



**TEAM HOST  
MANUAL**

To: Visiting Team

From: Craig Biggs, Associate Athletic Director for Operations

In an attempt to accommodate you and your team during your stay in Bowling Green, the WKU Team Host Manual has been created to eliminate any problems that may arise.

Within the following pages you will find enclosed:

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Please contact WKU's Facilities and Operations staff now, or prior to your trip for more information regarding loading and unloading your team equipment. We will gladly help you in any way. Feel free to contact us at any time, (270) 745-5279.

Sincerely,

Craig Biggs



## Staff Phone Numbers

<u>Position</u>	<u>Name</u>	<u>Phone</u>
Director of Athletics.....	Ross Bjork.....	270-745-3542
Senior Associate Athletic Director.....	Todd Stewart.....	270-745-3161
Associate Athletics Director/ Operations.....	Craig Biggs.....	270-745-5279
Associate Athletics Director/ Administration.....	B.J. Burton.....	270-745-2618
Associate Athletics Director/ Development.....	Jim Clark.....	270-745-6064
Associate Athletics Director/ Student Services.....	Pam Herriford.....	270-745-6062
Associate Athletics Director/ Business Affairs/CFO.....	Darrell Horn.....	270-745-5025
Facilities Coordinator.....	Les Forsythe.....	270-745-2903
Event Management Coordinator.....	Rick French.....	270-745-3324
Director of Marketing & Promotions.....	Lindsay Thomas.....	270-745-6562
Ticket Office Manager.....	Matt Morrison.....	270-745-5222
Associate Director of Media Relations.....	Chris Glowacki.....	270-745-5388
Head Athletic Trainer.....	Bill Edwards.....	270-745-6026
Associate Athletic Trainers.....	Mike Gaddie.....	270-745-5317
	Dustin Wilson.....	270-745-4212
	Danny Cobble.....	270-745-4366
Assistant Athletic Trainers.....	Beth Varvil.....	270-745-4243
	Katie Murphy.....	270-745-3743



## Athletic Training Information

The following information includes the items that will be provided by the Western Kentucky University Athletics Training Department.

### **Football:**

1. Ice for the sideline and locker room as needed.
2. Coolers of ice water for the sideline and locker room, and will replace the water on the sideline as needed.
3. Paper cups
4. Four cases of soft drinks in the locker room.
5. Taping tables in the locker room.
6. An ambulance will be located at the home end of the stadium.
7. WKU team physicians will be located on the home sideline and available as needed.
8. Stretchers and splints will be available on the home sideline.
9. An x-ray technician will be available for routine x-rays that can be done at the student health service adjacent to the stadium for the cost of the x-ray.

### **Soccer and Volleyball:**

1. A student trainer will be assigned to your team to assist in any way.
2. The training room in E.A. Diddle Arena will be open two hours prior to each game. If more time is needed please contact an athletic trainer in advance and accommodations will be made.
3. The following modalities are available for your use: hydro collator, whirlpool, ultrasound, interferential and muscle stimulator.
4. A team physician will be in attendance or on call.
5. Water and ice bags will be available on your bench and in your locker room.

The following is a list of telephone numbers in the event you need assistance.

Bill Edwards.....	Head Athletic Trainer.....	270-745-6026
Mike Gaddie.....	Associate Athletic Trainer.....	270-745-5317
Dustin Wilson.....	Associate Athletic Trainer.....	270-745-4212
Danny Cobble.....	Associate Athletic Trainer.....	270-745-4366
Beth Varvil.....	Athletic Trainer.....	270-745-4243
Katie Murphy.....	Athletic Trainer.....	270-745-3743
Houchens Industries-L.T. Smith Stadium Training Room.....		270-745-6029
E.A. Diddle Arena Training Room.....		270-745-3743
		or
		270-745-5317



## Directions to Bowling Green

### **To Scottsville Road:**

From Natcher Parkway:

- Follow Natcher Parkway to I-65
- Take I-65 North to Exit 22
- Turn left onto Scottsville Road.

From Cumberland Parkway and I-65 (North):

- Get onto I-65 South to Nashville
- Take Bowling Exit 22
- Turn Right onto Scottsville Road.

From I-65 (South):

- Take I-65 North to Exit 22
- Turn left onto Scottsville Road.

**The majority of restaurants and hotels are located on Scottsville Road.**

### **To 31-W:**

From Natcher Parkway:

- Follow Natcher Parkway to Exit 4
- Turn Left onto 31-W

From Cumberland Parkway and I-65 (North):

- Get onto I-65 South to Nashville
- Take Exit 20 to the Natcher Parkway
- Follow the Natcher Parkway to Exit 4
- Turn right onto 31-W

From I-65 (South):

- Follow I-65 North to Exit 20 to Natcher Parkway
- Follow Natcher Parkway to Exit 4
- Turn right onto 31-W



## **Directions to WKU Campus**

From Natcher Parkway:

- Get off on the second exit (Exit 5) from the Natcher Parkway
- Turn left onto Russellville Road
- Follow Russellville Road to University Boulevard and turn left
- The Baseball, Football, and Basketball facilities will all be on your right in that order

From Cumberland Parkway and I-65 (North):

- Get onto I-65 South to Nashville
- Take first Bowling Green exit (Exit 28) by the Corvette Museum
- The Road will divide; take the left road onto Louisville Road
- Follow this road until it changes into University Boulevard
- Turn left at the stadium

From I-65 (South):

- Take Exit 20 to the Natcher Parkway
- Follow Natcher Parkway to Exit 5
- Turn right onto Russellville Road
- Follow Russellville Road to University Boulevard and turn left
- The Baseball, Football, and Basketball facilities will all be on your right in that order

## **Directions to Soccer and Softball Complex**

From Natcher Parkway:

- Get off on the second exit (Exit 5) from the Natcher Parkway
- Turn left onto Russellville Road
- Follow Russellville Road to University Boulevard and turn right
- Take an immediate right onto Creason Drive
- The Softball field and Soccer pitch will be on your right in that order

From Cumberland Parkway and I-65 (North):

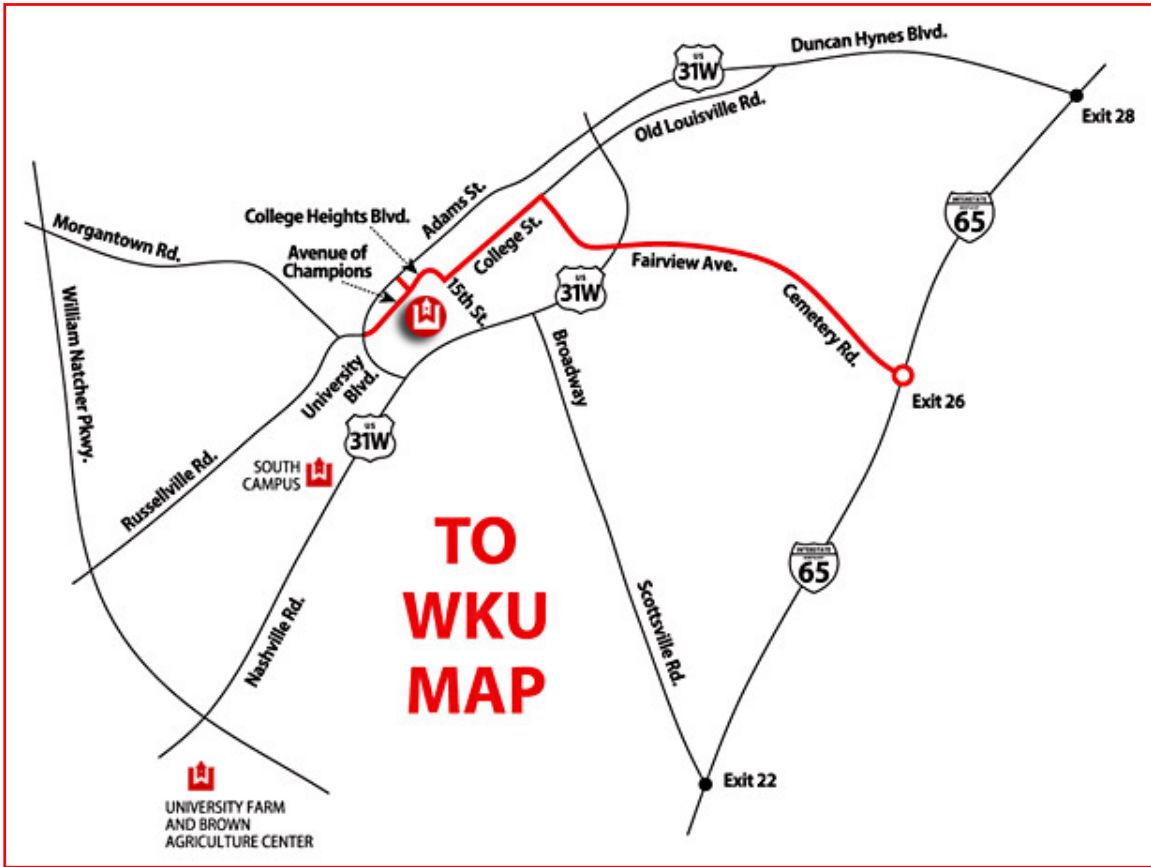
- Get onto I-65 South to Nashville
- Take the Bowling Green exit (Exit 28) by the Corvette Museum
- The Road will divide; take the left road onto Louisville Road
- Follow this road until it changes into University Boulevard
- Continue past the basketball arena, football stadium, & baseball field; turn right onto Creason Drive
- The Softball field and Soccer pitch will be on your right in that order

From I-65 (South):

- Take Exit 20 to the Natcher Parkway
- Follow Natcher Parkway to Exit 5
- Turn Right onto Russellville Road
- Follow Russellville Road to University Boulevard and turn right
- Take an immediate right onto Creason Drive
- The Softball field and Soccer pitch will be on your right in that order

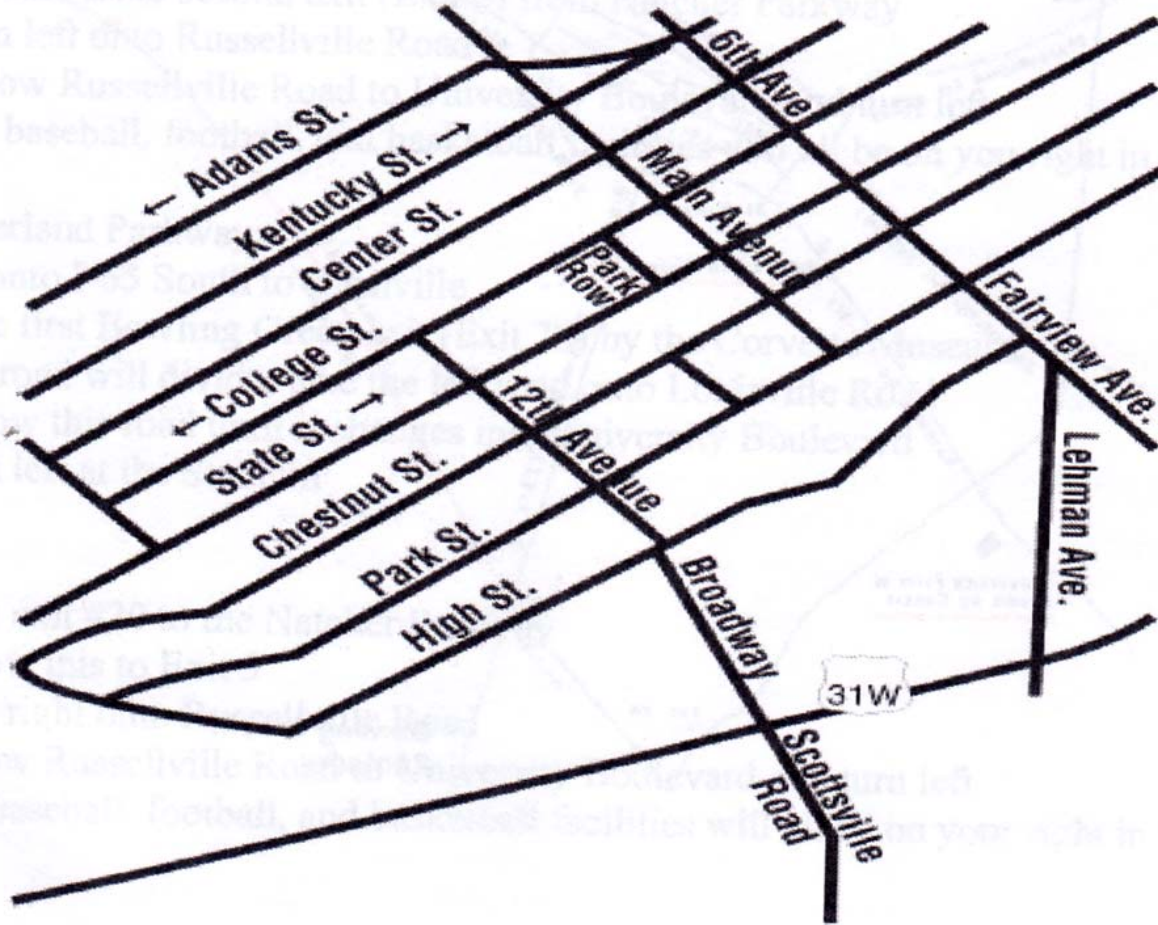


# How to get to WKU Map





# Map of Downtown Bowling Green

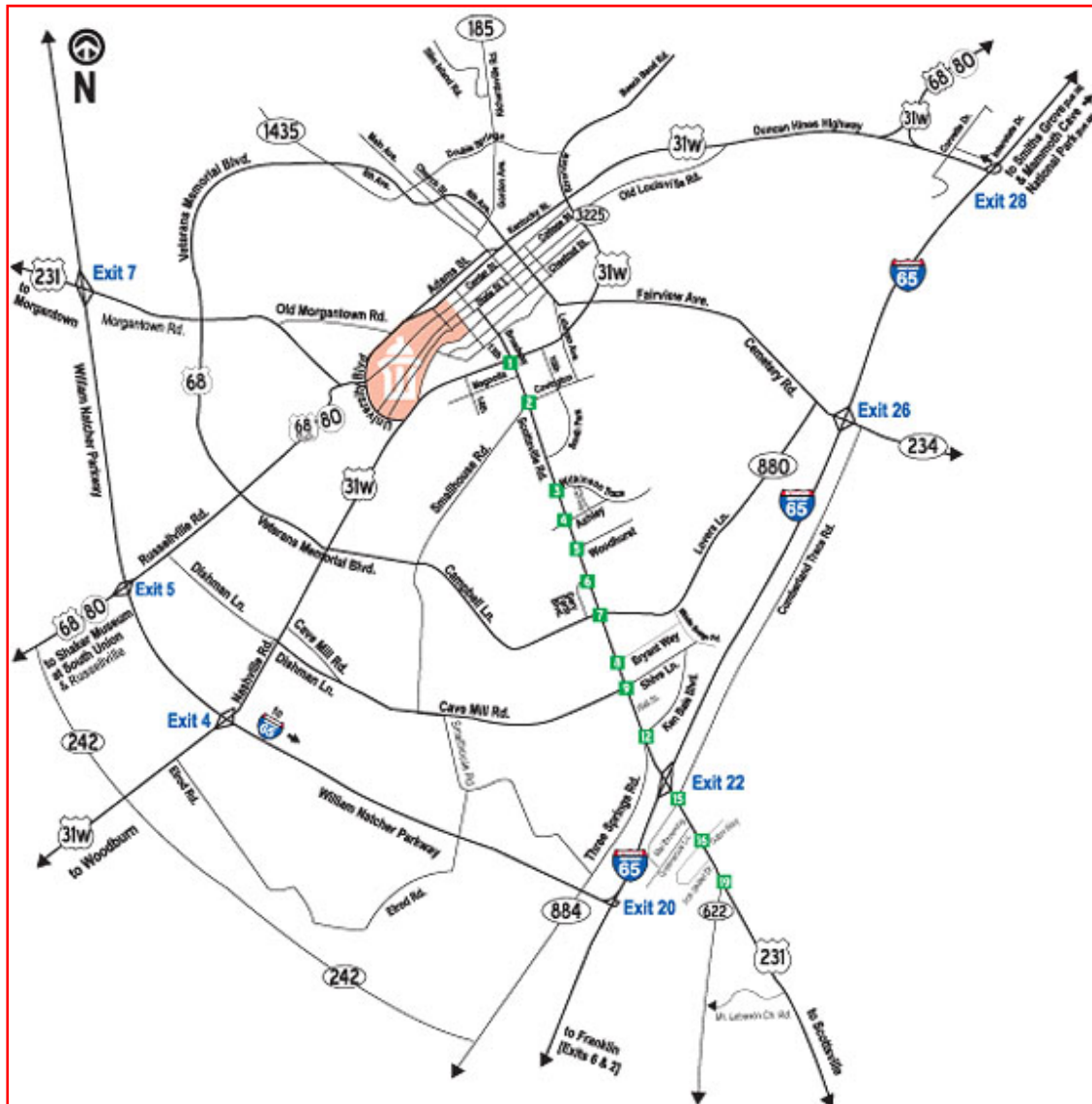


DIRECTIONS TO SOCCER AND SOFTBALL FIELD





# Map of the Bowling Green Area



## Bowling Green Area Hotels

1. Holiday Inn University Plaza.....270-745-0088  
<http://www.holidayinnbowlinggreen.com> (800) 801-1777  
1021 Wilkinson Trace
2. Hilton Garden Inn..... 270-781-6778  
1020 Wilkinson Trace
3. Baymont Inn and Suites.....270-843-3200  
165 Three Springs Road (800) 301-0200
4. Courtyard by Mariott..... 270-783-8569  
1010 Wilkinson Trace (800) 321-2211
5. Drury Inn.....270-842-7100  
3250 Scottsville Road
6. Fairfield Inn.....270-782-6933  
1940 Mel Browning Street (800) 228-2800
7. Hampton Inn..... 270-842-4100  
233 Three Springs Road (800) 426-7866



## Bowling Green Area Food and Restaurants

<u>Restaurant</u>	<u>Address</u>	<u>Phone</u>
440 Main.....	440 East Main Street.....	270-793-0450
Arby's.....	1818 Russellville Road.....	270-842-0100
Baker Bros. American Deli.....	1945 Scottsville Road.....	270-904-4630
The Bistro.....	1129 College Street.....	270-781-9646
Brick Yard Café.....	1026 Chestnut Street.....	270-843-6431
Buckhead Café.....	760 Campbell Lane.....	270-846-0110
Buffalo Wild Wings.....	1760 Scottsville Road.....	270-842-9464
Chic-Fil-A.....	1766 Campbell Lane.....	270-782-6807
Cracker Barrel.....	1960 Mel Browning Street.....	270-843-8087
Culver's.....	4903 Scottsville Road.....	270-901-0213
Double Dog's.....	1780 Scottsville Road.....	270-843-9357
*Domino's.....	2201A Stonehenge Avenue.....	270-781-9494
Dunkin Donuts.....	2435 Nashville Road.....	270-843-4886
Griff's Deli.....	1640 Scottsville Road.....	270-904-4743
*Jimmy John's.....	1916 Russellville Road.....	270-393-8884
Longhorn Steakhouse.....	2635 Scottsville Road.....	270-746-0055
Mancino's Grinders and Pizza.....	2710 Nashville Road.....	270-783-3131
*Mariah's.....	801 State Street.....	270-842-6878
McDonald's.....	3080 Scottsville Road.....	270-781-9838
McDonald's.....	1925 Russellville Road.....	270-781-7984
Montana Grille.....	1740 Scottsville Road.....	270-746-9746
Olive Garden.....	3220 Scottsville Road.....	270-782-6050
Outback Steakhouse.....	3620 Scottsville Road.....	270-746-0409
Overtime Sports Bar and Grill.....	773 Bakerfields Way.....	270-904-4430
*Papa Jophn's Pizza.....	1922 Russellville Road.....	270-782-0888
Pizza Hut (Dine-In).....	2631 Scottsville Road.....	270-782-9056
*Pizza Hut.....	1200C Smallhouse Road.....	270-781-9898
Rafferty's.....	1939 Scottsville Road.....	270-842-0123
Red Lobster.....	2525 Scottsville Road.....	270-782-9500
Riley's Bakery.....	819 US 31-W Bypass.....	270-842-7636
Steak-n-Shake.....	1680 Scottsville Road.....	270-783-9260
Toot's Restaurant.....	2500 Scottsville Road.....	270-843-2335
Wendy's.....	2648 Russellville Road.....	270-782-5446
Wendy's.....	2638 Scottsville Road.....	270-781-2580

**\*Denotes restaurants that deliver to WKU campus**



**Bowling Green Area Groceries**

**Scottsville Road:**

Kroger.....270-780-9887  
2945 Scottsville Road

**US Highway 31-W:**

Kroger..... 270-796-5987  
350 West 31-W By-Pass

**Campbell Lane:**

Kroger..... 270-783-0701  
711 Campbell Lane

Wal-Mart Super Center..... 270-781-7903  
150 Walton Avenue

**Morgantown Road:**

Wal-Mart Super Center.....270-842-7648  
1201 Morgantown Road

**Russellville Road:**

Houchens Market.....270-842-6140  
1901 Russellville Road

**Louisville Road:**

Houchens Market.....270-782-1213  
3170 Louisville Road

**Mount Victor Lane:**

Crossroads IGA (Just off I-65 Exit 28).....270-781-3059  
2560 Mount Victor Lane



## Bowling Green Area Transportation

### Car Rentals:

Avis Rent-A-Car..... 270-842-1700  
560 US Highway 31-W By-Pass

Enterprise Rent-A-Car.....270-782-5600  
553 US Highway 31-W By-Pass

Enterprise Rent-A-Car.....270-782-7700  
1755 Scottsville Road

Hertz Rent-A-Car.....270-782-2215  
899 US Highway 31-W By-Pass



## Emergency Numbers

Dial 911 for all emergencies

### Medical:

WKU Health Services.....	270-745-5641
Greenview Regional Hospital.....	270-793-1000
The Medical Center.....	270-745-1000 270-843-5000
UrgentCare.....	270-781-3910

### Police

Western Kentucky University Police Department.....	270-745-2548
Bowling Green City Police (non-emergency).....	270-393-4000
Warren County Sheriff's Department.....	270-842-1633
Kentucky State Police (3 <sup>rd</sup> District).....	270-782-2010

### State Police/Road Conditions

Illinois.....	800-452-3740
Indiana.....	800-261-7623
Kentucky.....	Emergency..... 800-222-5555 Road Condition..... 800-459-7623
Ohio.....	800-264-7623
Tennessee.....	800-858-6349

### Fire

Bowling Green Fire Department.....	Emergency 911
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### Other

Kentucky Poison Control.....	800-722-5725
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