

Nursing Diagnoses (Wellness, Risk, and Actual) Grouped According to Functional Health Patterns

1. HEALTH PERCEPTION–HEALTH MANAGEMENT PATTERN

Wellness Diagnoses

Health-Seeking Behaviors
Effective Therapeutic Regimen Management

Risk Diagnoses

Risk for Injury
Risk for Suffocation
Risk for Poisoning
Risk for Trauma
Risk for Perioperative Positioning Injury
Risk for Altered Development
Risk for Altered Growth

Actual Diagnoses

Energy Field Disturbance
Delayed Growth and Development
Ineffective Health Maintenance
Ineffective Therapeutic Regimen:
 Management Individual
Ineffective Therapeutic Regimen Management: Family
Ineffective Therapeutic Regimen Management: Community
Noncompliance

2. NUTRITIONAL–METABOLIC PATTERN

Wellness Diagnoses

Effective Breast-feeding
Readiness for Enhanced Nutritional Metabolic Pattern
Readiness Enhanced Skin Integrity

Risk Diagnoses

- Risk for Imbalanced Body Temperature
 - Hypothermia
 - Hyperthermia
- Risk for Infection
- Risk for Imbalanced Nutrition: More than body requirements
- Risk for Imbalanced Nutrition: Less than body requirements
- Risk for Aspiration
- Risk for Imbalanced Fluid Volume
- Risk for Constipation
- Risk for Delayed Surgical Recovery
- Risk for Impaired Skin Integrity

Actual Diagnoses

- Decreased Adaptive Capacity: Intracranial
- Ineffective Thermoregulation
- Fluid Volume Deficit
- Fluid Volume Excess
- Imbalanced Nutrition: Less Than Body Requirements
- Imbalanced Nutrition: More Than Body Requirements
- Ineffective Breast-feeding
- Interrupted Breast-feeding
- Ineffective Infant Feeding Pattern
- Impaired Swallowing
- Ineffective Protection
- Impaired Tissue Integrity
- Altered Oral Mucous Membrane

- Impaired Skin Integrity
- Altered Dentition

3. ELIMINATION PATTERN

Wellness Diagnoses

- Readiness for Enhanced Bowel Elimination Pattern
- Readiness for Enhanced Urinary Elimination Pattern

Risk Diagnoses

- Risk for constipation
- Risk for Impaired Urinary Elimination

Actual Diagnoses

- Altered Bowel Elimination
 - Constipation
 - Perceived Constipation
 - Diarrhea
 - Bowel Incontinence
- Altered Urinary Elimination
 - Urinary Retention
 - Total Incontinence
 - Functional Urinary Incontinence
 - Reflex Urinary Incontinence
 - Urge Incontinence
 - Stress Incontinence

4. ACTIVITY–EXERCISE PATTERN

Wellness Diagnoses

Readiness for Enhanced:

- Cardiac Output
- Diversional Activity Pattern
- Activity–Exercise Pattern
- Home Maintenance Management
- Self-care Activities
- Tissue Perfusion
- Breathing Pattern
- Organized Infant Behavior

Risk Diagnoses

- Risk for Disuse Syndrome
- Risk for Perioperative Positioning Injury
- Risk for Disorganized Infant Behavior
- Risk for Peripheral Neurovascular Dysfunction
- Risk for Altered Respiratory Function

Actual Diagnoses

- Impaired Gas Exchanged
- Activity Intolerance
- Ineffective Airway Clearance
- Ineffective Breathing Pattern
- Decreased Cardiac Output

- Decreased Adaptive Capacity: Intracranial
- Diversional Activity Deficit
- Impaired Home Maintenance
- Impaired Physical Mobility
- Dysfunctional Ventilatory Weaning Response
- Impaired Spontaneous Ventilation
- Self-Care Deficit: (specify type: Feeding, Bathing/Hygiene, Dressing/Grooming, Toileting)
- Ineffective Tissue Perfusion: (specify type: Cerebral, Cardiopulmonary, Renal, Gastrointestinal, Peripheral)
- Disorganized Infant Behavior
- Impaired Walking
- Impaired Wheelchair Mobility
- Impaired Transfer Ability
- Impaired Bed Mobility

5. SEXUALITY–REPRODUCTIVE PATTERN

Wellness Diagnosis

- Readiness for Enhanced Sexuality Patterns

Risk Diagnoses

- Risk for Ineffective Sexuality Pattern
- Risk for Falls

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Actual Diagnoses

Sexual Dysfunction
Ineffective Sexuality Patterns

6. SLEEP–REST PATTERN

Wellness Diagnosis

Readiness for Enhanced Sleep

Risk Diagnoses

Risk for Disturbed Sleep Pattern
Risk for Sleep Deprivation

Actual Diagnoses

Sleep Pattern Disturbance
Sleep Deprivation

7. SENSORY–PERCEPTUAL PATTERN

Wellness Diagnosis

Readiness for Enhanced Comfort Level

Risk Diagnoses

Risk for Pain (acute, chronic)
Risk for Aspiration

Actual Diagnoses

Acute Pain
Chronic Pain
Dysreflexia
Disturbed Sensory–Perception (specify Visual
Auditory, Kinesthetic, Gustatory, Tactile,
Olfactory)
Unilateral Neglect

8. COGNITIVE PATTERN

Wellness Diagnosis

Readiness for Enhanced Cognition

Risk Diagnosis

Risk for Disturbed Thought Processes

Actual Diagnoses

Acute Confusion
Chronic Confusion
Decisional Conflict (Specify)
Impaired Environmental Interpretation Syndrome
Knowledge Deficit (Specify)
Disturbed Thought Processes
Impaired Memory

9. ROLE–RELATIONSHIP PATTERN

Wellness Diagnoses

- Readiness for Enhanced Relationships
- Parenting
- Role Performance
- Communication
- Social Interaction
- Caregiver Role
- Grieving

Risk Diagnoses

- Risk for Dysfunctional Grieving
- Risk for Loneliness
- Risk for Impaired Parent/Infant/Child Attachment

Actual Diagnoses

- Impaired Verbal Communication
- Dysfunctional Family Processes
- Dysfunctional Family Processes: Alcoholism
- Interrupted Family Processes
- Anticipatory Grieving
- Dysfunctional Grieving
- Impaired Parenting
- Parental Role Conflict

- Ineffective Role Performance
- Impaired Social Interaction
- Social Isolation
- Caregiver Role Strain

10. SELF-PERCEPTION–SELF-CONCEPT PATTERN

Wellness Diagnoses

- Readiness for Enhanced Self-Perception
- Readiness for Enhanced Self-Concept

Risk Diagnoses

- Risk for Hopelessness
- Risk for Body Image Disturbance
- Risk for Situational Low Self-Esteem

Actual Diagnoses

- Anxiety
- Fatigue
- Fear
- Hopelessness
- Powerlessness
- Disturbed Personal Identity
- Disturbed Body Image

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Disturbed Self-Esteem
Chronic Low Self-Esteem
Situational Low Self-Esteem
Death Anxiety

11. COPING–STRESS TOLERANCE PATTERN

Wellness Diagnoses

Readiness for Enhanced Individual Coping
Readiness for Enhanced Family Coping
Readiness for Enhanced Community Coping

Risk Diagnoses

Risk for Ineffective Coping (Individual, Family, or Community)
Risk for Self-Mutilation
Risk for Suicide
Risk for Violence: Self Directed or Other Directed
Risk for Spiritual Distress
Risk for Post-Trauma Syndrome
Risk for Relocation Syndrome

Actual Diagnoses

Impaired Adjustment

Caregiver Role Strain
Ineffective Individual Coping
Ineffective Family Coping: Disabling
Ineffective Denial
Ineffective Family Coping: Compromised
*Ineffective Community Coping
Posttrauma Response
Rape–Trauma Syndrome
Relocation Stress Syndrome
Chronic Sorrow

12. VALUE–BELIEF PATTERN

Wellness Diagnosis

Readiness for Enhanced Spiritual Well-Being

Risk Diagnosis

*Risk for Spiritual Distress

Actual Diagnoses

Spiritual Distress
Death Anxiety

*Not on current NANDA list. All diagnoses are used with permission from North American Nursing Diagnosis Association.