OKLAHOMA CITY, OK
(Oklahoma City, OK MSA)

COUNTIES
Canadian, Cleveland, Grady, Lincoln, Logan, McClain, Oklahoma

Ranking: Total Score = 24.6; Rank = 50

STRENGTHS/ADVANTAGES
• Lower percent unemployed
• More acres of parkland per capita

OPPORTUNITIES/CHALLENGES
• Lower median household income
• Higher percentage of households below poverty level
• Lower percentage eating 5+ servings of fruits/vegetables per day
• Higher percent currently smoking
• Higher percent obese
• Higher percent with asthma
• Higher percent with angina or coronary heart disease
• Higher percent with diabetes
• Higher death rate for cardiovascular disease
• Higher death rate for diabetes
• Lower percent of city land area as parkland
• Fewer farmers' markets per capita
• Lower percent using public transportation to work
• Lower percent bicycling or walking to work
• Fewer ball diamonds per capita
• Fewer dog parks per capita
• Fewer golf courses per capita
• Fewer park units per capita
• Fewer recreation centers per capita
• Fewer swimming pools per capita
• Fewer tennis courts per capita
• Lower park-related expenditures per capita
• Lower level of state requirement for Physical Education classes
• Lower number of primary health care providers per capita

DESCRIPTION OF OKLAHOMA CITY, OK MSA

	Oklahoma City MSA	U.S. Value	MSA Average	MSA Range
Population	1,227,278	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	24.9%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	63.1%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	11.9%	12.9%	11.8%	7.9% – 17.2%
Percent male	49.2%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	87.2%	85.3%	86.7%	77.6% – 92.5%
Percent White	75.2%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	10.1%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	2.7%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	12.0%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	10.1%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	6.4%	9.9%	9.8%	6.4% – 16.3%
Median household income	$45,109	$50,221	$55,331	$43,633 – $85,168
Percent of households below poverty level	11.2%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	N/A‡	429.4		
Percent with disability	13.6%	12.0%	11.0%	7.4% – 14.5%

‡This measure was not available.

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 15.6; Rank = 50

	Oklahoma City MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	70.4%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	46.2%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	15.8%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	22.8%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	28.6%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	52.1%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	35.3%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	35.8%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	10.0%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	5.0%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	10.1%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	237.0	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	26.9	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	79.7%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 32.9; Rank = 46
(note: most of these data were available only for the main city in the MSA)

	Oklahoma City		MSA Average	Range of all Cities
Built Environment				
Parkland as percent of city land area	5.6%		10.6%	2.5% – 25.3%
Acres of parkland/1,000	39.6		18.9	2.3 – 94.1
Farmers' markets/1,000,000	11.4		14.8	1.0 – 41.0
Percent using public transportation to work	0.4%		4.3%	0.4% – 30.5%
Percent bicycling or walking to work	1.9%		2.8%	1.2% – 6.7%
Recreational Facilities				
Ball diamonds/10,000	0.4		2.0	0.3 – 5.7
Dog parks/10,000	0.2		0.9	0.0 – 5.7
Park playgrounds/10,000	2.2		2.3	0.9 – 4.8
Golf courses/100,000	0.9		1.0	0.0 – 5.0
Park units/10,000	2.7		4.2	1.2 – 10.9
Recreation centers/20,000	0.8		1.1	0.1 – 2.6
Swimming pools/100,000	1.8		3.1	0.6 – 9.2
Tennis courts/10,000	1.4		2.1	0.8 – 6.9
Park-related expenditures per capita	$58		$101.5	$12.0 – $259.0
Level of state requirement for Physical Education classes**	0		2.5	0 – 3
Number of primary health care providers per 100,000	79.8		93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level