

Pregnancy \* Birth \* Baby \* Toddler \* Pre-school

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# practical parenting

and pregnancy

MAY 2009 £2.80  
www.practicalparenting.co.uk

## C-sections

All you *need* to know

## Feeding, sleeping, dummies...

Get them into good habits—*now*

### JO FROST



## "10 THINGS every parent should know"

### AMAZING REAL LIFE

"I lost six stone to have a baby"

Your baby could be our cover star  
Enter our model comp inside

### BEAT THE CREDIT CRUNCH

- How to
- Slash the cost of pregnancy
  - Save £500 on nappies

### MUST-HAVE FASHION



HOLLY'S BARGAIN BUMP CHIC

Plus

Spring brights for your baby

Toddler bargains from £4.50

Maternity jeans for every shape

# Toddler-proof your home

• Expert advice • Safety products

### MUM-TESTED BABY MONITORS & PUSH-ALONG TOYS





# Costume capers

Enter the land of make-believe  
with these fun costumes



1 **Roary the Racing Car tabard**, 1-5yrs, £10, Mothercare (0845 330 4030; [www.mothercare.com](http://www.mothercare.com)) 2 **Spiderman costume**, 2-3yrs, £17.99, Letterbox (0844 888 5000; [www.letterbox.co.uk](http://www.letterbox.co.uk)) 3 **Lucy Locket pirate costume**, 6-12mths, £19.95 (01892 750336; [www.childreusalon.co.uk](http://www.childreusalon.co.uk)) 4 **Piccalilly Fairtrade Flower Fairy dress**, 1-3yrs, £18.99, Happy Kiddies (020 8803 1024; [www.happykiddies.co.uk](http://www.happykiddies.co.uk)) 5 **In The Night Garden Iggie Piggie**, 2yrs+, £12.99 (0800 138 7777; [www.babiesrus.co.uk](http://www.babiesrus.co.uk)) 6 **101 Dalmations**, 6mths-4yrs, £31.99, The Kids Window (0800 542 5093, [www.thekidswindow.co.uk](http://www.thekidswindow.co.uk)) 7 **Cowgirl costume**, 1-4yrs, from £16.99 ([www.rubiesuk.com](http://www.rubiesuk.com))