TAKE PRIDE IN

RIVERSIDE

PARKS AND RECREATION



Autumn/Winter

2012

FREE ONLINE REGISTRATION

The E-Pay Program allows you to register online through our website with <u>NO</u> additional fees! **Registration is confirmed only after you receive an e-mail from the Riverside Parks & Recreation Department.** You can register with Visa, MasterCard or personal check (in office only). **Be sure to register at least 3 days** before the program begins!





Resident Registration Begins September 24th
Non-Resident Begins October 1st

No Registrations Accepted before 9:00 AM, September 24th



www.riverside.il.us (708) 442-7025

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CREATE A CLASS

We are always looking for new class ideas and instructors to teach them. Do you have a background in arts & crafts, photography, music or any other field that can be beneficial to residents? If you have a particular skill or are willing to lead activities please fill out the form below and return it to us. Everyone has something to offer, so please take a few minutes to fill out this form and return it to the Recreation Office or mail it to: 27 Riverside Road, Riverside IL 60546.

Phone ______Address ______

Class Suggestion ______

Talents or Skills

Co-ops

You may have noticed the logo "co-op" next to the heading of your favorite classes, but what does this mean? The Brookfield, North Riverside, Lyons and Riverside Parks & Recreation Departments have agreed to offer programs that will benefit all communities. This co-op will allow residents of each community to participate in more programs while paying resident rates!

Some things to remember: You must register with the "host agency's" Recreation Department. They will be able to answer detailed questions and give you directions to their facilities. Refunds for co-op programs will be issued according to the host agency's refund policy.

Call ahead to verify Registration Dates and Pricing.

For further information:

Brookfield Recreation 485-7344 Lyons Recreation 442-4856 North Riverside Rec. 442-5515 Riverside Recreation 442-7025

OOPS! TYPO, HUMAN ERROR, DID WE GOOF?

Occasionally there may be an error in days, times, registration requirements or fees in the brochure. When such errors do occur, the staff will do everything possible to correct the situation promptly. We thank you for your patience and understanding when these problems arise.

Refund Policy

The Riverside Recreation Department reserves the right to cancel any program or class where there is insufficient enrollment. Every effort will be made to allow the class to remain available.

IF A CLASS IS CANCELLED, a full refund will be mailed to the participant (allow up to 3 or more weeks to process). All refunds will come from the Village Office. No credits will be given.

IF THE PARTICIPANT CANCELS less than three days before the class a five-dollar service fee will be charged. Please note: Due to contractual agreements with some instructors, refunds for specialized classes may not always be available.

AFTER A PROGRAM HAS BEGUN

and the participant wishes to drop out of the class, the recreation office must be notified after the first class meeting. A refund for 75% of the class fee, minus a five-dollar service charge will be issued to the participant.

NO REFUNDS will be issued after the second meeting of a class except for medical reasons. A physician's note may be requested at this time.

Village of Riverside Parks & Recreation Department

27 Riverside Road Riverside, IL 60546 Tel (708) 442-7025 Fax (708) 442-9161

Office located at

10 Pine Ave., (Water Tower) Riverside, IL 60546

Office Hours

Monday – Friday 9 am - 6 pm

Parks & Recreation Commission

Susan Casey, Chair Jamie Brand Katie Leander Mike Murphy Tracy Sloan

The Riverside Parks & Recreation Commission meets the fourth Monday of the month at 7:00 pm at the Water Tower. Any additional meeting dates will be announced. The public is invited to attend all meetings.

Parks & Recreation Staff

Ron Malchiodi, Director Teresa Michalik, Program Coordinator Lu Fulgenzi, Office Assistant Brian Farrell, Sarah Primozic & Stevie Michell Recreation Assistants

Holiday Closings

The Riverside Parks & Recreation Department and facilities will be closed for the following holidays:

November 22nd November 23rd December 24th December 25th

January 1st

January 21st

Thanksgiving Day

Day after Thanksgiving

Christmas Eve

Christmas Day New Year's Day

Martin Luther King Day

Parks & Rec

Ways to stay connected

OUR WEBSITE

Visit www.riverside.il.us

to view the brochure, online registration, special announcements, & more!

E-FLASH

Visit www.riverside.il.us

On the left side of the page. You can register with any email address to get important community updates.

FACEBOOK

Visit

www.facebook.com/RiversideRec for the announcements, pictures, & more!

NIXLE

Visit www.nixle.com

for field conditions during leagues, register online for free to receive updates by e-mail or text!

Or you can stop by the Riverside Parks & Recreation Department
@ the Historic Water Tower.

Be sure to update your e-mail while you're there!

2003 2003 2003



EARLY CHILDHOOD







Enrichment Program

Kindergarten is an important time for learning and developing social relationships as well as academic skills. Kinder Kids Club participants will enhance their emotional, social, cognitive, and physical development by engaging in activities that follow the Illinois standards and benchmarks for learning in both early childhood and kindergarten. Children will thrive in a recreational setting that puts the FUN in LEARNING as well as develop lasting friendships.

** The schedule will follow in accordance to that of District 96. **

A Parent Manual and Monthly Calendar will be available online at www.riverside.il.us beginning September 24th. Our Open House will be Thursday January 10th from 6:30-7:30 pm. Parents and children are welcome to come see room set up and meet instructor on these dates.

Who: 5 to 6 year olds (as of **9/30/12**)

When: Mondays/Wednesdays/Fridays, 12:30 - 3:00 pm

(Monthly registration.) Sept 10 to Dec 13, 2012 Jan 7 to May 24, 2013

Where: Water Tower, 10 Pine Avenue

Instructor: Miss Stevie

Fee: \$155/\$175 NON-RES (Monthly M/W/F)

Min/Max: 7/16

Code No.: Please use KKC Registration Form available at

Parks & Recreation Office.

Brown Bag Buddies

Brown Bag Buddies is a great opportunity for your child to develop social skills, meal etiquette and healthy food and fitness choices. Designed for children 5-6 years, we will be meeting in Riverside Tower to enjoy lunch with friends in a FUN and SOCIAL setting. Children are to bring their own lunch and drink. Monthly registration, See Kinder Kids Club registration form for enrollment.

Who: 5 to 6 year olds (as of 9/30/12)

When: Mondays/Wednesdays/Fridays,

11:45 am - 12:30 pm (Monthly registration.) Sept 10 to Dec 13, 2012 Jan 7 to May 24, 2013 Where: Water Tower, 10 Pine Avenue

Instructor: Miss Stevie

Fee: \$35/\$40 NON-RES (Monthly M/W/F)

Min/Max: 7/16

Code No.: Please use KKC Registration Form available at

Parks & Recreation Office.

MINI-LETES: Tot Sports Class

Time to introduce your little one to the world of sports as well as a socialized semi-structured setting! Children will get acclimated to following instruction while learning new skills. Parents may be asked to participate during certain activities. So get ready to burn a little energy and learn the basic skills of popular Sports! Dress comfortably and bring a water bottle as necessary.

Who: Ages $2^{1/2}$ to $3^{1/2}$ years with Parent

When: Thursdays, 3:30 to 4:05 pm

January 17 to February 7 (4 weeks)

Where: Blythe Park School

Instructor: Staff

Fee: \$30/\$35 NON-RES

Min/Max: 6/10 Code No.: #314310A

Messy Mondays

Experiment and experience!! This hands-on, playful environment of discovery will stimulate all senses. What a way to learn by doing!! Sensory learning is a vital part of growth. Each class will introduce to sights, smells and feelings. We will discuss how various products react with each other and truly get the wheels turning! Please dress your child from head-to-toe in clothes for messy exploration. An optional smock will be provided.

Who: Tots (3 to 4 years)

When: Mondays, 9:45 - 10:25 am

January 28 to February 18 (4 weeks)

Where: Water Tower, 10 Pine Avenue

Instructor: Staff

Fee: \$35/\$40 NON-RES

Min/Max: 6/10 Code No.: #311310C



Bumbling Tumblers - Explore with Friends (Parent/Child)

Join Miss T for open play, exploration and socialization. In This class, your little participants will sing songs with accompanying movements they are sure to love. Afterwards, they will be able to openly explore obstacles, stations and more. This playtime enhances social growth and development as well as personal time for the parent and little one. Equipment, entertainment, guidance and music will be provided.

Who: Parents and Tots (1 to 2 years)
When: Fridays, 9:20 - 9:50 am
January 18 to February 15

Water Tower, 10 Pine Avenue

Instructor: Staff

Where:

Fee: \$30/\$35 NON-RES

Min/Max: 6/8

Code No.: #314310E

VitaMini's Health Nuts

This wholesome class has lots of great benefits for all participants! Each week, we'll cover new topics: Nutrition, Going to the Doctor/The Body, The Importance of Activity, and Visiting the Dentist/The Mouth. Each class will introduce valuable lessons, put them into action and end with a healthy recipe!

Who: Tots (3 to 4 years)

When: Mondays, 9:45 - 10:25 am

February 25 – March 18

Where: Water Tower, 10 Pine Avenue

Instructor: Miss T

Fee: \$39/\$45 NON-RES

Min/Max: 6/12 **Code No.:** #314310H



Bumbling Tumblers - Explore and More (Parent/Child)

Bounce, roll and giggle with us! This semi-structured class will enhance social growth and development for the wee ones and social interaction, support and fun for the parents. Participants will be led in songs using fun props and movement. Circle time will be a period of exploration of their environment, themselves and others. The class will end with a basic tumbling skill and song. Equipment and music will be provided, along with toys and games for the children.

Who: Parents and Tots (2 to 4 years)
When: Fridays, 10:00 - 10:40 am
January 18 to February 15

Water Tower, 10 Pine Avenue

Instructor: Staff

Where:

Fee: \$35/\$40 NON-RES

Min/Max: 6/8

Code No.: #314310E1

PROGRAM MORE

THAN WAITING UNTIL THE LAST
MINUTE TO REGISTER.

PLEASE REGISTER EARLY AND FOR ALL
SESSIONS OFFERED.

LOW ENROLLMENT
CANCELS A GOOD PROGRAM.

Children's Birthday Parties

Are you looking for a fun, unique, and affordable party experience for your child's next birthday?

If so, the Recreation Department has everything you need to make your event special for your child and easy for you!

The multi-purpose room in the Historic Water Tower is available for rent in 3 hour blocks, we'll take care of the set-up and clean-up...you just bring the fun! Rentals based on availability, and must be made at least 2 weeks in advance.

Contact the office for more information

(708) 442-7025

MUSIC CLASSES

MS. CLARA'S MINI MUSICIANS - Maestros in the Making

Nurture your little maestro early and they can enjoy the magic of making music for the rest of their lives! While this interactive musical program is energetic and packed full of fun and laughter, my secret goal as a teacher is education and not simply entertainment. Your child will gain a lifelong love of music by experiencing the pure joy of singing songs, playing rhythmic instruments and moving to the music we create. Visit www.msclarasmusic.com.

Munchkin Maestros - Parent/Child

These Maestros will love creating their own music using shaker eggs, the triangle, rhythm sticks and more! The strong emphasis on child and parent/caregiver bonding will provide a priceless means of communication with your little one during this preverbal stage. Fine and gross motor skills are targeted as we experience high and low pitch, steady beat and recognizable rhythms.

Who: 4 mos. to 18 mos.

When: Thursdays, 11:15 - 11:55 am (6 weeks)

Session 1: October 11 – November 15

Session 2: November 29 – January 17, No class 12/27, 1/3.

Where: Water Tower, 10 Pine Avenue

Instructor: Ms. Clara & Friends Fee: \$60/\$65 NON-RES

Min/Max: 4/12

Code No.: #315310A, 315310A1

Merry Maestros - Parent/Child

Merry Maestros' classes become even more interactive, allowing the students to learn basic musical concepts through fun songs, dances, instruments and musical games. Children will use their imagination as we go on a musical journey to the zoo, the playground, the forest and more! We'll reinforce musical concepts learned in class with fun items such as parachutes, balls and bean bags.

Who: $2^{1/2}$ to $3^{1/2}$ years

When: Thursdays, 10:30 - 11:10 am (6 weeks)

Session 1: October 11 – November 15

Session 2: November 29 – January 17, No class 12/27, 1/3.

Where: Water Tower, 10 Pine Avenue

Instructor: Ms. Clara & Friends Fee: \$60/\$65 NON-RES

Min/Max: 4/12

Code No.: #315310C, 315310C1

Mini Maestros - Parent/Child

The Minis will be so proud of themselves as they learn to keep a steady beat, act out the words to many songs and dance and sing along to the music we create. They will even start singing the songs at home, often recalling the lyrics better than their parents! We'll explore high and low pitch using the parachute, learn about the beat with bouncing balls and have so much fun with games such as Tic Toc: Follow the Leader."

Who: $18 \text{ mos. to } 2^{1/2} \text{ years}$

When: Thursdays, 9:45 - 10:25 am (6 weeks)

Session 1: October 11 - November 15

Session 2: November 29 – January 17, No class 12/27, 1/3.

Where: Water Tower, 10 Pine Avenue

Instructor: Ms. Clara & Friends Fee: \$60/\$65 NON-RES

Min/Max: 4/12

Code No.: #315310B, 315310B1



DANCE & TUMBLING

Pre-School Dance

This 30-minute class has a 6:1 student-teacher ratio. The students will be introduced to basic dance skills such as balance and coordination. They will develope self-confidence to advanced in the world of dance.

Who: Ages 2 to 3 years

When: Saturdays, 10:15 - 10:45 am

November 3 – January 12 (8 weeks)

No class 11/24, 12/22, 12/29

Where: Water Tower, 10 Pine Avenue

Instructor: Staff

Fee: \$40/\$45 NON-RES

Min/Max: 4/6 Code No.: #312601C

Pre-Tumbling

This 45-minute class has a 6:1 student-teacher ratio. Students will learn basic balance and coordination as well as develop self-confidence. Low-level skills will be taught including forward and backward rolls, and cartwheels.

Who: Ages 4 to 5 years

When: Saturdays, 11:00 - 11:45 am

November 3 – January 12 (8 weeks)

No class 11/24, 12/22, 12/29

Where: Water Tower, 10 Pine Avenue

Instructor: Staff

Fee: \$50/\$60 NON-RES

Min/Max: 4/6

Code No.: #312090A1

Pre-Ballet & Tap

Basic coordination will be taught along with a very simple ballet barre. Students will work on easy dance combinations and tap steps. Your children will meet new friends and most importantly, have fun! Ballet and tap shoes are required along with leotard and tights.

Who: Ages 4 to 5 years

When: Saturdays, 12:00 - 12:45 pm

November 3 – January 12 (8 weeks)

No class 11/24, 12/22, 12/29 Water Tower, 10 Pine Avenue

Where: Water Tov Instructor: Staff

Fee: \$45/\$55 NON-RES

Min/Max.: 5/7 Code No.: #312601A

Beginning Tumbling

This 45 minute class has an 8:1 student-teacher ratio. Students will develop their flexibility, strength and coordination as well as learn the developmental basic skills, including rolls, handstands, cartwheels, backbends and more!

Who: Ages 6 to 10 years

When: Saturdays, 1:00 - 1:45 pm

November 3 – January 12 (8 weeks)

No class 11/24, 12/22, 12/29

Where: Water Tower, 10 Pine Avenue

Instructor: Staff Min/Max: 4/8

Fee: \$50/\$60NON-RES

Code No.: #312100A

Beginning Ballet & Tap

Students will be taught a basic barre, beginning ballet steps and will move into easy combinations and a short routine. Coordination will still be worked on along with a sense of rhythm (counting music). A short tap routine will be learned.

Who: Ages 6 to 10 years

When: Saturdays, 2:00 to 2:45 pm

November 3 – January 12 (8 weeks)

No class 11/24, 12/22, 12/29

Where: Water Tower, 10 Pine Avenue

Instructor: Staff

Fee: \$45/\$55 NON-RES

Min./Max.: 5/7

Code No.: #312601B1



DAY OFF ADVENTURES

Pillow Hockey CAMP!

This popular camp will introduce the basic skills of hockey using padded sticks and a foam ball. The first part of the camp will be Instructional as the participants develop their skills. Then the kids will put their skills to practice during games. Join the intensity!

Who: Ages 4 to 5 years

When: Monday thru Wednesday, 1:00 - 1:45 pm

November 19-21

Where: St. Hugh's Gymnasium (7939 W. 43rd St. Lyons, IL)

Instructor: Staff

Fee: \$25/\$30 NON-RES

Min/Max: 10/18 Code No.: #312570D

Who: Ages 6 to 7 years

When: Monday thru Wednesday, 2:00 - 2:45 pm

November 19-21

Where: St. Hugh's Gymnasium (7939 W. 43rd St. Lyons, IL)

Instructor: Staff

Fee: \$25/\$30 NON-RES

Min/Max: 10/18 Code No.: #312570D1





Girls Just Wanna Have Fun Mini Camp

We will do all things shimmery, glittering and full of sparkle! This pamper camp will allow the girls to express their personalities with crafts, makeovers, dance parties, treats and more!!! Come let loose in this *GIRLS ONLY* camp!

Who: 5 to 9 years old

When: Thursday to Friday, 1:00 to 3:00 pm

December 27 to 28

Where: Meet at Water Tower, 10 Pine Avenue

Fee: \$35/\$40 NON-RES **Deadline: December 7**th

Min/Max: 10/14 Code No.: #311310D

ATHLETICS

CLASSES

SMART START Basketball

Start Smart Basketball will teach children the basic motor skills needed to play organized basketball while they work **one-on-one with parent.** The program will focus on dribbling/ball handling, passing/catching, shooting and running/agility. Start Smart is a developmental youth sport program from the National Alliance for Youth Sports Association.

**Please take this time to give your child individual attention. Non-registered siblings will not be allowed to participate.

Who: Ages 4 to 6 years

When: Wednesdays, 3:45 to 4:30 pm

January 9 – February 13 (6 weeks)

Where: Blythe Gym

Instructor: Staff

Fee: \$55/\$65 NON-RES

Min/Max: 8/12 Code No.: #312120A

Basketball Skills

If you love playing basketball and want to improve your skills, this class will help you do just that! Learn the basics of the game as each class will focus on a different aspect of the game. Work on your skills just in time to participate in our youth basketball league. Wear gym shoes and comfortable clothing.

Who: Grade 1 through 8
When: Tuesdays & Thursdays

November 6 – November 29, No class 11/22.

1st/2nd Grade: 5:00 to 5:50 pm 3rd/4th Grade: 6:00 to 6:50 pm 5th/8th Grade: 7:00 to 7:50 pm

Location: St. Hugh Gymnasium (7939 W. 43rd Street, Lyons)

Instructor: Staff

Fee: \$55/\$65 NON-RES

Code No.: #312122A, 312122B, 312122C

Kidsports Volleyball

Join us for this an introduction to the exciting game of volleyball. Children will learn the rules and fundamentals of the game while improving coordination. Games will be played the latter part of each class.

Ages: Ages 6 to 9 years

Day/Time: Tuesdays & Thursdays, 3:45 to 4:30 pm
Date: November 6 – November 29, *No class 11/22*.
Location: St. Hugh Gymnasium (7939 W. 43rd Street, Lyons)

Instructor: Staff
Fee: \$50/\$60
Code No.: #312480A

Tae Kwon Do

Tae Kwon Do is a Korean Martial Art and one of the oldest forms of unarmed combat but also meditative in nature. We explore the mind/body experience in a fun and informative format while getting a full body work-out. This class is also ideal for those interested in stretching, building their confidence and learning self-defense techniques. Our instructor is Black Belt certified through the World Tae Kwon Do Federation in Korea. Participants should wear loose fitting clothing and bring a water bottle to class.

Who: Children & Adults, Ages 8 and up

When: Wednesdays

A: Beginners: 6:45 to 7:45 pm B: Intermediate: 8:00 to 9:00 pm

Session 1: October 17 – Dec 12 (8 weeks)

No class 11/21.

Session 2: December 26 – February 13 (8 weeks)

Where: Water Tower, 10 Pine Avenue

Instructor: Zack Burris
Fee: \$51/\$61 NON-RES

Min/Max: 7/12

Code No.: #352320A, Beginner #352320B, Intermediate

#352320A1, Beginner #352320B1, Intermediate

Pillow Hockey

Non-stop action and an overflow of fun every Wednesday at Pillow Hockey! This popular class will introduce the basic skills of hockey using padded sticks and a foam ball. The first part of the class will be Instructional as the participants will develop their skills. The kids will put their skills to practice during games played at the end of each class. Join the intensity!

Who: Ages 4 to 5 years

When: Wednesdays, 4:15 - 5:00 pm

Session 1: October 3 – November 14 (6 weeks)

No class 10/31.

Session 2: January 9 – February 13 (6 weeks)

Where: Blythe School Gymnasium

Instructor: Recreation Staff
Fee: \$58/\$68 NON-RES
Code No.: #312570A, #312570B

Who: Ages 6 to 7 years

When: Wednesdays, 5:05 - 5:50 pm

Session 1: October 3 – November 14 (6 weeks)

No class 10/31.

Session 2: January 9 – February 13 (6 weeks)

Where: Blythe School Gymnasium

Instructor: Recreation Staff
Fee: \$58/\$68 NON-RES
Code No.: #312570A1, #312570B1

Floor Hockey

Compete in the comfort of your own shoes and reap all the awesomeness of hockey with Riverside Recreation's new Floor Hockey Class! We welcome all skill levels. Class will begin with drills and instruction and conclude with scrimmage games. Wear athletic gear and bring a water bottle.

Who: Ages 8 to 9 years

When: Thursdays, 5:15 - 6:15 pm

Session 1: October 11 – November 15 (6 weeks). Session 2: January 10 – February 14 (6 weeks)

Where: St. Hugh's Gymnasium (7939 W. 43rd St. Lyons, IL)

Fee: \$58/\$68 NON-RES
Code No.: #312570C, #312570C1

Frisbee 4 Fun

Learn the basics of Ultimate Frisbee in this fast-paced introductory class! Instructors will take students through the fundamentals of throwing techniques, catching and introduce the rules of the game. Be sure to wear athletic gear and bring a water bottle..

Who: Ages 7 to 10 years

When: Sundays, 12:45 – 1:30 pm

January 27 – March 3 (5 weeks), No class 2/3.

Where: St. Hugh's Gymnasium (7939 W. 43rd St.; Lyons)

Instructor: Staff

Fee: \$50/\$60 NON-RES

Code No.: #312575A

Full Potential Girls Basketball Clinic

Interested in taking your game to the next level and reaching your full potential? This program, instructed by a collegiate athlete/high school coach, will incorporate fundamentals through development of skills and techniques. Girls will be challenged with college and high school drills to make you a more complete player. The first half of the clinic will consist of player improvement while the last 45 minutes will consist of instructional games.

Who: Girls grades 1st - 3rd

When: Saturday, 10 to 11:30 am

Clinic A: November 3 Clinic B: November 17

Location: St. Hugh's Gymnasium

Instructor: Laura Brumfiel

Min/Max: 8/20

Fee: \$30/\$35 NON-RES Code No.: **#312125A, #312125A1** Who: Girls grades 4th - 6th
When: Saturday, 12 to 2 pm
Clinic A: November 3

Clinic A: November 3
Clinic B: November 17

Location: St. Hugh's Gymnasium

Instructor: Laura Brumfiel

Min/Max: 8/20

Fee: \$40/\$50 NON-RES Code No.: #312125B, #312125B1



BASKETBALL LEAGUES

Don't miss out on getting physical with the Riverside Parks & Recreation Youth Basketball League. The RPRD promotes a recreational basketball program in a safe and developmental environment. We encourage good sportsmanship, developing strong playing skills, and promoting friendly relationships among the players, coaches, referees and parents. Step up your game with your friends in this awesome league!

Youth Basketball League

IMPORTANT INFORMATION

Registration Deadline: November 2

Any registration after this date will incur a \$10.00 late fee and the participant will remain on a waitlist until a spot has opened up.

Who: Boys & Girls Grades 1st - 8th

When: December – February (Practices start in Dec.

Games will begin in Jan.)

Fee: 1st & 2nd Grades \$75/\$85 Non-Res.

3rd & 4th Grades \$85/\$95 Non-Res. 5th to 8th Grades \$95/\$105 Non-Res.

Code No.: #312110A (1st & 2nd Grades)

#312110B (3rd & 4th Grades) #312110C (5th & 6th Grades) #312110D (7th & 8th Grades)

Note: Additional practices are held in the early evening

of each week with games held on Friday evenings

and Saturday Mornings.

Girls Youth Basketball League

IMPORTANT INFORMATION

Registration Deadline: November 2

Any registration after this date will incur a \$10.00 late fee and the participant will remain on a waitlist until a spot has opened up.

Who: Girls Grades 1st - 8th

When: December – February (Practices start in Dec.

Games will begin in Jan.)

Fee: 1st & 2nd Grades \$75/\$85 Non-Res.

3rd & 4th Grades \$85/\$95 Non-Res. 5th to 8th Grades \$95/\$105 Non-Res.

Code No.: #312135A (1st & 2nd Grades)

#312135B (3rd & 4th Grades) #312135C (5th & 6th Grades) #312135D (7th & 8th Grades)

Note: Additional practices are held in the early evening

of each week with games held on Friday evenings

and Saturday Mornings.





BASKETBALL COACHES ARE NEEDED!

We value the parents and friends that step up to make our Basketball Season a success! If you are interested in coaching for our Fall Basketball season, please contact the Riverside Parks & Recreation Department at (708) 442-7025.

There will be a **Coaches meeting** for Youth Basketball held at the Water Tower (10 Pine Ave.) on Thursday, November 15th at 7:30 pm.

Coaches who have not been trained through our department require certification and should arrive at 6:30 pm.

FREE COACHING CLINIC

Are you a new coach just getting into the game? Or would you like a refresher? Join us for some basketball fun, where we will cover the basic rules of the game, skills, and officiating 101. Please bring a ball if you have one and dress appropriately.

Who: Riverside Youth Basketball Coaches Where: Blythe Gym When: Monday, November 26th at 6:00 pm Fee: FREE!

Please sign up at the Water Tower to be contacted with all Coaching Clinic details.

SPECIALTY PROGRAMS

Beginning Fencing – Olympic Sport of Swordplay

Want to wield a sword? Students will be taught techniques and strategies that create the foundation for their fencing game. Each class will have instruction and bouting (actual fencing). All equipment will be provided.

All equipment will be provided.

Who: Individuals (8 and over), Family
When: Tuesdays, 6:30 - 7:30 pm (6 weeks)
Session 1: October 2 - November 6

Session 2: November 13 – December 18, No class 11/20.

Session 3: January 8 – February 12

Where: St. Hugh's Gymnasium Instructor: Fencing Sports Club Fee: \$42/\$45 NON-RES

Min/Max: 6/18

Code No.: #312475A, #312475B, #312475C

Continued Fencing - Olympic Sport of Swordplay

Fencers who wish to study and grow their fencing game will attend continued fencing class. Advanced techniques and fencing strategies will be taught. Enrollment into this class is via instructor invitation only.

Who: Individuals (8 and over), Family
When: Tuesdays, 7:30 - 8:30 pm (6 weeks)
Session 1: October 2 - November 6

Session 2: November 13 – December 18, No class 11/20.

Session 3: January 8 – February 12

Where: St. Hugh's Gymnasium Instructor: Fencing Sports Club Fee: \$42/\$45 NON-RES

Min/Max: 6/18

Code No.: #312476A, #312476B, #312476C

The Best Kids Cooking Class: International Cuisine

Children absolutely love being hands-on in the kitchen! In this class, Chef Ginnie, will walk the children through various worldly specialties. Through their taste buds, participants will visit Italy, Mexico and Asia. Please notate any allergies at registration.

Who: Ages 6 to 12 years

When: Wednesdays, 4:15 - 5:15 pm

January 16 to January 30

Where: Scout Cabin, 417 Fairbank Rd.

Instructor: G. Gresik

Fee: \$60/\$70 NON-RES

Min/Max: 7/10 Code No.: #**311310A**

Jewelry Creation Workshop

Whether you want to don yourself in wonderful pieces that match your tastes precisely, are looking for a new hobby or polishing up an old, this beaded Jewelry Creation Workshop is the perfect place to be! The intimate instruction will accommodate beginner and intermediate levels of ability and interest. You will receive an introduction to the most common tools and techniques to boost your skills and foster creativity. You will be sent a supply list before the class begins.

Who: Adult and Children 6 and up (see below)

6 to 10 years with a registered parent

11 and up can register alone

When: Wednesday, 6:15 - 7:45 pm
Oct 24: Earrings with a Twist

December 5: Chain Link with Bead Accent Necklaces

Where: Water Tower, 10 Pine Ave

Instructor: Staff

Fee: \$15 = Bring Your Own Supplies (list will be emailed)

\$20 = All Materials Supplied by Instructor

Min/Max: 4/6

Code No.: #347300A, #347300B

Junior FUN-gineering

Young engineers will build working models of simple machines such as a seesaw, a rolling vehicle, and merry-go-round using Lego® Educational kits. Children will have a great time working on activities designed around creativity, exploring, investigating and problem solving in a fun group environment! While building these fun and interactive models, they will learn about levers, pulleys, gears, wheels and axles and. 2 students per Lego® kit.

Who: 4 to 6 years old

When: Wednesdays, 3:30 - 4:15 pm

October 17 to November 14, *No class 10/31*. Meet at Water Tower, 10 Pine Avenue

Where: Meet at Water Tower, 10 P

Fee: \$55/\$65 NON-RES

Min/Max: 3/6

Code No.: #315070A1



Annual Fall Riverside Chess Scholars Tournament

If your child knows the rules of chess, he or she is ready to participate in this tournament! Chess sets will be provided. Every child will play all 5 games. Top ten scorers in each section will get trophies or medals. Chess sets and software will be available for purchase. Lunch is included. For more information, call Riverside Recreation Department at (708) 442-7025 or email Chess Scholars at anna@ChessScholars.com. Information subject to change. Be sure to include an accurate email address with your registration.

TOURNAMENT

Who: Grades K- 3rd

9:30 am - 2:30 pm (approx.)When:

Saturday, December 8, Deadline: December 3

Where: Hauser Jr. High School Cafeteria

Chess Scholars Staff Instructor:

Fee: Min/Max: 15/30 Code No.: #317500A

Grades 4th - 8th Who:

When: 9:30 am - 2:30 pm (approx.)

Saturday, December 8, Deadline: December 3

Where: Hauser Jr. High School Cafeteria

Chess Scholars Staff Instructor:

\$40 Fee: 15/30 Min/Max: Code No.: #317500A1

Chess Camp

Chess Scholars Camp (age 5-12). This camp is designed for both beginners and experienced young players. All participants will learn cool new strategies at the appropriate level from a renowned Chess Scholars coach. Each class will consist of a fun interactive teaching period and guided practice time. Children will have an opportunity to test for a Chess Belt® under a unique Chess Scholars system patterned after martial arts belts. There will also be a chess competition with prizes! Each camper will take home a chess set and an award. Please bring your own snacks.

Who: Grades K - 6th

When: Wednesday thru Saturday, 9:00 am - 12:00 pm

Water Tower, 10 Pine Avenue

December 26 to 29, Deadline: December 20

Where: Water Tower, 10 Pine Avenue

Instructor: Chess Scholars Staff \$125/135 NON-RES Fee:

Min/Max: 5/20 #317500B Code No.:

Where:

Junior High Improv Academy

Improvisation builds confidence, improves speaking skills, teaches you to think on your feet & most importantly, is fun! This class will surely help develop or enhance their love for theater.

Our creative drama instructor, Dawn Gmitro, is a graduate of the Illinois State University theater program, has taught drama at the Children's Theater of Western Springs and volunteers her time at local area theater programs.

6 to 8th Grade Who:

When: Mondays, 7:00 - 8:30 pm

Session 1: October 15 to December 10, (8 weeks)

No class 11/19.

Session 2: January 7 to February 25 (8 weeks)

Where: Water Tower, 10 Pine Avenue

Instructor: Dawn Gmitro \$85/\$89 NON-RES Fee:

Min/Max: 10/12

Code No.: #315061C1, #315061C2

Aspiring Actors Academy

Whether your child has a natural desire to be in the limelight or is in need of a confidence boost, this class is for them! Come to burn some energy, play improvisational games, role play, make a mask, perform reader's theater, write a monologue & most importantly, have fun! This class will surely help develop or enhance their love for theater.

Our creative drama instructor, Dawn Gmitro, is a graduate of the Illinois State University theater program, has taught drama at the Children's Theater of Western Springs and volunteers her time to local area theater programs.

1st to 5th grade Who:

When: Tuesdays, 3:30 - 4:30 pm

Session 1: October 16 to December 11 (8 weeks)

No class 11/20.

Session 2: January 8 to February 26 (8 weeks)

Where: Water Tower, 10 Pine Avenue

Instructor: Dawn Gmitro Fee: \$65/\$75 NON-RES

Min/Max: 10/12

Code No.: #315061A, #315061B

Learn Magic

Children are guaranteed to have a great time as they learn fascinating tricks from the Magic Team of Gary Kantor! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age appropriate. You can sign up for this class again and again since brand new tricks are taught at each session!

Who: Ages 5 to 12 years Instructor: Magic Team of Gary Kantor

Session 1: Monday, October 1 (5:15 - 6:10 pm) When: Fee: \$20/\$27 NON-RES

> Session 2: Wednesday, December 12 (5:15 - 6:10 pm) Min/Max: 5/30

> > Code No.: #314410A, #314410B

Dad & Mom Date Night

Parents you deserve a night to yourself! Drop off the kiddies for fun activities and games...oh, and the kids will have fun, too! The participants will enjoy pizza and snacks and creative fun. They will be begging you to go on dates more often! **Multiple participant pricing eligible for same household siblings only.**

Who: 4 to 12 years

When: Fridays, 6:00 - 10:00 pm

B2: November 16B3: December 14B4: January 25

Where: Water Tower, 10 Pine Avenue

Instructor: Staff

Fee: 1 Child: \$20

2 Children: \$30 3 Children: \$40

Min/Max: 10/12

Code No.: #314310B2, #314310B3, #314310B4

Robotics Adventures

Yes, We CAN learn about Robotics! With the LEGO™ WeDo Robotics System, young children can build and program their own robotic creations. Designed by the experts at MIT, this unique system teaches children about simple machines, engineering, programming and so much more. Young imaginations soar! Students will work together in teams of 2.

Who: 6 to 8 years old

When: Wednesdays, 4:30 - 6:00 pm

October 17 to November 14, No class 10/31.

Where: Meet at Water Tower, 10 Pine Avenue

Fee: \$75/\$85 NON-RES

Min/Max: 4/8

Code No.: #315070D1

Rock & Roll Robotics

Create robots that rock and robots that roll! Using the LEGO™ WeDo Robotics System your robots will include a monkey who plays a drum to a rock & roll beat, a lion that roars, a bird that flaps it wings to create a big wind, a sleeping giant who will awaken on your command and a boat that will rock on the rough seas. This course builds knowledge of simple machines, engineering, programming, and teamwork in an environment full of Rockin' Fun! Students will work in teams of 2.

Who: 9 to 12 years old

When: Wednesdays, 4:30 - 6:00 pm

November 28 to December 19

Where: Meet at Water Tower, 10 Pine Avenue

Fee: \$75/\$85 NON-RES

Min/Max: 4/8

Code No.: #315070E1

Animal Adventures with ComputerTots

In this fun and educational class, children will learn about animals using a combination of computer software and crafts. Students will work in small interactive groups to explore exciting activities using a computer and two different software programs during the week. Through these computer activities, they will discover different animal traits and will learn about animal babies, animal homes, animal care & animal sounds among other fun facts. They will also use problem solving & discovery techniques as they build readiness & computer skills. They'll use their creativity and imagination to create animal puppets and creature books which they will take home at the end of class.

Who: 4 to 6 years old

When: Wednesdays, 3:30 - 4:15 pm

November 28 to December 19

Where: Meet at Water Tower, 10 Pine Avenue

Fee: \$55/\$65 NON-RES

Min/Max: 3/6

Code No.: #315070B1

Basics to Building

Young children love to build - and building is a great way to enter the world of engineering! Using LegoTM educational sets, we will explore simple machines by building fun moveable models while learning the basic concepts of physical science & engineering in a fun and creative way. 2 students per lego set.

Who: 4 to 7 years old

When: Wednesdays, 3:30 - 4:15 pm

January 16 to February 6

Where: Meet at Water Tower, 10 Pine Avenue

Fee: \$55/\$65 NON-RES

Min/Max: 4/8

Code No.: #315070C1

3D Video Worlds

Learn the fundamentals involved in creating your own 3D video game world! With a simple click and roll of a mouse wheel you can modify your world however you want. You will develop your own game design and learn to place animals, trees, characters, and other items in your own virtual world! You will also learn the basic subsystems and scripting entailed in a 3D game system. If you like 2-D, you will love 3-D!! 2 students will work in a team. Receive a copy of the 3D software and your game at the end of class.

Who: 8 to 12 years old

When: Wednesdays, 4:30 - 6:00 pm

January 16 to February 6

Where: Meet at Water Tower, 10 Pine Avenue

Fee: \$75/\$85 NON-RES

Min/Max: 4/8

Code No.: #315070F1

Cabin Fever Daze Off Camp

Don't know what to do for those days off school? Join us for our Cabin Fever Daze where we will have arts & crafts, sports, games & tons of FUN! We will bring some summer camp fun to your days off school!! Social, physical and cognitive activities are planned. Please bring a lunch & water bottle and be ready for an exciting day with friends! Register for more than 1 day off school Cabin Fever Daze and receive 10% off each subsequent day!

Who: 6 to 13 years

When: Monday, October 8 9 am - 4 pm

Friday, December 21 9 am - 4 pm
Wednesday, January 2 9 am - 4 pm
Monday, January 21 9 am - 4 pm
Monday, February 18 9 am - 4 pm
Friday, May 3 9 am - 4 pm
Monday May 27 9 am - 4 pm

Where: Scout Cabin, 417 Fairbank Rd.

Instructor: Staff

Fee: \$40/\$45 NON-RES

Min/Max: 15/40

Code No.: #317044A, #317044B, #317044C, #317044D,

#317044E, #317044F, #317044G,

Cabin Fever Daze Before Care

It is has never been easier to find QUALITY care and days packed with social, cognitive and physical activities for your child. Before care is available for all cabin fever daze, please have your child bring a snack during this time.

Who: 6 to 13 years

When: Monday, October 8 7 am - 9 am

Friday, December 21 7 am - 9 am Wednesday, January 2 7 am - 9 am Monday, January 21 7 am - 9 am Monday, February 18 7 am - 9 am Friday, May 3 7 am - 9 am Monday May 27 7 am - 9 am

Where: Scout Cabin, 417 Fairbank Rd.

Instructor: Staff

Fee: \$10/\$15 NON-RES

Min/Max: 15/40

Code No.: #317045A, #317045B, #317045C, #317045D,

#317045E, #317045F, #317045G,

Cabin Fever Daze After Care

We make it easy for you and your work schedule with our high quality, fun filled after camp care. Children will continue the fun of cabin fever daze during after care located at the Scout Cabin. We ask that children bring a snack to enjoy during this time.

Who: 6 to 13 years

When: Monday, October 8 4 pm - 6 pm

Friday, December 21 4 pm - 6 pm Wednesday, January 2 4 pm - 6 pm Monday, January 21 4 pm - 6 pm Monday, February 18 4 pm - 6 pm Friday, May 3 4 pm - 6 pm Monday May 27 4 pm - 6 pm

Where: Scout Cabin, 417 Fairbank Rd.

Instructor: Staff

Fee: \$10/\$15 NON-RES

Min/Max: 15/40

Code No.: #317046A, #317046B,

#317046C, #317046D, #317046E, #317046F,

#317046G,



BE SURE TO CHECK OUT ALL OF OUR EXCITING SPECIAL EVENTS FOR KIDS ON PAGE 21!

DON'T MISS OUT ON THE ACTION!

CPR/AED & FIRST AID CERTIFICATION

Be confident that you will be calm and quick to act in an emergency situation. These circumstances happen all around us and having the knowledge and confidence to respond is vital. With the successful completion of this instructional First Aid and CPR course, you will receive a certification card. You will obtain a wealth of information from a licensed professional and be prepared to take action.

Better Babysitter

Addition - \$15

4:45 to 5:25 pm

#317066A1, #317066B1

CPR/AED

Who: Ages 12 years and up
When: Tuesday, 5:30 - 8:30 pm

Session 1: November 20

Session 2: January 29

Where: Water Tower, 10 Pine Avenue

Instructor: CPR First

Fee: \$45/\$50 NON-RES

Min/Max: 6/16

Code No.: #317066A, #317066B

FIRST AID

Who: Ages 12 years and up
When: Thursday, 6:00 - 8:00 pm

Session 1: November 8 Session 2: January 17

Where: Water Tower, 10 Pine Avenue

Instructor: CPR First

Fee: \$45/\$50 NON-RES

Min/Max: 6/16

Code No.: #317065A, #317065B

TEEN TRIPS

Don't just sit at home in front of the TV on your days off when you can get extreme with friends at awesome attractions! You don't want to miss the new teen trips. Bring friends and meet new ones on trips you can't forget! Price includes transportation and entrance fee. Please bring money for food/drinks and any extras

Youth Ski Trips

Calling all skiers and snowboarders! Mark your calendars for these exciting locations and get ready to hit the slopes. We will be traveling to (2) popular ski resorts this year, which includes a 1 hour ski lesson, equipment rental, breakage insurance, chair tickets, and bus transportation.

All participants <u>MUST</u> register by the deadline dates.

Who: Boys & Girls 6th grade – Senior in H.S. When: Busses will leave from the Township Hall,

27 Riverside Rd.

Sunday, January 20 – Wilmot Mountain, Wilmot WI

Bus departs at 9:00 am and returns

approximately 7:00 pm

Deadline: January 11

Fee: Lift ticket/no rental: \$70/\$80 Non-Res.

Lift ticket w/ski rental: \$75/\$85 Non-Res. Lift ticket w/snowboard: \$90/\$99 Non-Res.

Sunday, February 17 - Cascade Mountain, Portage WI

Bus departs at 7:00 am and returns

approximately 9:30 pm

Deadline: February 1

Fee: Lift ticket/no rental: \$85/\$95 Non-Res.

Lift ticket w/ski rental: \$95/\$105 Non-Res.

Lift ticket w/snowboard: \$105/\$115 Non-Res.

Code No.: Wilmot 1 #322260A

Wilmot 2 #322260B Wilmot 3 #322260C Cascade 1 #322261A Cascade 2 #322261B Cascade 3 #322261C

Extreme Trampoline

Who: 11 to 15 years old When: Monday, November 19th

10:00 am to 3:00 pm

Where: Meet at Water Tower, 10 Pine Avenue

Fee: \$35/\$40 NON-RES

Deadline: November 2

Min/Max: 10/14

Code No.: #312576A

Krush Skatepark

Who: 11 to 15 years old When: Friday, December 21st

1:00 to 7:00 pm

Where: Meet at Water Tower, 10 Pine Avenue

Fee: \$35/\$40 NON-RES **Deadline: December 7**th

Min/Max: 10/14 Code No.: #312576B







Adults

FITNESS & ATHLETICS

Active Adults At-A-Glance!

MONDAY	TUE	ESDAY	WEDNESDAY	THURSDAY					
Cardio Kickboxing 5:00-6:00p Jannie Owano @ the Water Tower	<i>Now 8-we</i> 5:45 Laima	MBA! eek sessions! -6:45p a Aleksa ater Tower	Co-ed Volleyball Begins October Evening Games *@ St. Hugh's Gymnasium*	First Aid & CPR Certification on page 20!					
Abdominal Assault 6:05-6:35p Jannie Owano @ the Water Tower	Spinning Class *New Flex Option* 6:30-7:30p Certified Spin Instructor *@ RB High School*	Beginning & Continued Fencing 6:30-7:30p Fencing Sports Club * @ St. Hugh's Gymnasium*	Beginner Tae Kwon Do 6:45-7:45p Zack Burris @ the Water Tower	Spinning Class *New Flex Option* 6:30-7:30p Certified Spin Instructor *@ RB High School*					
If you would like to instruct a new class, call the Riverside Parks & Rec Dept. at (708) 442-7025.	Department we for severa Contact us fo	arks & Recreation lcomes volunteers al programs. or more details!	Intermediate Tae Kwon Do 8:00-9:00p Zack Burris @ the Water Tower	Yoga 7:10-8:10p Julie Melidis @ the Water Tower					
Please be aware of the program locations as notated above.									

ZUMBA!

Zumba Fitness is for everyone! It is exercise that's healthy and fun. Come join us as we move to the sounds of international music in easy-to-follow steps. All fitness levels welcome.

Who: Adults & Teens

When: Tuesdays, 5:45 - 6:45 pm

Session 1: November 6 to January 15 (8 weeks)

No class 11/20, 12/25, 1/1.

Session 2: January 22 to March 12 (8 weeks)

Where: Water Tower, 10 Pine Avenue

Instructor: Laima Aleksa Fee: \$60/\$65 NON-RES

Min/Max: 5/12

Code No.: #332182A #332182A1



Yoga

This class integrates postures, breathing exercises, relaxation and meditation to harmonize you on every level – Body, Mind, and Spirit. Benefits include building strength, improving flexibility and balance. It is a wonderful way to manage stress and reduce tension. All skill levels are welcome. **Bring a yoga mat to class!** Other yoga props, such as blocks and straps will be used in class and supplied in limited quantities; students can bring these as well if you have them.

8 Class Session

Who: Adults & Teens

When: Thursdays, 7:10 - 8:10 pm

Session 1: October 4 – November 29, *No class 11/22*.

Session 2: December 6 – February 7, No class 12/27, 1/3

Where: Water Tower, 10 Pine Avenue

Instructor: Julie Melidis
Fee: \$65/\$75 NON-RES

Min/Max: 8/16

Code No.: #332200A, #332200B



Spinning

In this Spin Class, you will be guided through bike set up, warm-ups, stretching and then ease into your personal journey of spinning. Your ride



will be as intense as you want it to be with the guidance of the certified spin instructor. Participants will go through climbs, jumps and racing speed intervals through cadence and resistance. Increase your endurance, tighten your body and clear your mind! Don't miss this exhilarating "getaway"!

Who: 14 and over

When: Tuesdays & Thursdays, 6:30 - 7:30 pm

> November 13 – January 17 No class 11/22, 12/25-27, 1/1.

Where: Riverside-Brookfield High School Spin Room

Instructor: Natalie Gillian

Any 8 Classes (T or Th) - \$55/\$60 NON-RES Fee:

All 16 Classes (T & Th) - \$90/\$95 NON-RES

Min/Max: 10/25

Code No.: **Any 8 Classes #332187A**

Any 16 Classes #332187B

Cardio Kickboxing

Get a total body workout with kickboxing techniques. Have a good time while focusing on endurance, strengthening and toning. Improve circulation and energy levels! Please bring a towel and water bottle. Wear proper gym or aerobic clothing and shoes.

Who: Adults & Teens

When: Mondays, 5:00 - 6:00 pm

December 3 – February 4 (8 weeks)

No class 12/24, 12/31.

Where: Water Tower, 10 Pine Avenue

Instructor: Jannie Owano

Fee: \$55/\$60 NON-RES

Min/Max: 5/12 Code No.: #332180B

Abdominal Assault

Target those abdominal muscles in this 30-min class that will work your abs, back, and legs. Our experienced and high energy instructor will take you through various exercises and floor work.

Who: Adults & Teens

When: Mondays, 6:05 - 6:35 pm

December 3 – February 4 (8 weeks)

No class 12/24, 12/31.

Location: Water Tower, 10 Pine Avenue

Instructor: Jannie Owano Fee: \$30/\$40 NON-RES

Min/Max: 5/12

Code No.: #332181B

Tae Kwon Do

Tae Kwon Do is a Korean Martial Art and one of the oldest forms of unarmed combat but also meditative in nature. We explore the mind/body experience in a fun and informative format while getting a full body work-out. This class is also ideal for those interested in stretching, building their confidence and learning self-defense techniques. Our instructor is Black Belt certified through the World Tae Kwon Do Federation in Korea. Participants should wear loose fitting clothing and bring a water bottle to class.

Who: Children & Adults, Ages 8 and up

When: Wednesdays

> A: Beginners: 6:45 - 7:45 pm B: Intermediate: 8:00 - 9:00 pm

Session 1: October 17 – Dec 12 (8 weeks)

No class 11/21.

Session 2: December 26 – February 13 (8 weeks)

Where: Water Tower, 10 Pine Avenue

Instructor: Zack Burris

Fee: \$51/\$61 NON-RES

Min/Max: 7/12

Code No.: #352320A, Beginner #352320B, Intermediate

#352320A1, Beginner #352320B1, Intermediate

Co-Ed Volleyball League

If you like to play volleyball and are interested in fun and exercise, sign up as a team in our Recreation league. There must be three women on the floor at all times, with a maximum of 12 per roster so plan accordingly. Dates of league play may vary depending on league size and facility availability. Fee includes certified referees.

*Team rosters must be filled out completely and turned in at the time of registration or team will not be accepted.

Men/Women 18 years and up Who: Starting Wednesday, February 20 When:

Where: St. Hugh Gym, Lyons \$400 resident team Fee: (75% residency) \$450 non-resident team (less than 75% residency)

#332400A (Res), #332400B (Non-Res) Code No.:

Registration Deadline: February 10 – First come, first served.

Manager's meeting Wednesday, February 13, 6:00 pm at the **Recreation Office.**

Women's Volleyball League

Enjoy an evening of friendly competition, exercise and fun while playing volleyball. Teams are comprised of a minimum of six women. *Team rosters must be filled out completely and turned in at the time of registration, or team will not be accepted.

Who: Women 18 years & up

Wednesdays, Starting October 24 When:

St. Hugh Gym (7939 W. 43rd Street, Lyons) Where:

Fee: \$325 resident team

(75% residency) \$375 non-resident team (less than 75% residency)

Code No.: #332210A (Res), #332210B (Non-Res)

Registration Deadline: October 12 – First come, first served.

Manager's meeting Wednesday, October 17, 6:00 pm at the Recreation Office.

SPECIALTY PROGRAMS

Jewelry Creation Workshop

Whether you want to don yourself in wonderful pieces that match your tastes precisely, are looking for a new hobby or polishing up an old, this beaded Jewelry Creation Workshop is the perfect place to be! The intimate instruction will accommodate beginner

and intermediate levels of ability and interest. You will receive an introduction to the most common tools and techniques to boost your skills and foster creativity. You will begin to turn your jewelry dreams into reality!

Adult and Children 6 and up (see below)

6 to 10 years with a registered parent

11 and up can register alone Wednesday, 6:15 - 7:45 pm

Oct 24: Earrings with a Twist

December 5: Chain & Bead Necklaces

Where: Water Tower, 10 Pine Ave

Instructor:

When:

Fee: \$15 = Bring Your Own Supplies (list will be emailed)

\$20 = All Materials Supplied by Instructor

Min/Max:

#347300A, #347300B Code No.:

Beginning Fencing -Olympic Sport of Swordplay

Want to wield a sword? Students will be taught techniques and strategies that create the foundation for their fencing game. Each class will have instruction and bouting (actual fencing). equipment will be provided. All equipment will be provided.

Individuals (8 and over), Family Who: When: Tuesdays, 6:30 - 7:30 pm (6 weeks) Session 1: October 2 – November 6

Session 2: November 13 – December 18, No class 11/20.

Session 3: January 8 – February 12

Where: St. Hugh's Gymnasium Fencing Sports Club Instructor: \$42/\$45 NON-RES Fee:

Min/Max:

#312475A, #312475B, #312475C Code No.:

Continued Fencing - Olympic Sport of Swordplay

who wish to study and fencing game will attend continued fencing class. Advanced techniques and fencing strategies will be taught. Enrollment into this class is via instructor invitation only.

Who: Individuals (8 and over), Family When: Tuesdays, 7:30 - 8:30 pm (6 weeks)

Session 1: October 2 – November 6

Session 2: November 13 – December 18, No class 11/20.

Session 3: January 8 – February 12

St. Hugh's Gymnasium Where: Fencing Sports Club \$42/\$45 NON-RES Instructor: Fee:

Min/Max:

Code No.: #312476A, #312476B, #312476C

BASKETBALL COACHES ARE NEEDED!

We value the parents and friends that step up to make our Basketball Season a success! If you are interested in coaching for our Fall Basketball season, please contact the Riverside Parks & Recreation Department at (708) 442-7025.

There will be a **Coaches meeting** for Youth Basketball held at the Water Tower (10 Pine Ave.) on Thursday, November 15th at 7:30 pm.

Coaches who have not been trained through our department require certification and should arrive at 6:30 pm.

FREE COACHING CLINIC

Are you a new coach just getting into the game? Or would you like a refresher? Join us for some basketball fun, where we will cover the basic rules of the game, skills, and officiating 101. Please bring a ball if you have one and dress appropriately.

Who: Riverside Youth Basketball Coaches

Where: Blythe Gym

When: Monday, November 26th at 6:00 pm

Fee: FREE!

Please sign up at the Water Tower to be contacted with

all Coaching Clinic details.

Volunteer Opportunities

We are always looking for volunteers, certified instructors and qualified coaches.

If you are interested in working with the Riverside Parks & Recreation Department, please contact us at

(708) 442-7025

Fulfill the missing piece in your life with Riverside Parks & Recreation opportunities!

Dad & Mom Date Night

Parents you deserve a night to yourself! Drop off the kiddies for fun activities and games...oh, and the kids will have fun, too! The participants will enjoy pizza and snacks and creative fun. They will be begging you to go on dates more often! **Multiple participant pricing eligible for same household siblings only.**

Who: 4 to 12 years

When: Fridays, 6:00 - 10:00 pm

B2: November 16B3: December 14B4: January 25

Where: Water Tower, 10 Pine Avenue

Instructor: Staff

Fee: 1 Child: \$20

2 Children: \$30 3 Children: \$40

Min/Max: 10/12

Code No.: #314310B2, #314310B3, #314310B4

CPR/AED & FIRST AID CERTIFICATION

Be confident that you will be calm and quick to act in an emergency situation. These circumstances happen all around us and having the knowledge and confidence to respond is vital. With the successful completion of this instructional First Aid and CPR course, you will receive a certification card. You will obtain a wealth of information from a licensed professional and be prepared to take action.

CPR/AED

Who: Ages 12 years and up When: Tuesday, 5:30 - 8:30 pm

Session 1: November 20 Session 2: January 29

Where: Water Tower, 10 Pine Avenue

Instructor: CPR First

Fee: \$45/\$50 NON-RES

Min/Max: 6/16

Code No.: #317066A, #317066B

FIRST AID

Who: Ages 12 years and up
When: Thursday, 6:00 - 8:00 pm

Session 1: November 8 Session 2: January 17

Where: Water Tower, 10 Pine Avenue

Instructor: CPR First

Fee: \$45/\$50 NON-RES

Min/Max: 6/16

Code No.: #317065A, #317065B

CREATE A CLASS

We are always looking for new class ideas and instructors to teach them. Do you have a background in arts & crafts, photography, music or any other field that can be beneficial to residents? If you have a particular skill or are willing to lead activities please fill out the form below and return it to us. Everyone has something to offer, so please take a few minutes to fill out this form and return it to the Recreation Office or mail it to:

27 Riverside Road, Riverside IL 60546.

Name
Phone
Address
Class Suggestion
Talents or Skills



Special Events

Howl-O-Ween Happenings @ Centennial Park Costume Parade, Mystifying Magic, & More

6:15-7:30 pm: All Ages Magician/Crafts & Activities

Join us for some Haunted Halloween fun! Families and children of all ages are invited to attend this special evening of activities and Howl-O-Ween excitement.

The Costume Parade will kick off at 5:45 pm sharp! All those in costumes can march to show off their spooky, funny and creative get-ups!

Immediately afterwards, join us for an hour of ghoulish entertainment for all. We will have treats for all children who attend with their Moms & Dads. Don't miss out on the spooktakular fun!!!

Who: Resident Families of Riverside

When: Friday, October 26

5:45 pm: Tower Costume Parade

6:15 pm: All Ages Magician/Storytelling

Where: Water Tower (10 Pine Avenue)
Fee: Free to Riverside Families

Family Camp Out at the Cabin

Have you ever wanted to go on a camping trip and not have to leave Riverside? Here's your chance to camp out under the stars at our rustic Scout Cabin. Register early to reserve your camp site. Participants must provide their own tent and supplies.

Who: All Riverside Residents

(children must be accompanied by an adult)

When: Friday, November 2th to Saturday, November 3th

(overnight)

6:30 pm – 9:00 am

Fee: \$20 per camp site Code No.: #353250A

c: 1 111 - 6

Gingerbread House Contest

Friendly Family Competition is going down at the Riverside Rec Department! Grab the family and join in the holiday fun! Each family will receive a Gingerbread House kit as well as additional decorating materials. Get creative and construct a perfect holiday home. After building time is up, families will get to vote for their favorite house. The winning family team will receive a

\$50 Parks & Rec Gift Certificate!

Who: 4 to 8 years

When: Sunday, December 16

1:30 pm (Judging details will be explained on-site.)

All houses must be completed in one (1) hour.

Where: Water Tower, 10 Pine Avenue

Fee: \$20/\$25 NON-RES (per team for house/decorations)

Min/Max: 4/10 houses Code No.: #356230A

Kiddie New Year's Party!

Party, party, party!! Get geared up for some REC fun! Kids will partake in various games and activities before we gear up for our countdown. We will ring in the New Year (at noon) with noise-makers, treats and pure celebration!

Who: 4 to 8 years

When: Monday, December 31st

10:30 am – 12:30 pm

Where: Water Tower, 10 Pine Avenue

Fee: \$10/\$15 NON-RES

Min/Max: 8/20 Code No.: #314315C

Pond Hockey Tournament

Grab your skates and lace 'em up for an exciting day of old fashioned "Pond Hockey"! Teams of 3 will compete in a single elimination tournament that consists of (2) ten-minute periods and a two-minute half. Goals are reduced in size (5ft wide x 10" high), with no goalie. Helmets, skates, elbow/shin pads are mandatory and no goalie equipment is allowed. For detailed rules visit the Parks & Recreation page under "pond hockey rules" in December. Registration Deadline is Friday, January 6 – and a mandatory team meeting will be held on Thursday, January 12 at 6 pm in the Water Tower. All participants must submit a fully completed waiver by Thursday, January 12th.

Who: Age Groups 10-12, 13-15, 16-17

Location: Big Ball Park Ice Rink

When: Saturday, January 19 (weather permitting)

Game times will be announced at the team meeting.

Fee: \$65 per team/\$75 per team NON-RES

Code No.: #322630C



SENIOR ACTIVITIES

Senior Citizen Assistance

The case manager of the Aging Care Connections is available at the Riverside Town Hall the 2nd MONDAY of the month from 11:00 am to 1:00 pm to help with senior's questions and problems. Appointments are not necessary. Arrangements can also be made at the Center for bus service of for daily telephone "check-ups" for seniors who live alone.

You may be eligible for a discount on your auto insurance after you complete the 8-hour classroom course. To locate a class near you call 1-888-227-7669.

Senior Activities

Attention Senior Citizens ages 55+. Finding AARP 55 Alive/Mature Driving Classes just got easier. You can find out about the next AARP 55 Alive/Mature Driving class being offered in your area simply by making a toll-free call. An AARP 55 Alive volunteer will return your call and provide you with details about the next class in your area, and answer any questions you might have.

The eight-hour AARP 55 Alive course, conducted over two days, helps drivers update their knowledge and skills, prevent traffic crashes and violations, and maintain mobility and independence. The classroom refresher course covers age-related physical changes, declining perceptual skills, rules of the road, and local driving problems.

You may be eligible for a discount on your auto insurance after you complete the 8-hour classroom course. To locate a class near you call 1-888-227-7669

Blood Pressure Testing

Sponsored by Riverside Township

Free blood pressures will be taken the second Monday of each month between 11 am to 1:00 pm at the Riverside Town Hall. Testing will also be conducted at the North Riverside Village Commons on the first Wednesday of each month between 9:00 am & 11:00 am. Contact the Riverside Township Office for further information (442-4400).

Senior Drop-In Center

Sponsored by Riverside Township

Seniors enjoy socializing over a cup of coffee or playing cards. The drop-in center is open every Tuesday from 10:00am to noon at the Riverside Public Library's Community Room. Free coffee and donuts are always provided. A second Senior Drop-In is offered every Friday at the North Riverside Public Library. Games and bakery are available between 10:00 am and noon.

COMMUNITY EVENTS

RIVERSIDE HOLIDAY STROLL

The Riverside Chamber of Commerce will host the Annual Holiday Stroll on Friday, November 30th in the evening hours. Join the Riverside Business District for goodies and various organizations, tree lighting and of course, a visit from Santa Claus, himself! Visit www.riversidechamberofcommerce.com for more details.





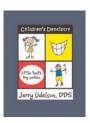
Support Riverside

SPECIAL THANKS TO



Cori Sikich Memorial Foundation





COMMUNITY ORGANIZATIONS

AAUW Riverside Branch

(American Assn. of University Women) The Riverside Branch of the American Assoc. of University Women, "friend to education" sponsors programs, lectures, and community events and activities cultivating the intellectual and personal development of women and girls. For meeting information contact: Diane Balin@balin.diane@gmail.com

Brookfield-Riverside Rotary Club

A service club that focuses on community and global needs.

Meets every Tuesday at 12:15-1:30 at

Paisans Pizzeria, 3720 Grand Ave., Brookfield.

Contact: Nancy Lisouski 485-9224

Frederick Law Olmsted Society

Purpose: To preserve the heritage of the village and the uniqueness

of its landscape. New members are welcome.

Website: www.olmstedsociety.org

Write to: P.O.Box 65, Riverside, IL 60546

President: Tim Ozga 442-1781

Hoffman Dam River Rats

Purpose: Dedicated to the improvement of habitat and water quality. Contact for Hoffman Dam River Rats are President:

John Mach 656-2286

and Howie Brundage 442-9276

Riverside Indian Princesses

A YMCA-sponsored program for boys and girls in grades K-3.

with monthly activities and meetings. Contact: Eric Sundstrom 442-0640

Riverside KeeWahSheena Indian Guides

A YMCA-sponsored program for boys and girls in grades K-4. with monthly activities and meetings. See our website for more information www.KeeWahSheena.com

Mother's Group - Ascension Lutheran Church

This group is currently accepting new Moms to meet every Friday at the church from 10:00-11:30 am. Come meet and visit with fellow Moms and learn more about our community. Located at 400 Nuttall Road.

PEOPLECARE INC.

Peoplecare, Inc. is an ecumenical not-for-profit agency created to focus on the needs of older adults, 65 and older. Our mission statement is, "Peoplecare is to assist and support the involutarily homebound by providing: socialization, emotional support and access to service providers." We are located at 60 Akenside Road, for more information or to become a volunteer, contact Executive Director Helen Jablonski at 442-1223.

Riverside Arts Center

A cultural learning center and gallery open to art lovers and students of all ages. Contact:

Elaine Leonard (708) 289-2486 - Office Number 442-6400

Riverside Chamber of Commerce

Purpose: To promote business interests within the Village of Riverside. See our website for more information <u>WWW.RiversideChamberofCommerce.com</u>

Riverside Chapter - The Infant Welfare Society of Chicago

Purpose: We provide medical, dental, educational and psychological services for children along with gynecological, social work and child care education for women.

Contact: Gail Seeger 442-5942

Riverside Cub and Boy Scouts

Activities and Outings are planned each month.

RIVERSIDE PRESBYTERIAN CHURCH 116 Barrypoint Road, Riverside, IL 60546 Jim Marciniak, Troop Committee Chairman

249 Gage Road - 443-5851

Boy Scouts - Tom Mantel 442-8155 Cub Scouts - Mark Jantze 442-8746

ST. MARY'S:

Cub Scouts - Bob Korabik 447-5805 Boy Scouts - Bill Minaghan 442-5287

BSA Troop 24 meetings are held every Thursday, September through mid-June. Adult leadership required, please volunteer to help.

Website: www.pack24riverside.org Email: pack24riverside@gmail.com

Riverside Friends of the Library

Purpose: To coordinate a fund drive to present a significant monetary gift to the library. Holds meetings with informative entertaining programs.

President: Ruth Julian 447-8522

Riverside Garden Club

Purpose: To stimulate interest in home gardens and related art and to encourage beauty in the community. President: Cherie Simo 708-447-4938 - info@riversidegardenclub.org

Riverside Girl Scouts

Today's Program for Tomorrow's Woman for girls ages 5-17 Contact: Veronica Aguinaga (630) 544-5926

Riverside Township Senior Citizen Society

For those individuals who are 55+. Programs and trips are planned each month. Meetings are the 2nd Monday of the month at 1:00 p.m. in the Town Hall.

Dr. Bob Novak (708) 447-8696

**Please contact the Recreation office if any of the listed contact information has changed.

Reimbursement Policy for Special Needs Recreation

The Village of Riverside Parks & Recreation is not a member of a special recreation association, such as Gateway SRA. When a Riverside resident is able to participate in a program offered by one of these agencies, it is usually at a higher cost to them. The Riverside Parks & Recreation Board has established a policy whereas the difference between the member versus non-member fee will be reimbursed to the participant providing the proper procedure is followed. For further info regarding this policy, please call Ron Malchiodi, Director of Parks & Recreation at 442-7025.

Riverside Historical Museum

The Riverside Historical Museum is located in the Well House next to the Water Tower. The Museum is operated by the Village of Riverside and managed by the Riverside Historical Commission. The Museum oversees the collection and preservation of 16,000 items documenting past and present Riverside. The Museum is open to the public from 10 am to 2 pm on Saturdays. Visit the new exhibit space in the newly renovated West Well House. Visit us on the web at www.riversidemuseum.net.

Aging Well

Aging Well is a community partnership working in 20 communities in the greater Lyons Township Illinois area to create an environment in which people can age well.

Contact: Stephanie Bailey, (708) 354-1323 ext. 19

Riverside Jr. Woman's Charity

A philanthropic and service organization for any woman interested in supporting her community. Meetings are the second Thursday of the month September - June at 7:30 pm in the Riverside Town Hall.

President: Alicia Shereck 447-0087

Riverside Little League

A baseball and softball program for boys and girls operated by parent volunteers - for children ages 5-15. Board of Directors meetings are the 1st Tuesday of each month at 8:00 pm in the Riverside Town Hall. www.riversidell.com

President: Rick Collins - riversidell@sbcglobal.net

Riverside Lyric Opera

Purpose: To learn more about the opera within our community, while supporting the Lyric Opera of Chicago. New members welcome.

Membership Chair: Richard Greeman (312) 827-5656

Riverside Naturalists 4 - H Club

Experience hands-on educational activities with this group, emphasizing on nature. Open to children ages 8-19. Contact: Pat Copp 447-1892

Riverside Sprouts

A junior garden club for children in 1st thru 5th grades to promote the awareness of gardening and environment sponsored by the Riverside Garden Club.

Contact: Karen Cornelius - 447-3007

Riverside Swim Club

A private club with limited membership. Facilities: 25 meter pool, wading pool, and indoor locker rooms. For more info:

www.riversideswimclub.net
President: Holly Agne

Membership: Holly Agne - cre8tvlo@aol.com

Riverside Tennis Association

Purpose: To promote the game of tennis and to bring together

people with the common interest of tennis. President: Marcia Capone 447-3957

Riverside Township Jaycees

A leadership training organization for young adults ages 21-40. Meets the 2nd Wednesday of the month at the VFW Hall in North Riverside. New members welcome.

Membership: Mark Schwinn 708-795-6738

Riverside Township Lions Clubs

Purpose: To plan and conduct a variety of community and humanitarian projects. Group meets second Tuesday of each

month at the Scottish Home at 11:30 am For more info: 447-5331 Joe Dvorak www.lionsriversidetownship.org

The Our Town Project

Purpose: Working together for continued economic, social and

cultural advancement in Riverside.

Executive Director: Dr. Bob Novak 447-TOWN (8696)

**Please contact the Recreation office if any of the listed contact information has changed.

Your Cooperation (Park/School/Church/Township)

Through the continued cooperation of the Riverside School District 96, Riverside-Brookfield High School District 208, Riverside Township and numerous churches in Riverside, we are able to offer various recreation opportunities to our residents. The Village acknowledges and appreciates the cooperation extended by these organizations.

Winter Safe USAGE OF PARKS

WINTER SAFE USAGE OF PARKS

It is important that all adults take time to learn about park safety for the sake of the children. Adults should be properly motivated to protect all children from unnecessary harm and risks as they play.

Children should be allowed to let their imaginations run free. You can guarantee their freedom to imagine, dream, play, learn and grow by protecting them teaching them and properly supervising them.

Suggestions when using parks in the winter:

- Select the equipment children use wisely, instruct them how to use it safely to protect themselves and their playmates.
- Supervise their play to correct behavior and prevent accidents before they occur.

You can help make the parks a safer place by helping children to understand basic safety.



On "Ri

Once again, the Parks & Recreation Department would like to thank the "Big Chill Crew" and the Jr. Women's Charity, without them the ice rink would not be possible. The rink will be made available at the Big Ball Park (Longcommon & Delaplaine), as weather permits. The hours of skating are from 8:00am to 9:00pm. Please be courteous of other skaters and nearby residents. The color-coded flag system will be used again this year to signify rink conditions as being "open" or "closed".

RED indicates that the rink is CLOSED GREEN indicates that the rink is OPEN.

RECREATIONAL ICE SKATING

SLEDDING

Winter sledding continues to be a favorite activity of many Riverside residents. We encourage you to observe some general rules when sledding.

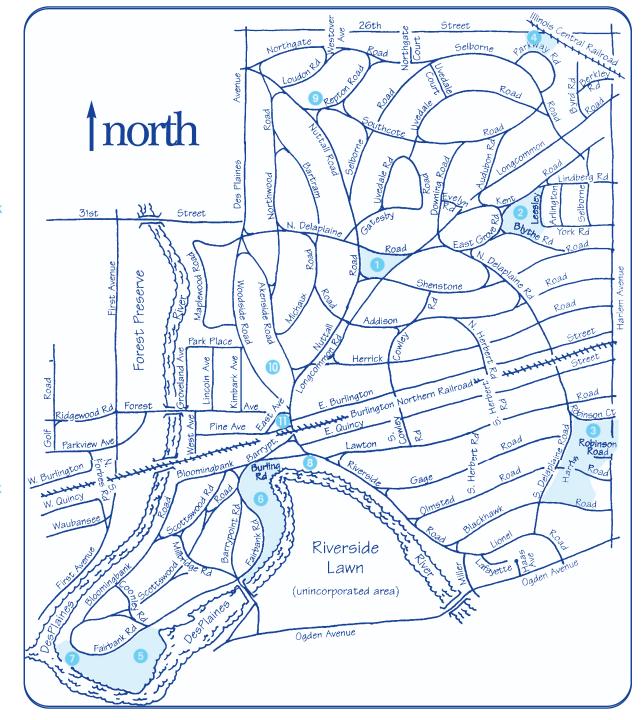
- Never walk up the middle of the hill use the sides.
- 2 Maintain control of your sled at all times.
- **3** Be alert for others sledding around you.
- Report any unsafe conditions to the Parks & Recreation Dept.
- **5** Sled in designated areas only.



Failure to comply with the rules and regulations regarding ice skating or sledding could result in personal injury or removal from the area.

RIVERSIDE MARKS DISCOVER YOUR PARKS

- 1 Big Ball Park Softball Field Football Field Playground
- 2 Blythe Park 735 Leesley Tennis Court Playground Gymnasium
- 3 Harrington Park Tennis Courts (2) Baseball Fields (2) Soccer Field Playground
- 4 Patriots Park Cori's Corner Playground Walking Path
- 5 Indian Gardens
 Baseball Fields (2)
 Tennis Courts (4)
 Playground
- 6 Swan Pond Park Sledding Hill
- 7 Scout Cabin 417 Fairbanks
- 8 Township Hall 27 Riverside Road Auditorium Meeting Rooms
- 9 Ames School 86 Southcote Gymnasium



- 10 Central School/Hauser School 61 Woodside Gynasiums
- 11 Parks & Recreation Office
 10 Pine Avenue

VILLAGE OF RIVERSIDE PARKS & RECREATION

Registration Form / Participant Liability Waiver and Hold Harmless Aggreement

Household NameAddress				Phone				
				City				
Email								
Participant's First Name	Date Of Birth	Sex	Grade	Program Description	Code #	Time/Day	Fee	
	DIIIII							
						TOTAL		
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Any photos or video taken be used for marketing pur	•	f Rivers	side emplo	oyees will become the prope	rty of the Villag	e of Riverside	and may	
I have read and fully unde	rstand and a	gree to	the above	e stated conditions of partici	pation in the ab	ove program(s).	
Participant's Signature				Date				
(Signature	e of Parent or	Legal C	Guardian o	f Participant Under 18 Years	of Age)			
			OFFI	CE USE ONLY				
Payor Name				Check #		Cash \$		
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