BBC1 Wales

6.00 **BREAKFAST.** (t) *69090326* **9.15** Wanted Down Under. (t) *9039887* **10.00** Homes Under the Hammer. (t) (rpt) *82608* **10.58** BBC News; Weather. (t) *3421564* **11.00** Saints and Scroungers. (t) *3890784* **11.45** Britain's Empty Homes. (t) *214264* **12.13** BBC News; Weather. (t) *9502210* **12.15** Bargain Hunt. (t) *1828055* **1.00** BBC News; Weather. (t) *11500* **1.30** BBC Wales Today; Weather. (t) *10835332* **1.45** Doctors. (t) *585264* **2.15** Escape to the Country. (t) *3791697* **3.00** BBC News; Weather; BBC Wales Today. (t) *4280429* **3.05** CBBC: Deadly 360. (t) (rpt) *7621697* **3.30** Richard Hammond's Blast Lab: The Experiments. (t) (rpt) *2087697* **3.35** Wingin' It. (t) (rpt) *2438852* **4.00** All Over the Place. (t) (rpt) *622* **4.30** Dani's House. (t) (rpt) The Owl. *806* **5.00** Newsround. (t) *9397852* **5.15** Pointless. (t) *7236351*

6.00 **BBC NEWS;** Weather. (t) *871*

6.30 **BBC WALES TODAY;** Weather. (t) *351*

7.00 **THE ONE SHOW.** Topical stories, hosted by Alex Jones and Matt Baker. (t) *9239*

7.30 **WEATHERMAN WALKING.** Derek Brockway heads along Pembrokeshire's north coast, before walking a section of Offa's Dyke – Britain's biggest archaeological monument; (t) BBC News; Regional News. *535*

8.00 **EASTENDERS.** Bianca fears she cannot trust Ricky any more – and Carol insists she needs to end their relationship for good. Max and Tanya try to tackle Lauren's self-destructive behaviour. (t) *1887*

8.30 **THE ONE GRIFF RHYS JONES.** The writer and presenter goes back to his comedy roots with a half-hour of sketches, with guests including Mel Smith, Tom Hollander and Hugh Bonneville. Last in the series. (t) *3622*

9.00 **THE ROYAL BODYGUARD.** The Queen asks Hubble to identify those responsible for a burglary at the palace – but it turns out he may have unwittingly assisted the culprits. David Walliams guest stars. (t) *2036*

9.30 **MRS BROWN'S BOYS.** Agnes looks after a robotic baby. (t) *48581*

10.00 **BBC NEWS.** (t) *758061*

10.25 **BBC WALES TODAY; WEATHER.** (t) *726142*

10.35 **WELSH GREATS.** (t) *878351*

11.05 **A QUESTION OF SPORT.** With Laura Davies, Ryan Sidebottom, Andrew Cole and Tim Witherspoon. (t) *812061*

11.35 **THE GRAHAM NORTON SHOW.** (t) (rpt) *820790*

12.20 **WEATHERVIEW.** (t) *1998272*

12.25 **SIGN ZONE: WHO DO YOU THINK YOU ARE?** (t) (rpt) *4927630*

1.25 **SIGN ZONE: THE MYSTERY OF EDWIN DROOD.** (t) (rpt) *8547122*

2.25 **SIGN ZONE: MASTERCHEF: THE PROFESSIONALS.** (t) (rpt) *3592291*

2.55 **SIGN ZONE: YOU'VE BEEN SCAMMED.** (t) (rpt) *4804388*

3.40 **BBC NEWS.** (t) *17075036*

BBC1 North West

As BBC1 except: 1.30 Regional News; Weather. (t) **3.00** BBC News; Weather; Regional News. (t) **6.30** North West Tonight; Weather. (t) **7.30** Inside Out. (t) **10.25** Regional News; Weather. (t) **10.35** A Question of Sport. (t) **11.05** Late Kick Off. (t)

BBC2 Wales

6.00 **CBEEBIES:** Little Robots. (t) (rpt) *8477429* **6.10** Zigby. (t) (rpt) *3429448* **6.25** Raa Raa the Noisy Lion. (t) (rpt) *8489264* **6.35** Octonauts. (t) (rpt) *4498264* **6.45** Dipdap. (t) (rpt) *2674326* **6.50** Everything's Rosie. (t) (rpt) *2768719* **7.00** CBBC: Roar. (t) (rpt) *10871* **7.30** League of Super Evil. (t) (rpt) *3216806* **7.40** Eliot Kid. (t) (rpt) *3123142* **7.55** Newsround. (t) *5918429* **8.00** Copycats. (t) (rpt) *5928806* **8.25** CBeebies: LazyTown. (t) (rpt) *8712158* **8.50** Lulu Zipadoo. (t) *4470041* **9.05** Tinga Tinga Tales. (t) (rpt) *1416061* **9.20** The Large Family. (t) (rpt) *9592500* **9.35** Guess with Jess. (t) (rpt) *2466790* **9.45** Bob's Mini Projects. (t) (rpt) *4177790* **9.50** Uki. (t) *9239332* **9.55** Hoof and Safety with Nuzzle & Scratch. (t) (rpt) *2853852* **10.15** 64 Zoo Lane. (t) (rpt) *3545239* **10.30** Wibbly Pig. (t) (rpt) *6329185* **10.40** Waybuloo. (t) (rpt) *9427448* **11.00** In the Night Garden. (t) (rpt) *1622* **11.30** BBC World News. (t) *2351* **12.00** Daily Politics. (t) *10264* **12.30** Live Snooker: The Masters. Judd Trump v Stuart Bingham. (t) *38227719* **3.45** Flog It! (t) (rpt) *6079500* **4.30** Perfection. (t) *5687500* **5.15** Put Your Money Where Your Mouth Is. (t) *7234993*

6.00 **EGGHEADS.** Hosted by Jeremy Vine. (t) *413*

6.30 **GREAT BRITISH RAILWAY JOURNEYS.** Heading from Oxford toward South Wales. (t) *993*

❑ **SKYLINE: Stargazing Live, (BBC2 Wales, 8.30pm)**

7.00 **BAKING MADE EASY.** Dishes that are visually stunning but easy to cook. (t) (rpt) *8451*

7.30 **A QUESTION OF TASTE.** Gastronomy quiz, hosted by Kirsty Wark. (t) *177*

8.00 **UNIVERSITY CHALLENGE.** Jeremy Paxman asks the questions as Clare College takes on Homerton College in an all-Cambridge quarter-final clash. (t) *9429*

8.30 **STARGAZING LIVE.** New series. Professor Brian Cox is accompanied on an exploration of the night skies by comedian Dara O Briain. The team speaks to Eugene Cernan – the last man to walk on the moon. (t) *67535*

9.30 **STARGAZING LIVE: BACK TO EARTH.** New series. Brian Cox and Dara O Briain present an extra 30 minutes of chat and debate from the Jodrell Bank Observatory. (t) *42351*

10.00 **HAVE I GOT NEWS FOR YOU.** Rhod Gilbert hosts, with guest Marcus Brigstocke. (t) (rpt) *11993*

10.30 **NEWSNIGHT; (t)** Weather. *816697*

11.20 **SNOOKER: THE MASTERS.** (t) *119581*

12.10 **AMERICAN FOOTBALL: PLAY-OFF HIGHLIGHTS.** (t) *4936388*

1.10 **SNOOKER EXTRA.** (t) *355104*

3.10 **BBC NEWS.** (t) *94580291*

3.40 **CLOSE.**

4.00 **BBC LEARNING ZONE.** (t) *55456*

ITV1 Wales

5.30 **ITV MORNING NEWS.** (t) *53603* **6.00** Daybreak. (t) *707622* **8.30** Lorraine. (t) *1710852* **9.25** The Jeremy Kyle Show. (t) *1007429* **10.30** This Morning. (t) *66332* **12.30** Loose Women. Presented by Andrea McLean, Carol McGiffin and Jane McDonald. (t) *32351* **1.30** ITV News. (t) *80751622* **1.55** ITV Wales News and Weather. (t) *10550559* **2.00** Dickinson's Real Deal. David Dickinson is in Lancaster. (t) (rpt) *83239* **3.00** The Alan Titchmarsh Show. New series. Features, music and conversation. (t) *7103* **3.59** ITV Wales Weather. (t) *2966158* **4.00** The Hungry Sailors. New series. Dick and James Strawbridge travel Britain's coastline in search of recipes. (t) *6500* **5.00** The Chase. Quiz show, hosted by Bradley Walsh. (t) *9806*

6.00 **WALES TONIGHT;** Weather. (t) *239*

6.30 **ITV NEWS.** (t) *719*

7.00 **EMMERDALE.** Eric is disgusted by Val's attitude as Amy signs the adoption papers, while Alicia and Debbie bicker after Jacob and Sarah sneak off together. Rodney turns down a job at the cafe, Hazel regrets not clearing the air with Bob, and Chas wonders if Katie wishes she had accepted Declan's proposal. (t) *9785*

7.30 **CORONATION STREET.** Becky confronts Deirdre about Tracy's miscarriage. Kevin and Tyrone bond over their relationship woes, and Kirsty is suspended from work while Tina's complaint is investigated. (t) *603*

8.00 **CORNWALL WITH CAROLINE QUENTIN.** The annual Pirate Day celebrations take place on one of Cornwall's most famous landmarks – St Michael's Mount – and Caroline visits a culinary hideaway on the Roseland Peninsula. (t) *3055*

8.30 **CORONATION STREET.** Becky is devastated when Danny reveals he is moving to Barbados. Owen hits Faye after she admits responsibility for the dead fish, while Rita and Gail try to warn Sally off Frank. (t) *8790*

9.00 **ABOVE SUSPICION: SILENT SCREAM.** Travis tries to uncover secrets kept by Amanda's former flatmates, and when one of them dies of a drug overdose, the team begins to hunt down her dealer in the hope of finding more answers. Langton grows suspicious of his own trusted team after missing out on the promotion. Drama, starring Kelly Reilly, Ciaran Hinds, Michelle Holmes and Shaun Dingwall. (t) *2245*

10.00 **ITV NEWS AT TEN.** (t) *15719*

10.30 **WALES TONIGHT;** Weather. (t) *721245*

10.35 **WHEN ALI CAME TO BRITAIN.** Documentary to mark Muhammad Ali's 70th birthday, focusing on his relationship with Britain. The programme features footage of Ali's visits and contributions by those who met him. (t) *621061*

11.35 **THAT SUNDAY NIGHT SHOW.** With Des O'Connor, Nancy Dell'Olio and Ross Noble. (t) (rpt) *158055*

12.05 **LAW & ORDER: UK.** (t) (rpt) *4943678* **1.00** River Monsters. (t) (rpt) *5163098* **1.25** The Zone; ITV News Headlines. *675746* **3.15** ITV Nightscreen. *7402901* **4.35** The Jeremy Kyle Show. (t) (rpt) *4377036*

ITV1 Granada

As ITV1 Wales except: 1.55 Granada News and Weather. (t) **3.59** Granada Weather. (t) **6.00** Granada Reports; Weather. (t) **10.30** Granada News and Weather. (t)

S4C and Clirlun

7.00 **CYW: DARLLEN 'DA FI.** (t) (rpt) *8368351* **7.10** Cyw: Pingu. (rpt) *9523210* **7.15** Cyw: Bob y Bildar. (t) (rpt) *8354158* **7.30** Cyw: Twm Tisian. (t) (rpt) *4161581* **7.35** Cyw: Tomos a'i Ffrindiau. (t) (rpt) *4047500* **7.50** Cyw: Holi Hana. (t) (rpt) *4250429* **8.00** Cyw: Nodi. (rpt) *3608500* **8.15** Cyw: Peppa Pinc. (t) (rpt) *8449500* **8.20** Cyw: Rala Rwdins. (rpt) *3791264* **8.35** Cyw: Sam Tân. (t) (rpt) *8581500* **8.45** Cyw: Cwpwrdd Cadi. (t) (rpt) *4170448* **9.00** Cyw a'i Ffrindiau. (t) *2884055* **11.20** Cyw (t) *84390069* **1.20** Penawdau Newyddion a'r Tywydd. (t) *97459061* **1.25** Wedi 7. (t) (rpt) *81807516* **1.55** Dechrau Canu Dechrau Canmol. (t) (rpt) *74978595* **2.25** Aur: Clasuron Hel Straeon. (rpt) *84787790* **2.55** Penawdau Newyddion a'r Tywydd. (t) *5389413* **3.00** Wedi 3. (t) *7916513* **4.00** Stwnsh: Hendre Hurt. *95043582* **4.20** Stwnsh: Jac Russell. (t) (rpt) *11696993* **4.40** Stwnsh: SpynjBob Pantsgwâr. *42363581* **4.55** Stwnsh: Ffeil. (t) *37352968* **5.05** Stwnsh: Twrw Yn y Ty. (t) (rpt) *64995264*

5.35 **STWNSH: MEINDIA DY FUSNES.** Yn 'Meindia Dy Fusnes!' bydd 2 dîm yn buddsoddi arian yn eu ffrindiau er mwyn sicrhau'r cyfanswm uchaf o arian posib a'r cyfle i fynd ymlaen i ennill y wobr fawr sef ipad yr un! Quiz show, presented by Daf Du. (t) *7212413*

6.00 **POBOL Y CWM.** Garry gatecrashes the party. With on-screen English subtitles. (rpt) *7138852*

❑ **HISTORY: Darn Bach o Hanes, (S4C, 9.00pm)**

6.30 **ROWND A ROWND.** Mae Jackie'n gwneud ei gorau i wneud symud i'w thy yn haws i Nel ac mae Mathew a Siân yn falch bod pethau'n ymddangos fel petaent yn symud yn eu blaen. Mae Siân yn cael clywed bod datblygiadau diddorol wedi digwydd yn achos Rhodri ond dydy'r newyddion ddim wrth fodd Dani. Mae dirgelwch mawr ynghylch bil petrol K-Kabs ond mae Arthur yn ceisio darbwyllo Ken a Kay mai camddealltwriaeth sydd wrth wraidd y peth. Er hynny, mae'n gwybod yn union pwy sydd wedi achosi'r broblem ond mae o'n fodlon cadw'r gyfrinach i arbed Julie. Jackie tries to make the move into her house easier for Nel, and Mathew and Siân are very pleased that the family are finally moving out. Siân hears some interesting news about Rhodri, but Dani isn't very pleased about what she has to say. There's a mystery surrounding a petrol bill at K-Kabs but Arthur tries to persuade Ken a Kay that it's all a misunderstanding. Unbeknown to them, he knows exactly who is responsible but is willing to keep the secret in order to save Julie's skin; (t) Penawdau Newyddion. *7225332*

7.00 **WEDI 7.** Rhaglen gylchgrawn yn dilyn holl gyffro digwyddiadau'r dydd yng Nghymru. Magazine programme. (t) *8541055*

7.30 **NEWYDDION A'R TYWYDD.** News and weather. (t) *7221516*

8.00 **POBOL Y CWM.** Wrth i Macs sôn wrth Andy am y salwch, hola ai ar fwyd y Deri mae'r bai? Mae pethau'n mynd o ddrwg i waeth wrth i un o drigolion y Cwm gael ei ddarganfod yn farw. Mae marwolaeth Gwilym yn Deri Deithio yn codi ofn ar y pentrefwyr. As Macs informs the Deri of the illness, could it be down to the cheap meat? Panic is beginning to strike in Cwmderi as one of the residents is found dead. (t) *4679871*

8.25 **FFERMIO.** Rhaglen gylchgrawn, sy'n trin a thrafod y byd amaeth, cefn gwlad a materion gwledig. Agricultural and countryside issues; (t) Penawdau Newyddion. *1872603*

9.00 **DARN BACH O HANES.** Lleoliadau. Creiriau. Pobl. Dyma dair 'angor' y gyfres Darn Bach o Hanes, a thrwyddyn nhw, cawn olwg ar straeon difyr a dadlennol fydd yn taflu goleuni ar hanes cyfoethog ein gwlad. Yr wythnos hon, bydd Dewi Prysor yn olrhain hanes chwiban hebogwr sy'n dyddio i'r 17eg ganrif. Rhodri Llwyd Morgan fydd yn rhoi cynnig ar wneud inc allan o 'farblis derw', tyfiant tymhorol coed derw, a Lisa Gwilym fydd yn edrych ar hanes gardd cegin Sioraidd ger Penybont-ar-Ogwr. Locations, people and artefacts throw light on Welsh history. (t) *2061662*

9.30 **Y BYD AR BEDWAR.** (rpt) *9638448*

10.00 **SGORIO.** Mi fydd arlwy Sbaenaidd i'r rhaglen heno gyda Barcelona yn croesawu Betis a Real Madrid oddi cartre' ar ynys Mallorca ymysg y gemau o La Liga. The focus is on Spanish football tonight with La Liga Champions Barcelona entertaining Real Betis, and Real Madrid making the journey to Mallorca. Also, highlights of Wrexham's Blue Square League encounter at Tamworth. (t) *3614790*

10.30 **PENAWDAU NEWYDDION A'R TYWYDD.** News and weather. (t) *6009535*

10.35 **RAS YN ERBYN AMSER.** (rpt) *51646662*

11.40 **CNEX – GWYNT TEG AR EI ÔL.** Looking back at the satirical animation. (t) (rpt) *5676581*

12.10 **DIWEDD.** Close.

S4C Clirlun
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Subtitles (t); repeat (rpt); black and white (b/w). Videoplus+ and PlusCode are registered trademarks of Gemstar Development Corp

ITV1 CENTRAL 1.55 Local News and Weather. **3.59** Local Weather. **6.00** Central Tonight; Weather. **10.30** Central News and Weather.

RTÉ ONE 7.25 Shopping from Home. **8.00** NewsRadio. **8.30** Four on Friday. **9.25** The Daily Show. (t) (rpt) RTÉ News and Weather. **10.20** The Doctors. **11.10** Dr Phil; (t) RTÉ News and Weather. **12.00** Shortland Street. **12.30** Doctors. **1.00** RTÉ News: One O'Clock and Weather. **1.25** Home and Away. **1.55** Neighbours. **2.35** EastEnders; (t) (rpt) RTÉ News and Weather. **3.30** Fair City. **4.00** Four Live. **4.50** The Daily Show. **5.40** Nuacht RTÉ; News for the Deaf and European Weather. **6.00** The Angelus. **6.01** RTÉ News: Six One and Weather. **7.00** Nationwide. **7.30** Fibin – Setanta in the City. **8.00** EastEnders. Bianca fears she cannot trust Ricky any more. **8.30** Roomers. Interior design challenge, presented by Neville Knott. **9.00** RTÉ News: Nine O'Clock and Weather. **9.35** Hostile Environment. **10.35** The Frontline. **11.35** Mrs Brown's Boys. **12.10** RTÉ News and Weather; iWitness. **12.15** The Late Late Show. **2.25** The Frontline. **3.20** Shortland Street. **3.45** Nationwide. **4.10** Dr Phil. **4.50** Doctors. **5.20** EuroNews. **5.40** Teleshopping.

RTÉ TWO 7.05 RTÉjr. **2.25** TRTÉ: Pet Squad. **2.35** Scooby-Doo! Mystery Incorporated. **3.00** The Sleepover Club. **3.30** Dani's House. **4.00** Elev8. **4.25** news2day. **4.35** Matt Hatter Chronicles. **5.00** Roy. **5.30** House of Anubis. **6.00** TwoTube: Neighbours. **6.30** Home and Away. **7.00** The Simpsons. **7.35** How to Look Good Naked. **8.30** Cougar Town. The day of Bobby's golf tournament finally arrives, but disaster strikes when his lucky visor goes missing, while a classroom incident forces Jules to face up to her fears. **9.00** The 2012 Golden Globe Awards. **10.50** The Inbetweeners. **11.20** RTÉ News on Two and World Forecast. **11.50** Shortscreen. **12.05** FILM: Crimes of Fashion: Killer Hair. **1.45** Criminal Minds. **2.35** City Homicide. **3.20** EuroNews.

Channel 4

6.00 **THE TREACLE PEOPLE.** (t) (rpt) *8399697* **6.10** The Hoobs. (t) (rpt) *5611968* **6.35** The Hoobs. (t) (rpt) *8029626* **7.00** Freshly Squeezed. (t) *4550535* **7.25** According to Jim. (t) (rpt) *4553622* **7.55** According to Jim. (t) (rpt) *5258055* **8.25** Everybody Loves Raymond. (t) (rpt) *5916061* **8.55** Frasier. (t) (rpt) *4410516* **9.25** Frasier. (t) (rpt) *4703516* **9.55** Relocation: Phil Down Under. (t) (rpt) *2323210* **10.55** A Place in the Sun: Home or Away. (t) (rpt) *8499806* **12.00** Channel 4 News Summary. (t) *9511968* **12.05** Come Dine with Me. (t) (rpt) *1350210* **1.05** River Cottage Bites. (t) (rpt) *53742142*

1.20 **FILM: THE VIRGIN QUEEN** (1955): Historical drama, starring Bette Davis and Richard Todd. (t) *28056413*

3.10 **COUNTDOWN.** (t) *6970581* **4.00** Deal or No Deal. (t) *4142* **5.00** Celebrity Coach Trip. (t) *5413* **5.30** Come Dine with Me. (t) *968* **6.00** The Simpsons. Homer is prescribed a marijuana-based medication. (t) (rpt) *581* **6.30** Hollyoaks. (t) *531* **7.00** Channel 4 News. (t) *623351*

7.55 **4THOUGHT.TV.** (t) *143061*

8.00 **RICHARD WILSON ON HOLD.** The actor investigates the rise of automated services in Britain. (t) *3351*

9.00 **COPPERS.** The 2011 summer riots grip Nottingham. (t) *3577*

10.00 **SECRETS OF THE SHOPLIFTERS.** The increasingly sophisticated tactics of shop thieves. (t) *7241806*

11.05 **RANDOM ACTS.** (t) *269500*

11.10 **SHAMELESS.** (t) (rpt) *352239*

12.30 **SHAMELESS.** (t) (rpt) *3956663* **1.40** The Joy of Teen Sex. (t) (rpt) *3853494* **2.35** Cinema Extreme. (t) (rpt) *4327388* **2.50** Flood. (t) (rpt) *3536456* **3.05** The Man Who Saved Rome. (t) (rpt) *6320746* **4.25** St Elsewhere. (t) (rpt) *5967833* **5.15** 90210. (t) (rpt) *5684291*

Channel 5

6.00 **MILKSHAKE.** *61413264* **9.15** The Wright Stuff. *59948500* **11.10** LIVE with Gabby. *1353068* **12.10** 5 News Lunchtime. (t) *95160806* **12.15** Celebrity Big Brother. (t) (rpt) *2276871* **1.15** Home and Away. (t) *3142005* **1.45** Neighbours. (t) *4592546* **2.15** CSI: Crime Scene Investigation. (t) (rpt) *2369535* **3.15** The Family Recipe. (t) (rpt) *7056603*

3.20 **FILM: PRAIRIE FEVER** (2008): Western, starring Kevin Sorbo. (t) *51193697*

5.00 **5 NEWS AT 5.** (t) *8629887* **5.30** Neighbours. (t) (rpt) *7239535* **6.00** Home and Away. (t) (rpt) *7236448* **6.30** 5 News at 6.30. (t) *7147500* **7.00** World's Toughest Trucker; (t) (rpt) 5 News Update. *6045603*

8.00 **POLICE INTERCEPTORS.** A helicopter is used in the pursuit of an armed robber, and a sniffer dog makes a discovery. Plus, new recruits are put to the test by a pair of suspected burglars. (t) 5 News at 9. *6054351*

9.00 **CELEBRITY BIG BROTHER.** Fly-on-the-wall highlights of the past 24 hours, including the housemates going into the diary room to nominate the fellow contestants they would rather see the back of. (t) *6041887*

10.00 **WHEN PADDY MET SALLY.** Part two of two. After seven days of following Paddy Doherty's rules, it is Sally Bercow's turn to call the shots, as lifestyles clash on the North Wales travellers' site. (t) *6044974*

11.00 **CELEBRITY BIG BROTHER'S BIT ON THE SIDE.** Emma Willis presents the usual round-up of CBB-related debates, features, insights and gossip. (t) *1876451*

12.00 **KYM MARSH: TEEN MUMS AND ME.** (t) (rpt) *8578456* **1.00** SuperCasino. *3638302* **4.00** Animal Rescue Squad. (t) (rpt) *20695765* **4.15** Grey's Anatomy. *1760369* **5.00** County Secrets. (t) (rpt) *24229678* **5.10** Wildlife SOS. (t) (rpt) *56737562* **5.35** Wildlife SOS. (t) (rpt) *82715291*

What to WATCH

EastEnders (BBC1, 8pm)
Bianca has a big decision to make tonight, she still loves her husband Ricky, but doesn't know if she can trust him again following his dalliance with Mandy. She desperately wants her marriage to work but doesn't know if she can forgive him for cheating on her. Meanwhile Max and Tanya are getting increasingly concerned about Lauren's excessive drinking so they decide to seek the advice of a doctor, hoping it may shock their daughter into changing her ways, and Zainab is relived when her son, Tamwar is released from hospital.

Above Suspicion (ITV1, 9pm)
Part two of this Linda La Plante drama continues with the list of suspects getting longer. Langton and Travis are still trying to find some of the murdered woman's personal effects, including a toy rabbit and her dairy. They believe these items are key to finding the murderer. It is revealed that the actress was about to write her autobiography, which would expose a plethora of married men, spurned wives and jealous friends, all of which would have good reason to want rid of the actress.

Coppers (C4, 9pm)
Tonight we get an insight into what our bobbies have to deal with when things get out of hand. We are in Nottingham heading to a call about a riot on a housing estate, when an almighty thud alerts us to the fact that we are under attack from brick yielding thugs. It is just the start of a night of violence as the police attempt to control the unruly mob.

Pigion Y DYDD

Rownd a Rownd (S4C, 6.30pm)
Mae Jackie'n gwneud ei gorau i wneud symud i'w thy yn haws i Nel ac mae Mathew a Siân yn falch bod pethau'n symud yn eu blaen. Mae Siân yn cael clywed bod datblygiadau diddorol wedi digwydd yn achos Rhodri, ond tydi'r newyddion ddim wrth fodd Dani. Mae dirgelwch mawr ynghylch bil petrol K-Kabs ond mae Arthur yn ceisio darbwyllo Ken a Kay mai camddealltwriaeth sydd wrth wraidd y peth. Er hynny, mae'n gwybod yn union pwy sydd wedi achosi'r broblem ond mae'n cadw'r gyfrinach i arbed Julie.

Pobol y Cwm (S4C, 8pm)
Wrth i Macs sôn wrth Andy am y salwch, hola os mai ar fwyd y Deri mae'r bai? Mae pethau'n mynd o ddrwg i waeth wrth i un o drigolion y Cwm gael ei ddarganfod yn farw. Mae marwolaeth Gwilym yn Deri Deithio yn codi ofn ar y pentrefwyr. Pwy fydd nesa'?

Darn Bach o Hanes (S4C, 9pm)
Lleoliadau. Creiriau. Pobl. Dyma dair 'angor' y gyfres Darn Bach o Hanes, a thrwyddyn nhw, cawn olwg ar straeon difyr fydd yn taflu goleuni ar hanes cyfoethog ein gwlad. Heno bydd Dewi Prysor yn olrhain hanes chwiban hebogwr sy'n dyddio i'r 17eg ganrif. Rhodri Llwyd Morgan fydd yn rhoi cynnig ar wneud inc allan o 'farblis derw', a Lisa Gwilym fydd yn edrych ar hanes gardd cegin Sioraidd ger Penybont-ar-Ogwr. Hefyd, cyfle i wylwyr geisio dyfalu Be' Ydi O?, wrth i Dewi gyflwyno crair o storfeydd cloëdig Amgueddfa Werin Sain Ffagan.

On satellite

Movie Choice

4pm
4.05 Mask (15) (1985). With Cher. (Sky Movies Drama & Romance) *55272326*
4.10 Johnny Mnemonic (15) (1995). With Keanu Reeves. (Sky Movies Sci-fi/Horror) *76848210*
4.15 St Elmo's Fire (15) (1985). Coming-of-age drama, starring Demi Moore. (Sky Movies Modern Greats) *8375719*
4.20 Secretariat (U) (2010). Fact-based drama, starring Diane Lane. (Sky Movies Family) *69677351*
4.35 Uncle Buck (12) (1989). With John Candy. (Sky Movies Comedy) *75256061*
4.35 Abandoned (12) (2010). Thriller, starring Brittany Murphy. (Sky Movies Premiere) *80168719*
5pm
5.05 Intolerable Cruelty (12) (2003). Coen brothers comedy, starring George Clooney and Catherine Zeta-Jones. (Sky Movies Indie) *71762790*
5.10 Artists and Models (U) (1955). Comedy, starring Dean Martin and Jerry Lewis. (Sky Movies Classics) *63330790*
5.40 Jumanji (PG) (1995). With Robin Williams. (Sky Movies Action & Adventure) *74517516*
5.50 Paranormal Activity (15) (2007). With Katie Featherston. (Sky Movies Sci-fi/Horror) *5458210*
6pm
6.10 The Greatest (15) (2009). With Pierce Brosnan. (Sky Movies Drama & Romance) *17692806*
6.10 It's Kind of a Funny Story (12) (2010). Comedy drama, starring Keir Gilchrist. (Sky Movies Premiere) *77065239*
6.15 Billy Madison (PG) (1995). Comedy, starring Adam Sandler. (Sky Movies Modern Greats) *76546531*
6.20 Burke and Hare (15) (2010). With Simon Pegg. (Sky Movies Comedy) *75067790*
6.25 Mars Needs Moms (PG) (2011). Animated sci-fi adventure, with the voice of Seth Robert Dusky. (Sky Movies Family) *62085887*
6.50 Winter's Bone (15) (2010). Drama, starring Jennifer Lawrence. (Sky Movies Indie) *89587351*
7pm
7.00 The Odd Couple (PG) (1968). Classic comedy, starring Jack Lemmon and Walter Matthau. (Sky Movies Classics) *2035245*
7.20 Tremors (15) (1989). With Kevin Bacon. (Sky Movies Sci-fi/Horror) *22614974*
7.30 Zombieland (15) (2009). With Woody Harrelson. (Sky Movies Action & Adventure) *6765264*
8pm
8.00 Cool Runnings (PG) (1993). Fact-based comedy about four Jamaicans who became the first bobsleigh team to compete for their country at the 1988 Winter Olympics. Starring John Candy, Leon and Doug E Doug. (Sky Movies Comedy) *17632622*
8.00 Girl, Interrupted (15) (1999). With Winona Ryder. (Sky Movies Drama & Romance) *39615968*
8.00 Up (U) (2009). Pixar animated adventure, with the voice of Ed Asner. (Sky Movies Family) *17621516*
8.00 The Perfect Storm (12) (2000). Fact-based drama, starring George Clooney and Mark Wahlberg. (Sky Movies Modern Greats) *55264448*
8.00 Limitless (15) (2011). A failed writer acquires a drug that increases his brain power, but his new abilities attract dangerous attention. Sci-fi thriller, with Bradley Cooper. (Sky Movies Premiere) *28719*
8.30 8 Mile (15) (2002). Drama, starring Eminem and Mekhi Phifer. (Sky Movies Indie) *12818351*
9pm
9.00 Lethal Weapon 4 (15) (1998). The mismatched LAPD detectives hunt down the head of a Chinese triad involved in forgery and slave trading. Action adventure, starring Mel Gibson, Danny Glover and Rene Russo. (Sky Movies Action & Adventure) *38894993*
9.00 Young Winston (PG) (1972). Fact-based drama following Churchill's formative years, exploring his time as a war correspondent up to the start of his political career. Starring Simon Ward and Anthony Hopkins. (Sky Movies Classics) *37885158*
9.00 John Carpenter's The Ward (15) (2010). An amnesiac arsonist is committed to a psychiatric hospital, where she realises a shadowy presence is preying on the patients. Horror, with Amber Heard and Lyndsy Fonseca. (Sky Movies Sci-fi/Horror) *17503142*
9.40 Paul (15) (2011). A captive alien escapes from a secret base and seeks the help of two English comic-book geeks in getting to his spaceship. Sci-fi comedy, with Simon Pegg and Nick Frost. (Sky Movies Comedy) *2241413*
9.45 Prince of Persia: The Sands of Time (12) (2010). A prince framed for murdering his adoptive father must stop a magical weapon from falling into evil hands. Fantasy adventure, starring Jake Gyllenhaal. (Sky Movies Family) *9081564*
10pm
10.00 Never Let Me Go (12) (2010). Three teenagers growing up in an isolated school come to terms with an inescapable fate. Romantic drama, starring Carey Mulligan, Andrew Garfield and Keira Knightley. (Sky Movies Premiere) *500005*
10.10 28 Days (15) (2000). An alcoholic journalist struggles to get back on the straight and narrow at a mountain retreat. Drama, starring Sandra Bullock, Viggo Mortensen, Dominic West and Steve Buscemi. (Sky Movies Drama & Romance) *9246784*
10.15 Gone in 60 Seconds (15) (2000). A veteran car thief is forced to pull off an extremely complex heist to save his brother from the gangster holding him hostage. Thriller, starring Nicolas Cage and Angelina Jolie. (Sky Movies Modern Greats) *91022603*
10.30 Easy Rider (18) (1969). Two bikers travel across America to attend Mardi Gras in New Orleans and find a new way to live their lives. Road movie, starring Peter Fonda, Dennis Hopper and Jack Nicholson. (Sky Movies Indie) *33148090*
10.35 The Thing (18) (1982). John Carpenter's sci-fi horror remake, with Kurt Russell and Wilford Brimley. (Sky Movies Sci-fi/Horror) *68295332*
11pm
11.10 Harry Brown (18) (2009). With Michael Caine. (Sky Movies Action & Adventure) *5765974*
11.25 Scarface (15) (1932). Howard Hawks' gangster thriller, starring Paul Muni. (Sky Movies Classics) *2947500*
11.45 The Count of Monte Cristo (PG) (2002). Swashbuckling adventure, starring Jim Caviezel. (Sky Movies Family) *46966968*
11.50 Henry's Crime (15) (2010). Crime drama, starring Keanu Reeves. (Sky Movies Premiere) *981871*
11.55 American Pie: The Wedding (15) (2003). With Jason Biggs. (Sky Movies Comedy) *1044351*
11.55 Mask (15) (1985). With Cher. (Sky Movies Drama & Romance) *7615719*

SKY SPORTS 1
6.0 Live Test Cricket. Australia v India. *7331993* **10.0** Football's Greatest Managers. *60326* **10.30** Spanish Football. *48177* **12.0** Football Special. *47531* **1.30** Football's Greatest Managers. *17790* **2.0** Test Cricket. *61055* **3.0** Spanish Football. *69448* **4.30** Test Cricket. *90993* **5.30** Soccer AM: The Best Bits. *79974* **6.30** Netbusters. Action from the Football League. *3535* **7.0** Live Monday Night Football. Wigan Athletic v Manchester City (Kick-off 8.00pm). *644790* **10.30** Netbusters. *83245* **11.0** SPL Round-Up. *20603* **11.30** Soccer AM: The Best Bits. *77413* **12.30** Monday Night Football. *10920* **2.30** Netbusters. *57949* **3.0** FIFA Futbol Mundial. *45543* **3.30** Watersports World. *73272* **4.30** Max Power. *17543* **5.30** Live Test Cricket. Pakistan v England. *73678*

SKY SPORTS 2
6.0 Good Morning Sports Fans. *2303968* **7.0** Good Morning Sports Fans. *6416210* **8.0** Good Morning Sports Fans. *6424239* **9.0** Football Special. *5746239* **10.30** Cycling. *1636993* **11.0** European Rugby Special. *6573332* **12.0** NFL. *7942351* **2.0** European Rugby Special. *7930516* **3.0** Max Power. *5529210* **4.0** NFL. *7725697* **6.0** European Rugby Special. Action from the fifth round of continental pool fixtures. *6268852* **7.0** Test Cricket. Australia v India. *5670264* **8.0** NFL. Baltimore Ravens v Houston Texans and Green Bay Packers v New York Giants. *5587500* **10.0** Warren Miller Ski Films. The 2001 film Cold Fusion. *6945210* **11.30** Carp Academy. *7855871* **12.0** Kings of the Snow. *6921630* **12.30** European Tour Golf. *4896562* **1.30** PGA Tour Golf. *4461611* **2.25** Live Test Cricket. Australia v India. *45496543*

SKY SPORTS 3
6.0 Aerobics Oz Style. *39384158* **6.30** Kings of the Snow. *57208644* **7.0** WWE: Bottom Line. *42964581* **8.0** PGA Tour Golf. *78988531* **11.0** European Tour Golf. *72319055* **1.0** Volvo Ocean Race. *54580790* **1.30** Cycling. *28755413* **2.0** Kings of the Snow. *89328516* **2.30** Basketball. *33505697* **5.0** WWE: Raw. *94002103* **7.0** Warren Miller Ski Films. The 2001 film Cold Fusion. *57637577* **8.30** Great Run Series. Highlights of the annual Great Edinburgh Cross Country. *89327887* **9.0** Max Power. Motor sport magazine. *63252516* **10.0** WWE: Late Night – Bottom Line. *63255603* **11.0** WWE: Late Night – Afterburn. *54401239* **12.0** WWE: NXT. *42951017* **1.0** WWE Vintage Collection. *32216982* **2.0** Live WWE: Late Night – Raw. Wrestling coverage from the States. *35452369* **4.15** Great Run Series. *68781348* **4.45** Close.

EUROSPORT
7.45 Live Australian Open Tennis. The evening session of matches in the first round. *77583871* **1.30** Australian Open Tennis. *4154245* **6.30** Game, Set and Mats. A review of the latest Australian Open action. *8603* **7.0** Live Snooker: The Masters. Shaun Murphy v Martin Gould. *891054* **10.0** Eurogoals. *193245* **10.15** Australian Open Tennis. *2632500* **11.30** Game, Set and Mats. *57806* **12.0** Live Australian Open Tennis. The opening session on day two at Melbourne Park. *79470814*

Documentary

Bizarre Crime *BBC3, 10.30pm* Remember James Alexandrou, the thesp who played surly Martin in EastEnders? Well in case you're wondering who's narrating this show, there's your answer. He'll be guiding us through this 'celebration' of unusual offences, including a thief who was found nude in a supermarket chimney, and an owl that was kidnapped to cash in on the Harry Potter craze. There's also a look at the couple whose surreal scam to avoid a £120 speeding fine cost them more than £10,000 and involved a European trip and a bogus Bulgarian.

❑ **ROBERTS**

Film

Zombieland *Sky Movies Action & Adventure, 7.30pm* Jessie Eisenberg stars in this low-budget gem which strikes an irreverent tone that echoes Shaun of the Dead, Zombieland is a gory but hilarious jaunt through a futuristic America ravaged by a contagion that has metamorphosed all but the lucky few into flesh-chomping predators. Eisenberg stars as the scaredy-cat anti-hero helped by gun-toting hard man Woody Harrelson as they join forces with two young survivors (Emma Stone and Abigail Breslin). Made for a mere $23million, it left its backers laughing all the way to the bank.

❑ **HARRELSON**

Sport

Live Monday Night Football *Sky Sports 1, 7.00pm* Wigan Athletic v Manchester City (Kick-off 8.00pm). Coverage of the Premier League encounter at the DW Stadium, as two sides from opposite ends of the table face each other. A Sergio Aguero hat-trick was enough for the Citizens to claim all three points earlier in the season at the Etihad Stadium, but they do not have a strong record at this ground, with their 2-0 triumph in the previous campaign their only win here in seven attempts. Wigan will be looking to cash in on that past form as they look to avoid becoming cut off in the relegation zone.

❑ **AGUERO**

On radio

1 FM97.6-98.8 **6.30** The Chris Moyles Show. **10.00** Fearne Cotton. **12.45** Newsbeat. **1.00** Greg James. **4.00** Scott Mills. **7.00** Zane Lowe. Ground-breaking tunes, music news and up-and-coming bands. **9.00** Radio 1's Stories. **10.00** Edith Bowman. **12.00** Rock Show with Daniel P Carter. **2.00** Punk Show with Mike Davies. **4.00** Dev.

2 FM88-90.2 **5.00** Vanessa Feltz. **6.30** Chris Evans. **9.30** Ken Bruce. **12.00** Jeremy Vine. **2.00** Steve Wright in the Afternoon. **5.00** Simon Mayo. **7.00** Paul Jones. The best new blues releases and classic tracks from the archives. **8.00** Jo Whiley. **9.30** Big Band Special. **10.00** London Soundscape. **11.00** Bill Kenwright's Golden Years. **12.00** Janice Long. **2.00** Alex Lester.

3 FM90.2-92.4 **6.30** Breakfast. **9.00** Essential Classics. **12.00** Composer of the Week: Ralph Vaughan Williams; News. **1.00** Radio 3 Lunchtime Concert. **2.00** Afternoon on 3. **4.30** In Tune. **6.30** Composer of the Week: Ralph Vaughan Williams. **7.30** Radio 3 Live in Concert. Maurizio Malagnini, Bruch, Dvorák. **10.00** Night Waves. A review of Ralph Fiennes' film Coriolanus. **10.45** The Essay. **11.00** Jazz on 3. **12.30** Through the Night.

4 198kHz (1515m) FM92.4-94.6 **5.30** News Briefing. **5.43** Prayer for the Day. **5.45** Farming Today. **6.00** Today. **9.00** Start the Week. **9.45** (LW) Daily Service. **9.45** (FM) Book of the Week: El Narco. **10.00** Woman's Hour. **11.00** What's the Benefit. **11.30** Party. **12.00** News. **12.01** (LW) Shipping Forecast. **12.04** You and Yours. **12.57** Weather. **1.00** The World at One. **1.45** 15 by 15. **2.00** The Archers. **2.15** Afternoon Play: What to Do If Your Husband May Leave (and How to Cope If He Doesn't). **3.00** Brain of Britain. **3.30** The Food Programme. **4.00** I'm Rather Worried About Jim. **4.30** Beyond Belief. **5.00** PM. **5.54** (LW) Shipping Forecast. **5.57** Weather. **6.00** Six O'Clock News. **6.30** The Unbelievable Truth. **7.00** The Archers. **7.15** Front Row. **7.45** Ethan Frome. **8.00** The Bishop and the Prisoner. Ex-offenders taking part in probation initiatives. Last in the series. **8.30** Crossing Continents. The socio-political situation in Kurdish Iraq. Last in the series. **9.00** Material World. **9.30** Start the Week. **9.59** Weather. **10.00** The World Tonight. **10.45** Book at Bedtime: My Dear I Wanted to Tell You. **11.00** Word of Mouth. **11.30** Today in Parliament. **12.00** News and Weather. **12.30** Book of the Week: El Narco. **12.48** Shipping Forecast. **1.00** World Service. **5.20** Shipping Forecast.

HEART NORTH WEST AND WALES FM 103.4, 96.3 & 103 **6.00** Spence and Angela. **9.00** Time Tunnel. **10.00** Toby Anstis. **1.00** Nick Snaith. **4.00** Drivetime Show. **7.00** Simon Dale. **10.00** The Late Show on Heart. **1.00** All 80s All Night. **4.00** Nicola Bonn.

WALES 882kHz (340m) FM103.9 **5.30** News and Weather. **5.32** Country Focus. **6.00** Good Morning Wales. **9.00** Jamie Owen & Louise Elliott. **12.00** The Radio Wales Phone-In. **2.00** Roy Noble. **5.00** Good Evening Wales. **6.30** Radio Wales Sport. Rob Phillips previews the week's footballing action. **7.30** The Evening Show. Music and chat with the evening team. **9.58** Weather and Travel. **10.00** Chris Needs. **1.00** As BBC World Service.

CYMRU FM92.4-94.6 104.3 **5.30** Prif Benawdau. **5.31** Dei Tomos. **6.30** Post Cyntaf. **8.30** Dafydd a Caryl. **10.30** Nia Roberts. **12.00** Taro'r Post. **1.00** Newyddion a Chwaraeon. **1.15** Dan yr Wyneb gyda Dylan Iorwerth. **2.00** Newyddion a Chwaraeon. **2.02** Geraint Lloyd. **5.00** Post Prynhawn. **6.02** Manylu. **6.30** Eleri Siôn. **8.00** Newyddion. **8.02** C2: Lisa Gwilym. **10.00** Newyddion C2. **10.02** C2: Huw Stephens. **12.00** C2: Dodd.com.