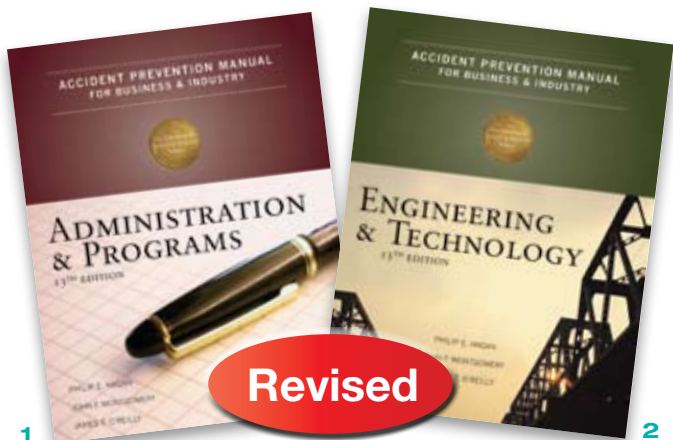
The Professional Package includes *Injury Facts* 2008 Edition for reference; the *Injury Facts* Challenge CD to increase employee awareness; and *Injury Facts* CD to educate management, employees or community groups. Get all three for one special price!

Product #	Description	Quantity	Member price	Nonmember price
B02138-7000	<i>Injury Facts</i> Challenge CD	1	<b>\$99.00</b>	\$129.00
B02133-0000	<i>Injury Facts</i> Challenge Intranet Version	1-99*	<b>99.00</b>	129.00
B02134-0000		100-499*	<b>199.00</b>	249.00
B02135-0000		500+*	<b>299.00</b>	379.00
B02137-7000	<i>Injury Facts</i> Talks CD	1	<b>36.95</b>	56.95
B02402-0000	<i>Injury Facts</i> Professional Package	1	<b>139.95</b>	174.95

\* Number of users

**Go To** page 67 for information on the *Injury Cost Capturing Tool*.

### Reference books no safety professional should be without



1 2

These two manuals are also available on CD, which includes complete text as well as note-taking and search capabilities.

#### 1. Accident Prevention Manual: Administration & Programs, 13th Edition

This volume contains new chapters on Homeland Security; Safety Professionals and the Impact of Law; and Business Case. Other chapters include those on indoor air quality, workplace violence, safety culture, ergonomics, disabilities accommodation, loss control, workers' compensation, emergency preparedness, shiftwork safety, incident investigation, information management, and more. Hardcover, 8½x11, 848 pages. ISBN 978-0-87912-280-5

#### 2. Accident Prevention Manual: Engineering & Technology, 13th Edition

In addition to a new chapter on Nanomaterials in the Workplace, there are also chapters on Safety Through Design and Construction of Facilities. Both have been updated and expanded. Fall Protection has also been updated as a stand-alone chapter, similar to Fire Protection. Other topics include chemical, biological, radiation and fiber optics safety; power tools; hearing and eye protection; and materials handling techniques. Hardcover, 8½x11, 888 pages. ISBN 978-0-87912-281-2

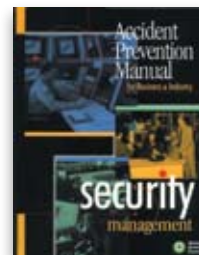
**BEST VALUE** Purchase all four books and save! Ask about the CD option.

See our complete selection of books at [nsc.org/booksandmanuals](http://nsc.org/booksandmanuals)

In the two publications at left, you'll find unbiased, well-researched information on best practices in safety and health as well as programs and information that can be incorporated into your work-plan goals. All of our Accident Prevention Manuals reflect current industry trends and regulations.

#### 3. Accident Prevention Manual: Security Management

This comprehensive manual contains 42 chapters of professional advice for protecting employees against workplace violence, substance abuse and other criminal behavior. Recommended for safety professionals, human resource managers, security personnel and others responsible for keeping employees safe and secure. Hardcover, 8½x11, 511 pages. ISBN 978-0-87912-198-3



CD version available

#### 4. Accident Prevention Manual: Environmental Management, Second Edition

This book offers an overview of economic, legal and ethical concerns; information on the complex laws of waste storage and disposal; and other issues like global warming and risk assessment. It also includes illustrative case studies, additional resources and sources for help, and glossaries of technical terms and acronyms. Hardcover, 8½x11, 548 pages. ISBN 978-0-87912-209-6



CD version available

	Product #	Description	Member price	Nonmember price
1	B12156-0000	Administration & Programs, 13th Edition Book	\$146.05	\$189.87
2	B12157-0000	Engineering & Technology, 13th Edition Book	146.05	189.87
3	B12182-0000	APM Security Management	63.47	82.51
4	B12155-0000	Environmental Management, Second Edition Book	101.59	132.07
	B12121-0000	Special – Buy all four books and save	412.91	536.78

## Safety references that belong on your bookshelf

*These books include answers to questions, suggestions for action plans, and guides to additional resources. Be confident you have the safety information you need right at your fingertips.*



### 1. Occupational Health & Safety, 3rd Edition

This reference text will help you tackle a wide variety of occupational health and safety issues. This book is an indispensable resource for anyone responsible for implementing occupational safety programs. Topics include workplace exposures, shiftwork stress, radiation safety, occupational stress, ergonomics and back injuries, fitness programs and substance abuse. Hardcover, 606 pages. ISBN 978-0-87912-203-4

### 2. Safety Through Design

Learn how personnel at each level of engineering should be given responsibility for building safety into the job, right through the production phase. Also find out how responsibility extends to product design, machine design, plant layout and condition of premises, as well as selection and specification of materials, production planning, and duties of managers and employees. Hardcover, 279 pages. ISBN 978-0-87912-204-1

### 3. Product Safety Management Guidelines, 2nd Edition

Limit liability and eliminate unnecessary risks with this guide to designing and administering a product safety program. For manufacturers of consumer and business products, this hands-on manual covers everything you need to know about handling recalls, image protection and more. Hardcover, 260 pages. ISBN 978-0-87912-193-8

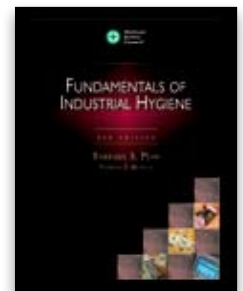
### 4. Safety Culture and Effective Safety Management

This book defines an effective safety culture, outlines how it affects overall safety management programs and covers a variety of innovative and traditional methods to bring about positive change. Hardcover, 480 pages. ISBN 978-0-87912-202-7



### 5. Fundamentals of Industrial Hygiene, 5th Edition

This is definitive industrial hygiene text for recognizing, evaluating and controlling occupational health hazards. It outlines how to establish and maintain programs, collect and analyze data to identify problems, and develop methods and procedures to reduce or eliminate illnesses and incidents. Hardcover, 1,100 pages. ISBN 978-0-87912-261-4



	Product #	Description	Member price	Nonmember price
1	B12220-0000	Occupational Health & Safety, 3rd Edition	\$101.59	\$132.07
2	B17644-0000	Safety Through Design	63.47	82.51
3	B17655-0000	Product Safety Management Guidelines, 2nd Edition	44.42	57.75
4	B15145-0000	Safety Culture and Effective Safety Management	101.59	132.07
5	B15148-0000	Fundamentals of Industrial Hygiene Book, 5th Edition	147.33	191.53

## A compliance library that will save you time and money



**NSC has a broad selection of books to meet your compliance reference needs.** These books offer practical solutions to the safety challenges you face every day. These reference tools help you understand OSHA standards and apply the guidelines to support safety initiatives at your workplace. Our compliance library covers a number of industries and applications, including:

### 1. OSHA Inspections: Preparation and Response

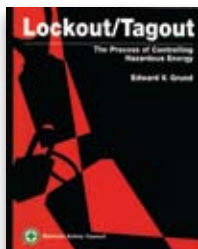
Learn from a former OSHA inspector how to develop and implement an effective safety program that complies with OSHA standards, how to proactively prepare for an inspection, and how to respond in the event of a citation. Whether you're a safety professional, human resources director, attorney or loss prevention specialist, this guide will help maximize your facility's safety and health program. Hardcover, 466 pages. ISBN 978-0-87912-268-3

### 2. OSHA Up to Date Newsletter

Get insight and analysis on government regulation and enforcement of workplace safety. This monthly newsletter provides a quick update on federal safety initiatives and on state-based and regional OSHA programs. Annual subscription, with quantity discounts available. Print and electronic forms available.

### 3. Lockout/Tagout: The Process of Controlling Hazardous Energy

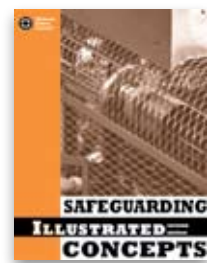
This comprehensive book explains management of energy sources, monitoring, measuring and assessing energy, causation analysis, energy transfer and special situations, complex isolation applications, group lockout/tagout, machinery guarding/interlocks, automated systems and more. Hardcover, 435 pages. ISBN 978-0-87912-189-1



- Emergency response planning
- Lift truck safety
- Confined spaces
- Warehouse safety
- Lockout/tagout
- Electrical
- Conveyor safety
- Hearing conservation
- Noise control
- Forging safety

### 4. Safeguarding Concepts Illustrated, 7th Edition

The 7th Edition provides information on safeguarding methods to protect workers from hazards inherent in operating machines and equipment. Hundreds of photos detail common types of exposures, general safeguarding concepts, power transmission safeguards, points of operation and more. It's an essential reference guide for every manufacturing facility. Softcover, 140 pages. ISBN 978-0-87912-244-7



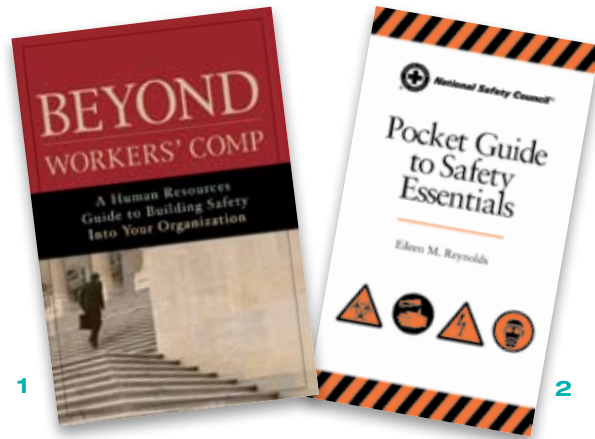
	Product #	Description	Member price	Nonmember price
1	B12025-0000	OSHA Inspections	\$82.53	\$107.29
2	B09941-0000	OSHA Up to Date	30.80	40.00
3	B12175-0000	Lockout/Tagout	84.26	109.54
4	B13007-0000	Safeguarding Concepts Illustrated	41.87	54.43



For our complete selection of compliance books and training, go to [nsc.org](http://nsc.org)

## Critical safety resources for your library

**Safety is about leadership and having the best resources available.** Add these titles to your compliance library to ensure you remain up to date and prepared for any safety or health emergency.



### 1. Beyond Workers' Comp: A Human Resources Guide to Building Safety Into Your Organization

Written specifically for the HR professional, this concise guide provides the basics on organizing and implementing safety initiatives for small- and medium-sized companies. Softcover, 100 pages. ISBN 978-0-87912-256-0

### 2. Pocket Guide to Safety Essentials

This handy, spiral-bound safety guide is especially helpful to those studying for CSP certification. It provides basic definitions, laws, formulas and facts in the fields of chemistry, electricity, ergonomics, fire and explosions, hearing and noise, industrial hygiene and more. The guide offers practical facts and concepts as well as information on safety associations and websites, OSHA Regulations and management theories. Softcover, 174 pages. ISBN 978-0-87912-217-1

### 3. On-Site Emergency Response Planning Guide

This guide teaches specific action plans for everything from hazmat emergencies to earthquakes. It features information on the Department of Homeland Security, terrorism alert levels, weather emergencies, a home emergency planning checklist and mail-handling instructions. Softcover, 134 pages. ISBN 978-0-87912-218-8



### 4. Small Business Safety and Health Manual and Companion CD\*

Developed for the small-business manager, this valuable guide offers easy step-by-step methods for setting up a safety and health program that meets the needs of a small business. The companion CD\* contains printable checklists and inspection forms. Softcover, 86 pages. ISBN 978-0-87912-120-4



\*Requires Windows and Adobe Acrobat Reader.

### 5. Basics of Safety and Health — Revised

This guide helps you successfully develop a safety process for a small- or medium-sized organization. In clear, non-technical language, it guides you through the steps for building a safety program from existing practices within an organization. *Basics of Safety and Health* helps you organize, implement and manage your company's safety processes through a simple, systematic approach. Softcover, 152 pages. ISBN 978-0-87912-216-4



### Go To

page 76-86 for more Compliance training materials.

	Product #	Description	Member price	Nonmember price
1	B12076-0000	Beyond Workers' Comp	\$24.10	\$31.33
2	B17647-0000	Pocket Guide to Safety Essentials	38.06	49.48
3	B12212-0000	On-Site Emergency Response Planning Guide	38.06	49.48
4	B13020-0000	Small Business Safety and Health Manual with CD	26.51	34.46
5	B17646-0000	Basics of Safety and Health — Revised	41.53	53.99



## Guides to building safety management systems



### Safety Management Books

Learn the key elements of a workplace safety management system with NSC safety management books. You will also learn methods to increase employee participation in safety programs.

#### 1. Nine Elements of a Successful Safety & Health System

This publication serves as a framework for building a safety and health system. It walks the safety professional through nine key steps for implementing and growing a safety and health orientation in today's global environment. Softcover, 174 pages. ISBN 978-0-87912-257-7

#### 2. Authentic Involvement

*Authentic Involvement* goes beyond behavior-based safety to involve all employees in the safety process. It describes how to empower employees while making management's efforts more visible. By promoting the responsibilities, achievements and recognition of employees, management can create a positive perception of safety involvement. When management has greater participation, employees are motivated to work toward greater safety. Softcover, 200 pages. ISBN 978-0-87912-232-4

#### 3. 7 Elements of a Successful Environmental Program

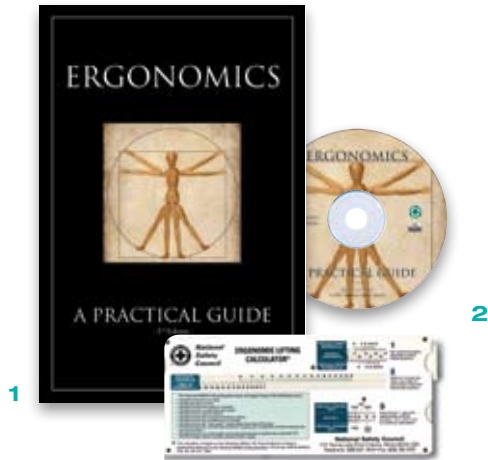
This publication is for safety, health and environmental managers to assess their programs and plan strategies for improvement. It highlights the elements of an effective strategy, teaches a proactive long-term approach and emphasizes continuous improvement. A number of other NSC products and services support this manual including publications, compliance software, videos and consulting services. Softcover, 104 pages. ISBN 978-0-87912-181-5

#### 4. Heinrich Revisited: Truisms or Myths

H.W. Heinrich was a pioneer in accident prevention and investigation in the 1930s. Author Fred A. Manuele believes Heinrich has had more influence on the work of occupational safety practitioners than any other person. Manuele analyzes the principles of Heinrich's safety premises and reviews the origins of the facts and myths surrounding his work. It makes for a fascinating examination on the origins of the practice of safety. Softcover, 98 pages. ISBN 978-0-87912-245-4



	Product #	Description	Member price	Nonmember price
1	B12184-0000	Nine Elements of a Successful Safety & Health System	\$51.07	\$66.39
2	B12120-0000	Authentic Involvement	50.77	66.00
3	B12138-0000	7 Elements of a Successful Environmental Program	38.06	49.48
4	B12160-0000	Heinrich Revisited: Truisms or Myths	26.63	34.62



### 1. Ergonomics: A Practical Guide, 2nd Edition, and Companion CD

This manual helps safety and health professionals identify and correct ergonomics problems in the workplace. It discusses how to analyze work methods and workstations in order to resolve problems. You'll learn to implement an ergonomics program that fits the job to the worker, reducing the potential for fatigue, illness and unsafe practices. Companion CD is included. Softcover, 122 pages. ISBN 978-0-87912-168-6

### 2. Ergonomic Lifting Calculator

A must-have item for employees who lift as part of their assignment, the calculator uses lifting guidelines and mathematical formulas from the Applications Manual of the revised NIOSH Lifting Equation to conduct its calculations. Full definition is shown on the two-sided calculator with see-through plastic windows. Card stock.

### 3. Natural Gas Safety Handbook for Utility Workers and Contractors

The American Public Gas Association, U.S. Dept. of Transportation and National Safety Council prepared this handbook with guidelines to protect personnel and property. Topics include gas hazards and fire safety, barricading, excavation and trenching, venting and purging, lockout/tagout and more. Softcover, 97 pages. ISBN 978-0-87912-248-5

### 4. Aviation Ground Operation Safety Handbook, 6th Edition

Safety practices in ground operations are more important than ever for airport managers, security personnel, fleet operators, service contractors and others. Members of the NSC International Air Transport Section compiled this book to elevate a ground operations safety program to world-class standards. Learn how to provide security for passengers, property and equipment. Softcover, 96 pages. ISBN 978-0-87912-266-9

### 5. Auto Repair Shop Safety

More than one million technicians work in auto repair facilities nationwide. They are exposed to numerous potential injuries and hazards every workday. Many of these injuries can easily be prevented. This book helps identify typical hazards and offers recommended guidelines. It also summarizes many OSHA regulations that affect garages, auto repair shops and service stations. Softcover, 96 pages. ISBN 978-0-87912-220-1

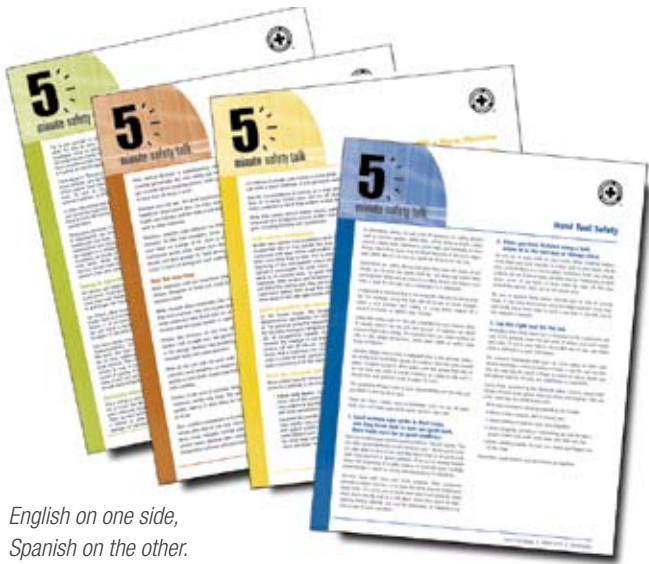


## Go To

pages 98-99 for more NSC products on ergonomic safety.

	Product #	Description	Member price	Nonmember price
1	B12216-0000	Ergonomics: A Practical Guide, 2nd Edition, and companion CD	\$38.06	\$49.48
2	B15735-0000	Ergonomic Lifting Calculator	12.65	16.45
3	B15111-0000	Natural Gas Safety Handbook for Utility Workers and Contractors	25.35	32.96
4	B12966-0000	Aviation Ground Operation Safety Handbook, 6th Edition	46.18	60.03
5	B12197-0000	Auto Repair Shop Safety	50.77	66.00

### Keep safety top of mind, all year long



English on one side,  
Spanish on the other.

### 5-Minute Safety Talks

*Perfect for safety meetings and “tool box talks.”  
Easy to present and easy to understand, each volume includes 16 fully-scripted laminated cards with English and Spanish text.*



**MEMBER**  
*exclusive*

#### 5-Minute Safety Talks Volume 1, General

- Eye Protection
- Driving Defensively
- Biting and Stinging Insects
- Cold Weather PPE
- Heat-related Illness
- Hand Tool Safety
- Housekeeping on the Job
- Ladder Safety
- Manual Operator Risks
- Working Overtime Risks
- Play It By Ear — Hearing Protection
- Protect Your Hands
- Office Traps
- Sprains and Strains
- A Surefooted Approach Toward Slips
- Watch Your Step

#### 5-Minute Safety Talks Volume 2, General

- Safety Belts
- Fire Safety
- How to Treat a Burn
- Carbon Monoxide
- Lead Safety
- Incident Investigation
- Choking and CPR
- The Importance of First Aid Training
- Back Safety — Know the Facts
- Carpal Tunnel Syndrome
- Keep Your Cold and Flu Germs to Yourself
- Stay on the Prowl for Poisonous Plants
- Bloodborne and Airborne Pathogens
- Is Your Confined Space Safe for Entry?
- There Is a Lot to Know about Parking Lot Safety
- Sudden Illness Signs and Symptoms

#### 5-Minute Safety Talks Volume 3, General

- Conveyor Safe Practices
- Minimize Dock Hazards
- Driving Under the Influence
- Minimizing the Risk of Electrical Fires
- Proper Use of Eye Wash and Safety Showers
- A Guide to Portable Fire Extinguishers
- Lift Truck Safety
- Home Safety for the Elderly
- Household Chemical Dangers
- Lawn Mowing Essentials
- Basic Lockout Guides
- Controlling Indoor Mold
- Protect Skin from Contact Dermatitis
- Protect Employees with a Smoke-Free Policy
- Welding Safety
- Managing Stress at Work

#### 5-Minute Safety Talks Volume 4, Construction

- 10 Steps to Safety
- Dangers Under Crane Booms, Flying Buckets or Suspended Loads
- Employee Involvement in Safety
- Eye Protection
- Flammable and Combustible Liquids
- Heat-related Illness
- Is Housekeeping a Dirty Word on the Job?
- Take Ladder Safety One Run at a Time
- Preventing Electrical Shock When Using Power Tools
- Project Site Hazards at Night
- Public Safety Around Construction Projects
- Procedures for Frame Scaffold Erection
- Trenching Hazards
- Vehicle Safety
- Welding and Cutting: Fire Prevention and PPE
- Working Safely in Cold Environments



Visit [nsc.org/safetytalks](http://nsc.org/safetytalks) to view a sample Safety Talk pdf.



## MEMBERSHIP

Members get MORE™

### 5-Minute Safety Talks Volume 5, Utilities

- Basic Lockout Guidelines
- Bucket Truck Safety
- Is Your Confined Space Safe for Entry?
- Driving in Severe Weather Conditions
- Minimizing the Risk of Electrical Fires
- Excavation Safety
- Personal Fall Protection Systems
- Incident Investigation — Investigate to Find Facts, Not Faults
- Overcoming Overexertion
- Prevent Dog Attacks
- Don't Get Shocked
- Don't Ignore the Pain of a Sprain or Strain
- Stay Safe in Work Zones
- Waterborne Pathogens in Utility Industries
- Workplace Violence
- Cardiac Arrest and the Power of AEDs

### 5-Minute Safety Talks Volume 6, School Bus Safety



- Driver Distractions
- Backing Your Bus
- Driver Training
- Safety at Railroad Crossings
- Managing Your Speed
- Drowsy Driving
- Driving Under the Influence
- Driver Wellness
- Aggressive Driving
- What to Do in an Emergency
- Safety on the Bus
- Handling Threats
- Driver Security
- Passenger Security
- Pre- and Post-trip Inspections
- Controlling Passenger Behavior

### 5-Minute Safety Talks Volume 7, Safety Basics



- Employee Rights and Responsibilities Under OSHA
- Creating an Onsite Health/Wellness Fair
- Disaster Drills
- Evacuation Plans
- Managing Workers' Compensation Costs
- Ergonomics
- Preventing Workplace Violence
- Managing Stress at Work
- Work-Life Balance
- Best Practices that Improve Safety
- Pandemics
- Employee Wellness
- The Importance of First Aid Training
- Choking and CPR
- Protect Your Employees with a Smoke-Free Policy
- Working-overtime Risks

### 5-Minute Safety Talks Volume 8, Emergency Preparation



- Sudden Cardiac Arrest and the Power of AEDs
- The Importance of First Aid Training
- How to Treat a Burn
- Heat-related Illness
- Sprains and Strains
- Asthma
- Seizures
- Building Evacuation
- When Disaster Strikes — What You Need to Do to Survive
- Pandemic — What to Do to Prevent and Prepare
- Onsite Emergency Response Planning
- Coping with a Traumatic Event
- Preparing for a Mass Casualty Event
- Coping with Stress
- Violence in the Workplace
- Family Safety Planning

### 5-Minute Safety Talks Volume 9, EMS Professionals



- Cold Weather Safety
- Hot Weather Safety
- Patient Safety Restraints
- Needle Safety
- Protection from Respiratory Diseases
- Protection from Body Fluid Exposure
- Lifting and Back Safety
- Hybrid Car Safety
- Entering and Exiting a Vehicle Safely
- Driving Safety
- Confined Space Safety for Rescue
- Fall Protection Geared Toward Rescue
- Safety with Agitated Patients
- Seat Belt Safety for Drivers and Care Providers
- Scene Safety
- Hearing Loss Prevention



Product #	Description	Member price
B28500-0000	Volume 1 (General)	\$39.95
B28650-0000	Volume 2 (General)	39.95
B28659-0000	Volume 3 (General)	39.95
B29100-0000	Volume 4 (Construction)	39.95
B28490-0000	Volume 5 (Utilities)	39.95
B28491-0000	Volume 6 (School Bus Safety)	39.95
B28492-0000	Volume 7 (Safety Basics)	39.95
B28493-0000	Volume 8 (Emergency Preparation)	39.95
B28494-0000	Volume 9 (EMS Professionals)	39.95

## Delivering safety resources whenever you need them



### NSC Safety Video Library

*If you need a video for your next safety meeting, look no further than us. With more than 2,000 titles in the NSC Safety Video Library, we are the resource for your safety training needs. Rent industry-specific titles by the week or purchase your own copy for your library. Whichever you choose, the topics at your disposal are limitless.*

#### what you'll learn

- Accident Prevention
- Back Care and Injury Prevention
- Basic First Aid
- Defensive Driving
- Electrical Safety
- Emergency Planning
- Ergonomics
- Fire Safety
- Lift Truck Safety
- Hand and Power Tool Safety
- Hazard Communication
- Health and Wellness
- Hearing Conservation
- Ladder Safety
- Lifting and Carrying
- Materials and Handling
- Off-the-Job Safety
- Personal Protective Equipment
- Respiratory Protection
- Security and Crime Prevention
- Slips, Trips and Falls
- Stress Management
- Team Productivity
- Welding and Cutting
- Workplace Violence



Many titles are also available in Spanish



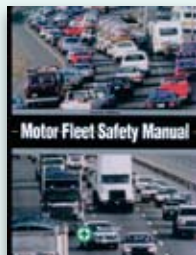
For a complete listing of titles and ordering information, visit [list.nsc.org/videolibrary](http://list.nsc.org/videolibrary)

#### Go To

page 85 for information on NSC Webinars, delivered directly to your desktop.

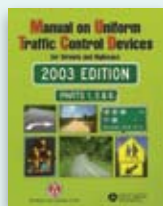
#### 1. Motor Fleet Safety Manual, 4th Edition

Pave the way to a safer, more dependable and cost-effective fleet. Topics include driver training and selection, accident recordkeeping and analysis, OSHA compliance, and vehicle safety. Hardcover, 205 pages, illustrated.



#### 2. MUTCD 2003: Manual on Uniform Traffic Control Devices (Parts 1, 5 and 6)

This latest edition of the MUTCD, developed by the USDOT/Federal Highway Administration, contains standards for traffic control devices that regulate, warn and guide road users throughout the United States. Softcover, 150 pages, illustrated.

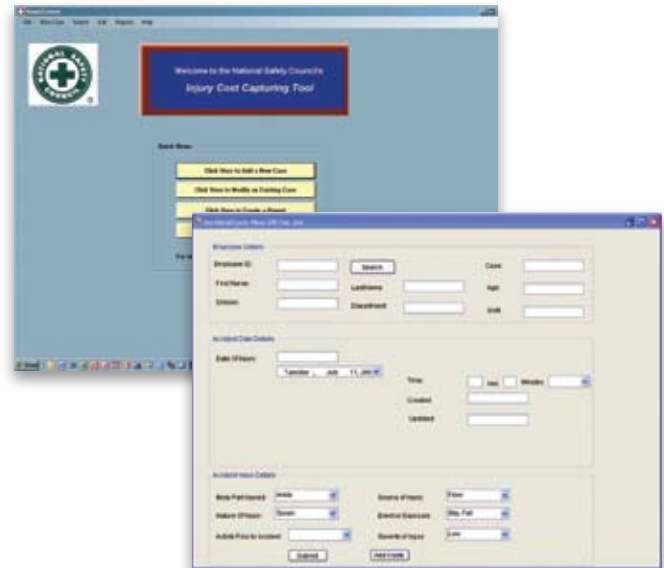


	Product #	Description	Member price	Nonmember price
1	B22133-0000	Motor Fleet Safety Manual, 4th Edition	\$50.77	\$66.00
2	B12099-0000	MUTCD 2003: Manual on Uniform Traffic Control Devices (Parts 1, 5 and 6)	43.31	56.30

## More resources that improve your bottom line

### Injury Cost Capturing Tool

Capture the real cost of injuries both on and off the job with this easy-to-use, indispensable resource for management professionals. Just enter your cost data and let the Injury Cost Capturing Tool do the rest. Sort information by severity, accident type, injury source, nature of injury, body part injured, department or category. The software will then track and report the total impact of injuries on your bottom line.



#### what you'll learn

- How to capture both on- and off-the-job injury costs
- Benefits of accounting for direct, insured and uninsured costs
- How to generate reports tailored to your organization's needs
- Understanding the real cost of injuries to your organization

#### course description

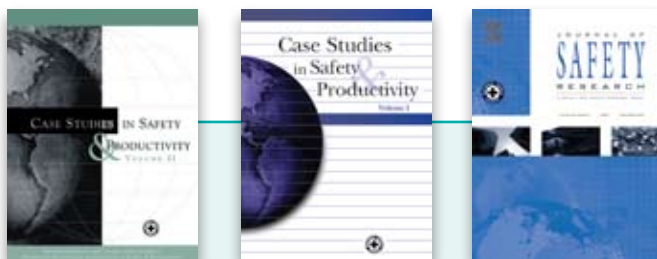
Originally developed for off-the-job seminars, the Injury Cost Capturing Tool gathers and reports both off- and on-the-job injury costs. Within the software are instructions that describe the importance of capturing injury costs, how to use costs in your safety management system, and how to use the database.



Demo the Injury Cost Capturing Tool at [nsc.org/demos](http://nsc.org/demos)

#### Go To

page 56-57 for our family of Injury Facts® products.



Product #	Description	Quantity	Member price	Nonmember price
B12990-0000	Injury Cost Capturing Tool	1	\$295.00	\$385.00

#### Case Studies in Safety & Productivity, Volume 1

Softcover, 45 pages. ISBN 978-0-87912-262-1

#### Case Studies in Safety & Productivity, Volume 2

Softcover, 36 pages. ISBN 978-0-87912-263-8

#### Journal of Safety Research



Recognized as the premiere journal of its kind, this peer-reviewed publication addresses current programs and trends in all safety areas: industry, traffic, farm, home, school and community. Published six times a year.

Product #	Description	Quantity	Member price	Nonmember price
B12980-0000	Case Studies in Safety & Productivity, Volume 1	1	\$19.95	\$28.95
B12981-0000	Case Studies in Safety & Productivity, Volume 2	1	24.95	34.95
BW08501-0000	Journal of Safety Research subscription	1	124.99	NA

## Earn NSC workplace safety certificates

### Workplace Safety

***When you are involved in safety and health in your workplace, you contribute to creating a work environment that protects lives and prevents injuries.***

*The National Safety Council can help you gain the knowledge and skills you need to keep your workplace safe with a wide range of safety certificate courses.*

### Certificate in OSHA Compliance

Keep your facility safe, meet OSHA 1910 general industry standards and avoid fines. Earn your Certificate in OSHA Compliance by completing the half-day Introduction to OSHA seminar and following it with any five of the standard-specific four-hour seminars on pages 78-79 within a three-year period.

#### what you'll learn

- OSHA terms, concepts and principles
- Standards relevant to your industry
- How to identify gaps and create a practical compliance plan

#### course options

Select and complete five of the following seminars within a three-year period:

- Confined Spaces
- Crane and Hoist
- Electrical Safety
- Exit Routes, Emergency Action Plans and Fire Prevention Plans
- Fire Protection
- Hazard Communication
- Lockout/Tagout
- Machine Guarding
- Personal Protective Equipment
- Powered Industrial Trucks
- Recordkeeping
- Walking/Working Surfaces
- Welding, Cutting and Brazing



**See pages 78-79 for more information or visit NSC's training calendar at [train.nsc.org/ntc](http://train.nsc.org/ntc) for course availability in your area.**

### Certificate in Principles of Safety

Show your peers that you've made a commitment to improving safety in the workplace — and take the first step toward earning your Advanced Safety Certificate — by earning your Certificate in Principles of Safety. To do so, complete our four-day Principles in Occupational Safety and Health (POSH) course. POSH is offered at Chapters nationwide and onsite. See page 94 for more about POSH.

### Advanced Safety Certificate

Once you've earned your Certificate in Principles of Safety, you can move to the next level — the Advanced Safety Certificate. Advanced Safety Certificate courses delve deeper into the topics covered in POSH.

#### what you'll learn

- How to establish yourself as a safety leader
- When, how and to whom you should delegate safety responsibilities
- How to set safety performance measurements for your organization and employees
- How to design and implement a safety management plan tailored to your organization's needs

#### course options

To earn your Advanced Safety Certificate, take a combination of courses totaling 5.4 Continuing Education Units (CEUs). The following courses qualify:

- Fundamentals of Industrial Hygiene – 3.0 CEUs, four-days (page 95)
- Safety Management Techniques – 2.6 CEUs (page 97)
- Safety Training Methods – 3.0 CEUs (page 97)
- Ergonomics: Managing for Results – 0.6 CEUs (page 98)
- Incident Investigation – 0.6 CEUs (page 96)
- Job Safety Analysis – 0.6 CEUs (page 96)
- Safety Inspections – 0.6 CEUs (page 96)
- Team Safety – 0.6 CEUs (page 97)

## Find the workplace safety and health products and services you need

*Workplace safety and health crosses many disciplines, so we've divided the topic into categories to help you locate the products and services that best meet your needs. If you have any questions, you can always call us at 800.621.7619, or contact your local Chapter.*



### **Workplace**

Introduction .....	68-69
--------------------	-------

### **Workplace - Consulting**

Onsite / Customized .....	70
Assessments .....	71
Leadership Development .....	72-73
Employee Surveys .....	74-75

### **Workplace - Compliance**

Introduction .....	76
Compliance Series .....	77-80
Lift Truck .....	81-83
Bloodborne/Influenza .....	84
Webinars .....	85
General Industry .....	86

### **Workplace - Work Zone**

Flagger .....	87
Roadway .....	88-89

### **Workplace - Construction**

Compliance .....	90-91
------------------	-------

### **Workplace - Introduction to Safety**

Supervisor Development .....	92-93
------------------------------	-------

### **Workplace - Advanced Training**

Principles of Occupational Safety .....	94
Industrial Hygiene .....	95
Investigations and Analysis .....	96
Team Safety .....	97
Ergonomics .....	98-99
Safety Leadership .....	100
Auto Lift Safety .....	101



## Safety solutions customized for your organization



NSC does not offer “canned” safety training but rather a program specific for your business.

*A safe work environment is the greatest benefit you can deliver to your employees and to your bottom line. Whether you’re launching a new safety initiative or taking an existing program to the next level, you can benefit from NSC’s professional consulting services. You’ll never receive a generic, one-size-fits-all approach from NSC consultants. Instead, we listen closely to the concerns, questions, budgetary needs and other realities that define your organization. Then we deliver customized solutions that work for you, in your workplace.*

### what you’ll learn

- Leadership development for managers and supervisors
- A management approach to assessing and investigating incidents
- Managing ergonomics for results
- Employee involvement in team safety, including conducting effective workplace inspections
- Effective methods for analyzing and controlling hazards
- Regulatory compliance training and audits
- Strategic planning and oversight
- Cost estimating
- Customer safety in the retail industry
- Data analysis and interpretation
- Data measurement and analysis
- Hazard recognition and safety inspections
- Incident investigations
- Metrics training
- Safety program development
- Measuring program effectiveness
- Program evaluation studies

### course description

Let experts who have the knowledge to deliver practical solutions make your safety program a success, both domestically and internationally. Our services, seminars and onsite training can help you reduce workplace injuries and illnesses and remain compliant with all state, federal and global standards.



*For more information on how NSC can help you reach new levels of safety excellence, contact NSC at **800.621.7619** or visit [nsc.org/consulting](https://nsc.org/consulting)*

## Customized approaches to achieve best safety practices



*NSC workplace assessment services are proven to improve safety processes, employee awareness and motivation.*

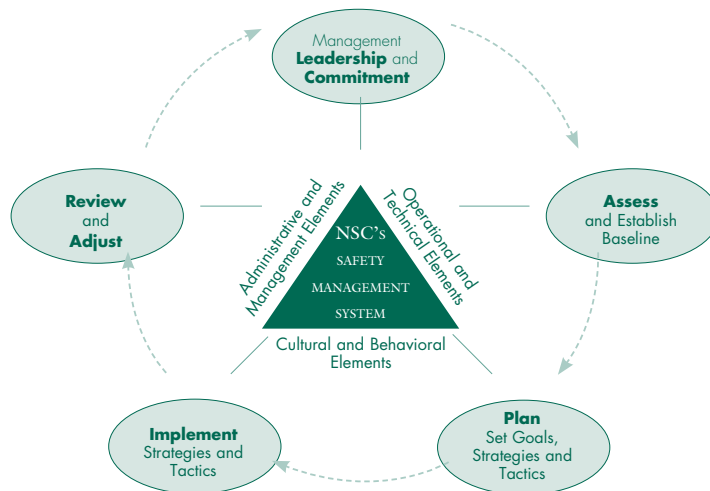
**Workplace assessments play a critical role in your climb to the top.** Our consultants have benchmarked the best safety practices of successful companies and developed unique tools to help you assess where your company stands. One of these resources is our exclusive scored matrix system, which major organizations worldwide have used with great success to pinpoint their strengths and areas for improvement. The scored matrix can be customized to your company, no matter what industry you're in or where you operate. Gain the most results from your safety systems through our systematic approach to safety management.

### what you'll learn

- An objective overview of the effectiveness of your current safety management system
- A benchmark of your current performance
- Identification of priority areas for improvement
- Specific suggestions, tools and best practices to enhance your current safety management system
- A detailed action plan to meet OSHA regulations
- A detailed summary report on our conclusions and recommendations to meet OSHA Voluntary Protection Program criteria

### course description

Our scored matrix system and other safety management tools can help you gauge where your company is now and where it needs to go. Whether you are a small business or a major corporation, we can provide the leadership and training to help you achieve your highest potential in safety and health improvements.



*For more information about our scored matrix system and other assessment services, contact NSC Consulting at 800.621.7619 or visit [nsc.org/consulting](http://nsc.org/consulting)*

### fact

*Using the NSC exclusive scored matrix system, one multinational company experienced a 24% decline in long-term injuries and a 36% reduction in total number of recordable incidents between 2003 and 2006.*

## Reach new heights in safety leadership

### ***Building a strong safety culture starts with leadership development at the management level.***

*NSC Safety Management Leadership seminars have trained thousands of managers and supervisors globally, and can be customized to your business. We will show you how to leverage your leadership skills to create a world-class safety culture at your company.*

### **what you'll learn**

- Nine elements of an effective safety management system, including cost estimating, data measurement and analysis, and employee perception
- Three approaches a company must balance to keep an outstanding safety program running effectively
- How to build interest and heighten morale around people, not programs
- How to drive commitment to safety throughout the organization
- Defining your vision, clarifying roles and responsibilities, implementing a performance-measurement system, and establishing best practices
- Custom program development and delivery

### **course description**

We will design and deliver unique onsite training, building upon our extensive knowledge of best safety practices. We can adapt any of our existing courses to your needs, or create a totally new program. Let us help you align safety goals with business objectives to achieve maximum, sustainable results.



*Strong leadership is the foundation of a strong safety culture.*

### **fact**

*Implementing Safety Management Leadership training, Kellogg Company developed a long-term approach to safety management and established a corporate culture anchored on the belief that all injuries are preventable.*



*For more information about Safety Management Leadership seminars, contact NSC Consulting at 800.621.7619 or visit [nsc.org/consulting](http://nsc.org/consulting)*

## NSC's International Consulting Services

*The National Safety Council provides international consulting services, combining the best of U.S. and European approaches to occupational health and safety. This combination has become very important to multinational organizations seeking convenience, continuity and consistent quality in their safety programs worldwide.*



*The NSC approach to health and safety excellence extends worldwide.*

### safety training to meet your requirements

NSC International excels at customized and modified off-the-shelf training to meet client needs. All work is conducted directly for the client by NSC or approved partners. We have representative offices in Argentina, Bahrain, Brazil, Hong Kong, Kuwait, Mexico, Oman and Saudi Arabia.

We understand local requirements and regulations and are accomplished at preparing formal risk assessments required in European countries as well as environmental safety requirements in Europe and the Middle East.

### areas of expertise

- Technical consulting
  - EHS management systems
  - Integration
  - Audits
  - Risk assessments (including QRA)
  - Incident costing
  - Emergency planning
- Customized training programs
  - Process safety management
  - HAZOP and QRA
- Certified training programs
  - NSC Advanced Safety Certificate
  - IOSH Managing Safely
  - ISC Environmental Diploma

### we're worldwide and local

NSC has the contacts, partnerships and capabilities to apply our training and survey products to local needs anywhere in the world. You can be assured that the theoretical information, practical applications and best practices in our training will be clear, complete and comprehensible for local needs.



For more information about NSC's international capabilities, contact:

#### Europe

Barry Holt, Regional Director  
Tel: 44(0) 20-8847-2988

#### Middle East

Namir George, Area Manager  
Tel: 44(0)1527 574690

#### Latin America

Martha Guevara, International Business Manager  
Tel: (202) 974-2478

### Do you see safety like your employees?



Get a snapshot of your safety program from a fresh perspective.

**How do you decide where your safety budget resources would best be used?** Don't use trailing indicators. These employee perception surveys take a snapshot of your program and lead you toward safety success, without all the trial and error. NSC offers four surveys in several languages, which benchmark your results against those of more than 400 other companies. Each survey can be customized to reflect your organization's practices and program. Benchmarked percentile scores generate company-specific leading indicators, identify your strengths and weaknesses, and create a prioritized action plan. This allows you to best utilize your limited resources.

#### what you'll get

- A straightforward, easy-to-use format developed over years of working with industry leaders
- A fresh perspective within your organization from those who are engaged in safety situations every day: your employees
- Spotlight your program's strengths and weaknesses and identify prioritized problem areas for action planning
- Cross all levels of your organization, from the production line to the corner office
- Unite employees by asking them to share in the company's commitment to safety — questions are standardized, with employee anonymity guaranteed

#### Safety Barometer

This cost-effective employee perception survey, with 50 agree/disagree questions, can be answered in about 15 minutes. It provides an overall assessment of your safety program, identifies problem areas, and prioritizes opportunities for improvement. It's appropriate for employees at all levels of business, in virtually all industries. Topics include:

- Management participation
- Supervisor participation
- Employee participation
- Safety support activities
- Safety support climate
- Organizational climate

#### fact

*Caterpillar Inc.'s Technology & Solutions Division began using National Safety Council surveys globally in 1997, and has resurveyed its employees on a regular basis to measure progress, conduct action planning, and motivate continuous improvement.*

#### Go To

*Perception surveys are ideal for getting employees involved and motivated. See pages 70-72 for additional resources to engage and inspire those at all levels in the organization.*

### **OSCAR (Occupational Safety Climate Assessment Report)**

OSCAR builds on the Safety Barometer, providing a more in-depth understanding of how well your safety program is working. Additional topics beyond those found in the Safety Barometer include:

- Self-reported level of employee involvement
- Safety management practices and supervisor/employee interactions
- Effectiveness ratings for 40 specific safety program components
- Potential benefit of future program improvements

### **BASIS (Business and Safety Integration Survey)**

BASIS compares the management of your safety program to other activities in your organization. BASIS is comprised of three separate, matched surveys developed for top and middle management, supervisors and non-management personnel. It covers all topics in the Safety Barometer and OSCAR, plus:

- Core values and norms that guide management and how they shape your safety management system
- Management approaches to production, safety and quality
- Inconsistencies between business and safety management at each level of your organization

### **Security Barometer**

Like the Safety Barometer, the Security Barometer provides a quick snapshot of your program from your employees' perspective.

Addressing security issues, it's easy to administer the Security Barometer. Agree/disagree questions cover:

- Management leadership and participation
- Employee participation and preparedness
- Security management system and support activities
- Physical or facility design
- Access control
- General security climate



*For more information about various employee perception surveys, contact NSC Consulting at **800.621.7619** or visit [nsc.org/research](https://nsc.org/research)*

***We don't just give you the tools  
you need to conduct your research.  
We also help you interpret the results.***

Our in-house staff of research and statistics experts will ensure you get accurate, relevant and insightful feedback. Contact us at **800.621.7619** with any issue, question or concern.

## Comprehensive OSHA compliance training

**The National Safety Council is dedicated to helping companies achieve OSHA compliance. Our offerings provide a diverse, expansive approach to specific OSHA regulation topics.** This ensures everyone — from a novice in safety to a seasoned veteran seeking regulation assistance — obtains the most complete OSHA knowledge and understanding.

Our 15 half-day compliance courses focus on specific OSHA standards and regulations. OSHA Walkthrough for Industry tools and our publications supplement our compliance series. These resources can help take learning to the next level.

For example, our lift truck training enables both operators and non-operator co-workers to remain safe on the

shop floor. Our exclusive new Safetyworks™ Lift Truck strengthens critical skills through interactive virtual training designed for new or experienced operators.

Finally, we continue to support OSHA compliance education through additional courses, webinars and related products. There's no better way to receive the foundational know-how you may need than through NSC support. Yet, our products go beyond basic OSHA compliance to provide the scope, intent and best practices achieved by today's superior organizations.

## Preventing Slips, Trips and Falls

Falls are one of the leading causes of fatal and non-fatal incidents in the workplace. This one-day course teaches business owners, managers, supervisors and other employees to protect workers and the business itself against dangerous incidents. Learn to systematically evaluate a workplace for hazards that can cause falls as well as slips and trips. You will also create an action plan employees can use to avoid these costly incidents.

### what you'll learn

- OSHA regulations and industry standards on slips, trips and falls
- Conducting a baseline evaluation of fall hazards in your workplace
- Effective employee training strategies to reduce injuries



Product #	Description	Quantity	Member price	Nonmember price
One-day Course*	Preventing Slips, Trips and Falls	1	\$295.00	\$385.00

\* Visit [train.nsc.org/ntc](http://train.nsc.org/ntc) for course dates and locations



### OSHA Inspections: Preparation and Response

This critical resource is written by a former OSHA inspector. It is ideal for safety professionals, human resources directors, attorneys or loss prevention specialists. Hardcover, 466 pages. ISBN 978-0-87912-268-3

Product #	Quantity	Member price	Nonmember price
B12025-0000	1	\$82.53	\$107.29

## Understanding and complying with OSHA standards

### OSHA Compliance Packaged Training Programs

*OSHA was established in 1971, and since that time NSC has helped thousands of businesses understand and comply with OSHA regulations. Whether you're just getting started with safety or compliance is a regular part of your safety regimen, our OSHA Compliance Training programs equip you with everything you need to train your workforce on OSHA regulations, making it relevant to your organization.*



*NSC training addresses more than a dozen of the most common OSHA Standards.*

#### what you'll learn

- What OSHA Standards mean for your business
- How to prepare for an OSHA inspection
- Understanding the components for each regulation

#### course description

##### NSC offers three ways to train:

##### 1. OSHA Compliance Packaged Training Programs

Choose from 15 four-hour training programs. Since you are doing the training, you can pick a convenient time and place and incorporate your company's policies and procedures. The Facilitator Kit makes it easy — even if you've never trained before.

##### 2. OSHA Compliance Seminars

Take the four-hour seminars at a nearby NSC Chapter. You'll be trained by an authorized NSC Instructor. Complete the Introduction to OSHA seminar plus any five OSHA Compliance seminars within three years and you'll earn your Certificate in OSHA Compliance.

##### 3. OSHA Compliance Onsite Seminars

Have a professional NSC Instructor teach any of the OSHA Compliance seminars onsite at your facility. Content can be customized to reflect your industry, region or company policies.



*If you are interested in onsite training, call **800.621.7619** or your local NSC Chapter.*

#### course materials

##### Facilitator Kit

- Fully-scripted PowerPoint® presentation
- Class outline and activities
- Presentation tips
- Final test and answer key
- Certificate of Completion
- Five Participant Guides

##### Participant Guide

- Copy of PowerPoint® presentation
- Text of OSHA 1910 Standard
- OSHA letters of interpretation for the Standard
- Compliance checklists
- Resource lists

#### Go To

*pages 78-79 for our complete listing of Compliance Packaged Training Programs.*

#### fact

*80,000 work days were lost to injuries in 2006.*



## OSHA compliance defined, explained and accomplished

### OSHA Compliance Training Courses

**OSHA Compliance is mandatory, but it's also complex. NSC half-day training courses break down specific requirements so they're easier to understand and it's easier for you to achieve compliance. Complete the Introduction to OSHA seminar plus five seminars on pages 78-79 within a three-year period and you'll earn your NSC Certificate in OSHA Compliance. If you are unable to attend the seminars, consider the packaged training.**

these courses are recommended for all industries

OSHA Standard



Product #	Course	Description	Packaged Training		Four-hour Seminar Equivalent*	
			Member	Nonmember	Member	Nonmember
<b>B14133-0000</b> Facilitator Kit	Introduction to OSHA	Covers 29 CFR 1910 General Industry Standards, how OSHA is organized, employer/employee rights and responsibilities	<b>\$125.00</b>	\$160.00	<b>\$99.00*</b>	\$135.00*
<b>B14140-0000</b> Participant Guide			<b>12.50</b>	16.00		
<b>B14530-0000</b> Facilitator Kit	Hazard Communication	OSHA Hazard Communication 1910.1200 Subpart Z, hazard communication programs, labeling hazardous materials and Material Safety Data Sheets	<b>99.00</b>	125.00	<b>99.00*</b>	\$135.00*
<b>B14531-0024</b> Participant Guide			<b>12.50</b>	16.00		
<b>B13055-0000</b> Facilitator Kit	Recordkeeping	OSHA Recordkeeping and Reporting Occupational Injuries and Illnesses Standard 1904, record retention and access, petitions for exceptions	<b>99.00</b>	125.00	<b>99.00*</b>	\$135.00*
<b>B13056-0024</b> Participant Guide			<b>12.50</b>	\$16.00		
<b>B13060-0000</b> Facilitator Kit	Bloodborne Pathogens	OSHA Bloodborne Pathogens Standard 29 CFR 1910.1030, exposure control plans, training and recordkeeping	<b>99.00</b>	125.00	Not available as a seminar	Not available as a seminar
<b>B13062-0024</b> Participant Guide			<b>12.50</b>	16.00		
<b>B15950-0000</b> Facilitator Kit	Confined Spaces	OSHA Permit-Required Confined Spaces Regulation 1910.146 Subpart J; hazard identification, evaluation and control; PPE; rescue procedures	<b>99.00</b>	125.00	<b>\$99.00*</b>	\$135.00*
<b>B15950-0024</b> Participant Guide			<b>12.50</b>	16.00		
<b>B19159-0000</b> Facilitator Kit	Crane and Hoist	OSHA Overhead Gantry Cranes Regulation 1910.179 Subpart N, OSHA Slings Regulation 1910.184 Subpart N, inspections, safe sling operation and recordkeeping	<b>99.00</b>	125.00	<b>99.00*</b>	135.00*
<b>B19159-0024</b> Participant Guide			<b>12.50</b>	16.00		

\*Prices may vary by location

these courses are recommended for all industries

OSHA Standard



Product #	Course	Description	Packaged Training		Four-hour Seminar Equivalent*	
			Member	Nonmember	Member	Nonmember
<b>B13033-0000</b> <b>Facilitator Kit</b>	 Electrical Safety	OSHA Electrical Safety Regulation 1910.301-399 Subpart S, types of electrical injuries, protecting employees working on/near electrical equipment	<b>\$99.00</b>	\$125.00	<b>\$99.00*</b>	\$135.00*
<b>B13000-0024</b> <b>Participant Guide</b>			<b>12.50</b>	16.00		
<b>B12237-0000</b> <b>Facilitator Kit</b>	 Exit Routes, Emergency Action Plans & Fire Prevention Plans	Emergency Plans & Fire Regulation 1910.33-39 Subpart E, alarms, evacuation methods, training, fire prevention	<b>99.00</b>	125.00	<b>99.00*</b>	135.00*
<b>B12238-0024</b> <b>Participant Guide</b>			<b>12.50</b>	16.00		
<b>B14225-0000</b> <b>Facilitator Kit</b>	 Fire Protection	OSHA Fire Protection Regulation 1910.155-156 Subpart L, equipment and protective wear, sprinkler and fire extinguishing systems, detection and alarm systems	<b>99.00</b>	125.00	<b>99.00*</b>	135.00*
<b>B14226-0024</b> <b>Participant Guide</b>			<b>12.50</b>	16.00		
<b>B12173-0000</b> <b>Facilitator Kit</b>	 Lockout/Tagout	OSHA Control of Hazardous Energy (Lockout/Tagout) Standard 1910.147 Subpart J, key components of an energy control program, inspections, testing equipment	<b>99.00</b>	125.00	<b>99.00*</b>	135.00*
<b>B12173-0024</b> <b>Participant Guide</b>			<b>12.50</b>	16.00		
<b>B14132-0000</b> <b>Facilitator Kit</b>	 Machine Guarding	OSHA Machinery and Machine Guarding Standard 1910.211-219 Subpart O; common causes of machine incidents; which areas should be guarded	<b>99.00</b>	125.00*	<b>99.00*</b>	135.00*
<b>B14132-0024</b> <b>Participant Guide</b>			<b>12.50</b>	16.00		
<b>B12189-0000</b> <b>Facilitator Kit</b>	 Personal Protective Equipment	OSHA PPE Standard 1910.132-140 Subpart I; PPE Hazard Assessments and Certification Statements; types of PPE and how to use them	<b>99.00</b>	125.00	<b>99.00*</b>	135.00*
<b>B12189-0024</b> <b>Participant Guide</b>			<b>12.50</b>	16.00		
<b>B14150-0000</b> <b>Facilitator Kit</b>	 Powered Industrial Trucks	OSHA Powered Industrial Truck Standard 1910.178 Subpart N, basic safety precautions, hazardous locations, maintenance, training	<b>99.00</b>	125.00	<b>99.00*</b>	135.00*
<b>B14151-0024</b> <b>Participant Guide</b>			<b>12.50</b>	16.00		
<b>B14578-0000</b> <b>Facilitator Kit</b>	 Walking and Working Surfaces	OSHA Walking and Working Surfaces Standard 1910-21-30 Subpart D, housekeeping, rail guards and handrails, stairs, dock boards, ladders, scaffolding	<b>99.00</b>	125.00	<b>99.00*</b>	135.00*
<b>B14578-0024</b> <b>Participant Guide</b>			<b>12.50</b>	16.00		
<b>B19092-0000</b> <b>Facilitator Kit</b>	 Welding, Cutting and Brazing	OSHA Welding, Cutting and Brazing Standard 1910.251-255 Subpart Q; preventing fires and protecting workers; common hazards; hot work permits; fire watches	<b>99.00</b>	125.00	<b>99.00*</b>	135.00*
<b>B19092-0024</b> <b>Participant Guide</b>			<b>12.50</b>	16.00		

\*Prices may vary by location

## Make OSHA compliance training engaging and memorable



Bold graphics and animation plus voiceover and video presentations capture and hold student interest. Retention is also enhanced through automated testing.

### what you'll learn

#### 22 topic on the original CD

This CD will help employees understand the OSHA regulations that apply to their work. Each topic includes a checklist to perform your own OSHA walkthrough as well as tools to identify areas of non-compliance and action plans. A quiz and certificate are included for each topic:

- Preparing for an OSHA Inspection
- Recordkeeping
- Walking/Working Surfaces
- Means of Egress
- Powered Platforms
- Occupational Health and Environmental Control
- Hazardous Materials
- Hazard Communications
- Personal Protective Equipment
- Confined Spaces
- Medical
- Fire Protection
- Compressed Gas and Air Equipment
- Materials Handling and Storage
- Machinery Safety Issues
- Hand and Portable Power Tools
- Welding, Cutting and Brazing
- Office Safety
- Electrical
- Ergonomics
- Lockout/Tagout



The complete program of 22 topics for your intranet. Access the same information presented in the original version, with convenient availability 24/7 on your company's intranet.



Visit [oshawalkthrough.com/nsc](http://oshawalkthrough.com/nsc) for a product demo.

## OSHA Walkthrough For Industry

Strengthen your safety training, save time and reduce costs with this unique program in three options: 22 topics on CD or run on your intranet or select the most popular single topic on CD. This training supplements and complements our 15 OSHA Compliance courses. It covers content found in the OSHA 10-hour Training Program, in 22 regulatory topics, presented in an interactive and entertaining manner to foster retention.



**Single topics.** The following seven topics are available on individual CDs to meet your training needs: Hazard Communications, Preparing for an OSHA Inspection, Lockout/Tagout, Recordkeeping, Electrical, Means of Egress and Walking/Working Surfaces.

### course description

All three versions — original CD, intranet and single topic CDs — are great for new employees or as refresher training for experienced employees.

Product #	Description	Quantity	Member price	Nonmember price
B12172-7000	CD (complete 22 module program)	1	\$595.00	\$745.00
Product #	Description	Number of users	Member price	Nonmember price
B12007-0000	Intranet Version (complete 22 module program)	1-100	750.00	975.00
B12008-0000		101-200	1,500.00	1,950.00
B12009-0000		201-500	3,000.00	3,900.00
B12010-0000		501-700	3,850.00	5,005.00
B12011-0000		701-1000	4,500.00	5,850.00
B12012-0000		1,000+	4,000.00 + \$0.50 per employee	5,200.00 + \$0.65 per employee
Product #	Single Topic CD Title (each topic on its own CD)	Quantity	Member price	Nonmember price
B12030-7000	Hazard Communications	1	\$55.00	\$70.40
B12031-7000	Preparing for OSHA Inspection	1	55.00	70.40
B12032-7000	Lockout/Tagout	1	55.00	70.40
B12033-7000	Recordkeeping	1	55.00	70.40
B12034-7000	Electrical	1	55.00	70.40
B12035-7000	Means of Egress	1	55.00	70.40
B12036-7000	Walking/Working Surfaces	1	55.00	70.40

## Lift Truck Operator-Simulation Training Program

### Safetyworks™ Lift Truck

**Computer technology, learning and entertainment unite in this simulation safety training program for lift truck operators.** The result is an engaging and affordable training tool that places the operator in a virtual driver's seat. The program effectively provides new and experienced operators with a risk-free environment and real-world operating scenarios, reinforcing the safe practices and skills essential to avoiding hazards encountered when operating a lift truck. Combined with traditional instruction, Safetyworks Lift Truck helps companies comply with OSHA 1910.178 Powered Industrial Truck training requirements.

#### what you'll learn

- Lift truck selection and inspection
- Basic operation
  - Start-up
  - Controls
  - Lift truck operation
  - Driving
- Advanced driving
  - Indoor/outdoor operation
  - Pedestrian safety
  - Vehicle safety
- Advanced loads
  - Load composition/distribution
  - Bridge plates
  - Ramps and slopes
  - Load weight



*This highly-interactive program reduces the time spent in hands-on and classroom training, while enhancing learning and retention.*

#### course description

Safetyworks Lift Truck pairs step-by-step safety instruction with hands-on, operator skill building in simulated warehouse, manufacturing and industrial park environments. A final exam tests learning of course content; participant profiles track progress and grades; and certificates are personalized and printed upon successful completion. The program operates on computers matching or exceeding these recommended requirements:

- 2 GHz Intel® Core 2 Duo or better
- 1 GB RAM
- 1 GB Free Hard Drive Space
- Dedicated Graphics Card with at least 128 MB of VRAM (NVidia or ATI)

#### Support Controllers:

- Standard Keyboard
- Xbox 360 Controller (for Windows®)
- Logitech® MOMO® Racing Force Feedback Wheel

**OSHA Standard**  
1910.178

Product #	Description	Member price	Nonmember price
19988-7000	1-3 trainees	\$275.00	\$350.00
19989-7000	1-10 trainees	875.00	1,100.00
19990-7000	1-20 trainees	1,600.00	2,100.00

## Lift truck training delivered three easy ways



In-depth, flexible training is offered in a non-lecture, coaching format.



### 1. Coaching the Lift Truck Operator 2™: Train-the-Trainer Course

Learn how to train your crew and avoid costly lift truck accidents from a seasoned NSC trainer. Also available onsite.

#### what you'll learn

- OSHA Powered Industrial Truck Standard 1910.178 compliance
- How to evaluate operators' performance
- How to educate non-operators about working safely around powered industrial trucks
- How to teach safe procedures and maintenance

#### course materials

Instructor's Guide; Written Tests; Registration Forms; Inspection and Performance Checklists; OSHA Standard information; Operator Video covering safe operation; Video for non-operators working around lift trucks.

### 2. Lift Truck Operator Training

Let NSC trainers employ effective, OSHA-compliant NIOSH training and coaching methods to develop safer lift truck operators. Designed for a novice through experienced veteran.

#### what you'll learn

- Moving with and without a load as well as picking up and stacking a load
- Special considerations such as trailers, ramps and elevators
- Non-operator safety for those who work around lift trucks

### Lift Truck Operator Training

NSC delivers lift truck training in three easy ways. We'll train you to train your lift truck operators through our Train-the-Trainer course at an NSC location. Let us do the training for you through our Operator Training. Or, if you can't come to an NSC training center, you can purchase our Packaged Training program.

#### course materials

- 32-page Workbook and Course Completion Certificate

### 3. Packaged Training Program

If you can't attend our Train-the-Trainer course, you can purchase the materials and conduct your own one-day training program. Please see our Coaching the Lift Truck Operator 2™ Packaged Training Program (page 83) for information on what you'll learn.

#### course materials

Instructor Kit; all materials in the "Train-the-Trainer" course; CD with PowerPoint® presentation; Driver Response Book with self appraisal, discussion questions, scenarios and coaching reminder points.



Product #	Description	Member price	Nonmember price
Varies by location	Train-the-Trainer One-day Course	<b>\$425.00*</b>	\$555.00*
Varies by location	Lift Truck Operator Training One-day Course	<b>230.00*</b>	300.00*

\*Price may vary by location



Visit NSC's training calendar, [train.nsc.org/ntc](http://train.nsc.org/ntc), for course availability in your area.

## Coaching lift truck operators for safety



Provides everything you need to develop and deliver a complete in-house training program in one day.

### Coaching the Lift Truck Operator™ 2 Packaged Training Program

**Lift truck safety is serious business.** Learn how to train operators and create a safe environment for pedestrians where lift trucks are present. This program provides you with the tools to conduct your own effective OSHA-compliant training for new or experienced lift truck operators.



#### what you'll learn

- Operator training definitions from OSHA and NIOSH
- Lift truck design
- Vehicle safety inspections
- Moving with and without a load
- Pick up and stacking a load
- Scanning techniques
- Special considerations such as trailers, ramps and elevators
- Pedestrian safety for non-operators working around lift trucks

#### course description

This packaged program includes all materials needed to conduct the training. If you can't attend a course, do the training yourself easily and effectively.

#### course materials

##### Instructor Kit

- Two videos in VHS or DVD format — one for operators and one for pedestrians working around lift trucks
- Leader's Guide with fully-scripted presentation, guidelines, written tests, registration forms, inspection and performance checklists, OSHA information, and exercises for conducting hands-on evaluations
- PowerPoint® presentation

##### Response Books

- 32-page Workbook with Course Completion Certificate (also available in Spanish)

Product #	Description	Quantity	Member price	Nonmember price
B19996-2222	Instructor Kit VHS – English	1	\$399.00	\$520.00
B19993-7777	Instructor Kit DVD – English	1	399.00	520.00
B19903-0000	Instructor Kit VHS* – Spanish	1	395.00	515.00
B19999-0000	Leader's Guide – English only	1	70.00	92.00
B19997-0000	Operator Response Books† – English	10	40.00 per pkg.	52.00 per pkg.
B19909-0024	Operator Response Book‡ – Spanish	1	4.30 ea.	5.60 ea.

\* Includes all materials in the English version except the Pedestrian video

† Sold in packages of 10

‡ Sold individually

#### Go To

page 48 for information on how NSC Members can participate in the Lift Truck Operator Award Program.

#### fact

In 2006, 12,130 injuries resulting in lost days of work involved a lift truck as the source of injury.

## Protect your employees against illness and disease

### Prescription for the Flu

*NSC's Prescription for the Flu is an affordable, two-hour program that will raise awareness of the prospect of a pandemic flu outbreak and the serious threat it poses to employees and your business. Based on the latest OSHA Guidance document (3327-02N-2007), this program is an effective way to prepare the workplace for an influenza pandemic.*



Supplement the course with Individual Flu Packs. See page 41 for more details.

#### what you'll learn

- Identify the various types of influenza strains
- Conditions that create a pandemic
- Warning signs of an influenza epidemic
- Steps employees can take to protect themselves and their families against the flu
- Actions to take if they or their family members get the flu

#### course description

Prescription for the Flu is administered in two parts. The first part helps management understand how an influenza pandemic might affect their business and encourages them to plan for a potential outbreak. The second part provides the knowledge and skills in the many ways employees can protect themselves and their families against the flu.

#### course materials

##### Facilitator Kit

- Facilitator Guide
- PowerPoint® presentations with embedded video clips
- Agenda and program evaluation PDFs
- 28-page Prescription for the Flu Participant Guide
- Two-sided (English/Spanish) 18-in. x 24-in. handwashing poster

Product #	Description	Quantity	Price (ea.)
B73819-0000	Facilitator Kit	1	\$125.00
B73813-0024	Participant Guide (Sold in packs of 10)	1-9	19.95
		10-24	19.20
		25+	18.25

### Bloodborne Pathogens OSHA Compliance Packaged Training

Get everything you need to conduct a four-hour course in your facility. A great companion course to Bloodborne and Airborne Pathogens training.

#### course description

- Exposure control plans
- Personal Protective Equipment (PPE)
- Recordkeeping

#### course materials

##### Bloodborne Pathogens Facilitator Kit

- CD with fully-scripted PowerPoint® presentation, class activities, class outline, presentation tips, test with answer key and Certificate of Completion
- Five Participant Guides

##### Bloodborne Pathogens Participant Guide

- PowerPoint® presentation
- Text of OSHA 1910 Standard
- Compliance checklists
- OSHA letters of interpretation
- Resource list

**OSHA Standard**  
1910.1030

Product #	Description	Quantity	Member Price	Nonmember Price
B13060-0000	Facilitator Kit	1	\$99.00	\$125.00
B13062-0024	Participant Guide	1	12.50	16.00

## Critical, timely safety information delivered to your desktop



Proven to improve safety processes, employee awareness and motivation.

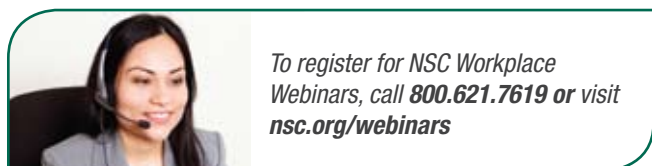
## Workplace Webinars

**Workplace Webinars deliver critical safety information that can be applied immediately in the workplace.** Presentations include the most complete information on current topics in occupational safety and health. You can train one or many employees with just a telephone and a computer with an internet connection. Custom-designed webinars are taught by industry-leading and recognized experts who provide insights and information to help you create a safer, healthier workplace.

### what you'll learn

- Expert advice on actionable knowledge and skills
- 60-90 minutes of information-packed programs
- Expert presenters answer questions from attendees
- Archived presentations can be downloaded to your computer for viewing at your convenience

 For a schedule of upcoming Workplace Webinars, go to [nsc.org/webinar/calendar.aspx](http://nsc.org/webinar/calendar.aspx)



To register for NSC Workplace Webinars, call **800.621.7619** or visit [nsc.org/webinars](http://nsc.org/webinars)

### webinar topics

A sample of Workplace Webinars presented in 2008 included:

- MRSA Prevention
- Loss Claims to Star Status
- Employee Involvement in the Safety and Health Process
- Drug Awareness
- Warehousing Safety
- Recordables, Reportables and Recordkeeping
- Lockout/Tagout

Description	Member price	Nonmember price
Webinars	Free	\$125.00



## Authorized OSHA Training

### The National Safety Education Center

**Northern Illinois University, the Construction Safety Council and the National Safety Council have partnered to form the National Safety Education Center (NSEC).**

*Dedicated to protecting life and promoting occupational safety and health through quality training, the NSEC is approved by the OSHA Office of Training and Education to offer health and safety authorized OSHA training courses.*

#### what you'll learn

Courses in safety and health are offered for general industry and the construction industry. Our authorized OSHA training helps you train workers to recognize potential hazards and avoid or eliminate them. In addition to the NSEC, some National Safety Council Chapters are authorized to offer courses in their region.

#### course description

While many organizations offer safety training programs, the NSEC delivers approved OSHA training courses.\* Upon completion of any program, achievement is recognized through:

- Department of Labor Course Completion Certificates
- Outreach Trainer Cards for OSHA Courses 500, 501, 502 and 503
- CEUs available
- American Board of Industrial Hygiene Safety and Industrial Health Continuing Maintenance points

#### courses available

- OSHA 510 Occupational Safety and Health Standards for the Construction Industry
- OSHA 500 Trainer Course in Occupational Safety and Health Standards for the Construction Industry
- OSHA 502 Update for Construction Industry Outreach Trainers
- OSHA 511 Occupational Safety and Health Standards for General Industry
- OSHA 501 Trainer Course in Occupational Safety and Health Standards for General Industry
- OSHA 503 Update for General Industry Outreach Trainers

\*Some OSHA Education Center courses may be restricted to members. Check the listings at our website, [train.nsc.org/ntc](http://train.nsc.org/ntc)



### OSHA 10-Hour General Industry

#### what you'll learn

- How to keep your workplace compliant and safer for employees
- How to identify hazards and take measures to correct them

#### course description

This two-day course teaches the fundamentals of OSHA general industry standards, policies and procedures.

#### course content

- OSH Act and General Duty
- Inspections, citations and general duty clause penalties
- Walking/working surfaces
- Hazardous materials
- Material handling
- Electrical and welding standards



Two-day Course	Member price	Nonmember price
<b>OSHA 10-Hour General Industry</b>	<b>\$280.00*</b>	<b>\$365.00*</b>

\*Price may vary by location



*For complete information on course schedules and pricing, call 800.656.5317 or visit [earnyourcard.com/contact\\_form.php](http://earnyourcard.com/contact_form.php)*

## Comprehensive, interactive flagger training



The most comprehensive, interactive training available.

### Work Zone Flagger Training

*Controlling traffic through work zones is one of the most dangerous construction jobs. Our “must-take” program meets the needs of anyone involved in road, bridge, tunnel, water, sewer or public works construction, maintenance and repair, or landscaping.*

#### what you'll learn

- How standardized flagger training reduces incidents, injuries and fatalities
- Thorough knowledge of flagger equipment and procedures
- One- and two-person flagging operations

#### course description

Work Zone Flagger Training is available in three options:

##### 1. Flagger Instructor Course

In this two-day course, students learn how to deliver effective flagger training to crews as well as how to handle administrative responsibilities. Topics include:

- Work zones
- Flagger stations
- One- and two-person flagger operations
- Emergency operations

##### 2. Flagger Packaged Training Program †

This option is for individuals who need to provide effective flagger training to work zone teams or crews, but who are unable to attend the Flagger Instructor Course. You will receive the same materials used in the Flagger Instructor Course.

##### 3. Flagger Four-hour Training Course

This four-hour course provides flaggers and anyone manning the work zone with tools and techniques to effectively and safely manage the work zone.

#### course materials [Flagger Instructor and Flagger Packaged Training]

- Fully-scripted Instructor Manual
- PowerPoint® presentation on CD
- Participant Guide
- MUTCD Parts 1, 5 and 6

Product #	Description	Quantity	Member price	Nonmember price
Varies by location	Two-day Flagger Instructor Course	1	\$395.00/person*	\$515.00/person*
<b>B13022-0000</b>	Flagger Packaged Training Program†	1	140.00	175.00
Varies by location	Flagger Four-hour Course	1	95.00/person*	95.00/person
<b>B13011-0000</b>	Flagger Participant Guide	1	15.00	19.50

\* Price may vary by location

† This course meets FWHA and OSHA requirements, but may not meet Dept. of Transportation (DOT) requirements in some states including Illinois and Georgia. Check your state's DOT for specific flagger training requirements prior to purchase.



Visit NSC's training calendar, [train.nsc.org/ntc](http://train.nsc.org/ntc), for course availability in your area.

#### fact

*In 2006, nearly 38,000 injuries occurred in work zones.*

### Traffic control in highway work zones



Help your crew keep workers and motorists safe in highway work zones.

### Temporary Traffic Control in Highway Work Zones — Design and Supervision

This training is offered as a two-day program at an NSC training facility, onsite training at your work location, or as a packaged training program you can use to instruct your crew. All versions utilize the same training and in-depth course materials.

#### what you'll learn

- Specific roles and responsibilities within the work zone
- Handling typical real-world situations in work zone traffic control
- Critical MUTCD information
- How to interpret, adapt and implement traffic control plans
- How to incorporate local, state and federal guidelines into training

#### course description

This course is for anyone with at least one year of documented experience in work zone traffic control. Training is focused on real-world situations and develops skills needed to safely manage the work zone, verify the accuracy of existing traffic control plans, and modify plans using the MUTCD. The course is based on up-to-date federal regulations and reviewed by leading industry experts.

#### course materials

- Fully-scripted Instructor Manual
- PowerPoint® presentation on CD
- Participant Guide
- MUTCD Parts 1, 5 and 6

Product #	Description	Member price	Nonmember price
Varies by location	Two-day Course†	\$390.00*	\$485.00*
B13040-0000	Packaged Training Program	140.00	175.00
B13041-0000	Participant Guide (Packaged Training Program)	15.00	19.50

\*Price may vary by location

† Find course dates and locations at [nsc.org/train/ntc.cfm](http://nsc.org/train/ntc.cfm)



Need onsite training? Contact your local chapter or NSC Customer Service **800.621.7619** for assistance.

Unable to attend our course? Consider the Packaged Training Program version, and get all the course materials needed to train your crew.

#### fact

In 2006, there were nearly 38,000 injuries and more than 1,000 fatalities in work zones.



Visit NSC's training calendar, [train.nsc.org/ntc](http://train.nsc.org/ntc), for course availability in your area.

## OSHA 10-hour training exclusively for the roadway construction industry

### OSHA 10-Hour Course for Roadway Construction

*This comprehensive course on basic worker safety and health for roadway construction meets requirements of the OSHA Training Institute. Our two-day classroom training is available at NSC training facilities, can be conducted onsite at your facility, or buy the Packaged Training course and train your own crew.*



#### what you'll learn

- OSHA regulations for roadway construction
- Recognizing and controlling roadway work zone hazards
- Safe operation of electrical and mechanized equipment
- Working safely in confined spaces, night work, Personal Protective Equipment (PPE) and high-visibility apparel
- Excavation and trenching as well as fall prevention

#### course description

This course provides training for safety managers, site managers and crew supervisors, helping them to identify, control and eliminate OSHA-identified roadway construction hazards. Designed in cooperation with the American Road and Transportation Builders Association, the course focuses on roadway construction hazards workers face every day, from electrical safety to PPE and other critical safety topics.

#### course materials

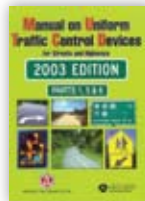
- Fully-scripted 140-page Instructor Manual
- PowerPoint® presentation and video clips on CD
- Laminated, 125-page Participant Guide

Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
Varies by location	Two-day Course†	N/A	<b>\$280.00*</b>	\$365.00*
<b>B39101-0000</b>	Packaged Training	1	<b>395.00</b>	485.00
<b>B39102-0024</b>	Participant Guide	1-24	<b>15.00</b>	19.50
		25-50	<b>14.00</b>	18.20
		50+	<b>12.00</b>	15.60

\* Prices may vary by location

† Find course dates and locations at [nsc.org/train/ntc](http://nsc.org/train/ntc)

NOTE: 10-hour outreach completion cards can only be issued by instructors who have successfully completed the OSHA 500 Trainer Course in Occupational Safety and Health Standards for the Construction Industry. Construction industry outreach trainers are obligated to maintain their OSHA-authorized Construction Industry Outreach Program trainer status.



### MUTCD 2003 Manual on Uniform Traffic Control Devices Parts 1, 5 and 6

Current edition of the MUTCD developed by the USDOT/ Federal Highway Administration, with standards for traffic control devices. 150-page softcover text.

Product #	Description	Member price	Nonmember price
<b>B12099-0000</b>	MUTCD 2003	<b>\$43.31</b>	\$56.30



Visit NSC's training calendar, [train.nsc.org/ntc](http://train.nsc.org/ntc), for course availability in your area.

### Meeting OSHA regulatory requirements for construction sites

#### OSHA 10-Hour Construction

Facilitators for this two-day course will help you identify safety and health principles to meet OSHA requirements. Special emphasis is placed on construction areas that most commonly result in worker injury or property damage. You will also be briefed on basic instructional approaches to safety as well as how to improve compliance communication and training at the worksite.

#### what you'll learn

- OSHA regulatory requirements for construction sites
- Common causes of injury and property damage
- Basic instructional approaches to safety
- Compliance communication and training at the worksite

#### course description

During this two-day course, you will learn how to protect your crew from injury by following OSHA regulatory requirements for construction sites. Attend if you are interested in developing safety and health programs in the construction industry.

**OSHA Standard**  
29 CFR 1926

**CEU**  
1.2

Description	Member price	Nonmember price
OSHA 10-Hour Construction Two-day Course	\$280.00*	\$365.00*

\*Price may vary by location

Visit NSC's training calendar, [train.nsc.org/ntc](http://train.nsc.org/ntc), for Instructor Development Course dates and locations.

#### fact

In 2006, the construction industry experienced 1,187 deaths and 480,000 disabling injuries on the job.



#### Core Safety Materials for the Construction Professional – Book and CD

A Member Exclusive resource, this book and CD were developed by the NSC Construction Division to help you establish a safe worksite and promote sound construction practices. 81-page softcover text. Topics include:

- OSHA construction standards
- Site-specific safety planning
- Accident investigation
- Engineering and demolition surveys



Product #	Description	Quantity	Member price
B04479-0000	Book and CD	1	\$32.95



## MEMBER *exclusive*



#### Construction Industry Data Sheets Collection and CD

This 111-page spiral-bound book was compiled, revised and reviewed by NSC Construction Division members. Twelve separate data sheets provide a quick reference to safety information on situations you may face every day. Includes CD version.



Product #	Description	Quantity	Member price
B29180-0000	Book and CD	1	\$32.95

## Preventing accidents before they happen

**Coming Soon!**

### Prevention Strategies for Construction's Focus Four Hazards

*Falls, electrocutions, excavation and trenching accidents, and struck-by incidents are preventable with the right knowledge and skills. This one-day train-the-trainer course gives attendees the resources required to teach their construction workers how to recognize and prevent OSHA's Focus Four Hazards.*

#### what you'll learn

- Commonly used terms relating to the Focus Four Hazards
- Regulatory standards and requirements pertaining to the Focus Four Hazards
- The importance of identifying, controlling and eliminating common construction hazards to prevent deaths, injuries and illnesses
- How to identify specific hazards relating to falls, electrocutions, excavation and trenching accidents, and struck-by incidents that cause the most injuries and fatalities
- Specific prevention strategies for falls, electrocutions, excavation and trenching accidents, and struck-by incidents
- How to address risk-taking behaviors related to the Focus Four Hazards

#### course description

This course, designed for the construction industry, covers four critical areas that most often cause construction injuries. Participants gain additional knowledge and tools essential to keep construction workers safe on the job.



#### 5-Minute Safety Talks Volume 4, Construction

Ideal for safety meetings and "tool box talks," these five-minute discussions help keep safety a priority all year long. Topics are easy to present and understand. Includes 16 fully-scripted laminated cards, with English on one side and Spanish on the other.

 **MEMBER**  
*exclusive*

#### topics include

- 10 Steps to Safety
- Dangers Under Crane Booms, Flying Buckets or Suspended Loads
- Employee Involvement in Safety
- Eye Protection
- Flammable and Combustible Liquids
- Heat-related Illness
- Is Housekeeping a Dirty Word on the Job?
- Take Ladder Safety One Rung at a Time
- Preventing Electrical Shock When Using Power Tools
- Project Site Hazards at Night
- Public Safety Around Construction Projects
- Procedures for Frame Scaffold Erection
- Trenching Hazards
- Vehicle Safety
- Welding and Cutting: Fire Prevention and PPE
- Working Safely in Cold Environments

Product #	Description	Member price
B29100-0000	Volume 4 (Construction) *	\$39.95

\* Includes attendance log



Visit NSC's training calendar, [train.nsc.org/ntc](http://train.nsc.org/ntc), for course availability in your area.

## Training to take the lead in safety management



Everything you need to get your supervisors on a fast track to safety.

### what you'll learn

- 17 major safety topics covered including many OSHA compliance requirements
- Basics of safety management and compliance
- Promoting safety through education
- Recognizing and controlling hazards
- Involving employees in safety

#### 17 Modules of SDP Training

1. Safety management
2. Communication
3. Human performance management
4. Safety and health training
5. Promoting safety and health
6. Safety, health and environmental auditing
7. Accident investigation
8. Ergonomics
9. Materials handling and storage
10. Hazard communication
11. Environmental management
12. Industrial hygiene
13. Personal protective equipment
14. Machine safeguarding
15. Hand tools and portable power tools
16. Electrical safety
17. Fire safety

## Supervisors' Development Program

*Designed for today's busy professional, the Supervisors' Development Program (SDP) offers three training options to easily and effectively teach supervisory staff how to integrate safety and health into daily operations. The program is ideal for supervisors, managers, team leaders and HR professionals directly involved with safety.*

### course description

Three training options are available: Classroom, Packaged Training and Self-Study Kit. Each offers comprehensive, in-depth safety training with 17 modules covering critical issues. Easy-to-use student materials complete with case studies, workbooks, activities and examinations. VHS/DVD presentations are also great for use as "refresher" training.

#### 1. Classroom Training

Three-day training course at a local NSC Chapter is ideal for focusing on safety and interaction with instructors. Our most comprehensive SDP program is a great introduction to safety management and compliance, providing more information and flexibility than any other program.

#### 2. Train Your Own Supervisors

No time for classroom training? Buy the materials and train in the convenience of your own facility. Teach as many modules as you need, in whatever sequence you want. You'll have flexibility for effective safety training.

#### 3. Self-Study

Offering maximum flexibility, this option gives participants the convenience of completing the course at their own pace and location. This kit reinforces the training with activities, case studies and a final exam. This product is ideal for limited budgets.



Visit NSC's training calendar, [train.nsc.org/ntc](http://train.nsc.org/ntc), for course availability in your area.

## Training to take the lead in safety management

### course materials

Product #	Description	Quantity	Member Price	Nonmember Price
	Classroom Training at NSC facility <sup>†</sup>		<b>395.00*</b>	\$515.00*
<b>B15547-0000</b>	Supervisors' Development Program (SDP) Facilitator Kit includes 17 modules, overhead transparencies on CD, modular and comprehensive exams, 25 course completion certificates and Supervisors' Safety Manual 9th Edition	1	<b>295.00</b>	385.00
<b>B15549-7000</b>	CD with overhead transparencies only (also included in B15547-0000)	1	<b>25.00</b>	30.00
<b>B15546-0000</b>	SDP Participant Kit required for every participant. Includes workbooks for all 17 modules and the Supervisors' Safety Manual 9th Edition	1	<b>99.00</b>	129.00
<b>B15530-2222</b>	SDP VHS Set (optional). Set of 15 videos applying SDP principles to on-the-job situations. Leader's Guide, with discussion questions included.	1	<b>750.00</b>	975.00
<b>B15525-7777</b>	SDP DVD Set (optional). Includes all the content of the VHS set, above, on three DVDs each with five presentations.	1	<b>395.00</b>	475.00
<b>B15526-7777</b>	SDP Disc 1: Basic Safety Management (optional). Includes Safety Management; Communication/Human Resource Management; Safety and Health Training; Safety, Health and Environmental Auditing; Accident Investigation.	1	<b>150.00</b>	180.00
<b>B15527-7777</b>	SDP Disc 2: Regulatory Issues (optional). Includes Industrial Hygiene, Personal Protective Equipment, Ergonomics, Hazard Communication, Environmental Management.	1	<b>150.00</b>	180.00
<b>B15528-7777</b>	SDP Disc 3: Tool and Equipment Safety Issues (optional). Includes Machine Safeguarding, Hand and Portable Power Tools, Materials Handling and Storage, Electrical Safety, Fire Safety.	1	<b>150.00</b>	180.00
<b>B15334-0000</b>	SDP Self-Study Kit	1	<b>250.00</b>	300.00

\*Price may vary by location

<sup>†</sup>For dates and locations visit [train.nsc.org/ntc](http://train.nsc.org/ntc)

### fact

**\$1,100 is the value of goods or services each worker must produce to offset the cost of work injuries (the figure is not the average cost of a work injury).**



# Workplace — Advanced Training

Principles of Occupational Safety

## Critical principles to prevent injuries and costs



### Principles of Occupational Safety and Health (POSH)

*POSH is an intensive four-day course that covers 19 topics. Through discussion and practical exercises, you will achieve the understanding you need to develop a safety action plan for your organization. POSH is recommended for all professionals, whether you are new to safety or a seasoned expert.*

#### what you'll learn

- How OSHA affects your organization
- Hazard recognition, evaluations and control
- Safety training and inspections
- Emergency action planning
- Safety team creation and meeting facilitation
- Safety orientation and employee involvement
- Incident investigation and root cause analysis
- Effective communication
- Ergonomics definition, identification and corrective action



Four-day Course*	Member price	Nonmember price
POSH Certificate†	\$1,195.00*	\$1,155.00*

\*Price may vary by location

†Course number may vary by location

#### course description

This information-packed course has trained thousands of professionals from an array of industries. POSH delivers a solid curriculum of important safety concepts and terminology, with emphasis on best practices for implementing and managing a safety program. The most important components of occupational safety and health are presented. We also show you how to put them into practice to help prevent injuries and related costs.

#### The POSH course focuses on these five modules:

- Hazard Recognition, Evaluation and Control
- Employee Involvement
- Safety Training
- Safety Teams and Committees
- Emergency Action Planning

**With the course, you'll also receive more than \$350 worth of reference materials!**



#### Safety+Health® Magazine

Receive valuable insights on events and trends that affect the workplace with *Safety+Health* magazine. You'll find articles on industry leaders, along with monthly features on organizational safety culture, new products, and on-the-job safety. Includes an annual salary survey, yearly job outlook, and OSHA's "Top Ten" safety violations. See page 54 for more details.

Annual subscription, published monthly.



Visit NSC's training calendar, [train.nsc.org/ntc](http://train.nsc.org/ntc), for course availability in your area.

## Protecting workplaces against physical, ergonomic and biological hazards



Use walk-through and basic air/noise monitoring techniques to determine environmental hazards in your workplace.

### Fundamentals of Industrial Hygiene

**Chemical, biological, physical and ergonomic hazards exist in every workplace. You can make your workplace safer by learning key concepts like air-sampling, toxicology and how to manage “hidden” dangers such as particulates, gases, radiation and thermal stress.**

#### what you'll learn

- When it's best to use a qualified or certified industrial hygienist
- Using monitoring and other equipment properly
- Meeting government standards and guidelines
- Identifying, evaluating and controlling chemical and biological hazards
- Anticipating, recognizing, evaluating and correcting causes of work-related illnesses
- Developing an industrial hygiene plan specifically for your facility

#### course description

This 4.5-day course is for safety, health or environmental managers with industrial hygiene responsibilities, and limited experience or training. Students learn to use tools and techniques to create a healthy, hazard-free workplace and meet government standards.

#### course materials

- Fundamentals of Industrial Hygiene, 5th Edition Hardcover Text
- Fundamentals of Industrial Hygiene Study Guide
- NIOSH Pocket Guide to Chemical Hazards
- Participant Guide

Product #	Description	Member	Nonmember
Varies by location	4.5-day course	<b>\$1,195.00*</b>	\$1,550.00*
<b>B15148-0000</b>	Fundamentals of Industrial Hygiene, Fifth Edition Hardcover Text	<b>147.33</b>	191.53

\*Price may vary by location



### Fundamentals of Industrial Hygiene, 5th Edition

The definitive industrial hygiene text for recognizing, evaluating and controlling industrial health hazards, this 1,100-page hardcover book includes details on:

- Establishing and maintaining industrial hygiene programs
- Collecting and analyzing data to identify problems
- Developing methods and procedures to reduce or eliminate illnesses and incidents

Also available on CD with complete text, note-taking and search capability included.

Product #	Description	Member Price	Nonmember Price
<b>B15140-7000</b>	Fundamentals of Industrial Hygiene, Fifth Edition CD	<b>\$121.92</b>	\$158.50



Find course dates and locations at [train.nsc.org/ntc](http://train.nsc.org/ntc)

## Proven to reduce injuries and control hazards and costs

### Job Safety Analysis (JSA)

JSA is proven to reduce personal injuries and control operating hazards and costs. Take this one-day course to identify, analyze and control operating hazards. Your company will benefit from a safer work environment, improved production and increased profits.

#### what you'll learn

- Reducing personal injuries and controlling operating hazards and costs
- Recognizing the hazards in task performance
- Completing a JSA form correctly and efficiently

#### course description

In 2006, permanently disabling injuries resulted in 40 million days of lost production time. In this course — specifically for full-time safety practitioners, committee members, safety coordinators, specialists and managers — participants learn to use the JSA process to affect continuous improvement. Discussions include the safety and financial benefits of using JSA as well as how to complete a JSA form.

0.6 NSC CEUs, 0.6 COCs, 1.0 IH CMs

### Safety Inspections

In this one-day course, you will learn how to positively reinforce safe practices by focusing on root causes as opposed to faults. Anyone who conducts or supervises safety inspections or does industrial-safety or health-inspector training should attend.

#### what you'll learn

- Planning and conducting an effective safety inspection
- Using checklists to save time
- Creating a written inspection report
- Making recommendations and following up on implementation

#### course description

This course will help you to successfully pass OSHA inspections. Topics include pre-inspection tasks, recording observations and developing inspection reports.

0.6 NSC CEUs, 0.6 COCs

### Incident Investigations

If you have a continuing safety problem or issue, then you will want to take this one-day course. We'll show you how to get to the root cause, correct the problem and keep it from happening again.

#### what you'll learn

- How to analyze accidents to identify root causes
- Developing effective investigation and interviewing techniques
- Addressing actions and attitudes that impact incident reporting, hazard control and follow-up measures
- How to gather complete, accurate and objective data when an accident occurs in the workplace

#### course description

The Incident Investigations course helps you uncover the who, what, why, when and how of each incident. Attend to help prevent injuries, property damage and financial loss.

0.6 NSC CEUs, 0.6 COCs, 1.0 Safety CMs



One-day Course*	Member price	Nonmember price
Job Safety Analysis	\$295.00*	\$385.00*
Safety Inspections	295.00*	385.00*
Incident Investigations	295.00*	385.00*

\*Price may vary by location



Visit NSC's training calendar, [train.nsc.org/ntc](http://train.nsc.org/ntc), for course availability in your area.

## Create your own safety team

### Team Safety

Impact your organization with an effective safety team through the Team Safety advanced training course. This one-day training course will show you how to build a strong safety team, or enhance the power of the team you already have. You will learn how to identify your team members' training and development needs as well as how to conduct more productive safety team meetings.

#### what you'll learn

- How to plan for and create an effective safety team
- Team concepts and proven techniques to enhance safety initiatives
- Communication and meeting management skills

#### course description

Employee involvement is the key to a successful safety program. Make group safety efforts work for your organization through the power of this program.

*0.6 NSC CEUs, 0.6 COCs, 1.0 IH CMs*

### Safety Management Techniques (SMT)

Safety Management Techniques (SMT) is a four-day course that shows managers how to identify, evaluate and create a system to improve safety in their organizations. SMT touches all bases of safety management: administrative, technical and cultural. Compelling discussions and in-class activities teach participants winning strategies they can easily and cost-effectively implement at their company.

#### what you'll learn

- How to evaluate your company's safety management system
- How to identify the steps for preparing a safety management audit
- How to create a custom action plan to improve safety in your organization

#### course description

Through this course, managers will not only learn how to construct viable safety programs but also how to motivate their teams to carry out safety and health initiatives. In addition, managers can measure progress and increase productivity through a plan they develop themselves.

*2.6 NSC CEUs, 2.6 COCs*

### Safety Training Methods (STM)

Get your employees involved through a safety training program you design for your organization via the Safety Training Methods (STM) course. STM is a challenging and interactive 4.5-day learning experience. It covers content, media, delivery, evaluation and cost.

#### what you'll learn

- How to identify training and non-training solutions to safety issues
- How to write learning objectives for employees and evaluate their progress
- Accurate budgeting for safety training

#### course description

Through information, group and independent activities, you'll learn how to create, select and deliver training that engages as well as educates. Inspire yourself and others with resources customized to your exact needs and requirements.

*3.0 NSC CEUs, 3.0 COCs, 4.5 IH CMs*



Safety Courses*	Member price	Nonmember price
Team Safety – One-day Course	\$295.00*	\$385.00*
Safety Management Techniques – Four-day Course	1,195.00*	1,550.00*
Safety Training Methods – 4.5-day Course	1,195.00*	1,550.00*

*\*Price may vary by location*

### Improve ergonomics and prevent more than one-third of work-related injuries

#### Ergonomics: Managing for Results

Musculoskeletal Disorders (MSD) account for one-third of work-related injuries, resulting in days away from work and lowered productivity. Take control of MSD in the workplace through our one-day course, Ergonomics: Managing for Results. The insights you'll gain through this practical training will help you eliminate ergonomic problems on the job.

#### what you'll learn

- Recognizing ergonomic risk factors in your workplace and taking steps to correct them
- Troubleshooting ergonomic hazards with a worksite analysis
- Implementing a successful ergonomics program that will reduce MSD and cumulative-trauma-disorder costs, and boost productivity by keeping employees on the job and injury free

#### course description

Workers who suffer repetitive motion injuries spend a median of 19 days off the job. If you're a business owner, manager, supervisor or HR professional, this course can help you understand the importance of keeping your employees free from ergonomic-related injuries. You'll learn how to prevent repetitive motion and overexertion — the biggest risk factors facing American workers today.

0.6 NSC CEUs, 0.6 COCs, 1.0 IH CMs

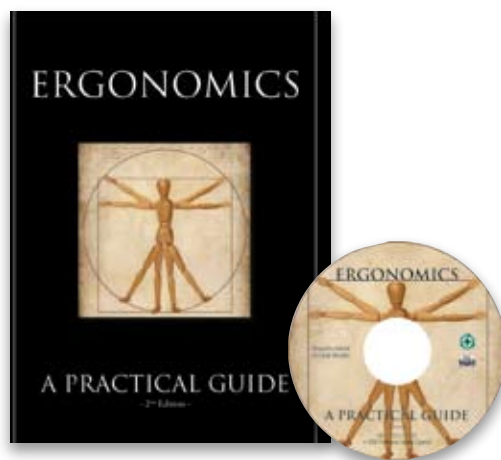
Course counts toward earning the NSC Advanced Safety Certificate



One-day Course*	Member price	Nonmember price
Ergonomics: Managing for Results	\$295.00*	\$385.00*

\*Price may vary by location

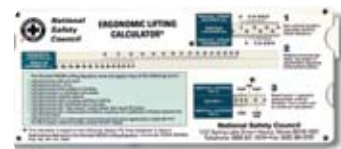
Visit NSC's training calendar, [train.nsc.org/ntc](http://train.nsc.org/ntc), for course availability in your area.



#### Ergonomics: A Practical Guide, 2nd Edition, and Companion CD

Safety and health professionals can use this resource to identify and correct ergonomic problems in the workplace. The guide discusses how to analyze work methods and workstations, identify and resolve ergonomic issues, and implement an ergonomics program that fits the job to the worker. Doing so can reduce the potential for fatigue, illness and unsafe practices. Softcover, 122 pages. ISBN 978-0-87912-168-6

#### Ergonomic Lifting Calculator



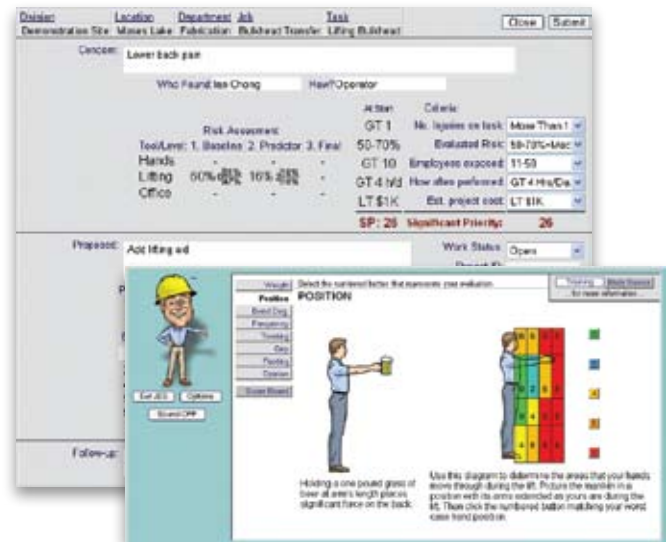
A must-have item for employees who lift as part of their assignment, the calculator uses lifting guidelines and mathematical formulas from the Applications Manual of the revised NIOSH Lifting Equation to conduct its calculations. Full definition is shown on the two-sided calculator with see-through plastic windows. Card stock.

Product #	Description	Quantity	Member price (ea.)	Nonmember price (ea.)
B12216-0000	Ergonomics: A Practical Guide, 2nd Edition	1	\$38.06	\$49.48
B15735-0000	Ergonomic Lifting Calculator	1	12.65	16.45

## Innovative, self-instructional ergonomics training and project analysis and tracking tools

### Washington Ergonomics Job Evaluation Suite (JES)

*Ergonomics is only valuable and effective to your company when everyone is practicing it. This web-based survey, training and tracking software, available as an annual subscription, gives employees the skills they need to analyze work-related spaces in less than 15 minutes, learning as they move through the various easy-to-remember computer-based activities.*



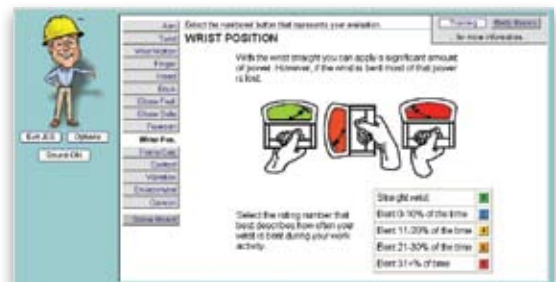
*Evaluations contain diagrams to help show where specific risks occur.*

#### what you'll learn

- Assessing ergonomics-related activities
- Identifying problems
- Tracking and reporting solutions
- Training employees at all levels
- Evaluating your success

#### course description

JES includes a unique Action Plan list, which calculates priorities for workplace improvement. JES also tracks and reports solutions, so you can examine trends. Top companies have embraced JES for its proven approach to ergonomics. Use this innovative, self-evaluating training resource at all levels within your organization to assess and eliminate risks.



To take a free demo of the program, visit [nsc.org/osh/training/ergonomics.aspx](http://nsc.org/osh/training/ergonomics.aspx)

Description	Number of Employees	Member price	Nonmember price	Member Renewal Fee	Nonmember Renewal Fee
JES Survey and Training Software – Annual Online Subscription	1-100	<b>\$750.00</b>	\$975.00	<b>\$250.00</b>	\$325.00
	101-200	<b>1,500.00</b>	1,950.00	<b>500.00</b>	650.00
	201-500	<b>3,000.00</b>	3,900.00	<b>1,000.00</b>	1,300.00
	501-700	<b>3,850.00</b>	5,005.00	<b>1,200.00</b>	1,560.00
	701-1,000	<b>4,500.00</b>	5,850.00	<b>1,500.00</b>	1,950.00
	1,000+	<b>4,000.00 plus \$0.50 per employee</b>	5,200.00 plus \$0.65 per employee		

## Building a world-class safety program for small businesses



**Developed specifically for small business owners, these safety programs teach you how to put safety behind every strategy, decision, operation and action. You'll learn how to make safety a shared value of every employee to reduce incidents and injuries as well as improve productivity and increase profits.**

### Creating a World-Class Safety Culture

This course is for small business owners, managers or employees responsible for safety but with limited safety experience. The one-day course covers the four requirements for creating a positive workplace culture: leadership, employee involvement, measurement and continuous improvement.

#### what you'll learn

- Leveraging management's role in a safety culture
- Involving employees in recognizing and identifying hazards
- Evaluating and improving your safety efforts

*Board of Certified Safety Professionals awards 0.6 COC points for Creating a World-Class Safety Culture*

### Making Sense of Safety

This course is for HR managers and supervisors responsible for safety and health. It underscores the impact of safety on profitability and shows how to use an effective safety program to prevent injuries and control costs.

#### what you'll learn

- Selling safety to your organization
- Benchmarking your safety performance
- Staying in step with OSHA Regulations

*Board of Certified Safety Professionals awards 0.6 COC points for Making Sense of Safety*

### Safety Communication and Training Techniques

This one-day course enhances communication skills, showing how to increase awareness and change behavior by combining the power of the message with selected media.

#### what you'll learn

- Organizing your safety messages and training
- Selecting, designing and using media effectively
- Creating a communication and training action plan for your facility

*Board of Certified Safety Professionals awards 0.6 COC points for Safety Communication and Training Techniques*



One-day Course†	Member price	Nonmember price
Creating a World-Class Safety Culture	\$295.00*	\$385.00*
Making Sense of Safety	295.00*	385.00*
Safety Communication and Training Techniques	295.00*	385.00*

*†Find course dates and locations at [train.nsc.org/ntc](http://train.nsc.org/ntc)*

*\*Price may vary by location*

## Working safely with auto lifts

### Lifting It Right

*In partnership with the Automotive Lift Institute (ALI), Lifting It Right provides up-to-date information on how to work safely in an auto-lift environment.*

*The most common auto lifts are covered including both in-ground and surface-mount lifts. Instructional materials gain the attention of even those with years of experience.*



*Includes a DVD hosted by NASCAR drivers Richard and Kyle Petty.*

### what you'll learn

- Operating auto lifts safely
- Proper ways to lift vehicles and maintain load stability on lifts
- Tips and suggestions for a safer work environment

### course materials

- 24-minute instructional DVD
- Lifting It Right Safety Manual
- Description of ALI Uniform Warning Labels
- Test with answer key

Product #	Description	Quantity	Member price	Nonmember price
B15505-0000	Lifting It Right DVD Kit	1	\$79.00	\$99.00
B15510-0000	Lifting It Right Safety Manual	1	10.00	12.00

### Keep a First Aid Quick Guide in Your Shop!

With the Quick Guide, you'll have the basics of first aid covered. Includes basic life support and more than 50 first aid topics. Convenient, affordable and available in English or Spanish. See page 36 for more information.



### Need help maintaining OSHA compliance?

Trust one of the following courses listed on page 78-79.

- Confined Spaces (29 CFR 1910.146, Subpart J)
- Machine Guarding (29 CFR 1910.211-219, Subpart O)
- Personal Protective Equipment (29 CFR 1910.132-140 Subpart I)

### Go To

page 17 for fleet driver safety training programs.



# Giving Promotes Living



Making our World Safer®

## Your gift makes us all safer

The National Safety Council (NSC®) is the only charitable organization that promotes safety for employees and their families not only at work but also at home, on the road and in their communities. Generosity and support from people like you make it possible. Through your donations, we can educate and influence more people to prevent injury and death.

### What your donation supports

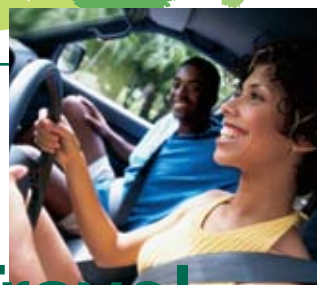
Our safety initiatives mean more people come home safe from factories, offices and construction sites every day. We've trained millions of people in Defensive Driving, First Aid, CPR and Occupational Safety. We're expanding these programs, adding new initiatives such as our Safe Communities America program. We also advocate safety to lawmakers, industry groups and others who influence safety standards in our world.



Work

### How your investment supports safety

NSC carefully invests your contribution toward making our workplaces, roadways, homes and communities safer places. That makes all of us safer. Call **800.621.7619** or visit **nsc.org** to find out more about the many ways your donation supports safety.



Travel

### Your donation is tax-deductible

The National Safety Council is a 501 (c) (3) nonprofit organization. Tax Exempt #36-2167809. That means your donation is tax-deductible. Talk with your tax advisor for details.



Community

# 2008-2009 Catalog Order Form

## Ship To (We are unable to deliver to a P.O. Box. Please provide a street address.)

Name/Title (Organization's Name) \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-Mail \_\_\_\_\_

Member ID# \_\_\_\_\_

## Bill To (Complete if the Bill To is different from the Ship To.)

Name/Title (Organization's Name) \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

E-Mail \_\_\_\_\_

## Products Ordered

Description	Quantity	Product Number	Price	Total Price

Mail payment to:  
National Safety Council

**(Check only)**  
3241 Paysphere Circle  
Chicago, Illinois 60674

**(Credit or P.O.)**  
1121 Spring Lake Drive  
Itasca, Illinois 60143

**Inside the U.S.**  
800.621.7619

**Outside the U.S.**  
630.775.2056  
Fax: 630.285.0797  
nsc.org

Or, order from your  
local NSC Chapter.  
See pages 6-7 for the  
chapter nearest you.

CUT HERE

## Method of Payment

For orders under \$50.00, use credit card or prepay.

### Check One:

Payment enclosed. Make check payable to the National Safety Council or your local chapter.

Send Invoice. PO # \_\_\_\_\_

Discover    Visa    Mastercard    American Express

Credit card number \_\_\_\_\_ Expiration date \_\_\_\_\_

Signature (Required) \_\_\_\_\_

Name on card (Please Print) \_\_\_\_\_

Rates do not apply for Canadian or international orders.  
Please call for pricing.

Order Amount	Charge	Order Amount	Charge
Orders up to \$35.00	\$5.95	150.01 - 200.00	\$10.80
35.01 - 50.00	\$7.20	200.01 - 300.00	\$12.00
50.01 - 100.00	\$8.45	300.01 - 400.00	\$13.20
100.01 - 150.00	\$9.60	400.01 - 500.00	\$14.45

EXPRESS DELIVERY SERVICE Overnight, second-day or Saturday delivery available for an additional fee. Call for rates.

Allow 7-10 days for delivery of in-stock merchandise—Subscriptions: 4-6 weeks. Service charge of 1-1/2% per month on all invoices unpaid after 30 days. COPYRIGHT, WAIVER OF FIRST SALE DOCTRINE. The National Safety Council's materials are fully protected by the United States copyright laws and are solely for the non-commercial, internal use of the purchaser. Other use requires prior written consent of the National Safety Council. While we make every effort to ensure the accuracy of the information in this promotion, occasional errors may occur. We reserve the right to make corrections.

OUR PROMISE — The National Safety Council accepts returns to correct errors or omissions. If you are dissatisfied with any part of your purchase, you may qualify for credit or exchange if unused material is returned within 30 days of shipment, in salable condition and in original package.

Subtotal:

Sales Tax:

Please add applicable tax in the following states: CA, FL, GA, IL, KY, MN, PA, TX, VA

Shipping/Handling:

Please add shipping and handling charges shown at left

Total:

Thank you for your order



**NSC provides GSA pricing to all government agencies. Visit [gsaadvantage.gov](http://gsaadvantage.gov) for special pricing.**

**NSC Members save up to 30%. If you're not a member, join today!**

You can also order online at [shop.nsc.org](http://shop.nsc.org)

## Pricing

### Quantity Prices:

Quantity pricing is based on the number of each item being sent to one destination in one shipment. For subscriptions, this pricing is based on a single shipment, per issue, to one address. For example:

**1 \$6.00      2-9 \$5.00      10+ \$4.00**

This means that 1 copy of the item costs \$6.00; 2 to 9 copies cost \$5.00 each; and 10 or more copies cost \$4.00 each.

### Volume Price Quotes:

Please call the office or local Chapter nearest you for a quote.

### Price Change Notification:

Merchandise and prices in this catalog are subject to change without notice. While we make every effort to ensure the accuracy of the information in the catalog, occasional errors may occur. We reserve the right to make corrections.

### Membership Discount:

Become a member of the National Safety Council and save approximately 30% off the nonmember catalog price. To receive this members-only savings, call the office or local Chapter nearest you for membership information.

## Shipping Information

### Domestic:

UPS or common carrier delivery. Subscription and personalized items— allow 4-6 weeks.

### Express Delivery:

Overnight, second-day or Saturday delivery is available upon request for an additional fee.

### International:

Air Express Courier (see International Orders).

## Billing Options & Payment Terms

### Orders under \$50.00:

Prepayment is required. Total your items; add tax and shipping/handling charge. Pay by credit card or send a check with your order payable to the National Safety Council. Sorry no CODs.

### Orders over \$50.00:

We will invoice your organization, net 30 days, or you can prepay by credit card or check.

### Government Agencies:

Government agencies must use a purchase order or authorized bank card.

### International Orders:

Purchaser must prepay in U.S. dollars, credit card or wire transfer, and is responsible for customs, duties, taxes abroad and applicable bank fees. Use the order form to request a quotation for product and international delivery charge. Fax your request to 01.630.285.0797 or call International Customer Relations 01.630.775.2056 or e-mail at customerservice@nsc.org. All videos are VHS format, unless ordered in PAL format. Please specify on the order form which format is required.

### Payment Terms:

NET 30 days. Service charge of 1 1/2% per month on all invoices unpaid after 30 days.

## General Information

### Use of Materials:

Merchandise in this catalog is generally available to both members and nonmembers of the National Safety Council. (Certain awards, incentive materials and other items bearing the Green Cross for Safety emblem may be purchased only by member and U.S. government agencies.) National Safety Council materials may not be used to convey the impression that the Council has approved any commercial product or service.

### Copy Waiver of First-Sale Doctrine:

The National Safety Council's materials are fully protected by the United States copyright laws and are solely for the noncommercial, internal use of the purchaser. Without the prior written consent of the National Safety Council, purchaser agrees that such materials shall not be rented, leased, loaned, sold, transferred, assigned, broadcast in any media form, publicly exhibited or used outside the organization of the purchaser or reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise. Use of these materials for training for which compensation is received is prohibited, unless authorized by the National Safety Council in writing.

### Satisfaction Guaranteed

We want you to be completely satisfied with your purchase from the National Safety Council. We stand behind our products!

**NOTE:** Bookstores must submit a Merchandise Return form or call 800.621.3433 before returning any merchandise.

### RETURN POLICY

- Must be returned within 30 days of original shipment.
- Should be unused, in original package and in salable condition.
- Computer software and personalized products cannot be returned.
- Discontinued items cannot be returned.
- Restocking fee may apply.

### RETURN INSTRUCTIONS

1. Call Customer Relations at 800.621.3433 for Return Merchandise Authorization Number.
2. Include original packing slip with return.
3. Mark RMA# on packing slip and on the outside of package(s).
4. Send return shipment by traceable means.



# Membership Application (U.S. and Canada)

## ORGANIZATION/COMPANY INFORMATION

Organization/Company Name \_\_\_\_\_

Street Address (for package shipments) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip+4 Postal Code \_\_\_\_\_

Primary Phone Number \_\_\_\_\_ Primary Fax Number \_\_\_\_\_ Website Address \_\_\_\_\_

Total # of full-time employees (including drivers):  How did you learn about NSC membership? \_\_\_\_\_

Please check if you prefer NOT to receive:  NSC electronic/fax communications  NSC listserv communications Gift Code: \_\_\_\_\_

## CONTACT INFORMATION

### Primary Safety and Health Contact (for benefit fulfillment)

Name \_\_\_\_\_ Title \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

### Executive Management Contact

Name \_\_\_\_\_ Title \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

### Additional Contact

Name \_\_\_\_\_ Title \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

## ORGANIZATION LOCATION INFORMATION

Number of additional locations included in this membership (facilities and offices):

To maximize participation of employees at each additional location, please list location name, address, city, state, zip+4, phone number, fax number and email address. Include safety and health, executive management and additional contact names, as well. Attach the list or fax it to 630.285.9288.

## MEMBERSHIP DUES

## PAYMENT OPTIONS

Employee Count	Fee per Organization
Level 1 (1 - 10 employees)	\$270.00
Level 2 (11 - 49 employees)	\$305.00
Level 3 (50 - 99 employees)	\$340.00
Level 4 (100+ employees)	\$360.00 + \$1.00 per employee over 100

### PAYMENT FORMULA

Base Dues (See chart above) \$ \_\_\_\_\_

First 100 Employees + 0.00 \_\_\_\_\_

Additional Employees over 100 \_\_\_\_\_

\_\_\_\_\_ x  $\frac{\$1.00}{\text{Rate per Employee}}$  = + \_\_\_\_\_

No. of Employees over 100 Additional Dues

**Total Annual Dues = \$ \_\_\_\_\_**

NOTE: Dues are capped at \$18,000 for organizations with employee counts of 17,740 or greater. Membership dues are non-refundable.

**Payment MUST accompany this application.**

**Please check one:**

**Check Enclosed** – Check No. \_\_\_\_\_  
(payable in U.S. funds to National Safety Council)

**Bill My Credit Card**  
 MasterCard  Visa  Discover  American Express

Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Name as it Appears on Card (please print) \_\_\_\_\_

Signature of Cardholder \_\_\_\_\_

**P.O. No.** \_\_\_\_\_  
(requires documentation of purchase order attached)

Net 30 days/National Safety Council will invoice

Send completed application with dues payment to:  
**National Safety Council, 3241 Paysphere Circle, Chicago IL 60674**

Join online at <http://join.nsc.org>

Please complete Benefit Selection on page 106 →



# Membership Benefits & Categories

## BENEFIT SELECTION (please list your email address on the reverse side for fulfillment)

Organization/Company Name \_\_\_\_\_

- Select One:  OSHA Up To Date (print)  OSHA Up To Date (email)  Traffic Safety (print)  Traffic Safety (email)  
(Content is copyright protected, and may not be forwarded to other email addresses)
- Select the electronic, bi-monthly Library Alert(s) you would like to receive:  Traffic  Home & Community  Workplace
- Select the electronic, bi-monthly industry specific newsletter(s) you would like to receive:  Business & Industry  
 College & University Safety  Community Safety  Construction  Healthcare  Labor  Transportation Safety  Utilities
- I am interested in becoming an active volunteer with the Council. Please send me information:  Yes  No

## EXCLUSIVE CORE BENEFITS AND PRIVILEGES AVAILABLE COMPANY WIDE:

- Safety+Health® magazine - monthly (\$36 value)\*
- Weekly email News Alert\*
- NSC Knowledge Center including access to Library Services
- Access to Division networking groups
- Downloadable Safety and Health Code of Ethics and Companion Resource Guide
- Access to the Members-Only website with exclusive downloadable content
- Local level support through the chapter network
- Substantial product and training discounts off non-member pricing
- Announcements regarding new library materials\*
- Monthly informational webinars
- Registration discount for NSC's Annual Congress & Expo
- Safety Motivation & Recognition Awards Program  
(for organizations at the 11 or more dues employees levels)
- Accident Review (for an additional fee)
- List Servs (NEW)
- Emergency Alert Network (NEW)
- Injury Facts® presentations on Members-Only website (NEW)

\* All employees covered by your dues can opt-in to receive these benefits on the Members-Only home page at [members.nsc.org](http://members.nsc.org). Once you join, share your Member ID # with them as their password for entry.

ADDITIONAL BENEFITS TO PRIMARY CONTACT	1-10 employees	11-49 employees	50-99 employees	100+ employees
Injury Facts CD-ROM (\$56.95 value)	upon request	x	x	x
Choice of monthly newsletter: Traffic Safety (\$26.40 value) or OSHA Up To Date (\$30.80 value)	x	x	x	x
Membership Advantage newsletter – quarterly	x	x	x	x
5 Minute Safety Talks (\$39.95 value)		x	x	x
5 Minute Safety Talks on CD-ROM (NEW)			x	x
Safety Posters – in English and Spanish (NEW) (\$19.95 value)			x	x
Family Safety & Health magazine – quarterly (\$18.50 value)			x	x
Compliance Package Training Program – one kit with workbooks (\$99 value)				x
Injury Facts® Challenge (NEW) (\$99 value)				x

**Friends of Safety:** By making a contribution to the National Safety Council's Friends of Safety, you can help support our worldwide safety activities including: teen driving programs, elderly falls prevention, and on- and off-the-job safety initiatives.  YES, please send me more information.

### For more information on National Safety Council membership:

800.621.7619 | Fax: 630.285.9288 | Visit: [nsc.org](http://nsc.org) | Email: [customerservice@nsc.org](mailto:customerservice@nsc.org)

Write: National Safety Council 1121 Spring Lake Drive, Itasca, IL 60143

**NEW**

*New products indicated in red*

Four-Hour Defensive Driving Course .....	14
<b>5-Minute Safety Talks</b> .....	64-65
Six- to Eight-Hour Defensive Driving Course.....	18
<i>7 Elements of a Successful Environmental Program</i> .....	62
<i>Accident Prevention Manual: Security Management</i> .....	58
<i>Accident Prevention Manual: Administration &amp; Programs</i> .....	58
<i>Accident Prevention Manual: Engineering &amp; Technology</i> .....	58
<i>Accident Prevention Manual: Environmental Management</i> .....	58
Advanced Safety Certificate .....	
Ergonomics: Managing for Results.....	98
Fundamentals of Industrial Hygiene .....	95
Incident Investigation .....	96
Job Safety Analysis .....	96
Safety Inspections .....	96
Safety Management Techniques.....	97
Safety Training Methods.....	97
Team Safety.....	97
Alive at 25® .....	19
<b>Alive at 25® Parent Program</b> .....	20
Ambulance .....	
Coaching the Emergency Vehicle Operator — Ambulance .....	28
First Aid Emergency Care Training .....	30-42
Attitudinal Dynamics of Driving.....	19
Authentic Involvement .....	62
Auto Mechanic Safety .....	101
Auto Repair Shop Safety.....	63
Aviation Ground Operation Safety Handbook .....	63
Awards.....	48-53
Basic Life Support Healthcare and Professional Rescuers .....	39
Basic Pediatric First Aid, CPR and AED .....	37
<i>Basics of Safety and Health</i> .....	61
BASIS (Business and Safety Integration Survey) .....	75
<i>Beyond Workers' Comp: A Human Resources Guide</i> .....	61
Bloodborne and Airborne Pathogens.....	40, 84
Bloodborne Pathogens OSHA.....	78

## Books

<i>7 Elements of a Successful Environmental Program</i> .....	62
<b><i>Accident Prevention Manual: Security Management</i></b> .....	58
<b><i>Accident Prevention Manual: Administration &amp; Programs</i></b> .....	58
<i>Accident Prevention Manual: Engineering &amp; Technology</i> .....	58
<i>Accident Prevention Manual: Environmental Management</i> .....	58
<i>Authentic Involvement</i> .....	62
<i>Auto Repair Shop Safety</i> .....	63
<i>Aviation Ground Operation Safety Handbook</i> .....	63
<i>Basics of Safety and Health</i> .....	61
<i>Beyond Workers' Comp</i> .....	61
<i>Case Studies in Safety &amp; Productivity</i> .....	67
<i>Ergonomics: A Practical Guide</i> .....	63
<i>Fundamentals of Industrial Hygiene</i> .....	59
<i>Heinrich Revisited: Truisms or Myths</i> .....	62
<i>Journal of Safety Research</i> .....	67
<i>Lockout/Tagout: The Process of Controlling Hazardous Energy</i> ..	60
<i>Motor Fleet Safety Manual</i> .....	66
<i>MUTCD 2003: Manual on Uniform Traffic Control Devices</i> .....	66
<i>Natural Gas Safety Handbook for Utility Workers and Contractors</i> .....	63
<i>Nine Elements of a Successful Safety &amp; Health System</i> .....	62
<i>Occupational Health &amp; Safety</i> .....	59
<i>Off-the-Job Safety Manual and Companion CD</i> .....	43
<i>On-Site Emergency Response Planning Guide</i> .....	42, 61
<i>OSHA Inspections: Preparation and Response</i> .....	60
<i>Pocket Guide to Safety Essentials</i> .....	61
<i>Product Safety Management Guidelines</i> .....	59
<i>Safeguarding Concepts Illustrated</i> .....	60
<i>Safety Culture and Effective Safety Management</i> .....	59
<i>Safety Through Design</i> .....	59
<i>Small Business Safety and Health Manual and Companion CD</i> .....	61
<i>Supervisors' Safety Manual</i> .....	55
<i>You've Just Been Made Supervisor – Now What?</i> .....	55
Coaching the Emergency Vehicle Operator — Ambulance .....	28

## Become an Authorized NSC Instructor

If you have previous emergency care training, you can likely be grandfathered as an authorized NSC instructor. Visit [nsc.org/train/ec](http://nsc.org/train/ec) for more information.



**NEW**

*New products indicated in red*

Coaching the Emergency Vehicle Operator — Fire ..... 29  
 Chapter Listing ..... 6-7  
 Child and Infant CPR Skills Card.....37

**Classroom Training**

Basic Life Support Healthcare and Professional Rescuers ..... 39  
 Bloodborne and Airborne Pathogens ..... 40, 84  
 Coaching the Emergency Vehicle Operator — Ambulance ..... 28  
 Coaching the Emergency Vehicle Operator — Fire ..... 29  
 Coaching the Experienced Driver 4+2 ..... 26  
 Coaching the Lift Truck Operator™ 2 ..... 82-83  
 Coaching the Maintenance Vehicle Operator ..... 25  
 Coaching the School Bus Driver 2 ..... 26  
 Coaching the Straight Truck Driver 2 ..... 24  
 Coaching the Utility Truck Driver ..... 25  
 Coaching the Van Driver ..... 24  
 Confined Spaces ..... 78  
 CPR and AED ..... 35  
 Crane and Hoist ..... 78  
 Creating a World-Class Safety Culture ..... 100  
 DDC 4, Four-Hour Defensive Driving Course..... 14  
 DDC-8/6, Eight- or Six-Hour Defensive Driving Course..... 18  
 Defensive Driving Course – Professional Truck Driver..... 22  
 Defensive Driving Course – Alive at 25® ..... 19  
 Defensive Driving Course – Alive at 25® Parent Program ..... 20  
 Defensive Driving Course – Attitudinal Dynamics of Driving ..... 19  
 Dynamics of Fleet Safety Course ..... 17  
 Electrical Safety ..... 79  
 Ergonomics: Managing for Results..... 98  
 Exit Routes, Emergency Action Plans & Fire Prevention Plans .... 79  
 Fire Protection..... 79  
 First Aid ..... 34  
 First Aid Taking Action (Advanced First Aid) ..... 39  
 First Responder ..... 38  
 Flagger Training ..... 87  
 Fundamentals of Industrial Hygiene ..... 95  
 Hazard Communication..... 78  
 Incident Investigations ..... 96  
 Introduction to OSHA ..... 78  
 Job Safety Analysis ..... 96  
 Lockout/Tagout ..... 79  
 Machine Guarding ..... 79  
 Making Sense of Safety ..... 100  
 Onsite/Customized Training..... 70  
 OSHA 10-Hour Construction ..... 90

**Classroom Training (continued)**

OSHA 10-Hour General Industry..... 86  
 OSHA 10-Hour Training Exclusively for the Roadway  
     Construction Industry..... 89  
 Pediatric First Aid, CPR, and AED..... 37  
 Personal Protective Equipment..... 79  
 Powered Industrial Trucks ..... 79  
 Prescription for the Flu ..... 41  
 Preventing Slips, Trips and Falls ..... 76  
 Prevention Strategies for Construction’s Focus Four Hazards..... 91  
 Principles of Occupational Safety and Health..... 94  
 Recordkeeping..... 78  
 Safety Communication and Training Techniques ..... 100  
 Safety Inspections ..... 96  
 Safety Management Techniques..... 97  
 Safety Training Methods..... 97  
 Standard First Aid, CPR, and AED ..... 32  
 Team Safety..... 97  
 Temporary Traffic Control in Highway  
     Work Zones – Design and Supervision..... 88  
 Transporting Passengers with Special Needs:  
     A Coaching Program..... 27  
 Walking and Working Surfaces..... 79  
 Welding, Cutting and Brazing ..... 79  
 Coaching Training Series ..... 24-29

**OSHA Standard**  
1910.178

**Safetyworks™  
Lift Truck**

Put your lift truck operators in the driver’s seat with this highly interactive virtual training program. **Safetyworks**



**Lift Truck** is fun and memorable — a great way to reinforce safe driving practices and skills in a risk-free environment using real-world operating scenarios. Combine with traditional instruction to ensure OSHA compliance for powered industrial trucks. Great for new operators or as a refresher for veterans. See page 81.

**NEW**

*New products indicated in red*

## Compliance

Bloodborne and Airborne Pathogens.....	40, 84
Coaching the Lift Truck Operator 2.....	82, 83
Compliance Packaged Training.....	77-86, 90-91
Confined Spaces.....	78
CPR and AED.....	35
First Aid.....	34
<i>Lockout/Tagout: The Process of Controlling Hazardous Energy</i> .....	60
National Safety Education Center.....	86
OSHA 10-Hour Construction.....	90
OSHA 10-Hour General Industry.....	86
OSHA 10-Hour Training Exclusively for the Roadway Construction Industry.....	89
OSHA Compliance Packaged Training Program.....	77-79
OSHA Compliance Seminars.....	77-79
OSHA Inspections: Preparation and Response.....	60
OSHA Up To Date electronic newsletter.....	55
OSHA Walkthrough for Industry CD.....	80
Powered Industrial Trucks.....	79
Safeguarding Concepts Illustrated.....	60
<b>Safetyworks™ Lift Truck</b> .....	81
Standard First Aid, CPR, and AED.....	32
Congress & Expo.....	9

## Construction

5-Minute Safety Talks, Construction.....	64, 91
Construction Industry Data Sheets Collection and CD.....	90
Core Safety Materials for the Construction Industry.....	90
OSHA 10-Hour Construction.....	90
Prevention Strategies for Construction's Focus Four Hazards.....	91
Roadway Construction.....	89
Consulting Services.....	70-75
CPR and AED.....	35
CPR and AED Skills Card.....	35
CPR Teddy.....	46
Crane and Hoist.....	78
Creating a World-Class Safety Culture.....	100
Custom Program Development and Delivery.....	70-75

## Defensive Driving Courses

DDC 4, Four-Hour Defensive Driving Course.....	14
DDC-8/6, Eight- or Six-Hour Defensive Driving Course.....	18
Defensive Driving Course – Attitudinal Dynamics of Driving.....	19
Defensive Driving Course – Motorcycle Safety Program Online..	21
Defensive Driving Course – Online.....	15
Defensive Driving Course – Professional Truck Driver.....	22
Defensive Driving Course – Professional Truck Driver Online.....	23

## Defensive Driving Courses (continued)

<b>Defensive Driving Course – Professional Truck Driver Self-Study Program</b> .....	23
Defensive Driving Course – Self-Study Program.....	16
Defensive Driving Course – Alive at 25®.....	19
Defensive Driving Course – Alive at 25® Parent Program.....	20
<b>Defensive Driving Course – Alive at 25® Parent Program Online</b> .....	20
Donation.....	11

## Driver Improvement Programs..... 14-29, 81-83

Eight- or Six-Hour Defensive Driving Course (DDC-8/6).....	18
Electrical Safety.....	79
Emergency Care Skill Posters.....	36

## Emergency Preparedness

<b>5-minute Safety Talks Volume 8, Emergency Preparation</b> .....	65
<b>5-minute Safety Talks Volume 9, EMS Professionals</b> .....	65
Bloodborne and Airborne Pathogens.....	40, 84
Emergency Care Skill Posters.....	36
Emergency Care Training Tools.....	30-42
First Aid and CPR.....	32-35
First Responder.....	38
On-Site Emergency Response Planning Guide.....	42
Pediatric Programs.....	37
Prescription for the Flu.....	41
Safety Stuffers.....	45

## Emergency Vehicle Operators..... 28-29

Employee Perception Surveys.....	74-75
----------------------------------	-------

## Ergonomics

Ergonomic Lifting Calculator.....	98
<i>Ergonomics: A Practical Guide</i> .....	98
Ergonomics: Managing for Results.....	98
Washington Ergonomics: Job Evaluation Suite.....	99
Exit Routes, Emergency Action Plans & Fire Prevention Plans.....	79
Expert Driver Certificates.....	52
Falls.....	76
<i>Family Safety &amp; Health</i> .....	44, 54

## Fire

Coaching the Emergency Vehicle – Fire.....	29
Fire Protection.....	79
First Aid.....	34
First Aid Quick Guide.....	36
First Aid Skills Card.....	34
First Aid Taking Action.....	39



# Index

**NEW**

*New products indicated in red*

First Responder .....	38
Flag .....	53
Flagger.....	87
Fleet Division Leader Award.....	51
Fleet Perfect Record Award.....	51
Fleet Safety .....	17, 22-23, 51-52
Fleet Significant Improvement Award.....	51
<b>Flu Prevention</b> .....	
<i>Flu Defense Packs</i> .....	41
Prescription for the Flu .....	41
Fundamentals of Industrial Hygiene.....	59, 95
Green Cross for Safety Lapel Pins .....	53
<i>Guide to Determine Motor Vehicle Accident Preventability</i> .....	52
Hazard Communication .....	78
<i>Heinrich Revisited: Truisms or Myths</i> .....	62
Incident Investigations .....	96
Industrial Hygiene .....	95
Injury Cost-Capturing Tool.....	67
<i>Injury Facts</i> ® Book .....	56
<i>Injury Facts</i> Challenge .....	57
<i>Injury Facts</i> Professional Package .....	57
<i>Injury Facts</i> Talks CD .....	57
Introduction to OSHA.....	78
Job Safety Analysis .....	96
<i>Journal of Safety Research</i> .....	67
<b>Large Trucks</b> .....	<b>22-24</b>
Lead Dust Kits .....	47
Lift Truck Operator Award .....	48
<b>Lift Truck Training</b> .....	
Coaching the Lift Truck Operator .....	82-83
Powered Industrial Trucks .....	79
<i>Safetyworks™ Lift Truck</i> .....	81
Lifting It Right .....	101
Lockout/Tagout.....	79
<i>Lockout/Tagout: The Process of Controlling     Hazardous Energy</i> .....	60
Machine Guarding.....	79
Magazines.....	54
Making Sense of Safety.....	100
Management Leadership Development.....	70, 71, 92, 93, 94
<b>Medium/Heavy Duty Trucks</b> .....	<b>22-24</b>
<b>Membership</b> .....	<b>4-5, 105-106</b>
<b>Motivation</b> .....	<b>48-53</b>
<i>Motor Fleet Safety Manual</i> .....	66
Motorcycle Safety Program Online .....	21
<i>MUTCD 2003: Manual on Uniform Traffic Control Devices</i> .....	89
National Safety Education Center .....	86
National Safety Month Ribbons .....	53
<i>Natural Gas Safety Handbook for Utility Workers     and Contractors</i> .....	63
Newsletters .....	55
Nine Elements of Successful Safety & Health System .....	62
Occupational Excellence Achievement Award .....	48
<i>Occupational Health &amp; Safety</i> .....	59
Off-the-Job Poster Packs (packs three and four are new) .....	46
<i>Off-the-Job Safety Manual and Companion CD</i> .....	43
<b>Online Training</b> .....	
<i>Alive at 25® Parent Program Online</i> .....	20
Coaching the Emergency Vehicle Operator — Ambulance Online .....	28
Coaching the Emergency Vehicle Operator — Fire Online .....	29
Defensive Driving Course Online.....	15
Motorcycle Safety Program Online.....	21
Professional Truck Driver Online .....	23
Standard First Aid, CPR, and AED Online.....	33
Webinars .....	85
On-Site Emergency Response Planning Guide.....	42
<b>Onsite Training</b> .....	<b>70</b>
<b>Order Information</b> .....	<b>103</b>
OSCAR (Occupational Safety Climate Assessment Report) .....	75
OSHA 10-Hour Construction .....	90
OSHA 10-Hour General Industry.....	86
OSHA 10-Hour Training Exclusively for the Roadway Construction Industry.....	89
OSHA Compliance Packaged Training Program .....	77-79
OSHA Compliance Seminars .....	77-79
<i>OSHA Inspections: Preparation and Response</i> .....	60
<i>OSHA Up To Date®</i> electronic newsletter.....	55
<i>OSHA Walkthrough for Industry CD</i> .....	80

**NEW**

*New products indicated in red*

## Paramedics

Coaching the Emergency Vehicle Operator – Ambulance.....	28
First Aid Emergency Care Training .....	38-39
Patches.....	52
Pediatric First Aid, CPR, and AED .....	37
Perception Surveys .....	74-75
Perfect Record Award.....	49
Personal Protective Equipment.....	79
Pins .....	52-53
<i>Pocket Guide to Safety Essentials</i> .....	61
Principles of Occupational Safety and Health .....	94

## Posters

First Aid and CPR Skills Posters.....	36
Off-the-Job Posters.....	46
Prescription for the Flu .....	41
Preventing Slips, Trips and Falls .....	76
Prevention Strategies for Construction’s Focus Four Hazards .....	91
Principles of Occupational Safety and Health .....	94
<i>Product Safety Management Guidelines</i> .....	59
Professional Truck Driver .....	22
Professional Truck Driver Online .....	23
Professional Truck Driver Self-Study Program .....	23
Publications.....	54
Radon Test Kits .....	47

## Recognition..... 48-53

Recordkeeping.....	78
Ribbons.....	53

## Roadway

OSHA 10-Hour Training Exclusively for the Roadway Construction Industry.....	89
Temporary Traffic Control in Highway Work Zones – Design and Supervision.....	88

## Safe Communities America..... 43

<i>Safeguarding Concepts Illustrated</i> .....	60
Safety Barometer .....	74
Safety Communication and Training Techniques .....	100
Safety Culture and Effective Safety Management.....	59
Safety Inspections.....	96
Safety Leadership Award .....	49

Safety Management Assessments.....	70-73
Safety Management Techniques.....	97
Safety Stuffers .....	45
Safety Talks .....	64-65
<i>Safety Through Design</i> .....	59
Safety Training Methods .....	97
Safety Video Library .....	66
<i>Safety+Health® magazine</i> .....	54
<b>School Bus Safety.....</b>	<b>27, 65</b>
Supervisors’ Development Program.....	92-93
Security Barometer .....	75
<b>Self-Study Programs .....</b>	<b>16, 23, 92-93</b>
<b>Slips, Trips and Falls .....</b>	<b>76</b>
<i>Small Business Safety and Health Manual and Companion CD</i> .....	61
<b>Specialty Vehicle Drivers.....</b>	<b>24-29, 79, 81-83</b>
<b>Sponsorships .....</b>	<b>11</b>
Standard First Aid, CPR, and AED .....	32
Standard First Aid, CPR, and AED Online.....	33
Sun Safety Video .....	47
Supervisors’ Development Program.....	92-93
<i>Supervisors’ Safety Manual</i> .....	55
Surveys.....	74-75
Team Safety .....	97

**Become an NSC member and receive 30% off!**



Discover what 56,000 companies and 8.5 million employees already know. NSC membership gives you more. More exclusive safety programs and products. More access to other safety leaders. More opportunities to enhance safety at work, at home and in the community. **Join NSC today — and save!**

Teen Driver: A Family Guide to Teen Driver Safety .....20

**Teen Drivers ..... 19-21**

Temporary Traffic Control in Highway  
Work Zones – Design and Supervision.....88

*Today's Supervisor® newsletter*.....55

*Traffic Safety newsletter* .....55

Transporting Passengers with Special Needs:  
A Coaching Program .....27

**Utilities**

5-Minute Safety Talks Volume 5, Utilities.....65

Coaching the Maintenance Vehicle Operator .....25

Coaching the Utility Truck Driver ..... 24-25

Coaching the Van Driver .....24

Natural Gas Safety Handbook for Utility Workers  
and Contractors.....63

**Video Game/Training .....81**

**Videos**

NSC Safety Video Library .....66

Sun Safety .....47

**Virtual Simulation/Training .....81**

**Volunteering..... 8**

Walking and Working Surfaces.....79

Washington Ergonomics: Job Evaluation Suite.....99

Webinars.....85

Welding, Cutting and Brazing.....79

Workplace Assessments and Consulting..... 70-75

**Workzone**

Flagger Training .....87

OSHA 10-Hour Training Exclusively for the  
Roadway Construction Industry.....89

Temporary Traffic Control in Highway  
Work Zones – Design and Supervision.....88

*Wristband*.....53

*You've Just Been Made Supervisor – Now What?*.....55

**Young Adult Drivers ..... 19-21**

## The NSC National Training Calendar

Search by state. Search by date. We've updated our Online Training Calendar to make it easier for you to find the training you want — whether you need specific training in the next few weeks or months into the future. See what we mean by visiting [train.nsc.org/ntc](http://train.nsc.org/ntc).

### New Search Functions

At [train.nsc.org/ntc](http://train.nsc.org/ntc), you'll find the training you want using any or all of the following criteria:

- Training course name
- Locations offering training by state
- Dates training courses are offered

### Updated Information Immediately

As Training Centers add courses, the information is immediately posted on the web site: course name, dates and locations are automatically updated. Check in often — we add new courses, locations and training dates frequently. See if the training you want has been added in your area. Additional user functions are also being added, so return often to [train.nsc.org/ntc](http://train.nsc.org/ntc) to see what's new.



Search by Date  
Search by State

**NEW**

# There's a lot that's new inside the National Safety Council 2008–2009 General Catalog

- **NEW PRODUCTS** using leading-edge videogame technology and interactive training techniques
- **REVISED/UPDATED PRODUCTS** to make sure your training is state-of-the-art
- **NEW CATALOG FORMAT** makes product information more concise, consistent and user-friendly so you can find what you need fast

## Just some of the **NEW** products you'll find inside!

- Alive at 25<sup>®</sup> Parent Program Online
- First Aid and Child and Infant CPR Skill Cards
- Safetyworks<sup>™</sup> Lift Truck
- Professional Truck Driver Self-Study



### Pass it along!

Share this catalog with others in your organization:

- |   |   |
|---|---|
| <input type="checkbox"/> Safety Director/Manager  | <input type="checkbox"/> Human Resources      |
| <input type="checkbox"/> Fleet Manager/Supervisor | <input type="checkbox"/> Operations/Foreman   |
| <input type="checkbox"/> Safety Committee Team    | <input type="checkbox"/> Loss Control Manager |
| <input type="checkbox"/> President/CEO            | <input type="checkbox"/> Warehouse Supervisor |



*Making our World Safer<sup>®</sup>*

800.621.7619 | NSC.ORG