

## USA Cycling Records Elite Men

### Track Time Trial - Flying Start

200 m	9.876	Jimmy Watkins, Mexico City, 7/30/09
500 m	26.496	Marty Nothstein, Blaine, MN, 8/12/98

### Track Time Trial - Standing Start

<i>250 m</i>	<i>17.867</i>	<i>Dean Tracy, Guadalajara, 10/21/11</i>
1 km	1:01.085	Jimmy Watkins, Mexico City, 7/30/09
4 km	4:15.160	Taylor Phinney, Pruskow, 3/26/09
4 km team	4:06.73	Zach Conrad, Dirk Copeland, Mariano Friedick, Adam Laurent, Paris, France, 10/22/95
1 hour	51.505 km	Norm Alvis, Colo. Springs, CO, 9/26/97

### Team Sprint

<i>750 m</i>	<i>44.036</i>	<i>Dean Tracy, Michael Blatchford, Jimmy Watkins Guadalajara, 10/21/11</i>
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### Road Time Trials

#### Individual

40 km	47:35.37	John Frey, Moriarty, NM, 9/2/90
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#### Tandem

40 km	44:18.84	John Frey, Rod Bush, Moriarty, NM, 9/6/92
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## Elite Women

### Track Time Trial - Flying Start

200m	11.064	Connie Paraskevin, Bogota, COL, 9/26/95
500 m	29.662	Jennie Reed, Carson, CA, 6/16/08

### Track Time Trial - Standing Start

<i>250 m</i>	<i>19.673</i>	<i>Elizabeth Carlson, Guadalajara, 10/21/11</i>
500 m	34.426	Tammy Thomas, Mexico City, 8/12/01
1 km	1:12.298	Janie Eickhoff, Trexlertown, PA, 6/14/91
3 km	3:22.269	Sarah Hammer, Aguascalientes, 5/11/10
1 hour	44.028km	Carolyn Donnelly, Colo. Springs, CO, 10/29/90

### Track Team Time Trial -- Standing Start

3000 m	3:19.569	Sarah Hammer, Dotsie Bausch, Lauren Tamayo Aguascalientes, 5/12/10
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### Team Sprint

<i>500 m</i>	<i>34.788</i>	<i>Elizabeth Carlson, Madalyn Godby, Guadalajara 10/21/11</i>
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### Road Time Trials

#### Individual

40 km	51:36.24	Mari Holden, Moriarty, NM, 9/3/95
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#### Tandem

40 km	52:00.55	Carolyn Donnelly, Paula Higgins, Moriarty, NM 9/3/95
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### Elite Mixed Tandem

#### Road Time Trials

40 km	47:17.84	Kent Bostick, Carol Anne Bostick, Moriarty, NM, 9/2/96
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## Junior Men

### Track Time Trial - Flying Start

#### 200 meters

14-	11.575	Andy Lakatosh, Trexlertown, PA, 8/12/99
16-	10.654	Andy Lakatosh, Colo. Springs, CO 8/24/00
18-	10.499	William Clay, Colo. Springs, CO, 7/91

#### 250 meters

*17-18 14.392 Matthew Lipscomb, Frisco, TX 7/6/11*

### Track Time Trial - Standing Start

#### 500 meters

14-	35.419	Andy Lakatosh, Indianapolis, IN, 6/30/99
16-	33.961	Andy Lakatosh, Ft. Lauderdale, FL, 8/10/01

#### 1 km

18-	1:04.400	David Espinoza, Aguascalientes, MEX 8/8/07
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#### 3 km

18-	3:16.589	Taylor Phinney, Carson, CA, 6/15/08
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### 4 km Team Time Trial

*18- 4:17.678 Greg Daniel, Mathew Lipscomb, Paul Lynch  
Thomas Wrona, Moscow, 8/17/11*

### Road Time Trials

#### 10 km

12-	14.22.30	Alex Coelho, Moriarty, NM 9/1/02
14-	13:11.73	Chris Stockburger, Moriarty, NM, 9/2/01

#### 20 km

16-	25:08.48	Blake Caldwell, Moriarty, NM, 9/4/00
18-	24:13.00	Heath Sandall, Quito, Ecuador, 7/24/94

## Junior Women

### Track Time Trial - Flying Start

#### 200 meters

15-16	12.264	Jennifer Valente, Trexlertown, 7/8/10
18-	11.47	Missy Thompson, Colo. Springs, CO, 6/19/96

#### *250 meters*

<i>17-18</i>	<i>16.842</i>	<i>Kate Wilson, Frisco, TX 7/6/11</i>
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### Track Time Trial - Standing Start

#### 500 meters

14-	38.298	Tara McCormick, Carson, CA 07/04/09
16-	37.364	Coryn Rivera, Colo.Springs, CO 7/1/07
18-	36.656	Collen Hayduk, Colo. Springs, CO, 6/30/07

#### 2 km

14-	2:51.67	Lauren Shirock, Trexlertown, PA 8/26/03
16-	2:40.40	Sarah Hammer, Carson, CA, 6/6/99
18-	2:27.92	Jessica Grieco, Colo. Springs, CO, 7/16/91

#### *3 km Team Pursuit*

<i>10-18</i>	<i>3:52.574</i>	<i>Addyson Albershardt, Jaqueline Denny Kate Wilson, Moscow, 8/18/11</i>
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#### 4 km Team Pursuit

18-	5:15.66	Katie Compton, Amber Holt, Ryan Kelly, Sara Willhoit, Houston, TX, 7/9/95
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### Road Time Trials

#### 10 km

12-	16:41.62	Jeanne Eriksson, Moriarty, NM, 9/5/99
14-	15:19.24	Danielle Haulman, Moriarty, NM 9/5/04

#### 20 km

16-	29:48.61	Ryan Kelly, St. Louis, MO, 7/7/94
18-	29:41.97	Jessica Grieco, Borrego Springs, CA, 8/10/90

## Masters Men

### Track Time Trial - Flying Start

#### 200 m

30+	10.333	Stephen Alfred, Colo. Springs, CO 8/6/02
<i>35+</i>	<i>10.490</i>	<i>Sky Christopherson, Colo. Springs, CO 8/20/11</i>
40+	10.511	Stephen Hill, Colo.Springs, CO 8/9/06
<i>45+</i>	<i>10.970</i>	<i>Todd Hayes, Colo. Springs, CO, 8/20/11</i>
50+	11.116	Kurt Sato, Colo. Springs, CO, 8/21/09
<i>55+</i>	<i>11.02</i>	<i>Richard Voss, Colo. Springs, CO 7/16/11</i>
60+	11.473	Victor Copeland, Colo. Springs, CO, 8/6/02
<i>65+</i>	<i>11.870</i>	<i>Ronald Hargrave, Colo. Springs, CO 7/16/11</i>
70+	12.636	James Kloss, Colo. Springs, CO 8/20/09
75+	13.693	Luigi Fabbri, Portugal, 10/29/10

### Track Time Trial - Standing Start

#### 500 m

<i>40+</i>	<i>34.781</i>	<i>Michael Paulin, Colo. Springs, CO 8/27/11</i>
<i>45+</i>	<i>34.88</i>	<i>Todd Hayes, Colo. Springs, CO 7/17/11</i>
50+	34.834	Roy Simonson, Colo. Springs, CO 8/6/02
<i>55+</i>	<i>35.29</i>	<i>Scott Butler, Colo Springs, CO 8/7/11</i>
60+	35.654	Victor Copeland, Colorado Springs, CO 8/4/04
65+	37.242	Earl Henry, Colo. Springs, CO 8/9/06
70+	39.012	James Kloss, Colo. Springs, CO 8/18/09
<i>75+</i>	<i>42.228</i>	<i>Thomas O'Rourke, Trexlertown, PA 7/26/11</i>

#### 750 m

40-44	49.107	Stephen Hill, Manchester, 2006
45-49	49.616	Alphonso Whaley, Manchester, 2005

#### 1 km

30+	1:04.271	Jeff Solt, Colo. Springs, CO, 7/13/93
35+	1:04.927	Anton Quist, Colo. Springs, CO 8/4/04
40+	1:05.063	Roy Simonson, Colo. Springs, CO 8/24/00
45+	1:07.85	Vic Copeland, Colo. Springs, CO, 8/21/93

#### 2km

50+	2:17.051	Larry Nolan, Colo.Springs, CO 8/19/09
55+	2:24.439	Woody Cox, Colo. Springs, CO 8/11/06
60+	2:24.780	Victor Copeland, Colo. Springs, CO 8/4/04
65+	2:32.102	James Murdock, Colo.Springs, CO 7/21/07
70+	2:40.224	James Kloss, Colo.Springs, CO 10/20/09
75+	2:59.915	Richard Simons, Frisco, TX, 09/01/10

### 3 km

30+	3:23.31	Chris Carlson, Manchester, England, 8/26/95
35+	3:24.60	Kent Bostick, Colo. Springs, CO, 10/16/93
40+	3:24.60	Kent Bostick, Colo. Springs, CO, 10/16/93
45+	3:21.06	Kent Bostick, Manchester, GBR, 9/23/99

### 3 km team time trial

50+	3:28.305	<i>Robert Black, Chris Regan, Mark Sommers, Scot Butler, Colorado Springs, CO 8/8/11</i>
60+	3:38.229	<i>Steven Worley, Barry Messmer, Paul Mack, Larry Bosch, Colorado Springs, CO 8/26/11</i>

### 4 km team time trial

30+	4:31.463	Dan Vogt, Curtis Tolson, Kenny Williams, Leif Clarke, Colo. Springs, CO, 8/13/06
40+	4:36.895	Kent Bostick, Richard Meeker, Jeff Fillerup, Larry Nolan, Colo. Springs, CO 8/13/06
45+	4:40.084	<i>Robert Black, Larry Nolan, Dan Vogt, Kurt Bickel, Carson, CA 9/30/11</i>
50+	4:48.365	Robert Black, Andrew Buck, Scott Butler, Christopher Regan, Colo. Springs, CO 8/20/09

### 1 hour

30-34	47.7644	Curtis Gunn, Carson, CA, 11/20/04
35-39	45.641	Jason Sprouse, Trexlertown, PA, 7/318/07
40-44	45.5871	Ken Harris, Trexlertown, PA, 9/23/08
45-49	49.3610	Kent Bostick, Manchester, 1999
50-54	45.386	Keith Ketterer, Carson, CA 10/1/09
55-59	44.5488	Steven Lehmen, Manchester, 2002
60-64	44.228	Kenny Fuller, Carson, CA 10/1/09

### Road Time Trials

#### 20 km

65+	26:58.57	William Meyers, Moriarty, NM 9/4/05
70+	27:16.52	William Meyers, Moriarty, NM 9/3/07
75+	29:50.90	Walter Axthelm, Moriarty, NM 9/5/10
80+	33:59.62	Gordy Shields, Mission Bay, CA, 4/10/98
85+	35:10.81	Gordon Shields, Moriarty, NM, 8/31/03
90+	44:53.98	Gordon Shields, San Diego, CA, 4/11/08

**40 km**

30+	47:35.37	John Frey, Moriarty, NM, 9/2/90
35+	47:48.69	Kent Bostick, Moriarty, NM, 9/2/90
40+	48:25.48	Kent Bostick, Moriarty, NM, 9/1/96
45+	49:57.98	Kent Bostick, Dunlap, TN, 6/6/99
50+	<i>50:17.85</i>	<i>Kevin Metcalf, Sattley, CA 6/12/11</i>
55+	51:56.30	Scott Tucker, Moriarty, NM 8/31/97
60+	52:42.65	Scott Tucker, Moriarty, NM 9/5/99

**40 km Tandem**

70+	45:56.47	John Frey, Jim Warsa, Moriarty, NM, 9/1/96
90+	46:47.72	John Verheul, Andrew Coggan, Moriarty, NM, 9/1/08
110+	48:56.06	David Spangler, Vic Copeland, Moriarty, NM, 8/31/97

## Masters Women

### Track Time Trial - Flying Start

#### 200 m

30+	11.064	Connie Paraskevin-Young, Bogota, 9/26/95
35+	11.426	Jill Gianettoni, Colo. Springs, CO, 8/12/96
40+	12.149	Annette Hanson, Colo. Springs, CO 8/6/02
45+	12.466	Linelle Betts, Colo. Springs, CO, 8/6/02
50+	12.995	Charlotte Miller, Colo. Springs, CO 8/6/02
<b>55+</b>	<b>13.242</b>	<b>Rita Kacala, Trexlertown, PA 7/28/11</b>
60+	13.977	Marsha Macro, Colo. Springs, CO 8/9/06
<b>65+</b>	<b>14.563</b>	<b>Bonnie Woodbury, Trexlertown, PA 7/28/11</b>
70+	16.925	Patricia Baker, Colo.Springs, CO 8/21/09

### Track Time Trial - Standing Start

#### 500 m

30+	34.426	Tammy Thomas, Mexico City, 8/12/01
35+	35.400	Jill Gianettoni, Colo. Springs, CO 8/12/96
<b>40+</b>	<b>37.439</b>	<b>Gea Johnson, Carson, CA 12/11/11</b>
45+	38.591	CJ Boyenger, Colo. Springs CO 8/18/09
50+	39.357	Rita Kacala, Colo.Springs, CO 8/18/09
55+	39.856	Rita Kacala, Frisco, TX 9/5/10
60+	42.029	Linda Miller, Carson, CA 10/2/08
65+	44.128	Marsha Macro, Colo.Springs, CO 8/18/09
70+	52.934	Patricia Baker, Colo.Springs, CO 8/18/09

#### 1 km

30+	1:13.287	Rebecca Twigg, Indianapolis, IN 8/9/95
35+	1:14.278	Carol Ann Bostick, Colo. Springs, CO, 7/13/93
40+	1:17.935	Betsy King, Colo. Springs, CO, 7/13/93
45+	1:18.435	Terry Roach, Manchester, GBR, 9/25/98

#### 2km

30+	2:33:697	Nancy Lux, Colo. Springs, CO,8/6/04
35+	2:33.697	Nancy Lux, Colo. Springs, CO 8/6/04
40+	2:31.465	Annette Hanson, Manchester, 2004
45+	2:36.441	Terry Ann Roach, Colo. Springs, CO 8/9/02
50+	2:36.441	Terry Ann Roach, Colo. Springs, CO 8/9/02
<b>55+</b>	<b>2:46.207</b>	<b>Rita Kacala, Trexlertown, PA 7/27/11</b>
60+	2:42.706	Marsha Macro, Colorado Springs, CO 8/4/04
65+	2:52.674	Marsha Macro, Colo.Springs, CO 8/19/09
70+	3:39.861	Patricia Baker, Colo.Springs, CO 8/19/09



### **3 km team time trial**

30+ (4 person) 3:51.772 Annette Hanson, Tracy Huber, Kele Murdin,  
Debbie Preller, Colo. Springs, CO 8/13/06

30+ (3 person) 3:56.31 CJ Boyenger, Shane Ellis, Tara  
Unverzagt, Carson, CA 8/22/10

*45+ (3 Person) 4:10.385 Kelly Bartholomew, Annabell Holland, Lorraine Jarvis  
Trexlerstown, PA 7/31/11*

### **4 km team time trial**

30+ 5:18.81 Wendy Boglioli, Rebecca Everling, Robin Nordberg, Cristine  
Smith, San Diego, CA 7/12/96

### **1 hour**

35-39 40.7556 Jacquie Lockwood, Manchester, 2000  
45-49 41.2397 Lillian Pfluke, Manchester, 2006

### **Road Time Trials**

#### **20 km**

55+ 29:12.51 Laura Lindgren, Sattley, CA, 6/10/07  
60+ 30:41.71 Haze Thompson, St. Johann, 8/23/06  
65+ 33:10.69 Eleanor Hamre, Moriarty, NM 9/1/02  
70+ 34:11.28 Eleanor Hamre, Moriarty, NM, 9/4/06  
75+ 43:03.58 Martha Hanson, Moriarty, NM 9/3/95  
80+ 44:24.88 Martha Hanson, Moriarty, NM 9/3/00  
85+ 48:03.34 Martha Hanson, Moriarty, NM 9/3/07

#### **40 km**

30+ 52:50.23 Phyllis Hines, Dunlap, TN 6/11/95  
35+ 53:01.99 Vickie Marlatt, Moriarty, NM, 8/31/97  
40+ 53:01.99 Vickie Marlatt, Moriarty, NM, 8/31/97  
45+ 57:01.43 Julie Kaplan, Moriarty, NM, 9/6/98  
*50+ 58:13.97 MaryAnn Levenson, Sattley, CA 6/12/11*

#### **40 km Tandem**

70+ 53:01.95 Carolyn Donnelly; Paula Higgins, Moriarty, NM 9/1/97  
90+ 52:41.76 Elizabeth Benshin, Julie Kaplan, Moriarty, NM 9/1/02

## Masters Mixed

### 40 km Tandem

70+	47:17.84	Kent Bostick, Carol Ann Bostick, Moriarty, NM 9/2/96
90+	48:47.77	Carol Ann Bostick, David Spangler, Moriarty, NM 9/3/95
110+	51:59.27	Elaine Miller, Jim Miller Moriarty, NM 9/4/01
130+	57:42.37	Eleanor Hamre, Bradley Snyder Moriarty, NM 8/31/03