

Portugal

2010 total population: 10 675 572

Income group: High

NCD mortality

2008 estimates	males	females
Total NCD deaths (000s)	45.4	43.4
NCD deaths under age 60 (percent of all NCD deaths)	15.7	8.1
<i>Age-standardized death rate per 100 000</i>		
All NCDs	483.4	276.4
Cancers	182.1	89.3
Chronic respiratory diseases	34.8	15.1
Cardiovascular diseases and diabetes	184.5	125.3

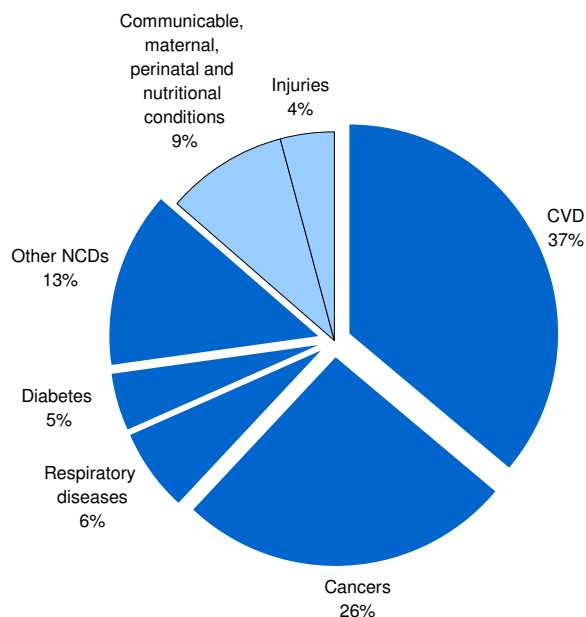
Behavioural risk factors

2008 estimated prevalence (%)	males	females	total
Current daily tobacco smoking	27.0	10.7	18.5
Physical inactivity	50.0	57.5	53.9

Metabolic risk factors

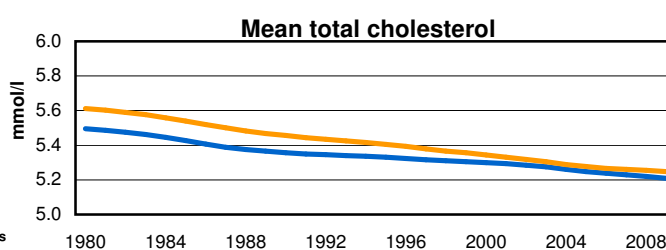
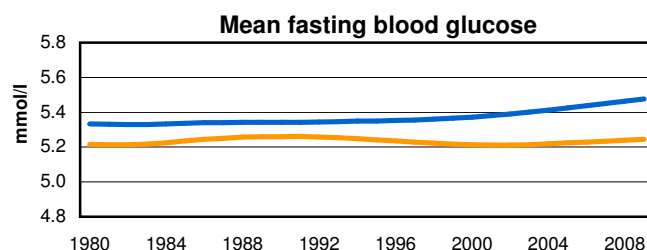
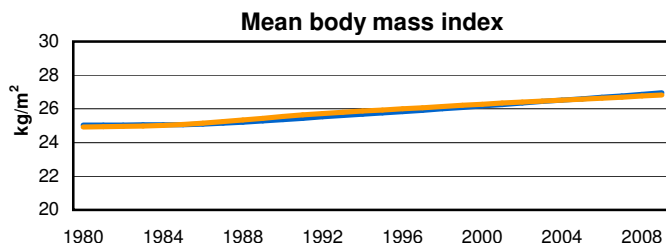
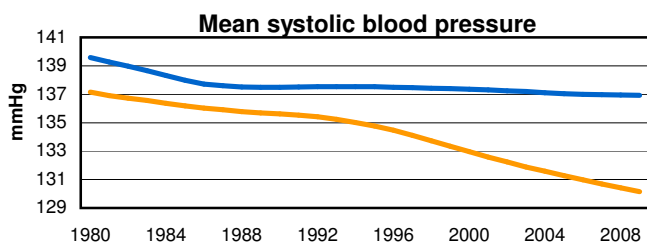
2008 estimated prevalence (%)	males	females	total
Raised blood pressure	50.4	45.7	47.9
Raised blood glucose	8.3	7.5	7.9
Overweight	61.8	56.6	59.1
Obesity	21.6	26.3	24.0
Raised cholesterol	58.0	58.2	58.1

Proportional mortality (% of total deaths, all ages)



NCDs are estimated to account for 86% of all deaths.

Metabolic risk factor trends



Country capacity to address and respond to NCDs

Has a Unit / Branch / Dept in MOH with responsibility for NCDs	NR	Has an integrated or topic-specific policy / programme / action plan which is currently operational for:	
<i>There is funding available for:</i>		Cardiovascular diseases	Yes
NCD treatment and control	Yes	Cancer	Yes
NCD prevention and health promotion	Yes	Chronic respiratory diseases	NR
NCD surveillance, monitoring and evaluation	Yes	Diabetes	NR
<i>National health reporting system includes:</i>		Alcohol	NR
NCD cause-specific mortality	Yes	Unhealthy diet / Overweight / Obesity	Yes
NCD morbidity	NR	Physical inactivity	NR
NCD risk factors	NR	Tobacco	NR
Has a national, population-based cancer registry	NR	Number of tobacco (m)POWER measures implemented at the highest level of achievement	1/5

NR = Country replied to survey but did not give a response to specific question