## Campus

- Please complete the questionnaire as soon as possible, and return it in the postagepaid return envelope provided.
- Your answers are anonymous. Do not write your name on the questionnaire.
- Your participation is, of course, voluntary. You do not need to answer any question that makes you feel uncomfortable.

Thank you for your help.

## To begin, in the first few questions we are interested in your views, opinions and experiences of campus life.

1. How important is it for you to participate in the following campus activities? (" $X$ " ONE RESPONSE IN EACH ROW.)
$\left.\begin{array}{cllcccc} & & \begin{array}{c}\text { Very } \\ \text { Important }\end{array} & \begin{array}{c}\text { Somewhat } \\ \text { Important }\end{array} & \begin{array}{c}\text { Not } \\ \text { Important }\end{array} \\ \text { Important }\end{array}\right]$
2. In the past 30 days, how many hours per day on average have you spent on each of the following activities? (FOR EACH ITEM, WRITE THE NUMBER OF HOURS. IF ZERO PLEASE WRITE " 0 ")

| Number | Number <br> Of Hours |
| :--- | :---: |


3. Are you currently enrolled in university as a full-time or part-time student? (PLEASE " X " ONE RESPONSE)

Full-Time
Part-Time $\qquad$
4. Which field of study best represents the area in which you are currently enrolled? (PLEASE " X " ONE RESPONSE)

Arts/Humanities
Science/Technology
Engineering
Social Science
Business/Commerce
Medicine
Other Health Science
Law.
Education
Other $\qquad$

In the next few questions, we are interested in your use of alcohol. Please note that a drink refers to either: one 341 ml ( 12 ounce) bottle of beer, or one 150 ml ( 5 ounce) glass of wine, or one mixed drink with $\mathbf{4 5} \mathbf{~ m l}$ ( $11 / 2$ ounces) of spirits, or one 341 ml ( 12 ounce) cooler, beer, or wine or spirit. Do not include beer or other alcoholic drinks with $1 / 2$ percent alcohol or less.
5. Have you ever in your life consumed an alcoholic drink (more than a sip-see the definition in the box above), for example beer, wine, spirits or coolers?

6. How old were you when you had your first drink of alcohol excluding sips? (PLEASE WRITE AGE FIRST DRANK ALCOHOL)
$\qquad$ Years old when had first drink of alcohol
7. How old were you the first time you were drunk? (PLEASE WRITE AGE WERE FIRST DRUNK)


Years old when first was drunkNever was drunk
8. During the past 12 months, how often, on average, did you consume alcoholic drinks? (PLEASE " X " ONE RESPONSE)

Every day
4-6 times a week.
2-3 times a week.
Once a week
1-3 times a month
Less than once a month $\qquad$
Never...................................... $\square \rightarrow$ SKIP TO QUESTION 25
9. During the past 12 months, on the days when you drank, how many drinks did you usually have? (PLEASE WRITE NUMBER OF DRINKS)

## Number of drinks

10. During the past 12 months, on a single occasion, how many times did you have?

Number Of Times
a) 5 to 7 drinks $\qquad$
b) 8 to 11 drinks $\qquad$
c) 12 drinks or more drinks $\qquad$
11. During the past 12 months, what is the highest number of drinks you can recall having on a single occasion? (PLEASE WRITE NUMBER OF DRINKS)

Highest number of drinks

## The next few questions are about your drinking during the past 30 days

12. During the past month, how many times did you consume alcoholic drinks? (PLEASE " $X$ " ONE RESPONSE)

40 or more times
20 to 39 times
$\qquad$

10 to 19 times
6 to 9 times
3 to 5 times
2 times
1 time. $\qquad$
Never $\qquad$ SKIP TO QUESTION 21
13. During the past month, on the days when you drank, how many drinks did you usually have? (PLEASE WRITE NUMBER OF DRINKS)

Number of drinks $\qquad$
14. During the past month, on a single occasion, how many times did you have?

Number Of
Times
a) 5 to 7 drinks $\qquad$
b) 8 to 11 drinks $\qquad$
c) 12 drinks or more drinks $\qquad$
15. During the past month, what is the highest number of drinks you can recall having on a single occasion? (PLEASE WRITE NUMBER OF DRINKS)

Highest number of drinks

Please note that a drink refers to either: one 341 ml ( 12 ounce) bottle of beer, or one 150 ml ( 5 ounce) glass of wine, or one mixed drink with $45 \mathrm{ml}\left(1 \frac{1}{2}\right.$ ounces of spirits, or one 341 ml ( 12 ounce) cooler, beer, or wine or spirit. Do not include beer or other alcoholic drinks with $1 / 2$ percent alcohol or less.
16. During the past 7 days, not counting today, did you have any alcoholic drinks?
$\begin{array}{cl}\text { Yes................................................ } \\ \text { No } & \square \rightarrow \text { SKIP TO QUESTION } 18\end{array}$
17. Please estimate the number of alcoholic drinks that you had on each day during the past 7 days. Include coolers, beer, wine or spirits. Do not count today. (FOR THIS QUESTION, PLEASE WRITE IN THE NUMBER OF DRINKS FOR EACH DAY DIRECTLY ON THE GRAPHIC BELOW.)

18. Now thinking about the last two weeks, how many times have you had four or more drinks in a row? (PLEASE " $X$ " ONE RESPONSE)

19. During the last two weeks, how many times have you had five or more drinks in a row? (PLEASE " X " ONE RESPONSE)

None $\qquad$
Once $\qquad$
Twice $\qquad$
3 to 5 times $\qquad$
6 to 9 times
10 or more times

Please note that a drink refers to either: one 341 ml ( 12 ounce) bottle of beer, or one 150 ml ( 5 ounce) glass of wine, or one mixed drink with 45 ml ( $11 / 2$ ounces) of spirits, or one 341 ml ( 12 ounce) beer, or wine or spirit cooler. Do not include beer or other alcoholic drinks with $1 / 2$ percent alcohol or less.
20. The next few questions are about the social character of drinking occasions. Thinking back to the last 3 occasions that you drank alcohol in the last month:

| If it helps you to remember, you could write down the date or other information under each occasion. | Most Recent Occasion | $\begin{aligned} & 2^{\text {nd }} \begin{array}{l} \text { Most Recent } \\ \text { Occasion } \end{array} \end{aligned}$ | $\begin{aligned} & 3^{\text {rd }} \begin{array}{l} \text { Most Recent } \\ \text { Occasion } \end{array} \end{aligned}$ |
| :---: | :---: | :---: | :---: |
| a. What was the specific circumstance? (PLEASE " x " ONE RESPONSE) |  |  |  |
| A party .................................... | $\square$ | $\square$ | $\square$ |
| A get together ............................... | $\square$ | $\square$ | $\square$ |
| Other ................................... | $\square$ | $\square$ | $\square$ |
| No specific circumstance............................. | $\square$ | $\square$ | $\square$ |
| b. Did you have a meal? |  |  |  |
| Yes....................................... | $\square$ | $\square$ | $\square$ |
| No..... |  |  |  |
| c. Did most of the drinking take place on campus or off campus? (PLEASE " X " ONE RESPONSE) |  |  |  |
| On campus ............................................ | $\square$ | $\square$ | $\square$ |
| Off campus ........................................ | $\square$ |  | $\square$ |
| d. More specifically, where did most of the drinking take place? (PLEASE " X " ONE RESPONSE) |  |  |  |
| Someone's home..................................... | $\square$ | $\square$ | $\square$ |
| University residence ............................ | $\square$ | $\square$ | $\square$ |
| Fraternity or sorority house......................... | $\square$ | $\square$ | $\square$ |
| A restaurant....................................... | $\square$ | $\square$ | $\square$ |
|  | $\square$ | $\square$ | $\square$ |
|  |  |  |  |
| occur? (PLEASE WRITE NUMBER OF PLACES) |  |  |  |
| Number of different drinking places............... | - | , | , |
| f. On what day of the week did that occasion occur? (PLEASE "X" ONE RESPONSE) |  |  |  |
| Sunday ............................................... | $\square$ | $\square$ | $\square$ |
| Monday....................................... | $\square$ | $\square$ | $\square$ |
| Tuesday ................................................. | $\square$ | $\square$ | $\square$ |
| Wednesday......................................... | $\square$ | $\square$ | $\square$ |
| Thursday ............................................. | $\square$ | $\square$ | $\square$ |
| Friday.................................................... | $\square$ | $\square$ | $\square$ |
| Saturday ........................................... | $\square$ | $\square$ | $\square$ |
| g. On this occasion, how many hours did you spend drinking? (PLEASE WRITE NUMBER OF HOURS) |  |  |  |
| Number of hours spent on drinking ................. |  |  |  |
| h. On this occasion, how many of the following alcoholic drinks did you have? (include coolers in their appropriate categories of beer, wine or spirits.) Number of bottles/glasses of beer |  |  | $\cdots$ |
| Number of glasses of wine..... | , | [ | - |
| Number of shots of spirits............................. | $\square$ |  |  |


| If it helps you to remember, you could write down the date or other information under each occasion. | Most Recent Occasion | $\begin{aligned} & 2^{\text {nd }} \text { Most Recent } \\ & \text { Occasion } \end{aligned}$ | $3^{\text {rd }}$ Most Recent Occasion |
| :---: | :---: | :---: | :---: |
| i. Which was the most important reason for you to have consumed alcohol on this occasion? <br> (PLEASE ' X " ONE RESPONSE) |  |  |  |
| To be sociable........................................... | $\square$ | $\square$ | $\square$ |
| To add to the enjoyment of a meal | $\square$ | $\square$ | $\square$ |
| To help me relax............................................ | $\square$ | $\square$ | $\square$ |
| To forget my worries ...................................... | $\square$ | $\square$ | $\square$ |
| To feel less inhibited or shy............................ | $\square$ | $\square$ | $\square$ |
| To get high or drunk ....................................... | $\square$ | $\square$ | $\square$ |
| To celebrate ................................................... | $\square$ | $\square$ | $\square$ |
| To enjoy the taste.......................................... | $\square$ | $\square$ | $\square$ |
| Other........................................................... | $\square$ | $\square$ | $\square$ |
| j. On this occasion, did you use marijuana/cannabis or hashish? |  |  |  |
| Yes............................................................. | $\square$ | $\square$ | $\square$ |
| No ................................................................ | $\square$ | $\square$ | $\square$ |
| k. On this occasion, did you use other drugs such as cocaine, crack, speed, ecstasy, hallucinogens? |  |  |  |
| Yes............................................................... | $\square$ | $\square$ | $\square$ |
| No ................................................................ | $\square$ | $\square$ | $\square$ |
| 1. On this occasion, did you miss a class because you were drinking or because you had a hangover? |  |  |  |
| Yes............................................................ | $\square$ | $\square$ | $\square$ |
| No ............................................................... | $\square$ | $\square$ | $\square$ |
| m. On this occasion, did you drive a car after you had been drinking? |  |  |  |
| Yes............................................................. | $\square$ | $\square$ | $\square$ |
| No ............................................................... | $\square$ | $\square$ | $\square$ |
| n. On this occasion, were you a passenger in a car driven by someone who had been drinking? |  |  |  |
| Yes............................................................. | $\square$ | $\square$ | $\square$ |
|  | $\square$ | $\square$ | $\square$ |
| o. On this occasion, did you get into an argument or a fight with someone? |  |  |  |
| Yes.............................................................. | $\square$ | $\square$ | $\square$ |
| No ............................................................... | $\square$ | $\square$ | $\square$ |
| p. Excluding yourself, how many people were with you most of the time? (PLEASE " $x$ " ONE RESPONSE) |  |  |  |
| No one (If no one, skip to Next Occasion at Q.20a) .. | $\square$ | $\square$ | $\square$ |
| 1 person ...................................................... | $\square$ | $\square$ | $\square$ |
| 2 to 3 people ................................................. | $\square$ | $\square$ | $\square$ |
| 4 to 9 people ................................................. | $\square$ | $\square$ | $\square$ |
| 10 or more people.......................................... | $\square$ | $\square$ | $\square$ |


| If it helps you to remember, you could write down the date or other information under each occasion. | Most Recent Occasion | $\mathbf{2}^{\text {nd }}$ Most Recent Occasion | $3^{\text {rd }}$ Most Recent Occasion |
| :---: | :---: | :---: | :---: |
| q. What was the composition of the group most of the time? (PLEASE "X" ONE RESPONSE) |  |  |  |
| Men only ...... | $\square$ | $\square$ | $\square$ |
| Women only .. | $\square$ | $\square$ | $\square$ |
| Mixed.. | $\square$ | $\square$ | $\square$ |
| r. Were those present mainly university students? |  |  |  |
| Yes............. | $\square$ | $\square$ | $\square$ |
| No ... | $\square$ | $\square$ | $\square$ |
| s. Was your partner/spouse/regular girlfriend/boyfriend present? |  |  |  |
| Yes........................................................ | $\square$ | $\square$ | $\square$ |
| No. | $\square$ | $\square$ | $\square$ |
| Not applicable........................................ | $\square$ | $\square$ | $\square$ |
| t. What relationship did most of the people present have to you? (PLEASE " X " ONE RESPONSE) |  |  |  |
| Friends ....................................................... | $\square$ | $\square$ | $\square$ |
| Family members .......................................... | $\square$ | $\square$ | $\square$ |
| Acquaintances........................................... | $\square$ | $\square$ | $\square$ |
| Other ....................................................... | $\square$ | $\square$ | $\square$ |

## The next few questions are about the potential consequences of drinking that you may or may not have experienced.

21. How often have you experienced the following? ("X" ONE ANSWER IN EACH ROW.)
a. How often during the past 12 months have you found that you were unable to stop drinking once you had started?.
b. How often during the past 12 months have you failed to do what was normally expected from you because of drinking?
c. How often during the past 12 months have you needed a first drink in the morning to get yourself going after a heavy drinking session?
d. How often during the past 12 months have you had a feeling of guilt or remorse after drinking?
e. How often during the past 12 months have you been unable to remember what happened the night before because you had been drinking?
f. How often do you have 5 or more drinks on one occasion?

|  | No | Yes, But Not In The <br> Past Year | Yes, In The Past <br> Year |  |
| :---: | :---: | :---: | :---: | :---: |
| g. | Have you or someone else been injured as the result of your <br> drinking? ..................................................................... | $\square$ | $\square$ | $\square$ |

h. Has a relative, friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?
22. The following are also potential results of drinking. Please indicate whether you experienced the following consequences since the beginning of the school year. ("X" ONE RESPONSE IN EACH ROW.)

|  |  | Since Begin | ool Year |
| :---: | :---: | :---: | :---: |
|  |  | Yes | No |
| a. | Have had a hangover. | $\square$ | $\square$ |
| b. | Have missed a class because you were drinking. | $\square$ | $\square$ |
| c. | Have driven a car after drinking too much ........................................................ | $\square$ | $\square$ |
| d. | Have been arrested for impaired driving.......................................................... | $\square$ | $\square$ |
| e. | Have missed a class because of a hangover...................................................... | $\square$ | $\square$ |
| f. | Have lost a job because of drinking................................................................ | $\square$ | $\square$ |
| g. | Has your drinking gotten you in trouble with the school administration................... | $\square$ | $\square$ |
| h. | Have been drinking while driving a car .................................................................... | $\square$ | $\square$ |
| i. | Have suffered a loss of memory after drinking................................................. | $\square$ | $\square$ |
| j. | Have done something you regretted after drinking.............................................. | $\square$ | $\square$ |
| k. | Have had intimate sexual relations when you did not plan to because of drinking ...... | $\square$ | $\square$ |
| 1. | Have had unsafe sex because of drinking ............................................................. | $\square$ | $\square$ |
| m . | Have you tried to cut down your drinking, but couldn't........................................ | $\square$ | $\square$ |
| n. | Have you gotten into trouble with the campus or local police................................... | $\square$ | $\square$ |
| o. | Have you needed a lot more alcohol to become high or drunk than you used to.......... | $\square$ | $\square$ |
|  | Been hurt or injured ...................................................................................... | $\square$ | $\square$ |

23. Since starting university, have you ever sought help because you thought you had a problem with alcohol?

| Yes ................... | $\square$ |
| :--- | :--- |
| No ................. |  |
| $\square$ |  |

## The next few questions are about student alcohol and other drug use, and also campus policies regarding alcohol and other drug use.

24. In the past 30 days, have you taken advantage of the following while you were on campus?
("X" ONE RESPONSE IN EACH ROW.)

| a. | Happy hours. | Yes | No |
| :---: | :---: | :---: | :---: |
|  |  | $\square$ | $\square$ |
| b. | Low priced promotions at bars (ladies nights, drink 'til-you-bust, etc.).................... | $\square$ | $\square$ |
| c. | Special promotions by beer companies ............................................................ | $\square$ | $\square$ |
| d. | Cover charge for unlimited drinks at a bar | $\square$ | $\square$ |


26. Since the beginning of the school year, have you attended or seen the following alcohol education materials or programs on your campus? ("X" ONE RESPONSE IN EACH ROW.)

| a. |  | Yes | No |
| :---: | :---: | :---: | :---: |
|  | Attended lecture, meeting or workshops......................................................... | $\square$ | $\square$ |
| b. | Received mailings or handouts ........................................................................ | $\square$ | $\square$ |
| c. | Seen posters or signs..................................................................................... | $\square$ | $\square$ |
| d. | Read announcements or articles in students newspapers ..................................... | $\square$ | $\square$ |
|  | Taken a special college course on alcohol and other student life issues | $\square$ | $\square$ |

27. The following statements express opinions and beliefs about alcohol and other drug use on campus. For each statement please indicate your level of agreement. ("X" ONE RESPONSE IN EACH ROW.)

|  |  | Strongly Disagree | Disagree | Neutral | Agree | Strongly Agree |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a. | University Administration should exercise more control over alcohol use $\qquad$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| b. | There should be more alcohol free social events or activities (e.g., "dry" pubs) $\qquad$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| c. | Alcohol should be sold at campus sports events........................ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| d. | Campus security/police should conduct more spot checks for illegal alcohol use (e.g., drunk driving, drinking in public)........ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| e. | Campus security/police should conduct more spot checks for drug use $\qquad$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| f. | Students caught dealing drugs on campus should be expelled ..... | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| g. | There should be more alcohol education programs and activities ..... | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| h. | There should be more drug education programs and activities .... | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| i. | Increasing the price of alcohol served in campus pubs and at campus activities would decrease consumption. | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| j. | Serving staff at campus functions where alcohol is served should refuse to serve customers who are intoxicated | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| k. | The drinking age should be increased ..................................... | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| 1. | There should be more advertising against drinking.................... | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| m. | Ban advertisements of alcohol availability at campus events and parties $\qquad$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| + | 60-4624-01 10 |  |  |  |  | + |

28. Some universities have housing that is specially designated as "alcohol-free". Do you live in this type of housing during the current school year?

29. If you do not live in "alcohol-free" housing, would you like to do so?

30. Some universities have housing that is specially designated as "smoke-free". Do you live in this type of housing during the current school year?
```
Yes ................. }\square->\mathrm{ SKIP TO Q32
No.
```

$\qquad$
31. If you do not live in "smoke-free" housing, would you like to do so?
$\qquad$
No
32. To what extent do you agree with the following statements about alcohol use at your campus? (" $X$ " ONE RESPONSE IN EACH ROW.)

|  | Strongly Disagree | Disagree | Neutral | Agree | Strongly <br> Agree |
| :---: | :---: | :---: | :---: | :---: | :---: |
| a. Students here admire non-drinkers | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| b. It's important to show how much you can drink and still hold your liquor. | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| c. You can't make it socially at this university without drinking ....... | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| d. Drinking is an important part of the university experience ........... | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| e. University rules about drinking are almost never enforced ........... | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| f. Alcohol is easily available on campus ....................................... | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| g. Alcohol use is a problem for students on my campus .................. | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

33. What percentage of the students that you hang around with on campus? (" X " ONE RESPONSE IN EACH ROW.)

|  | $\begin{gathered} \mathbf{0} \\ \mathbf{\%} \end{gathered}$ | $\begin{gathered} 1-9 \\ \% \end{gathered}$ | $\begin{gathered} 10-19 \\ \% \end{gathered}$ | $\begin{gathered} 20-29 \\ \% \end{gathered}$ | $\begin{gathered} \mathbf{3 0 - 3 9} \\ \% \end{gathered}$ | $\begin{gathered} 40-49 \\ \% \end{gathered}$ | $\begin{gathered} 50-59 \\ \% \end{gathered}$ | $\begin{gathered} \mathbf{6 0 - 6 9} \\ \% \end{gathered}$ | $\begin{gathered} 70-79 \\ \% \end{gathered}$ | $\begin{gathered} 80-89 \\ \% \end{gathered}$ | $\begin{gathered} 90-100 \\ \% \end{gathered}$ | Don't <br> Know |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a. Are abstainers (do not drink at all) | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| b. Drink more than they should | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

34. What is the maximum number of drinks in a row that is safe to consume on a single drinking occasion? (" X " ONE RESPONSE IN EACH ROW.)

|  | None | 1 Or 2 <br> Drinks | 3 Drinks | 4 Drinks | 5 Drinks | 6 Drinks | 7 Drinks | 8 Drinks | 9 Drinks | 10 Or More Drinks |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| a. For a male student | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| b. For a female student | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

## The next few questions are about the use of drugs other than alcohol.

35. Have you smoked at least 100 cigarettes in your life?
Yes.............. $\square$
No.............. $\square$$\quad \rightarrow$ SKIP TO QUESTION 41
36. At the present time, do you smoke cigarettes daily, occasionally or not at all? ("X" ONE RESPONSE.)

Daily $\qquad$
Occasionally
Not at all......SKIP TO QUESTION 41
37. When you do smoke cigarettes, how many do you smoke in a day? (PLEASE WRITE NUMBER OF CIGARETTES SMOKE IN A DAY)

Number of cigarettes smoked in a day $\qquad$
38. How long ago was it that you last smoked? (" X " ONE RESPONSE.)

Less than one week ago $\qquad$
More than one week, but less than a month.
1 to 6 months ago $\qquad$
7 or more months ago $\qquad$
39. In the past 30 days, how soon after you wake up in the morning do you usually smoke your first cigarette? ("X" ONE RESPONSE.)

I did not smoke in the past 30 days $\qquad$
Within 15 minutes $\qquad$
16-30 minutes $\qquad$
31-60 minutes
More than 60 minutes. $\qquad$
40. In the past 12 months, how many times have you tried to quit smoking and succeeded for at least 24 hours? ("X" ONE RESPONSE.)

Never $\qquad$
Once $\qquad$
Twice $\qquad$
3 times
4 times
5 or more times

|  | $\begin{aligned} & \text { Never } \\ & \text { In Life } \end{aligned}$ | In Life But Not In Past 12 Months | In Past 12 Months But Not In Past 30 Days | Used In Past 30 Days |
| :---: | :---: | :---: | :---: | :---: |
| a. Marijuana (or hashish)...................................................................... | $\square$ | $\square$ | $\square$ | $\square$ |
| b. Crack cocaine .................................................................................... | $\square$ | $\square$ | $\square$ | $\square$ |
| c. Other forms of cocaine ...................................................................... | $\square$ | $\square$ | $\square$ | $\square$ |
| d. Barbiturates (prescription-type sleeping pills like Seconal, Nembutal, downs or Yellow Jackets). | $\square$ | $\square$ | $\square$ | $\square$ |
| e. Ritalin, Dexedrine, or Adderall .............................................................. | $\square$ | $\square$ | $\square$ | $\square$ |
| f. Other amphetamines (methamphetamines, crystal meth, speed, uppers, ups) | $\square$ | $\square$ | $\square$ | $\square$ |
| g. Tranquilizers (prescription-type drugs like Valium, Librium, Xanax, Ativan, Klonopin). | $\square$ | $\square$ | $\square$ | $\square$ |
| h. Heroin............................................................................................ | $\square$ | $\square$ | $\square$ | $\square$ |
| i. Other opiate-type prescription drugs (codeine, morphine, Demerol, Percodan, Percodet, Vicodin, Darvon, Darvocet). | $\square$ | $\square$ | $\square$ | $\square$ |
| j. LSD ................................................................................................................ | $\square$ | $\square$ | $\square$ | $\square$ |
| k. Other psychedelics or hallucinogens like mushrooms, mescaline or PCP........ | $\square$ | $\square$ | $\square$ | $\square$ |
| 1. Ecstasy (MDMA) ............................................................................... | $\square$ | $\square$ | $\square$ | $\square$ |
| m. Other "party drugs" (Ketamine, Special K, GHB)..................................... | $\square$ | $\square$ | $\square$ | $\square$ |
| n. Anabolic steroids (either injections like Depo-testosterone Durbolin, or pills like Anadrol, Dianabol, or Winstrol). | $\square$ | $\square$ | $\square$ | $\square$ |
| o. Other performance-enhancing drugs (growth hormone, diuretics, ephedrine). | $\square$ | $\square$ | $\square$ | $\square$ |

## 42. How often have you used marijuana or hashish during the past 12 months? ("X" ONE RESPONSE.)

| About every day |
| :---: |
| 4 to 5 times a week |
| 2 to 3 times a week |
| Once a week |
| 2 to 3 times a month |
| Once a month |
| Less than once a month |
| Never..... |

In the next few questions we would like to know how your health has been in general over the past few weeks. Think about your present and recent complaints, not those that you had in the past.
43. Over the past few weeks, have you... ("X" ONE RESPONSE IN EACH ROW.)

|  | Better Than Usual | Same As Usual | Less Than Usual | Much Less <br> Than Usual |
| :---: | :---: | :---: | :---: | :---: |
| a. Been able to concentrate on whatever you are doing? ... | $\square$ | $\square$ | $\square$ | $\square$ |
|  | Not At All | No More Than Usual | Rather More Than Usual | Much More Than Usual |
| b. Lost much sleep over worry? ..................................... | $\square$ | $\square$ | $\square$ | $\square$ |
|  | $\begin{gathered} \text { More So } \\ \text { Than Usual } \end{gathered}$ | Same As Usual | $\begin{gathered} \text { Less Than } \\ \text { Usual } \\ \hline \end{gathered}$ | Much Less Than Usual |
| c. Felt that you are playing a useful part in things?............ | $\square$ | $\square$ | $\square$ | $\square$ |
|  | More So Than Usual | Same As Usual | Less Useful Than Usual | Much Less Useful Than Usual |

d. Felt capable of making decisions about things?.............

|  | Not At All | No More Than Usual | Rather More Than Usual | Much More Than Usual |
| :---: | :---: | :---: | :---: | :---: |
| e. Felt constantly under strain? ...................................... | $\square$ | $\square$ | $\square$ | $\square$ |
|  | Not At All | No More Than Usual | Rather More Than Usual | Much More Than Usual |
| f. Felt you couldn't get over your difficulties? ................. | $\square$ | $\square$ | $\square$ | $\square$ |
|  | $\begin{gathered} \text { More So } \\ \text { Than Usual } \\ \hline \end{gathered}$ | Same As Usual | $\begin{gathered} \text { Less Than } \\ \text { Usual } \end{gathered}$ | Much Less Than Usual |

g. Been able to enjoy your normal day-to-day activities? $\qquad$

|  | More Than | Same As | Less Able | Much <br> Than Usual | Usual |
| :---: | :---: | :---: | :---: | :---: | :---: |

h. Been able to face up to your problems?

|  | Not At All | No More <br> Than Usual | Rather More <br> Than Usual | Much More <br> Than Usual |
| :--- | :---: | :---: | :---: | :---: |

i. Been feeling unhappy or depressed?

|  |  | Not At All | No More <br> Than Usual | Rather More <br> Than Usual | Much More <br> Than Usual |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: |
| j. | Been losing confidence in yourself? ............................ | $\square$ | $\square$ | $\square$ | $\square$ |
|  |  | Not At All | $\square$ <br> Tho More <br> Than Usual | Rather More <br> Than Usual | Much More <br> Than Usual |
| k. | Been thinking of yourself as a worthless person? ......... | $\square$ | $\square$ | $\square$ | $\square$ |
|  |  | More So <br> Than Usual | Same As <br> Usual | Less Than <br> Usual | Much Less <br> Than Usual |

1. Been feeling reasonably happy, all things
considered? $\qquad$

|  | Definitely | I Don't | Has Crossed | Definitely <br> My Mind |
| :---: | :---: | :---: | :---: | :---: |
| Not | Think So | Mave |  |  |

m . Found that the idea of taking your own life kept coming into your mind?
44. During the past school year, how often did you bet or spend money on each of the following gambling activities? ("X" ONE RESPONSE IN EACH ROW.)

| a |  | A Few <br> Times A <br> Year | Monthly <br> But Not <br> Weekly | Weekly <br> But Not <br> Daily | Daily |
| :--- | :--- | :--- | :--- | :---: | :---: | :---: | :---: |

If you never gambled during the past school year (i.e., answered never to all questions Q.44a to Q.44h please Skip to Question 46.
45. Thinking about the last 12 months.... ("X" ONE RESPONSE IN EACH ROW.)
. The

| Never | Sometimes | Most Of <br> The Time | Almost <br> Always |
| :--- | :--- | :--- | :--- |

a. How often have you bet more than you could really afford to lose?
b. How often have you needed to gamble with larger amounts of money to get the same feeling of excitement?
c. When you gambled, how often did you go back another day to try to win back the money you lost? .
d. How often have you borrowed money or sold anything to get money to gamble? $\qquad$
e. How often have you felt that you might have a problem with gambling? ...........
f. How often has gambling caused you any health problems, including stress or anxiety?
g. How often have people criticized your betting or told you that you had a gambling problem, regardless of whether or not you thought it was true?
h. How often has your gambling caused any financial problems for you or your household?.
i. How often have you felt guilty about the way you gamble or what happens when you gamble?.
$\qquad$
$\square$
$\qquad$
$\square$
$\qquad$
46. In general, how would you rate your health now? ("X" ONE RESPONSE.)

47. In the last month, how often ... ("X" ONE RESPONSE IN EACH ROW.)

|  | Never | Almost Never | Sometimes | Fairly Often | Very Often |
| :---: | :---: | :---: | :---: | :---: | :---: |
| a. Have you felt that you were unable to control important things in your life? | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| b. Have you felt confident about your ability to handle your personal problems? | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| c. Have you felt that things were not going your way?........ | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |
| d. Have you felt that difficulties were piling up so high that you could not overcome them? | $\square$ | $\square$ | $\square$ | $\square$ | $\square$ |

## Before we end, we have a few questions regarding your background

48. Are you male or female?

Male
Female
$\qquad$
49. How old are you? (PLEASE WRITE IN AGE)

Current age, in years $\qquad$
50. How many close friends do you have? (" X " ONE RESPONSE.)

51. What is your current marital status? ("X" ONE RESPONSE.)

Never married $\qquad$
Married or equivalent ...........
Divorced
Separated $\qquad$
Widowed $\qquad$
52. In what type of residence do you currently live? (" X " ONE RESPONSE.)

Fraternity/sorority house $\qquad$ $\square$
University residence
Other university housing $\qquad$
Non-university housing
Other. $\qquad$
53. Excluding children, with whom are you currently living? (" X " ALL THAT APPLY.)

Alone
With spouse/partner.
With parents
With other family
With friends/acquaintances
Other $\qquad$
54. In what country were you born?

Born in Canada ..................................... $\square \rightarrow$ GO TO Q55
Born in a country outside of Canada ..
54b.In what year did you emigrate to Canada? (PLEASE WRITE 4 DIGIT YEAR)
Year emigrated to Canada $\qquad$

## 55. What is your current year of study? (" X " ONE RESPONSE.)

First year undergraduate $\qquad$
Second year undergraduate $\qquad$
Third year undergraduate. $\qquad$
Fourth or more year undergraduate ....
Graduate studies $\qquad$
$\square$
56. Overall, what was your grade average last year? ("X" ONE RESPONSE.)
$\qquad$
B.

C
D
F.

Not in school last year

## 57. How long ago was your Reading Week or $2^{\text {nd }}$ Semester break? (" X " ONE RESPONSE.)

Haven't had a Reading Break yet
1-2 weeks ago
3-4 weeks ago
$\qquad$
5-6 weeks ago
$\qquad$
7+ weeks ago
Don't have a Break
58. On average, how long does it take for you to get to campus from home? (" X " ONE RESPONSE.)

Live on campus/don't commute
Less than 15 minutes
15-30 minutes
30-59 minutes
$\qquad$ $\square$
$60+$ minutes $\qquad$ $\square$
59. How important are the following reasons for you choosing to complete this survey by mail? ("X" ONE RESPONSE IN EACH ROW.)

| Very <br> Important | Somewhat <br> Important |
| :--- | :--- |
| Not At All <br> Important |  |

a. Convenience ....
b. Novelty $\qquad$
c. Confidentiality ..
d. Time. $\qquad$
60. How important was the lottery incentive for you completing this survey? ("X" ONE RESPONSE.)

Very important
Somewhat important
Not at all important.
61. If you were asked to complete a similar survey again, would you prefer a web-based survey, or a paper survey mailed to you? ("X" ONE RESPONSE.)

Prefer web-based survey
Prefer mailed survey $\qquad$

This page left blank intentionally.

This page left blank intentionally.

