

THE YMCA BLUE BOOK

WORLD YMCA MOVEMENT IN REVIEW

2012



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12 Clos Belmont
1208 Geneva
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Tel: +41 22 8495100
office@ymca.int
www.ymca.int

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Secretary General

Rev. Dr. Johan Vilhelm Eltvik

Project Leaders

Romulo Dantas

Executive Secretary for Youth Empowerment

Selma Zaidi

Senior Executive Secretary for Resource Mobilisation and Movement Strengthening

Cooperation

Jose Varguese, India - WAY

Carlos Sanvee, Togo - WAY

Reneta Ferrari, USA

Claude-Alain Danthe, Switzerland

Iryna Dzeshavitsyna, Belarus

Carolyn Olsen, USA

Welcome to the Blue Book

The blue book is a publication of the World Alliance of YMCAs aiming to provide relevant and updated information on basic data of the World YMCA movement.

This is the result of a research effort which gathered data from the Youth Empowerment Programme Survey 2011, World Alliance Quadrennial Survey 2010, YMCA Area Organisations Reports and other relevant documents.

The last publication of this nature was issued by the World Alliance of YMCAs in 1977 under the name “1977 the YMCA Movement in Review”.

It is our sincere hope that the Blue Book will be a useful tool for YMCAs all over the world to communicate in a similar manner around the global YMCA movement, its basic figures and also other topics relevant to YMCA life.

This is only the first edition, which will be constantly updated and improved with the help of each National Movement of the YMCA family.

Enjoy!

Rev. Johan Vilhelm Eltvik
Secretary General
World Alliance of YMCAs

The Young Men's Christian Association

"Empowering Young People"

The focus of the YMCA on youth represents our dreams and vision of a society where people are able to take control of their own lives and decide their own future.

*NEW WAY Strategic Plan
2010-2014*

YMCA is a world-wide Christian, ecumenical, voluntary movement for women and men with special emphasis on and the genuine involvement of young people that seeks to share the Christian ideal of building a human community of justice with love, peace and reconciliation for the fullness of life for all creation.

The World Alliance of YMCAs

The World Alliance of YMCAs (WAY) is a confederation of national YMCA movements working in all continents and in thousands of local communities. This broad reach and robust grassroots network positions the YMCA as a relevant actor on youth empowerment in multiple cultures, contexts, and vastly different realities and circumstances. The World Alliance of YMCAs' secretariat is based in Geneva, Switzerland. Its work in the areas of Youth Empowerment, Organisational Development, Resource Mobilisation, Image and Impact, Governance supports the efforts of National and local YMCAs.

The World Alliance of YMCAs, in collaboration with 7 regional area level YMCA organisations (Africa, Asia and the Pacific, Europe, Latin America and the Caribbean, Canada, USA, and the Middle East) strengthens and expands the collective capacity, leadership, and learning of the YMCA organisation worldwide.

The Presence of the YMCA.

*The YMCA movement
has presence in 119¹
Countries:*



¹ Please note that there are differences between geographic location, system of membership and the particular status of each member with the World Alliance of YMCAs. Those topics are not covered in this publication.

The Presence of the YMCA by Geographic Area

<i>Africa</i>	1.	Angola
	2.	Cameroon
	3.	Ethiopia
	4.	Gambia
	5.	Ghana
	6.	Kenya
	7.	Liberia
	8.	Madagascar
	9.	Nigeria
	10.	Senegal
	11.	Sierra Leone
	12.	South Africa
	13.	Tanzania
	14.	Togo
	15.	Zambia
	16.	Zimbabwe
<i>Asia and Pacific</i>	17.	Australia
	18.	Bangladesh
	19.	Cambodia
	20.	China
	21.	East Timor
	22.	Fiji
	23.	Hong Kong
	24.	India
	25.	Indonesia
	26.	Japan
	27.	Korea
	28.	Macau
	29.	Malaysia
	30.	Myanmar
	31.	Nepal
	32.	New Zealand
	33.	Pakistan
	34.	Philippines
	35.	Singapore
	36.	Sri-Lanka
	37.	Taiwan
	38.	Thailand
	39.	Vietnam
<i>Europe</i>	40.	Albania
	41.	Armenia

42. Austria
43. Belarus
44. Belgium
45. Bosnia and Herzegovina
46. Bulgaria
47. Czech Republic
48. Denmark
49. England
50. Estonia
51. Finland
52. France
53. Georgia
54. Germany
55. Greece
56. Hungary
57. Iceland
58. Ireland
59. Italy
60. Kosovo
61. Latvia
62. Lithuania
63. Macedonia
64. Malta
65. Moldova
66. Montenegro
67. Nagorno-Karabakh Republic² YMCA Artsakh
68. Netherlands
69. Norway
70. Poland
71. Portugal
72. Romania
73. Russia
74. Scotland
75. Serbia
76. Slovakia
77. Spain
78. Sweden
79. Switzerland
80. Turkey
81. Ukraine
82. Wales

² Nagorno-Karabakh Republic, a de facto independent, but unrecognized state established on the basis of the Nagorno-Karabakh Autonomous Oblast. The territory is internationally recognized as part of Azerbaijan according to UN Resolution A/RES/62/243 - 86th plenary meeting - 14 March 2008.

L. America & Caribbean

83. Argentina
84. Aruba
85. Bahamas
86. Barbados
87. Belize
88. Bolivia
89. Brazil
90. Cayman Islands (In development)
91. Chile
92. Colombia
93. Costa Rica
94. Cuba
95. Dominican Republic
96. Ecuador
97. El Salvador
98. Guatemala
99. Guyana
100. Haiti
101. Honduras
102. Jamaica
103. Mexico
104. Nicaragua
105. Panama
106. Paraguay
107. Peru
108. St. Vincent
109. Suriname
110. Trinidad and Tobago
111. Uruguay
112. Venezuela

Middle East

113. Egypt
114. Israel (Nazareth – West Jerusalem)
115. Jordan
116. Lebanon
117. Palestine (East Jerusalem)

Canada

118. Canada

USA

119. USA

The Figures

<i>People Reached</i> <i>The total number includes total of beneficiary/users, members, staff, volunteers and the estimation of indirect beneficiaries.</i>	58.000.000
	Staff 96.667
	Volunteers 725.483
<i>Country Presence</i>	119
<i>Locations</i>	11.220
<i>National Trustees</i> <i>Board Members in National Level</i>	1.100
<i>Local Trustees</i>	78.000

Understanding numbers

People Reached

The number of people reached by the YMCA worldwide is divided in the following categories:

Beneficiaries/Users: Persons who do not have any responsibilities to the YMCA but are patrons of programmes and activities and are not considered to be members.

Member: Person who is related to the YMCA and has established rights, of any kind (right to vote, to participate, etc) and responsibilities within the organisation. This includes all categories of members mentioned in statutes, volunteers and young leaders.

Volunteers: person who performs a service willingly and without pay.

Staff: Person with employment relations of any kind.

Indirect Beneficiaries: A person, group of persons or organisation which has no direct contact with an intervention, but which is affected by it via beneficiaries/users³

³ Given the different available methodologies for calculation of indirect beneficiaries, the World Alliance of YMCAs has adopted very conservative numbers to represent this population.

Governance

How is the YMCA World movement governed?

The World Alliance of YMCAs is governed by an Executive Committee comprised of 30 leaders elected from the World Council of YMCAs (the preeminent legislative body of the global organisation).

The Executive Committee is responsible for appointing the Secretary General according to the requirements of its statutes and Personnel Policy documents. The World Alliance has an international staff team under the leadership of the Secretary General.

The Global Staff Team(GST)

Under the leadership of the World Alliance of YMCA's Secretary General, the Global Staff Team brings together the Area Executives from Africa, Asia and the Pacific, Europe, Latin America and the Caribbean, the Middle East, Canada and USA for planning and implementation of global YMCA strategies.

The YMCA Specialized Professional Networks

The YMCA has a variety of professional networks that develop collaborative relationships with each other. These include the World Urban Network of YMCAs (WUN) – an affiliated group of more than 80 YMCA senior international YMCA executives operating in an urban context and dealing with the realities of urban communities; the North American YMCA Financial Developers Organisation (NAYDO) – an affiliated group of 1,000 YMCA professionals that promotes learning and sharing on best practices in resource mobilisation and financial development. The World Alliance of YMCAs has a Memorandum of Understanding with WUN and it is negotiating collaborative partnership agreements with NAYDO to strengthen and expand leadership and management capacity and learning between YMCAs around the world.

***International YMCA
Partners***

In each region, YMCAs develop and implement partnership relationships with YMCAs in other regions. These are developed either bilaterally or multilaterally and they focus on leadership, programmes, and institutional development. YMCA partnerships are based on protocols of mutual benefit and cooperation. They utilize guidelines and standards of best practice in partnerships. At present there are an estimated 400 partnerships worldwide.

***International Secretaries
of YMCAs***

Located in Canada, Denmark, Germany, USA, Norway, Sweden, England, Switzerland, Japan, and Hong Kong; is an informal grouping of senior YMCA professional staff leaders that represent and negotiate international partnership relationships and mutual development opportunities between partners and with external donors

Gender, Youth & Participation

***Advancing participation
in all levels***

The YMCA movement pays special attention to gender issues and has a special mandate to increase the participation of women in governance structures. This is a result of intense efforts of the organisation in the past 20 years in order to better respond to the reality of the world but most importantly to put into exercise the Christian principles of the organisation.

***Beneficiaries/Users &
Volunteers***

Women
50%
Men
50%

<p>Members</p>	<p>Women 46%</p> <p>Men 54%</p>
<p>National Trustees</p>	<p>Women 25%</p> <p>Men 75%</p>
<p>Staff</p>	<p>Women 54%</p> <p>Men 46%</p>
<p>A Definition of Youth</p> <p><i>The average age for youth in the YMCA is from 11 to 30 years old according to YMCA National Movements.</i></p>	<p>The YMCA National Movements have different interpretations when it comes to classifying the age range for young people.</p> <p>Youth, for the World YMCAs, is the time of life between childhood and maturity. There is no precise answer of when those periods of life start and end since they rely on many different factors such as cultural and social contexts, biological and mental development.</p> <p>This situation is not exclusive in the YMCA. Different world organisations show disparities on the age definition.</p> <ul style="list-style-type: none"> • <i>UN defines youth from 15-24</i> • <i>UNICEF and WHO define adolescent from 11-19.</i> • <i>The UN-HABITAT Urban Youth Fund defines youth as 15-32.</i>

During the Youth Empowerment Program Survey undertaken by the World Alliance of YMCAs. The average⁴ age range according to the national movements varies from 11 to 30 years old.

People under 30 years of age reached by the YMCA movement

28.000.000

Youth on Leadership Roles within the YMCA structure.

A youth organisation by nature, the YMCA serves young people as its main beneficiaries. In the past 15 years, the movement was urged to adapt its governance structures envisioning more involvement of young people under 30 years of age in its governance structures and leadership roles in the programmatic area.

Youth National Trustees

29%

⁴ To define the age range, the harmonic mean was considered.

High-light on some YMCA programmes

“Empowering Young People”

The YMCA Movement has a variety of programmes to empower young people worldwide. Bellow, you will find some basic information the programmatic areas of health, employment, civic engagement and leadership development.

Health Programmes

The work of the YMCA in this area addresses the following issues in order of time and resources invested, measured in the categories of High, Moderate and Low:

Sports and Physical Education (High)

Physical activities such as basketball, soccer, gymnastics, dance etc.

Health Education (High)

Activities that develop capacity in the participant to prevent, treat, or control diseases.

Gender and Sex Education (Moderate)

Education efforts on sexuality, gender issues and/or prevention of sexual diseases

Psychological Assistance (Low)

Access to counselors, psychologists and/or psychiatrists

Health Services (Low)

Access to trained medical professionals

National YMCAs working on health related issues.

110

Programme Participants

13.400.000

<p>Employment</p>	<p>The work of the YMCA in this area addresses the following issues in order of time and resources invested measured in the categories of High, Moderate and Low:</p> <p>Skills Development Training Programmes (High) <i>Training of any kind that allows participants to develop professional skills for the labor market.</i></p> <p>Job Intermediation (Low) <i>Activities that connect the participants to job opportunities</i></p> <p>Entrepreneurship (Low) <i>Programmes that offer training and support oriented to the launch of new enterprises or self-employment</i></p> <p>Career Counseling (Low) <i>Specialized orientation for job searching, career development</i></p>
<p>National YMCAs working in employment related issues.</p>	<p>88</p>
<p>Programme Participants</p>	<p>357.273</p>
<p>Civic Engagement</p>	<p>The work of the YMCA in this area addresses the following issues in order of time and resources invested measured in the categories of High, Moderate and Low:</p> <p>Citizenship Education (High) <i>Programmes that aim to develop the sense of “belonging to a community or country” and shares knowledge about rights and responsibilities of an active citizen. (Theory-oriented)</i></p> <p>Civic Engagement – Volunteer Service (High) <i>Programmes that develop citizenship skills by volunteer service involvement in the development of youth-led community programmes.</i></p>

<p><i>National YMCAs working on civic engagement related issues.</i></p>	<p>Civic Engagement - Advocacy (Low) <i>Programmes that develop citizenship skills by practical activities such as advocacy work for policies or involvement in the development of youth policies (Action-Oriented)</i></p> <p>75</p>
<p><i>Programme Participants</i></p>	<p>1.028.587</p>
<p>Leadership Development</p> <p><i>National YMCAs working on youth leadership related issues.</i></p> <p><i>Programme Participants</i></p>	<p>The work of the YMCA in this area addresses the following issues in order of time and resources invested measured in the categories of High, Moderate and Low:</p>
	<p>Leadership Training (High) <i>Systematized programmes (courses and training) that develop leadership skills</i></p>
	<p>Leadership Development Opportunities (High) <i>Sporadic activities/events for leadership development skills</i></p>
	<p>88</p> <p>206.422</p>

Area Overview

Africa

Angola
Cameroon
Ethiopia
Gambia
Ghana
Kenya
Liberia
Madagascar
Nigeria
Senegal
Sierra Leone
South Africa
Tanzania
Togo
Zambia
Zimbabwe

Area Organisation

Africa Alliance of YMCAs
Address: State House
Avenue, State House
Crescent, P.O. Box 60856,
Nairobi, Kenya
<http://www.africaymca.org/>

Participating YMCAs: 15

Beneficiaries/Users

2.109.173

Members

75.077

Volunteers

1.724

Staff

1.179

National Trustees

256

(Female: 25% | Youth: 29%)

Locations

206

Asia and Pacific

Australia
Bangladesh
Cambodia
China
East Timor
Fiji
Hong Kong
India
Indonesia
Japan
Korea
Malaysia
Macau
Myanmar
Nepal
New Zealand
Pakistan
Philippines
Singapore
Sri-Lanka
Taiwan
Thailand
Vietnam

Area Organisation

*Asia and Pacific Alliance of
YMCAs*

23 Waterloo Road - Kowloon,
Hong Kong

<http://www.asiapacificymca.org/>

Participating YMCAs: 21

Beneficiaries/Users

8.723.288

Members

1.100.302

Staff

16.996

National Trustees

381

(Female: 25% | Youth: 29%)

Locations

1.879

Canada

National Council of YMCAs
1867 Yonge Street, Suite
601/1867
Toronto, ON M4S 1Y5
www.ymca.ca

Beneficiaries/Users

1.271.000

Members

906.000

Staff

20.000

Volunteers

29.600

National Trustees

18

(Female: 56%)

Locations

500

USA

YMCA of the USA
101 N. Wacker Drive Chicago IL
60606-7386
USA
www.ymca.net

Beneficiaries/Users/ Members

20.600.000

Full time staff

18.657

Volunteers

539.555

National Trustees

29

(Female: 38%)

Locations

2669

Europe

Albania
Armenia
Austria
Belarus
Belgium
Bosnia and Herzegovina
Bulgaria
Czech Republic
Denmark
England
Estonia
Finland
France
Georgia
Germany
Greece
Hungary
Iceland
Ireland
Italy
Kosovo
Latvia
Lithuania
Macedonia
Malta
Moldova
Montenegro
Nagorno-Karabakh Republic
Netherlands
Norway
Poland
Portugal
Romania
Russia
Scotland
Serbia
Slovakia
Spain
Sweden
Switzerland
Turkey
Ukraine
Wales

Area Organisation

YMCA Europe
Na Porici 12 - CZ-110 000
Prague-1 - Czech Republic
www.ymcaeurope.com

Participating YMCAs: 44

Beneficiaries/Users

1.384.208

Members

404.428

Staff

21.804

Volunteers

104,167

National Trustees

316

(Female: 25% | Youth: 30%)

Locations

5.574

Latin America and the Caribbean

Argentina
Aruba
Bahamas
Barbados
Belize
Bolivia
Brazil
Chile
Colombia
Costa Rica
Cuba
Dominican Republic
Ecuador
El Salvador
Guatemala
Guyana
Haiti
Honduras
Jamaica
Mexico
Nicaragua
Panama
Paraguay
Peru
St. Vincent
Suriname
Trinidad and Tobago
Uruguay
Venezuela

Area Organisation

Latin American and Caribbean
Alliance of YMCAs
Rua Nestor Pestana, 147
01303-010 São Paulo, Brazil
www.lacaymca.org

Participating YMCAs: 25

Beneficiaries/Users

400.743

Members

41.026

Staff

6.517

Volunteers

7.807

National Trustees

261

(Female: 23% | Youth: 29%)

Locations

210

Middle East

Egypt
Israel (Nazareth – West
Jerusalem)
Jordan
Lebanon
Palestine (East Jerusalem)

Area Organisation

Middle East Committee
72 El Gomhouria Street, Cairo,
Egypt

Participating YMCAs: 5

Beneficiaries/Users

116.088

Members

40.250

Staff

300

Volunteers

3.212

National Trustees

30

(Female: 11%)

Locations

152



World Alliance of YMCAs
12, Clos-Belmont - 1208 Geneva - Switzerland
www.ymca.int