

AES, Christed Halo Treatments, Imprinting, Healing, and Merging of the Heart and Mind

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Introduction

I, Mary, would like to say a few things about myself and how the Christed Halo Energy came about. I have been working with Lyn for the past year and a half on the development of the AES Energies and Treatments. It has been my joy to participate in whatever way was needed. Lyn has always been the primary person to whom the treatments were channeled. I knew spirit wanted me to be a part of this endeavor, no roles ascribed.

I had the great pleasure to bring forth the Christed Halo treatment while going through a dark night of the soul. I had been traveling across the United States with my daughter when we had an argument and I told her to get on a plane and I would finish the journey to Los Angeles. I continued on and spent the next night in Sedona, Arizona. I woke up in the middle of the night filled with guilt and remorse. I asked Spirit for forgiveness even though I didn't feel like I deserved it. The emotional pain was so great that I started using the AES Energies to comfort myself.

When I finished working with the AES Energies I was drawn to continue on a new path. This was the emergence of the Christed Halo Symbol which I placed on my crown chakra. Christed Halo then proceeded to travel through all of my chakras, finishing in my Earth chakra. The effect was very calming and soothing to my physical, mental, emotional, and spiritual bodies. The Christed Halo Energy healed my grief as I experienced this new energy flow through me. I had shifted energetically in the process of surrendering.

The primary function of Christed Halo is to facilitate the merger of the right and left hemispheres of the brain. Then to facilitate the merger of the heart and mind into one organ. At this point, the heart serves as a filter, so to speak, for a person's interaction with experiences in the various dimensions. This is an ongoing process, the merger of the heart and mind, perhaps a lifelong process. The more a person interacts with the Christed Halo Energy the stronger the effects.

I define the term "Christed" as unconditional love, being one with God, our own God self.

The term Halo refers to God qualities, that of love, truth, wisdom, and healing.

Christed Halo is meant to express the Light of God.

Christed Halo has its own intelligence. Lyn stated this a while ago but it is becoming more apparent to me the more I work with it. It is now appearing in treatments that existed before Christed Halo was co-created. It has evolved from being over my 7th chakra to connecting my heart and mind. The merging of the heart and mind is a continuous process over time. Christed Halo Energy now radiates like golden rays from my heart. I am able to direct it to the person I'm working with and it goes to their heart. In simple terms, our hearts resonate. When the two hearts connect, I can feel the energy flow. It's that simple but so much more is happening.

Christed Halo is electrical in nature. It participates with the Focus Energy to ground into Mother Earth. Halo corrects electrical imbalances in the brain and by doing this, sets up the stage for the melding of the heart and mind. The mind needs to be free of overwhelming incongruence in order to connect with the heart.

Christed Halo can help correct imbalances in the body in relation to the Earth's electromagnetic field and frequency. Christed Halo Energy can enhance a person's resonance with our planetary home. This will be further addressed in the Heart of Earth Treatment and AES II.

Please take a look at the Christed Halo symbol. This geometric form "turns on" a morphic field made up of a bundle of frequencies. A big part of our service in helping to manifest the AES is to co-create morphic fields of differentiated energies and then to communicate the information we receive.

As we earthly beings begin to shift and change our perspective on our humanness and how we relate to each other, we may also consider our relationship with Mother Earth. We co-exist with Mother Earth in a very tenuous way. We pray for her as if she was a beloved family member. We are pained when she experiences earthquakes or oil spills. Yet we know that she is a survivor as are we. We are all One with Mother Earth.

When we work with any AES treatment, built in is a treatment for planet Earth. Christed Halo Energy is about connecting to our God Self. The AES can help not only our ascension process, but the ascension of planet Earth. The Christed Halo Energy is about the individual merging with its God Self as well as others and Mother Earth. We are all part of the larger Oneness. It is with that consciousness that we move forward.

Treatment I

Please take a look at the Christed Halo Symbol figure. Try opening your heart to this energy and feel what happens.

The energy of Christed Halo comes in as an imprint. The Christed Halo Energy imprints, or leaves its energetic signature, in components of a person's energy field. This process of imprinting includes the use of the four AES, Part I Symbols: Focus, Clarity, Ascentia, and Godhead.

The interaction of the AES Energies with Christed Halo can lay the foundation for the physical body to be able to evolve more so and hold higher frequencies. There will be more Halo procedures manifesting as this work continues.

The objective with the 1st Christed Halo treatment is to simply allow the energy to become one with you. This procedure has many parts to it but they flow seamlessly together. I would suggest reading over the material on Halo several times before you start the procedure. It will give you the opportunity to digest the information so the treatment flows more naturally.

It is important to be heart centered when working with Christed Halo. I feel an energetic shift into a higher vibrational state when I use the Christed Halo Energy. The Christed Halo Energy works on many levels. The more I move into my heart and consciously interact with my heart torus, the freer the flow of energy. An appropriate analogy would be seeing this process as a symphony with the different instruments coming together to produce a beautiful sound.

Try reading over the material several times, sit back and go into that quiet space. This is the opportunity to call in your spiritual family of Guides, Angels, or Council. Once in this space, the treatment flows more easily.

Every person requires a different amount of time with the AES Energies. There is no formula. You know when it's time to move forward, the energy will tell you. I find that for me the energy simply stops flowing when appropriate. I take that as my cue to move on. This allows me to stay in that sacred place of Oneness without trying to process what is going on.

I've had instances where the energy stayed at one place for a very long time and I thought what am I going to do if this doesn't change. Well, eventually the energy does move, but it is very important that I stay with channeling the energy until the energy stops flowing. There will also be times when it seems like the energy is moving too fast.

Christed Halo Treatments have an intelligence of their own. Multiple treatments are the norm.

At times I stop and speak to the Higher Self or Soul of the person I'm working with. Sometimes the person receiving a treatment is not aware that they are not open to receiving an energetic blessing. This could be for a myriad of reasons. Fear seems to be the dominant reason. The Higher Self has always facilitated opening the flow of Christed Halo Energy when I ask for permission to continue.

Start the treatment with a prayer of intent. This is your opportunity to invite your spiritual family to participate.

Visualizing your heart torus may be beneficial during this treatment. Included is a picture of a heart torus. Reading about this energy field structure may be very helpful.

Please follow the treatment outline (Treatment 1) as a simplified guide to this treatment.

Place the Halo above your crown chakra (or another person you may be working with) by sweeping your hand three times in a circular pattern. Sit with that until you feel intuitively that you have anchored the Christed Halo energy. This is where the melding of the left and right hemispheres of the brain is initiated.

Continue placing Halo in the remaining chakras on down to the earth chakra.

The time spent at each chakra is specific to the individual. You will know when it's time to continue. When you finish, try standing back at this time and allow the Halo energy to continue to flow and integrate with the person. Channeling the Christed Halo Energy from a few feet away can be very effective.

When you are ready to continue, the next step is to bring in the AES Focus Energy by drawing or visualizing this symbol at various energy centers. Focus starts at the earth chakra and moves through all the chakras finishing at the crown chakra. I feel that Focus is the electrical grounder between the individual and Mother Earth. This is a very important role to the success of integrating the Christed Halo Energy.

The AES Symbols Clarity, Ascentia, and Godhead, follow Focus in the same pattern starting at the Earth chakra moving through all the chakras finishing at the crown chakra.

These four AES Energies work with Christed Halo to help clear discordant energy in the energy field. I see it as the final cleanup to make ready for the Christed Halo energy to move through the energy field unimpeded.

Christed Halo can help with downloads by opening the heart / mind to light packets of information. The Christed Halo Energy helps to facilitate a conscious feeling of Oneness.

Treatment 2

This is a simple treatment which may be used repeatedly for physical healing. This treatment is so simple there is no treatment diagram.

Verbal prayers are so much more powerful than silent prayers. Try a prayer such as "I call for this room to be filled with Love and Light and only Love and Light. I call for only the highest good for all to manifest during this treatment. I call on the AES Guides and Metatron to oversee this treatment." (Try calling on your guides, higher aspects of yourself, members of your spiritual family, any Ascended Masters. Feel free to call on any of the Archangels or higher beings you feel comfortable with.)

Just surround yourself or another with the Christed Halo Symbol. The intent is for physical, emotional, mental, or spiritual healing.

Halo heals the physical body where the illness is fear based. Halo goes in and deconstructs the underlying fear to allow the physical body to heal with loving Oneness.

Treatment 3

The primary function of Christed Halo is to facilitate the merger of the right and left hemispheres of the brain. Then to facilitate the merger of the heart and mind into one organ. At this point, the heart serves as a filter, so to speak, for a person's interaction with the various dimensions. This is an ongoing process, perhaps a lifelong process. The more a person interacts with the Christed Halo Energy the stronger the effects. This paragraph warrants a second expression.

Our observations are that the chakras become secondary energy centers within the Ascension Energy System. The primary energy center includes the Antahkarana, extending from the Universal Heart, through the Monad and Soul, through the heart, and to the Earth Heart. This is a paradigm shifter; but why not try the treatments out before disregarding this concept.

This above definition of the Antahkarana is the one I (Lyn) prefer. But for practical purposes in the Godhead Treatment, the Antahkarana is broken up into three parts including the Central Channel and Earth Cord. The Antahkarana figure also shows the Antahkarana broken up into three parts.

Another figure to meditate on is of the heart torus. This also becomes a primary component of the energy field. Try visualizing your heart torus and feel the energy shift; for some, the heart torus acts as a gateway. This is addressed in the following paper - Experiencing the Heart Torus.

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Step 1) Christed Halo, visualize a large Halo surrounding yourself or another receiving a treatment, the intent is to further integrate the Christed Halo Energy into the energy field of yourself or another

Step 2) Christed Halo, hands over heart, visualize Halo around the heart, channel the energy with the intent of opening the heart to healing and the Oneness of all. This can be an effective way to clear and heal a person's heart; not just from this life time.

Step 3) Christed Halo, hands on both sides of head, visualize Halo around the head, channel the energy with the intent of merging the two hemispheres of the brain.

Step 4) Christed Halo, hands over head and over heart at the same time, visualizing two Christed Halo Symbols, see the two Halos merge into one Christed Halo Symbol encompassing the heart and head, channel the energy with the intent of merging the heart and brain

Step 5) If drawn to, ground by channeling Focus Energy at the feet

Additional Information

The Christed Halo Treatments are more than a treatment; a person's interaction with Christed Halo is a process. This process has an evolutionary time line that will look different with everyone who steps into this energy.

The Christed Halo Treatments can include very strong energy flows. At times it can be overpowering.

Continued use of Christed Halo may turn out to be very beneficial.

In a group setting, try visualizing Halo around the group at heart level. Feel the shift in the group energy.

The color of Halo may vary. Mary saw a light yellow color as she began to bring in the Christed Halo information. I saw an opalescent color; presently I am seeing a deep purple, gold and violet as well.

It is almost as if everyone interacts with Christed Halo Energy differently. Personally, I have shifted to a more heart centered life. Mary was the one that needed to bring in this energy; I could not have done what she did. This is one reason why we are a team - the balance we bring to the AES.

Christed Halo of Healing

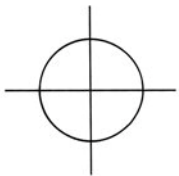


Christed Halo Treatment Diagram, Treatment 1

**Christed Halo of Healing, Channel the Energy Over the Following Chakras / Energy Centers:
Crown or 7th Chakra (Draw Over Head Three Times), on Down from the 6th to the 1st or
Root Chakra, Knees, Feet, and to the Earth Chakra Below the Feet**



Focus, Channel the Energy Back Up in the Reverse Order as Above



Clarity, Channel the Energy in the Same Order as Focus



Clarity, Channel the Energy in the Same Order as Focus



Godhead, Channel the Energy in the Same Order as Focus



Christed Halo Treatment Diagram, Treatment 3

Christed Halo, Visualize a Large Halo Surrounding Yourself or Another Receiving a Treatment, the Intent is to Introduce / Integrate the Christed Halo Energy to the Energy Field of Yourself or Another



Christed Halo, Hands over Heart, Visualize Halo Around the Heart, Channel the Energy with the Intent of Opening the Heart to Healing and the Oneness of All



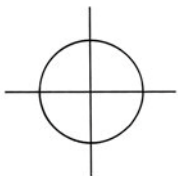
Christed Halo, Hands on Both Sides of Head, Visualize Halo Around the Head, Channel the Energy with the Intent of Merging the Two Hemispheres of the Brain



Christed Halo, Hands Over Head and Over Heart at the Same Time, visualizing two Christed Halo symbols, see the two Halos merge into one Christed Halo Symbol encompassing the heart and head, Channel the Energy with the Intent of Merging the Heart and Brain



If Drawn to, Ground by Channeling Focus Energy at the Feet

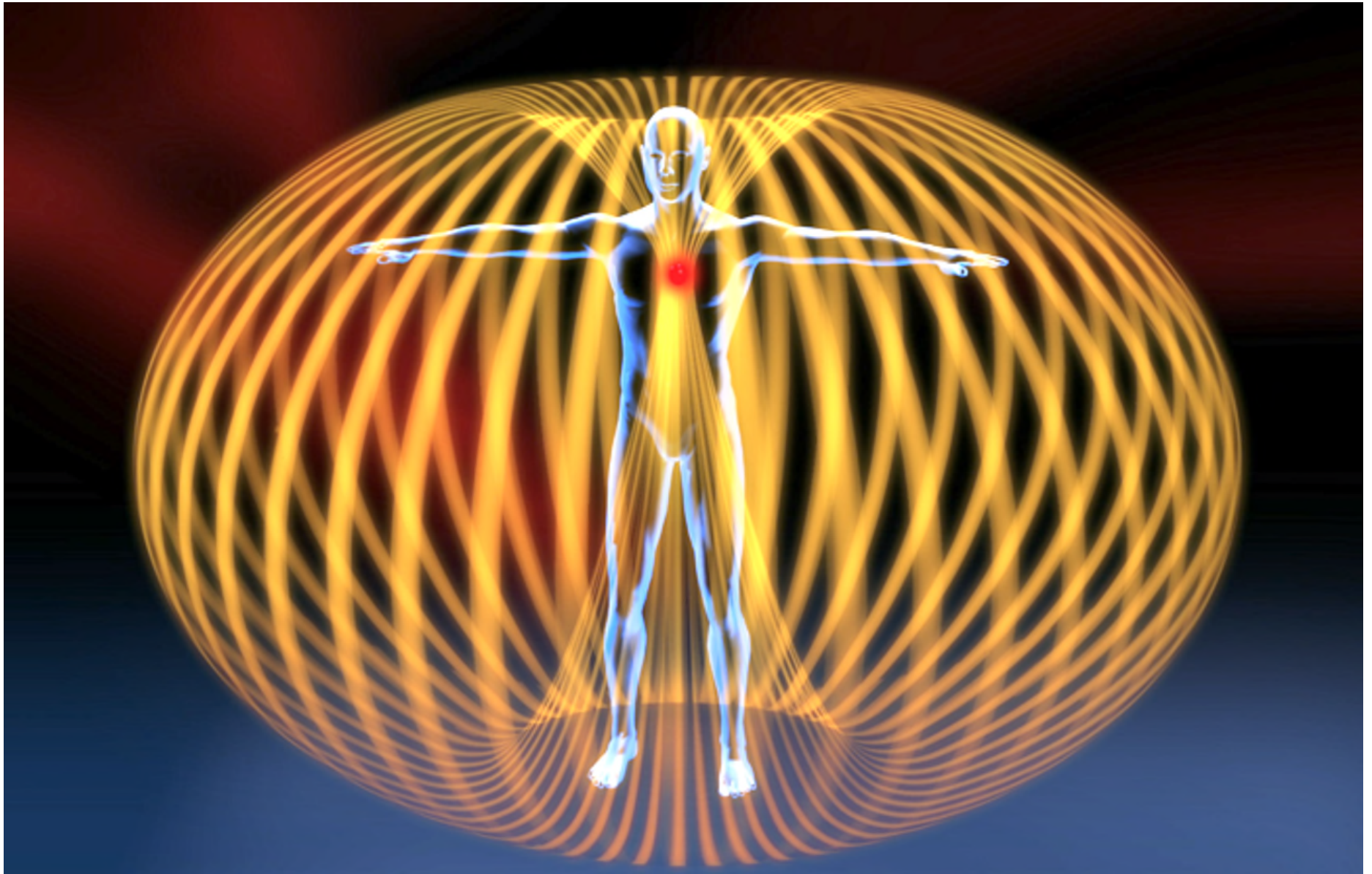


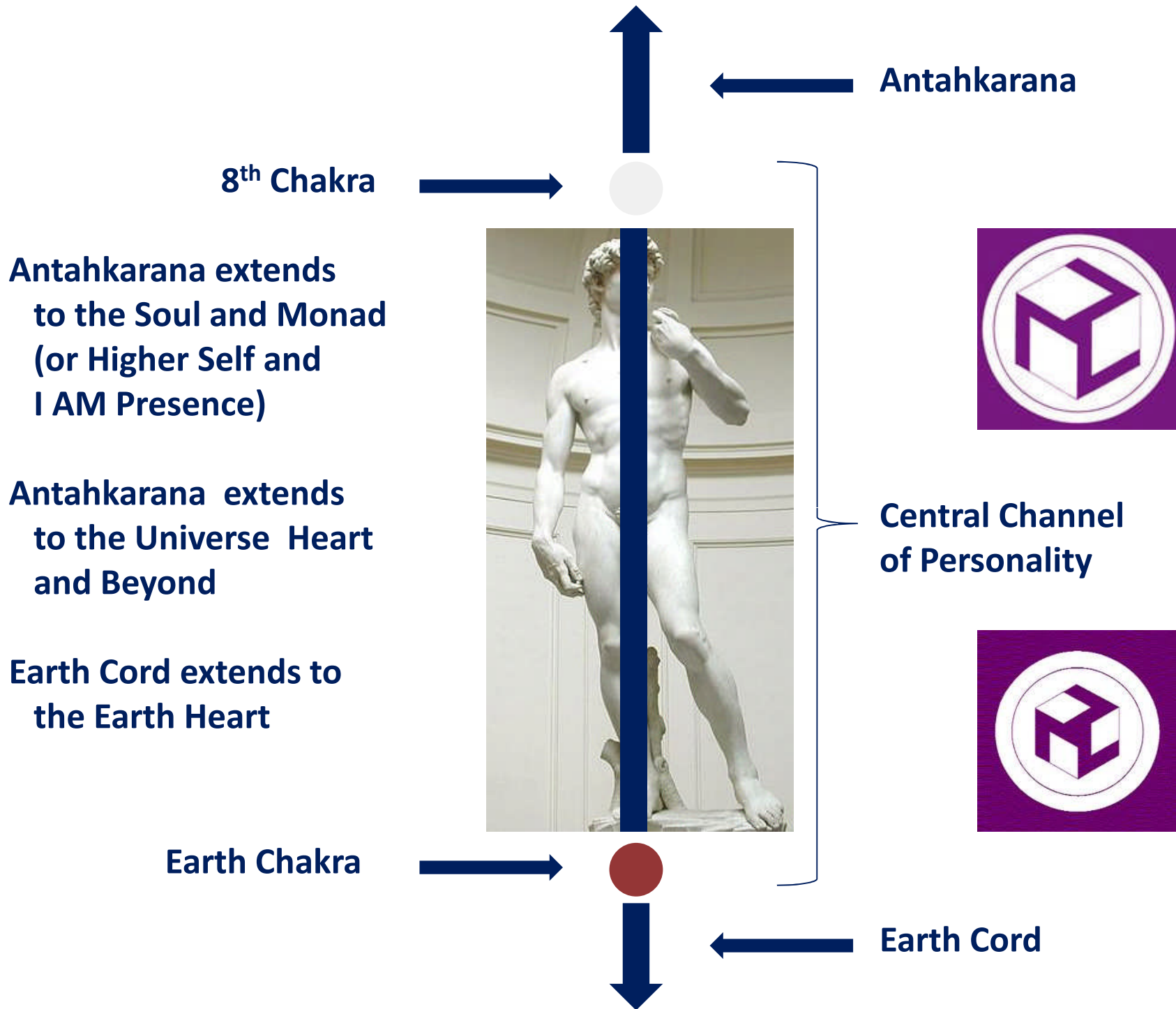
Christed Halo of Healing Treatment:

Heart Mind Connection, Hemispheres of Brain Merge, then Mind and Heart Merge



Heart Torus





Christed Halo Treatment 3

Self Treatment

Christed Halo Over the Heart, Self Treatment



Christed Halo Merging Right and Left Sides of Brain, Self Treatment



Christed Halo Energy Merging Heart and Mind, Self Treatment



Christed Halo Treatment 3 Treatment with Another

Holding the Christed Halo Energy



Christed Halo Over the Heart



Christed Halo Merging Right and Left Sides of Brain



Christed Halo Energy Merging Heart and Mind

