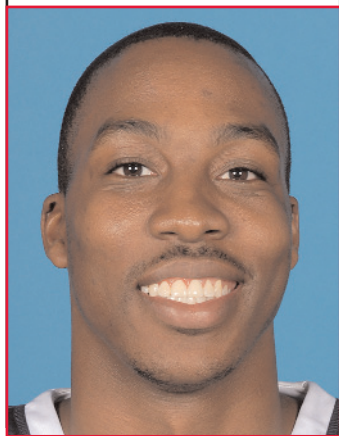


# #11 DWIGHT HOWARD

Center \* 6'11" (211 cms) \* 265 lbs. (120 kgs) \* Orlando Magic \* Southwest Atlanta Christian Academy (GA)

## USA BASKETBALL NOTES



- Member of the 2007 USA FIBA Americas Championship Team that finished 10-0, won gold and qualified the United States men for the 2008 Olympics. The USA Team was a team comprised of members of USA Basketball Senior National Team program.

- Started in nine games and played in all 10 of the USA's FIBA Americas Championship games. Averaged 10.0 ppg. (6th best on team), a team

high 5.3 rpg., a team high 1.8 bpg., 16.5 minutes a game, while shooting a team best 81.4 percent (35-43 FGs) from the field.

- Recorded in the gold medal game against Argentina 20 points on perfect 7-for-7 shooting from the field and 6-for-8 shooting from the foul line, also added five rebounds and four blocked shots in 18 minutes of action. Recorded 19 points on 9-for-10 shooting from the field in 18 minutes versus Mexico.
- Played for the USA White Team in the 2007 State Farm USA Basketball Challenge and recorded 21 points( 9-9 FGs, 3-3 FTs), also added nine rebounds and two blocked shots in just 24 minutes of action.
- Helped lead USA to an 8-1 record and bronze medal at the 2006 FIBA World Championship in Japan.
- Played in nine games and started five in the 2006 World Championship., averaged 7.3 ppg. (5th best on team), a team second best 4.7 rpg., a team leading 1.3 bpg., while shooting 54.1percent from the field.
- Finished the 2006 FIBA World Championship ranked sixth in blocked shots and his 12 blocked shots rank as the sixth most by a USA player in World Championship play.
- Named on August 17, 2006, a member of the 2006 USA World Championship Team.
- Helped lead the USA Senior National Team to a 5-0 record during its pre-World Championship tour averaging 5.4 ppg. and a team high 5.8 rpg.
- Named on March 5, 2006, to the 2006-2008 USA Basketball Men's Senior National Team.
- Named to 2004 USA Men's Junior National Select Team that would compete in the 2004 Nike Hoop Summit, however, he did not compete after withdrawing for personal reasons.

## NBA HONORS

- Named All-NBA first team in 2008.
- Named All-NBA third team in 2007.

- Named 2008 NBA All-Defensive second team.
- Finished fifth in voting for the 2007-08 NBA MVP award.
- Was a unanimous selection to the 2004-05 NBA All-Rookie first team and finished third in the voting for 2004-05 NBA Rookie of the Year.
- Finished with the third most votes overall (2,066,991) in the 2008 All-Star voting and was named as an Eastern Conference starter for the first time. Recorded 16 points (7-7 FGs, 2-3 FTs), nine rebounds, three assists, three steals in 30:33 of action.
- Won the 2008 Sprite Slam Dunk competition, dominated both rounds, scoring perfect 50s on both of his first round dunks and receiving 78 percent of the fans' votes in the finals.
- Selected a reserve member of the 2007 NBA Eastern Conference All-Star Team. Posted a double-double of 20 points (10-14 FGs), a game best 12 rebounds, one assist and one blocked shot in 21 minutes as the East fell to the West 153-132.
- Also demonstrated his rim-rattling flare in the 2007 Sprite Slam Dunk during the 2007 NBA All-Star Weekend. The NBA denied his request this week to raise the rim to 12 feet for the slam dunk event at All-Star Weekend. So while dunking on a regulation 10-foot rim, he placed a sticker with his off-hand atop the backboard -- 12-feet, 6-inches off the ground.
- Received NBA Community Assist Award for July 2007.
- Named Eastern Conference Player of the Month for December 2007; November 2007; April 2006; November 2006.
- Named the Eastern Conference Player of the Week for Nov. 26-Dec. 2, 2007; Nov. 12-18, 2007; Nov. 20- 26, 2006.
- Played on the Sophomore Team in the 2006 Rookie Challenge.

## NBA MILESTONES

- Has played in every game as a member of the Magic - 328 straight games, a franchise record.
- Grabbed his 2,000 career rebound against Memphis (11/20/06) becoming the youngest in NBA history to reach the milestone (20 years, 347 days).
- Became in 2005-06 one of only eight players in the NBA and the first rookie (along with Emeka Okafor) to average a double-double since Shaquille O'Neal and Alonzo Mourning accomplished the feat in 1992-93.
- Became the youngest player in NBA history with 20-plus boards in a game after doing so versus Toronto (12/1/05). Also had 20 rebounds against Atlanta (2/10/06) becoming the first rookie since Tim Duncan in 1997-98 with multiple 20-plus rebound games in a rookie season
- Became first NBA rookie since 1992-93 (Shaquille O'Neal, 12 games) to record 10-plus rebounds in first nine regular season games of his career.
- Became the first player in NBA history directly out of high school to start in all 82 games during his rookie season.

## NBA NOTES

- Completed in 2007-08 his fourth NBA season, all with Orlando.
- Helped lead Orlando in 2007-08 to a 52-30 regular season, third best record in the Eastern Conference, the Southeast Division title (Orlando's first since 1995-96), and the 2007 Playoffs. The 52 wins in 2008 were 12 more than 2006-07.
- Finished 2007-08 NBA regular season averaging career highs of 20.7 ppg., 14.2 rpg., 2.2 bpg., and added 1.3 apg., while shooting 59.9 percent from the field.
- Finished 2007-08 ranked first overall in the NBA in rebounds per game, rebounds (1161), free throws attempted (897), defensive rebounds per game (10.8 rpg.), double-doubles (69); and was third in field goal percentage; fourth in efficiency ranking (26.76); fifth in offensive rebounds per game (3.4 rpg.); fifth in blocked shots per game; seventh in free throws made (529); ninth in minutes played (3088); 20th in minutes per game; 21st in points per game; 21st in field goals made (583).
- Selected by Orlando in the first round (first overall) of the 2004 NBA Draft.

## HIGH SCHOOL NOTES

- Finished career at Southwest Atlanta Christian Academy (Ga.) with 2,146 points, 1,728 rebounds and 811 blocked shots in 129 games for career averages of 16.6 ppg., 13.4 rpg., and 6.29 bpg.
- Won the 2004 Naismith Award, signifying the nation's top high school player; Morgan Wootten, Gatorade and the McDonald's National High School Player of the Year honors.
- Named to 2004 McDonald's All-American Team and 2004 EA Sports Roundball Classic All Star Team.
- Named Co-MVP of Big Time, when his AAU Atlanta Celtics took home tournament's title, named MVP at the Dunk at the Beach tournament, where his team finished first.

## PERSONAL NOTES

- Born December 8, 1985, in Atlanta, Georgia.
- Full name is Dwight David Howard.
- Father, Dwight Sr., is a Georgia State Trooper and serves as Athletic Director of Southwest Atlanta Christian Academy.



- Mother, Sheryl, played on the inaugural women's basketball team at Morris Brown College.

## USA Basketball Statistics

TEAM	G/S	FGM-FGA	PCT	3PM-3PA	PCT	FTM-FTA	PCT	REB/AVG	PTS/AVG	AST	BLK	STL
2007 OLYQ	10/ 9	35- 43	.814	0- 0	---	30- 45	.667	53/ 5.3	100/ 10.0	0.2	1.8	0.6
2007 SNT	1/ 1	9- 9	1.000	0- 0	---	3- 3	1.000	9/ 9.0	21/ 21.0	0.0	2.0	1.0
2006 WC	9/ 5	20- 37	.541	0- 0	---	26- 42	.619	42/ 4.7	66/ 7.3	0.0	1.3	0.3
2006 SNT	5/ 2	11- 16	.688	0- 0	---	5- 14	.357	29/ 5.8	27/ 5.4	0.4	0.6	0.6
<b>Totals</b>	<b>25/17</b>	<b>75-105</b>	<b>.715</b>	<b>0- 0</b>	<b>---</b>	<b>64-104</b>	<b>.615</b>	<b>133/ 5.3</b>	<b>214/ 8.6</b>	<b>0.2</b>	<b>1.4</b>	<b>0.2</b>

**2007 OLYQ** - 2007 USA FIBA Americas Championship Team, Las Vegas, Nevada (the USA finished 10-0, won the gold medal and qualified the U.S. men for the 2008 Olympics).

**2007 SNT** - 2007 State Farm USA Basketball Challenge USA White Team, Las Vegas, Nevada (the USA Blue Team defeated USA White Team 105-104).

**2006 WC** - 2006 USA World Championship Team, Saitama, Japan (the USA finished 8-1 and won the bronze medal).

**2006 SNT** - 2006 USA Basketball Senior National Team (the USA compiled a 5-0 record).

## NBA Statistics

YEAR	G/S	FGM-FGA	PCT	3PM-3PA	PCT	FTM-FTA	PCT	REB/AVG	PTS/AVG	AST	BLK	STL
2007-08	82/82	583- 974	.599	0- 4	.000	529- 897	.590	1161/14.2	1695/ 20.7	1.3	2.2	0.9
2006-07	82/82	526- 873	.603	1- 2	.500	390- 666	.586	1008/12.3	1443/ 17.6	1.9	1.9	0.8
2005-06	82/81	468- 881	.531	0- 2	.000	356- 598	.595	1022/12.5	1292/ 15.8	1.5	1.4	0.8
2004-05	82/82	352- 677	.520	0- 2	.000	277- 413	.671	823/10.0	981/ 12.0	0.9	1.7	0.9
<b>Totals</b>	<b>328/327</b>	<b>1929-3405</b>	<b>.567</b>	<b>1-10</b>	<b>.100</b>	<b>1552-2574</b>	<b>.603</b>	<b>4014/12.2</b>	<b>5411/ 16.5</b>	<b>1.4</b>	<b>1.7</b>	<b>0.9</b>