TECHNICAL INFORMATION

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Movement Caliber: Maximum Power Reserve at Full Charge: Low Charge Warning: Quick Start:	H500 150 Days 5 Days Yes	
Charge Time from Stop State Indoors, Office (500 Lux)	For 1 Day Use 3.0 Hours	Full Charge Usually, overhead office light
		is insufficient to achieve a full charge from a completely depleted power reserve. We recommend that you use natural outdoor light, or an incandescant light source 20" from the watch for charging a watch in this state. However, office light is sufficient for keeping your watch continually charged.
Incandescant 20" (3,000 Lux)		80 Hours
Outdoors, cloudy (10,000 Lux) Outdoors, Sunny (100,000 Lux)		25 Hours 11 Hours

Please Note:

After a full recharge from a low or no charge state, it will be necessary to perform an all reset and in some cases a 0-positioning. If this is not done, your watch may not operate correctly.

For simple analog models, pull the crown out the time setting position, leave there for 30 seconds, return the crown to the closed position next to the case, then set the time. For other than simple analog models (perpetual calendar, multi-function and specialty pieces), please refer to your instruction manual or the instruction sets on our web site for the all reset and 0-positioning procedures.