This is a stem for Kawasaki's rose, seen in Kasahara's book, Origami for the Beginner.

------ valley fold
------ mountain fold
Start from a square piece of paper, folded in
thirds. Prefold according to the diagram at the
left. A crude representation of the stem
is shown below. Flip this over, and fit the
square area under the four folded flaps on the
reverse side of Kawasaki's rose.

If my memory serves me correctly, using a piece of paper twice the size of that used for the rose will give a good sized stem.

an original (or so I think) fold, diagrammed by A. Anselmo, 6/93.