To insure that students are able to receive sufficient sleep to maintain good health and to meet effectively the varied challenges of individual schedules, the following evening schedule is maintained:

WEEKNIGHTS (SUNDAY—THURSDAY)

2:00 – 7:00 p.m. – Check-In ("speed-bump") Period

Each student must check-in at the front desk of his/her residence hall between 2:00 p.m. and 7:00 p.m. daily. Exceptions will be made only if a student is signed-out with a staff member or parent/guardian throughout that time period.

5:30 - 7:00 p.m. Dinner and Club Meetings.

By 7:00 p.m. All students must have returned to the residence halls and checked in at the front desk. From there, they may sign-out for evening activities.

7:00 - 10:00 p.m. Time for recreational and leisure activities, social/educational programming, hall meetings, and additional studying.

9:00 p.m. In-Building Curfew for students on Academic Probation and for all new students during their first nine-weeks of enrollment.

9:00 p.m. Quiet hours begin. (Quiet hours end at 9:00 a.m. the following day.)

10:00 p.m. In-Building Curfew.

At specific times during the school year, students' curfews may be extended or retracted. Unless specifically announced otherwise, students must be in their rooms for room check and announcements.

10:00 - 10:30 p.m. Room Check and announcements.

11:00 p.m. On-Hall Curfew.

As deemed necessary by the student life advisor or coordinator of residence life, an 11:00 on-hall curfew may be enforced. On-hall curfew is utilized primarily as a tool to assist students in curtailing evening activities and beginning to settle down in time for Lights Out. At the start of the year and any time students are exhibiting problems following the Lights Out Policy, students should expect the 11:00 on-hall curfew to be implemented. When the 11:00 on-hall curfew is applied, all students must be on their own halls by 11:00 p.m. unless they have received specific permission from a student life advisor.

12 midnight - 5:30 a.m. Lights Out.

Students must be in their own room and bed unless they have specific permission for Extended Study Time from the student life advisor.

Extended Study Time (Sunday—Thursday)

Most students will find that the above evening schedule accommodates their use of time. Occasionally, however, a student may require additional study time. If so, he/she must request Extended Study Time from a student life advisor. Extended Study Time will be granted sparingly. In the professional opinion of the Student Life staff, students who frequently request Extended

Study Time are not managing their time well and will be required to work with a SLA or the Academic Support Coordinator to develop this important skill.

WEEKEND NIGHTS (FRIDAY—SATURDAY)

2:00 – 7:00 p.m. – Check-In ("speed-bump") Period

Each student must check-in at the front desk of his/her residence hall between 2:00 p.m. and 7:00 p.m. daily. Exceptions will be made only if a student is signed-out with a staff member or parent/guardian throughout that time period. After checking-in, students may sign out again.

11:00 p.m. Quiet hours begin. (Quiet hours end at noon the following day.)

12 midnight Curfew Students must be in their rooms for room check and nightly announcements

12:00 midnight - 12:30 a.m. Room Check and occasional announcements.

2:00 a.m. Lights Out.

Students must be in their own rooms and beds.

On designated Required Weekends, curfew Friday is at 11:00 p.m. with Lights Out at 1:30 a.m.