



# ROCKRUN.COM

Shop Online or visit our South Lakes
Warehouse for No-nonsense Advice, FREE Parking
and one of the Largest Selections of Rock Shoes & Gear in the UK.

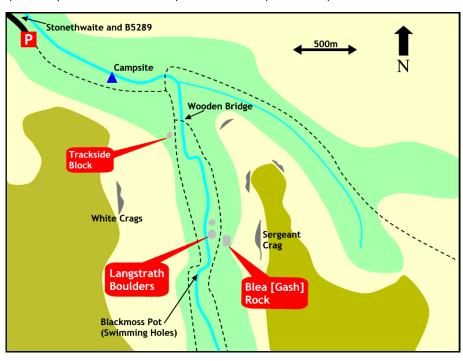
Langstrath Bouldering

By Greg Chapman

#### **Introducton & Access**

The Langstrath bouldering circuit incorporates a small quality sector of solid rhyolite blocks situated approximately 2km from the small hamlet of Stonethwaite. To reach Stonethwaite follow the B5289 from Keswick up Borrowdale, through Rossthwaite and on to a left turn signed to Stonethwaite (10km from Keswick), park here. From your car follow the lane/bridleway up the valley passing the campsite on your left. Soon after the campsite the path forks, ensure you take the right fork up the Langstrath valley. Shortly after taking the right fork is a foot bridge on the right, take this and continue along the main track for another 1km until you reach the obvious and looming battlements of Blea Rock - a huge boulder situated directly above the main bouldering area.

The Langstrath valley is splattered with copious amounts of rock and whilst the boulders described here are the most concise and well documented group there are also a number of other blocks in the valley containing decent problems. If you quickly mop up all the lines at this main area the Cam crag boulders (despite the steep approach) are worth a shufty. There is a separate topo on LakesBloc.



## **Trackside Block**

Situated right of the track immediately after the bridge, by which you would normally cross the river on your way to the main area, is a neat block set into the dry stone wall.



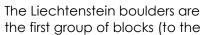
The prow on the right side of the block can be climbed from sitting to give...

Tracksided Fb7a+ - See image to the left.

The center of the thin wall will no doubt be climbable although it is a tad dirty

## Liechtenstein Boulders - Left Block





right of the track) encountered at the main area. These boulders offer some nice fingery problems in the lower grades.

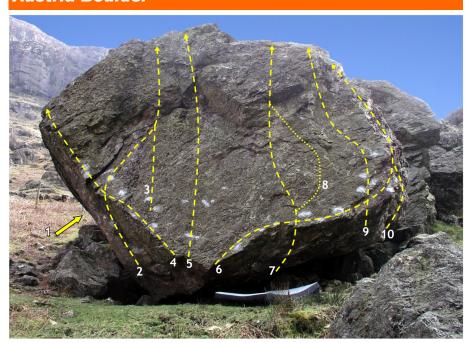
- 1. Left Wall (Fb5)
- 2. Right Wall (Fb4+)
- 3. (Fb6b+) SDS The line right of the arête. The stand up is Fb6a+
- 4. (Fb5+) Wall left of the thin crack. The SDS is a bit harder.
- 5. (Fb6a) This wall direct.
- 6. (Fb4+) Right arête.

## **Liechtenstein Boulders - Right Block**



- 7. The Traverse (Fb6b) SDS Follow the slight lip right in to and up P9.
- 8. (Fb6a) SDS Good holds low down but a precarious pull on to the slab.
- 9. (Fb6a+) SDS This time a tricky start leads up the wall to the notch at the top of the block.

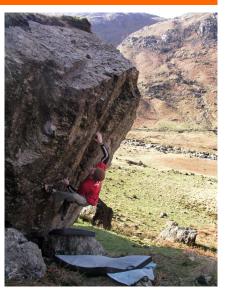
## Austria Boulder



The Austria boulder is the most comprehensive block in the valley and contains some good (hard) problems on solid edgy rock. The block itself is out of the sun most of the day and as such makes a good port of call on a hot day. This can be rounded off with afterclimb visit to the swimming holes at Blackmoss pot.

## Austria & Hungary Boulders

- 1. Eastern Empire (Fb7c) SDS Starting off a block climb the slight corner. Good.
- 2. (Fb6c) SDS The short wall to the arête then on to the slab and into P3.
- 3. (Fb5+) Overlap then up the wall. Tricky start.
- 4. Tune a Fish (Fb7a+) SDS The highball arête is good but has a tricky and slightly dirty finish.
- 5. No Pain No Gain (Fb7a) SDS The wall from the lowest point of the boulder is hard to start. Fb5 from standing.
- 6. The Fury (Fb7b+) SDS The best problem on the block. From the lowest point traverse the lip to the arête and up this to finish. \*



Eastern Empire Fb7c

- 7. Eat Yourself Whole (Fb7b) SDS From edges low in the small cave surmount the lip with difficulty then climb the wall above as direct as possible \*
- 8. EYW Right Variant (Fb7a) SDS Start as for EYW but at the lip move up rightward to better holds before surmounting the lip.
- 9. (Fb4+) SDS The groove.
- 10. Acid House (Fb6b) SDS Undercut grooved arête. The stand is Fb5.



## **Hungary Boulders**

- 1. Bonsai Your Cat (Fb6c+) SDS The overhanging prow.
- 2. Highball Wall (Fb7a) The tricky wall.
- 3. (Fb6c) The high wall with overlaps.
- 4. (Fb4) The bounding arête.

A little further up the main track is a block on the left. The left side of the front wall is *Lichen Wall* (Fb6c+).

Just down from *Lichen Wall* are a pair of blocks fronted by a wire fence. The right wall from sitting is a hard project.