## Nicaragua

2010 total population: 5788163
Income group: Lower middle

| NCD mortality |  |  |
| :--- | :---: | :---: |
| 2008 estimates | males | females |
| Total NCD deaths (000s) | 9.2 | 8.0 |
| NCD deaths under age 60 | 42.7 | 35.3 |
| (percent of all NCD deaths) |  |  |
| Age-standardized death rate per 100 000 |  |  |
| All NCDs | 558.8 | 423.6 |
| Cancers | 90.6 | 101.5 |
| Chronic respiratory diseases | 37.9 | 23.8 |
| Cardiovascular diseases and diabetes | 248.0 | 221.2 |


| Behavioural risk factors |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| 2008 estimated prevalence (\%) | males | females | total |
| Current daily tobacco smoking | $\ldots$ | $\ldots$ | $\ldots$ |
| Physical inactivity | $\ldots$ | $\ldots$ | $\ldots$ |


| Metabolic risk factors |  |  |  |
| :--- | :---: | :---: | :---: |
| 2008 estimated prevalence (\%) | males | females | total |
| Raised blood pressure | 38.4 | 30.4 | 34.3 |
| Raised blood glucose | 7.6 | 7.8 | 7.7 |
| Overweight | 50.6 | 60.2 | 55.5 |
| Obesity | 15.4 | 28.8 | 22.2 |
| Raised cholesterol | $\ldots$ | $\ldots$ | $\ldots$ |

Proportional mortality (\% of total deaths, all ages)


NCDs are estimated to account for $69 \%$ of all deaths.

## Metabolic risk factor trends





## Country capacity to address and respond to NCDs

Has a Unit / Branch / Dept in MOH with responsibility for NCDs Yes
There is funding available for:
NCD treatment and control
NCD prevention and health promotion
NCD surveillance, monitoring and evaluation
National health reporting system includes:
NCD cause-specific mortality
NCD morbidity
NCD risk factors
Yes
Yes
Yes
Has a national, population-based cancer registry

Has an integrated or topic-specific policy / programme / action plan which is currently operational for:

Cardiovascular diseases

No

Cancer Yes
Chronic respiratory diseases No
Diabetes No
Alcohol Yes
Unhealthy diet / Overweight / Obesity No
Physical inactivity No
Tobacco No
Number of tobacco (m)POWER measures
implemented at the highest level of achievement

[^0]
[^0]:    DK = Country responded "don't know"

