# Enjoy the Benefits of Recreation







#### Recreation Moving Londoners toward a healthier lifestyle through amazing experiences.

Parks and





## **Did You Know?**

London is a community of families and neighbourhoods. We have almost 97,000 families, many of whom are doing well. We pride ourselves on being a community that is a great place to raise our children and support our youth, and one in which neighbours, young and old, care deeply about where they live.

Recreation has a mandate to help improve the quality of life of all Londoners and promote liveable and inclusive neighbourhoods. We provide many programs and services in our neighbourhood community centres and we enjoy many wonderful parks. These are things that all of us can benefit from today.

To ensure our success as a community for tomorrow, we want to continue to support our children and families. While most of our children and youth have the opportunity to grow up healthy and happy, some face serious risks from both an economic and health perspective. Their future success – in life and work – will be affected by their childhood experiences. Children are more likely to achieve their full potential when they are raised in nurturing families and in neighbourhoods where they have the opportunity to play, learn and grow.

#### What is London Doing to Create a Brighter Future?

London is developing an ambitious Child and Youth Agenda that will make a difference to our children and community. Recreation is instrumental in making a difference by supporting strong families and strong neighbourhoods. We are updating our Parks and Recreation Strategic Master Plan to ensure that we are meeting the ever changing needs of our diverse population. Our vast network of pathways, parks, pools and community centres are complemented by our municipal golf courses, Storybook Gardens and many other facilities that provide a seemingly unlimited number of opportunities to "Play Your Way" toward a healthier lifestyle. By investing now in these programs and facilities, we can support our families and neighbourhoods and ensure that more young people are ready to succeed in life, school and work.

We invite you to take a few moments to review the exciting programs, facilities, and opportunities offered by the City of London through Parks & Recreation and Neighbourhood & Children's Services.

Bill Coxhead Director, Parks & Recreation Lynne Livingstone Director, Neighbourhood & Children's Services

#### 2008 Community Newsletter

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Filming Facility Rental Bleachers Arena Bulletin Board Advertising

#### Storybook Gardens

Season Passes Summer and Winter Private Rentals Summer Daycamp, Birthday Parties & More

www.london.ca/playyourway



<b>Par</b> rec	KS& rea	ior

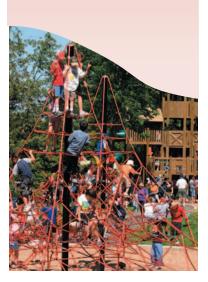
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Neighbourhood and Children's Services staff will work collaboratively with their colleagues and partners, bridging systems to improve the quality of life for all Londoners by:

Creating opportunities for individuals to lead healthy, socially-active lives; Strengthening neighbourhoods; and, Leading the integration of community-wide initiatives.

## Leadership





Investment in Recreation benefits everyone: reducing health care, social service and police/justice costs!

#### Recreation

of London."





## **Enjoy The Benefits** of Recreation

Municipalities invest in recreation, leisure, and parks services because they produce public goods. Public goods are benefits that everyone enjoys - not just those who are directly participating. Everyone in our city benefits if children develop better social skills; if youth find ways to positively channel their energies; if culturally diverse groups find common social ground recreating together; if property values increase because of the quality of nearby green spaces and parks; if health care costs reduce because we build a healthier population; if our community has benefit of new leaders; if our city attracts new business because of its quality of life; if tourism increases because of the festivals and events that the City of London hosts.

In addition to producing public goods, recreation also directly benefits individuals and families who participate: learning new skills and knowledge, increasing personal health, reducing stress, developing stronger social skills and bonds of friendship and staying independent longer.

In 2003, London City Council declared, through its endorsement of the Parks and Recreation Strategic Master Plan, that:

wellbeing of the community and shall be a core service of the City

"Recreation is essential to the social, cultural, and economic

#### Council did so with the recognition that:

June is Recreation and Parks Month

- recreation and active living are essential to personal health
- recreation is a key to balanced human development
- recreation and parks are essential to quality of life
- recreation reduces self-destructive and anti-social behaviour
- recreation and parks build strong families and healthy communities
- recreation reduces health care, social service and police/justice costs
- recreation and parks are significant economic generators
- parks, open space and natural areas are essential to ecological survival

(from The Benefits Catalogue, CPRA, 1997)

So next time you drown-proof your child through swimming lessons; or prolong your life by improving your fitness; or make a new friend at a community centre; or treat your children to a visit to Storybook Gardens; or enjoy one of London's many summer festivals ... think about how your support of recreation and parks – through your tax dollars and user fees - benefits more than just you. Your support of recreation and parks also benefits your family, neighbourhood, community and city, while making a huge investment in our collective future quality of life.

Wow! Who knew something that's so much fun could be so beneficial! Recreation and Parks .... Play Your Way!



#### 2008 Community Newsletter

#### www.london.ca/playyourway





Recreation is a key to balanced human development helping Canadians reach their potential!

#### Eniov





Recreation is essential to strong families, strong neighbourhoods and healthy communities.

Recreation and arts/culture build self-esteem and positive self-image.

## Children



## **Neighbourhood and Children's Services**

Neighbourhood and Children's Services is focused on strengthening the City of London's neighbourhoods and supporting our children, youth and families. We know that ... "Happy, healthy children and youth today ... become caring, creative, responsible adults tomorrow" and strong neighbourhoods mean a strong city

We are proud to make our city a better place through our community facilities, community programs and community investments and opportunities.

#### **Community Facilities**

The Community Services Department operates numerous Community Centres across the city. They serve as neighbourhood meeting places and support a diverse range of activities and programs. These community centres and recreational facilities are also available to individuals and organizations for meetings, sporting events and community events.

Boyle Community Centre	530 Charlotte Street
Byron Optimist Recreation Centre	1308 Norman Avenue
Carling Heights Optimist Community Centre	656 Elizabeth St. (off McMahen)
Carling Recreation Centre	675 Grosvenor Street
Civic Garden Complex	625 Springbank Drive
Hamilton Road Senior Centre & Community Centre	525 Hamilton Road
Kinsmen Recreation Centre	20 Granville St. (west off Wharncliffe between Oxford & Riverside)
Kiwanis Seniors Community Centre	78 Riverside Drive
Lambeth Community Centre	7112 Beattie Street West
Medway Community Centre	1119 Sherwood Forest Sq. (off Wonderland Rd. North)
North London Optimist Community Centre	1345 Cheapside Street
South London Community Centre	1119 Jalna Blvd. (behind White Oaks Mall)
Stronach Community Recreation Centre	1221 Sandford Street (off Huron St. East)

For more information, visit www.london.ca/playyourway or call 519-661-5575 to see what our smoke free facilities have to offer.

#### **Community Investments and Opportunities**

Neighbourhood and Children's Services believes in helping people by investing in neighbourhoods, developing leaders, supporting families, and working with communities.

Here's just some of the ways we do this ...

#### Investing in Neighbourhoods:

- Grassroots neighbourhood development and support (e.g. Kipps Lane Initiative)
- Support of Neighbourhood Resource Centres
- Grants and funding that address a wide range of community interests including arts, anti-poverty initiatives, economic development and the well being of residents.

For more information contact us at: partnershipsandfunding@london.ca

#### **Developing Leaders:**

- Youth Leader-in-Training programs
- Youth mentorship programs
- Employment and training of recreation services leaders

#### Support for Families:

- · Subsidies for child care fees and wage subsidy to licensed child care providers
- Special need supports for children
- Funding of family support agencies

For more information call us at 519-661-4834

#### Working with Communities:

- · Funding innovative, engaging neighbourhood projects, e.g. the Creative City Neighbourhood Initiative
- Supporting volunteer projects, e.g. outdoor ice rinks, kids sport programs, park clean-ups
- Facilitating coalitions and networks of community organizations and agencies, e.g. Child-Youth Network









Recreation and parks are often the catalysts that build strong, self-sufficient communities and community pride.

Recreation, sports, and arts/culture produce leaders who serve their communities in many ways.

#### Community





Families that play together build stronger bonds.

All London residents are encouraged to participate in our many leisure and recreational programs.

We promote participation for all through multi-cultural and diverse programming; access to services compatible with the interests and abilities of those with special needs; and through affordable programs.

#### **Programs**



## **Neighbourhood and** Children's Services (Cont'd)

#### **Community Programs**

Neighbourhood and Children's Services provides affordable, accessible, and equitable opportunities for you and your family members to try new activities in your neighbourhood. We provide introductory recreational level programs that represent a "Spectrum" of recreational choices.

#### Summer



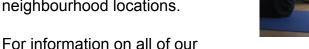
Neighbourhood Day Camps, with "before camp" and "after camp" programs, offer a variety of activities that include environmental themes, games, swimming, crafts, special events, drama and local trips. These camps are offered at 9 locations around the city for children 5 – 12 years.

Free Neighbourhood Playgrounds are offered at 40 locations throughout the city for children 6 - 12 years of age to participate in games, sports, arts, crafts, and great special events.

Mini Camps and Preschool Programs provide a variety of activities designed for preschoolers aged 3 to 5 years which are based on themes.

#### Fall/Winter/Spring

Registered programs for all ages and for a wide variety of interests are offered in 3 sessions between September and June annually at over 60 neighbourhood locations.



programs, see our Spectrum catalogue at www.london.ca/playyourway.

Participants may be eligible for various sorts of financial assistance based on need. Please call 519 661-5575 for details.

# **Spectrum Catalogue of Programs and Courses**

Spectrum catalogues are delivered to Londoners twice a year in the Spring and Fall. Watch for the Fall/Winter Spectrum catalogue to be delivered to your home August 13 – 15 and the Spring/Summer catalogue to be delivered February 18, 2009. If you don't receive a Spectrum catalogue at your home, you can pick one up at your local London Public Library, City of London community centres, arenas, indoor aquatics centres, senior centres and many community agencies.

Spectrum is also available on-line. Log on to www.london.ca and click on the Community Vitality link or search with the keyword "Spectrum catalogue." Want to register on-line? Now it's easier than ever! Visit our website at www.london.ca and click on the link to Spectrum Interactive. Just go to Create New Account and fill in your information.

#### **Registration Made Easy - 7 Ways to Register!!**

1. Internet Registration - Visit our website at: www.london.ca and click on Spectrum Interactive link. Follow the registration steps through to payment using credit card or Parks and Recreation Financial Assistance.

2. Touch Tone Registration - Call 519-661-5575 and follow the voice prompts. Only credit card payment is available.

3. Registration Call Centre - Call 519- 661-5575, Mon. - Fri., 8:30 am - 4:30 pm. Press 2 to speak to a Customer Service Representative. Register using credit card or Parks and Recreation Financial Assistance for payment.

4. In Person - Six locations to serve you with Customer Service staff available between 8:30 am and 4:30 pm, Monday - Friday.

- Carling Heights Optimist Centre 656 Elizabeth St
- Stronach Community Centre 1221 Sandford St
- Canada Games Aquatic Centre 1045 Wonderland Rd. N
- South London Community Pool 585 Bradley Ave
- Kiwanis Senior Centre 78 Riverside Dr
- Market Tower 3rd floor 151 Dundas St, Room 302

5. Mail - Complete registration form (see back page of Spectrum) and send cheque or Visa, MC, Amex number and expiry date. (Do not mail cash.)

6. Fax - Complete registration form. Visa, MC, Amex number and expiry date will be needed. Fax to: 519-661-5607

7. Drop Off - Completed registration form, Cheque or Visa, MC, Amex will be needed. Drop off form and payment at registration site in your area.

See Spectrum for more details.





Recreation and active living helps people live longer adding up to two years of life expectancy.

## **Participate**





Enjoy The Benefits of Recreation

#### Take a Kid to the Course Week

- July 7 to 13
- Kids play for free
- Enter a national contest
- Win fabulous prizes

#### www.kidsgolffree.ca

## Golf is for everyone ... even kids!

The City of London offers an amazing golf experience for people of all ages. The most recent addition to our program is the School's Out Membership for junior players ages 9-18. It offers junior players unlimited play on Thames Valley's Hickory nine hole course all season and allows them to play the Fanshawe Quarry and River Road golf courses Monday-Friday between 11:00 am and 4:00 pm in the months of July and August. This allows juniors to learn the game on a 9 hole golf course with the opportunity to experience a full length regulation course on weekdays.

We also offer affordable Golf Clinics for adults (18+ years of age) and Golf Camps for juniors (ages 9-13) as listed in the Spectrum catalogue. The camps introduce the fundamentals of golf for the junior player who is looking to learn golf basics and more importantly have fun.

A flyer will be handed out to Grade 6 students at local schools providing information on how to obtain the coupon seen below. This is a free Spectrum program and the student must register to receive the coupon.

#### **Kids Golf**



Another opportunity for kids under 16 to experience the game of golf for free happens the week of July 7-13 during the national Take a Kid to the Course Week program. London's municipal courses will join over 450 other golf courses across the country to offer a free round of golf to kids accompanied by a paying adult.



#### City of London's Grade 6 **Golf Introduction Program**

#### Dear Grade 6 Student:

We are pleased to offer you this opportunity to enjoy a complimentary round of golf during the 2008 dolf season. Please present vour Golf Pass when you arrive.

#### 2008 Community Newsletter

Date	Event	Location
3	An August Afternoon	Springbank G
8-10	Olympic Fun Challenge	Storybook Ga
15-17	Festa Italiana	Street Closur
17	Children's Music Day	Springbank G
23	Ministerio El Mana	Victoria Park
31	Labour Day Celebrations	Sprinkbank G

#### Santanbar

August

Date	Event	Location
5-8	Lambeth Harvest Festival	Lambeth Are
7	Runners' Choice Springbank Marathon	Springbank F
13	MPWRD	Victoria Park
13	Ldn Toy Ride (Salvation Army)	Springbank F
14	Terry Fox Run	Springbank (
19	Easter Seal Society	Street Closu
20	St. Julien Community Festival	St. Julien Pa
20	Hospice of London	Gibbons, Gre 519-663-193
21	Heart & Stroke – Fit for Heart	Springbank F
21	London AIDSWalk	Victoria Park
21	Kidney Foundation of Canada	Greenway Pa
24	YMCA of London Fitness Event	Victoria Park
27	London Military Family Resource	Victoria Park
27	ALS Society of Ontario	Springbank F
28	Beat Beethoven Road Race	Victoria Park
28	Community In Motion	Springbank F
28	Autism Ontario – London Chapter	Vauxhall Par

#### October

Date	Event	Location
5	CIBC - Run for the Cure	Victoria Park
12	Running Room - Gobbler/Goblet Jog	Springbank F
19	Epilepsy Support Centre	Springbank F
26	Runner's Choice - Halloween Haunting	Springbank F

No	November		
Da	te Event	Location	
15	Santa Claus Parade	Dundas Stree	
28	Lighting of the Lights	Victoria Park	

#### December

Date	Event	Location o
6	Santa Shuffle (Salvation Army)	Victoria Park -
31	Countdown London	Victoria Park -

## **EVENTS LISTING**

#### and Contact

Gardens - Krista Kearns 519-661-2500 x2379

ardens – 519-661-5770

re – Talbot Street & Jubilee Square - Angela Greco Wilson 519-963-0963

Gardens - Krista Kearns 519-661-2500 x2379

- Luis Rivas 226-448-1451

Gardens - Krista Kearns 519-661-2500 x2379

#### and Contact

ena, Community Ctre - Rick Pettit 519-652-8797

Roadway - Paul Roberts 519-672-5928

k - Joyce Balaz 519-659-3003

Park Roadway - Deb Dicker 519-433-6106

Gardens - Paul Cox 519-452-8682

ure – Talbot - Leah Ledgley 519-432-9669 x223

ark - Bernie Brooke 519-453-2008

reenway, Harris, Springbank Pk. Rdwy. - Debrah Roy-Stothart 30

Park Roadway - Patricia Gallen 519-679-0641

k - Vicky Simanovski 519-434-1601

Park Roadway - Shelley Ralf 519-850-5362

k - Anne Baxter 519-667-3300 x251

k - Deanne Gosselin 519-873-2496

Roadway - Dora Redman 519-471-8044

k - Keith McAlister 519-661-0215

Park Roadway - Jocelyne Gall 519-686-3000

ark - Kevin Rodger 519-433-3390

#### and Contact

K - Teresa Hitchen 519-471-8777

Park Roadway - Barry Smith 519-438-8550

Park Roadway - Michelle Franklin 519-433-4073

Park Roadway - Paul Roberts 519-672-5928

#### and Contact

et - Kevin Armstrong Douglas 519-668-3576

- Krista Kearns 519-661-2500 x2379

#### and Contact

- Deb Dicker 519-433-6106

- Krista Kearns 519-661-2500 x2379

June "Recreation and Parks Month" Calendar Monday Wednesday Thursday Friday Saturday Tuesday • On average it takes 15 minutes to pedal 4 kilometres. The most energy efficient and least costly mode of transportation is muscle power. Ride your bike and help r the city's air healthier. • For distances up to 5 kilometres, cycling is recognised as the fastest of all modes from door to door. London's London's bike routes can reduce your trip time. Give Moderate physical activities, such as walking and cycling, reduce the risk of premature death, heart disease, obesity, high blood pressure and many other diseases disorders. Walking and cycling are great ways to incorporate the recommended 60 minutes of physical activity 6 4 Storybook Garden's Day Camp Open House 6pm-8pm **Public Skating** – Nichols Ashley and Stephanie Daubs Basketball Shinny Hockey (11&12 years) London International Storvbook Ferris Wheel - 2:00 - 3:45 pm Storybook Gardens Parking Lot 9:00am-3: - Nichols - 4:30 - 5:45 pm Children's Festival Grand Opening-10 am - 6 pm Senior Skating – Nichols Shinny Hockey (13&14 years) - Talbot St. - June 4-7 London Maiors Baseball Early Opening of Pools - Thames, East Lice – 1:00 - 2:45 pm - Nichols – 6 - 7:15 pm Stronach - Labatt Park **Shinny Hockey** (15&16 years) Plav On! - Victoria Park – Nichols – 7:30 - 8:45 pm 24Hr. Relay - Harris Park Clean Air Day 14 3 g Crohn's & Colitis Foundation - Greenway Shinny Hockey (11&12 years) Senior Skating - Nichols **International Food Festival** - Nichols - 4:30 - 5:45 pm Roadway - 1:00 - 2:45 pm Victoria Park - June 13-15 Bicycle Festival - Springbank Gardens Shinny Hockey (13&14 years) – Nichols – 6 - 7:15 pm Shinny Hockey (15&16 years) – Nichols – 7:30 – 8:45 pm 20 21 8 6 Shinny Hockey (11&12 years) Senior Skating – Nichols Opening of All Outdoor Pools - June 21 -French Festival - 1:00 - 2:45 pm - Springbank Gardens from 1:30 to 4:30 Shinny Hockey (13&14 years) **N'Amerind Friendship Opening of Springbank Park Wading Poo** Nichols – 6 - 7:15 pm Shinny Hockey (15&16 years) Centre - Victoria Park Independent Living Centre - Greenway Pa nt Nichols – 7:30 – 8:45 pm 25 28 23 26 Senior Skating – Nichols Shinny Hockey (11&12 years) Canada Day Celebration - Storybook Gard Storybook 50th Birthday - 1:00 - 2:45 pm – Nichols – 4:30 - 5:45 pm Canada Day Campbell Event - Ivey Park Party - 10 am - 8 pm Shinny Hockey (13&14 years) - June 28 - July 1 – Nichols – 6 - 7:15 pm Shinny Hockey (15&16 years) – Nichols – 7:30 – 8:45 pm

30 Start of Summer Swim

Lessons and Full Summer Pool Schedule (All Pools) Senior Skating – Nichols – 1:00 – 2:45 pm

- It takes approximately 5 minutes to bike a kilometre and 12 minutes to walk a kilometre.
- The calories burned by walking 28 minutes allows you to eat 1/2 cup of vanilla ice cream 'guilt-free'. The calories burned by cycling 37 minutes allows you to eat a milk chocolate bar 'guilt-free'.
- The greenhouse gas emissions from driving an SUV is equivalent to over 400 grams per kilometre travelled. Compare this to the greenhouse gas emissions from walking or cycling, which is 0 grams per person-km (carbon dioxide from breathing doesn't count food is a biofuel for people!)

	Sunday
make e it a try. s and	<b>1</b> Public Skating – Nichols – 2:00 - 3:45 pm Shinny Hockey (6&7 years) – Nichols – 4:30 - 5:45 pm Shinny Hockey (8-10 years) – Nichols – 6:00 - 7:15 pm London Humane Society - Greenway Park Roadway
00pm ons,	<ul> <li>8 Springbank Gardens Grand Opening - 1 - 3 pm Ashley and Stephanie Daubs Basketball</li> <li>- Storybook Gardens Parking Lot 9:00 am - 3:00 pm Skating – Nichols – 2:00 - 3:45 pm</li> <li>Shinny Hockey (6&amp;7 years) – Nichols – 4:30 - 5:45 pm</li> <li>Shinny Hockey (8-10 years) – Nichols – 6:00 - 7:15 pm</li> <li>Play On! - Victoria Park</li> <li>London Majors Baseball - Labatt Park</li> </ul>
Park	15 Father's Day Jazz at Springbank Gardens - 1 - 3 pm Storybook Pass Holder Appreciation Night - 6 - 8 pm Public Skating – Nichols – 2:00 - 3:45 pm Shinny Hockey (6&7 years) – Nichols – 4:30 - 5:45 pm Shinny Hockey (8-10 years) – Nichols – 6:00 - 7:15 pm London Majors Baseball - Labatt Park
22 only I ark Roadway	<b>22</b> Public Skating – Nichols – 2:00 - 3:45 pm Shinny Hockey (6&7 years) – Nichols – 4:30 - 5:45 pm Shinny Hockey (8-10 years) – Nichols – 6:00 - 7:15 pm Make-a-Wish Foundation - Springbank Gardens Running Room, Run for Sudan - Gibbons Park Roadway
dens	29 Canada Day Big Band - Springbank Gardens - 1 - 3 pm Canada Day Celebration – Storybook Gardens Public Skating – Nichols – 2:00 - 3:45 pm Shinny Hockey (6&7 years) – Nichols – 4:30 - 5:45 pm Shinny Hockey (8-10 years) – Nichols – 6:00 - 7:15 pm





# **EVENTS LISTING**

1 Aa		
i Ay	ga Khan Foundation	Springbank Gardens - Yasmin Jiwani 519-661-2500 x5328
1 Lo	ondon Humane Society	Greenway Park Roadway - Joanne Tremblay 519-451-0630 x222
1 Juv	uvenile Diabetes Research	Gibbons, Harris Roadway - Sharon O'Leavy 519-641-7006
4-7 Lo	ondon Inter. Children's Festival	Talbot Street (Market Lane to King Street) - Rebecca Vergunst 519-645-6739
	shley & Stephanie Daubs Memorial asketball	Storybook Gardens Parking Lot - Laura Visconti 519-432-2204
7-8 La	abatt 24Hr. Relay	Harris Park Roadway/Street Park Pathway (Blackfriars Bridge) - Don McCallum 519-474-0727
7 Str	trides for Life Walk, MADD London	Springbank Gardens - Pauline Newton 519-645-1350
7-8 Pla	lay On	Victoria Park - Scott Hill 519-472-5209
8 Sp	pringbank Gardens Grand Opening	Springbank Gardens - Krista Kearns 519-661-2500 x2379
8 Wa	/alk for Leukemia	Greenway Park Roadway - Wendy Absolom 1-800-265-6345
8 Ch	hildren's Miracle Network	White Oaks Park South - Paul Lethbridge 905-265-9750
13-15 Inte	ternational Food Festival	Victoria Park - Douglas Hillier 519-432-5189
14 Bio	icycle Festival	Springbank Gardens - Allison Cook 519-661-2500 x5389
14 Cro	rohn's & Colitis Foundation	Greenway Park Roadway - Allison Van Horn 519-667-5735
15 Fa	ather's Day Jazz	Springbank Gardens - Krista Kearns 519-661-2500 x2379
15 LH	HSC, Do It for Dad Walk	Gibbons Roadway - Gail Evraire 519-685-8500 x52551
20 N'A	'Amerind Friendship Centre	Victoria Park - Laurel Day 519-672-0131
20 Fre	rench Festival	Springbank Gardens - Dieufert Bellot 519-675-3849
21 Inc	dependent Living Centre	Greenway Park Roadway - Pamela Quesnel 519-660-4667
22 Ma	lake-a-Wish Foundation	Springbank Gardens - Lori Quick 519-471-4900
22 Ru	unning Room, Run for Sudan	Gibbons Park Roadway - Barry Smith 519-438-8550
22 Os	steoporosis Chapter	Greenway Park Roadway - Teresa Cristiano-Flanagan 519-641-6419
26 Sto	torybook 50th Birthday	Storybook Gardens – 519-661-5770
28-Jul 1 Ca	anada Day Campbell Event	Ivey Park - Chris Campbell 519-933-4121
29 Ca	anada Day	Springbank Gardens - Krista Kearns 519-661-2500 x2379
29 Ru	unners' Choice, Go the Distance	Greenway Roadway - Paul Roberts 519-672-5928

#### 2001

June

C C C C				
Date	Event	Location and Contact		
1	Canada Day	Storybook Gardens – 519-661-5770		
1	Canada Day	Argyle Arena - Catherine Herdman 519-455-1920		
1	Canada Day	White Oaks Park South - Nancy Needham 519-686.8600		
1	Canada Day	Ivey Park, River Forks Pk Krista Kearns 519-661-2500 x2379		
3-6	Sunfest	Victoria Park - Alfredo Caxaj 519-672-1522		
12	Caliente Festival Hispano	Street Closure - Talbot Street - Sandra Pineda 519-709-5534		
18-20	Home County Folk Festival	Victoria Park - Phyllis Brady 519-432-4310		
18	Runners' Choice Summer Night 5K	Gibbons and Harris Park Roadway - Paul Roberts 519-672-5928		
20	Colombia's Independence Day	Greenway Park - Hector Silva 519-670-792		
20	Summer in the Gardens	Springbank Gardens - Krista Kearns 519-661-2500 x2379		
23-26	Rock the Park (Bethany Hope)	Harris Park - David McIntyre 519-642-7589		
25-27	Pride London Festival	John Labatt Parking Lot - Eugene Dustin 519-673-8625		
25-27	Storytelling Festival	Storybook Gardens – 519-661-5770		
31-Aug 4	Rib-Fest	Victoria Park - Leigh-Anne Tyson 519-434-9114		

#### June is Recreation and Parks Month

# **City of London Golf Courses**

#### **Fanshawe Golf Course**

Mike Olizarevitch, CPGA, Pro since 1971



#### **River Road Golf Course**

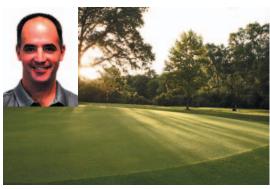
Justin Fairchild, CPGA, Pro since 2001



golfers.

## **Thames Valley Golf Couse**

Andy Shaw, CPGA, Pro since 1994







The course offers diverse challenges on the two 18 hole layouts. The Traditional Course features tree-lined fairways while the more recent Quarry has a links design. The 9 hole Parkside Course is the first in Canada to be fully accessible to physically challenged golfers and is a great place for the entire family.

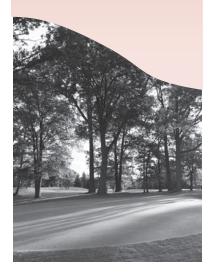
The course offers a very challenging design that incorporates six par 5's, six par 4's and six par 3's. This picturesque course varies from open to heavily tree lined and will test the most skilled player. There is a full service pro shop with food and beverage available for all

The 18 hole course offers golfers classic challenges with narrow, tree lined fairways and rolling terrain. With wider fairways and fewer trees, the Hickory Nine is more forgiving. Thames Valley is a good course choice for all golfers, from beginner to expert offering a full service pro shop and food services open year round.

#### NEW **Twilight Rate**

- \$25
- ALL Courses
- · ALL Week
- Starts at 1:00 pm!

#### **Twilight** Golf





Learning to swim reduces the possibility of drowning,

• Drowning is the 2nd leading cause of death in children. • Not wearing a personal floatation device is the number 1 cause of boating related deaths. Ontario drownings peak in the summer but happen all year round.

You are your child's lifeguard. If you aren't within arms reach, you have gone too far.

#### Drowning Prevention



## **Aquatics**



#### Spray Pads:

Spray Pads are an opportunity to cool off on a warm summer day. Introduce children of all ages to a safe, interactive, and fun aquatic environment.

Who:	Families and children of all ages
When:	9 am – 9 pm, May 16 – Sept 1
Where:	Nine locations throughout the City of London

#### Learn to Swim:

Learning to swim can save your life and it's fun. Comfort around the water opens up exciting new recreation and fitness opportunities for everyone.

Who:	Children and Adults of all ages		
When:	Mornings or after the work day, June 30 – August 22		
	Two week sessions in summer		
Where:	All outdoor and indoor pools throughout the City of London		

#### Fitness and Wellness:

Swimming gives you a great cardiovascular workout without pounding on joints. Aquafit, Aqua Jogging and swimming lengths offers a zero impact way to get fit and stay healthy.

Who:	Adults of all ages
When:	Regularly scheduled aquafit, specific times for fit swims
Where:	Indoor pools and selected outdoor pools



#### **Recreational Swimming:**

Slide, jump, splash and have fun. That is the spirit of recreational swimming. Recreational swimming allows you to have fun while enjoying an active lifestyle.

	Who:	Families, children and adults of all ag
	When:	1:30 pm – 4:30 pm daily and 6:00 pn
	}	Mon - Fri at all City of London outdoo
	{	June 30 – Aug 24
	{	Check the schedules for indoor times
	Where:	All outdoor and indoor pools through

#### Path to Lifeguarding:

Problem solving, teamwork, and leadership are only a few life skills you can expect to learn through lifeguarding.

Who:	Ages 12 – Adult
When:	June 30 – Aug 22
Where:	Most City of London pools

#### **Introductory Teams:**

Diving, Waterpolo, Synchronized Swimming and Competitive Swimming are all offered in an introductory and low pressure environment. Life long skills leading to lifelong health.

Who:	Ages 6 – 16
When:	Late afternoon - Most City of London June 30 – Aug 16 Final Meets held week of August 11
Where:	Most outdoor and indoor pools through London

For more information, call 519-661-4455. For lesson registration, call 519-661-5575.

See the Spectrum or the City of London website, www.london.ca/playyourway, for details.





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Participation in leisure activities is positively related to

family satisfaction, interaction and stability.

#### **Families**





#### Thames Valley Pathway (TVP)

If you walk, run, bike or skate, multi-use paths are a great way to get around the city. The pathway is 40 kms long.

#### Parks and Recreation



## Parks and Recreation Operations

The Parks and Recreation Operations Division supports recreational programming initiatives of the City of London and its many volunteer recreation service providers. The efforts of the staff team help make London a better place to live, work and play through the provision of safe clean parks, open spaces and recreational facilities. Parks and Recreation Operations staff can be found trimming trees, lining sports fields, cutting parks and roadsides, weeding gardens, supporting special events and soccer tournaments, flooding ice in arenas and operating indoor and outdoor pools.

facilities.

**General Statistics** 

Parks and Recreation Operations

recreation by providing a long list of

• 340 parks over 2,200 hectares of public

open space, including Labatt Park,

Springbank Park and Victoria Park

provides the infrastructure for

# ET CRACKING. BEES.CO

## • 15 pools including 3 indoor aquatic facilities

- 19 wading pools and 9 spray pads
- 11 arenas and 3 outdoor ice surfaces
- 5 outdoor neighborhood skateboard parks
- 162 creative play spaces in 120 parks
- 3 off leash dog parks
- 1 Green Roof
- Cost of parks is less than \$20 per Londoner per year
- Multi-use pathways outside the TVP, 51.3 kms and counting

#### **Services Provided**

- Arena operations
- Indoor and outdoor pool operations
- Community centres maintenance
- Greenhouse plant production
- Parks maintenance
- Multi-use pathway maintenance
- Playground equipment maintenance
- Field house maintenance
- Skateboard park maintenance

#### **Sports Services**

In the spring and summer, Parks and Recreation Sports Services allocates close to 200 soccer and baseball fields in the City for over 20 minor sports organizations. There are also summer ball hockey, ice hockey and lacrosse leagues operating out of our city arenas on dry pads.

During the fall and winter, ice takes precedence with 22 pads of ice being used daily by different organizations ranging from hockey to figure skating to ringette and sledge. Also, Sports Services offers adult basketball and volleyball leagues to citizens of London which operate out of school and city gymnasiums. Please check out the Spectrum catalogue for registration information on the adult sports leagues.

To book available field space or available ice time please contact customer service at 519-661-5575 or check out our website www.london.ca/playyourway.

Sports services also offers a Learn to Skate program throughout the winter for children and adults. Please see Spectrum to register.







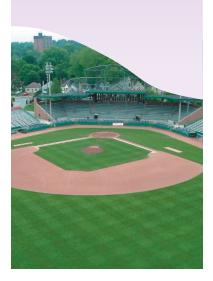


www.londoncib.ca



Historic Labatt Park, built in 1877, is recognized as the oldest continuously operating baseball diamond in North America by the Guinness World of Records.

#### Excitement







#### Lighting of the Lights

- Began in 1958
- Opening night attendance approximately 20,000 people
- There are over 70-80,000 coloured twinkling light bulbs
- It takes about 6 weeks to decorate the park
- Approximately 1 million people come to view Winter Wonderland over the holiday season

#### Lighting of the Lights



## **Special Event Services**

The City of London annually hosts over 120 special events on City properties attracting hundreds of thousands of Londoners and visitors contributing positively to our communities vitality and the local economy.

Special events are one time, annually or infrequently occurring activities that take place within municipal parks, parking lots and roadways governed by The Corporation of the City of London's Special Events Policies and Procedure Manual. The primary characteristics of a special event are: to celebrate or display a specific theme; have predetermined opening and closing dates/times; the program may consist of several separate activities which are eight hours or more in length.

The Special Events Policies and Procedures Manual was established to facilitate the operation of major special events and festivals in the City of London. The Policy provides organizations with essential information related to the requirements of the City of London for different types of events as well as defines the roles that various Civic Departments play in facilitating events. It addresses issues such as the use of City-owned lands, noise, admission to parks, fees, parking, insurance for events, and use of alcohol. The Policy can be searched at www.london.ca/playyourway.

#### Filming

London offers a diverse backdrop for many productions large or small, in part or in whole. The City of London in conjunction with other local organizations will offer assistance and provide a hassle free environment for productions to take place. Some of the productions that have taken place in our city in the past are Due South. The Red Green Show, A Time to Kill, Phenomenon and CBC Television Series MVP to name a few.

London offers an economical solution to large city location filming and a versatile landscape for feature film, television, commercial, corporate and music video productions with a variety of support services, crew and talent. The City has developed a filming policy which is contained in the Special Event Policies and Procedure Manual.

#### **Facility Rentals**

#### **Showmobile**



The City of London's "Showmobile" is a mobile stage system that can be set up almost anywhere. Self-contained with sound equipment and a generator, its plywood flooring is fiberglass coated to provide a non-slip texture. This 42 feet long and 13 feet deep system is easy to use.

Perfect for weddings, anniversaries, birthdays, meetings and seminars! This facility can accommodate a sit down dinner for 80-100 people, theatre style seating for 125 people or a cocktail style (limited seating) for 150 people. Civic Garden Complex is located at 625 Springbank Drive.



#### Wonderland Bandshell & Guy Lombardo **Pavillion in Springbank Gardens**



A great site for special events, outdoor weddings and celebrations. Springbank Gardens is a new outdoor venue which captures the essence of the old Wonderland Gardens site. Complete with two main function areas and a replica of the original Wonderland Bandshell with a few alterations. This facility can accommodate up to 450 people. On site amenities include 150 white

folding chairs, 10 sixty-inch round tables and 12 rectangular tables. Springbank Gardens is located at 285 Wonderland Road South.

#### **Bleachers**

The City of London has for rent two 200 seat bleachers that can be utilized for spectator seating.

#### Arena Bulletin Board Advertising

For more advertising options, call 519-661-2500 x5230.

- #1 6 months (Oct 1/08 Mar 31/09) \$75/arena one space and rack
- #2 6 months (Apr 1/09 Sept 30/09) \$75/arena one space and rack
- #3 1 year (Oct 1/08 Sept 30/09) \$150/arena one space and rack
- #4 Nichols Arena one lower brochure rack \$50 for option #1 or #2





#### **Civic Garden Complex**

#### Grand Opening

Wonderland Bandshell & Guy Lombardo Pavillion in Springbank Gardens

June 8, 2008 1 - 3 pm

## **Spectacular**





"The kids loved all the attention they received and I just can't tell you how wonderful it was to have a special place like this to go to whenever we wanted to. Many, many thanks for a great season!" -- Storybook passholder

In 2007, 78% of Storybook visitors spent 3 to 5 hours at the park per visit. Before-tax admission price for a family of four is less than \$20! Phenomenal value!

#### Storybook Gardens



## **Storybook Gardens**

Open Daily Until Labour Day • 10 am - 6 pm, Sun. - Fri. and 10 am - 8 pm on Sat. Open weekends through fall and winter with extended hours during the Christmas holiday, skating season.

Each year tens of thousands of people enjoy the two Storybook family rides: the carousel, and the Springbank Express miniature train. This summer we will be opening a third ride, our new ferris wheel. The ferris wheel is located inside Storybook and will provide a wonderful view of Storybook Valley from the top of the wheel. Be one of the first to ride the wheel!

#### **Season Passes**

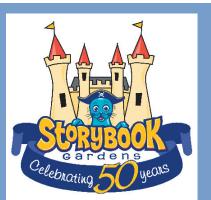
Enjoy everything Storybook Gardens has to offer all year long! Passes provide unlimited admissions for the duration of the pass. Whether it's a summer pass, winter pass, or annual pass, our passes provide excellent value after only a few visits.

Summer Season Pass	May 1 to October 31	\$21.55 plus tax
Winter Season Pass	November 1 to April 30	\$12.93 plus tax
Annual Pass	One full year from date of purchase	\$25.86 plus tax Best value!

Come explore, play and discover at Storybook Gardens.

#### From our 2007 Members' Survey

- 88% of members surveyed rated their Storybook pass an excellent value!
- Almost 70% of members visit the park at least once per week!



#### Storybook is Turning 50, but Wants to Give YOU a Birthday **Present!**

Bring this coupon when you purchase vour Annual or Season Pass in the month of June and receive 3 free ride tickets for each pass purchased!

Offer valid until June 30, 2008.

#### The Prettiest Outdoor Skating **Facility This Side of Ottawa**

The unique 250 metre outdoor skating trail provides a beautiful setting for an outdoor family skate or private and corporate functions. Open December through February.



#### Summer or Winter Private Rentals

Looking for a unique setting for your next family function or corporate event? Private site rentals are available throughout the entire year! Imagine having Storybook Gardens all to yourselves for your next corporate family event, customer appreciation day, and school or family fun night. A special setting for a one of a kind group experience. For more details, visit our website at www.storybook.london.ca, or please call us at 519-661-5770.

"Please thank the staff for taking care of us and for being thoughtful. They were continually making sure that we were satisfied and having fun. The night was absolutely beautiful."

- from the Organizer of a winter corporate rental group

#### **Did You Know?**

- Storybook offers summer day camp programs, including full day programs for children ages 6 to 10, and half-day morning or afternoon camps for children ages 4 to 6.
- Storybook hosts hundreds of special themed birthday parties each year. For children ages 2 and up, choose from a Princess Party, a Farm Visit, an Animal Expedition, or a Pirate's Quest!
- Storybook offers a variety of workshops and special holiday events for both children and families.

For more information on summer day camps, birthday parties, or workshops, visit the "Spectrum programs" page on the Storybook website at www.storybook.london.ca.







#### Come Celebrate With Us! Storybook's 50th Birthday!

We're Having a Party! Thursday June 26th 10am - 8pm

- 50¢ admissions!
- 50¢ ride tickets!
- 50¢ treat bags!
- · And more!

## Celebrate





## Storybook Gardens is turning 50

The castle doors at Storybook Gardens first opened to the public at 10:00am on Thursday, June 26th, 1958. Since that time more than 9.5 million visitors have crossed the drawbridge to experience a world of imagination and to create life-long memories of family fun.

# Storybook's 50th BIRTHDAY BASH

## THURSDAY, JUNE 26th, 2008 10:00am - 6:00pm

50¢ admissions! • 50¢ ride tickets! 50¢ treat bags! • Door prizes for the first 50 adults and 50 children through the door!

- Live entertainment
- The Springbank Express miniature train
- Carousel
- Storybook's NEW ferris wheel
- Storybook mascots
- Live animal presentations

- Storytelling and puppet shows
- PLUS all of Storybook's great attractions, including the spray pad, Pirate's Island play area, Storybook Valley, and Old MacDonald's Farm.
- And as always, FREE PARKING!

Check us out at www.storybook.london.ca or call 519-661-5770 for more information!

#### DO YOU HAVE A STORY OF Storybook Gardens?

Celebrating

As part of our 50th anniversary year, we are collecting Storybook Gardens memorabilia, to mount a permanent exhibit of 50 years of Storybook Gardens. Do you have old Storybook souvenirs, photos, or other memorabilia that you would be willing to donate back to the park for this exhibit? Bring them along!