

Effective December 13, 2009



Train Timetable



New York City Transit *Going your way*

1 trains operate between Van Cortlandt Park-242 St in the Bronx and South Ferry in Manhattan, most times.

Fares – All MTA New York City Transit trains (subways and Staten Island Railway) and local buses (including Limited-Stop and +SelectBusService buses at MetroCard® fare collection machines) accept MetroCard. Express buses only accept 7-Day Express Bus Plus MetroCard or Pay-Per-Ride MetroCard. All of our buses and +SelectBusService coin fare collection machines accept exact fare in coins. Dollar bills, pennies, and half-dollar coins are not accepted.

Free Transfers – Unlimited-Ride MetroCard permits free transfers to all but our express buses (between subway and local bus, local bus and local bus etc.) Pay-Per-Ride MetroCard allows one free transfer of equal or lesser value if you complete your transfer within two hours of the time you pay your full fare with the same MetroCard. If you pay your local bus fare with coins, ask for a free electronic paper transfer to use on another local bus.

Reduced-Fare Benefits – You are eligible for reduced-fare benefits if you are at least 65 years of age or have a qualifying disability. Benefits are available (except on peak-hour express buses) with proper identification, including Reduced-Fare MetroCard or Medicare card (*Medicaid cards do not qualify*).

Children – The subway, SIR, local, Limited-Stop, and +SelectBusService buses permit up to three children, 44 inches tall and under to ride free when accompanied by an adult paying full fare.

Terms and Conditions – Fares and MetroCard use are subject to MTA NYC Transit Tariff and additional conditions.

Information in this timetable is subject to change without notice. Weather can affect running times. Customers are encouraged to read red-bannered service change notices. These contain important information, which might affect your trip.

Bold times denote PM hours.

Please read times from left to right.

This timetable printed with environmentally friendly ink on recycled paper.

Holiday Service

Weekday service operates on:

Martin Luther King Day, Columbus Day, Veterans Day, Election Day.

Saturday service operates on:

Presidents Day, July 5 (2010).

Sunday service operates on:

New Year's Day, Memorial Day, Independence Day, Labor Day,
Thanksgiving Day, Christmas Day.

*If your service does not normally operate on Saturday and/or Sunday,
it will not operate on these holidays.*

For More Information

Online: www.tripplanner.mta.info

or call, daily, 6 AM to 10 PM:

Travel information	718-330-1234
Non-English-speaking customers	718-330-4847
Customers with disabilities	718-596-8585
TTY/TDD users only	718-596-8273

For MTA NYC Transit on the Internet visit:

www.mta.info

Filing a Title VI Complaint – MTA New York City Transit (“NYC Transit”) is committed to providing non-discriminatory service to ensure that no person is excluded from participation in, or denied the benefits of, or subjected to discrimination in the receipt of its services on the basis of race, color or national origin as protected by Title VI of the Civil Rights Act of 1964 (“Title VI”).

To request more information about Title VI or to submit a written complaint if you believe that you have been subjected to discrimination, you may contact NYC Transit’s Office of Equal Employment Opportunity, 130 Livingston Street, 3rd Floor, Brooklyn, NY 11201.

In addition to your right to file a complaint with NYC Transit, you have the right to file a Title VI complaint with the U.S. Department of Transportation, Federal Transit Administration, Office of Civil Rights. The regional office is located at One Bowling Green, Room 429, New York, NY 10004-1415.

1 Broadway - 7 Avenue Local

Station Service

FULL-TIME
Train always
operates and
always stops here.

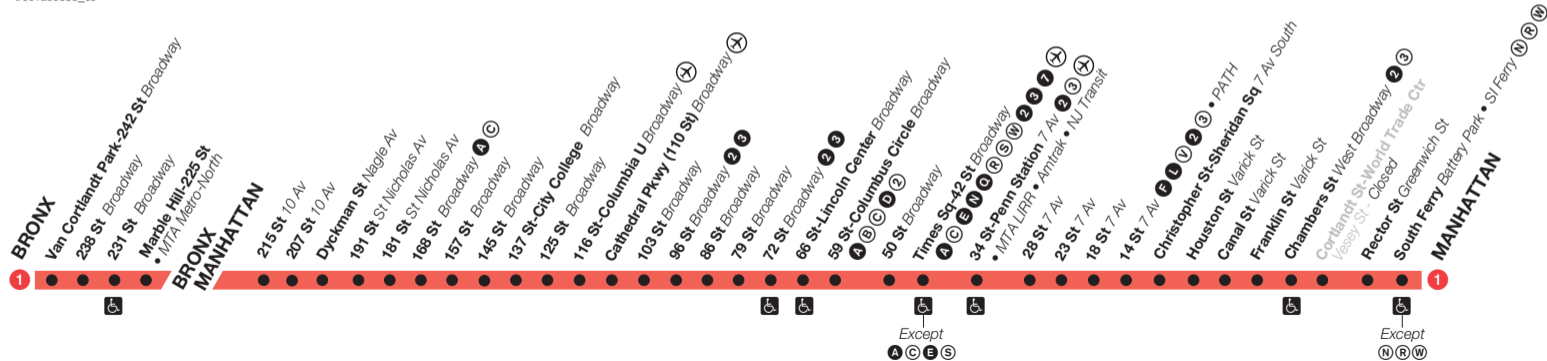
**ACCESSIBLE
STATION**

Transfers

- A** Full-time
- A** Part-time
- X** Bus or AIRTRAIN to airport

During morning rush hours,
additional **1** service is provided south of 137 St.

tr001a09338_cs



Saturday Service

1 Southbound

From Van Cortlandt Park-242 St, Bronx, to South Ferry, Manhattan

Vn 242 St	CrtIntd 225 St	Pk MrblHill	Dyckman St	168 St	116 St	96 St	59 St Columbus Cir	Times Sq 42 St	14 St	Chambers St	South Ferry
12:08	12:11	12:16	12:21	12:28	12:33	12:39	12:43	12:48	12:56	1:01	
12:27	12:30	12:35	12:40	12:47	12:52	12:58	1:02	1:07	1:13	1:18	
12:47	12:50	12:55	1:00	1:07	1:12	1:18	1:22	1:27	1:33	1:38	
1:07	1:10	1:15	1:20	1:27	1:32	1:38	1:42	1:47	1:53	1:58	
1:27	1:30	1:35	1:40	1:47	1:52	1:58	2:02	2:07	2:13	2:18	
1:47	1:50	1:55	2:00	2:07	2:12	2:18	2:22	2:27	2:33	2:38	
2:07	2:10	2:15	2:20	2:27	2:32	2:38	2:42	2:47	2:53	2:58	
2:27	2:30	2:35	2:40	2:47	2:52	2:58	3:02	3:07	3:13	3:18	
2:47	2:50	2:55	3:00	3:07	3:12	3:18	3:22	3:27	3:33	3:38	
3:07	3:10	3:15	3:20	3:27	3:32	3:38	3:42	3:47	3:53	3:58	
3:27	3:30	3:35	3:40	3:47	3:52	3:58	4:02	4:07	4:13	4:18	
3:47	3:50	3:55	4:00	4:07	4:12	4:18	4:22	4:27	4:33	4:38	
4:07	4:10	4:15	4:20	4:27	4:32	4:38	4:42	4:47	4:53	4:58	
4:27	4:30	4:35	4:40	4:47	4:52	4:58	5:02	5:07	5:13	5:18	
4:47	4:50	4:55	5:00	5:07	5:12	5:18	5:22	5:27	5:33	5:38	
5:07	5:10	5:15	5:20	5:27	5:32	5:38	5:42	5:47	5:53	5:58	
5:22	5:25	5:30	5:35	5:42	5:47	5:53	5:57	6:02	6:08	6:13	
5:33	5:36	5:41	5:46	5:53	5:58	6:04	6:08	6:13	6:20	6:25	
5:45	5:48	5:53	5:58	6:05	6:10	6:16	6:20	6:25	6:32	6:37	
5:55	5:58	6:03	6:08	6:15	6:20	6:26	6:30	6:35	6:42	6:47	
6:05	6:08	6:13	6:18	6:25	6:30	6:36	6:40	6:45	6:52	6:57	
6:14	6:18	6:22	6:27	6:35	6:39	6:46	6:49	6:55	7:02	7:07	
6:24	6:28	6:32	6:37	6:45	6:49	6:56	6:59	7:05	7:12	7:17	
6:34	6:37	6:42	6:47	6:54	6:59	7:05	7:09	7:14	7:22	7:27	
6:42	6:45	6:50	6:55	7:02	7:07	7:13	7:17	7:22	7:31	7:36	
6:49	6:52	6:57	7:02	7:09	7:14	7:20	7:24	7:29	7:38	7:43	
6:55	6:58	7:03	7:08	7:15	7:20	7:26	7:30	7:35	7:44	7:49	
7:01	7:04	7:09	7:14	7:21	7:26	7:32	7:36	7:41	7:50	7:55	
7:07	7:10	7:15	7:20	7:27	7:32	7:38	7:42	7:47	7:56	8:01	

Then every 6 minutes until:

12:07	12:10	12:15	12:20	12:27	12:32	12:38	12:42	12:47	12:56	1:01	
12:13	12:16	12:21	12:26	12:33	12:38	12:44	12:48	12:53	1:02	1:07	
12:19	12:22	12:27	12:32	12:39	12:44	12:50	12:54	12:59	1:08	1:13	
12:25	12:28	12:33	12:38	12:45	12:50	12:56	1:00	1:05	1:14	1:19	
12:31	12:34	12:39	12:44	12:51	12:56	1:02	1:06	1:11	1:20	1:25	
12:37	12:40	12:45	12:50	12:57	1:02	1:08	1:12	1:17	1:26	1:31	
12:43	12:46	12:51	12:56	1:03	1:08	1:14	1:18	1:23	1:32	1:37	
12:49	12:52	12:57	1:02	1:09	1:14	1:20	1:24	1:29	1:38	1:43	
12:55	12:58	1:03	1:08	1:15	1:20	1:26	1:30	1:35	1:44	1:49	
1:01	1:04	1:09	1:14	1:21	1:26	1:32	1:36	1:41	1:50	1:55	
1:07	1:10	1:15	1:20	1:27	1:32	1:38	1:42	1:47	1:56	2:01	

Then every 6 minutes until:

7:43	7:46	7:51	7:56	8:03	8:08	8:14	8:18	8:23	8:32	8:37	
7:49	7:52	7:57	8:02	8:09	8:14	8:20	8:24	8:29	8:38	8:43	
7:55	7:58	8:03	8:08	8:15	8:20	8:26	8:30	8:35	8:44	8:49	
8:01	8:04	8:09	8:14	8:21	8:26	8:32	8:36	8:41	8:50	8:55	
8:07	8:10	8:15	8:20	8:27	8:32	8:38	8:42	8:47	8:56	9:01	
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8:19	8:22	8:27	8:32	8:39	8:44	8:50	8:54	8:59	9:08	9:13	
8:25	8:28	8:33	8:38	8:45	8:50	8:56	9:00	9:05	9:14	9:19	
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8:40	8:43	8:48	8:53	9:00	9:05	9:11	9:15	9:20	9:28	9:33	
8:48	8:51	8:56	9:01	9:08	9:13	9:19	9:23	9:28	9:36	9:41	
8:56	8:59	9:04	9:09	9:16	9:21	9:27	9:31	9:36	9:44	9:49	
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9:12	9:15	9:20	9:25	9:32	9:37	9:43	9:47	9:52	10:00	10:05	
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9:52	9:55	10:00	10:05	10:12	10:17	10:23	10:27	10:32	10:40	10:45	
10:00	10:03	10:08	10:13	10:20	10:25	10:31	10:35	10:40	10:48	10:53	
10:08	10:11	10:16	10:21	10:28	10:33	10:39	10:43	10:48	10:56	11:01	
10:16	10:19	10:24	10:29	10:36	10:41	10:47	10:51	10:56	11:04	11:09	
10:24	10:27	10:32	10:37	10:44	10:49	10:55	10:59	11:04	11:12	11:17	
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11:44	11:48	11:52	11:57	12:05	12:09	12:16	12:19	12:25	12:33	12:38	
11:54	11:57	12:02	12:07	12:14	12:19	12:25	12:29	12:34	12:42	12:47	

Saturday Service

1 Northbound

From South Ferry, Manhattan, to Van Cortlandt Park-242 St, Bronx

South Ferry	Chambers St	14 St	Times Sq 42 St	59 St Columbus Cir	96 St	116 St	168 St	Dyckman St	Mrbl Hill 225 St	Vn Crldnt Pk 242 St
12:08	12:13	12:19	12:25	12:28	12:35	12:39	12:47	12:52	12:56	1:01
12:18	12:23	12:29	12:35	12:38	12:45	12:49	12:57	1:02	1:06	1:11
12:29	12:34	12:40	12:46	12:49	12:56	1:00	1:08	1:13	1:17	1:22
12:43	12:48	12:54	1:00	1:03	1:10	1:14	1:22	1:27	1:31	1:36
12:58	1:03	1:09	1:15	1:18	1:25	1:29	1:37	1:42	1:46	1:51
1:13	1:18	1:24	1:30	1:33	1:40	1:44	1:52	1:57	2:01	2:06
1:29	1:35	1:41	1:46	1:50	1:56	2:00	2:08	2:13	2:17	2:22
1:49	1:55	2:01	2:06	2:10	2:16	2:20	2:28	2:33	2:37	2:42
2:09	2:15	2:21	2:26	2:30	2:36	2:40	2:48	2:53	2:57	3:02
2:29	2:35	2:41	2:46	2:50	2:56	3:00	3:08	3:13	3:17	3:22
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6:19	6:24	6:30	6:36	6:40	6:46	6:50	6:58	7:03	7:07	7:13
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7:11	7:16	7:23	7:29	7:32	7:39	7:43	7:51	7:56	8:00	8:05
7:21	7:26	7:33	7:39	7:42	7:49	7:53	8:01	8:06	8:10	8:15
7:31	7:36	7:43	7:49	7:52	7:59	8:03	8:11	8:16	8:20	8:25
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Then every 6 minutes until:

1:21	1:27	1:33	1:39	1:43	1:50	1:54	2:02	2:07	2:11	2:17
1:27	1:33	1:39	1:45	1:49	1:56	2:00	2:08	2:13	2:17	2:23
1:33	1:39	1:45	1:51	1:55	2:02	2:06	2:14	2:19	2:23	2:29
1:39	1:45	1:51	1:57	2:01	2:08	2:12	2:20	2:25	2:29	2:35
1:45	1:51	1:57	2:03	2:07	2:14	2:18	2:26	2:31	2:35	2:41
1:51	1:57	2:03	2:09	2:13	2:20	2:24	2:32	2:37	2:41	2:47
1:57	2:03	2:09	2:15	2:19	2:26	2:30	2:38	2:43	2:47	2:53
2:03	2:09	2:15	2:21	2:25	2:32	2:36	2:44	2:49	2:53	2:59
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Then every 6 minutes until:

8:27	8:33	8:39	8:45	8:49	8:56	9:00	9:08	9:13	9:17	9:23
8:33	8:39	8:45	8:51	8:55	9:02	9:06	9:14	9:19	9:23	9:29
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11:05	11:10	11:16	11:22	11:25	11:32	11:36	11:44	11:49	11:53	11:59
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11:53	11:58	12:04	12:10	12:13	12:20	12:24	12:32	12:37	12:41	12:47

Sunday Service

1 Southbound

From Van Cortlandt Park-242 St, Bronx, to South Ferry, Manhattan

Vn 242 St	CrtldntPk 225 St	MrbIHill Dyckman St	168 St	116 St	96 St	59 St Columbus Cir	Times Sq 42 St	14 St	Chambers St	South Ferry
12:08	12:11	12:16	12:21	12:28	12:33	12:39	12:43	12:48	12:56	1:01
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1:07	1:10	1:15	1:20	1:27	1:32	1:38	1:42	1:47	1:53	1:58
1:27	1:30	1:35	1:40	1:47	1:52	1:58	2:02	2:07	2:13	2:18
1:47	1:50	1:55	2:00	2:07	2:12	2:18	2:22	2:27	2:33	2:38
2:07	2:10	2:15	2:20	2:27	2:32	2:38	2:42	2:47	2:53	2:58
2:27	2:30	2:35	2:40	2:47	2:52	2:58	3:02	3:07	3:13	3:18
2:47	2:50	2:55	3:00	3:07	3:12	3:18	3:22	3:27	3:33	3:38
3:07	3:10	3:15	3:20	3:27	3:32	3:38	3:42	3:47	3:53	3:58
3:27	3:30	3:35	3:40	3:47	3:52	3:58	4:02	4:07	4:13	4:18
3:47	3:50	3:55	4:00	4:07	4:12	4:18	4:22	4:27	4:33	4:38
4:07	4:10	4:15	4:20	4:27	4:32	4:38	4:42	4:47	4:53	4:58
4:27	4:30	4:35	4:40	4:47	4:52	4:58	5:02	5:07	5:13	5:18
4:47	4:50	4:55	5:00	5:07	5:12	5:18	5:22	5:27	5:33	5:38
5:07	5:10	5:15	5:20	5:27	5:32	5:38	5:42	5:47	5:53	5:58
5:27	5:30	5:35	5:40	5:47	5:52	5:58	6:02	6:07	6:13	6:18
5:47	5:50	5:55	6:00	6:07	6:12	6:18	6:22	6:27	6:33	6:38
6:07	6:10	6:15	6:20	6:27	6:32	6:38	6:42	6:47	6:53	6:58
6:27	6:30	6:35	6:40	6:47	6:52	6:58	7:02	7:07	7:13	7:18
6:46	6:50	6:54	6:59	7:07	7:11	7:18	7:21	7:27	7:33	7:38
7:00	7:05	7:09	7:14	7:22	7:26	7:33	7:36	7:42	7:48	7:53
7:15	7:19	7:23	7:28	7:36	7:40	7:47	7:50	7:56	8:03	8:08
7:29	7:32	7:37	7:42	7:49	7:54	8:00	8:04	8:09	8:17	8:22
7:41	7:44	7:49	7:54	8:01	8:06	8:12	8:16	8:21	8:29	8:34
7:53	7:56	8:01	8:06	8:13	8:18	8:24	8:28	8:33	8:41	8:46
8:05	8:08	8:13	8:18	8:25	8:30	8:36	8:40	8:45	8:53	8:58
8:17	8:20	8:25	8:30	8:37	8:42	8:48	8:52	8:57	9:05	9:10
8:29	8:32	8:37	8:42	8:49	8:54	9:00	9:04	9:09	9:17	9:22
8:39	8:42	8:47	8:52	8:59	9:04	9:10	9:14	9:19	9:27	9:32
8:49	8:52	8:57	9:02	9:09	9:14	9:20	9:24	9:29	9:37	9:42
8:59	9:02	9:07	9:12	9:19	9:24	9:30	9:34	9:39	9:47	9:52
9:09	9:12	9:17	9:22	9:29	9:34	9:40	9:44	9:49	9:57	10:02
9:19	9:22	9:27	9:32	9:39	9:44	9:50	9:54	9:59	10:07	10:12
9:27	9:30	9:35	9:40	9:47	9:52	9:58	10:02	10:07	10:15	10:20
9:35	9:38	9:43	9:48	9:55	10:00	10:06	10:10	10:15	10:23	10:28
9:43	9:46	9:51	9:56	10:03	10:08	10:14	10:18	10:23	10:31	10:36
9:49	9:52	9:57	10:02	10:09	10:14	10:20	10:24	10:29	10:38	10:43
9:55	9:58	10:03	10:08	10:15	10:20	10:26	10:30	10:35	10:44	10:49
10:01	10:04	10:09	10:14	10:21	10:26	10:32	10:36	10:41	10:50	10:55

Then every 6 minutes until:

1:55	1:58	2:03	2:08	2:15	2:20	2:26	2:30	2:35	2:44	2:49
2:01	2:04	2:09	2:14	2:21	2:26	2:32	2:36	2:41	2:50	2:55
2:07	2:10	2:15	2:20	2:27	2:32	2:38	2:42	2:47	2:56	3:01
2:13	2:16	2:21	2:26	2:33	2:38	2:44	2:48	2:53	3:02	3:07
2:19	2:22	2:27	2:32	2:39	2:44	2:50	2:54	2:59	3:08	3:13
2:25	2:28	2:33	2:38	2:45	2:50	2:56	3:00	3:05	3:14	3:19
2:31	2:34	2:39	2:44	2:51	2:56	3:02	3:06	3:11	3:20	3:25

Then every 6 minutes until:

6:07	6:10	6:15	6:20	6:27	6:32	6:38	6:42	6:47	6:56	7:01
6:13	6:16	6:21	6:26	6:33	6:38	6:44	6:48	6:53	7:02	7:07
6:19	6:22	6:27	6:32	6:39	6:44	6:50	6:54	6:59	7:08	7:13
6:26	6:29	6:34	6:39	6:46	6:51	6:57	7:01	7:06	7:15	7:20
6:34	6:37	6:42	6:47	6:54	6:59	7:05	7:09	7:14	7:23	7:28
6:42	6:45	6:50	6:55	7:02	7:07	7:13	7:17	7:22	7:31	7:36
6:50	6:53	6:58	7:03	7:10	7:15	7:21	7:25	7:30	7:39	7:44
6:58	7:01	7:06	7:11	7:18	7:23	7:29	7:33	7:38	7:47	7:52

Then every 8 minutes until:

8:34	8:38	8:42	8:47	8:55	8:59	9:06	9:09	9:15	9:23	9:28
8:43	8:46	8:51	8:56	9:03	9:08	9:14	9:18	9:23	9:31	9:36
8:53	8:56	9:01	9:06	9:13	9:18	9:24	9:28	9:33	9:41	9:46
9:03	9:06	9:11	9:16	9:23	9:28	9:34	9:38	9:43	9:51	9:56
9:13	9:16	9:21	9:26	9:33	9:38	9:44	9:48	9:53	10:01	10:06
9:23	9:26	9:31	9:36	9:43	9:48	9:54	9:58	10:03	10:11	10:16
9:33	9:36	9:41	9:46	9:53	9:58	10:04	10:08	10:13	10:21	10:26
9:43	9:46	9:51	9:56	10:03	10:08	10:14	10:18	10:23	10:31	10:36
9:53	9:56	10:01	10:06	10:13	10:18	10:24	10:28	10:33	10:40	10:45
10:05	10:08	10:13	10:18	10:25	10:30	10:36	10:40	10:45	10:52	10:57
10:17	10:20	10:25	10:30	10:37	10:42	10:48	10:52	10:57	11:04	11:09
10:29	10:32	10:37	10:42	10:49	10:54	11:00	11:04	11:09	11:16	11:21
10:41	10:44	10:49	10:54	11:01	11:06	11:12	11:16	11:21	11:28	11:33
10:53	10:56	11:01	11:06	11:13	11:18	11:24	11:28	11:33	11:40	11:45
11:07	11:10	11:15	11:20	11:27	11:32	11:38	11:42	11:47	11:54	11:59
11:22	11:25	11:30	11:35	11:42	11:47	11:53	11:57	12:02	12:09	12:14
11:37	11:40	11:45	11:50	11:57	12:02	12:08	12:12	12:17	12:24	12:29
11:54	11:57	12:02	12:07	12:14	12:19	12:25	12:29	12:34	12:42	12:47

Sunday Service

1 Northbound

From South Ferry, Manhattan, to Van Cortlandt Park-242 St, Bronx

South Ferry	Chambers St	14 St	Times Sq 42 St	59 St Columbus Cir	96 St	116 St	168 St	Dyckman St	Mrbl Hill 225 St	Vn Crlndt Pk 242 St
12:01	12:06	12:12	12:18	12:21	12:28	12:32	12:40	12:45	12:49	12:55
12:09	12:14	12:20	12:26	12:29	12:36	12:40	12:48	12:53	12:57	1:03
12:17	12:22	12:28	12:34	12:37	12:44	12:48	12:56	1:01	1:05	1:13
12:25	12:30	12:36	12:42	12:45	12:52	12:56	1:04	1:09	1:13	1:19
12:33	12:38	12:44	12:50	12:53	1:00	1:04	1:12	1:17	1:21	1:29
12:41	12:46	12:52	12:58	1:01	1:08	1:12	1:20	1:25	1:29	1:35
12:49	12:54	1:00	1:06	1:09	1:16	1:20	1:28	1:33	1:37	1:42
12:58	1:03	1:09	1:15	1:18	1:25	1:29	1:37	1:42	1:46	1:51
1:13	1:18	1:24	1:30	1:33	1:40	1:44	1:52	1:57	2:01	2:06
1:29	1:35	1:41	1:46	1:50	1:56	2:00	2:08	2:13	2:17	2:22
1:49	1:55	2:01	2:06	2:10	2:16	2:20	2:28	2:33	2:37	2:42
2:09	2:15	2:21	2:26	2:30	2:36	2:40	2:48	2:53	2:57	3:02
2:29	2:35	2:41	2:46	2:50	2:56	3:00	3:08	3:13	3:17	3:22
2:49	2:55	3:01	3:06	3:10	3:16	3:20	3:28	3:33	3:37	3:42
3:09	3:15	3:21	3:26	3:30	3:36	3:40	3:48	3:53	3:57	4:02
3:29	3:35	3:41	3:46	3:50	3:56	4:00	4:08	4:13	4:17	4:22
3:49	3:55	4:01	4:06	4:10	4:16	4:20	4:28	4:33	4:37	4:42
4:09	4:15	4:21	4:26	4:30	4:36	4:40	4:48	4:53	4:57	5:02
4:29	4:35	4:41	4:46	4:50	4:56	5:00	5:08	5:13	5:17	5:22
4:49	4:55	5:01	5:06	5:10	5:16	5:20	5:28	5:33	5:37	5:42
5:09	5:15	5:21	5:26	5:30	5:36	5:40	5:48	5:53	5:57	6:02
5:29	5:35	5:41	5:46	5:50	5:56	6:00	6:08	6:13	6:17	6:22
5:49	5:55	6:01	6:06	6:10	6:16	6:20	6:28	6:33	6:37	6:42
6:09	6:15	6:21	6:26	6:30	6:36	6:40	6:48	6:53	6:57	7:02
6:29	6:35	6:41	6:46	6:50	6:56	7:00	7:08	7:13	7:17	7:22
6:49	6:55	7:01	7:06	7:10	7:16	7:20	7:28	7:33	7:37	7:42
7:09	7:15	7:21	7:26	7:30	7:36	7:40	7:48	7:53	7:57	8:03
7:29	7:35	7:41	7:46	7:50	7:56	8:00	8:08	8:13	8:17	8:23
7:49	7:55	8:01	8:07	8:10	8:17	8:21	8:29	8:34	8:38	8:44
8:05	8:10	8:16	8:22	8:26	8:33	8:37	8:45	8:50	8:54	8:59
8:20	8:25	8:31	8:37	8:41	8:48	8:52	9:00	9:05	9:09	9:14
8:35	8:40	8:46	8:52	8:56	9:03	9:07	9:15	9:20	9:24	9:29
8:50	8:55	9:01	9:07	9:11	9:18	9:22	9:30	9:35	9:39	9:44
9:05	9:10	9:16	9:22	9:26	9:33	9:37	9:45	9:50	9:54	9:59
9:18	9:23	9:29	9:35	9:39	9:46	9:50	9:58	10:03	10:07	10:12
9:26	9:31	9:37	9:43	9:47	9:54	9:58	10:06	10:11	10:15	10:20
9:38	9:43	9:50	9:56	9:59	10:06	10:10	10:18	10:23	10:27	10:33
9:48	9:53	10:00	10:06	10:09	10:16	10:20	10:28	10:33	10:37	10:43
9:58	10:03	10:10	10:16	10:19	10:26	10:30	10:38	10:43	10:47	10:53
10:08	10:13	10:20	10:26	10:29	10:36	10:40	10:48	10:53	10:57	11:03
10:17	10:22	10:29	10:35	10:38	10:45	10:49	10:57	11:02	11:06	11:12
10:25	10:30	10:37	10:43	10:46	10:53	10:57	11:05	11:10	11:14	11:20
10:33	10:38	10:45	10:51	10:54	11:01	11:05	11:13	11:18	11:22	11:28
10:40	10:45	10:52	10:58	11:01	11:08	11:12	11:20	11:25	11:29	11:35
10:45	10:51	10:57	11:03	11:07	11:14	11:18	11:26	11:31	11:35	11:41
10:51	10:57	11:03	11:09	11:13	11:20	11:24	11:32	11:37	11:41	11:47
10:57	11:03	11:09	11:15	11:19	11:26	11:30	11:38	11:43	11:47	11:53
11:03	11:09	11:15	11:21	11:25	11:32	11:36	11:44	11:49	11:53	11:59

Then every 6 minutes until:

7:22	7:27	7:34	7:40	7:43	7:50	7:54	8:02	8:07	8:11	8:18
7:30	7:35	7:42	7:48	7:51	7:58	8:02	8:10	8:15	8:19	8:26
7:38	7:43	7:50	7:56	7:59	8:06	8:10	8:18	8:23	8:27	8:34
7:46	7:51	7:58	8:04	8:07	8:14	8:18	8:26	8:31	8:35	8:42
7:54	7:59	8:06	8:12	8:15	8:22	8:26	8:34	8:39	8:43	8:50
8:02	8:07	8:14	8:20	8:23	8:30	8:34	8:42	8:47	8:51	8:58
8:10	8:15	8:22	8:28	8:31	8:38	8:42	8:50	8:55	8:59	9:06
8:18	8:23	8:30	8:36	8:39	8:46	8:50	8:58	9:03	9:07	9:14
8:26	8:31	8:38	8:44	8:47	8:54	8:58	9:06	9:11	9:15	9:22
8:34	8:39	8:46	8:52	8:55	9:02	9:06	9:14	9:19	9:23	9:30
8:42	8:47	8:54	9:00	9:03	9:10	9:14	9:22	9:27	9:31	9:38
8:50	8:55	9:02	9:08	9:11	9:18	9:22	9:30	9:35	9:39	9:46
8:58	9:03	9:10	9:16	9:19	9:26	9:30	9:38	9:43	9:47	9:54
9:06	9:11	9:18	9:24	9:27	9:34	9:38	9:46	9:51	9:55	10:02
9:14	9:19	9:26	9:32	9:35	9:42	9:46	9:54	9:59	10:03	10:10
9:22	9:27	9:34	9:40	9:43	9:50	9:54	10:02	10:07	10:11	10:18
9:30	9:35	9:41	9:47	9:51	9:58	10:02	10:10	10:15	10:19	10:25
9:38	9:43	9:49	9:55	9:59	10:06	10:10	10:18	10:23	10:27	10:33
9:48	9:53	9:59	10:05	10:09	10:16	10:20	10:28	10:33	10:37	10:43
9:58	10:03	10:09	10:15	10:19	10:26	10:30	10:38	10:43	10:47	10:52
10:08	10:13	10:19	10:25	10:29	10:36	10:40	10:48	10:53	10:57	11:02
10:18	10:23	10:29	10:35	10:39	10:46	10:50	10:58	11:03	11:07	11:12
10:28	10:33	10:39	10:45	10:49	10:56	11:00	11:08	11:13	11:17	11:22
10:38	10:44	10:50	10:56	10:59	11:06	11:10	11:18	11:23	11:27	11:32
10:50	10:55	11:01	11:07	11:11	11:18	11:22	11:30	11:35	11:39	11:44
11:01	11:06	11:12	11:18	11:22	11:29	11:33	11:41	11:46	11:50	11:55
11:12	11:17	11:23	11:29	11:33	11:40	11:44	11:52	11:57	12:01	12:06
11:24	11:29	11:35	11:41	11:44	11:51	11:55	12:03	12:08	12:12	12:17
11:36	11:41	11:47	11:53	11:56	12:03	12:07	12:15	12:20	12:24	12:29
11:48	11:53	11:59	12:05	12:08	12:15	12:19	12:27	12:32	12:36	12:41