

**Annex to the ITU Operational Bulletin**  
*No. 954 – 15.IV.2010*

**TSB**  
**TELECOMMUNICATION**  
**STANDARDIZATION BUREAU**  
**OF ITU**

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**LEGAL TIME 2010**

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**Geneva, 2010**

## LEGAL TIME 2010

### Note from TSB

1. The information contained in this Annex is also available on the ITU website:  
[www.itu.int/itu-t/bulletin/annex.html](http://www.itu.int/itu-t/bulletin/annex.html).

2.. Please address any comments or suggestions concerning this List to the Director of TSB:

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3.. The designations employed and the presentation of material in this List do not imply the expression of any opinion whatsoever on the part of ITU concerning the legal status of any country or geographical area, or of its authorities.

**Legal Time  
2010**

<i>Country/geographical area</i>	<i>Daylight saving time (DST) Start date</i>	<i>UTC Start date</i>
Afghanistan	No change – UTC +4.30	No change – UTC +4.30
Albania	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Algeria	No change – UTC +1	No change – UTC +1
American Samoa	No change – UTC -11	No change – UTC -11
Andorra	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Angola	No change – UTC +1	No change – UTC +1
Anguilla	No change – UTC -4	No change – UTC -4
Antigua and Barbuda	No change – UTC -4	No change – UTC -4
Argentina	No change – UTC -3	No change – UTC -3
Armenia	28.III.2010 – UTC+5	31.X.2010 – UTC+4
Aruba	No change – UTC -4	No change – UTC -4
Australia		
Melbourne, Victoria, New South Wales, Tasmania	3.X.2010 – UTC+11	4.X.2010 – UTC+10
Cocos-Keeling Islands	No change – UTC +6.30	No change – UTC +6.30
Christmas Island	No change – UTC +7	No change – UTC +7
Western Australia	No change – UTC +8	No change – UTC +8
Australian External Territories	No change – UTC +11.30	No change – UTC +11.30
Austria	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Azerbaijan	28.III.2010 – UTC+5	31.X.2010 – UTC+4
Bahamas	14.III.2010 – UTC-4	7.IX.2010 – UTC-5
Bahrain	No change – UTC +3	No change – UTC +3
Bangladesh	No change – UTC +6	No change – UTC +6
Barbados	No change – UTC -4	No change – UTC -4
Belarus	28.III.2010 – UTC+3	31.X.2010 – UTC+2
Belgium/	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Belize	No change – UTC -6	No change – UTC -6
Benin	No change – UTC +1	No change – UTC +1
Bermuda	14.III.2010 – UTC -3	7.IX.2010 – UTC -4
Bhutan	No change – UTC +6	No change – UTC +6
Bolivia (Plurinational State of)	No change – UTC-4	No change – UTC-4
Bosnia and Herzegovina	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Botswana	No change – UTC +2	No change – UTC +2
Brazil		
Rio de Janeiro, and most locations	17.X.2010 – UTC -2	21.II.2010 – UTC -3
Other states	No change – UTC-3	No change – UTC-3
British Virgin Islands	No change – UTC -4	No change – UTC -4
Brunei Darussalam	No change – UTC +8	No change – UTC +8
Bulgaria	28.III.2010 – UTC+3	31.X.2010 – UTC+2

<i>Country/geographical area</i>	<i>Daylight saving time (DST) Start date</i>	<i>UTC Start date</i>
Burkina Faso	No change – UTC	No change – UTC
Burundi	No change – UTC +2	No change – UTC +2
Cambodia	No change – UTC +7	No change – UTC +7
Cameroon	No change – UTC +1	No change – UTC +1
Canada		
Alberta	14.III.2010 – UTC -6	7.XI.2010 – UTC -7
British Columbia	14.III.2010 – UTC -7	7.XI.2010 – UTC -8
Manitoba	14.III.2010 – UTC -5	7.XI.2010 – UTC -6
New Brunswick	14.III.2010 – UTC -3	7.XI.2010 – UTC -4
Newfoundland	14.III.2010 – time difference varies	7.XI.2010 – time difference varies
Northwest Territories	14.III.2010 – time difference varies	7.XI.2010 – time difference varies
Nova Scotia	14.III.2010 – UTC -3	7.XI.2010 – UTC -4
Ontario	14.III.2010 – UTC -4	7.XI.2010 – UTC -5
Prince Edward island	14.III.2010 – UTC -3	7.XI.2010 – UTC -4
Quebec	14.III.2010 – UTC -4	7.XI.2010 – UTC -5
Yukon	14.III.2010 – time difference varies	7.XI.2010 – time difference varies
Saskatchewan	No change – UTC -6	No change – UTC -6
Cape Verde	No change – UTC -1	No change – UTC -1
Cayman Islands	No change – UTC -5	No change – UTC -5
Central African Rep.	No change – UTC +1	No change – UTC +1
Chad	No change – UTC +1	No change – UTC +1
Chile	10.X.2010 – UTC -3	4.IV.2010 – UTC -4
China	No change – UTC +8	No change – UTC +8
Colombia	No change – UTC -5	No change – UTC -5
Comoros	No change – UTC +3	No change – UTC +3
Congo	No change – UTC +1	No change – UTC +1
Cook Islands	No change – UTC -10	No change – UTC -10
Costa Rica	No change – UTC -6	No change – UTC -6
Côte d'Ivoire	No change – UTC	No change – UTC
Croatia	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Cuba	14.III.2010 – UTC-4	31.X.2010 – UTC-5
Cyprus	28.III.2010 – UTC+3	31.X.2010 – UTC+2
Czech Rep.	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Dem. People's Rep. of Korea	No change – UTC +9	No change – UTC +9
Dem. Rep. of the Congo	No change – UTC +1	No change – UTC +1
Denmark	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Diego Garcia	No change – UTC +6	No change – UTC +6
Djibouti	No change – UTC +3	No change – UTC +3

<i>Country/geographical area</i>	<i>Daylight saving time (DST) Start date</i>	<i>UTC Start date</i>
Dominica	No change – UTC -4	No change – UTC -4
Dominican Rep.	No change – UTC -4	No change – UTC -4
Ecuador	No change – UTC -5	No change – UTC -5
Egypt	30.IV.2010 – UTC +3	6.VIII.2010 – UTC +2
El Salvador	No change – UTC -6	No change – UTC -6
Equatorial Guinea	No change – UTC +1	No change – UTC +1
Eritrea	No change – UTC +3	No change – UTC +3
Estonia	28.III.2010 – UTC+3	31.X.2010 – UTC+2
Ethiopia	No change – UTC +3	No change – UTC +3
Falkland Islands (Malvinas)	5.IX.2010 – UTC -3	18.IV.2010 – UTC -4
Faroe Islands	28.III.2010 – UTC +1	31.X.2010 – UTC
Fiji	24.X.2010 – UTC +13	28.III.2010 – UTC +12
Finland	28.III.2010 – UTC+3	31.X.2010 – UTC+2
France	28.III.2010 – UTC+2	31.X.2010 – UTC+1
French Departments and Territories in the Indian Ocean	No change – UTC+4	No change – UTC+4
French Guiana	No change – UTC -3	No change – UTC -3
French Polynesia	No change – UTC -10	No change – UTC -10
Gabon	No change – UTC +1	No change – UTC +1
Gambia	No change – UTC	No change – UTC
Georgia	No change – UTC +4	No change – UTC +4
Germany	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Ghana	No change – UTC	No change – UTC
Gibraltar	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Greece	28.III.2010 – UTC+3	31.X.2010 – UTC+2
Greenland	27.III.2010 – UTC-2	30.X.2010 – UTC-3
Grenada	No change – UTC -4	No change – UTC -4
Guadeloupe	No change – UTC -4	No change – UTC -4
Guam	No change – UTC +10	No change – UTC +10
Guatemala	No change – UTC -6	No change – UTC -6
Guinea	No change – UTC	No change – UTC
Guinea-Bissau	No change – UTC	No change – UTC
Guyana	No change – UTC -4	No change – UTC -4
Haiti	No change – UTC -5	No change – UTC -5
Honduras	No change – UTC -6	No change – UTC -6
Hong Kong, China	No change – UTC +8	No change – UTC +8
Hungary	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Iceland	No change – UTC	No change – UTC
India	No change – UTC +5.30	No change – UTC +5.30
Indonesia	No change – UTC +7	No change – UTC +7
Iran (Islamic Republic of)	22.III.2010 – UTC+4.30	22.IX.2010 – UTC+3.30
Iraq	No change – UTC +3	No change – UTC +3
Ireland	28.III.2010 – UTC +1	31.X.2010 – UTC
Israel	26.III.2010 – UTC+3	12.IX.2010 – UTC+2

<i>Country/geographical area</i>	<i>Daylight saving time (DST) Start date</i>	<i>UTC Start date</i>
Italy	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Jamaica	No change – UTC -5	No change – UTC -5
Japan	No change – UTC +9	No change – UTC +9
Jordan	26.III.2010 – UTC+3	29.X.2010 – UTC+2
Kazakhstan	No change – UTC +6	No change – UTC +6
Kenya	No change – UTC +3	No change – UTC +3
Kiribati	No change – UTC +12	No change – UTC +12
Korea (Rep. of)	No change – UTC +9	No change – UTC +9
Kuwait	No change – UTC +3	No change – UTC +3
Kyrgyzstan	No change – UTC +6	No change – UTC +6
Lao P.D.R.	No change – UTC +7	No change – UTC +7
Latvia	28.III.2010 – UTC+3	31.X.2010 – UTC +2
Lebanon	28.III.2010 – UTC+3	31.X.2010 – UTC +2
Lesotho	No change – UTC +2	No change – UTC +2
Liberia	No change – UTC	No change – UTC
Libyan Arab Jamahriya	No change – UTC +2	No change – UTC +2
Liechtenstein	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Lithuania	28.III.2010 – UTC+3	31.X.2010 – UTC+2
Luxembourg	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Macao, China	No change – UTC +8	No change – UTC +8
Madagascar	No change – UTC +3	No change – UTC +3
Malawi	No change – UTC +2	No change – UTC +2
Malaysia	No change – UTC +8	No change – UTC +8
Maldives	No change – UTC +5	No change – UTC +5
Mali	No change – UTC	No change – UTC
Malta	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Marshall Islands	No change – UTC+12	No change – UTC+12
Martinique	No change – UTC-4	No change – UTC-4
Mauritania	No change – UTC	No change – UTC
Mauritius	No change – UTC +4	No change – UTC +4
Mayotte	No change – UTC +3	No change – UTC +3
Mexico Zona Centro Zona Noroeste Zona Pacífico	4.IV.2010 – UTC-5 4.IV.2010 – UTC-7 4.IV.2010 – UTC-6	31.X.2010 – UTC-6 31.X.2010 – UTC-8 31.X.2010 – UTC-7
Micronesia	No change – UTC +11	No change – UTC +11
Moldova (Republic of)	28.III.2010 – UTC+3	31.X.2010 – UTC+2
Monaco	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Mongolia	No change – UTC +8	No change – UTC +8
Montenegro	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Montserrat	No change – UTC -4	No change – UTC -4
Morocco	No change – UTC	No change – UTC
Mozambique	No change – UTC +2	No change – UTC +2
Myanmar	No change – UTC +6.30	No change – UTC +6.30

<i>Country/geographical area</i>	<i>Daylight saving time (DST) Start date</i>	<i>UTC Start date</i>
Namibia	5.IX.2010 – UTC+2	4.IV.2010 – UTC+1
Nauru	No change – UTC +12	No change – UTC +12
Nepal	No change – UTC +5.45	No change – UTC +5.45
Netherlands	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Netherlands Antilles	No change – UTC -4	No change – UTC -4
New Caledonia	No change – UTC +11	No change – UTC +11
New Zealand	26.IX.2010 – UTC+13	4.IV.2010 – UTC+12
Nicaragua	No change – UTC -6	No change – UTC -6
Niger	No change – UTC +1	No change – UTC +1
Nigeria	No change – UTC +1	No change – UTC +1
Niue	No change – UTC -11	No change – UTC -11
Northern Marianas	No change – UTC +10	No change – UTC +10
Norway	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Oman	No change – UTC +4	No change – UTC +4
Pakistan	No change – UTC +5	No change – UTC +5
Palau	No change – UTC +9	No change – UTC +9
Panama	No change – UTC -5	No change – UTC -5
Papua New Guinea	No change – UTC +10	No change – UTC +10
Paraguay	3.X.2010 – UTC -3	11.IV.2010 – UTC -4
Peru	No change – UTC -5	No change – UTC -5
Philippines	No change – UTC +8	No change – UTC +8
Poland	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Portugal	28.III.2010 – UTC +1	31.X.2010 – UTC
Puerto Rico	No change – UTC -4	No change – UTC -4
Qatar	No change – UTC +3	No change – UTC +3
Romania	28.III.2010 – UTC+3	31.X.2010 – UTC+2
Russian Federation Moscow, St. Petersburg Kaliningrad	28.III.2010 – UTC+4 28.III.2010 – UTC+3	31.X.2010 – UTC+3 31.X.2010 – UTC+2
Rwanda	No change – UTC +2	No change – UTC +2
Saint Helena, Ascension and Tristan da Cunha	No change – UTC	No change – UTC
Saint Kitts and Nevis	No change – UTC -4	No change – UTC -4
Saint Lucia	No change – UTC -4	No change – UTC -4
Saint Pierre and Miquelon	14.III.2010 – UTC-2	7.IX.2010 – UTC-3
Saint Vincent and the Grenadines	No change – UTC -4	No change – UTC -4
Samoa	No change – UTC -11	No change – UTC -11
San Marino	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Sao Tome and Principe	No change – UTC	No change – UTC
Saudi Arabia	No change – UTC +3	No change – UTC +3
Senegal	No change – UTC	No change – UTC
Serbia	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Seychelles	No change – UTC +4	No change – UTC +4
Sierra Leone	No change – UTC	No change – UTC
Singapore	No change – UTC +8	No change – UTC +8

<i>Country/geographical area</i>	<i>Daylight saving time (DST) Start date</i>	<i>UTC Start date</i>
Slovakia	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Slovenia	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Solomon Islands	No change – UTC +11	No change – UTC +11
Somalia	No change – UTC +3	No change – UTC +3
South Africa	No change – UTC +2	No change – UTC +2
Spain	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Sri Lanka	No change – UTC +5.30	No change – UTC +5.30
Sudan	No change – UTC +3	No change – UTC +3
Suriname	No change – UTC -3	No change – UTC -3
Swaziland	No change – UTC +2	No change – UTC +2
Sweden	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Switzerland	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Syrian Arab Republic	2.IV.2010 – UTC+3	29.X.2010 – UTC+2
Taiwan, China	No change – UTC +8	No change – UTC +8
Tajikistan	No change – UTC+5	No change – UTC+5
Tanzania	No change – UTC +3	No change – UTC +3
Thailand	No change – UTC +7	No change – UTC +7
The Former Yugoslav Republic of Macedonia	28.III.2010 – UTC+2	31.X.2010 – UTC+1
Timor-Leste	No change – UTC +9	No change – UTC +9
Togo	No change – UTC	No change – UTC
Tokelau	No change – UTC -10	No change – UTC -10
Tonga	No change – UTC +13	No change – UTC +13
Trinidad and Tobago	No change – UTC -4	No change – UTC -4
Tunisia	No change – UTC +1	No change – UTC +1
Turkey	28.III.2010 – UTC+3	31.X.2010 – UTC+2
Turkmenistan	No change – UTC +5	No change – UTC +5
Turks and Caicos Islands	14.III.2010 – UTC -4	7.IX.2010 – UTC -5
Tuvalu	No change – UTC +12	No change – UTC +12
Uganda	No change – UTC +3	No change – UTC +3
Ukraine	28.III.2010 – UTC+3	31.X.2010 – UTC+2
United Arab Emirates	No change – UTC +4	No change – UTC +4
United Kingdom	28.III.2010 – UTC +1	31.X.2010 – UTC
United States Eastern time Central time Mountain time Pacific time Alaska Hawaiian	14.III.2010 – UTC -4 14.III.2010 – UTC -5 14.III.2010 – UTC -6 14.III.2010 – UTC -7 14.III.2010 – UTC -8 No change – UTC -10	7.XI.2010 – UTC -5 7.XI.2010 – UTC -6 7.XI.2010 – UTC -7 7.XI.2010 – UTC -8 7.XI.2010 – UTC -9 No change – UTC -10
United States Virgin Islands	No change – UTC -4	No change – UTC -4
Uruguay	3.X.2010 – UTC -2	14.III.2010 – UTC -3
Uzbekistan	No change – UTC +5	No change – UTC +5
Vanuatu	No change – UTC +11	No change – UTC +11
Vatican	No change – UTC	No change – UTC
Vatican	28.III.2010 – UTC+2	31.X.2010 – UTC+1



<i>Country/geographical area</i>	<i>Daylight saving time (DST) Start date</i>	<i>UTC Start date</i>
Venezuela (Bolivarian Republic of)	No change – UTC -4.30	No change – UTC -4.30
Viet Nam	No change – UTC +7	No change – UTC +7
Wallis and Futuna	No change – UTC +12	No change – UTC +12
Yemen	No change – UTC +3	No change – UTC +3
Zambia	No change – UTC +2	No change – UTC +2
Zimbabwe	No change – UTC +2	No change – UTC +2

\* UTC = Universal Time Coordinated, DST = Daylight Saving Time