

**Independent Checksheets**  
**Independent Checksheets Foundation**

**CHECKSHEET OF 11 MAY 2010**

Non-Confidential Downloads

**INDEPENDENT SCIENTOLOGY LEVEL 0**  
**HUBBARD RECOGNIZED SCIENTOLOGIST (HRS)**

NAME: \_\_\_\_\_ ORG: \_\_\_\_\_

POST/OCCUPATION: \_\_\_\_\_

DATE STARTED: \_\_\_\_\_ DATE COMPLETED: \_\_\_\_\_

This Checksheet contains the knowledge vital for survival of Scientology ARC Straightwire and Level 0 technology. It covers the technology dealing with "memory" and "communication".

**PREREQUISITES:** The Student Hat  
A Professional TRs Course  
Method One Word Clearing

(Method One Word Clearing is a prerequisite for training at this level, except where waived by a qualified C/S as covered in HCO PL 25 Sept. 79RB II, Rev. 1.7.85, METHOD ONE WORD CLEARING.)

**MATERIALS:** The Level 0 Course Pack  
The Level 0 Tapes  
Self Analysis  
Dianetics 55!  
Introducing the E-Meter  
E-Meter Essentials  
The Book of E-Meter Drills  
Dianetics and Scientology Technical Dictionary  
E-Meter

**STUDY TECH:** Study tech is to be applied in full throughout this course. The materials are to be studied and drilled in sequence. By initialing the blank after each checksheet entry, you are attesting that you fully understand and can apply the data.

**DRILLS ARE TO BE DONE FULLY TO THEIR RESULT.** If you are not a fast flow student, you must star-rate check out on all items marked with an asterisk (\*). (Ref. HCOB 13 Aug. 72RA, FAST FLOW TRAINING) The course does not require twinning.

**PRODUCT:** A Hubbard Recognized Scientologist who is able to audit others to ARC Straightwire Recall Release and Grade 0 Communications Release standardly.

**CERTIFICATE:** Upon successful completion of this course, the student may be awarded the certificate of PROVISIONAL HUBBARD RECOGNIZED SCIENTOLOGIST.

**LENGTH OF COURSE:** Two weeks full time (40 hours per week).

**SECTION I:**  
**ORIENTATION**

\* 1. HCO PL 7 Feb. 65 KSW Series 1  
KEEPING SCIENTOLOGY  
WORKING \_\_\_\_\_

\* 2. HCO PL 17 June 70RB KSW Series 5R

Re-Rev. 25.10.83

TECHNICAL DEGRADES

\_\_\_\_\_

\* 3. HCO PL 22 Nov. 67RA  
Rev. 12.4.83

KSW Series 25  
OUT-TECH

\_\_\_\_\_

**SECTION II:  
CLASS 0 AND GRADE 0**

\* 1. CLASSIFICATION, GRADATION AND AWARENESS  
CHART OF LEVELS AND CERTIFICATE – Class 0 Auditor  
section, ARC Straightwire Expanded and Grade 0  
Expanded section.

\_\_\_\_\_

2. HCO PL 23 Oct. 80R II  
Rev. 16.11.87

CHART OF ABILITIES  
GAINED FOR LOWER  
LEVELS AND EXPANDED  
LOWER GRADES

\_\_\_\_\_

3. DEMO: The Abilities Gained for ARC Straightwire  
Release.

\_\_\_\_\_

4. DEMO: The Abilities Gained for Grade 0 Release on  
each flow.

\_\_\_\_\_

**SECTION III:  
SELF ANALYSIS**

1. INTRODUCTION

\_\_\_\_\_

2. Chapter: "On Getting to Know Ourselves"

\_\_\_\_\_

3. Chapter: "On the Laws of Survival and Abundance"

\_\_\_\_\_

4. DEMO: The relationship of abundance to survival and  
how you can apply this in life.

\_\_\_\_\_

5. Chapter: "On the Death of Consciousness"

\_\_\_\_\_

6. Chapter: "On Our Efforts for Immortality"

\_\_\_\_\_

7. DEMO: What happiness is.

\_\_\_\_\_

8. Chapter: "On Raising Our Level of Consciousness"

\_\_\_\_\_

9. DEMO: Restore an individual's full consciousness and  
you restore his full life potential.

\_\_\_\_\_

10. Chapter: "On Raising our Level of Life and Behavior"

\_\_\_\_\_

11. Chapter: "The Hubbard Chart of Human Evaluation"


\_\_\_\_\_

12. DRILL: Use the Chart of Human Evaluation and find the  
characteristics of someone you like on the chart.

\_\_\_\_\_

13. ESSAY: Write an essay specifically on how you could  
have used the Chart of Human Evaluation as an  
employer, in choosing a partner or in forming a  
friendship, and if you had used this chart what  
would have happened.

\_\_\_\_\_

- 
14. Chapter: "Tone Scale Tests" \_\_\_\_\_
  15. DRILL: Do test Number One. \_\_\_\_\_
  16. Chapter: "How to Use the Disk" \_\_\_\_\_
  17. DRILL: Drill using the disc on a doll, as described. Use List 1, giving the questions to the doll. \_\_\_\_\_
  18. Chapter: "Processing Section" \_\_\_\_\_
  19. DEMO: How the recall of the type of incidents called for in Self Analysis can benefit a preclear. \_\_\_\_\_
  20. List 1: "General Incidents" \_\_\_\_\_
  21. List 2: "Time Orientation" \_\_\_\_\_
  22. List 3: "Orientation of Senses" \_\_\_\_\_
    - a. "Time Sense" \_\_\_\_\_
    - b. "Sight" \_\_\_\_\_
    - c. "Relative Sizes" \_\_\_\_\_
    - d. "Sound" \_\_\_\_\_
    - e. "Olfactory" \_\_\_\_\_
    - f. "Touch" \_\_\_\_\_
    - g. "Personal Emotion" \_\_\_\_\_
    - h. "Organic Sensation" \_\_\_\_\_
    - i. "Motion Personal" \_\_\_\_\_
    - j. "Motion External" \_\_\_\_\_
    - k. "Body Position" \_\_\_\_\_
  23. List 4: "You and the Physical Universe" \_\_\_\_\_
  24. List 5: "Assists to Remembering" \_\_\_\_\_
  25. List 6: "Forgetter Section" \_\_\_\_\_
  26. List 7: "Survival Factors" \_\_\_\_\_
  27. List 8: "Imagination" \_\_\_\_\_
  28. List 9: "Valences" \_\_\_\_\_
  29. List 10: "Interruptions" \_\_\_\_\_
  30. List 11: "Invalidation Section" \_\_\_\_\_
  31. List 12: "The Elements" \_\_\_\_\_
  32. Chapter: "Special Session Lists" \_\_\_\_\_

**SECTION IV:  
THE TONE SCALE**

- |    |  |                              |       |       |       |
|----|--|------------------------------|-------|-------|-------|
| 1. | HCOB 25 Sept. 71 RB<br>Rev. 1.4.78   | TONE SCALE IN FULL           | _____ | _____ | _____ |
| 2. | HCOB 26 Oct. 70 III  | OBNOIS AND THE TONE<br>SCALE | _____ | _____ | _____ |
| 3. | DRILL: With another student (who acts as coach) go around the course room. The coach takes the student around so the student can clearly see other individual students (without interrupting them) and asks the student doing this drill, "What do you see?" The Coach accepts nothing that isn't plainly visible. The drill is passed when the student has demonstrated that he can see just what is there, visible and plain to the eye. |                              | _____ | _____ | _____ |

**SECTION V:  
THE AUDITOR'S CODE**

- |   |     |   |                    |       |       |       |
|---|-----|---|--------------------|-------|-------|-------|
| * | 1.  | HCO PL 14 Oct. 68RA<br>Rev. 19.6.80     | THE AUDITOR'S CODE | _____ | _____ | _____ |
|   | 2.  | DEMO: Each point of the Auditor's Code: |                    |       |       |       |
|   | 1.  | _____                                   | _____              | _____ | 2.    | _____ |
|   | 3.  | _____                                   | _____              | _____ | 4.    | _____ |
|   | 5.  | _____                                   | _____              | _____ | 6.    | _____ |
|   | 7.  | _____                                   | _____              | _____ | 8.    | _____ |
|   | 9.  | _____                                   | _____              | _____ | 10.   | _____ |
|   | 11. | _____                                   | _____              | _____ | 12.   | _____ |
|   | 13. | _____                                   | _____              | _____ | 14.   | _____ |
|   | 15. | _____                                   | _____              | _____ | 16.   | _____ |
|   | 17. | _____                                   | _____              | _____ | 18.   | _____ |
|   | 19. | _____                                   | _____              | _____ | 20.   | _____ |
|   | 21. | _____                                   | _____              | _____ | 22.   | _____ |
|   | 23. | _____                                   | _____              | _____ | 24.   | _____ |
|   | 25. | _____                                   | _____              | _____ | 26.   | _____ |
|   | 27. | _____                                   | _____              | _____ | 28.   | _____ |
|   | 29. | _____                                   | _____              | _____ |       |       |

**SECTION VI:  
METERING**

NOTE: The student first reads and then thoroughly drills each of the E-Meter

drills in this section.

1. BOOK: Introducing the E-Meter \_\_\_\_\_
  - a. Chapter: "How the E-Meter Works" \_\_\_\_\_
  - b. Chapter: "Setting Up the E-Meter" \_\_\_\_\_
  - c. Chapter: "The Sensitivity Knob" \_\_\_\_\_
  - d. Chapter: "The Needle" \_\_\_\_\_
  - e. Chapter: "The Tone Arm" \_\_\_\_\_
  - f. Chapter: "Needle Actions" \_\_\_\_\_
  - g. Chapter: "Meter Repair" \_\_\_\_\_
  - h. Chapter: "Get E-Meter Training" \_\_\_\_\_
2. BOOK: E-Meter Essentials, Chapter A \_\_\_\_\_
3. BOOK: The Book of E-Meter Drills, Foreward \_\_\_\_\_
4. HCOB 10 Dec. 65 E-METER DRILL COACHING \_\_\_\_\_
5. DRILL: E-Meter Drill 1: "Touch and Let Go of the E-Meter" \_\_\_\_\_
6. DRILL: E-Meter Drill 2: "E-Meter Familiarization" \_\_\_\_\_
7. DRILL: E-Meter Drill 3: "Setting up and reading a Tone Arm Counter" (Refer to the owner's manual for your meter as needed.) \_\_\_\_\_
8. DRILL: E-Meter Drill 3A: "Calibration Check of the E-Meter by external Precision Resistors" (Refer to the owner's manual for your meter as needed.) \_\_\_\_\_
9. DRILL: E-Meter Drill 4: "Setting up an E-Meter" (Refer to the owner's manual for your meter as needed.) \_\_\_\_\_
10. HCOB 11 May 69R METER TRIM CHECK \_\_\_\_\_
11. DRILL: Doing a meter trim check per HCO 11 May 69R. The Coach adjusts the meter so that it is slightly out of trim before the student does the check. He than turns the meter over to the student, who does a standard after-session meter trim check and notes down the TA position found on the check. Coach gives a flunk for any departure from standard procedure and shows the student the exact point of the meter trim check HCOB violated. The drill is passed when the student has demonstrated he can do a standard and accurate meter trim check. \_\_\_\_\_
12. BOOK: E-Meter Essentials \_\_\_\_\_
  - a. Chapter B \_\_\_\_\_

b.	Chapter C	_____	_____	_____
c.	PRACTICAL: Demonstrate what tone arm action is by moving the tone arm of your meter to the positions described in Chapter C of E-Meter Essentials.	_____	_____	_____
d.	Chapter D	_____	_____	_____
e.	Chapter E	_____	_____	_____
13.	DRILL: E-Meter Drill 5RB: "Can Squeeze"	_____	_____	_____
14.	HCOB 14 Oct. 68 I            METER POSITION	_____	_____	_____
15.	HCOB 23 May 71 IX        Basic Auditing Series 11 METERING	_____	_____	_____
16.	DRILL: E-Meter Drill 6: "Handling the Tone Arm and Sensitivity"	_____	_____	_____
17.	DRILL: E-Meter Drill 7: "Tone Arm Reading"	_____	_____	_____
18.	HCOB 21 Jan. 77 RB        FALSE TA CHECKLIST Re-rev. 25.5.80	_____	_____	_____
19.	DRILL: Checking for false TA using the False TA Checklist. Coach holds the cans and the student does each step of the checklist including going through the actual physical universe handlings for each step if that step were found to be out. For example, student checks the coach's hands to see if they are too dry, and does the handling that would be done if he found that they were actually too dry. (The last two steps of the checklist include audited handlings which would have to be done by a higher-classed auditor: these audited handlings are not drilled as part of the drill.) On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student has demonstrated he can do each step of the checklist and that he can use the checklist to find and handle the reason(s) for a false TA.	_____	_____	_____
20.	DRILL: E-Meter Drill 8: "Tone Arm Motion and No Motion Recognition"	_____	_____	_____
21.	DRILL: E-Meter Drill 9: "Tone Arm Motion and Body Motion"	_____	_____	_____
22.	DRILL: E-Meter Drill 10: "Tone Arm Blowdowns"	_____	_____	_____
23.	DRILL: E-Meter Drill 11: "Superlative Tone Arm Handling"	_____	_____	_____
24.	BOOK: E-Meter Essentials			
a.	Chapter F	_____	_____	_____
b.	Chapter G	_____	_____	_____
c.	Chapter H	_____	_____	_____

d.	Chapter I		_____	_____	_____
e.	Chapter J		_____	_____	_____
d.	Chapter K		_____	_____	_____
e.	Chapter L		_____	_____	_____
* 25.	HCOB 21 July 78	WHAT IS A FLOATING NEEDLE?	_____	_____	_____
26.	DRILL:	Learn the definition of a floating needle verbatim from HCOB 15 July 78 to a pass by the Course Supervisor.	_____	_____	_____
27.	DRILL:	E-Meter Drill 12: "Needle Action"	_____	_____	_____
28.	DRILL:	E-Meter Drill 13: "Body Reactions"	_____	_____	_____
29.	DRILL:	E-Meter Drill 14: "Needle Motion and No Motion Recogniton"	_____	_____	_____
30.	DRILL:	E-Meter Drill 15: "Familiarization with Reading an E-Meter"	_____	_____	_____
31.	DRILL:	E-Meter Drill 16: "The Production of Needle Action"	_____	_____	_____
32.	DRILL:	E-Meter Drill 17: "What Makes the E-Meter Read and Cleaning a Read"	_____	_____	_____
33.	DRILL:	E-Meter Drill 18: "Instant Rudiments Read"	_____	_____	_____
* 34.	HCOB 5 Aug. 78	INSTANT READS	_____	_____	_____
35.	Tape: 6205C24:	E-Meter Data: Instant Reads (Part 1)	_____	_____	_____
36.	Tape: 6205C24:	E-Meter Data: Instant Reads (Part 2)	_____	_____	_____
* 37.	HCOB 28 Feb. 71	C/S Series 24 METERING READING ITEMS	_____	_____	_____
* 38.	HCOB 20 Sep. 78	AN INSTANT F/N IS A READ	_____	_____	_____
39.	DEMO:	What an instant F/N on an item means and when this should be taken up by the auditor.	_____	_____	_____
40.	DRILL:	E-Meter Drill 19: "Instant Reads"	_____	_____	_____
41.	DRILL:	E-Meter Drill 20: "How to Dirty and Clean a Needle"	_____	_____	_____
42.	DRILL:	E-Meter Drill 24: "Assessment by Instant Read"	_____	_____	_____
43.	DRILL:	E-Meter Drill 26: "Differentiation Between Sizes of Needle Reads"	_____	_____	_____
44.	DRILL:	E-Meter Drill 27: "Needle Observation"	_____	_____	_____

**SECTION VII:  
F/N DATA**





15. DEMO: Two-way communication. \_\_\_\_\_
16. ESSAY: Write up how you will apply two-way communication to handle a specific situation in your life. \_\_\_\_\_
17. Chapter: "Communication Lag" \_\_\_\_\_
18. Chapter: "Pan Determinism" \_\_\_\_\_
19. Chapter: "The Six Basic Processes" \_\_\_\_\_
20. Chapter: "The Processing of Communication" \_\_\_\_\_
21. Chapter: "The One Shot Clear" \_\_\_\_\_
22. Chapter: "A-R-C Processing" \_\_\_\_\_
23. DEMO: What is meant by "processing toward truth: and why this is important." \_\_\_\_\_
24. Chapter: "Exteriorization" \_\_\_\_\_

**SECTION IX:  
THE COMMUNICATION CYCLE IN AUDITING**

1. HCOB 5 Apr.73 AXIOM 28 AMENDED \_\_\_\_\_
2. DEMO: Axiom 28 \_\_\_\_\_
3. Tape: 6402C06: THE COMMUNICATIONS CYCLE IN AUDITING \_\_\_\_\_
4. HCOB 23 May 71R I Rev. 4.12.74 Basic Auditing Series 1R THE MAGIC OF THE COMMUNICATION CYCLE \_\_\_\_\_
- \* 5. HCOB 23 May 71R II Rev. 6.12.74 Basic Auditing Series 2R THE TWO PARTS OF AUDITING \_\_\_\_\_
- \* 6. HCOB 30 Apr. 71 AUDITING COMM CYCLE \_\_\_\_\_
7. Tape: 6308C20: THE ITSA LINE \_\_\_\_\_
8. Tape: 6308C21: THE ITSA LINE (CONT.) \_\_\_\_\_
- \* 9. HCOB 23 May 71R III Basic Auditing Series 3 THE THREE IMPORTANT COMMUNICATION LINES \_\_\_\_\_
10. CLAY DEMO: Demonstrate in clay the three important communication lines, showing their relationship to the auditing comm. Cycle. \_\_\_\_\_
11. HCOB 14 Aug. 63 LECTURE GRAPHS (for Tape: 6307C25) \_\_\_\_\_
12. Tape: 6307C25: COMM CYCLES IN AUDITING \_\_\_\_\_
13. Tape: 6308C06: AUDITING COMM CYCLES \_\_\_\_\_

* 14.	HCOB 23 May 71R IV Rev. 4.12.74	Basic Auditing Series 4R COMMUNICATION CYCLES WITHIN THE AUDITING CYCLE	_____	_____	_____
15.	HCOB 23 May 71R V Rev. 29.11.74	Basic Auditing Series 5R THE COMMUNICATION CYCLE IN AUDITING	_____	_____	_____
16.	DEMO:	Each part of the Auditing Comm Cycle.	_____	_____	_____
* 17.	HCOB 23 May 71 VI	Basic Auditing Series 6 AUDITOR FAILURE TO UNDERSTAND	_____	_____	_____
* 18.	HCOB 23 May 71 VII	Basic Auditing Series 7 PREMATURE ACKNOWLEDGEMENT	_____	_____	_____
* 19.	HCOB 5 Feb. 66 II	Basic Auditing Series 8 "LETTING THE PC ITSA" THE PROPERLY TRAINED AUDITOR	_____	_____	_____
* 20.	HCOB 23 May 71 X	Basic Auditing Series 9 COMM CYCLE ADDITIVES	_____	_____	_____
21.	DEMO:	Three examples of comm cycle additives.			
	1.	_____	_____	_____	_____
	2.	_____	_____	_____	_____
	3.	_____	_____	_____	_____
22.	HCOB 1 Oct. 63	HOW TO GET TONE ARM ACTION	_____	_____	_____
23.	DEMO:	What causes TA motion and how.	_____	_____	_____
<b>SECTION X: STYLES OF AUDITING</b>					
* 1.	HCOB 6 Nov. 64	STYLES OF AUDITING (Section Headed LEVEL 0 LISTEN STYLE)	_____	_____	_____
2.	DEMO:	What is meant by "Listen-Style Auditing"?	_____	_____	_____
<b>SECTION XI: AUDITOR MUST-NOTS</b>					
* 1.	HCOB 5 Apr. 80	Q&A, THE REAL DEFINITION	_____	_____	_____
2.	DEMO:	Three examples of Q&A and what the auditor should do.			
	1.	_____	_____	_____	_____
	2.	_____	_____	_____	_____
	3.	_____	_____	_____	_____
3.	HCOB 3 Aug. 65	AUDITING GOOFS, BLOWDOWN INTERRUPTION	_____	_____	_____

4. DEMO:
  - a. The effect on a pc of interrupting a blowdown. \_\_\_\_\_
  - b. Correct auditor procedure when a blowdown is occurring. \_\_\_\_\_
- \* 5. HCOB 27 May 65      KSW Series 31  
   PROCESSING      \_\_\_\_\_
6. DEMO: The three oldest rules in processing.
  1. \_\_\_\_\_ 2. \_\_\_\_\_
  3. \_\_\_\_\_

**SECTION XII:  
AUDITOR ADMIN**

1. HCOB 6 Nov. 87      Auditor Admin Series 14RA  
   THE WORKSHEETS      \_\_\_\_\_
2. DEMO: The purpose of the session worksheets. \_\_\_\_\_
3. HCOB 5 Nov. 87      Auditor Admin Series 13RA  
   THE AUDITOR'S REPORT  
   FORM      \_\_\_\_\_
4. DEMO: The purpose of the Auditor's Report Form. \_\_\_\_\_
5. HCOB 17 Mar. 69R II      Auditor Admin Series 12RA  
     Rev. 12.11.87      SUMMARY REPORT FORM      \_\_\_\_\_
6. DEMO: The purpose of the Summary Report Form. \_\_\_\_\_
7. HCOB 5 Mar. 71      Auditor Admin Series 10  
   THE FANTASTIC NEW HGC  
   LINE      \_\_\_\_\_
8. DEMO:
  - a. The purpose of the C/S form the auditor fills out after each session. \_\_\_\_\_
  - b. Why the C/S gives each session a grade. \_\_\_\_\_
9. HCOB 31 Oct. 87      Auditor Admin Series 7RA  
   THE FOLDER SUMMARY      \_\_\_\_\_
10. DEMO: The purpose of the Folder Summary. \_\_\_\_\_
11. HCOB 8 Mar. 71      Auditor Admin Series 11  
   EXAMINATION FORM      \_\_\_\_\_
12. HCOB 13 Nov. 87      Auditor Admin Series 3RA  
   THE PC FOLDER AND ITS  
   CONTENTS      \_\_\_\_\_
13. PRACTICAL: Make up the following, assemble them in proper sequence and turn them in to the Supervisor for a pass:

- a. A dummy set of worksheets showing the process “Do birds fly?” \_\_\_\_\_
- b. A dummy Auditor’s Report Form showing the session where the process “Do birds Fly?” was run. \_\_\_\_\_
- c. A dummy Summary Report for the above session. \_\_\_\_\_
- d. A dummy Examiner’s Report. \_\_\_\_\_
- e. A dummy Auditor’s C/S showing the next process to run is “Do fish swim?” \_\_\_\_\_
- f. A dummy Folder Summary for the session. \_\_\_\_\_

**SECTION XIII:  
PREPARING THE PC**

- \* 1. HCOB 21 June 72 I      Word Clearing Series 38  
METHOD 5 \_\_\_\_\_
- \* 2. HCOB 8 July 74R I      Word Clearing Series 53R  
Rev. 24.7.74      CLEAR TO F/N \_\_\_\_\_
- 3. DRILL:      Method 5 Word Clearing on a doll. Coach answers for the doll and holds the cans. On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student has demonstrated he can standardly do Method 5 Word Clearing on a meter, keeping accurate worksheets. \_\_\_\_\_
- \* 4. HCOB 9 Aug. 78 II      CLEARING COMMANDS \_\_\_\_\_
- 5. DRILL:      Clearing commands on a doll. Coach answers for the doll and holds the cans, squeezing them to simulate reads. Student clears the commands “Do fish swim?” and “Do birds fly?” per HCOB 9 Aug. 78, CLEARING COMMANDS. On Any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student has demonstrated he can standardly clear a command, keeping accurate worksheets.  
  
Unbullbaited \_\_\_\_\_  
  
Bullbaited \_\_\_\_\_
- \* 6. HCOB 15 July 74 RA      SCIENTOLOGY AUDITING  
Rev. 10.3.84      C/S-1 \_\_\_\_\_
- 7. DEMO:      The purpose of doing a Scientology C/S-1. \_\_\_\_\_
- \* 8. HCOB 7 Aug. 78      HAVINGNESS, FINDING AND  
RUNNING THE HAVINGNESS  
PROCESS \_\_\_\_\_
- 9. DEMO:  
a. The final definition of havingness. \_\_\_\_\_

- b. No-havingness. \_\_\_\_\_
- 10. HCOB 6 Oct. 60R THIRTY-SIX NEW  
Rev. 8.5.74 PRESESSIONS \_\_\_\_\_
- 11. DRILL: Finding and running a Havingness Process on  
a doll. Coach answers for the doll and holds  
the cans, squeezing them to simulate reads.  
Any flunks are handled by the coach showing  
the student the exact LRH reference violated.  
The drill is passed when the student has  
demonstrated that he can smoothly and  
standardly find and run a pc's Havingness  
Process. \_\_\_\_\_
- \* 12. HCOB 23 Aug. 71 C/S Series 1  
Auditor's Rights \_\_\_\_\_

**SECTION XIV:  
MODEL SESSION AND RUDIMENTS**

- 1. HCOB 4 Dec 77R CHECKLIST FOR SETTING UP  
Rev. 19.8.87 SESSIONS AND AN E-METER \_\_\_\_\_
- 2. DRILL: Drill doing the steps of setting up for a session  
per HCOB 4 Dec. 77R. Coach observes each  
step the student does, following along on a  
copy of the checklist. Flunks are given for any  
step missed or incompletely or incorrectly  
done, with reference to the exact checklist  
point violated. The drill is passed when the  
student has demonstrated he can quickly set  
up a session with all checklist points in. \_\_\_\_\_
- \* 3. HCOB 11 Aug. 78 I RUDIMENTS, DEFINITION AND  
PATTER \_\_\_\_\_
- \* 4. HCOB 6 June 84 III MISSED WITHHOLD  
HANDLING \_\_\_\_\_
- 5. CLAY DEMO:
  - a. ARC Break \_\_\_\_\_
  - b. Present time problem \_\_\_\_\_
  - c. Missed withhold \_\_\_\_\_
- 6. DEMO: A pc who is in session. \_\_\_\_\_
- 7. DRILL: E-Meter Drill CR0000-4: "See the Session" \_\_\_\_\_
- 8. DRILL: Flying ruds on a doll. Coach answers for the  
doll and holds the cans, squeezing them to  
simulate reads. On any flunk, the coach shows  
student the exact LRH reference violated. Each  
part of the drill is done on a gradient, building  
up to the point where the student can do the  
action bullbaited, handling the meter and  
keeping worksheets. Each step includes drilling  
the standard use of Suppress and False  
buttons. \_\_\_\_\_

	a.	Drill flying the ARC break rud.			
		Unbullbaited		_____	_____
		Bullbaited		_____	_____
	b.	Drill flying the present time problem rud.			
		Unbullbaited		_____	_____
		Bullbaited		_____	_____
	c.	Drill flying the missed withhold rud.			
		Unbullbaited		_____	_____
		Bullbaited		_____	_____
	d.	Drill flying three ruds.			
		Unbullbaited		_____	_____
		Bullbaited		_____	_____
*	9.	HCOB 11 Aug. 78 II	MODEL SESSION	_____	_____
	10.	DRILL:	Running a session on a doll from start to end using full Model Session procedure. (Process to be run in the session is "Do birds fly?") Coach answers for the doll and squeezes the cans to simulate reads. Coach shows the student the exact LRH reference violated after any flunk. The drill is passed when he has demonstrated he can run full, Stand Model Session.		
		a.	Unbullbaited	_____	_____
		b.	Bullbaited	_____	_____
*	11.	HCOB 7 Mar. 75	EXT AND ENDING SESSION	_____	_____
	12.	DRILL:	On a doll, drill the standard auditor action when a pc goes exterior in session. Student runs "Do birds fly?" on a doll, with the coach holding the cans and answering for the doll, Coach shows the student the exact LRH reference violated after any flunk. The drill is passed when the student has demonstrated he can smoothly take the standard action when a pc goes exterior in session.	_____	_____
<b>SECTION XV: COMMUNICATIONS PROCESSES</b>					
*	1.	HCOB 10 Dec 64	LISTEN-STYLE AUDITING	_____	_____
	2.	DEMO:	When a prompter is used.	_____	_____
*	3.	HCOB 11 Dec 64	PROCESSES	_____	_____
*	4.	HCOB 26 Dec 64	ROUTINE 0A (EXPANDED)	_____	_____

5. CLAY DEMO: The whole design of Level 0 is “Recover the pc’s ability to talk to others freely.” \_\_\_\_\_
- \* 6. HCOB 23 June 80RA CHECKING QUESTIONS ON GRADES PROCESSES  
Rev. 25.10.83 \_\_\_\_\_
7. DEMO: The rules regarding checking questions or commands Grades Processes. \_\_\_\_\_
- \* 8. HCOB 3 Dec 78 UNREADING FLOWS \_\_\_\_\_
9. DRILL: Checking process questions for a read, on a doll. Coach answers for the doll and holds the cans, squeezing them to simulate reads. Student checks the questions “Do birds fly?” and “Do fish swim?” for a read, including use of buttons when needed. Coach shows the student the exact LRH reference violated after any flunk. The drill is passed when the student can smoothly and standardly check process questions for a read. \_\_\_\_\_
10. HCOB 7 Aug. 59 THE HANDLING OF COMMUNICATION PROCESSES, SOME RAPID DATA \_\_\_\_\_
11. DEMO: Why generalized terminals are used in auditing commands. \_\_\_\_\_
12. HCOB 8 Sept. 78RB MINI LIST OF GRADE 0-IV PROCESSES (1,2,3,4)  
Rev. 16.11.87 \_\_\_\_\_
13. DRILL:
- a. Study the commands for #1 in HCOB 8 Sept. 78RB and drill it on a doll with full session setup. Coach answers for the doll and holds the cans, squeezing them to simulate reads. On any flunk, the coach shows the student can standardly run the process with the meter and keep session admin.
- Unbullbaited \_\_\_\_\_
- Bullbaited \_\_\_\_\_
- b. Study the commands for #2 in HCOB 8 Sept. 78RB and drill it on a doll with full session setup. Coach answers for the doll and holds the cans, squeezing them to simulate reads. On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student can standardly run the process with the meter and keep session admin.
- Unbullbaited \_\_\_\_\_
- Bullbaited \_\_\_\_\_
- c. Study the commands for #3 in HCOB 8 Sept. 78RB and drill it on a doll with full session setup. Coach answers for the doll and holds the cans, squeezing them to simulate reads. From time to time the coach

(as pc) gives the student a situation requiring use of the prompters, and the student must handle. On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student can standardly run the process with the meter and keep session admin.

Unbullbaited

\_\_\_\_\_

Bullbaited

\_\_\_\_\_

- d. Study the commands for #4 in HCOB 8 Sept. 78RB and drill it on a doll with full session setup. Coach answers for the doll and holds the cans, squeezing them to simulate reads. On any flunk, the coach shows the student the exact LRH reference violated. The drill is passed when the student can standardly run the process with the meter and keep session admin.

Unbullbaited

\_\_\_\_\_

Bullbaited

\_\_\_\_\_

**SECTION XVI:  
EXPANDED GRADE 0**

- |    |                    |  |       |       |       |
|----|--------------------|--|-------|-------|-------|
| 1. | HCOB 14 Nov. 87 I  | EXPANDED ARC<br>STRAIGHTWIRE<br>GRADE PROCESS CHECKLIST  | _____ | _____ | _____ |
| 2. | HCOB 14 Nov. 87 II | EXPANDED ARC GRADE 0<br>PROCESS CHECKLIST  | _____ | _____ | _____ |
| 3. | HCOB 17 Mar. 74    | TWO-WAY COMM, USING<br>WRONG QUESTIONS   | _____ | _____ | _____ |
| 4. | DEMO:              | Why you would not use the question "Who have you had trouble communicating with?" to find terminals to use in running a process on Expanded Grade 0. | _____ | _____ | _____ |

**SECTION XVII:  
STUDENT AUDITING**

- |    |                                       |                  |       |       |       |
|----|---------------------------------------|------------------|-------|-------|-------|
| 1. | HCO PL 8 June 70RC II<br>Rev. 11.1.85 | STUDENT AUDITING | _____ | _____ | _____ |
|----|---------------------------------------|------------------|-------|-------|-------|

**SECTION XVIII:  
STUDENT THEORY COMPLETION**

**1. STUDENT ATTEST:**

The following attest is to be signed off, point by point, before the student begins to audit ARC Straightwire or Grade 0 processes.

If the student has any question or reservation about attesting to any of the points below, he should retread himself in that area.

Only when the student has acquired these skills without question will he or she



achieve good results on ARC Straightwire and Grade 0 processes:

- a. I know and can fully apply the study technology given in the Student Hat. \_\_\_\_\_
- b. I have applied the study technology of the Student Hat fully while on this course. \_\_\_\_\_
- c. I understand the E-Meter and how to use it. \_\_\_\_\_
- d. I acquired good TRs 0 to 4 on a Pro TR Course. \_\_\_\_\_
- e. I fully understand and can apply the Auditor's Code. \_\_\_\_\_
- f. I have, with reservation, a good grasp of the theory of communication and can apply it. \_\_\_\_\_
- g. I know and can apply the steps of setting up for an auditing session. \_\_\_\_\_
- h. I understand session admin and can do a standard session report and enter it correctly in the pc's folder. \_\_\_\_\_
- i. I understand the Scientology Auditing C/S-1 and can apply it. \_\_\_\_\_
- j. I understand and can apply the data on clearing commands. \_\_\_\_\_
- k. I am able to find and run a Havingness Process. \_\_\_\_\_
- l. I understand rudiments procedure and can fly ruds. \_\_\_\_\_
- m. I know Model Session and can run a session using it. \_\_\_\_\_
- n. I fully understand the theory and procedure for checking questions or commands on Grades processes and can apply them. \_\_\_\_\_
- o. I understand Listen-Style Auditing and can apply it. \_\_\_\_\_
- p. I understand use of the prompters and am able to use them correctly. \_\_\_\_\_

STUDENT ATTEST: \_\_\_\_\_ DATE: \_\_\_\_\_

**2. CONDITIONAL:**

If the student has not completed Method One Word Clearing, an examination is fully passed in Qual on the materials of this checksheet.

EXAMINER: \_\_\_\_\_ DATE: \_\_\_\_\_

**SECTION XIX:  
STUDENT AUDITING**

The student now begins student auditing of ARC Straightwire and Grade 0 processes. Pcs are procured per HCO PL 8 June 70RC II, STUDENT AUDITING.

The student must not and cannot be required by anyone to audit processes above his training level. Where upper-level processes are necessary for a case, upper-level students should be called upon to audit the actions.

NOTE: YOU ARE NOW QUALIFIED TO BEGIN CO-AUDITING OF EXPANDED

ARC STRAIGHTWIRE AND EXPANDED GRADE 0 (WITH C/S OK), AND MAY DO SO IF YOU WISH. YOU ARE NOT REQUIRED TO AUDIT THESE EXPANDED GRADES IN ORDER TO COMPLETE THIS CHECKSHEET.

Ref: HCOB 8 Sept. 78RB, Rev. 16.11.87 – MINI LIST OF GRADE 0-IV PROCESSES

1. PRACTICAL: Audit #1 per HCOB 8 Sept. 78RB on a pc to completely satisfactory results by exam report and C/S attest. \_\_\_\_\_
2. PRACTICAL: Audit #2 per HCOB 8 Sept. 78RB on a pc to completely satisfactory results by exam report and C/S attest. \_\_\_\_\_
3. PRACTICAL: Audit #3 per HCOB 8 Sept. 78RB on a pc to completely satisfactory results by exam report and C/S attest. \_\_\_\_\_
4. PRACTICAL: Audit #4 per HCOB 8 Sept. 78RB on a pc to completely satisfactory results by exam report and C/S attest. \_\_\_\_\_
5. CONDITIONAL: Get any errors or misunderstandings on the standard application of the materials of ARC Straightwire and Level 0 reviewed and corrected. \_\_\_\_\_
6. ATTESTATIONS: \_\_\_\_\_

I attest that I have successfully fulfilled the auditing requirements for certification on Level 0, as given above.

STUDENT ATTEST: \_\_\_\_\_ DATE: \_\_\_\_\_

I attest this student has successfully fulfilled the Level 0 auditing requirements for certification, as given above, and has demonstrated his competence in auditing the style of this level.

SUPERVISOR ATTEST: \_\_\_\_\_ DATE: \_\_\_\_\_

STUDENT C/S ATTEST: \_\_\_\_\_ DATE: \_\_\_\_\_

CONDITIONAL: If the student is not fast flow, the Examiner inspects auditing reports from sessions that the student has given, verifying that they are legible, properly kept and show success with pcs on the processes of the level.

EXAMINER: \_\_\_\_\_ DATE: \_\_\_\_\_

**SECTION XX:  
STUDENT COURSE COMPLETION**

**1. STUDENT COMPLETION:**

I have completed the requirements of this checksheet and I know and can apply this material.

STUDENT ATTEST: \_\_\_\_\_ DATE: \_\_\_\_\_

I have trained this student to the best of my ability and he has completed the requirements of this checksheet and knows and can apply the checksheet data.

SUPERVISOR ATTEST: \_\_\_\_\_ DATE: \_\_\_\_\_

Only when the student has acquired these skills without question will he or she achieve good results on ARC Straightwire and Grade 0 processes:

**2. STUDENT ATTEST AT C&A:**

I attest:

- a. I have exchanged for my course. \_\_\_\_\_
- b. I have studied and understand all the materials on the checksheet. \_\_\_\_\_
- c. I have done all the drills on the checksheet. \_\_\_\_\_
- d. I can produce the results required in the materials of the course. \_\_\_\_\_

STUDENT ATTEST: \_\_\_\_\_ DATE: \_\_\_\_\_

C&A: \_\_\_\_\_ DATE: \_\_\_\_\_

The student is awarded the certificate of HUBBARD RECOGNIZED SCIENTOLOGIST (Provisional).

(Route this checksheet to the Course Admin for filing in the student's folder.)

Revision by  
Independent Checksheet Compilations

DK:jaw