

# Zambia

2010 total population: 13 088 570

Income group: Low

## NCD mortality\*

2008 estimates	males	females
Total NCD deaths (000s)	28.2	24.3
NCD deaths under age 60 (percent of all NCD deaths)	49.5	43.9
<i>Age-standardized death rate per 100 000</i>		
All NCDs	1075.2	808.2
Cancers	105.3	108.3
Chronic respiratory diseases	159.4	74.6
Cardiovascular diseases and diabetes	562.8	472.5

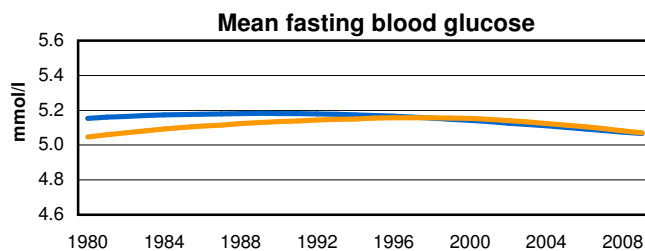
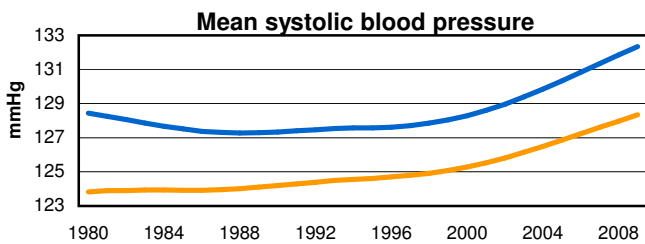
## Behavioural risk factors

2008 estimated prevalence (%)	males	females	total
Current daily tobacco smoking	18.3	2.1	10.1
Physical inactivity	13.3	17.7	15.5

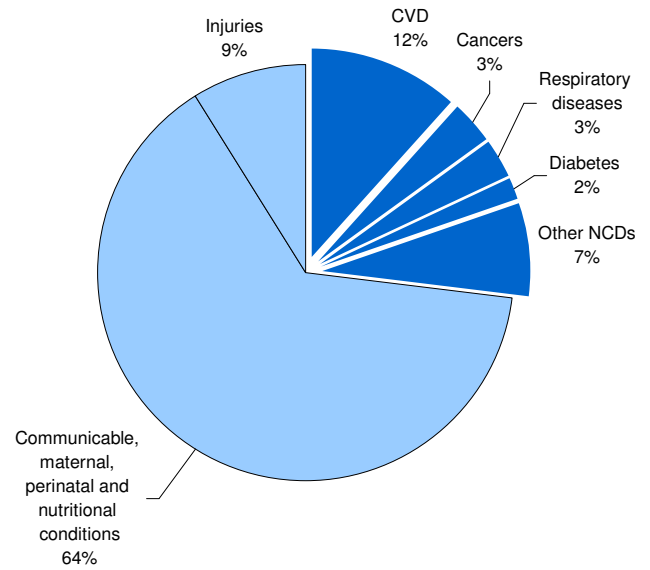
## Metabolic risk factors

2008 estimated prevalence (%)	males	females	total
Raised blood pressure	41.3	39.0	40.1
Raised blood glucose	5.7	6.4	6.1
Overweight	7.7	23.6	15.7
Obesity	1.0	6.2	3.6
Raised cholesterol	25.5	26.9	26.2

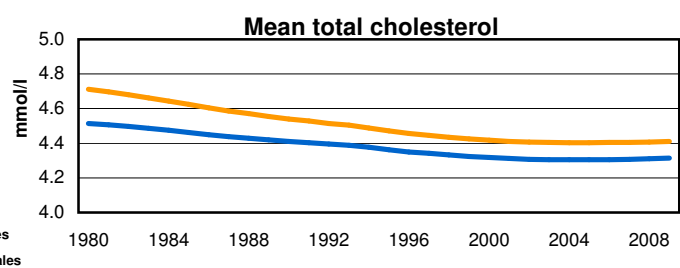
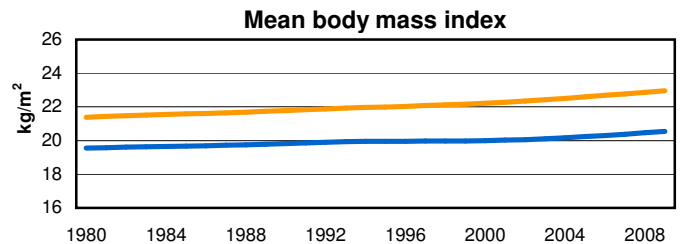
## Metabolic risk factor trends



## Proportional mortality (% of total deaths, all ages)\*



NCDs are estimated to account for 27% of all deaths.



## Country capacity to address and respond to NCDs

Has a Unit / Branch / Dept in MOH with responsibility for NCDs	Yes	Has an integrated or topic-specific policy / programme / action plan which is currently operational for:	
<i>There is funding available for:</i>		Cardiovascular diseases	No
NCD treatment and control	Yes	Cancer	Yes**
NCD prevention and health promotion	Yes	Chronic respiratory diseases	No
NCD surveillance, monitoring and evaluation	Yes	Diabetes	Yes**
<i>National health reporting system includes:</i>		Alcohol	Yes**
NCD cause-specific mortality	No	Unhealthy diet / Overweight / Obesity	Yes**
NCD morbidity	Yes	Physical inactivity	Yes**
NCD risk factors	Yes	Tobacco	Yes**
Has a national, population-based cancer registry	Yes	Number of tobacco (m)POWER measures implemented at the highest level of achievement	0/5

\* The mortality estimates for this country have a high degree of uncertainty because they are not based on any national NCD mortality data. The estimates are based on a combination of country life tables, cause of death models, regional cause of death patterns, and WHO and UNAIDS program estimates for some major causes of death (not including NCDs).

\*\* = covered by integrated policy/programme/action plan