

HELLO!

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RELIVING
WEDDING
MEMORIES
TOGETHER

THE QUEEN AND KATE
VIEW HER ICONIC BRIDAL GOWN AT BUCKINGHAM PALACE



EXCLUSIVE

DAYS BEFORE THEY MARRY
ZARA AND MIKE

ATTEND
THE
WEDDING
OF CLOSE
FRIEND
LYNSEY
DALGLISH



**EMMA
BUNTON**
ON SWAPPING
BABY NEWS WITH
VICTORIA AS SHE
INTRODUCES TATE

SPICE BABIES!



FIRST PHOTOS
HARPER SEVEN
THE BECKHAMS'
GORGEOUS GIRL

RETURNING TO ARGENTINA
**SARAH, DUCHESS
OF YORK**
TALKS FROM THE HEART
ABOUT PRINCE ANDREW
AND MOVING ON

EXCLUSIVE



EXCLUSIVE FIRST PHOTOS

EMMA BUNTON

INTRODUCES
SECOND SON TATE
AND TELLS OF BABY
TALK WITH THE
OTHER SPICE MUMS

'After I gave birth, the first bouquets were from Victoria, Geri and Mel C. They all came with little notes and that is always special'



A glowing Emma poses with Bonny Tate Lee Jones, her second son with her fiancé, Damage frontman Jade Jones. "It feels so gorgeous when Tate's snuggled up against me," says the singer and presenter. "From when he was a few days old, he would give me the most beautiful smile. Having that connection was so wonderful"



Emma, 35, who suffers from endometriosis, had both her sons by Caesarean. One slight upset - little Tate has reflux, although "compared with some people, we have had it easy", says the *Dancing on Ice* judge. "The moments I really treasure with him are in the night when he wakes for his feed. It is so peaceful, just him and me sharing that wonderful bond"

'I forget other people want to cuddle him. Friends have to say, "Hand him over"'

Nuzzling her new son's soft neck, Emma Bunton is rewarded with a smile so pure it melts your heart.

"From when he was a few days old, he would give me the most beautiful smile. I know some people say babies don't really smile when they are that young, that it's just wind. But I could see in his eyes that it was real and having that connection was so wonderful," says the besotted former Spice Girl as Tate Lee Jones, the newest addition to her happy family, kicks his legs enthusiastically.

HELLO!'s mother-and-baby photoshoot, which takes place not far from Emma and her fiancé Jade Jones's large family home in Hertfordshire, is Tate's first. But, like his mum, he's a natural, enchanting all the adults with his cute expressions and placid temperament.

Scooping him up in her arms, Emma, who has a definite glow that seems to make her distinctive blue eyes sparkle even more than usual, admits she finds it hard to tear herself away from the adorable infant, who was born on 6 May at London's exclusive Portland Hospital, weighing in at a healthy 7lb.

"I forget other people want to have a cuddle with him. In the end, friends who have visited have had to say, 'Okay, hand him over.'"

"But it just feels so gorgeous when he's snuggled up against me," says Emma, gazing down at her contented little man, who gives a big yawn before falling into a blissful slumber.

SPICE MUMS

Rocking him gently, Emma confides that the days before our meeting saw a flurry of emails winging their way back and forth across the Atlantic between her and fellow ex-Spice Girl Victoria Beckham, who has just welcomed Harper Seven, her fourth child and a much-wanted baby girl, into the family fold.

"Pure euphoria" is how Emma describes her friend's reaction to Harper's arrival. It's an emotion all too familiar to Emma and there is no doubt that becoming mothers again within weeks of one another has further cemented the bond the two share.

"As soon as we can possibly meet up, we will - that's how it has always been. But for the moment we're making do with emails," says Emma, 35, who is also mum to son Beau, aged three.

"The fact our new babies are so close in age means we have lots to talk about. I wouldn't want to go into detail because they're private emails between friends, but we've been swapping bits of advice and photos and sharing our excitement."

"After I gave birth to Tate, the first bouquets through the door were from Victoria, Geri and Mel C [all ex-Spice Girls]. They came with little notes and that is always special to me, to get those from the girls."

"We always make time for each other. Mel C came to visit me in hospital and she got quite emotional - we do get very emotional for each other. It was lovely because Beau was there playing with her little girl Scarlet [aged two]. The relationship we girls have will always be special. Now our kids are friends too. As they grow, it will be wonderful to watch them all and the different stages in their lives."

Despite feeling full of energy and looking fantastic, Emma admits she finds it hard to believe that when Beau was Tate's age, she was on stage for the sell-out Spice Girls reunion tour, which saw the fab five - Emma, Victoria, Geri, Mel C and Mel B, who is also due to become a mother again soon - perform in cities





Doting dad Jade now sports tattoos of both his sons' names (below). The musician has been with Emma for 11 years and, she says, "is so wonderful and chilled"

'Jade brings a real calmness, which was brilliant because my mum was in the delivery room and we can both be a little neurotic'

across North America and Europe.

Who can forget that cute picture of baby Beau on stage in his mum's arms, a pair of seemingly innocuous headphones on his little head to protect his hearing?

Could she have done it this time round? "Do you know, I honestly don't think I could," laughs Emma, who has a weekend show on Heart Radio and is a judge on the popular ITV show *Dancing on Ice*. "I do wonder where I found the energy, but I guess when you have to find it, you do."

"It's funny, I've been looking back at photos of Beau to see how big he was when he was Tate's age and that's when it hit me, 'God, I was on tour!'

Jade and I were only saying the other day what an incredible experience it was and how lovely it will be for us to one day be able to show Beau how he was a part of it all."

"But I have to say I am really loving being at home with Tate. The time goes so fast - he has already outgrown his first babygrows - so I have been very happy to make the most of these early weeks, tucked away with my boys and my lovely man."

Jade, the frontman of the band Damage, is a devoted hands-on dad who clearly adores his gorgeous fiancée. He was also a tremendous source of support to Emma during Tate's birth. Having been diagnosed

'There were tears of utter euphoria as Tate was placed in my arms'

with endometriosis when she was younger, Emma, who's a petite 5ft 2in, had been advised to have Beau by Caesarean, after she went overdue. With Tate, it was recommended from the outset that she have a Caesarean.

"I was actually much more nervous this time because I knew what was coming, whereas with Beau I was in a kind of blissful oblivion. And of course, because we have Beau and you want everything to be all right... it all just seemed more nerve wracking."

"But Jade is so wonderful and chilled, he brings a real calmness, which was brilliant because my mum, Pauline, was in the delivery room too and I take after her in the sense that we can both be a little neurotic."

As with Beau's birth, Jade and Emma - who have been together for 11 years and got engaged in February, on Emma's 35th birthday - had compiled a playlist of some of their favourite songs.

"That also helped create a more relaxed atmosphere," says Emma.

"As Tate was lifted out, I remember thinking, 'What's playing?' As Jade and I are both musical, it's important to us. It was actually *I'll Be There* by the Jackson 5, which - like Beau's song *Here Comes the Sun* by the Beatles - seemed absolutely perfect."

AN AMAZING HIGH

As Emma and Jade held their new baby for the first time, the floodgates opened. "There were tears of complete and utter euphoria. As Tate was placed in my arms, I shouted to my mum, 'How can I never do this again?' because I was on such an amazing high."

"Mum was busy snapping away with her camera and there is one shot of the three of us; Tate is in my arms and I have tears pouring down my face, Jade is kissing me and he's streaming with tears. It was very emotional."

Next to meet the new arrival was big brother Beau, who had astounded everyone with his patience. "Towards the end of the pregnancy, I was starting to feel uncomfortable and I was desperate to get back to being able to run around after Beau."

"I said to him a couple of times, 'We want Baby Tate to come now, don't we?' But he'd fix me with his big brown eyes, shake his head and say, 'He's not ready, Mummy. He's still tired.'"

Now that Tate has arrived, Beau has been every bit the attentive, protective big brother that his parents thought he would be. "When he met him for the first time, Beau had the biggest smile on his face that I've ever seen," recalls Emma fondly.

"He was so gentle, it was beautiful to watch. He wants to kiss Tate all the time. Friends who have more than one child said to me, 'Just watch him because he might get a little upset and frustrated after a while,' but so far we've had none of that. Occasionally, he has wanted Tate to play Spiderman and got a little





'The moments I treasure are in the middle of the night. It's just Tate and me, sharing that wonderful bond. It's such a special time'

to show Tate when he's older. It was very funny." The only slight upset is that Tate has suffered from reflux – a condition that causes him to bring his milk back up and which can bring immense discomfort, rather like heartburn.

"Sometimes I watch him and he screws his little face up and it's so upsetting. But he's such a good baby. I've spoken to other mums whose babies have suffered with it and they've said, 'Is he not sleeping? Has he lost weight?' We've had none of that. He has been an angel," says Emma. "Being such a worrier, I've really fretted about it. But compared to what some people go through, we have had it so easy and know we are really lucky."

Fortune also smiled for Emma after the birth, with the singer managing to escape suffering the baby blues. "I haven't had anything like that at all. Jade actually read up on it, just in case, so he'd know what to do if it did happen. It's such an emotional time, it can knock you either way but, luckily for me, all my tears have been happy ones."

BACK IN FABULOUS SHAPE

As she slips into a crisp white shirt for her final shots, it's clear that Emma is already back in fabulous shape. Being in the public eye, has she felt under pressure to shed her baby weight?

"In some ways I've felt more under pressure this time, although I'm trying not to," says the pretty blonde. "It's something women are always conscious of. With Beau, I knew the tour would help because you burn up so much energy. Some women are back in their bikinis a week later without having to do much. I'm definitely not one of them. But I am taking gentle exercise – going for walks with friends, eating well. I've accepted I can't have my favourite pastries this time."

Is that also because she's about to start shopping for a wedding dress? "We honestly haven't made any wedding plans yet," insists Emma. "Jade got the proposal so perfect. I had Beau sitting on my lap, I was carrying Tate – it was about our little family unit and that will be our priority with the wedding, too."

In the meantime, she's embracing being a new mum again. "The moments I really treasure with Tate are in the middle of the night, when he wakes for his feed. Everyone else is asleep, it's so peaceful and it's just him and me, sharing that wonderful bond. It's such a special time."

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MAKE-UP: CHRISTIAN VERMAAK USING MAC COSMETICS & EYLURE

boisterous. We have to remind him to be careful and he's as good as gold."

Emma and Jade decided on the name Tate several months before he arrived. "It was just a name I'd heard and remembered," says Emma. "Obviously we wanted something that went well with Beau and when I looked up the meaning of Tate it said 'Cheerful' and he's so smiley, so it fits."

"The evening after he was born, I was cuddled up in my hospital room with Tate in my arms and Jade next to me and the quiz show *The Million Pound Drop* with Davina McCall came on TV. One question was, 'What has Emma Bunton called her baby boy, born today?' Four options were on screen. I was so excited, I squealed, 'Tate, you're famous already.' Jade tried to film it on his video camera



Baby power: During their 2007/8 reunion tour, the Spice Girls bring their kids on stage for the song *Mama* (right). Wearing giant earphones, Emma's baby Beau makes his debut (far right) and Cruz Beckham, three, takes centre stage to perform a cool break dance. Emma and Jade posed for HELLO! earlier this year (left, with Beau), to share their joy at getting engaged and expecting baby number two

