

**SPOILING YOUR TODDLER?**

**WHY YOU NEED TO STOP**



PREGNANCY \* BIRTH \* BABY \* TODDLER \* PRE-SCHOOL

**PRACTICAL**

# parenting

and pregnancy

JANUARY 2009 £2.70



**WHAT NO ONE TELLS YOU!**

## 12 pregnancy secrets

The changes you **don't** expect



**EXCLUSIVE**

**JO FROST**  
"I'll make you a more confident mum"

**Jools Oliver reveals...**



**IS DIAMOND HER NEW BABY'S NAME?**

**WEANING**

Stress-free guide PLUS tasty purées

# FREE

**STYLISH BABY BOTTLE**

**WORTH £7.99**



\* No BPA \* Anti-colic

## 68 BABY BARGAINS

From just 99p!

**REAL LIFE**

"Pregnancy made me wash my hands 200 times a day"



**MUST-HAVES!**

- \* BUGGIES UNDER £100
- \* SAFETY GATES
- \* TOP 10 SLINGS
- \* TRAVEL COTS
- \* SNUGGLY BABY FASHION



# Bear Necessities

Make a new friend with one of these must-have cuddlies



1 Personalised Large Teddy, £28.50, Babyfish (020 6208 5995; [www.babyfish.co.uk](http://www.babyfish.co.uk)) 2 Mini Cowboy Teddy Bear, £10, Cath Kidston (0845 006 2442; [www.cathkidston.co.uk](http://www.cathkidston.co.uk)) 3 Baby Sweetie Bear, £12.99, Stark Gifts (01850 677629; [www.starkgifts.co.uk](http://www.starkgifts.co.uk)) 4 My First Steiff Teddy Bear, £15.95, Childrens Salon (01892 750336; [www.childrensalon.co.uk](http://www.childrensalon.co.uk)) 5 Bubs Bears (handmade-to-order), £60 each, Keepsakes (01792 850064; [www.fresh-aggies.co.uk](http://www.fresh-aggies.co.uk)) 6 Trudi Bussell Pompee Panda, £25, Blooming Marvellous (0819 458 7008; [www.bloomingmarvellous.co.uk](http://www.bloomingmarvellous.co.uk)) 7 Man Bears, £25 each, Britz (020 7371 7734; [www.iglookids.co.uk](http://www.iglookids.co.uk)) 8 Bashful Bear, £9.99, by Jellycat, Lula Saeprire (0870 850 7541; [www.lulasapprire.co.uk](http://www.lulasapprire.co.uk))