

### WHO Report on the Global Tobacco Epidemic, 2011

### Country profile **Portugal**

Note: Where no data were available, "..." shows in the table. Where data were not required, "-" shows in the table.

### WHO Framework Convention on Tobacco Control (WHO FCTC) status

Date of signature	9 January 2004
Date of ratification (or legal equivalent)	8 November 2005

#### Socioeconomic context

Population (thousands)	10 732
Income group	High income



#### Prevalence of tobacco use

### Tobacco use data as provided by the country from the latest survey result available to WHO as at 1 November 2010

	Any smoked tobacco		Cigarettes	
Adult prevalence, smoking (%)*	Current	Daily	Current	Daily
Male		27.6		
Female		10.6		
Total		18.7		
Adult prevalence, smokeless tobacco use (%)*				
Male				
Female				
Total				

<sup>\*</sup> Ages 15+, National Health Survey, 2005—2006

### WHO age-standardized estimated prevalence of smoking among those aged 15 years or more: Year 2009

Adult prevalence, smoking (%)	Any smoked tobacco		Cigarettes	
	Current	Daily	Current	Daily
Male	32	28	32	28
Female	16	13	16	13
Total	24	20	24	20

<sup>&</sup>quot;..." Data not reported/not available.

### **Tobacco control measures and programmes as at 31 December 2010**



### **Smoke-free environments**

	2010
Public places with smoke-free legislation:	
Health-care facilities	Yes
Educational facilities except universities	Yes
Universities	No
Government facilities	No
Indoor offices	No
Restaurants	No
Pubs and bars	No
Public transport	Yes
All other public places	NA
Compliance score §	
National law requires fines for smoking	Yes
Fines levied on the establishment	Yes
Fines levied on the smoker	Yes
Dedicated funds for enforcement	No
Citizen complaints and investigations	Yes
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<sup>§</sup> A score of 0—10, where 0 is low compliance.

### Subnational laws on smoke-free environments

Subnational jurisdictions do not have the authority to adopt and implement smoke-free laws.

# **Offer** help to quit tobacco use

### **Treatment of tobacco dependence**

	•	2010
Is there a toll-free telepho discuss cessation with cal	one quit line/help line with a live person available to lers in your country?	Yes
Nicotine replacement therapy (e.g., patch,	Is this product legally sold in the country?	Yes
gum, lozenge, spray or inhaler)	Where and how can this product be legally purchased in your country?	In a pharmacy without a prescription
	Does the national/federal health insurance or the national health service cover the cost of this product?	No
	Is any NRT on the country's essential drugs list?	No
Bupropion (e.g., Zyban, Wellbutrin)	Is this product legally sold in your country?	Yes
	Where and how can this product be legally purchased in your country?	In a pharmacy with a prescription
	Does the national/federal health insurance or the national health service cover the cost of this product?	No
arenicline	Is this product legally sold in your country?	Yes
	Where and how can this product be legally purchased in your country?	In a pharmacy with a prescription
	Does the national/federal health insurance or the national health service cover the cost of this product?	No
Is smoking cessation	Health clinics or other primary care facilities	Yes in some
support available in the	Hospitals	Yes in some
following places in your	Office of a health professional	Yes in some
country?	In the community	Yes in some
	Other	
Does the	Health clinics or other primary care facilities	Fully
national/federal health	Hospitals	Fully
insurance or the	Office of a health professional	No
national health service	In the community	_
cover the cost of this support?	Other	• • •

# **Warn** about the dangers of tobacco

		10
Health warnings on tobacco packages	Cigarettes	Smokeless tobacco
Does the law mandate that health warnings appear on tobacco packages?	Y	es
What percentage of the principal display areas of the package is legally mandated to be covered by health warnings? FRONT AND REAR COMBINED	35	35
What percentage of the principal display areas of the FRONT of the package is legally mandated to be covered by health warnings?	30	30
What percentage of the principal display areas of the REAR of the package is legally mandated to be covered by health warnings?	40	40
Does the law mandate that the warning be placed at the top of the principle display areas of the package?	Yes	Yes
Does the law mandate font style, font size and colour for package warnings?	Yes	Yes
Are the health warnings rotating on packages?	Yes	Yes
Are the health warnings on packages written in the principal language(s) of the country?	Yes	Yes
Does the law require that health warnings on packages are not obscured in any way, including by required markings such as tax stamps?	Yes	Yes
Do the health warnings on packages include a photograph or graphic?	No	No
Do health warnings appear on each package and any outside packaging and labelling used in the retail sale?	Yes	Yes
Does the law on health warnings apply to products whether manufactured domestically, imported, AND for duty-free sale?	Yes	Yes
Does the law state that warnings on packages do not remove or diminish the liability of the tobacco industry?	No	No
Do health warnings on packages describe the harmful effects of tobacco use on health?	Yes	Yes
Does the law mandate specific health warnings on cigarette packages?	Yes	Yes
How many specific health warnings are approved by the law?	16	16
Does the law require or establish fines for violations regarding health warnings on packages?	Yes	Yes
Are there any laws requiring that cigarette packaging and labelling do not use misleading terms which imply the product is less harmful than other similar products, such as "low tar", "light", "ultra-light", or "mild"?	Yes	Yes
Are there any laws requiring that cigarette packaging and labelling do not use figurative or other signs, including colours or numbers, as substitutes for prohibited misleading terms and descriptors?	Yes	Yes
Are there any laws requiring that cigarette packaging and labelling do not use descriptors depicting flavours?	No	No
Does the law ban the display of quantitative information on emission yields (such as tar, nicotine and carbon monoxide) on cigarette packaging, including when used as part of a brand name or trademark?	No	No
Does the law mandate the display of qualitative information on relevant constituents and emissions of tobacco products on cigarette packaging?	No	No
Does the law mandate that this information is displayed on one or more of the principal display areas (front, rear) of the package?	_	_
Does the law prevent the display of expiry dates on cigarette packaging?	No	No
Is it mandatory for the quit line number to appear on packaging or labelling?	No	No
Does the law mandate plain packaging (ie. prohibit the use of logos, colours, brand images or promotional information on packaging other than brand names and product names displayed in a standard colour and font style)?	No	No

## **Enforce** bans on tobacco advertising, promotion and sponsorship

### Bans on tobacco advertising, promotion and sponsorship

Direct bans National TV and radio	Yes No
National TV and radio	
	No
International TV and radio	INO
Local magazines and newspapers	Yes
International magazines and newspapers	No
Billboards and outdoor advertising	Yes
Point of sale	Yes
Internet	Yes
Other direct bans	Yes
Compliance score of direct bans §	8
Indirect bans	
Free distribution	Yes
Promotional discounts	Yes
Non-tobacco goods and services identified with tobacco brand names	Yes
Brand name of non-tobacco products used for tobacco product	No
Appearance of tobacco brands in TV and/or films (product placement)	Yes
Appearance of tobacco products in TV and/or films	Yes
Sponsored events	Yes
Other indirect bans	Yes
Compliance score of indirect bans §	7
Are there subnational laws or regulations banning some or all types	No
of tobacco advertising, promotion and sponsorship mentioned in the	
above questions?	

<sup>§</sup> A score of 0—10, where 0 is low compliance.



### **Tobacco taxation policy as at 31 July 2010**

### **Price of lowest-cost brand of cigarettes (Ritz)**

			2008	2010
	۸	Tax inclusive retail cales price (TIRSP) for a pack of 20 signrettes	EUR EUR 3.10 3.10	EUR
1	А	Tax inclusive retail sales price (TIRSP) for a pack of 20 cigarettes		3.10

### Price of Marlboro or similar brand of cigarettes (Marlboro)

		2008	2010
^	Tax inclusive retail sales price (TIRSP) for a pack of 20 cigarettes	EUR	EUR
A		3.55	3.70

### Taxes on the most popular brand of cigarettes (MPPC)

	WHO's	WHO's
	comparable	comparable
	estimate for	estimate for
	2008	2010
Price of most sold brand, pack of 20 cigarettes		
In currency reported by country	EUR	EUR
	3.30	3.50
In US\$ at official exchange rate	USD	USD
	4.59	4.56
Taxes on this brand (% of retail price) ス		
Total taxes	80	79
Specific excise	39	39
Ad valorem excise	23	23
Value added tax (VAT)	17	17
Import duty	_	_
Other taxes	0	0

<sup>⊼</sup> Individual categories of tax may not add to total due to rounding.

### National tobacco control programme

	2010
Specific national government objectives in tobacco control	Yes
National agency or technical unit for tobacco control	Yes
Number of full-time equivalent staff	2
Government expenditure on tobacco control:	
In currency reported by country	
Year of expenditure	
In US\$ at official exchange rate	US\$

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