## **Nicaragua**

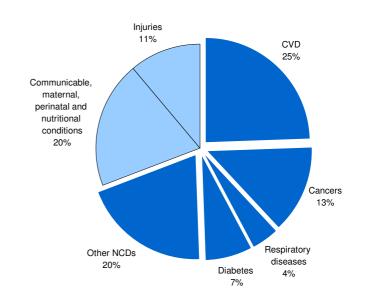
2010 total population: 5 788 163 Income group: Lower middle

NCD mortality		
2008 estimates	males	females
Total NCD deaths (000s)	9.2	8.0
NCD deaths under age 60	42.7	35.3
(percent of all NCD deaths)		
Age-standardized death rate per 100 000		
All NCDs	558.8	423.6
Cancers	90.6	101.5
Chronic respiratory diseases	37.9	23.8
Cardiovascular diseases and diabetes	248.0	221.2

Behavioural risk factors			
2008 estimated prevalence (%)	males	females	total
Current daily tobacco smoking			
Physical inactivity			

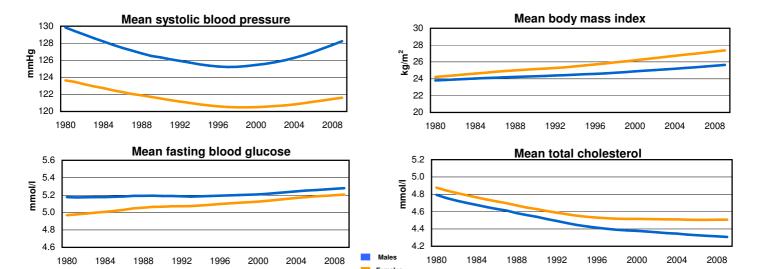
Metabolic risk factors			
2008 estimated prevalence (%)	males	females	total
Raised blood pressure	38.4	30.4	34.3
Raised blood glucose	7.6	7.8	7.7
Overweight	50.6	60.2	55.5
Obesity	15.4	28.8	22.2
Raised cholesterol			

## Proportional mortality (% of total deaths, all ages)



NCDs are estimated to account for 69% of all deaths.

## Metabolic risk factor trends



Country capacity to address and respond to NCDs			
Has a Unit / Branch / Dept in MOH with responsibility for NCDs	Yes	Has an integrated or topic-specific policy / programme plan which is currently operational for:	/ action
There is funding available for:		Cardiovascular diseases	No
NCD treatment and control	Yes	Cancer	Yes
NCD prevention and health promotion	DK	Chronic respiratory diseases	No
NCD surveillance, monitoring and evaluation	Yes	Diabetes	No
		Alcohol	Yes
National health reporting system includes:		Unhealthy diet / Overweight / Obesity	No
NCD cause-specific mortality	Yes	Physical inactivity	No
NCD morbidity	Yes	Tobacco	No
NCD risk factors	Yes		
Has a national, population-based cancer registry	No	Number of tobacco (m)POWER measures implemented at the highest level of achievement	0/5

<sup>.. =</sup> no data available

DK = Country responded "don't know"