



... REACH ... DREAM ... SUCCEED ...

TRAINING, HEALTH, INSPIRATION, NUTRITION & KNOWLEDGE

T.H.I.N.K GOLD

PRESENTED BY THE SAN FRANCISCO 49ERS & FC GOLD PRIDE

APRIL 9, 2010 • 8 AM TO 2:30 PM

You are invited to participate in a life-changing day of learning, hands on workshops, networking, and inspirational messages from the San Francisco 49ers, FC Gold Pride, and the Bay Area Women's Sports Initiative (BAWSI)



Open to female athletes ages 14 – 18 who are enrolled in high school.

Components include



- Meet **BRANDI CHASTAIN** – Olympic gold medalist (soccer) and BAWSI Co-Founder, **JESSICA MENDOZA** – Olympic gold medalist (softball) and Women's Sports Foundation Board Member & members of the San Francisco 49ers
- Breakout sessions focusing on health, nutrition, and balancing school, family, & athletics
- A chance to network with fellow female athletes from the San Francisco Bay Area
- Peak performance workshop on the 49ers Practice Field led by San Francisco 49ers Strength and Conditioning Coach, Duane Carlisle and Brandi Chastain
- Bay Area Women's Sports Initiative (BAWSI) session on charting a path to success
- Roundtable, small group discussions with female Olympians and professional athletes
- High energy ice breakers and team building activities
- Door prizes including a **FLIP**, 49ers and FC Gold Pride event tickets, apparel, and more
- Breakfast, lunch and snacks
- Event apparel and informational packet
- Located at 49ers HQs – 4949 Centennial Blvd., Santa Clara
- Cost = \$25 (scholarships are available)



To **APPLY** to participate, complete the following questions and return by **MARCH 20, 2010** to: Jared Muela at San Francisco 49ers, 4949 Centennial Boulevard, Santa Clara, CA 95054 along with a **\$25 check** written to the San Francisco 49ers. Scholarships are available. Space is limited – apply early!

Name _____ Shirt Size _____

School/Year _____

Date of Birth _____ Emergency Contact Name/Number _____

E-mail address _____ Phone # _____

Home address _____

Which sports do you participate in and at what level (Varsity/JV, club, etc.)? What awards have you received for your participation in athletics?

What is your proudest accomplishment and why? (not limited to sports)

How does your participation in sports impact your life and how can it impact the lives of others?

Why do you want to participate in the San Francisco 49ers/FC Gold Pride T.H.I.N.K. GOLD Conference?

LIABILITY AND IMAGE RELEASE STATEMENT IF UNDER 18 YEARS OLD

I approve of my child's attendance and participation in the San Francisco 49ers / FC Gold Pride T.H.I.N.K. GOLD Conference (hereinafter "the event") and certify that she is in good health and able to participate fully in any and all of the program activities. I fully understand that my child's participation in such an event may be physically demanding and may involve the risk of serious injury or death, including economic losses which may result not only from my child's own actions, inactions or negligence, but from the actions, inactions or negligence of others, the condition of the facilities, equipment or areas where the event is being conducted and the rules of play of this type of event or activity. I authorize the event staff to attend to any health problems or injury my child may sustain while participating in the conference. I KNOWINGLY RELEASE, IMDEMNIFY, HOLD HARMLESS and DISCHARGE the San Francisco 49ers, Ltd., (hereinafter "49ers"), FC Gold Pride, the Bay Area Women's Sports Initiative (BAWSI), and/or the general partners, officers, directors, related entities volunteers, employees, representatives, and agents of the 49ers as well as any sponsor of the event (collectively "Benefited Parties") from any and all claims or liability that may arise in any way out of my child's attendance at or participation in the event, whether the injury, loss or damage is caused in any way in whole or in part by negligence, gross negligence, carelessness, or other acts of the 49ers and/or of the Benefited Parties. I acknowledge that I am responsible for any and all medical expenses, damages or other costs related to treating any injury or illness to my child. I HEREBY AFFIRM AND ACKNOWLEDGE THAT I HAVE READ THIS DOCUMENT, UNDERSTAND ITS CONTENTS AND AGREE TO BE BOUND THEREBY.

I further authorize the T.H.I.N.K. GOLD Conference, the 49ers, the FC Gold Pride, BAWSI, and the National Football League, any event sponsor, as well as their partners, parents, affiliates, divisions, employees, agents or assigns to use my child's name, likeness and/or photo while participating in the event without further compensation in any promotional campaigns or materials or publicity for the event, the 49ers, FC Gold Pride, BAWSI, ATHENA or any event sponsor and their successors and assigns.

LIABILITY AND IMAGE RELEASE STATEMENT IF **OVER 18 YEARS OLD**

I, _____ ("Participant"), have requested the use of the Marie P. DeBartolo Sports Centre and related equipment facilities, including parking facilities, and/or the provision of lessons, instruction, and/or training related to athletic activities and the playing of athletic activities (individually and collectively "Activities") at the Marie P. DeBartolo Sports Centre. I understand and acknowledge that serious accidents and injuries occasionally occur during activities at the Facility and/or through the use of the Facility in which those activities are held. I further understand and acknowledge that participating in or spectating at the activities may require me to perform strenuous activities, or to be exposed to activities, conditions, individuals, facilities, equipment or events which have the potential to cause death, serious injury, or property loss. I know the risks inherent in, and connected with, these Activities, conditions, individuals, facilities, equipment or events, and in the activities I will be performing. On behalf of myself, my executors, administrators, heirs, successors, assigns, and next of kin, I HEREBY ASSUME THE RISKS INHERENT IN, AND/OR IN ANY WAY CONNECTED WITH, ATTENDING, PARTICIPATING IN, AND SPECTATING AT ACTIVITIES AT THE FACILITY.

I KNOWINGLY RELEASE, INDEMNIFY, HOLD HARMLESS, AND DISCHARGE the following persons and entities: the San Francisco Forty Niners, Ltd. (hereinafter "49ers"), FC Gold Pride, BAWSI, and/or the general partners, officers, directors, related entities volunteers, employees, representatives, and agents of the 49ers as well as any sponsor of the Activities (collectively "Benefited Parties") in connection with any claim arising from or in any way connected with my use of, or presence at the Facility. I HEREBY WAIVE ANY AND ALL CLAIMS AGAINST THE 49ERS AND/OR THE BENEFITED PARTIES, nor will I bring any claim against 49ers and/or the Benefited Parties, related to, or connected with attending, participating in, or spectating at the Activities, and/or arising out of or connected with my use of, or my presence at the Facilities at which the Activities are held, whether the injury, loss or damage is caused in any way in whole or in part by negligence, gross negligence, carelessness, or other acts or failure to act of the 49ers and/or of the Benefited Parties. I HEREBY AFFIRM AND ACKNOWLEDGE THAT I HAVE READ THIS DOCUMENT. I HEREBY AFFIRM AND ACKNOWLEDGE THAT I UNDERSTAND ITS CONTENTS AND AGREE TO BE BOUND THEREBY.

I further authorize the T.H.I.N.K. GOLD Conference, the San Francisco Forty Niners, the FC Gold Pride, the Bay Area Women's Sports Initiative, ATHENA, the National Football League, any event sponsor, as well as their partners, parents, affiliates, divisions, employees, agents or assigns to use my name, likeness and/or photo while participating in the event without further compensation in any promotional campaigns or materials or publicity for the event, the 49ers, FC Gold Pride, BAWSI, ATHENA or any event sponsor and their successors and assigns.

Signature of Participant

Date

Parent or Guardian's signature (if under age 18)

Date

Parent or Guardian's name (please print legibly)

For questions or to request a **scholarship**, please contact Joanne at (408) 562-4992 or joanne.pasternack@niners.nfl.net.

Brought to you by the San Francisco 49ers (49ers.com)
FC Gold Pride (fcgoldpride.com),
and the Bay Area Women's Sports Initiative (BAWSI) (bawsi.org)!

49ERS

