## Oman

2010 total population: 2782435 Income group: High

| NCD mortality* | males | females |
| :--- | :---: | :---: |
| 2008 estimates | 5.0 | 2.7 |
| Total NCD deaths (000s) | 44.5 | 32.6 |
| NCD deaths under age 60 |  |  |
| (percent of all NCD deaths) | 757.8 | 494.2 |
| Age-standardized death rate per 100 000 | 81.1 | 71.8 |
| All NCDs | 31.5 | 19.1 |
| Cancers | 545.7 | 333.3 |
| Chronic respiratory diseases |  |  |


| Behavioural risk factors |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| 2008 estimated prevalence (\%) | males | females | total |
| Current daily tobacco smoking | 6.6 | 0.2 | 4.0 |
| Physical inactivity | $\ldots$ | $\ldots$ | $\ldots$ |


| Metabolic risk factors |  |  |  |
| :--- | :---: | :---: | :---: |
| 2008 estimated prevalence (\%) | males | females | total |
| Raised blood pressure | 36.6 | 31.3 | 34.5 |
| Raised blood glucose | 9.9 | 9.6 | 9.7 |
| Overweight | 56.9 | 54.2 | 55.8 |
| Obesity | 18.9 | 23.8 | 20.9 |
| Raised cholesterol | $\ldots$ | $\ldots$ | $\ldots$ |

## Proportional mortality (\% of total deaths, all ages)*



NCDs are estimated to account for $83 \%$ of all deaths.

## Metabolic risk factor trends






## Country capacity to address and respond to NCDs

Has a Unit / Branch / Dept in MOH with responsibility for NCDs Yes
There is funding available for:
NCD treatment and control
NCD prevention and health promotion
NCD surveillance, monitoring and evaluation
Yes

National health reporting system includes:
NCD cause-specific mortality
Yes
NCD morbidity
NCD risk factors
Yes No

Has a national, population-based cancer registry

Has an integrated or topic-specific policy / programme / action plan which is currently operational for:

| Cardiovascular diseases | Yes** <br> Yes |
| :--- | :---: |
| Cancer | No |
| Chronic respiratory diseases | Yes** |
| Diabetes | No |
| Alcohol | Yes $^{* *}$ |
| Unhealthy diet / Overweight / Obesity | Yes $^{* *}$ |
| Physical inactivity | Yes $^{* *}$ |
| Tobacco |  |
|  | $\mathbf{0 / 5}$ |

