



**Go with the Flow**

## Go with the Flow

By SockPixie

Simple zigzag ribs create a very fluid easy going look.

### Gauge

8 stitches/inch, in stockinette stitch on US 3

### Size

Adjust size by casting on multiples of 4

### Materials

100-150 grams SockPixie Merino Sport (based on size)

### Needles

40" US 3 circular needle  
or 2 US 3 circular needles  
or 1 set of DPTs US 3

### Notions

- Stitch markers
- Darning needle

## Go with the Flow Sock Pattern

Cast on a multiple of 4 stitches based on the ankle width of the sock recipient. (I cast on 64 stitches.) Join round.

### Zizag rib pattern:

#### Section A:

Round 1: P1,\*K2, P2\* Repeat from \* to \* end P1

Round 2: Knit all knits and Purl all purls.

Round 3:\* P2, K2 \*Repeat from \* to \*.

Round 4: Same as Round 2.

Round 5: K1, \* P2, K2 \* Repeat from \* to \* end K1.

Round 6: Same as Round 2.

Round 7: \* K2, P2 \* Repeat from \* to \*

Round 8: Same as round 2.

Repeat rounds 1-7 one more time.

#### Section B:

Round 1: K1, \* P2\* K2\* Repeat from \* to \*end K1

Round 2: Knit all knits and Purl all purls.

Round 3: \* P2, K2 \*Repeat from \* to \*

Round 4: Same as Round 2

Round 5: P1, \* K2, P2 \* Repeat from \* to \*, end P1

Round 6: Same as Round 2

Round 7: \* K2, P2 \*Repeat from \* to \*

Round 8: Same as Round 2

Repeat rounds 1-7 one more time.

Section A and B form the pattern for the right sock. The order of the sections is reversed for the left sock, You will start with section B followed by section A.

## Cuff

Knit in K2P2 rib for 1.5”.

Continue cuff with zigzag rib pattern until cuff is desired length. Be sure to complete either section A or B before starting the heel flap.

## Heel Flap:

The heel flap is knit on half the stitches going back and forth. (If you cast on 64 stitches you will be knitting of 32 stitches.)

Heel flap stitch pattern:

Row 1: Slip1, \* K1, Slip1wyf \*Repeat from \* to \*, end K1.

Row 2: Sl1, purl

Row 3: Sl1, \* Sl1 wyf, K1\* Repeat from \* to \* , end K2.

Row 4: Sl1, purl.

Repeat Row 1-4 until your heel flap is the desired length. ( I make mine almost a square.)

When the heel flap is finished, turn your sock inside out. This is now the right side of your work.







### Turning the Heel:

Row 1: Purl until 11 sts stitches are left, or adjusting this number to the thickness of the heel of the recipient keeping it an odd number. P2TOG, P1, turn

Row 2: Knit until 11 stitches are left, or your adjusted number of stitches is left, SSK, K1, turn

Row 4: Purl till 1 stitch before gap, P2tog P1, turn.

Row 5: Knit till 1 stitch before gap, SSK, K1, turn.

Repeat Rows 4-5 until all stitches of heel are consumed.

### Gusset:

Pick up half as many stitches as you knit rows for the heel flap along the side of the heel flap, pick up an extra stitch at the intersection of the heel flap and the instep stitches, knit the instep stitches in the zigzag rib pattern starting where you had stopped before building the heel flap, pick up and knit one stitch at the intersection of the instep and heel flap, pick up and knit as many stitches as you picked up on the other side of the heel flap. Knit  $\frac{1}{2}$  of the heel stitches. This will be the beginning of your round. Redistribute your stitches as necessary based on the type of needle you are using in order to knit the gusset.

Place markers on each side of the instep stitches. The instep stitches will remain, and gusset decreases will happen on the flap side before and after the markers.

Round 1: Knit until 3 stitches of the first marker, K2tog, K1, Slip marker, knit the instep stitches following the zigzag rib pattern, slip marker, K1 SSK, Knit till end of round.

Round 2: Knit until marker, slip marker, knit instep in zigzag pattern, Slip marker, knit till end.

Repeat Rounds 1-2 until you are back to the number of stitches you originally cast on for your sock. (64 in my case)

### Foot:

Repeat Round 2 of the gusset (the round without the decreases) until the foot is the desired length. I knit the foot until I reach the base of the big toe. Keep the markers in place.

### Toe:

The toe is knit entirely in stockinette stitch.



Round 1: Knit until 3 stitches of the first marker, K2tog, K1, Slip marker, K1, SSK, knit till 3 stitches of next marker, K2TOG, K1, Slip marker, K1, SSK, , knit till end of round.

Round 2 knit

Repeat rounds 1-2 until the toe section is about 1". Then repeat Round 1 until 16 stitches are left.

Close the toe using the kitchener stitch.